

## **FINANCIAL TERMS FOR SERVICES RENDERED**

Thank you for choosing to work with me in psychotherapy. In order to facilitate a smooth and uninterrupted professional relationship, it's best to be clear about our financial and logistical considerations at the outset. **Please carefully read the information below.** If you have any questions, feel free to ask them in our first session. If I can't provide an answer, then I encourage you to take them and any future billing questions you have, directly to my external, and confidential billing service, **CLINICAL BILLING SERVICES (CBS) @ (434) 980 4721**

Note that **an individual psychotherapy session runs from 50 to 60 minutes and is billed at a rate of \$150.00 per session. The charge for an initial diagnostic session is \$170.00.** If you wish to utilize your insurance to cover some of my fee, be aware that **I am a participating provider with some, but not all insurance companies.** For those with whom I do participate, I will accept the rate I agreed upon in their contract. All other insurance companies may provide some financial support, but I suggest that you find out the amount of my fee they cover.

For those costs that befall you (i.e., co-pays, or your percentage of my fee), **I prefer payment at each session. Please make your checks payable to ACV** (Associated Clinicians of Virginia – my employer). Since I attend to session notes and return calls between appointments, **I would appreciate you having your check written beforehand.**

Once we agree on a regular meeting time, I will in effect be reserving that time for you. **If for any reason you can't make your session, I require a 24 hour advanced notification.** Please leave a message on my confidential line (9795994) and it will stamp the time you called. **Neglecting to do so will incur a cancellation charge of \$95.00.** Your insurance will not pay that charge. And lastly, if personal balances become a problem, CBS will work out a payment plan for you. In the rare occasion of their needing a collection service, all fees are added to the balance.

The above conditions and fees are consistent with the practices of Ph.D. clinical psychologists in the Charlottesville area. However, if they present a financial problem or hardship for you, I'm willing to discuss your situation, so we can commence therapy and/or maintain its continuity. Thank you.