# Preschool Theme All About Me Unit

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Preschool Plan It



A week long preschool plan with over 30 activity suggestions for all of your Interest Learning Centers including: 15 printable activities, a week long lesson plan form and daily detailed plans!

### All About Me Theme Introduction

The goal behind an All About Me Preschool Activities Theme is to help children learn about each other and each others' families!

So, this is really an All About Me and My Family Theme Page!

The theme helps children to realize that every person is unique and special; every child's thoughts and ideas are important and no one person is more or less important than another!

This All About Me Preschool Activities Theme page is filled with some preschool activities and ideas for your classroom to help them get to know the special and unique things about themselves and each other.

The activities included in the resource pack are listed in Alphabetical Order on the Table of Contents page.

Happy Planning!

~~Miss Cheryl



# **Table of Contents**

Week's Lesson Plans at a Glance
Daily Lesson Plans (5 pages)
Calendar Pieces- All About Me: AB pattern

#### **Activities:**

Biddely Bumblebee Name Toss Game
Biddely Bumblebee Song Poster
Big & Small Activity
Body Match Game
Healthy Me Game Cards
My Eye Color Chart Instructions
My Eye Color Chart & Pattern Activity Eyes
My House Activity Instructions
My House Activity Pieces
(also use for My Family Chart)
My Family Chart Activity
My Portrait Blackline Master
Name Tag Song
Name Tags

#### **Song Posters:**

Head, Shoulders, Knees and Toes Song Poster If You're Happy and You Know It Song Poster

#### **Credits & other Miscellaneous Stuff!**

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Potato Head Dice Games (4 games)

Who Is Missing? Game Cards

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All About Me Theme Weekly Plan Math & Music & Circle Art Science **Small Gross Motor Story Time Manipulatives** Group Movement My Portrait All About Me Head, Introduce My House Focus on: **Body Match** I Like Me Shoulders, Game By Nancy Carlson Name Tag Height-Book: Mon

Create Book &

All About Me

All About Me

My Weight

All About Me

My Height

Cooking:

Snack

Suggested Changes to Interest Centers for the Week

**Dramatic Play Center** 

Housekeeping center: kitchen, food, table, chairs,

Sensory (Sand & Water Table)

washcloths, towels, brushes, baby doll clothes,

Bath Time! Place water and bubbles in your

water table. Provide your baby dolls,

Keep dramatic play set up as a Home center or

Cracker Face

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Cover

Book:

Page

Book:

Page

Book:

Page

My Name

Knees & Toes

My Name Ball

Healthy Me

Measure Me!

Switch Places

Game

eyes; my hair; etc.

Name Parachute

Easel

**Writing Center** 

You can add as many different pages as you like in

addition to those mentioned each day such as: my

above), work on pages of an All About Me book.

Oval Me! Place oval shapes on the easel. The

children paint their faces or the faces of their

Me Book: Each day (see Small Group Time

friends/families. Use paint OR markers!

Game

My Book About Me

By Dr. Seuss

Are You My

by P. D. Eastman

Guess How Much I

Love You by Sam

McBratney

The Mixed-Up

Chameleon by

Eric Carle

Mother?

Biddely

Game

If You're

Happy and

Copy Me!

How Do You

Feel Dance

You Know It

Bumblebee

Name Toss

Blocks, links,

Focus on:

Traditional

measuring

Focus on:

Weight

Balance

Focus on:

Traditional

weighing

Focus on:

Height &

Weight

babies & diaper bags

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etc.

Weight

scales. sorters, etc.

Height

etc.

Song & Name

Me & My

Family

Shaving

Cream Art

My Family

Tracing

I Like....

**Block Center** 

Library

Have unit blocks and other blocks (I like the

cardboard blocks that look like brick as an

addition!): House/Apartment Building

The books listed under story time and:

Katharine Goes to Nursery School by Jill

Pieces (Will use in large group on Friday.

Flannel Board and Name Recognition Flannel

Going to Day Care by Mister Rogers

Pairs

Big & Little

**Shapes** 

**Puzzles** 

Potato Head

All games

past week.

available from this

Spinner Game

Tags/ Eye

Biddely

Tues

Wed

**Thurs** 

Fri

Krementz

Color Chart

Bumblebee

Song AND

My Family

Missing Game

Our Families

Tooty-Ta

Time!

Chart Who Is



Name tag shapes, Name Tag song poster, My Portrait blackline master page, hand mirrors, markers, crayons, variety of yarn, scissors, glue, Chart paper, eye color pages, stickers, My House activity pages, small blocks, links or legos, items to measure (pine cones, baby dolls), *I Like Me* by Nancy Carlson, construction paper, Body Match Game page, Head Shoulders song chart

#### Circle Time

Print the Name Tag song poster, name tag shapes pages & create an Eye Color Chart. In advance, make a name tag for each child in your classroom.

This is a great name recognition activity to do all year long. Over time you can change the name tag so there is NO picture on it and the children work on name and letter recognition.

Sing the song when collecting name tags. Use name tags to actually preplan where children will sit as sometimes, even "best friends" need a break from each other!;) Today, talk about Eye color. Pass a hand mirror around for children to look at their own eyes. Chart and compare/count different eye colors on a group chart!

#### Math & Manipulatives

Print and use either (or both!) My House activities. The children can make a house with the number of people who live in their house OR you can program the houses for number recognition & number sense activities.

# Story Time Suggestion

I Like Me by Nancy Carlson

#### **Art Activity**

My Portrait: Print out the "My Portrait" blackline master page. I'd suggest printing out several on sturdy tagboard. Let the children trace onto tagboard and cut out. Provide children with hand mirrors, markers, crayons, yard, scissors and glue. The children use the mirrors to draw themselves onto the cut-out. This is best done in small groups so that you have time to talk with each child about their ye color, hair color, etc.

#### Music & Movement

Print the Head, Shoulders, Knees and Toes Song page & post. Sing this throughout the week for fun & at transition times!

#### **Gross Motor Activity**

Introduce your children to the your outside equipment. Explain safety rules.

#### Science Center

This week, the children will focus on different areas of measurement. Today, provide small colored blocks, colored links and/or legos. Encourage the children to measure the height of different items in your science center with these materials. Ideas: Measure the height of pinecones, pumpkins, baby dolls or even themselves!

#### Small Group Activity:

This week you will work on an All About Me Book! Today, have the children choose a piece of their favorite color construction paper. Place plain white paper inside the book. Fold the paper in half (placing the short sides together to fold) and staple. Have the children trace their hand on the front and print their name as best they can on the front and decorate.

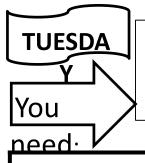


Chart paper and marker, My Family Chart pieces, shaving cream, Big & Small Pages, rules, tape measures, yard sticks, name tags from yesterday, Biddely Bumblebee Song Chart and Bee Tossing Game page, small ball, My book About Me by Dr. Seuss

#### Circle Time

Post Biddely Bumblebee Song Chart and sing with the children! Always a favorite!

Let the children know that you are going to get to know a little about each others' families. Post a chart paper with each child's name on the left. Place My Family Chart Pieces (precut) near or on the board (we pre-taped the back of ours). The children take turns telling the names of their family members and placing one piece for each family member next to their name. (See example on instruction page).

# Math & Manipulatives

Big & Small: Label 2 bins with the BIG and SMALL labels & provide a collection (toy cars, teddy counters, etc.) for the children to sort. Gross Motor Activity

Encourage the children to say a friend's name (great way to recall names and continue to get to know each other) and then toss the ball to that friend.

#### Small Group Activity-

Use the children's nametags from yesterday or others that you have. They practice printing their name on a page in their All About Me Book. Label the page, "My Name". Encourage them to print as best they can-be it one letter of their name, entire name or attempts. The purpose of this is to develop their fine motor skills, not perfect their names.

# **Art Activity**

Spray shaving cream (we use non-menthol only. The menthol scent is far too strong) on the table- a small "mountain" for each child!

Encourage the children to smooth the shaving cream onto the table in front of them. The can then draw circle for a head and add eyes, ears, mouth, hair, etc. The can add their family members, pets, etc.

Variations: Try dropping one or two drops of paint in the shaving cream. They love seeing the colors spread and mix!

#### Science Center

Introduce traditional measuring tools to your children: rulers, yardsticks, tape measures.

Encourage them to use these tools to measure the items from yesterday (pine cones, pumpkins, baby dolls or even themselves!).

Extension: Provide paper for the children to record their measuring! They can draw pictures, print numbers, etc.

#### Music & Movement

Print Biddely Bumblebee Song Chart & Bee Tossing Activity. Children toss a bean bag onto a name (see instructions) and then sing the song and answer with the name of on the bee!

# Story Time Suggestion:

My Book About Me by Dr. Seuss

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Who Is Missing page game cards, people shaped sponges or cookie cutters, paint, shallow trays, paper, family & people puzzles, balance scales & items to weigh, bathroom scale, All About Me books, If You're Happy and You Know It song chart, story- *Are You My Mother* by P.D. Eastman, Healthy Me Card pages

#### Circle Time

Who is Missing? Place the Who Is Missing cards face up. Name the family members with the children. Cover them with a piece of paper and remove one. Have the children guess who is missing!

VARIATION: You can also play this by using toy people, puppets or by having the children close their eyes and have one of the children hide behind a door.

They guess who is missing. This is challenging for YOU as some of your little ones will peek!;)

#### Science Center

Introduce the concept of weight today. Provide balance scales and small toys and sorters for measuring and investigating.

#### Music & Movement

Yup! It's a classic! Sing If You're Happy and You Know It! There is a song poster in this packet you can post as well!

#### **Gross Motor**

Healthy Me Game! All About Me is a great time to remind children to be healthy! Use the Healthy Me Cards to encourage the children to exercise together!

## **Art Activity**

Place people shaped sponges or cookie cutters and shallow trays with a variety of paint in them.

Encourage the children to sponge or print the number of people in their family onto their papers.

Print each family members names (as the children name them "Nana" "Mommy" etc. under each print. Have the children print their names as best they can. Use these as an All About Me bulletin board display!

# Math & Manipulatives

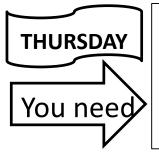
Provide puzzles of people and families for the children to do. You could also print pictures of the children, laminate and then cut into a few pieces for them to put back together!

