



Inside this issue:

## Greetings!

<i>Announcements</i>	2
<i>Youth Sports</i>	3
<i>Featured Events</i>	4
<i>Events</i>	5
<i>Camps</i>	6
<i>Fitness Programs</i>	7
<i>Tennis Programs</i>	7
<i>Soccer Programs</i>	8
<i>Swimming Programs</i>	9
<i>Registration Information</i>	12

Welcome to Spring and Summer at the Manchester Parks and Recreation Department. With Vermont's mild winter this year we are looking forward to a jump start on spring at the Dana Thompson Memorial Park.

The voters, during the Manchester Town Meeting on February 27, approved the construction of two multipurpose fields north of Applejack. The new athletic fields are Phase I of a larger Master Plan to responsibly develop the Dana L. Thompson Memorial Park into a first-rate recreation facility and adapt to the changing needs of the community. For more information on the field project please go to Manchester-vt.gov. The Manchester Parks and Recreation Department recognizes that many of our programs are successful because of the volunteers we have in the community. If you have program ideas or requests please contact us. We would like to thank all of the volunteers and supporters of MPR. You are vital in the success of our department and its programs.



Free public Wi-Fi throughout the Park!

Register for our programs online and pay on line: visit our Manchester Parks and Recreation Online Service Site at:  
<https://apm.activecommunities.com/manchestervtrecreation/home>.

Connect with us on Facebook



Proud member of the National Recreation and Parks Association and the Vermont Recreation and Parks Association

Sponsored By



**ANDY REED**  
Managing Broker  
802.353.5539  
andy.reed@sothebysrealty.com



Four Seasons

**Sotheby's**  
INTERNATIONAL REALTY

Local Knowledge, Global Brand

## Brochure Sponsorship

The Town now offers limited, prime sponsorship space for the front page and interior pages. For further information please contact Liz Ambuhl, Director of Parks and Recreation at: 362-1439 or [l.ambuhl@manchester-vt.gov](mailto:l.ambuhl@manchester-vt.gov).

## Tennis Courts

For a fee you can reserve a tennis court. For further information please contact Liz Ambuhl, Director of Parks and Recreation at: 362-1439 or [l.ambuhl@manchester-vt.gov](mailto:l.ambuhl@manchester-vt.gov).

## Activity Room Rental

The Activity Room at the Park House is available for rent for birthday parties, meetings, and other gatherings. For further information please contact Liz Ambuhl, Director of Parks and Recreation at: 362-1439 or [l.ambuhl@manchester-vt.gov](mailto:l.ambuhl@manchester-vt.gov).

## Pool Rental

Have your next party at the swimming pool. You can rent the swimming pool with or without the Activity Room at the Park House for parties, and other gatherings. For further information please contact Liz Ambuhl, Director of Parks and Recreation at: 362-1439 or [l.ambuhl@manchester-vt.gov](mailto:l.ambuhl@manchester-vt.gov).

## Applejack Field Sponsorship Board Program

Be part of the excitement! Manchester Parks and Recreation is seeking sponsors for Applejack Field. Your sponsorship will include a 4 x 16 or 4 x 8 foot Sponsorship Board on the field fencing. For additional information please contact Heather Beaudry at [h.beaudry@manchester-vt.gov](mailto:h.beaudry@manchester-vt.gov) or 802-362-1313 option 2.

## Manchester Parks & Recreation Vision Statement

“Creating community through people, parks, and programs.”

### Manchester Parks & Recreation Staff

Director: Liz Ambuhl  
[l.ambuhl@manchester-vt.gov](mailto:l.ambuhl@manchester-vt.gov)  
Assistant Director: Nikki Dexter  
[n.dexter@manchester-vt.gov](mailto:n.dexter@manchester-vt.gov)

### Manchester Selectboard

Ivan C. Beattie, Chair  
Wayne E. Bell, Vice-Chair  
Carol M. Lattuga  
Steven A. Nichols  
Greg Cutler

### Manchester Parks and Rec Advisory Committee

Linda Benway	Maryanne Morris
Barry Brown	Jon Larson
Joe Charbonneau	Greg Cutler
Tom Deck	Dave Miceli
Tim Heekin	Billy Brownlee
Thomas Judge	Les Jorgensen
Tom McCoy	
Betsy Memoe	

Residents may also contact the Town Manager John O'Keefe at 802.362.1313 option 2 or [j.okeefe@manchester-vt.gov](mailto:j.okeefe@manchester-vt.gov).

*Office Hours:* Monday-Friday 8:30:00 AM-4:30 PM, with extended hours during the summer months or call for an appointment.

