

# Theraquatics.com

Aquatic Exercise & Therapy Equipment

## AQUATIC FITNESS CATALOG

**2011-12**  
EFFECTIVE 1 MAY 2011

From Australia's leading aquatic exercise and therapy equipment supplier



**ITEM 6035**

**\$6.65**  
EACH

### SLIMLINE BARBELL

Light resistance closed cell foam with cushioned hand grip. Sold individually.



**ITEM 6013**

**\$6.70**  
EACH

### BUDGET BARBELL

Medium resistance bar bell designed for aqua aerobics, therapy and rehabilitation. Sold individually.



**ITEM 6014**

**\$8.99**  
EACH

### AQUATIC HAND BUOY

Maximum resistance barbell intended for resistance exercise in water. Sold individually.



**ITEM 6046**

**\$9.99**  
PAIR

### EASY GRIP DUMBBELLS

Slotted dumbbells with easy, soft molded EVA grip. Excellent for arthritic hands.



**ITEM 9336**

**\$44.00**  
PAIR

### AQUA EXERCISERS

Molded plastic paddles with distinctive supportive wrist sleeve. Easy to hold in strenuous exercise.



**ITEM 6033**

**\$7.95**  
PAIR

### AQUA GLOVES

Finger cut outs in soft pliable neoprene gloves. Hook and loop closure around wrist.



**ITEM 6047**

**\$12.55**  
PAIR

### DUMBBELL DISCS

Closed cell foam discs with distinctive grip for comfort as well as multi-directional exercises.



**ITEM 6015**

**\$7.85**  
EACH

### TURBO HAND BAR

Foam device used horizontally or vertically in push/pull aquatic exercises. Sold individually.



**ITEM 6044**

**\$12.85**  
PAIR

### PUSH BELLS

Slide hand through adjustable strap for light weight exercises. Suitable for arthritic hands.

Order online and save time at:

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All sizes are indicative only.

# BALANCE

Sitting  
Standing  
Stepping  
Walking  
Lying

ITEM 6006

\$12.95



### BALANCE BOARD WITH STRAPS

Foam board with straps to fit hands or feet. For aquatic push/pull and squatting/standing drills.

ITEM 6037

\$26.95



### WONDER BOARD

Foam board with "V" shape design. For aquatic balance, coordination and pelvic stabilization.

ITEM 6004

\$27.95



### BALANCE BOARD

Closed cell foam stability board. Sit, kneel or stand on board in deep or shallow water.

ITEM 9279A

\$79.95



### AQUATIC BALANCE BOARD

Plastic wobble board adapted for water. Grooved upper surface. Allows 360° movement. Ideal for aquatic rehabilitation.

ITEM 9338

\$99.00



### AQUA STEP

Colors vary. Light weight step. For gait training, water aerobics and plyometric exercises. Non slip surface. Size: 24.5"L x 14.5"W x 8"H.

ITEM 6011

\$11.95



### SWIM BAR

Basic tool for aquatic therapy and exercise drills as well as learn to swim classes. Length: 29".

ITEM 6002

SMALL 13" CIRC.  
\$5.95 EACH

LARGE 10" CIRC.  
\$6.95 EACH



### BALANCE RINGS

For spinal traction or additional flotation for arms and legs. Sold individually.

ITEM 9126

\$15.95



### THERANOODLE

Used to maintain upright position, sit on mesh platform or provide underarm support during aquatic rehabilitation.

ITEM 9194

\$75.95



### WATER WALKING ASSISTANT

Supports upper body and helps increase strength in legs. Improves balance and gait. Size: S, M, L.

ITEM 6021

\$6.25



### TUBE PULL

Closed cell foam cylinders provide flotation support for hips and legs.

ITEM 6036

\$21.50



### EXERCISE MAT

Non slip, hard wearing, light weight mat with hygienic and anti bacterial properties.

**\$13.95**

**ITEM 6020**



**WATER RUNNING BELT**

Suspends body in upright position. Designed to prevent body from tipping forward. Waist size: 18-48".

**ITEM 6019**



**\$14.45**

**WATER JOGGING BELT**

Added back support relieves stress on lower back during aquatic exercise. Waist size: S/M 25" - 48", L/XL 25" - 56", XXL- up to 64".

