

# **Colour Energy Chakra Blends**



## **COLOUR ENERGY CHAKRA BLENDS**

Colour Energy (CE) Chakra Blends are a wonderful concept because they allow the user to experience more of a "totality" than just using one oil. A synergy blend's purpose is to take like-minded oils and put them together to increase or intensify a desired effect. CE further amplifies the power of each blend by only using oils of the same colour frequency. Colour Energy is the world leader offering colour-coded products that relate to the chakras.

Choose what you feel you need, want or are drawn to! Each CE blend puts the power where it belongs!

Each Chakra Blend is premixed with an organic Jojoba base oil... no muss, no fuss. This means you can apply these blends directly on your body without having to worry about mixing the correct combinations of essential oils with a carrier base. Colour Energy's unique blends have been created by our team of aromatherapy and colour experts!

Use them directly on your chakras, where you feel they are needed or on the correlating reflex zones (ask your local CE expert how to use our oils for a specific chakra treatment). Since all CE's oils are pure oils these specialty blends make wonderful natural body perfumes. Try a different scent each day of the week. CE's Chakra Blends are available in .35oz/10ml bottles or .035oz/1ml vials.

## **CE'S STIMULATING BLENDS:** RED ROOT CHAKRA

Ylang Ylang, Vetivert & Cinnamon

An empowering and invigorating aroma for overall stimulation and motivation, especially when you are mentally, emotionally, physically or spiritually exhausted. Created to energize your vital forces by increasing your chi. Also supports and helps build confidence by firmly grounding you. In the morning place a few drops on the soles of your feet, lower back region and/or on your base chakra to keep you centred and rooted.

### ORANGE SPLEEN **CHAKRA**

Orange, Lemon Grass & Neroli An uplifting fragrance for cheering up your day. This is the energy that evokes happiness, enthusiasm and self-assurance. Excellent to

help dispel depression, grief, sadness and anxiety. As well, this blend facilitates deep breathing, alleviating allergies. Use to kickstart your day with a positive outlook! Place a few drops on your wrist, in a diffuser, on a tissue or pomander and place on your desk or in your car.

## YELLOW SOLAR PLEXUS CHAKRA

Grapefruit & Rosemary

A refreshing combination of oils to help increase your mind power, keep you alert and exhilarate your being. This synergistic blend will help to motivate your thoughts into fruition. A few drops on your Solar Plexus chakra will assist your digestive system as well as your mental abilities. Add to CE's liquid deodorant or apply directly to underarms for lymph support. As well, its stimulating aroma is excellent to enhance the benefits of CE's unscented and paraben-free shampoo, conditioner, shower gel and all natural moisturizing lotion.

## **CE'S CALMING BLENDS:** GREEN HEART CHAKRA

Eucalyptus, Cedarwood & Pine

A deep cleansing fusion of oils for balancing the heart chakra. This mixture was created to help stabilize the emotions. Connects you to compassion and self-love. Also excellent for relaxing the muscles – rub on any tense areas. This blend will also help to decongest the respiratory system. Combined with the Blue Blend it makes a powerful natural cold and flu fighter. Simply apply a generous amount to the throat and chest area.

#### **BLUE THROAT CHAKRA**

Geranium & Peppermint

A calming mixture for relaxing your thoughts and giving you the peace of mind that will help you to reach a higher understanding of your inner knowledge. Excellent to release daily stress and calm upset stomachs. Massage liberally on nape of neck and shoulders in times of stress or to rid tension headaches. Can also be used as an astringent on inflamed or infected areas.

#### INDIGO BROW CHAKRA

Patchouli, Myrrh & Frankincense

A meditative fragrance for deepening your spiritual connection. An incredible blend to revitalize your soul and increase your intuition. Place a drop of this blend on your brow chakra to awaken your Third Eye or use in an Indigo bath to take you to a deep state where you can rediscover forgotten or hidden information and programs. This potent antibacterial formula helps to rid the body of inflammation such as congested sinuses.

#### VIOLET CROWN CHAKRA

Lavender & Jasmine

A sedating yet refreshing combination of oils that opens you up to the heavens and inspires insights. Builds self-awareness, creativity and a strong spiritual connection. Use this divine fragrance as a body perfume especially when you wish to awaken your sensual side, as Jasmine is known as a powerful aphrodisiac. The floral combination supports deep emotions, enhancing tenderness and impassioned feelings. Add several drops to a spray bottle of water and use to enhance amour in the bedroom!

## **TURQUOISE THYMUS CHAKRA**

Thyme, Tea Tree & Clary Sage

The Turquoise blend supports immune deficiencies by cleansing your auric field, thus creating an optimum body, mind and spirit balance. This blend will also help reduce menstrual conditions such as PMS and cramps. Rub several drops on your thymus gland and wrists for immune system support. During hormonal shifts massage directly on your stomach region.

#### PINK UNIVERSAL LOVE

Palmarosa & Rose

To link to the cosmos, this incredible blend will uplift your energy mentally, emotionally and spiritually. Use in situations of anger, aggression, grief or shock. We call it mother's love in a bottle! This combination is beneficial to rejuvenate the skin and help keep your spirit young and alive. The romantic soft aroma is symbolic of universal love. Place a drop on each wrist, on your neck or on your heart chakra.

#### RAINBOW POWER

Orange, Lemon Lime, Champa, Vanilla, Mvrrh & Jasmine

This all encompassing rainbow recipe includes seven colour charged essential oils - one for each chakra centre. Each oil brings a synergy to the whole that can help one to reach a state of enlightenment. Use daily to create a feeling of unity and balance. Simply apply the blend where you feel it is needed at that moment. For a complete chakra balancing treatment apply several drops on each chakra zone, and massage in gently.

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