*Mailing Address:* 6039 Main Street; Manchester Center, VT 05255

*Park House Address:* 340 Recreation Park Road; Manchester Center, VT

*Park and Pool Phone:* 802-362-1439

*Director Cell Phone:* 802-362-0200

*Asst. Director Cell Phone :* 802-362-0208

*Website:* [www.manchester-vt.gov](http://www.manchester-vt.gov)

*Thank you for your support of the Manchester Parks & Recreation.*

*We are looking for a few new volunteers. Please call the Park to see how you can get involved.*

*The Town thanks the Department of Public Works for their hard work and dedication maintaining our Parks.*

# MANCHESTER YOUTH SPORTS

The Town of Manchester is known for its many youth sports organizations. The Manchester Parks and Recreation Department thought it would be helpful to dedicate a page in our brochure to letting parents and players know about the Youth Sport Organizations that call the Dana Thompson Memorial Park their home. We have put together a small description and contact information for the organizations. We would also like to thank all the volunteers who administer and coach through the year.

## Fall

### Manchester Youth Soccer League

The Manchester Youth Soccer League (MYSL) is a fall soccer program for young kids in Manchester, Dorset, Rupert, Pawlet, and Danby Vermont. Grades K-3 participate in an in-house program while grades 4-6 play on travel teams in the John Werner Youth Soccer League (JWYSL). The MYSL is for all children regardless of ability. Kids get equal playing time and support from our coaching staff with an emphasis on the following:



- Learning the Game - Teaching kids soccer skills (dribbling, passing, shooting) and tactical skills (attacking and defending shape).
- Basic Values - Focusing on such things as making friends; supporting teammates; sportsmanship; respecting adults; and many other life lessons.
- Having a Blast - It's our bottom line and hopefully it's yours.

Since there are no league standings, winning takes on a new and better meaning; that is, becoming a better player - a better person - and creating fun filled memories.

Phone number (day) - [802-362-5544](tel:802-362-5544)

Physical address - 208 Bonnet Street, Manchester Center VT 05255

Mailing address - P.O. Box 2166, Manchester Center VT 05255

Email address - [myslvt@gmail.com](mailto:myslvt@gmail.com)

Website- <http://coachhouseman.typepad.com/mysl/main-page/>

### Equinox Football

EQUINOX VALLEY YOUTH FOOTBALL CLUB

PO Box 1357 Manchester Center, VT 05255

[www.equinoxfootball.com](http://www.equinoxfootball.com)

Offers youth football to teams including flag (1<sup>st</sup> and 2<sup>nd</sup> graders), junior tackle (3<sup>rd</sup> and 4<sup>th</sup> graders), senior tackle (5<sup>th</sup> and 6<sup>th</sup> graders), and modified tackle (7<sup>th</sup> and 8<sup>th</sup> graders). Organizes young ladies into cheerleading teams for the Junior, and Senior programs.



## ARE YOU INTERESTED IN RECEIVING UP TO DATE MANCHESTER PARKS AND RECREATION NEWS?

If you would like to receive emails with up to date events, programs, and news at the Manchester Parks and Recreation Department please email your email address to [l.ambuhl@manchester-vt.gov](mailto:l.ambuhl@manchester-vt.gov). We will be developing a list that will only be used for MPR Department programs, events and news.

## Spring

### Manchester Youth Baseball

The Manchester Youth Baseball League (MYB) offers a youth baseball program for children ages 5-14 of Manchester Vermont and it's surrounding communities. From April to June, MYB offers a free skills clinic for ages 5-6, and organized leagues for ages 7-8 (AAA), 9-10 (Minors), 11-12 (Majors). MYB also offers a skills clinic for ages 7-12 in March and a fall baseball program for ages 13-14 (U14). The MYB welcomes children of all skill levels and experience. To learn more please visit

<http://www.mybvt.org/site/> or email [manchesteryouth-baseball@gmail.com](mailto:manchesteryouth-baseball@gmail.com)



### Equinox Lacrosse

LACROSSE - the fastest game on two feet. Free registration for first time players.

Equinox Lacrosse Assn., established 1992

Boys and Girls grades 1-8, serving all Northshire schools and areas.

For additional information click on: [www.equinoxlacrosse.org](http://www.equinoxlacrosse.org)

Contact: Dave Sands, President. [sandsdt@gmail.com](mailto:sandsdt@gmail.com) 802-867-4079



# Events

CAMPS FITNESS TENNIS SOCCER SWIM

## Featured Events

### Manchester StreetFests

June 17 and July 15

Fridays, 6:00 PM-9:00 PM

*Celebrate with friends and neighbors at the Main Street festivals. On Friday, June 17 and again on July 15, plan on joining the party. Enjoy live music, great performances, delicious street fare, plus beer and wine from 6:00 P.M. - 9:00 P.M. Admission is free and we promise dancing in the street throughout the evening. The region's talented artisans will be displaying their work. Don't miss it!*

Be a vendor at one or both of the events or lend your support as a sponsor. For more information and application, contact Tricia Hayes via phone at 362-5333 or via email at [t.hayes@manchester-vt.gov](mailto:t.hayes@manchester-vt.gov). Get ready to party!