**\$25.99  
BELT ONLY**

**ITEM 9118**



**TETHERED WATER JOGGING BELT**

"Floating ring" sewn into webbing strap allows for tethered walking or stationary swimming drills. Waist size: 25"-56".

**ITEM 9118H**



**\$7.99**

**TETHER**

Clip onto tethered buoyancy belt (item 9118) and attach to hand rail, ladder or step. 54" in length.

**ITEM 6038**



**\$9.65**

**AQUA FITNESS BELT**

Removable closed cell foam pieces designed for custom fit and balanced buoyancy. Belts can be joined together for larger sizes.

**ITEM 6018**



**\$8.95**

**SWIM BELT**

Light weight flotation belt provides support and security for timid swimmer.

**6016V  
PAIR  
\$6.45**

**ITEM 6016**



**6016B  
PAIR  
\$6.95**

**BUOYANCY CUFFS**

Provides moderate resistance for ankles and wrists. Two styles: Velcro™ closure (6016V) and buckle closure (6016B). Sold in pairs.

**ITEM 6050**

**CUFF + STRAP  
PAIR  
\$11.90**



**RESISTA STRAPS FOR BUOYANCY CUFFS**

Convert your buoyancy cuffs into resistance cuffs with this versatile strap with floating "D" ring. Can be used in conjunction with Tether (item 9118H).

**ITEM 6017**



**\$7.95  
EACH**

**AQUATIC CUFFS**

For ankles. Designed to increase muscle strength and aerobic conditioning. Sold individually.

**ITEM 6052**



**\$9.95  
PAIR**

**NEOPRENE SOCKS**

Easy to pull on. Excellent for public pool, health club, public showers. Sizes: S, M, L. Sold in pairs.

**ITEM AFK**



**\$38.95**

**AQUA FIT KIT**

Consists of 2 x Budget Dumbbells (item 6013), 1 x water running belt (6019L) and 1 x roomy Mesh Duffle Bag (item 6048). Well priced starter kit.

**ITEM 6030**



**\$5.25  
LIGHT**  
**\$5.80  
MEDIUM**  
**\$7.00  
HEAVY**

**RESISTACISERS**

Wider handles. Provide upper and lower body workouts in water for group exercise or individual training. Levels: Light, Medium, Heavy.

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# LEARN TO SWIM

Splashing  
Buoyancy aids  
Goggles  
Masks  
Fins  
Stroke development  
Pool toys  
Swim pants



**\$10.85**  
SIZE 1

**ITEM 7189**



**ITEM 7190**  
**\$11.20**  
SIZE 2

## NUDGEE BEACH SWIM SEAT

Stable, secure seat. Pillow back for support and comfort. Vylux material. Three safety air chambers. Separate non-return safety valves. Size 1: Age 3-12 months (inside circumference 21.5"). Size 2: Age 1-2 years (inside circumference 22" with larger ring size).



**ITEM 9322**

**\$6.65**



**ITEM 9321**

**\$7.25**



**ITEM 6003**

**\$8.95**  
PAIR

## BACK FLOAT

One piece closed cell foam flotation unit threaded onto adjustable belt. Straps onto child's back or front. Suitable for children over 2 years.

## ADJUSTABLE BACK FLOAT

Four high density foam panels threaded onto adjustable belt. Buoyancy varied by removing and adding panels. Suitable for children over 2 years.

## SWIM DISCS

Closed cell foam alternative to inflatable arm bands. Fits softly around arms. Fits arms up to 8.5" circumference. Sold in pairs. Size: 1-4 years.



**ITEM 7185**

**\$2.99**  
SIZE 1



**\$3.15**  
SIZE 2

**ITEM 7186**



**ITEM 7184**

**\$4.10**

## NUDGEE BEACH FLOAT BANDS

Flat under arm gusset for comfort. Twin air chambers with separate safety valves. Vylux material. Sold in pairs. Size 1: Age 1-3 years. Size 2: 2-6 years.

## NUDGEE BEACH ROLL UPS

Distinctive feature of easy "roll on" and "roll off" fitting action on arms. Vylux material. Sold in pairs. Size: 1-6 years.

