THE THINGS THAT MAKE MEN CRY

DATE & TIME: 9:00 AM – 4:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Rancho Los Amigos

7601 E. Imperial Highway

Outpatient Building 1st fl., Rm 1088 (Auditorium)

Downey Ca, 90241

PARKING: Free parking on site: Participants can park in the parking structure directly

across from the training building.

African American men are crying on the inside for a variety of reasons, causing them to suffer from depression, anxiety, and other mental illnesses in silence. The inability for some men to express their feelings with ease has also contributed to poor interpersonal relationships with those they love and care about the most, their spouses/partners and children. This workshop is based on the book by Dr. Gloria Morrow, "The Things That Make Men Cry." Participants will be introduced to some of the factors that contribute to men's silent and sometimes open tears, based on in depth interviews with 13 primarily African American men between the ages of 18 and 86. Participants will be introduced to the cultural and emotional world of African American men, and learn strategies to assess, treat, educate and empower them in a culturally responsive manner.

TARGET AUDIENCE: Licensed DMH Clinicians

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1. Describe what constitutes manhood.
- 2. Identify mental health disparities that exist for African American males.
- 3. Discuss the major factors that contribute to African American male help seeking behaviors.
- 4. Identify the cultural world of the African American males they serve.
- 5. Identify some of the issues that impact African American men, and the variety of ways (both positive and negative) they are coping with these issues
- 6. Discuss the psychological impact of past trauma, divorce and separation from children, absent fathers, and societal issues (i.e., racism) on African American men.

CONDUCTED BY: Gloria Morrow, Ph.D

COORDINATED BY: Lucious Wilson, MA, MPA Training Coordinator

<u>ltwilson@dmh.lacounty.gov</u>

DEADLINE: When maximum capacity is reached

CONTINUING 6 CEU hours for BBS, BRN, CCAPP-EI

EDUCATION: 6 CE hours for psychologists

COST: NONE

LAC DMH LOS ANGELES COUNTY MENTAL HEALTH

County of Los Angeles Department of Mental Health

NON-DMH STAFF TRAINING APPLICATION FORM



Please Print or Type

Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator.

If this training is CGF funded, Jail MH staff may submit an application to attend this training and will be notified one week prior to the training date, if openings are available. Refer to the training bulletin for CGF designation.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Unless otherwise specified, walk-in registrations will not be admitted. Late arrivals will not be permitted.

Training Title: THE THINGS THAT MAKE MEN CRY					
Date(s) March 19, 2020		Training Coordinator			
County Employee Number					
(non-county employees supply the last four digits of the SSN)					
Name (Print clearly or type)					
Program, Service or Agency					
Job Title					
Address					
City			Zip Code		
Telephone	Email (Print clearly or type)				
License or Credential Number(s) (complete as many as applicable)					
CAADAC	LCSW	LPT	LV	LVN	
MD	MFT	Psychologist		RN	
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to:			
Print Supervisor Name		County of Los Angeles – Dept. of Mental Health PSB – Workforce Education & Training (WET) 695 S. Vermont Ave., 15 th Floor Los Angeles, CA 90005 Fax: (213) 252-8776 Phone (213) 251-6872			
Supervisor's Signature		Email: <u>ltwilson@dmh.lacounty.gov</u>			