**Location:** Historic Main Street from Thai Basil to Mountain Goat

**Fee:** None



### Independence Day Celebration

July 2nd

July 3 Rain Date

Saturday All Day

The Town of Manchester is sponsoring and hosting the 2016 Independence Day Celebration at the Dana L. Thompson Memorial Park! Throughout the day the park will host live music, free swimming, pool games, and fireworks starting at 9:30pm.

11:00 AM-6:00 PM Free Swim at the Pool

5:15 PM-8:45 PM Live Music

9:30 PM Fireworks

*Note: Schedule is subject to change*

**Location:** Dana L. Thompson Memorial Park

**Fee:** None



### Adventure Parks Tickets

Plan a family trip to some nearby Amusement Parks in Lake George NY, Six Flags New England, or Bromley Sun Mountain Adventure Park and prepare for a full day of fun! Discounted tickets are available for purchase in the Town of Manchester Town Manager's Office at Town Hall and are good for any date during the 2016 season. Save time and money by buying your tickets through us and you will be supporting the Vermont Recreation and Parks Association.

Bromley Sun Mountain  
Adventure Park

VRPA Price - \$31

The Great Escape &  
Splashwater Kingdom

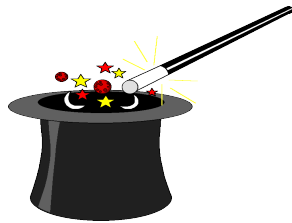
VRPA Price - \$39  
Daily Parking Pass - \$18

Six Flags New England

VRPA Price - \$39

# EVENTS

CAMPS FITNESS TENNIS SOCCER SWIM



## Easter Egg Hunt/ Tom Joyce Magic Show

*Saturday  
March 26*

*Egg Hunt 10:00 AM  
Magic Show 10:30 AM*

Come and enjoy a fun filled morning with the Parks and Recreation crew as you search for over 3,000 eggs filled with candy. Children ages 9 and under bring your parents and see how many eggs you can find during this year's Easter Egg Hunt. For more information please contact Parks and Rec at 362-1439 or parks@manchester-vt.gov.

**Location:** Dana L. Thompson Memorial Park

**Ages:** 2-8

**Fee:** None. Parents please have your child bring their own basket or bag.



## MAPLE LEAF HALF MARATHON, WALK FOR WISHES AND KOTLER 5K

September 10, 2016

The Make-A-Wish Vermont Maple Leaf Half Marathon traverses truly gorgeous Vermont landscapes. Your run will take you from the downtown community to picturesque village settings to country roads past farm lands and back to the finish. Adding to the beauty, Vermont will be in the early stages of fall foliage.

The Make-A-Wish Vermont Maple Leaf Half Marathon, Walk For Wishes and Kotler 5K will be run on Saturday, September 10, 2016, in beautiful Manchester, Vermont, a vibrant region with much to offer. Organization is excellent and the course is scenic and enjoyable. There is something for everyone in this rural Vermont tour. It's one of those "must do" New England races. Manchester, Vermont is a year-round sports, recreation, food and shopping destination in the heart of the Green Mountain National Forest.

For more information on the event and event registration visit [manchestervtmapleleaf.com](http://manchestervtmapleleaf.com)

## 6th Annual Novice Triathlon: A Great Family Friendly Event

*August 13 Saturday, 8:30 AM reg; 9:00 AM start*

The Manchester Parks and Recreation Department will be hosting the 5th Annual Novice Triathlon. The Triathlon includes a 200 yard swim, 5 mile Bike Ride ( Wendy's Way) and a two mile run.

**Location:** Dana Thompson Park

**Ages:** 8 and older

**Fees:** Pre-Registration \$20.00

Event Day Registration: \$ 25.00



## Green Mountain Passport

The Green Mountain Passport is a program for seniors and veterans with disabilities. To be eligible for the passport, person must be a resident of Vermont and 62 years of age or more, or totally disabled as a result of disease or injury suffered while serving in the Armed Forces or, a resident of the Vermont Veterans Home in Bennington. Use your passport for free admission to Vermont State Parks ( overnight camping and other park fees are excluded) , Vermont Historic Sites, and events which are fully State sponsored. To receive your Green Mountain passport, just fill out an application at your local Town Clerk's office and pay a \$2.00 application fee.



# CAMPS

EVENTS FITNESS TENNIS SOCCER SWIM

## 2016 Equinox Explorers Summer Camp

June 27-August 12



Monday-Friday  
9:00 AM-4:00 PM

The 2016 Equinox Explorers Camp will discover the best of what the region has to offer for summer activities. The camp will run Monday to Friday from 9:00 AM-4:00 PM for seven weeks starting on June 27 and ending on August 12. Early morning and afternoon supervision will be available for an additional charge. Campers will actively participate in programs that will introduce a variety of skills in hiking, sports, nature, arts and crafts, trail riding, swimming and more. Friday is field trip day! Parents will receive a schedule of activities before the beginning of camp in order to prepare campers.