**ITEM 7187**

**\$4.30**  
SIZE 1



**\$5.00**  
SIZE 2

**ITEM 7188**



**\$4.99**

## PLAY PANEL

Safe, compact wall mounted play panel. Designed to occupy small numbers of children. Easy to install. Hardware included. Colors: Blue, Purple, Red, Yellow. Size: 38" x 27" x 2".

**ITEM 8018**

## NUDGEE BEACH SWIM RING

Double safety chambers. Vylux material. Separate non-return valves. Size 1: Age 2-3 years (inside circumference 22.5"). Size 2: 3 years + (inside circumference of 28").



**ITEM 7180**

**\$3.65**

**NUDGE BEACH DIVE RINGS**

Three brightly colored rings that sink to pool floor. Promotes underwater motor coordination and confidence.



**ITEM 7181**

**\$3.65**

**NUDGE BEACH DIVE DISCS**

Six brightly colored discs that flutter to pool floor and then stand upright.



**ITEM 7182**

**\$3.65**

**NUDGE BEACH DIVE FISH**

Three brightly colored and numbered fish shaped rings that sink to the pool floor. Promotes breath endurance.



**ITEM 9849**

**\$15.45**

**GRAB-A-CRAB**

Four colorful crabs which slowly sink to pool bottom. Underwater retrieval game.



**ITEM 9221**

**\$15.45**

**PEARL DIVERS**

Find the pearl in one of six clam shells.



**ITEM 9444**

**\$9.99**

**RUBBER CHICKEN**

Great choice for pool relay games. 20" in length.



**ITEM 9445**

**\$69.95**

**GIANT POOL QUILTS**

Superb quality. Mega size quoits set for kids of all ages.



**ITEM 9412S**

**\$4.99**

**SILICON SWIM CAP**

100% silicon cap. Color: blue, pink.



**ITEM 7193**



**ITEM 7194**



**ITEM 7195**



**ITEM 7196**

**\$10.35 EACH**

**NUDGE BEACH MASK GOGGLE SNORKEL SET**

Comfortable set of swimming accessories with various marine themes. Excellent value. Suitable for ages 3-10 years. Shark set (item 7193). Dolphin set (item 7194). Crab set (item 7195). Frog set (item 7196).



**ITEM 7197**

**ITEM 7199**

**\$12.60 EACH**

**NUDGE BEACH CHILD DIVE SET**

A starter kit. Includes easy to adjust fins, adjustable mask and snorkel with comfortable mouth piece. Pink (item 7197). Blue (item 7199). Ages 3-8 years.



**ITEM 7191**

**ITEM 7192**

**NUDGE BEACH CHILD BUDGET GOGGLES**

Smaller mouthpiece and snorkel tube.



**ITEM 7198**

**NUDGE BEACH CHILD SNORKEL**

Smaller mouthpiece and snorkel tube.



**ITEM 9328**

**SEAL FLIPS**

Blow and make the seal heads flip. Five flips in set.



**ITEM 9510**

**KIDS NEOPRENE FINNS**

Boot style soft nylon covered neoprene construction. Superb fin for disabled swimmer with weak legs / spasticity. Size: 8-10.5 / 2-3 years (item 9510A) and 11-2.5 / 4-6 years (item 9510B).

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**ITEM 6005**

**\$4.45**

**BUDGET KICKBOARD**

Closed cell foam kickboard. Soft to touch. Rounded edges for comfortable grip and contoured bottom. Size 17" x 11" x 1".



**ITEM 6009**

**\$6.05**

**STEALTH KICKBOARD**

Closed cell foam kickboard. Multiple hand holds provide for variety of work out drills. Size: 12" x 11" x 1".



**ITEM 6008**

**\$6.65**

**STREAMER KICKBOARD**

Designed for stability in water. Contoured design enables ergonomic fit for small bodies and helps lock arms while swimming. Size: 16" x 11" x 1".



**ITEM 6043**

**\$9.35**

**TRAINING KICKBOARD**

Closed cell foam board for youth and smaller swimmers. Sturdy. Easy grip surface. Rigid. Size: 15" x 10" x 1.25".



**ITEM 6042**

**\$8.99**

**TEAM KICKBOARD**

Closed cell foam board. Chunky size makes it easy to grip. Suitable for swimmers of all ages and abilities. Rigid. Size: 18" x 11.5" x 1.5".