# **Small Group Activity:**

Have the children stand on the bathroom scale. Tell them the number and encourage them to write it on a page in the About Me Book. We have also had a height chart on the wall all year. We add their weight, and age. We also add their height (which you will do tomorrow).

# Story Time Suggestion

Are You My Mother? by P.D. Eastman



My Family Chart from Tuesday, large sheets of paper (to trace the children on), crayons & misc arts/crafts materials, glue, balance scales, bathroom scales, food scales & items to weigh, book: Guess How Much I Love You by Sam McBratney, yarn and scissors, tapemeasure or yardstick, Potato Head toys, dice (colored, numbered OR dotted) and Potato Head Game pages,

#### Circle Time

Look again at the My Family Chart you all made on Tuesday. Tell the children you are going to play a listening game. They should stand up if what you say is true about them. They should sit down if it is not. Now, make family statements: Stand up if you have a brother. A Grandmother. A pet. After each, ask about them "What do you call your Grandmother?". Help those who may not be sure, "Dee-Dee, you have a new baby-a baby sister! Stand up! What is your sister's name?".

#### Art Activity

Tracing Pairs: Set children up in pairs. Give them 2 sheets of paper. One child will lay down on the paper while their partner helps to trace them. They then can work together decorating their life size portraits using fabric, markers, crayons, yarn, etc. I suggest having one adult available to help the children with the tracing (perhaps a good small group activity).

# Story Time Suggestion:

Guess How Much I Love You by Sam McBratney

# Math & Manipulatives

Potato Head Games! Take out your potato heads and have the children take turns playing this game using numbered, dotted or colored dice!

#### Science Center

Continue with the concept of weight today. Provide bathroom scales, food scales and balance scales and small toys and sorters for measuring and investigating.

#### Music & Movement

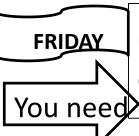
Copy Me! Play some music and have the children dance together. Make a circle and invite each child to take a turn making up a dance move that their friends can then copy!

# **Gross Motor Activity**

Provide yarn for the children to measure each other. Cut the yarn to their height. What other items outside are as tall as you? Taller than you? Smaller than you?

#### Small Group Activity: All About Me Book: My Height

Measure the children's height and record it on a classroom height chart AND have them chart the number in their book on a "My Height" page. Also, at the end of the day, take the yarn from the Gross Motor activity and have the children glue that piece of yarn onto their height page!



Dr. Jean & Friends CD (Tooty-Ta), small picture of each child, magazines, scissors, glue sticks and paper; book: The Mixed-Up Chameleon by Eric Carle; Variety of CDs; all activities from the Math Center available today; Parachute; round crackers, shredded cheese, You need raisins, cream cheese or other cheese spread, plastic knives

Circle Time Tooty-Ta is by far my favorite Circle Time Activity! It is by Dr. Jean from her Dr. Jean and Friends CD. It is also available at Amazon as a download! I HIGHLY recommend this! It will be a favorite of your class all year long! Sing some of the children's favorite songs from the week as well!

#### Music & Movement

How Do You Feel dance: Play different tempos of music. When you stop the music, the children freeze. Begin the next song and encourage them to tell how it makes them feel and how to move to that feeling (happy, excited, hyper (yes, I had a child say this once!).

# **Gross Motor Activity**

Switch Places Parachute Game: Teach the children how to lift the chute up slowly and down slowly—together. Name 2 children's names. When the chute is up, you say "Switch Places". Everyone holds the parachute up while those 2 children switch places. You then name 2 more and continue. When done, play again to have them switch places to get back to their original spot. This was a classroom favorite for us!

#### Art Activity | Like ...

Your children will build their communication skills as they talk with each other about things they like to do and play. Provide the children with magazines, scissors, and glue sticks. Have them glue their own picture to the paper. They then go through the magazines together and cut out and glue on other items they like! They might choose toys, flowers, a picture of a Grandma with a child and, of course, yummy foods. This is a great opportunity for the children to compare and discuss their similarities and differences!

Story Time Suggestion: The Mixed-Up Chameleon by Eric Carle

#### Science Center

Have all measuring tools out today for height and weight. Let the children measure many things in the room. You might also have a clipboard with names or pictures of items from your classroom available for them to find and measure!

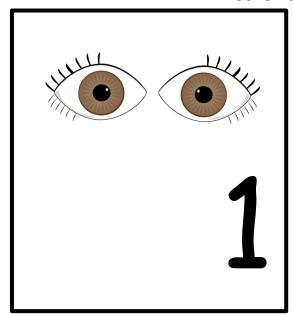
# Math & Manipulatives

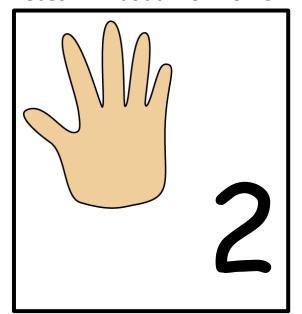
Provide all the activities you have introduced this week in your center today

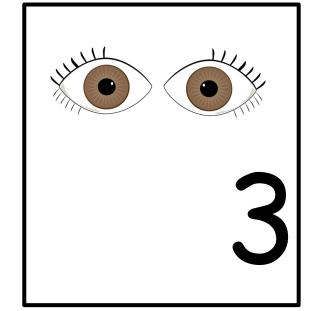
Small Group Activity:: Cracker Face Snack You will need round crackers, shredded cheese, raisins, cheese spread (such as cream cheese), shredded carrotplastic knives. Place the items in individual cups/bowls.

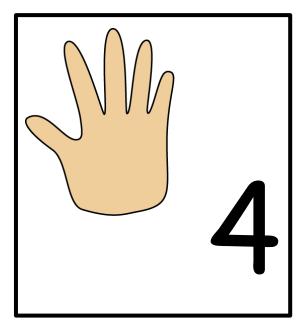
The children spread the cheese spread on the crackers and use the other ingredients to make faces (raisins-eyes; shredded cheese=hair; shredded carrot piece = mouth)

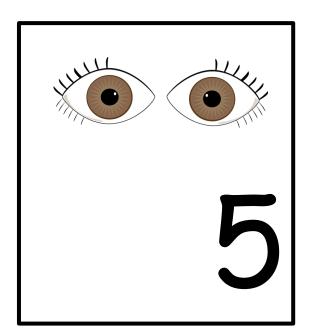
Calendar Pieces All About Me Theme AB Pattern

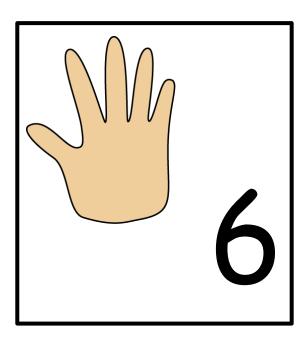




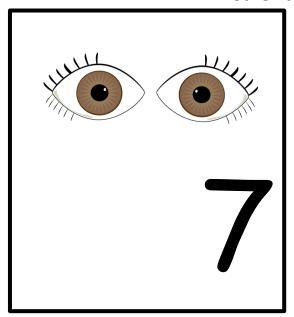


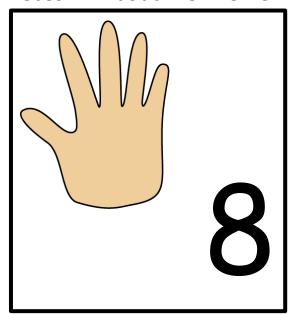


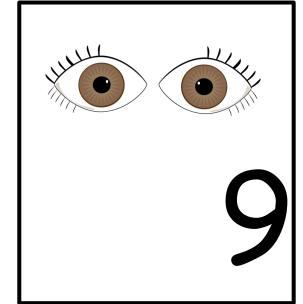


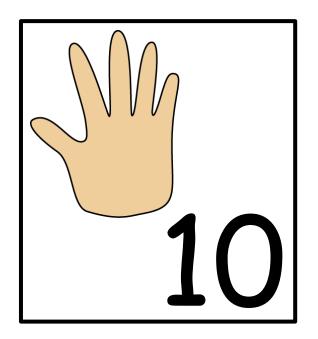


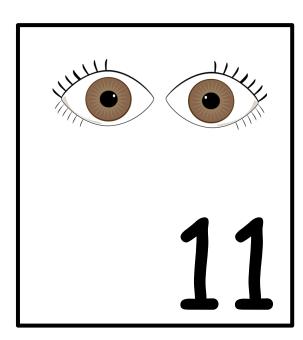
#### Calendar Pieces All About Me Theme AB Pattern

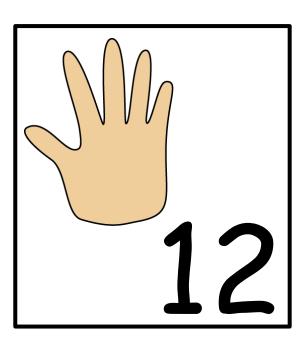




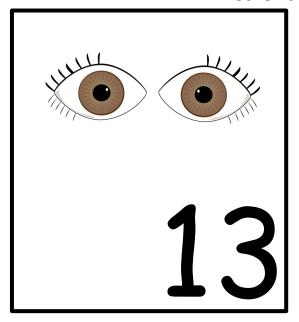


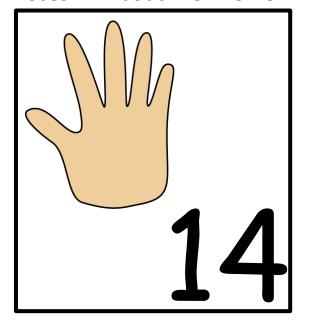


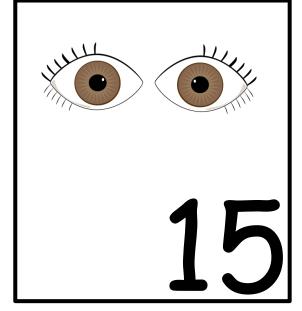


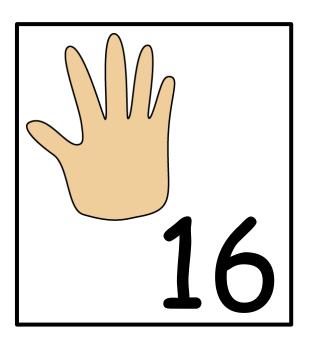


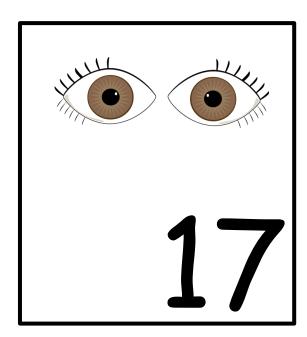
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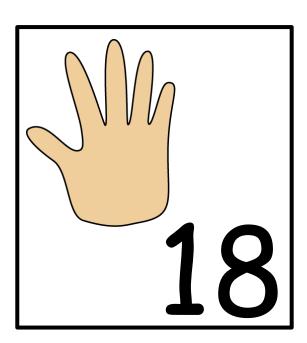