Please note: Some days will require an additional fee to cover special activities. **MPR Camp Staff will escort your child (ren) to and from swim team practice during the MPR Summer Camp.**

**Location:** Dana L. Thompson Memorial Park Activity Rm.

**Ages:** 6-12

**Fee:** \$160.00 resident/weekly \$50.00/daily  
\$190.00 nonresident/weekly \$70.00/daily

AM and PM Supervision Available!

*Early Drop Off:* 8:00 AM-9:00 AM  
\$20.00/week or \$6.00/day

*Late Pick Up:* 4:00 PM-5:00 PM  
\$20.00/week or \$6.00/day

*Both:* 8:00 PM-9:00 AM and 4:00 PM-5:00 PM



## Manchester Farmers Market

The Manchester Farmers Market is a producer-only market located in Adams Park, right in the heart of Manchester Center, VT. Our vendors offer a great selection of local vegetables, fruits, breads, cheeses, meats, prepared foods, and crafts. We also have a kids activity tent called Art Farm, where kids can make free, food-inspired crafts.

This year the market runs from May 26th-Oct 6th. We're open every Thursday, rain or shine, from 3pm-6pm. We accept Credit, Debit, EBT, and Farm to Family coupons. There is ample parking; look for our parking lot signs, or park on the street next to the market. <http://manchesterfarmers.org/>

## Junior Golf Camp at the Golf Club at Equinox

Week 1: July 11-14 (M-Th)

8:30 AM-11:00AM

Week 2: Aug 1-4 (M-Th)

8:30 AM-11:00AM

The Parks and Recreation Department, in conjunction with the Equinox Golf Course is offering a junior golf camp for all levels of play. If your child is interested in learning the game or fine tuning their swing with some top level golf instruction this is a great opportunity for kids ages 8 to 16.

The camp teaches players all aspects of the game from basic fundamentals, rules, etiquette and daily on course play regardless of skill level. The campers are placed in small groups according to age and ability with an emphasis on having fun!

**Location:** Equinox Golf Course, Manchester Village

**Ages:** 8-16

**Fee:** \$150.00 per week or \$250.00 for both camp weeks

For more information and to register please contact Joan McDonald at 802-362-7870 or email [jmcdonald@troongolf.com](mailto:jmcdonald@troongolf.com)



## Manchester Country Club's Junior Sports Camp

July 11-14, 18-21, and August 8-11

Monday-Thursday, 8:30 AM-3:00 PM

The Manchester Parks and Recreation Department and the Manchester Country Club will be offering a Junior Sports Camp. The Junior Sports Camp is a comprehensive day camp with professional golf and tennis instruction. There will also be other fun sports and outdoor activities. We may even include swimming this year. Lunch, light snacks, and refreshments will be provided daily. All campers will also create their own custom tie-dye t-shirt.

**Location:** Manchester Country Club

**Ages:** 8-15

**Fee:** \$295.00/week

For more information please contact the Manchester Country Club at 802-362-1960; email: [lexsherwoodvt@gmail.com](mailto:lexsherwoodvt@gmail.com)

# FITNESS TENNIS

EVENTS CAMPS SOCCER SWIM

## Yoga For All Levels

**Current until June 9 Tues & Thus, 9:00 AM-10:00 AM**

Classes are designed for all levels of Yoga and includes meditation, breathing techniques, and postures on the mat. Classes are held on Tuesday and Thursday mornings from 9:00-10:00 am beginning on January 12th in the Activity Room at the Park House at the Dana Thompson Memorial Park. Class fees are \$10.00 or purchase a package of 6 classes for \$50.00. Mats are available and drop-ins are welcome.

Edna is a certified Yoga instructor. She has studied yoga, its practices and philosophies, since 1994. Prior to teaching yoga, Edna was the owner and operator of Edna's Garden in Peru, an organic grower of herbs and flowers.

**Location:** Dana L. Thompson Memorial Park Activity Rm.

**Ages:** Adult (18 and up)

**Fee:** \$10/ class

## Precision Walkers

**Year Round AM**

**Wednesdays, 10:00**

The Parks and Recreation is offering a 1-Mile Precision Walk Program where walkers take to the 1-Mile Loop around the Park to see who comes closest to their estimated time. The Precision Walk is based on estimated time, not speed, making it an enjoyable way to stay in shape or get in shape gradually. All ages welcome! Refreshments follow while the results are tallied.