**ITEM 6007**

**\$8.70**

**TRIANGLE KICKBOARD**

Closed cell foam board. Encourages proper stream line body position in water. Great for single arm and side kick workouts. Size: 18" x 13" x 1".



**ITEM 6012**

**\$8.99**

**SENIOR KICKBOARD**

High density closed cell foam board. Tombstone shape. Rounded edges for comfortable grip. Suitable for adults. Rigid. Size: 20" x 11" x 1".



**ITEM 6045**

**\$11.25**

**ROCKET KICKBOARD**

Textured surface. Modern ergonomic design encourages proper body position and kick technique for longer workouts in pool. Size: 14" x 16" x 2".



**ITEM 6010**

**\$7.35**

**KICK / PULL BUOY**

Closed cell foam combination kickboard and pull buoy. Provides optimum buoyancy. Compact and practical tool. Size: 11" x 9" x 2".



**ITEM 6032**

**\$14.99**

**STAR BALANCE BOARD**

Sit on for balance exercises. Multiple hand holds reduce tension in arms and shoulders in swimming drills. Closed cell foam. Size: 23.5" x 14" x 1.25".



**ITEM 9265**

**\$16.45**

**ZOGGS TRAINER BOARD**

Promotes safer shoulder position from special hydrodynamic shape. Swimmer's torso fits snugly into board cut-out. Size: 19" x 15.5" x 1.25".



**ITEM 6022**

**\$5.95**

**BUDGET POOL BUOY**

Five layers of closed cell foam. Provides support for hips and legs while giving arms an intense work out. Generous size. Size: 10" x 3" x 6".

# WATER-PROOF BODY PROTECTION

For shower, bath and pool



ITEM 1004

\$29.95

## DRYPRO WATERPROOF CAST AND BANDAGE PROTECTOR FOR LEGS

Shower, swim, bathe in this waterproof protector with built in pump. Creates vacuum seal. Reusable. Sizes: Full Leg: XS to L (item 1004FL), Half Leg: S and L (1004HL).



ITEM 1005

\$29.95

## DRYPRO WATERPROOF CAST AND BANDAGE PROTECTOR FOR ARMS

Shower, swim, bathe in this waterproof protector with built in pump. Creates vacuum seal. Reusable. Sizes: Full Arm: XS to L (item 1005FA), Half Arm: S and L (1005HA).



ITEM 1001

\$39.95

## DRYPRO WATERPROOF OSTOMY PROTECTOR COVER

Water tight vacuum seal fits comfortably around ostomy pouch which stays dry and secure. Used in shower, bath or pool. Reusable. Sizes: XS to XL.



ITEM 1002

\$49.95

## DRYPRO WATERPROOF PROSTHETIC COVER

A quick and simple alternative to removing a prosthesis before having a shower or swim. Cover prosthetic limb with vacuum sealed cover. Reusable. Sizes: XS to XL.



ITEM 1003

\$29.95

## DRYPRO WATERPROOF LATEX FREE PICC LINE PROTECTOR

For swimmers receiving infusion therapy for antibiotics, chemotherapy and hydration and have a PICC line. Latex free sleeve keeps area around vein completely dry while showering or swimming. Reusable. Sizes XS to XL.



\$19.95

## SEAL-TIGHT ARM CAST PROTECTOR

Durable polyvinyl bag attached to non-latex diaphragm stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Sizes: Adult Short Arm (item 20101), Adult Long Arm (item 20102), Child Small Arm (item 20200), Child Medium Arm (item 20201) and Child Large Arm (item 20202).



\$19.95

## SEAL-TIGHT LEG CAST PROTECTOR

Durable polyvinyl bag attached to non-latex diaphragm stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Sizes: Adult Short Leg (item 20103), Adult Long Leg (item 20104), Child Small Leg (item 20203), Child Medium Leg (item 20204) and Child Large Leg (item 20205).



\$19.95

## SEAL-TIGHT FOOT OR HAND CAST PROTECTOR

Forget about the trash bag option. Offers watertight protection for around 6-8 weeks with daily usage. Sizes: Adult Hand (item 20100), Adult Foot (item 20105).



