



## RESTORE BALANCE THIS MORNING

SuperFoodsR<sub>X</sub>

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, antioxidants and delicious taste so you can start your day feeling recharged.

## superfoods

salmon, blueberries, oranges, apples, tomatoes, soy, oats, yogurt, walnuts, honey avocado, egg, cinnamon, whole grains, spinach

# invigorate

market fresh fruits and berries a bountiful selection of the seasons best 9.95

steel-cut cinnamon scented oatmeal apple compote, walnuts, and honey drizzle 7.95

whole-grain cereal or crunchy all matural granola seasonal berries or sliced banana, soy milk available 10.95

## renewal super

chef's blend of granola, natural yogurt, seasonal fruit, fresh berries and fruit smoothie of the day 10.95

## rejuvenate

served with bottomless Starbucks coffee or Tazo tea

### traditional eggs benedict\*

Canadian bacon, English muffin, fluffy hollandaise includes breakfast potatoes 12.95

## egg white and young spinach omelet

folded with sautéed onions and low fat cheddar cheese mini tomato and arugula salad 11.95

## smoked salmon & whole wheat bagel

Capers, red onion, diced egg and tomato 12.95

## from the griddle

buttermilk pancakes 9.95 blueberry and banana pancakes 9.95 Snow cap Brioche French toast , breakfast syrup 9.95 crispy Belgian waffle with berry compote, Chantilly cream 9.95

## energize

orange 4.95 espresso 2.95 grape fruit 4.95 cranberry 4.95 apple 4.95 V8 4.95 tomato 4.95 pineapple 4.95 assorted Tazo teas 2.95 cappuccino 3.95 latte 3.95 mocha 4.95 macchiato 4.95 coffee 2.95

# breakfast table

seasonal fruits and berries, yogurt, steel cut oatmeal, whole grain cereals, all natural granola, eggs, smoked bacon, sausage, breakfast potatoes, fresh bakery selections, bagels with cream cheese, selection of breakfast juices, freshly brewed Starbuck's coffee and assorted Tazo teas 14.95

# indulge

Served with bottomless Starbucks coffee or Tazo tea three egg omelet\*

**choose three items** from the following: spinach, peppers, red onion, scallions, mushrooms, country ham, or smoked salmon, Swiss cheese, or cheddar. Served with breakfast potatoes, toast 12.95

additional items .75 each.

American breakfast with cage free eggs\*

two eggs, bacon, breakfast sausage or country ham, served with breakfast potatoes, toast 10.95 add buttermilk pancakes 2.95

### continental breakfast

two breakfast pastries, butter, preserves, yogurt parfait, berries 11.95

## Kansas City breakfast\*

two scrambled eggs, two strips of smoked bacon, buttermilk biscuits with sausage gravy 10.95

### breakfast combo\*

two eggs your way, two strips of smoked bacon, two plain buttermilk pancakes with warm syrup 10.95

## **Options**

side of toast 3.95 grilled ham 4.95 sausage links 4.95 bacon 4.95 low fat yogurt 2.95 bagel with cream cheese 3.95 fresh pastries (two each) 7.95 breakfast potatoes 2.95

### Dairy

whole milk 2% milk skim milk soy milk almond milk 2.95



### juices

↑ celery, cucumber, lime,coconut water 6.95↑ carrot, orange, ginger,

turmeric, mango 6.95

### smoothies

† kale, spinach, banana,
mango, cinnamon 6.95
† raspberry, strawberry,
mint, dates, almond
milk 6.95