**Location:** Dana L. Thompson Memorial Park

**Fee:** None (donations cover refreshments)

## Cliff Drysdale Summer Tennis Camp

**June 20-24, June 27- July 1**

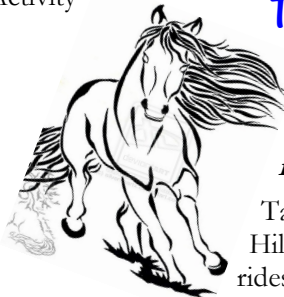
**Monday-Friday, 9:00 AM-12:00 PM**

Cliff Drysdale Tennis is once again, excited to bring their successful junior summer tennis camp to the Manchester Park and Recreation Department. The program will run Monday – Friday from 9am-12 noon and features instruction, match play and the world famous team tennis competition. For more information and to register please email [Stratton@cliffdrysdale.com](mailto:Stratton@cliffdrysdale.com)

**Location:** Dana L. Thompson Memorial Park

**Ages:** 5-10 years old

**Fee:** \$150.00/week/camper



## Trail Riding Through the Green Mountains

**May-Nov; Year Round - see below for further information**

Take a trip out West without leaving Vermont. Pond Hill Ranch in Castleton, Vermont offers one hour trail rides through rolling hills and the Green Mountains. After your ride join them for Saturday Night Rodeos starting at 8:00 pm from July 4th - Labor Day. If you are interested in learning to ride contact Pond Hill Stables to arrange for lessons or to tune up your skills in Western or English disciplines.

**Ages:** 8 and up

**Day:** Every Day from May-Nov for trail rides, year round for lessons

**Time:** 9:00 am - dusk for trail rides; Lessons please call

**Fee:** \$35.00/hour for trail rides; Lessons please call

**Pond Hill Ranch:** 802-468-2449

**Pond Hill Stables:** 802-468-5166

## Dog Park

The Manchester Dog Park was established in 2008 by a group of dedicated dog lovers and volunteers and is southwestern Vermont's only public space that offers dogs a chance to meet, romp and socialize off-leash in a safe, welcoming environment. MDP is centrally located within the Dana L. Thompson Recreation Park and is free and open to the public from dawn to dusk, year-round. It offers a ½ acre of securely fenced, open play area with three separate sections. Two of the sections are designed for training sessions or more timid, elderly or smaller dogs. All friendly, healthy and licensed dogs are welcome at the park, whether they hale from Manchester, neighboring towns, or are visitors to the Manchester area.

The MDP is a 501(c)3 organization and relies on your donations. We need your help to ensure this valuable community asset continues to thrive. Donations can be sent to MDP, PO Box 568, Manchester Center, VT 05255. For further information please check our website at [www.manchestervtdogpark.org](http://www.manchestervtdogpark.org) or email us at [lab110@juno.com](mailto:lab110@juno.com).

# SOCCER

EVENTS CAMPS FITNESS TENNIS SWIM

## Pre-School Community Soccer

**April 30**

**Saturdays, 9:30 AM-10:30 AM**

**May 7, 14, 21**

Thanks to enthusiastic parents, and our volunteer coaches, we are able to once again offer community-wide soccer for pre-school children. This program meets on Saturday mornings for one hour of soccer skills and fun games. For more information, please contact Nicole Dexter at the Manchester Parks and Recreation Department at 362-1439 or via email at [n.dexter@manchester-vt.gov](mailto:n.dexter@manchester-vt.gov). Please remember that parents must be there for their child during this event; no child should be left unsupervised. Registration will be capped at 100 participants. *Register early!*

**Location:** Dana L. Thompson Memorial Park

**Registration deadline:** April 8

**Ages:** 3-5

**Fee:** \$25.00/resident; \$35.00/nonresident (includes t-shirt and soccer ball)

## Sandlot Soccer/Swim

**July 6, 13, 20, 27**

**Wednesdays, 5:30 PM-7:00 PM**

**August 3, 10, 17, and 24**

Sponsored by GateHouse Financial Advisors, LLP, the Manchester Parks and Recreation will offer Sandlot Soccer/Swim on Wednesday nights from 5:30PM-7:00 PM for 8 weeks starting July 6th. Sandlot Soccer/Swim is pure pickup soccer - no drills, laps, lecturing coaches, or whistle-happy refs. The kids choose their own teams, ref their own games, make their own rules, and have their own fun. Everyone plays – everybody wins. After the game, participants are invited to cool off at the pool at no charge. Soccer time and swim time are roughly equal. But like everything else, that's up to the kids. Sandlot Soccer/Swim is divided into two groups by age. Group #1 is for grades 3 through 5 and Group #2 is for grades 6 through 8 (2015-2016 school year). In the spirit of sandlot play, there is flexibility on most issues including age, grade, attendance, coed teams (or not). As an example, younger/older siblings can play with permission from the onsite adult supervisor. Complimentary tee shirts will be provided while supplies last. For more information, contact Steve Houseman or David Gates of GateHouse Financial Advisors, LLP at 362-5544.

**Location:** Dana L. Thompson Memorial Park

**Ages:** based on grade level

Group #1 is for grades 3 through 5

Group #2 is for grades 6 through 8

**Fee:** None thanks to the

GateHouse Financial Advisors

## VT Voltage Pro Soccer Academy

**June 20-24 and August 15-19**

**Monday– Friday**

**9:00 am—Noon**

Vermont Voltage 2016 Pro Soccer Academy returns June 20 — 24th and August 15-19th. Each student will receive a soccer ball, and camp t-shirt. Camp focuses on fundamentals, sophisticated soccer techniques and sportsmanship. Improve your technique and meet some new friends.

