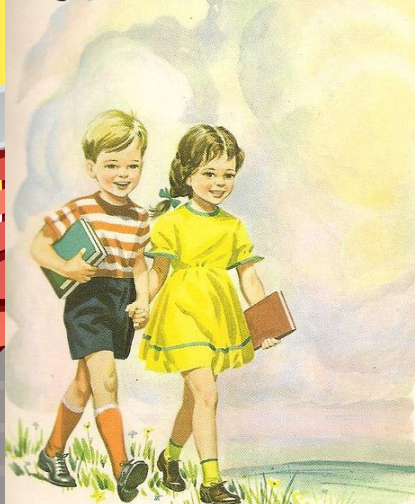


OFF TO SCHOOL



August Fun Facts:

- Birthstones: Peridot and Sardonyx
- Zodiac: Leo July 23-Aug 22; Virgo (Aug 23- Sept 22)
- Birth Flowers: Gladiolus and Poppy
- The month of August was named after Julius Caesar's grandnephew "Augustus"; August used to be the sixth month on the calendar, until January and February were added to the calendar, making August the eighth month.

- Famous August Birthdays: Tony Bennett (8/3); Lucille Ball (8/6); Alfred Hitchcock (8/13); Steve Martin (8/14); Madonna (8/16); Kenny Rogers (8/21); Regis Philbin (8/25); Mother Theresa (8/27)

Crown Point

HAPPENINGS

AUGUST

August 2019

August is Clean Air Month!

Here are some tips we can all use to keep our air at its best.

- Choose a cleaner commute – car pool, use public transportation, bike or walk if possible.
- Combine errands to reduce "cold starts" of your car and avoid extended idling
- Keep your tires properly inflated.
- Keep car, boat and other engines properly tuned; avoid engines that smoke.
- Follow gasoline refueling instructions for efficient vapor recovery. Always tighten your gas cap securely.

-Some home and office products are made with smog-forming chemicals that can evaporate into the air when you use them. Follow manufacturers' recommendations for use and properly seal cleaners, paints, and other chemicals to prevent evaporation into the air.

- Conserve electricity. Set your thermostat a little higher in the summer and lower in the winter.
- Consider using gas logs instead of wood. If you use a wood-burning stove or fireplace insert, make sure it meets EPA design specifications. Burn only dry, seasoned wood.

*"Keep your face to the sun and you will never see the shadows."
~Helen Keller~*

Summer fun in the fresh air!

We love spending time in our beautiful courtyards!



Residents and BFM's had fun at our Railcats Baseball Game Outing!



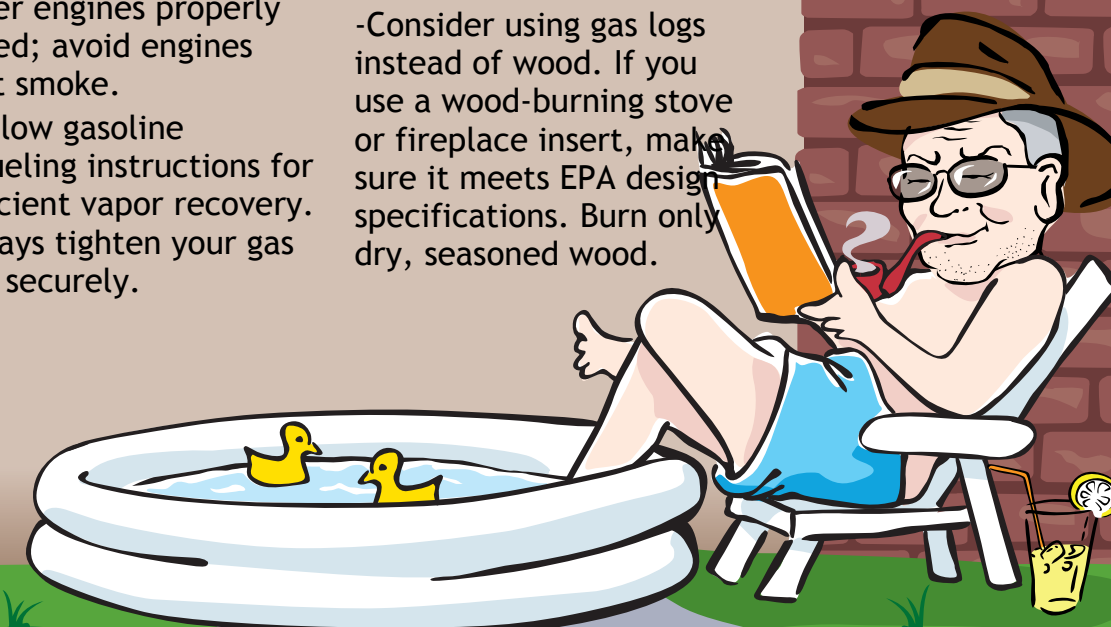
Take a stroll through the courtyard and check out our herb and veggie gardens!



A birthday celebration to remember- A long-time resident of Bickford turned 106 Years Young!



Bickford
assisted living & memory care





August

Resident Birthdays:
 2- Bill O.
 9- Anthony S.
 10- Ruthe T.
 27- Carol B.
 31- Sophie K.

Activities are subject to change.

