



Valhalla Voice

March 18, 2019

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Calendar

Date	Time	Event/Location
March 12–April 12		Senior Banner Sales
March 18-21	6-8pm	Mandatory Cavaliers Practice at Hollifield ES
March 26	4-8pm	MTHMU Restaurant Night at Chipotle on Rte. 40
March ~ 27		Online Mulch Sales
March 27-29	During Lunch	Prom Ticket Sales \$85 @ Cafeteria
March ~ 31		Glory Days for After-Prom
March 18 - 29		Street Smarts Drivers Ed Sessions @ Hebron
March 30	9am-2pm	Becca's Closet @ Atholton High Cafeteria
April 3	6pm	MTHMU Boosters Meeting in the Band Room
April 3-4	During Lunch	Prom Ticket Sales \$85 @ Cafeteria
April 4		Last Day Online Sale Prom Tickets
April 6		PTACHC Scholarships Applications due
April 6		Mulch Orders Delivery Day
April 9	7-8pm	PTSA Meeting in the Media Center
April 12		Last Senior Banner Online Sale
April 15	4:30pm	MD PTA Scholarships Applications due to Maryland PTA, c/o Scholarship Committee or info@mdpta.org
April 23		Last day to turn in your PTSA Scholarship Application
April 27	8pm-12am	Prom @ The Hotel at Arundel Preserves
April 28	12am-3:30am	After-Prom @ YMCA in Ellicott City
April 8 – 29 No Classes on 4/15 – 4/22		Street Smarts Drivers Ed Sessions @ Hebron

May (TBD)		Senior Banners handed out to students @ Graduation Rehearsal
May 6 – 20 No Class on 5/17		Street Smarts Drivers Ed Sessions @ Hebron
June 24 – July 8 No Class on 7/4		Street Smarts Drivers Ed Sessions @ Hebron
July 15 - 26		Street Smarts Drivers Ed Sessions @ Hebron
August 7 - 20		Street Smarts Drivers Ed Sessions @ Hebron

Parent Teacher Student Association (PTSA)

Caroline Bodziak, President: mthebronptsa@gmail.com, www.mthebronptsa.com/

Twitter: @Mthebronptsa, Facebook MHHSPTSA

Meetings 2nd Tuesday of the month @ 7:00pm in the Media Center

Next Meeting: Tues., April 9, 2019

PTSA Meeting April 9 in the Media Center

7:00-8:00pm – PTSA meeting. Hear reports from the principal, SGA leaders, and parent groups, followed by the PTSA general meeting and cultural parent group breakout sessions.



PTSA Nominee Wins Teacher of the Year

Congratulations to Math Teacher Greg Murach for being chosen as Howard County Teacher of the Year 2019!! Mr. Murach was surprised with the announcement on March 7 with the beats of the drum line surrounded by his parents, students, and colleagues. HCPSS Superintendent Dr. Martirano was there to present the award and the PTSA presented him with a bound copy of the completed application. PTSA reps Caroline Bodziak and Eileen Nolan worked with Greg and Principal Dr. Miller to craft Mr. Murach's winning application. Next stop: Vying for Maryland Teacher of the Year!

Order Mulch Online Now

Online sales run until March 27 and delivery day is Saturday, April 6. New this year: You have a choice of brown or black mulch! Visit the Mulch Sale website

<https://mhsmulchsale.wixsite.com/mhsmulchsale> to order and to volunteer to help on delivery day.



Pickup Trucks & Drivers Needed

We especially need drivers with pick-up trucks or other delivery vehicles/trailers to help deliver April 6 – please email MHSMulchSale@gmail.com. 100% of mulch sales benefits After-Prom; please consider supporting this once-a-year special activity that benefits so many students!

Senior Banners on Sale Now

Demonstrate your pride in your graduate's achievement with a customized congratulatory message. After decorating school hallways and your graduation party, these 2' x 3' indoor/outdoor vinyl banners will make great keepsakes for your graduate. Banners will be hung in the school for several weeks before being sent home with your senior in time for the celebrations. Cost is \$35. Order online until April 12 through the PTSA website here:

<https://mthebronptsa.wixsite.com/seniorbanners>



Apply for One of Ten \$1,000 PTSA Scholarships

Attention MHHS Class of 2019 Families: The PTSA Scholarship application is now available on our website:

<https://www.mthebronptsa.com/forms>

This year our PTSA will be awarding TEN, \$1000 scholarships to Hebron Seniors to help with their future endeavors, be that attending an institution of higher learning, entering the workforce, joining the military, or starting their own business. Applications must be turned in by Tuesday, April 23 to the office of Student Services. The student AND one parent or guardian must be a member of the PTSA by March 31 in order to apply.

