Self-Concept Investigation Assignment | SPCH 121

Name: Due Date: Year:

Purpose: The purpose of this assignment is to provide you with an understanding of your self-concept, perception and the overall affect on communication. To understand the importance of the self-concept and perception, you will complete the following:

- Identify your self-concept and analyze how your self-concept developed over time.
- Determine how your family, friends, significant others and coworkers perceive you.
- Provide examples of how your self-concept impacts how you communicate in familial, intimate and work-related interpersonal relationships.

Assignment Requirements	Points	Completed?
Complete a Reflection on your Self-Concept. Print and attach your results.		☐
Develop a Word Cloud of all of the words that you use to describe yourself.		☐
Develop a Word Cloud of all of the words that others use to describe you.	10	☐
Create a Collage using the Word Clouds and other items that reflect who you are.		☐
Write a 4-5 page paper (double-spaced, 12 font, 1"margins, stapled, name, date and section).	20	☐

Self-Concept Reflection – What makes you who you are?

Complete the following to determine your self-concept:

1. First, think about all the words you use to describe who you are (e.g. sister, student, hard worker, etc.).
2. Second, complete at least one personality test and at least one learning style assessment:
   - Keirsey Personality Test
   - Jung Typology (Personality) Test
   - Learning Style Quiz
   - Index of Learning Styles Assessment

Self-Concept Word Cloud

1. First, think about what you learned from the personality test and the learning assessment. Write down the words that describe your personality and learning style.
2. Second, write down words that you use to describe who you think you are (e.g. smart, funny, sister, aunt, student, quiet, easily intimidated, shy, tomboy, high maintenance, aggressive, persistent, etc.).
3. Develop a Word Cloud using all of the terms that you feel best describe your self-concept. Use the websites below to develop your Word Cloud:
   - Wordle
   - Tagxedo

How People Perceive Me Word Cloud

Complete the following to determine how other people perceive you:

1. First, interview your family, friends, significant other and coworkers to gather information on how others perceive you. Write down all of the words they use to describe you. (Don't argue or influence them!).
2. Second, develop a Word Cloud using ALL of the terms that others used to describe you. Use the websites below to develop your Word Cloud:
   - Wordle
   - Tagxedo

Reflection Them versus Me

Look at the similarities and differences between how you perceive yourself and how others perceive you.

Similarities	Differences

Self-Concept Paper

Grade	Criteria
A	90-100% of the Basic and Writing Task Requirements have been met.
B	80-89% of the Basic and Writing Task Requirements have been met.
C	70-79% of the Basic and Writing Task Requirements have been met.
D	60-69% of the Basic and Writing Task Requirements have been met.
F	0-59% of the Basic and Writing Task Requirements have been met.

Basic Requirements	Met	Needs Improvement
4-5 Page Paper, Typed, Double-Spaced, 12 Font, 1"Margins, Stapled, Name, Date & Section#).	☐	☐
Grammatically Correct and Few Spelling Errors	☐	☐
Paper Addresses All Parts of the Writing Task Requirements	☐	☐

Writing Task Requirements	Met	Needs Improvement
Describe your self-concept (You must include a *minimum* of 15 words).	☐	☐
Explain what social comparisons are and how social comparisons shaped who you are and how you feel about yourself. Provide at least three specific examples using at least three of concepts below.	☐	☐
Explain how you learned about your self-concept through experiences and how those experiences shaped who you are and how you feel about yourself. Provide at least three specific examples using at least three of concepts below.	☐	☐
Explain how reflected appraisals and the people in your life shaped who you are and how you feel about yourself. Provide at least three specific examples using at least three of concepts below.	☐	☐
Explain how your self-concept and self-esteem affect your interpersonal relationships and communication with your family, friends and coworkers. Choose one specific relationship for each type of interpersonal relationship. Provide three specific examples for each type of interpersonal relationship. Use *at least 10* of the concepts below in your explanation.	☐	☐
Explain how this investigation assignment has: • Changed the way communicate with others and; • Changed your perception. Provide at least three examples.	☐	☐

Address the Following Concepts in your Self-Concept Investigation Paper:

Be sure to use at least 10 of the following concepts in your explanations:

- Culture – High/Low Context
- Culture -Individualistic/ Collectivistic
- High/Low Power Distance
- Uncertainty Avoidance
- Achievement/Nurturing
- Values
- Norms
- Codes
- Expectations
- Rituals
- Family
- Family Rules
- Family Stories
- Birth Order
- Socioeconomic Background
- In-Groups/Out-Groups
- Identity
- Identity Management
- Naming/Nicknames
- Roles (child, student, worker, caregiver, provider, etc.).
- Role Negotiation
- Face
- Facework
- Masks
- Commitment
- Investment
- Boundary Work
- Gendered Identities
- Gender Stereotypes
- Front and Backstage Performances
- Self-Disclosure
- Content Level and Relational Level of Meaning