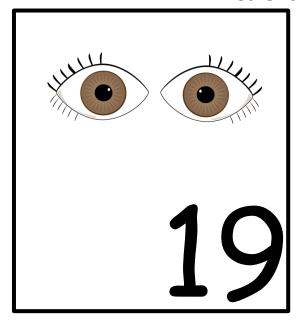


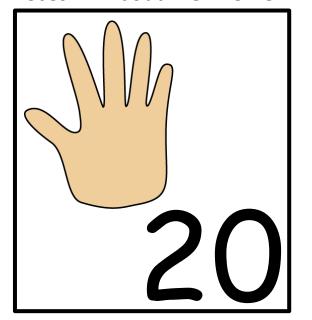


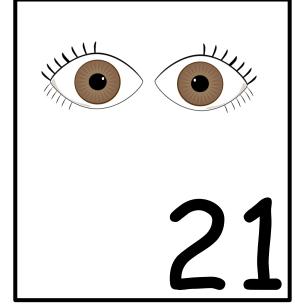




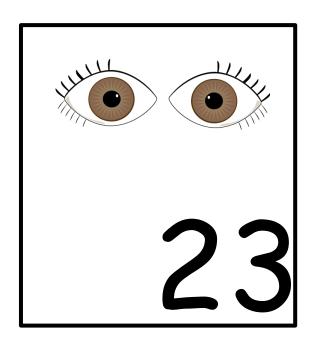
#### Calendar Pieces All About Me Theme AB Pattern





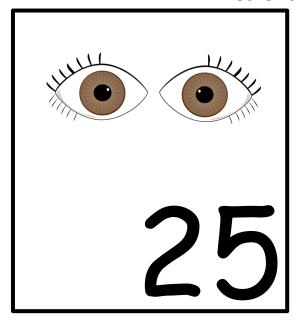




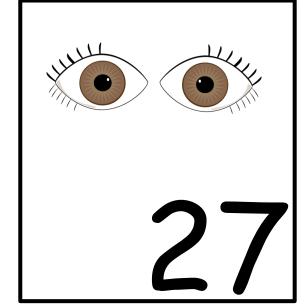


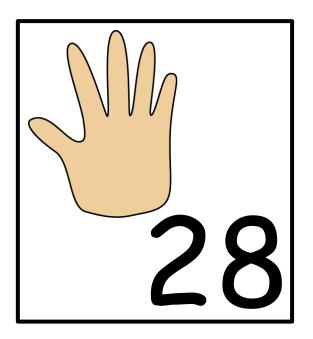


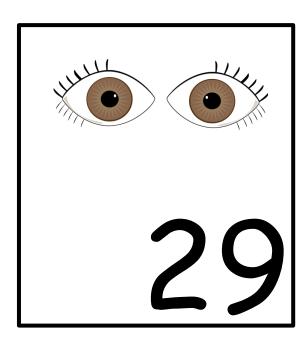
Calendar Pieces All About Me Theme AB Pattern

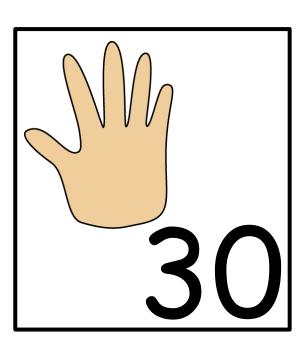




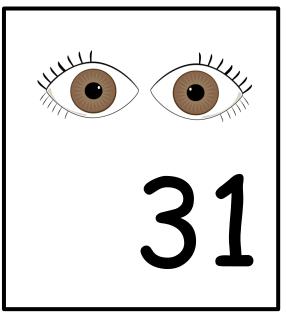






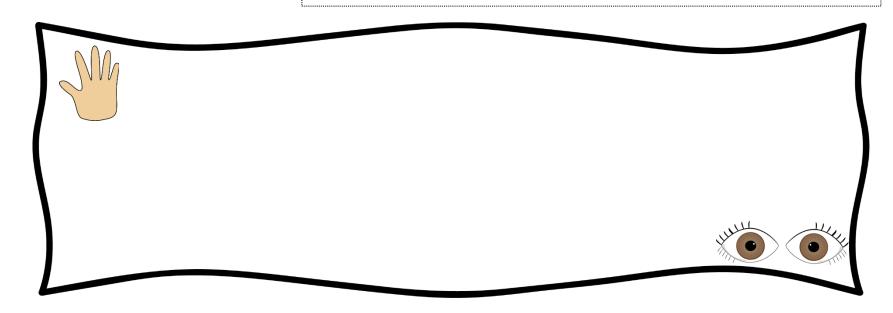


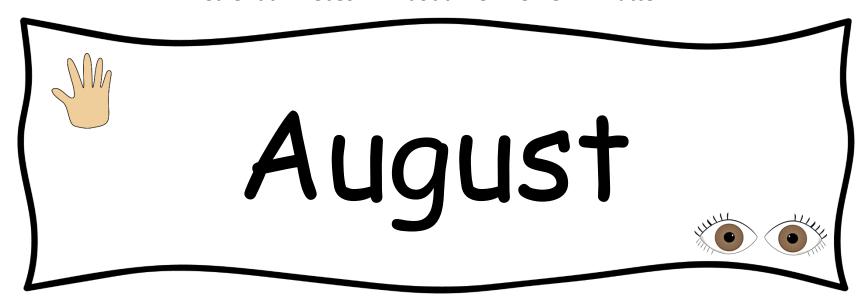
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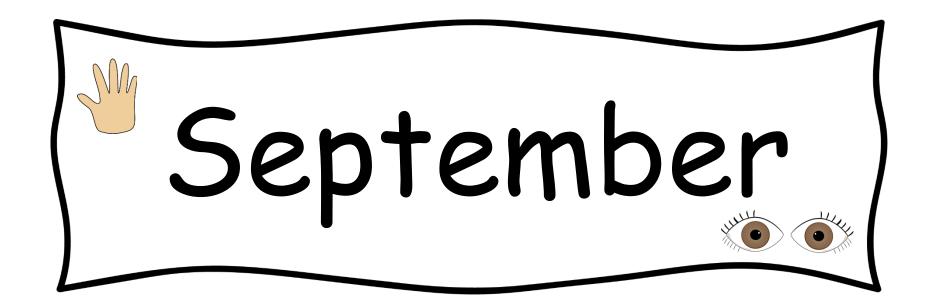


The blank card below is to add the month you would like! Simply cut out, laminate and print the month's name with a dry erase marker so that you can erase and use whenever you like throughout the year.

Because this is an All About Me Theme, the months of August and September are printed on the next page!







# **Biddely Bumblebee Toss Game**

For this game, you will need bean bags and name tags. You can use the name tags you made on Monday or other name tags you have. Name tags with the children's pictures work best!

I have used the Bee Cards on the following page. I have them printed and laminated. I then placed them face down and used clear tape to tape them together as a grid.

From there, you can print each child's name on a wing using a dry erase marker and tape a small thumbnail picture of the child in the upper, left corner (We take pictures at the beginning of the year and print small thumbnail copies and laminate for use with games throughout the year).

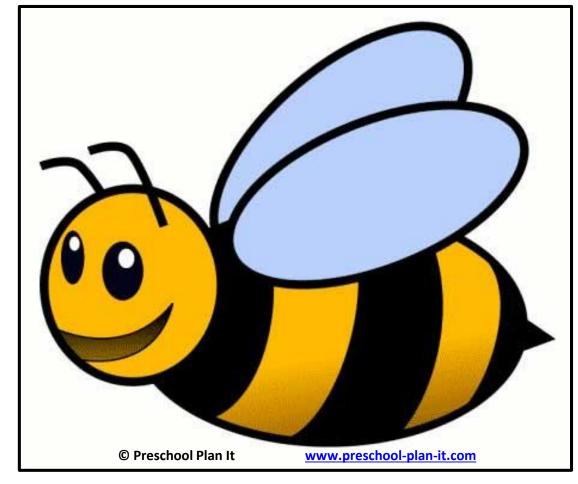
Laminating them as a grid allows me to have this grid year after year for many games because they last and I can erase the dry erase marker! I use it for activities during Spring or Insect themes and program the wings with letters, numbers, etc.

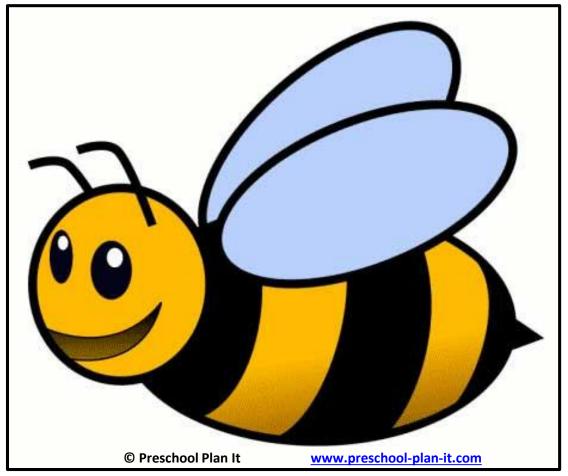
The children toss a bean bag onto a bee and say the name of their friend! Many children will try to get the bean bag on their OWN name! That is great, also!

Regardless of the name the bean bag lands on:

- 1. Encourage them to tell you the name on the card.
- Spell the name out for the child (or encourage them to read the letters if they can!).
- 3. This is a great letter/name/friend recognition game!

## **Bee Toss**





# Biddely Diddely Bumblebee

**Biddely Diddely Bumblebee** 

Won't you say your name to me?