Please sign up for outing in advance.

Salon stylists are here Thursdays and Fridays

10:30a Balloon Volleyball
 2p Bingo
 3p Puzzles On Your Own
 4p Card Club!
 Game Basket Available ⁴

10:15a Devotion & Daily Chronicles
 10:30a Exercise
 11a Trivia Time
 2p Pyramid Dice Game
 3p Fresh Popped Popcorn ⁵

10:15a Chair Fitness Video
 10:15a Shopping at Dollar Tree and Walgreens
 2:30p Resident Council
 3p Dreamsicle Floats ⁶

10a Bible Study
 11a Men's Club
 2p Bingo w/David
 3p Food Committee
 4p Rosary
 6p Movie Night ⁷

County Fair Theme Day- Jean Day!
 10a Mary B's Ride
 10a Devotions & Chronicles w/Shiela
 10:15a Sing w/Shiela
 2p Fair Games in Bistro!
 3p Communion ⁸

10:15a Daily Chronicles
 10:30a Exercise
 1:30p Patio Chat
 2:30p Happy Hour
 6p Movie and Popcorn ²

9:30a Worship Service - Bistro
 10:30a Travel Video on Big Screen
 2p BFM's Lead Noodle Exercise
 2:30p Lemonade on the Patio ³

10:30a Balloon Volleyball
 2p Bingo
 3p Word Search On Your Own
 4p Card Club!
 Game Basket Available ¹¹

10:15a Devotion & Daily Chronicles
 10:30a Exercise
 11a Commonymns
 2p Baking Club
 3p Iced Tea in the Courtyard ¹²

10:15a Daily Chronicles
 10:30a Noodle Exercise
 12:30p Phil's Friends Service Outing
 2:30p Resident Birthday Party w/ Dr. Johnny B!
 3:30 Patio Chat ¹³

10a Bible Study
 10a Dementia Support
 11a Men's Club
 2p Quarter Bingo w/David (Bring quarters to play!)
 4p Rosary in Cozy Corner
 6p Movie Night ¹⁴

9:30a Craft w/Donna
 10a Men's Club Outing
 10a Devotions & Chronicles w/Shiela in Mary B's
 10:15a Sing w/Shiela
 2p Make Your Own No-Bake Haystack
 3p Communion ¹⁵

10:15a Daily Chronicles
 10:30a Exercise
 1:30p Breath of Fresh Air
 2:30p Happy Hour
 6p Movie and Popcorn ¹⁶

9:30a Worship Service - Bistro
 10:30a Travel Video on Big Screen
 2p BFM's Lead Noodle Exercise
 2:30p Word Puzzles on Your Own ¹⁷

10:30a Balloon Volleyball w/BFM's
 2p Bingo
 3p Coloring Pages On Your Own
 4p Card Club!
 Game Basket Available ¹⁸

10:15a Devotion & Daily Chronicles
 10:30a Exercise
 11a Word Search
 2p Hot Potato!
 2:30p Guess the Chip Challenge ¹⁹

9:15a Outing to Shrine of Christ's Passion
 10:30a Chair Fitness Video
 2p Domino Club
 3p Popcorn Time! ²⁰

Hollywood Day-Dress for Glitz & Glamour!
 10a Bible Study
 2p Hollywood Movie Night Bingo!
 3p Red Carpet Cocktails!
 4p Rosary
 6p Classic Movie Night ²¹

10a Mary B's Ride
 10a Devotions & Chronicles w/Shiela
 10:15a Sing w/Shiela
 1:30p Men's Club w/David
 2p Bingo
 3p Communion ²²

10:15a Daily Chronicles
 10:30a Exercise
 1:30p Bible Study
 2:30p Happy Hour
 6p Movie and Popcorn ²³

9:30a Worship Service - Bistro
 10:30a Lawrence Welk Video on Big Screen
 2p BFM's Lead Noodle Exercise
 2:30p Back to School Puzzles ²⁴

10:30a Balloon Volleyball w/BFM's
 2p Bingo
 3p Crosswords On Your Own
 4p Card Club!
 Game Basket Available ²⁵

10:15a Devotion & Daily Chronicles
 10:30a Exercise
 11a Finish the Phrase
 2:30p Ice Cream Social
 3p Courtyard Chat ²⁶

10a Chair Fitness Video
 10:30 Work-a-Puzzle
 11a Picnic Lunch in the Park Outing
 2:30p Wheel of Fortune
 3p Breath of Fresh Air ²⁷

10a Bible Study
 11a Classic Car Show in Front Parking Lot!
 2p Brian Lee Butler Entertains as Elvis!
 4p Rosary in Cozy Corner
 6p Movie Night ²⁸

Mary B's Ride
 10a Devotions & Chronicles w/Shiela
 10:15a Sing Along w/Shiela
 1:30p Men's Club
 2p Bingo
 3p Communion ²⁹

10:15a Daily Chronicles
 10:30a Exercise
 1:30p Courtyard Chat
 2:30p Happy Hour
 6p Movie and Popcorn ³⁰

9:30a Worship Service - Bistro
 10:30a Travel Video on Big Screen
 2p BFM's Lead Noodle Exercise
 2:30p Coloring on Your Own ³¹