**Register or form more information please contact Vermont Voltage via e-mail at [voltagecamps@gmail.com](mailto:voltagecamps@gmail.com); or call the Voltage Office at 802-527-1077.**

**Location:** Dana L. Thompson Memorial Park

**Ages:** 5-18. Camp will be divided by skill and age group.

**Fees:** \$115.00/person

## Challenger British Soccer Camps

**July 18 –22**

**various times**

British Soccer Camps provide young players with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. Each British Soccer Camp provides players of all ages and abilities the appropriate program and level of curriculum and a wonderful cultural and educational camp experience.

**Location:** Dana L. Thompson Memorial Park

**Times and Fees:**

First Kicks: Ages 3-4 9:00 AM-10:00 AM \$76.00

Mini Soccer: Ages 5-6 10:15 AM-11:45 AM \$97.00

Half –Day: Ages 7-11 9:00 AM-12:00 PM \$149.00

Half- Day: Ages 12-16 1:00 PM –400 PM \$149.00

Register online at [www.challengersports.com](http://www.challengersports.com).





## 2016 Swimming Pool Schedule

Dates of Operation: June 18 to August 21, 2016. (Weather dependent, subject to change)

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	<i>Sun</i>
7:00-11:00 AM	Swim Team	Swim Team		Swim Team	Swim Team		
9:00-10:45 AM			Family Swim				
11:00-12:30 PM	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim
12:30-5:00 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
5:00-6:00 PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons Make-Up	<b>OPEN SWIM IS EXTENDED UNTIL 6:00 PM FOR THE MONTH OF JULY</b>	
6:00-8:00 PM	Open Swim	Swim Meets (schedule TBD)	Open Swim/ Sandlot Soccer & Swim	Open Swim	Swim Team		

- Notes:*
- Pool schedule is subject to change due to weather, swim meets, water clarity, and water conditions.
  - Due to Swim Team meets, the pool will close at 4:00 PM on Swim Team Meet Days. See page 10 for more information about the Triton Swim Team
  - Call 362-1439 for up-to-date pool information. Children under the age of 12 must be accompanied by an adult (over the age of 18). Animals are not allowed in the pool area.

### FAMILY SWIM

The pool will be open on Wednesday mornings from 9-10:45 AM for family swim. This time slot was implemented to meet the morning swim needs of families with young children. **Adult Lap Swim is not permitted during Family Swim.**

### 2016 Season Pool Membership Rates

Adult <sup>1</sup>	\$60/Residents	\$100/Nonresidents
Youth <sup>2</sup>	\$40/Residents	\$70/Nonresidents
Senior <sup>3</sup>	\$40/Residents	\$100/Nonresidents
Swim Team*	\$25/Residents	\$40/Nonresidents
Family Cap**		

### 2016 Daily Pool Membership Rates

Adult <sup>1</sup>	\$6/Residents	\$10/Nonresidents
Youth <sup>2</sup>	\$4/Residents	\$7/Nonresidents
Senior <sup>3</sup>	\$4/Residents	\$10/Nonresidents

<sup>1</sup>: Age 18+

<sup>2</sup>: Age Under 18

<sup>3</sup>: Age 65+

*For resident status information please see page 11*

\*All Swim team participants will need to purchase a Swim Team Pool Membership or Youth Membership to swim on the team in addition to the \$175.00 swim team fee

\*\*Family Cap: No household headed by a Manchester Resident shall spend more than a total of \$200.00 for season pool passes for immediate family members during the pool season. Infants and toddlers three years old and younger may enter the pool without charge with the paid admission (season pass or day pass) of an adult (18 years of age or older).



### Group Swim Lessons

The Manchester Parks and Recreation Department offers swim lessons Monday through Thursday from 5:00-6:00 PM starting June 22. Each session runs for two weeks utilizing Fridays for any cancellations due to weather or programming. All lessons are under the direction of the Water Safety Instructor and are 25 minutes in length. As participants complete a level, they will receive a detailed outline of the skills with recommendations for future lessons. To enter a course, students must either have documentation from the previous level or be able to demonstrate course requirements.

**Fee: \$40.00 Residents, \$30.00 Residents Pool Members, \$55.00 Nonresidents, \$35.00 Nonresidents Pool Members**

### Private Swim Lessons

The Town of Manchester Parks and Recreation Department will be offering private swim lessons for youth and adults at the Dana L. Thompson Memorial Park swimming pool. Each lesson will focus on individual goals and last for 30 minutes.