# **CHERYL!**

(Child says name or you say their name)

Che-ryl Che-ryl (Clap-clap Clap-clap)

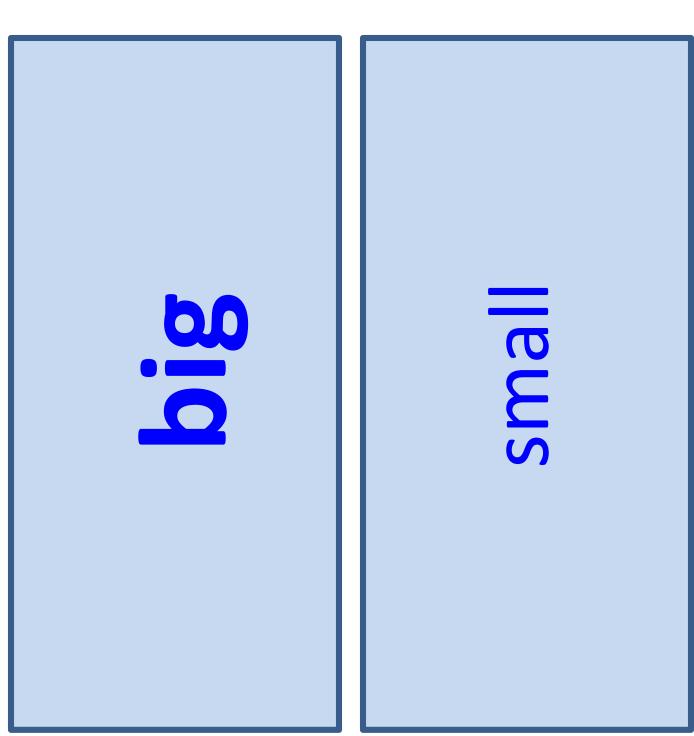
(Everyone claps the syllables of the name and says the name--repeat twice Continue for each child.

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#### **Big and Small Activity**

- 1. Label 2 bins (baskets, boxes, etc.) with the BIG and SMALL labels below.
- Provide a collection from your classroom that has both big and small sizes such as toy cars, teddy counters, dinosaurs, etc. for the children to sort by size.



# **Body Match Game**

Choose your favorite music. Have the children choose a partner to dance with.

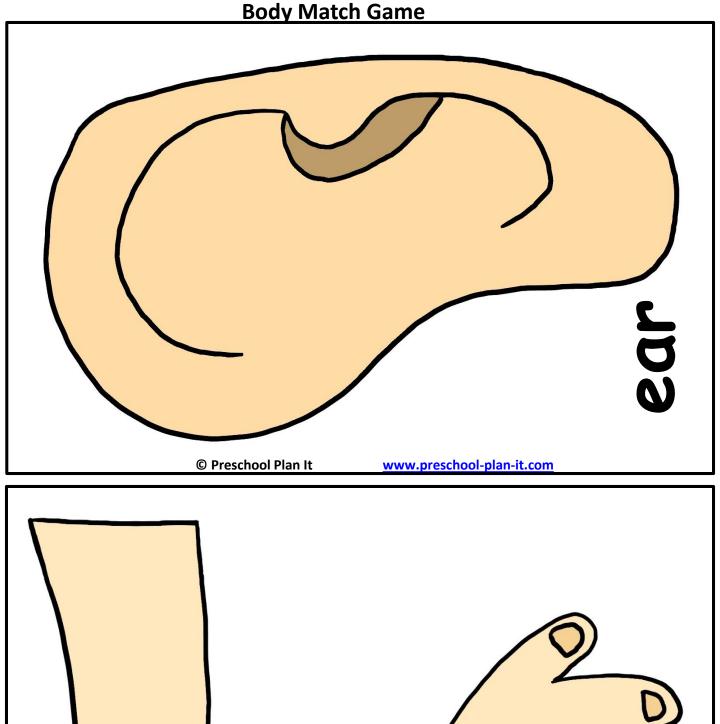
While the music is playing, the children dance.

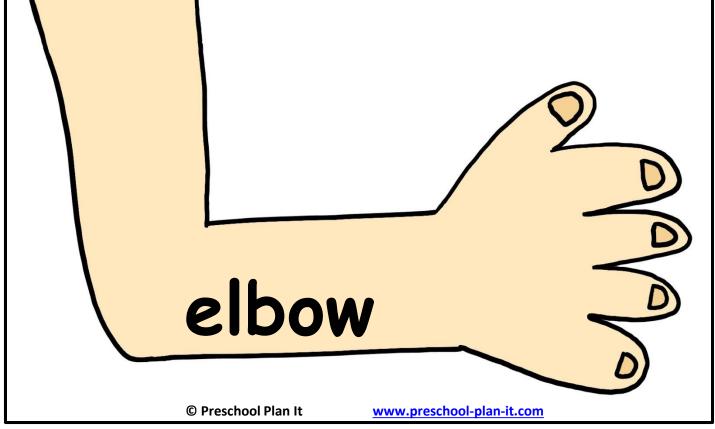
When you stop the music, the children freeze and look up at you.

Hold up one of the Body Game Match cards.

The children should match their body parts (elbow to elbow, hand to hand, etc.)

Switch partners and play again!



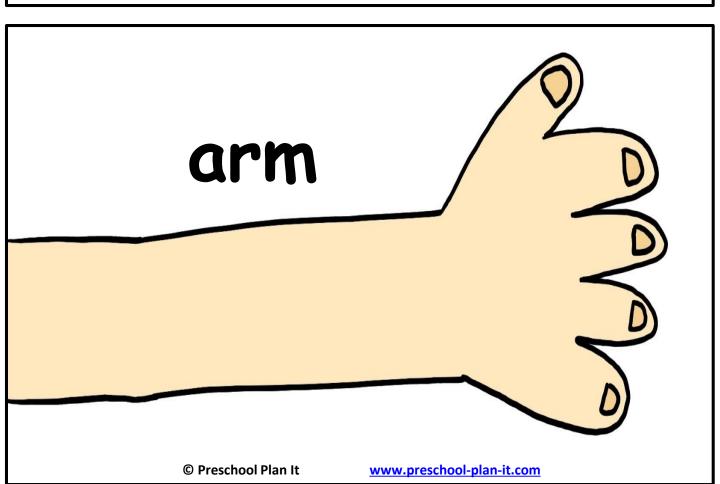


Body Match Game

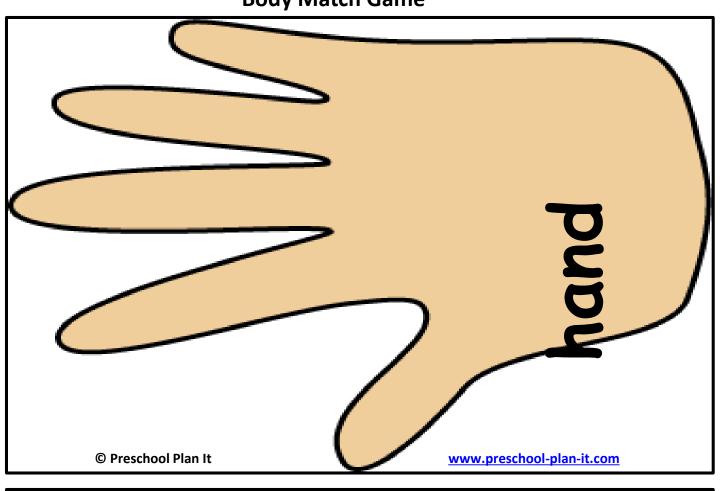
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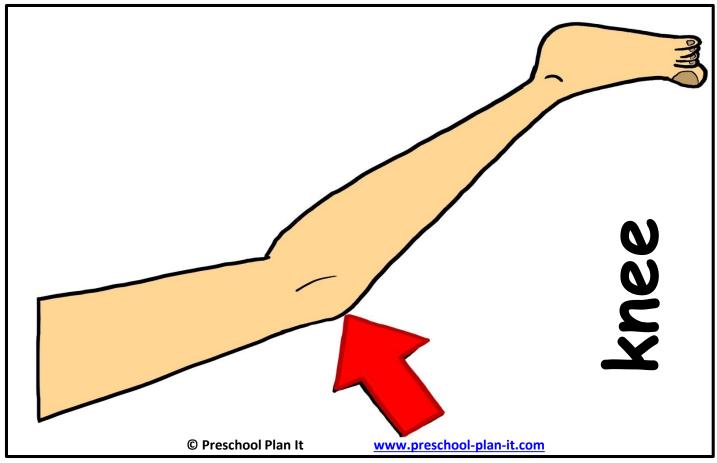
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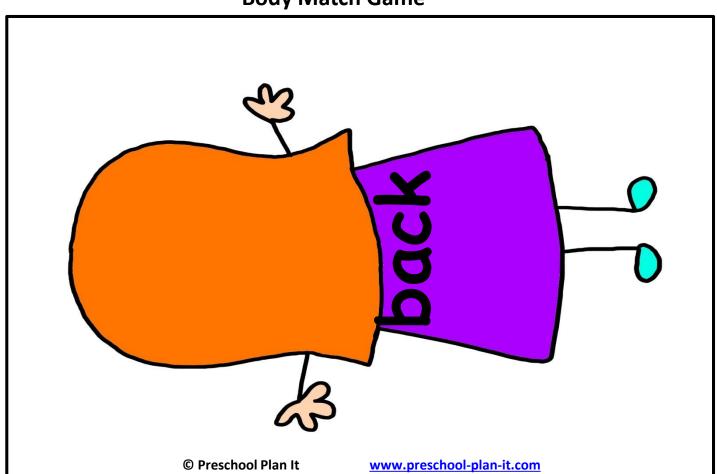


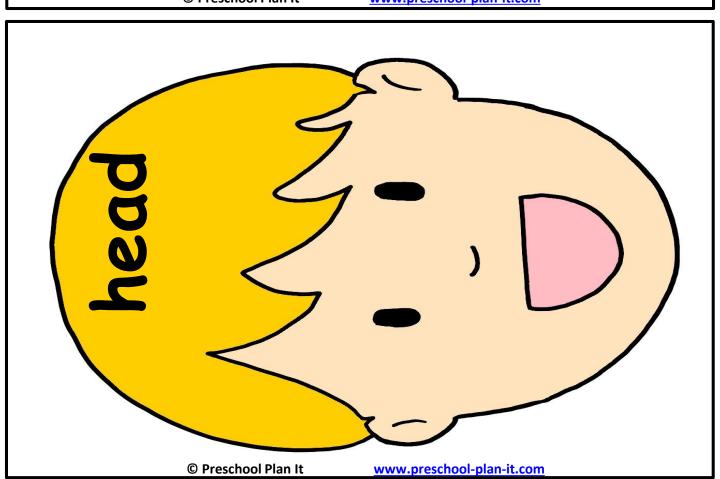
# **Body Match Game**





#### **Body Match Game**





# **Healthy Me Game**

An All About Me theme is as good as any theme to teach children about staying healthy!