One More Chance for Tux Measurements at School

Skip the line at the menswear store! **Students can be measured, pick up and return tuxedos all at school.** M. Stein Tuxedos will be at Mt. Hebron during all lunch periods on Monday, March 18 to measure students for tuxedos. Even if students are unsure if they will attend Prom, please have them get measured anyway. M. Stein will keep their measurements on file for if/when they choose to order their tuxedo. **No payment is needed at the time of measurement.** Browse M. Stein's online catalogs and only pay when you find and order the tuxedo you want. Prices are comparable to other rental places but there's no extra trip or waiting in line to pick up and return – it all happens at school! Plus M. Stein gives back a portion of rental proceeds to the PTSA to benefit After-Prom. Get measured!

M. Stein & Company to provide Prom Tux Rentals

TUXEDO ~ TO ~ YOU
FREE Fitting at MHHS
FREE Delivery at MHHS
FREE Pick-Up at MHHS

20% Donated Back to Benefit the PTSA

Over 400 Styles to choose from with prices starting as low as \$95

M. Stein & Company
Woodbine, MD
301.703.9422
m.stein & tuxedos
www.msteintuxedos.com

March 5th & 18th
Prom Tux Fitting Day
M. Stein & Co will be at MHHS
March 5th & 18th
At lunch
in the Cafeteria
to measure for Prom Tuxes
Get measured even if you're unsure you will attend Prom.
Sizes held on file

After-Prom Info on PTSA Website

The PTSA website continues to be updated with the latest info on After-Prom 2019 – check it out! <https://www.mthebronptsa.com/> This year Prom is Saturday, April 27 at The Hotel at Arundel Preserves. After-Prom starts at midnight and goes until 3:30am Sun., April 28 at the Ellicott City YMCA. New this year: on-line ticket sales for both Prom and After-Prom! Ticket sales go live April 1, and the SignUp Genius goes live March 28. There will be tons of good food, entertainment, music, and prizes to keep the students safely out of house parties and off the roads. More info coming your way soon! Follow After-Prom on social



media:

Facebook: @MHHSafterprom2019

Twitter: @MHHSAfterProm2019

Instagram: mhhsafterprom2019

Mt. Hebron hosting Film Screening & Discussion on Anxiety April 10: "Angst"

Parents and guardians are invited to a free documentary screening and panel discussion around anxiety in youth. This 55-minute film features candid interviews with children and young adults who struggle, or have struggled, with anxiety — including Olympic swimmer Michael Phelps. This film explores the causes, symptoms and effects of anxiety and stress, and encourages youth and their families to seek help. Middle and high school students are invited to attend with a parent or guardian. Each film screening will be followed by a discussion with local experts. Register for this free event: <http://bit.ly/AngstReg>.

What does anxiety look like in children and teens? How can we as a community help?

FREE Film & Discussion

Angst

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Join us at one of these dates (film begins at 6:30 p.m.):

Howard High School - Tues, April 2 6:30-8:00 p.m. 1000 Columbia Ave. 410-337-2100	Glenelg High School - Tues, April 9 6:30-8:00 p.m. 1000 Columbia Ave. 410-337-2100
Hammond High School - Thurs, April 4 6:30-8:00 p.m. 1000 Columbia Ave. 410-337-2100	Mt. Hebron High School - Wed, April 10 6:30-8:00 p.m. 1000 Columbia Ave. 410-337-2100

RSVP Online Now: <http://bit.ly/AngstReg>

WORLD UNITY

Subscribe to the PTSA Website

Create a login then update your settings to get notifications of new postings to the PTSA website blog. For detailed instructions [click here](#).

Chinese American Parent and Student Association (CAPSA)

Now a PTSA Committee

Grace Wang, Chair: capsa.mhhs@gmail.com, www.capsamhhs.weebly.com

Korean American Student Parent Organization (KASPO)

Now a PTSA Committee

Il Minn, President: iminn1@gmail.com

Viking Backers

Viking Backers www.vikingbackers.org

Spring Sports concessions help needed, check out options and sign up at <https://tinyurl.com/HebronSpring19>.

Are you a parent interested in volunteering your time and talents to help serve our school, our students, and our community?

If so the Viking Backers are looking to fill several key positions that are expected to be open for the 2019-2020 school year. These include committee chair positions as well as leadership positions on the Executive Board. The Viking Backers mission is to raise and administer much needed funds for our sports teams, academic clubs, and student activities. We provide scholarship opportunities for future leaders and we partner with the administration to make improvements to the school facilities and grounds. This is all fueled by our volunteers, who commit their time and talents to make our school a better place. Please consider volunteering for

the coming school year. For more information please visit the Viking Backers website (www.vikingbackers.org) or contact the Backers President at president@vikingbackers.org.

Attention Seniors

The Viking Backers will be starting the process of awarding 5 \$1000 scholarships for Viking leaders. We encourage all Viking Seniors to consider applying.

