

ALLERGEN INFORMATION

TERIYAKI MEALS	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
Chicken							✓	✓		
Beef							✓	✓		✓
Shrimp				✓			✓	✓		
Chicken & Shrimp				✓			✓	✓		
Beef & Shrimp				✓			✓	✓		✓

BENTO BOXES	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
Chicken		✓	✓	✓			✓	✓		✓
Beef		✓	✓	✓			✓	✓		✓
Shrimp		✓	✓	✓			✓	✓		✓

SUSHI COMBOS	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
Salmon and Maki		✓	✓	✓			✓	✓		
Vegetable Zen							✓	✓		✓
Cooked D'Lite		✓	✓	✓			✓	✓		✓
Sushi and Roll		✓	✓	✓			✓	✓		✓
Sushi, Sashimi and Roll		✓	✓	✓			✓	✓		✓

SIDES	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
Vegetable Spring Roll							✓	✓		
Chicken Egg Roll	✓	✓					✓	✓		✓
Dumplings		✓					✓	✓		✓
Shrimp Tempura				✓			✓	✓	✓	
Edamame								✓		
Miso Soup			✓					✓		
Seaweed Salad							✓	✓		✓
Garden Salad							✓	✓		✓

SUSHI ROLLS	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
California Roll		✓	✓	✓			✓	✓		✓
Chicken Teriyaki Roll			✓				✓	✓		✓
Shrimp Tempura Roll			✓	✓			✓	✓		✓
Tempura California Roll	✓	✓	✓	✓			✓	✓		
Salmon Avocado Roll			✓				✓	✓		✓
Spicy Tuna Roll		✓	✓				✓	✓	✓	✓
Green Dragon Roll	✓		✓	✓			✓	✓		
Volcano Roll		✓	✓	✓			✓	✓	✓	✓
Rock and Roll		✓	✓				✓	✓	✓	✓
Red Bull Roll		✓	✓	✓			✓	✓	✓	✓
Dancing Eel Roll		✓	✓	✓			✓	✓		
Philadelphia Roll	✓		✓				✓	✓		✓
Boston Roll				✓			✓	✓		✓
Vegetables Roll							✓	✓		✓
Tuna Roll			✓				✓	✓		
Salmon Roll			✓				✓	✓		
Rainbow Roll		✓	✓	✓			✓	✓		
Spider Roll			✓	✓			✓	✓		✓
Sarku Japan Roll		✓	✓	✓			✓	✓	✓	

SUSHI HAND ROLLS	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
Salmon Skin Hand Roll			✓				✓	✓		
Seafood Hand Roll		✓	✓	✓			✓	✓		
Spicy Tuna Hand Roll		✓	✓				✓	✓	✓	

D'LITE MEAL	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SULFITES	SESAME
Vegetables D'Lite							✓	✓		

- Some menu items may not be available at all Sarku Japan restaurants. Limited time offers, test products have not been included.
- The allergen information given shows the presence of specific allergens that are present in the ingredients of the menu items based on standard products information and ingredient declarations.
- Sarku Japan prepares our entrée fresh with shared cooking equipment and therefore allergens could be present in any entrée.
- If you have special dietary needs, experience food allergies or sensitivities or just need more details about our products, please call 1-888-612-7551.
- Our customer relations representative can answer your questions and help you to choose the Sarku foods that are good for you.