Print out the picture cards and the number cards on the following Healthy Me card pages.

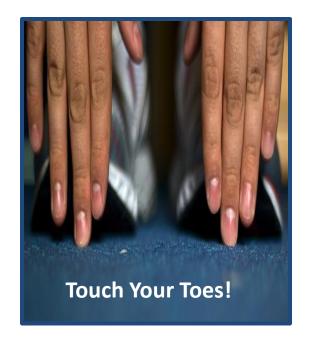
Have the children take turns choosing 1 picture card and one number card.

They then perform the corresponding number of the activity!

4 Jumping Jacks, Hop like a frog 2 times, etc.

Encourage the children to come up with other movement activities that their friends can copy!

#### **Healthy Me Cards**







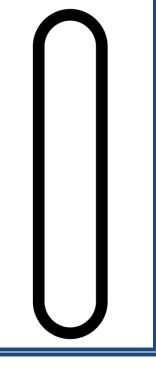






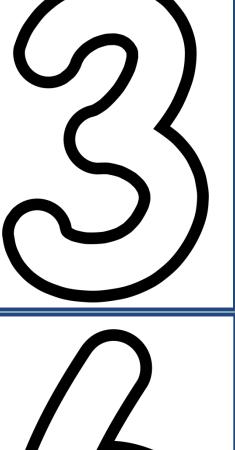
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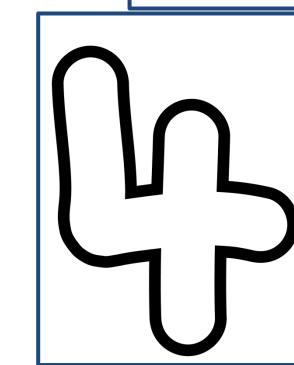
Healthy Me Cards

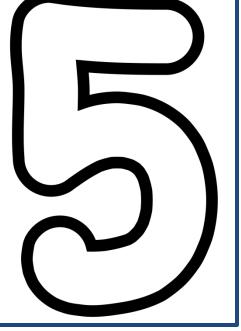


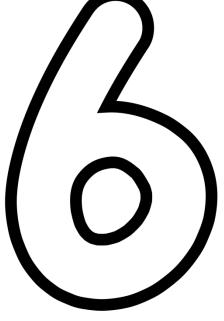












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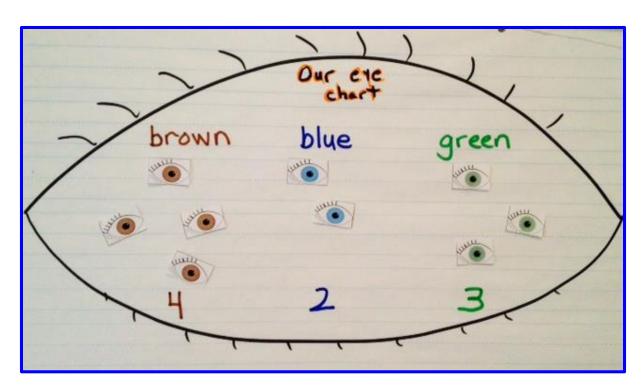
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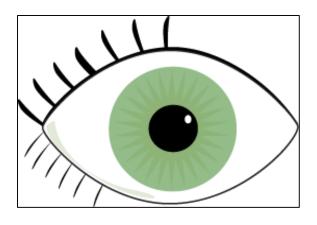
#### My Eye Color Chart

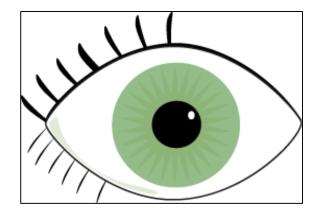
During Circle Time, pass around a hand mirror for the children to look at their eye color. Also, have their friends help them to name the color of their eyes.

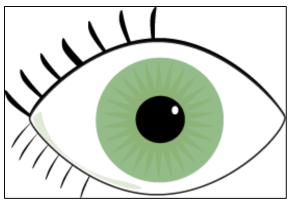
Use that information to have the children place their names under the eye color that they have on a classroom chart OR have them attached the correct colored eye next to their name. Print and use the eyes on the following pages for your charting!

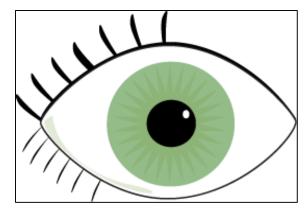
There are SO many ways to use charts! Go for it!
Then, use the final results as information to develop math skills: How many have blue eyes? Green? Are there more of us with blue eyes or brown eyes? Here is one example.

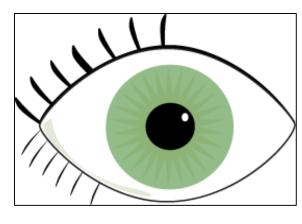


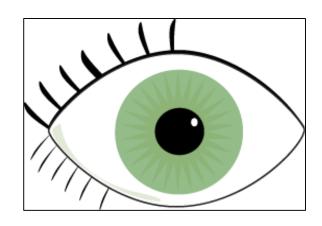


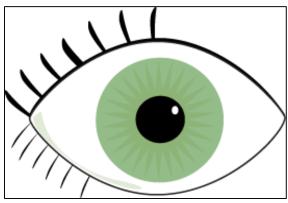


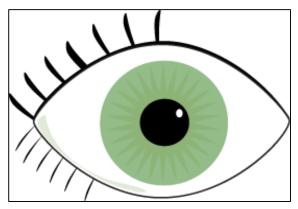


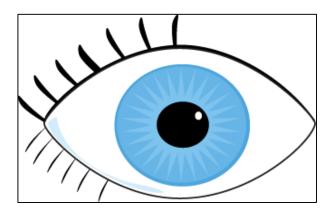


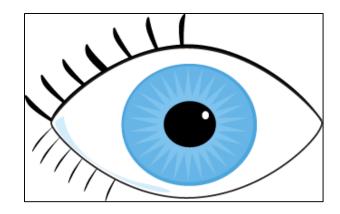


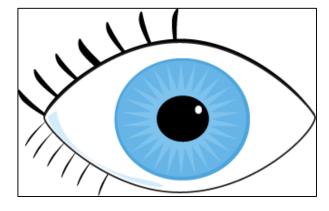


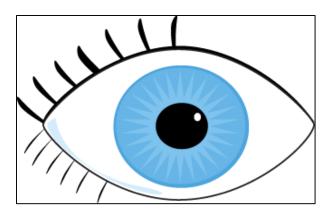


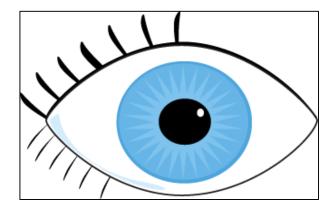


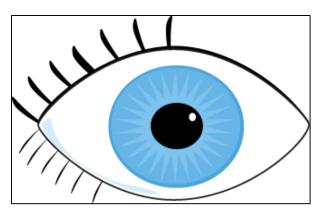


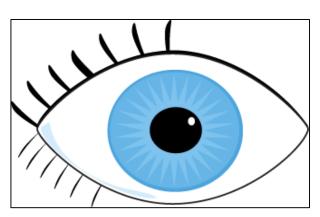


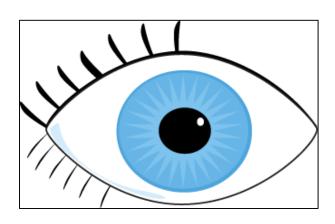




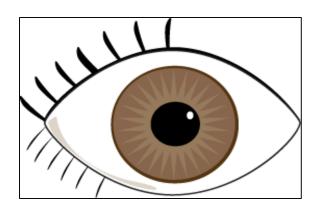


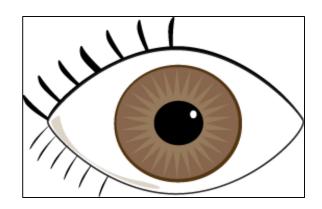


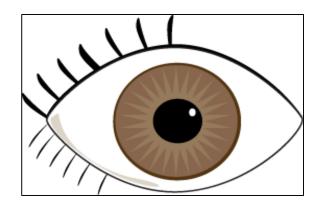


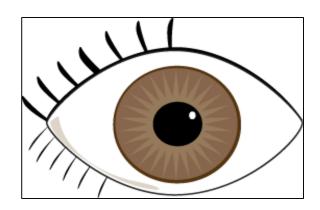


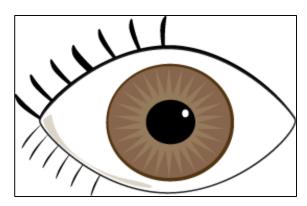
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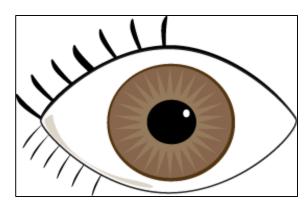


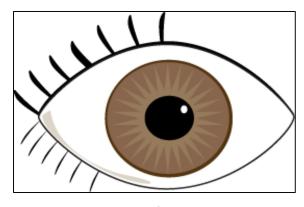


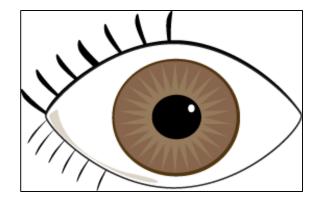






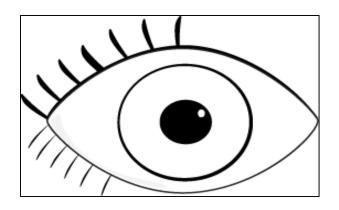


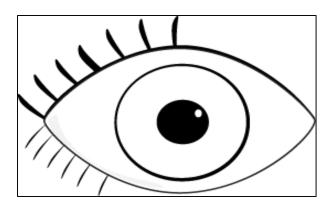


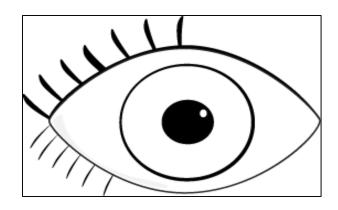


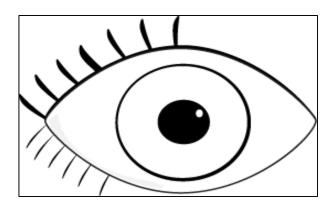
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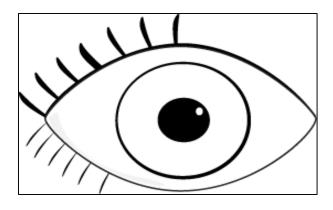
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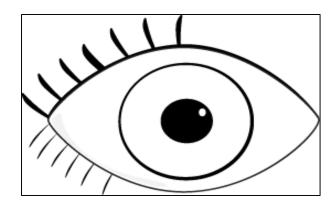