Parents of African American Students (PAAS)

CJ Ridgely, Co-president, Cheryl Godsey, Co-president: mthebronpaas@gmail.com,
www.mthebronpaas.wixsite.com/paas

Indian American Student Parent Association (IASPA)

Gopi Suri, Chair: gopi_suri@yahoo.com, Visit Website: IASPA

Mount Hebron Marching Unit Boosters (MTHMU Boosters)

Please check out our Facebook page at <https://m.facebook.com/MTHMU/> for lots of photos and videos of all our performances this year! For MTHMU Families, we also try to post helpful reminders there!

MTHMU Restaurant Night at Chipotle, 9120 Balto. Natl. Pike 21042 – Tuesday, March 26th 4-8pm - this one is a “must do!”

Please present the flyer posted [HERE](#) when you visit Chipotle that day. It will also be posted on our Facebook page. This is an amazing, high-value fundraiser opportunity for MTHMU, so please help spread the word!

CAVALIERS NEWS

Cavaliers will continue to have practice from 6-8 (or 9) pm at Hollifield Elementary School. Please see the calendar section each week for exact dates and times.

Their next competition is at North Hagerstown High School on Saturday, 3/23.

The next Boosters meeting will be held on Wednesday, April 3, 2019 at 6:00pm in the Band Room. Please join us!

Community News

Free Prom Dress Event March 30

Are you in need of a Prom or homecoming dress? Atholton High School's Becca's Closet is partnering with the Zeta Phi Beta sorority to hold the 6th annual A Pretty and Polished Affair. At this event girls will have the opportunity to take home prom and homecoming dresses, jewelry, and shoes. They will also have the opportunity for makeup artists to show them what style of makeup might go best with their dress choice. This event will be held at Atholton High School from 9am to 2pm in the main cafeteria on March 30, 2019.

If you have any questions please contact Kathy Barrett jbifpapro@gmail.com or Krista Bopst Krista_Bopst@hcpss.org



Learn about Opioid Abuse and Addiction March 26

The U.S. Public Health Service will be giving a presentation on opioid abuse and addiction which has touched our community. Learn the power of addiction, dependence, as well as prevention.

Date: March 26, 2019

Time: 7:00 PM-8:00 PM

Location: Atholton HS Media Center; light refreshments will be served.

PRE-SUBMISSION COMMUNITY MEETING - MARCH 28th 6:30pm @ Marriott's Ridge High School

Concerning the Elm Street Development housing development planned at the corner of Rt 99 and Bethany Glen. The Meeting on March 28th will outline their plans for 112 Single Family Units that are currently Zoned/Approved for this Location. Elm Street Development will also continue to pursue the Active 55+ Senior Housing Townhomes/Villas Conditional Use Permit. That process has been stalled due to the Ellicott City Flood Moratorium that is in place until July 2019. Come to the meeting and learn more.

PTACHC Scholarships

The PTA Council of Howard County is offering 4 scholarships to seniors in Howard County:

- * \$1,000 - Teacher Education
- * \$1,000 - General Academics
- * \$500 - Community Service
- * \$500 - HCC or any 2-year Associates Program

Ask your school counselor for an application or download from the PTACHC website:

https://www.ptachc.org/?page_id=384. Applications are due April 6, 2019.

Maryland PTA Scholarships

The Maryland PTA Scholarship Committee offers scholarships in the amount of \$1,000 each to a high school senior who plans to pursue a career in education in Maryland schools. We seek your encouragement for qualified students to apply. There are no restrictions placed on the selection of the college or university.

Please ensure that all scholarship applicants fill out the enclosed application in its entirety and forward all required information, including requested signatures, to Maryland PTA, c/o Scholarship Committee, 5 Central Avenue, Glen Burnie, MD 21061 or electronically to info@mdpta.org by 4:30pm Monday, April 15, 2019.

Download an application here: <https://files.constantcontact.com/239b5a0b501/936c3875-d344-44ce-8135-41af1a90e142.pdf>

CAMP INCLUSION REGISTRATION OPEN

Camp Inclusion is a summer day camp in Howard County for any student (12-21) with or without a cognitive, social, or physical disability. At Camp Inclusion, campers participate in group games and sports including soccer, kickball, and handball. Campers also participate in arts & crafts activities such as tie-dye and painting, as well as developmentally appropriate board games, which are adapted for campers as needed. For more information please visit <http://www.campinclusion.org/>

REGISTRATION IS NOW OPEN FOR GALLAUDET SUMMER YOUTH CAMPS

The Gallaudet Summer Youth Camps are designed for middle and high school students up to the age of 19. The programs provide stimulating summer learning and experiential opportunities that blend excitement, education, and enjoyment in a bilingual environment rich in cultural diversity. Registration ends May 1st.

<https://www.gallaudet.edu/youth-programs/summer-youth-camps>

Please visit the **Community News and Programs page** on the HCPSS website for announcements of upcoming events and programs sponsored by non-profit organizations.

<http://www.hcpss.org/community-news-and-programs/>