## THE 100 YEAR DOW JONES CHART

Where do you think we're headed?
History shows that the market typically moves in cycles. In the past 100 years, there have been three bull markets (shown in green) and three bear markets (shown in red). The chart shows that we may have entered a bear market. Is it reasonable to expect this to continue, or to expect that the market will break from the historical trend and head higher in the near term?


Source data used to create the chart: www.dowjones.com 1/30/2006.
 which is no guarantee of future results. Contact your financial advisor to discuss this concept further. Rydex Distributors, Inc., is an affiliate of Rydex Investments

## THE 100 YEAR DOW JONES CHART

Over the last 100 years, the stock market has rewarded investors with long-term growth. But for most investors, a realistic time horizon is 10 to 20 years-not more than a century.
History shows that the equity market enters long periods of high returns, followed by lengthy periods of lower ones. These periods are called secular trends. There are two kinds of secular trends:

A secular bull market, or upwards trending market, occurs when each successive high point is higher than the previous one

| Start | End | Years | Months | Annualized Return | Cumulative Return | Annualized Std. Dev. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $10 / 1921$ | $8 / 1929$ | 8 | 94 | $22.59 \%$ | $431.11 \%$ | $15.1 \%$ |
| $1 / 1955$ | $1 / 1966$ | 11 | 131 | $7.95 \%$ | $140.54 \%$ | $10.7 \%$ |
| $11 / 1982$ | $8 / 2000$ | 18 | 212 | $13.95 \%$ | $1015.15 \%$ | $16.2 \%$ |

A secular bear market, or downward-trending market, occurs when a trend does not rise above the previous high.

| Start | End | Years | Months | Annualized Return | Cumulative Return | Annualized Std. Dev. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $1 / 1905$ | $10 / 1921$ | 16 | 198 | $0.28 \%$ | $4.51 \%$ | $19.11 \%$ |
| $9 / 1929$ | $12 / 1954$ | 25 | 300 | $0.23 \%$ | $6.32 \%$ | $23 \%$ |
| $2 / 1966$ | $10 / 1982$ | 17 | 199 | $0.09 \%$ | $1.62 \%$ | $13.7 \%$ |

Current market environment. Please discuss current market conditions and appropriate investments with your financial advisor

| Start | End | Years | Months | Annualized Return | Cumulative Return | Annualized Std. Dev. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $9 / 2000$ | $12 / 2005$ | 5 | 64 | $-0.85 \%$ | $-4.44 \%$ | $15.15 \%$ |

Having a thorough understanding of these trends and the current market environment may help you better prepare for upcoming financial goals. Contact your financial advisor to discuss this concept further.
Data source: Ibbotson Associates and Bloomberg. Calculated by Rydex Distributors, Inc. using information and data presented in Ibbotson Investment Analysis Software, ©2006 Ibbotson Associates, Inc. All rights reserved. Used with permission.
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## Some strategies to consider during various secular cycles include:

## Secular Bull Market

- Relative Returns ${ }^{1}$
- Wealth Accumulation
- Correlating Assets ${ }^{2}$
- Buy and Hold


## Secular Bear Market

- Real Returns ${ }^{1}$
- Wealth Preservation
- Non-Correlating Assets²
- Dynamic/Alternative Approach ${ }^{3}$
${ }^{1}$ Real returns are what you actually make. Hypothetically, if your portfolio returned 12\% last year thetically, if your portfolio returned $12 \%$ last year, are returns compared to a benchmark. For example, if an index made $28 \%$ last year compared ample, if an index made $28 \%$ last year, compared o your portfolio which mad 500. 500.
${ }^{2}$ Correlating assets mean that there is a relationship to one another. An asset class that has a high correlation, or beta, is potentially more sensitive to market movements; one with a low correlation s potentially less sensitive to market movements Negatively correlated assets should move in the opposite direction of positively correlated ones.
${ }^{3}$ A dynamic/alternative approach is one that incorporates specialized investments in conjunction with a core strategy to potentially take advantage of changing market conditions. Specialized investment strategies may help you achieve greater diversification, lower volatility and potentially better returns. There are various risks associated with these types of investments, so you should educate yourself thoroughly with the help of your advisor to gain a better understanding.


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