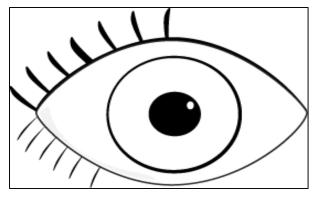


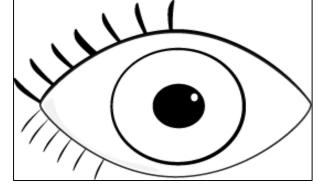












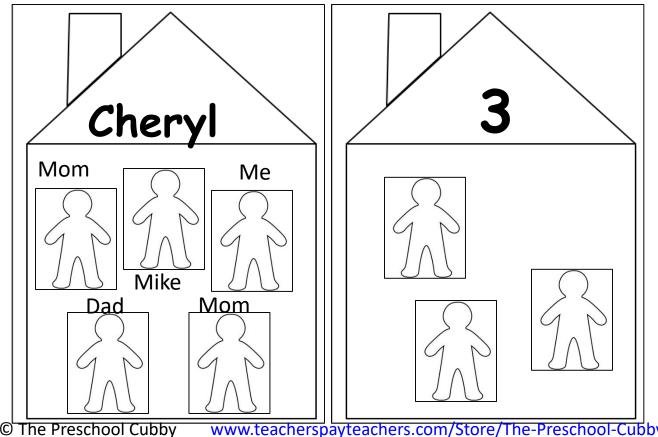
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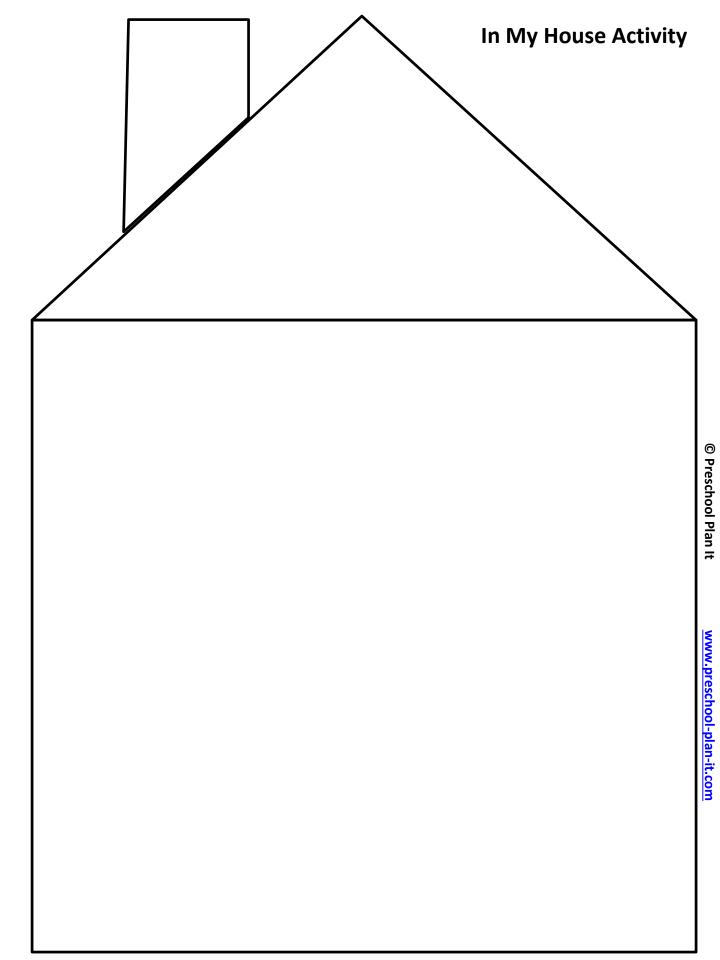
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#### **My House Activity**

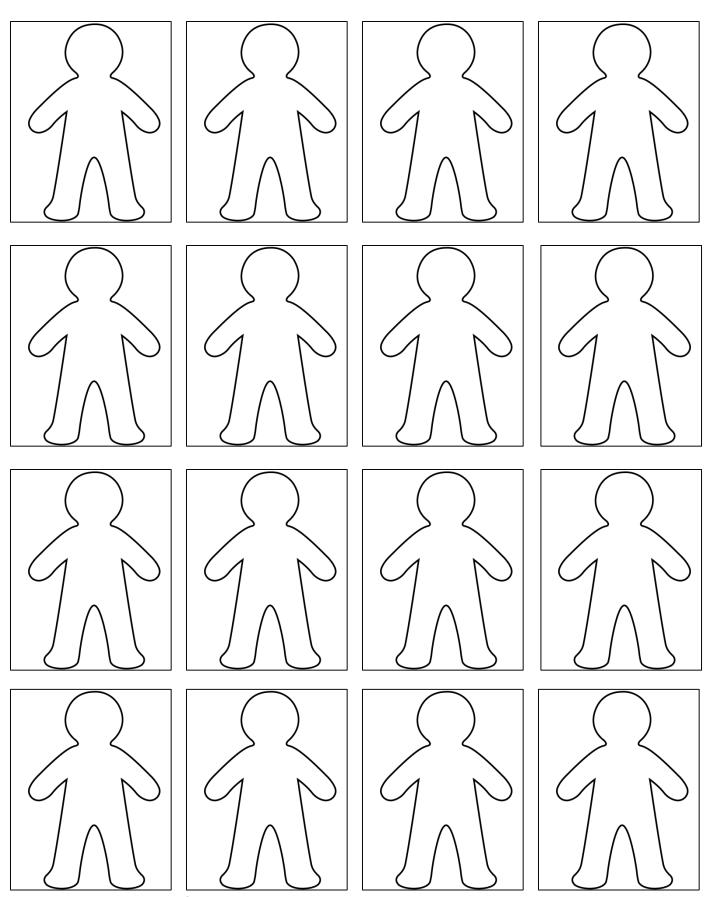
Print as many of the following pages as you will need to provide the activities that you choose! This activity can be used several ways:

- The children can count out and place the number of people who live in their house and, with your help, name those people (Example on lower left). HINTS: Print the people out in different colors OR let the children color with markers/colored pencils, etc.
- 2. You can program the houses to coincide with the numbers you are working on. Label the roof with the number. The children place the corresponding number of people "in" the house! HINTS: Print the people in different colors. Laminate and cut to use over and over throughout the year. You can also make this "self correcting" by completing the back side with the correct number of people before laminating.





# In My House AND My Family Chart Activity Pieces



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#### My Family Chart Activity

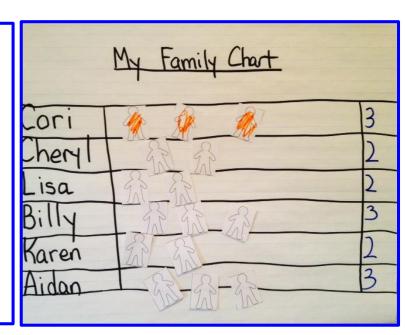
Print as many of the following pages as you will need to have enough "family members" for each student to place on your chart.

You can prepare the little people in many ways:

- Print on multiple colors of paper for the children to have some choices.
- Print on one uniform color and focus on the counting (trust me, many colors make for big decisions!)
- 3. The day before this activity, have the children water color paint a page that has NOT been cut out yet! When dry, cut them out and place in a basket or bin for the Chart Activity.
- 4. As each child names the members in their family, print each name on a little person piece.
- 5. If you would like to use this throughout the year or each year, laminate the pieces for durability. You can still print names on each using a dry erase marker. You will then be able to wipe the names off when done and store for another time!

The results can be used in many ways.

- Total the number of people in each child's family (as pictured)
- Compare numbers that are the same, more, less.



#### Name Tag Song & Name Tags:

Print the following song chart and hang at Circle Time and bring a basket or play shopping cart with handles to Circle (See Monday's activity).

Use the shape pages by:

- Printing them on colored paper OR tracing them onto colored paper.
- Laminate each shape BEFORE putting names on them.
- 3. Once laminated, print a child's name AND glue a child's picture onto the shape!
- (I have also put a child's name and picture on the shape and THEN laminated. I would then send the shapes home when new ones are made!)

### Put Your Name Tag In The Basket!

Sung To: If You're Happy and You Know It

Cori

Put your name tag in the basket right away

(Children): "RIGHT AWAY!"