**Fee: Residents-\$30.00/half hour, Non-residents-\$35.00/half hour**

#### **Pre-Level One: "Parent/Child Aquatics"**

Lessons focus primarily on becoming comfortable in the water. Water Safety Skills are introduced and the basics of swimming are covered. **Parents are to accompany their child in the pool during Pre-level one lessons.**

#### **Level One: "Water Exploration"**

Students learn basics of swimming: bobbing, floating in prone and supine positions, gliding in prone and supine positions, front crawl, basic safety rules, and jumping in.

#### **Level Two: "Primary Skills"**

Students should already be able to float on front and back and put head underwater. Students work on floating, gliding, flutter kick, front crawl, back crawl, turning over from front to back and back to front, retrieving object, and jumping into deep water.

#### **Level Three: "Stroke Readiness"**

Students should be able to swim front and back crawl. Students work on: gliding, front crawl, back crawl, elementary backstroke, retrieving object, treading water, jumping into deep water, and the basics of diving.

#### **Level Four: "Stroke Development"**

Students should already be able to swim front and back crawl 10 yards, elementary backstroke, and kneeling dive. Students work on deep water bobbing, rotary breathing, front crawl, back crawl, elementary backstroke, scissors kick, sidestroke, whip kick and breaststroke, intro to turning at wall, treading water with modified scissors, breaststroke, rotary kicks, and diving in stride and standing positions.

#### **Level Five: "Stroke Refinement"**

Students should already be able to swim front and back crawl 25 yards, elementary backstroke 10 yards, scissors kick, whip kick, treading water and diving. Students work on alternate breathing, stride jump, diving from board, long shallow dive, front and back crawl, elementary backstroke, sidestroke, breaststroke, dolphin kick and butterfly, open turn on front and back, feet first surface dive, and treading water. **Classes will be scheduled per students' request.**

#### **Level Six: "Skill Proficiency"**

Students should already be able to swim front and back crawl 50 yards, elementary backstroke 25 yards, sidestroke 10 yards, butterfly 25 yards, tread water for 3 minutes, and dive. Students work on all six strokes, front and back crawl flip turn, breaststroke turn, breaststroke speed turn and pullout, butterfly turn, sidestroke turn, pike and tuck surface dive, pike and duck dive from board, tread water for 5 minutes, and basic water rescue. **Classes to be scheduled per students' request.**

#### **Special Needs Swimming**

The Manchester Parks and Recreation Department will be offering swimming lessons to swimmers on an individual basis geared for children ages 5-16 who have emotional and/or physical disabilities. Lessons are offered twice per week for 25 minutes. Each session is two weeks in length or 4 lessons. To register please contact the Manchester Parks and Recreation Department at 802-362-1439.

**Dates & Times:** TBD based on swimmers requests

**Fee:** \$40/Residents

\$55/Nonresidents

\$30/Residents w/pool  
membership

\$35/Nonresidents w/pool  
membership

## Swim Lessons Schedule

Session One:  
June 20-July 1

<b>5:00 PM</b>	<b>5:30 PM</b>
Pre-Level 1	Level 2
Level 4	Level 3
Level 2	Level 1

Session Two:  
July 4-July 15

<b>5:00 PM</b>	<b>5:30 PM</b>
Pre-Level 1	Level 1
Level 1	Level 4
Level 3	Level 2

Session Three:  
July 18-July 29

<b>5:00 PM</b>	<b>5:30 PM</b>
Level 4	Level 3
Level 2	Level 1
Level 1	Pre-Level 1

Session Four:  
August 1-August 12

<b>10:00 AM</b>	<b>10:30 AM</b>
Level 2	Level 1
Pre-Level 1	Level 3

<b>5:00 PM</b>	<b>5:30 PM</b>
Level 1	Level 1
Level 3	Level 4
Pre-Level 1	Level 2

*Please note that if certain levels do not fill, we may offer more popular levels at that time. Please call the Manchester Parks and Recreation Department if you have any questions or need assistance with a swimming level.*

## American Red Cross Lifeguarding Class

Interested in a great summer job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you'll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. The Manchester Parks and Recreation Department will be offering an American Red Cross Lifeguarding course. Prerequisites: Must be at least 15 years old and pass certain swimming requirements. Call MPR at 802-362-1439 or email parks@manchester-vt.gov for up to date class information.

## Triton Swim Team

*June 20- August 7*

Do not miss the opportunity to join a dedicated group of swimmers for a summer of competition and camaraderie. Experience great team spirit, exercise and fun in a supportive environment.

### Practice Times:

Advanced Swimmers	Intermediate Swimmers	Beginner Swimmers
M, Th 7-9 AM	M, Th 9-10:30 AM	M, Th 9-10 AM
T, F 9-11 AM	T, F 7-8:30 AM	T, F 7-8 AM
W, F 6-8 PM	W, F 6-7:30 PM	W, F 6-7 PM

Note: Wednesday practices only on 6/22, and 6/29

**Pre-Requisite:** Ability to swim one length of the pool unassisted and the willingness to have fun!

**Ages:** 5-19 (Please note 5 year olds must have a parent or guardian present on deck during practices).

**Fee:** \$180.00 team fee per swimmer plus Swim Team Pool Membership (residents: \$25.00, nonresidents \$40.00) or Youth Pool Membership (residents: \$40.00, nonresidents \$70.00). Each additional swimmer from the same family receives a 10% discount on team fee only.