ITEM 9521B

\$9.99

## BABY SWIM PANT

Lightweight, waterproof, unisex pull-on style pant with elasticized waist and legs. Designed for swimmer with urinary / fecal incontinence. Sizes: Small 10-18 lbs (item 9521BS), medium 18-22 lbs (item 9521BM), XXL 30-38 lbs (item 9521BXXL).



ITEM 9521C

\$14.95

## YOUTH SWIM PANT

Reusable swim pant for swimmer with urinary/fecal incontinence. Sizes: 4/5 years 36-46 lbs (item 9521C4), 6/7 years 47-57 lbs (item 9521C6), 8/9 years 58-72 lbs (item 9521C8), 10/11 years 73-85 lbs (item 9521C10), 12/13 years 86-96 lbs (item 9521C12), 14/15 years 97-110 lbs (item 9521C14).



ITEM 9521A

\$19.95

## ADULT SWIM PANT

Reusable, unisex, full seated pant with elasticized waist and legs designed to protect swimmer against heavier urinary and bowel leakages. Waist sizes: Small 28-30", medium 32-34", large 36-38", XL 40-42" and XXL 44-46".

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All sizes are indicative only.

# FABRIC FLOATS

Provides the swimmer with excellent support for neck, hips and knees. These distinctive floats form the basis for many aquatic therapy techniques.

ITEM 9401

**\$49.95**  
ADULT

**\$46.95**  
CHILD

**\$44.95**  
BABY

## NECK COLLAR

Soft, comfortable collar to fit closely around neck to aid buoyancy and allow freedom of movement. Sizes: Adult (item 9401A), Child up to 45 lbs (9401C), Baby up to 15 lbs (item 9401B).

ITEM 9397

**\$84.95**  
MEDIUM

**\$89.98**  
LARGE

## SWIM RING

Generously proportioned fabric ring. Front opening. Comfortable alternative to inflatable rings. Sizes: Large inside circumference 52" (item 9397L), Medium inside circumference 40" (item 9397M).

ITEM 9309

**\$60.45**



## SAUSAGE FLOAT

Soft, comfortable float used as knee support to give correct positioning or offer relaxation when used with neck and hip floats during aquatic therapy.

ITEM 9308

**\$58.95**  
ADULT

**\$54.95**  
CHILD

**\$51.95**  
BABY

## HIP FLOAT

Soft pouches attached to fabric sling. Molds around various body shapes. Assists in correct positioning of body during aquatic therapy. Sizes: Adult, Child, Baby.

ITEM 9307

**\$63.95**  
ADULT

**\$59.95**  
CHILD

**\$54.95**  
BABY

## POSTURE PILLOW

Soft neck support designed to provide comfort, support and relaxation during aquatic therapy. Sizes: Adult, Child up to 45 lbs, Baby up to 15 lbs.

ITEM 9311S

**\$46.10**



## CORNER PILLOW WITH TIES

Soft, pillow to use in pool corner or attach to rails. Provides head support and comfort for patients during aquatic therapy.

ITEM 9310

**\$59.85**



## BOLSTER

Large log shape float used for positioning patients during aqua therapy.

ITEM 9270

**\$66.95**



## GATHERED POSTURE PILLOW

Same as a Posture Pillow (item 9307) with added benefit of adjusting drawstring at top of float for further leverage of head during aqua therapy.

ITEM 9875

**\$84.95**  
ADULT

**\$74.95**  
CHILD

**\$64.95**  
BABY



## BODY SLING

Stable sling. Generous size. Can use while floating on front, back or side. Sizes: Adult, Child up to 55 lbs and Baby up to 15 lbs.

ITEM 9501

**\$59.95**



## UPRIGHT FLOAT

Soft, comfortable triangular shaped float with front opening. Provides under arm support as well as shoulder and neck support. Inside circ.: 28".

ITEM 6001

**\$18.95**  
CHILD

**\$21.95**  
ADULT



## FOAM COLLAR

Closed cell foam. Supports head comfortably and securely above water. Sizes: Adult inside circ. 19" (item 6001A), Child inside circ. 15" (item 6001C).

Order online and save time at:

**Theraquatics.com**

Aquatic Exercise & Therapy Equipment

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1 MAY 2011

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