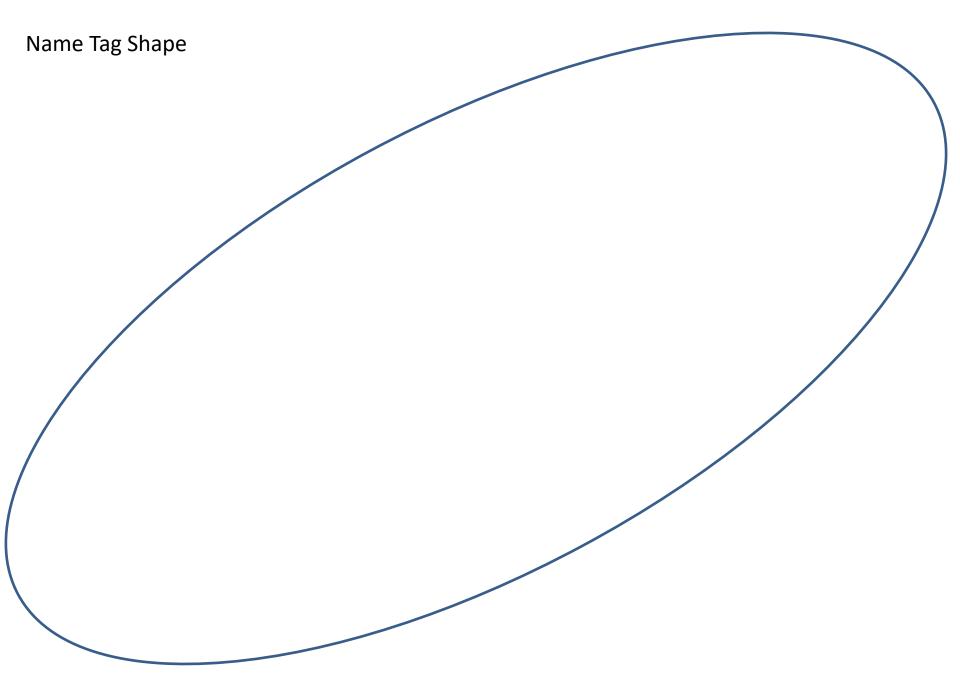
Cheryl

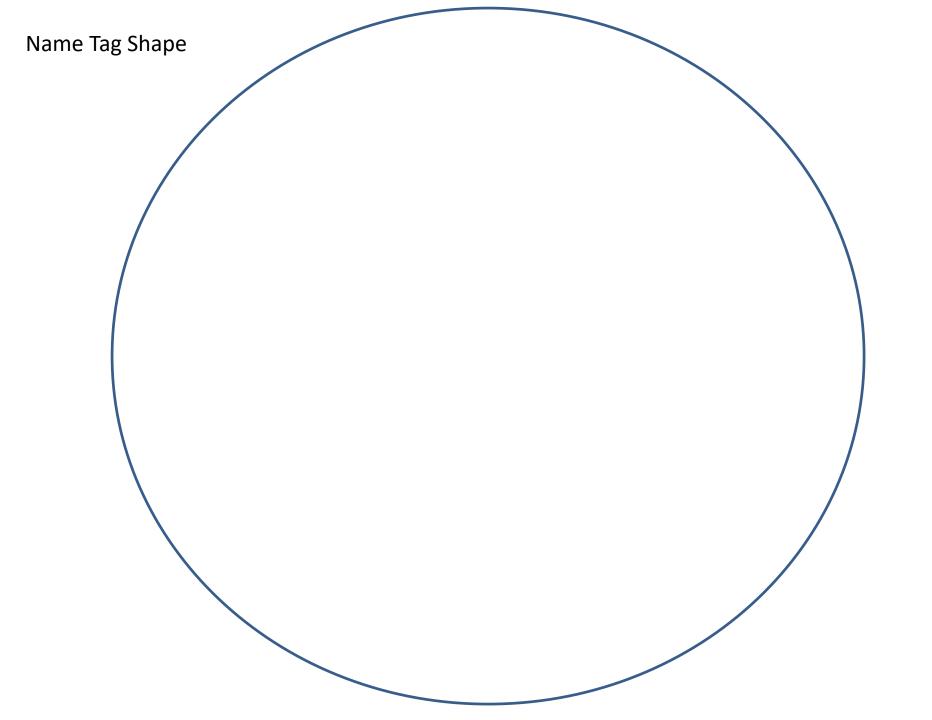
Put your name tag in the basket right away

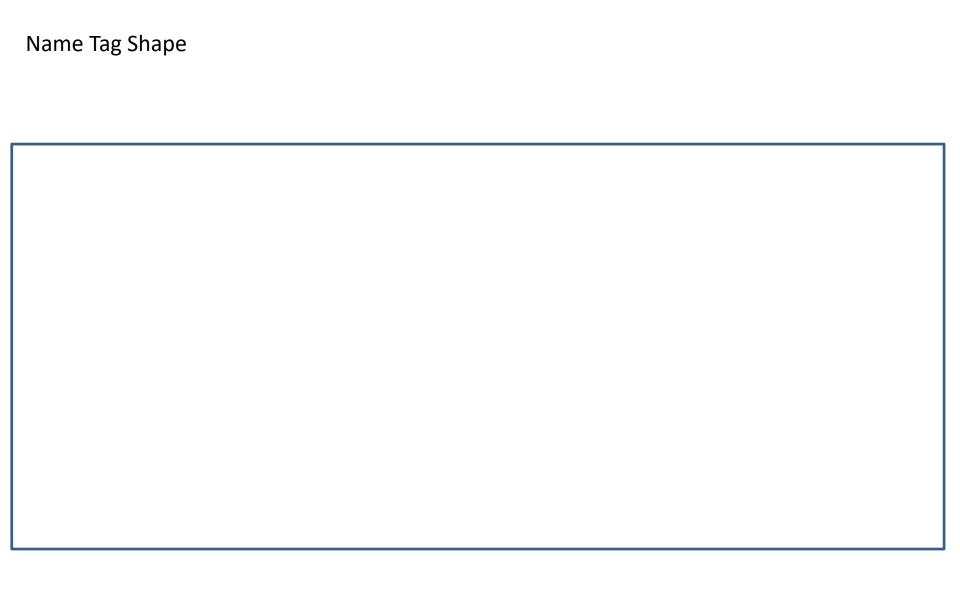
(Children): "RIGHT AWAY!"

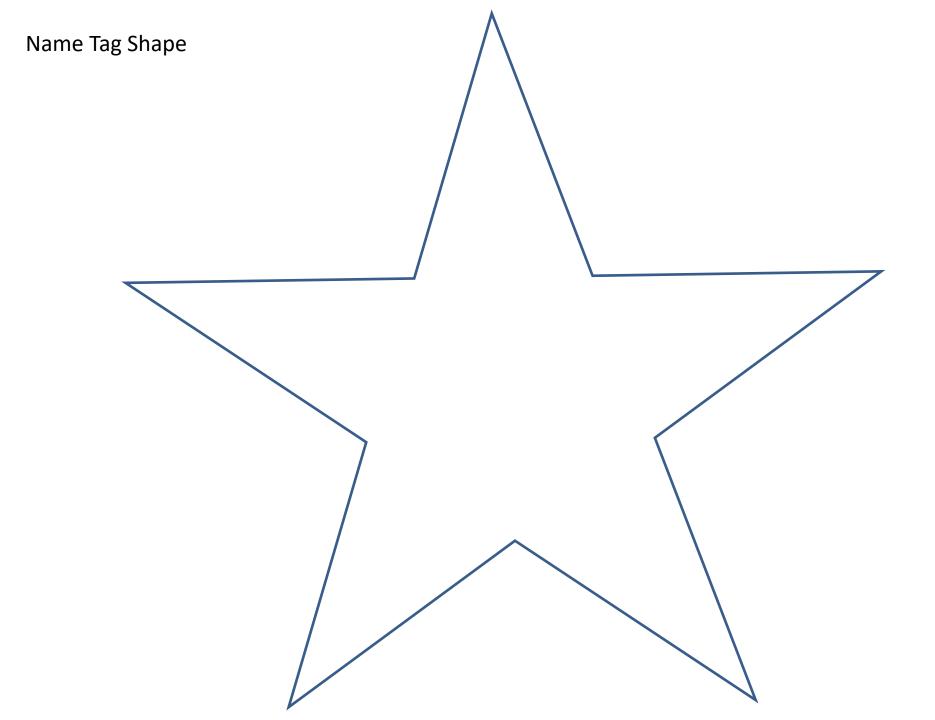
Put your name tag in the basket.
Put your name tag in the basket.
Put your name tag in the basket right
away.

(Children): "RIGHT AWAY!"