**Swim Team Meet Schedule:** The swim team has a complete meet schedule with home and away meets. The three home meets are TBD. Please note that on these dates the pool will close at 4:00 PM for meet preparation.

*Please note if your swimmer is in the Manchester Park and Recreation Day Camp our counselors will pick up and drop them off for swim*



## Family Pool Parties

*July - August (dates TBD)*  
*Tuesday evenings, 6:00 PM-8:00 PM*

The Manchester Parks and Recreation Department will be hosting 2 Family Pool Parties complete with pizza, drinks, games and music.

**Location:** Dana L. Thompson Memorial Park Pool

**Fees:** TBD

# 2016 Registration Information

## How to Register

### 1. Mail in (Check, Cash or Money Order)

Mail in registrations are accepted year-round. Simply fill out the registration form (available in this brochure or on line at [www.manchester-vt.gov](http://www.manchester-vt.gov)) and mail to:

Manchester Parks and Recreation  
Attn: Program Registration  
6039 Main Street  
Manchester Center VT 05255

Please make checks payable to the: **Town of Manchester.**

### 2. Walk-In

Registration hours are Monday-Friday 9:00 AM-4:00 PM, with extended hours during the summer months. You can register anytime online on our Active website. The Manchester Parks and Recreation office is located at 340 Recreation Park Road in the Park House across from Applejack field.

### 3. On Line

To register online, visit our Manchester Parks & Recreation Online Service site at <https://apm.activecommunities.com/manchestervtrecreation/home>. Access your existing account or create a new one and experience the convenience of online registration for activities, facility rentals and more. Most major credit cards are accepted.

## Resident Status

To receive resident rates when attending drop-in and/or daily admission activities or registering for a program, Manchester residents must produce a valid I.D. **The front desk will be verifying resident status.**

### Resident (defined)

- Lives in the Town of Manchester more than 6 months per year, or;
- Owns property (either commercial or residential) and pays property taxes to the Town of Manchester, or;
- Is a registered voter in the Town of Manchester, or;
- Owns a business in the Town of Manchester and can provide proof (tax license, for example)

### Immediate Family Member (defined)

For the purpose of this fee schedule, a family member shall mean a spouse, son, daughter, step-son, step-daughter, dependent for tax purposes, employee of the municipality, sewer or water department of the Town of Manchester or a ward of a legal guardian that is a resident of the Town of Manchester. Immediate family members of "residents" as defined above shall be considered residents.

### Proof of Residency

- Listed on Town of Manchester voter check-list
- Name appears on Town of Manchester Grand List
- Provides utility bill (electric, telephone, cable) with a physical address in Manchester
- Provides a valid State of Vermont drivers license with a physical Manchester address
- Current Manchester tax bill or water bill
- Current Town of Manchester employee I.D. badge
- Provide a signed and current copy of lease, valid for more than 6 months
- Another form of proof accepted by the Director of Parks/Rec

## Payment Methods

The Manchester Parks and Recreation will accept cash, personal checks drawn from a Vermont bank, and money orders for the payment of fees. Most major credit cards are accepted. There will be a \$25 service fee for all checks not honored for any reason by the bank.

## Fees

Full payment must be made at the time of registration. We are unable to confirm a registration until payment is received. Resident fees are for those who either live in or own a business in Manchester. See resident status below.

## Confirmation

A confirmation will be sent to the email account listed on your household account. Please be sure that your household account is accurate. When registering in person, you will receive a confirmation at that time.

## Wait List Procedure

Waiting lists are a source of contact and do not guarantee that you will receive a call back. You will receive a call back only if a space becomes available.

## Late Registration

Registrations will be accepted, on a space available basis, until the beginning of each program. Please note that late registrants will not receive the early bird discount. Registrations will generally not be accepted after a program has commenced.

## Refund Policy

The Manchester Parks and Recreation Department strives for excellence in everything that we do. In the event that a refund must be made, it will be done according to the following guideline:

- A full refund will be issued in the event that a class/program is cancelled by the Manchester Parks and Recreation. You may choose a household credit or check refund.
- In the event that you are unable to attend the class/program that you registered for, every attempt will be made to move you to a different section. If another section is not available, we will issue a full refund in the form of a household credit, minus a \$10.00 processing fee.
- All check refunds will follow the Town's bill paying schedule and be issued by Town check. This process may take several weeks. There will be no cash refunds.
- **Swim lesson refunds due to cancelation for inclement weather, or other unforeseen circumstances, will be made in the form of household credit if requested by the participant.**