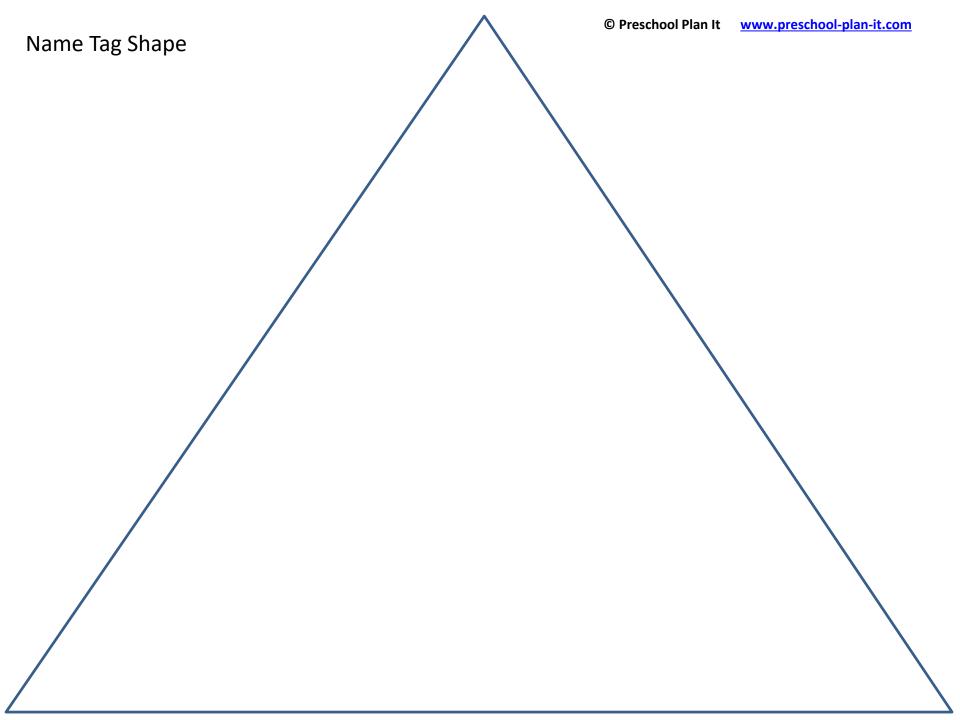


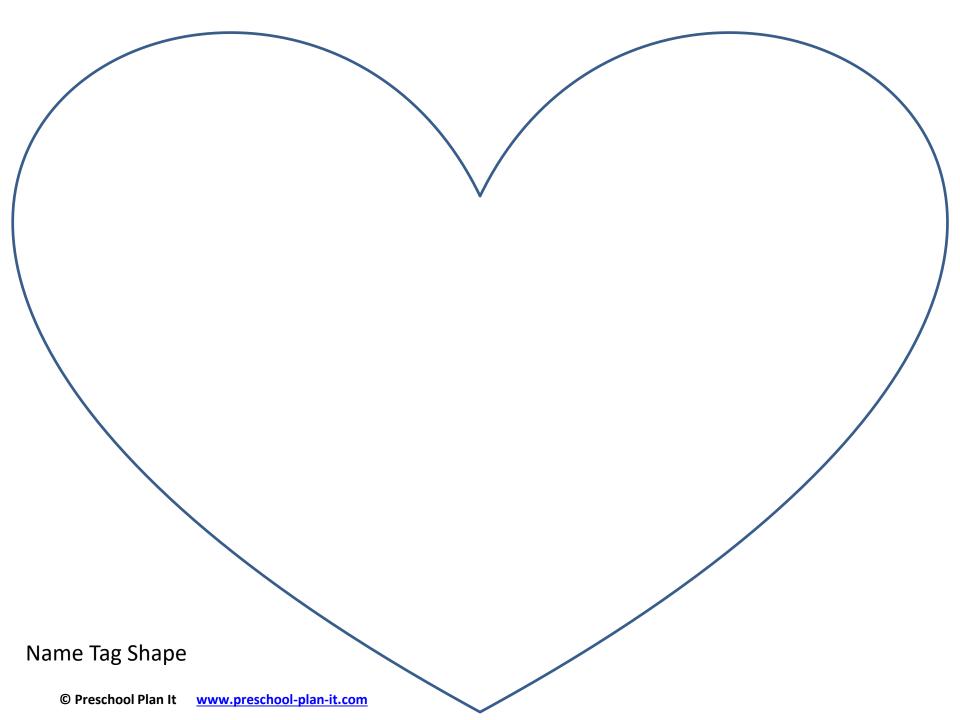


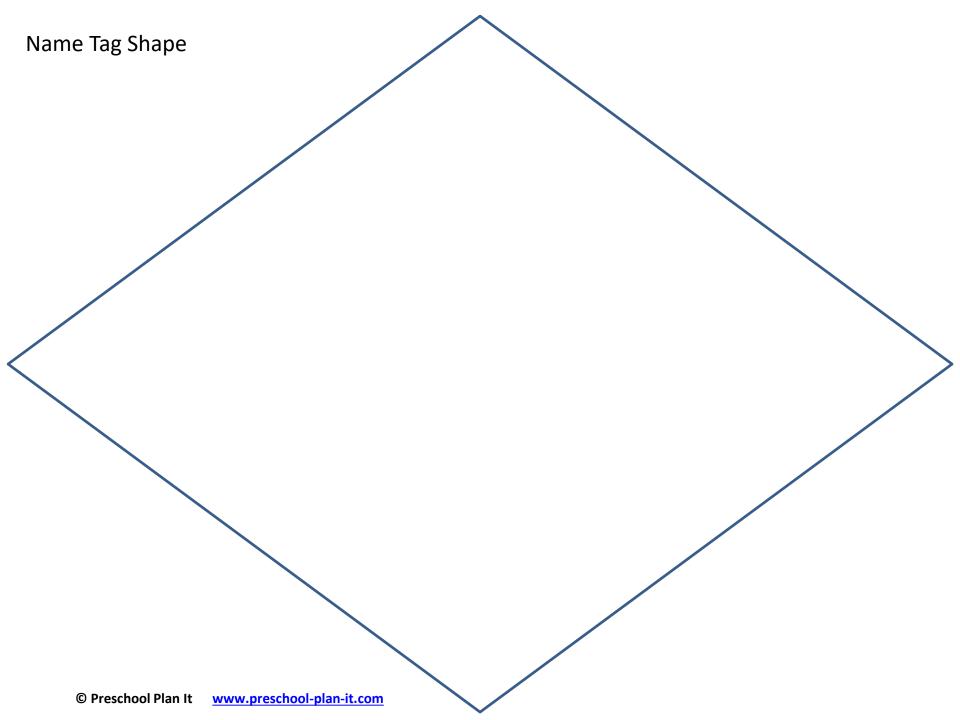




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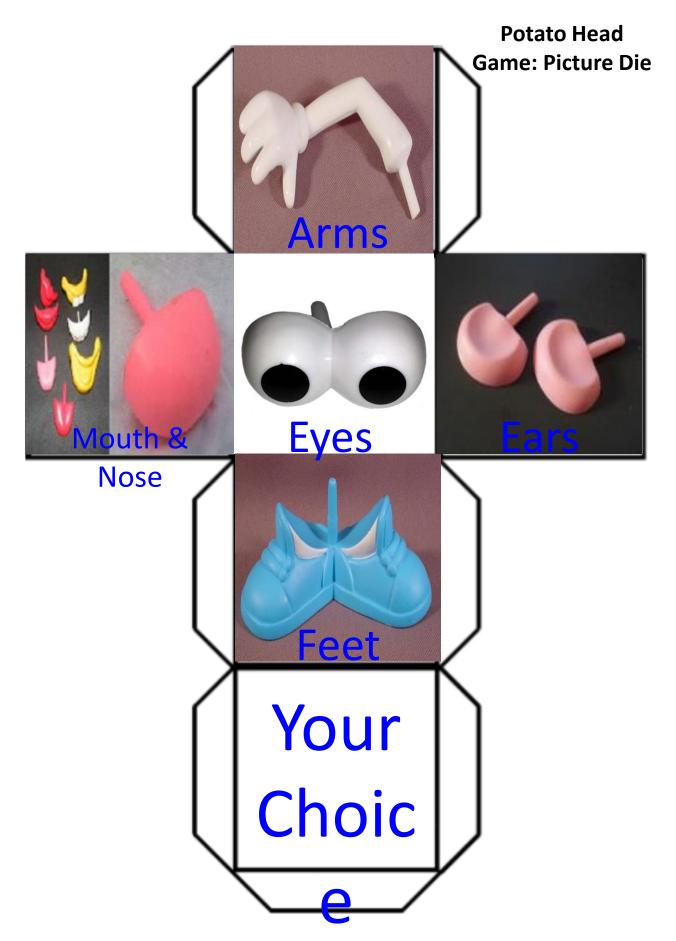


#### **Potato Head Games**

Potato Heads are still so popular and fun for preschoolers! Use their love of them to teach not only All About Me (eyes, ears, nose, etc.) but also taking turns, number sense, counting and color recognition!

On the following pages you will find 4 different options for playing.

- 1. Potato Head Picture Die: Print out this picture die onto sturdy tag board. Fold into a cube. Glue the tabs in place. I also use clear, packing tape to cover the entire cube. The children then take turns rolling the die. They put on the piece of the potato head that lands up right!
- 2. Potato Head Number Die Chart: Print out and laminate this chart. Using dice with numbers, the children roll one die and put the piece on the potato head that corresponds with the number they rolled.
- 3. Potato Head Traditional Die Chart: Print out and laminate this chart. Using traditional dice with dots, the children roll one die and put the piece on the potato head that corresponds with the number of dots they rolled.
- 4. Potato Head Colored Die Chart: Print out and laminate this chart. Using colored dice, the children roll one die and put the piece on the potato head that corresponds with the color they rolled.



# 4rms Nose **Eyes** Your Choice

Potato Head Game:

Use with numbered dice

# Nose **Eyes** Your Choice

### Potato Head Game:

Use with traditional dice

# Nose **Eyes** Your Choice

### Potato Head Game:

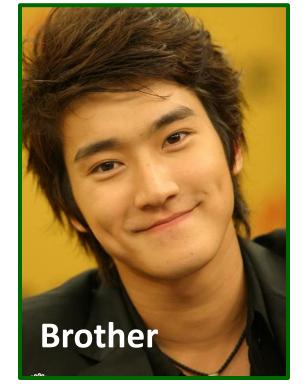
Use with colored dice

Who Is Missing? Game Cards









#### Who Is Missing? Game Cards









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## Head, Shoulders, Knees & Toes

Head, shoulders, knees & toes!

Knees and toes!

Head, shoulders, knees & toes!

Knees and toes!

Eyes, and Ears and Mouth and Nose

Head, shoulders, knees & toes!

Knees and toes!

Hair, elbows, tummy and hips

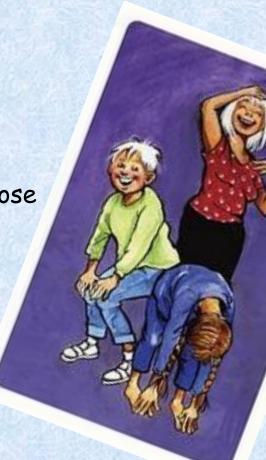
Tummy & hips!

Hair, elbows, tummy and hips!

Tummy & hips!

Chin and cheeks and teeth and lips!

Hair, elbows, tummy and hips



#### If You're Happy and You Know It!

If you're happy and you know it, clap your hands!

If you're happy and you know it, clap your hands!

If you're happy and your know it



Then your face will surely show it!

If you're happy and you know it clap your hands!

If your sad and you know it, say "Boo Hoo"....

If you're sleepy and you know it, stretch and yawn....

If you're angry and you know it, stomp your foot...

If you're excited and you know, shout "YAHOO!"...

What else can you think of? How do you feel?

Enjoy your theme - and so much more! Because as much as your preschoolers will enjoy these activities, you're going to LOVE how much planning time you're saving by using it!

This week, you get to skip the last-minute, Sunday Night, or during naptime planning fiasco. The time-consuming planning is done for you. Just print, gather supplies, and go!

Do you want to skip the headache **every week** - and save even more time? You're going to want to check out the Preschool Cubby program - it'll save you an average of 6-8 hours of planning time each month!! You'll get:

- --Your choice of 4 preschool themes each month from an ever-growing list of themes and topics
- --EDITABLE daily and weekly planning forms so you can change or individualize activities to meet your kids' needs
- --Developmentally appropriate, education-focused, and fun activities for 3-4/5 year-olds
- --All activities are aligned to meet preschool learning objectives and written out so you don't have to use your valuable time dotting all those i's and crossing t's!
- --BONUS: get immediate access to dozens of hours of Professional Development Training - with topics to learn new ideas to teach Preschool Math, Science, Dramatic Play, Blocks, Loose Parts, and More!--Don't forget to download your certificate of attendance for your records after each training!

Ready to take back your weekends and get your planning done for you? **Check out Preschool Cubby today!** 

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