## December Celebrations Excerpt

Wiser Mow, ANC.

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#### Winter Solstice Trivia Quiz

The winter solstice is a precise moment in time when the earth's tilt on its axis is farthest away from the sun. In the northern hemisphere, that usually falls on December 21<sup>st</sup> and in the southern hemisphere usually on June 21<sup>st</sup>.



1. Although the winter solstice is intended to be celebrated at the time of least daylight, in reality, the earliest sunset occurs as much as two weeks earlier than the 21<sup>st</sup>, and the latest sunrise occurs after the solstice.

True \_\_\_\_ False \_



1. Although the winter solstice is intended to be celebrated at the time of least daylight, in reality, the earliest sunset occurs as much as two weeks earlier than the 21<sup>st</sup>, and the latest sunrise occurs after the solstice.

True X False \_

2. Virtually every culture throughout history has noted the winter solstice with some sort of ceremony, but the word "solstice" comes from Latin and means "The sun will rise again."

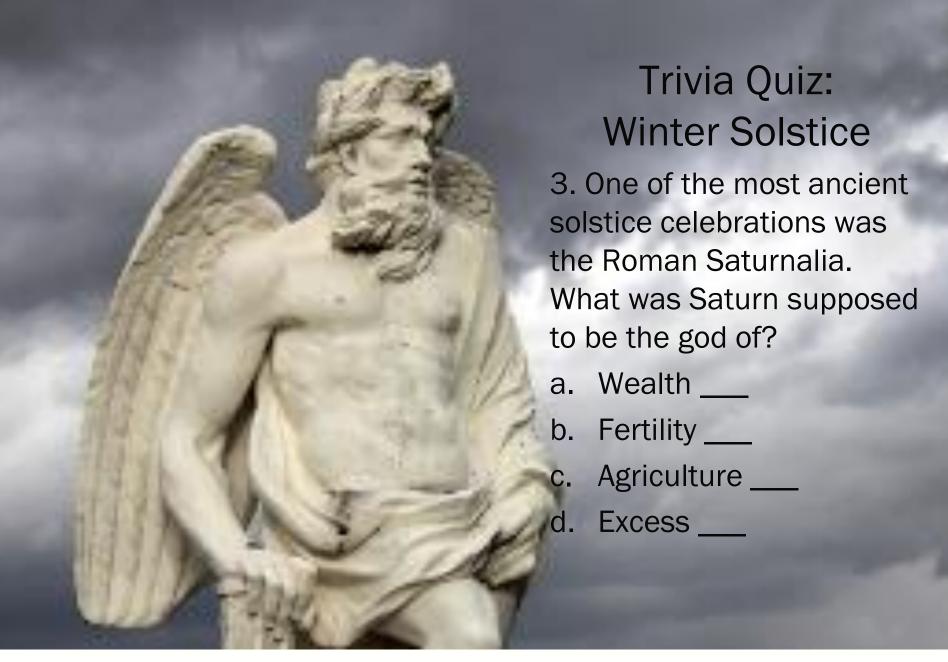
True \_

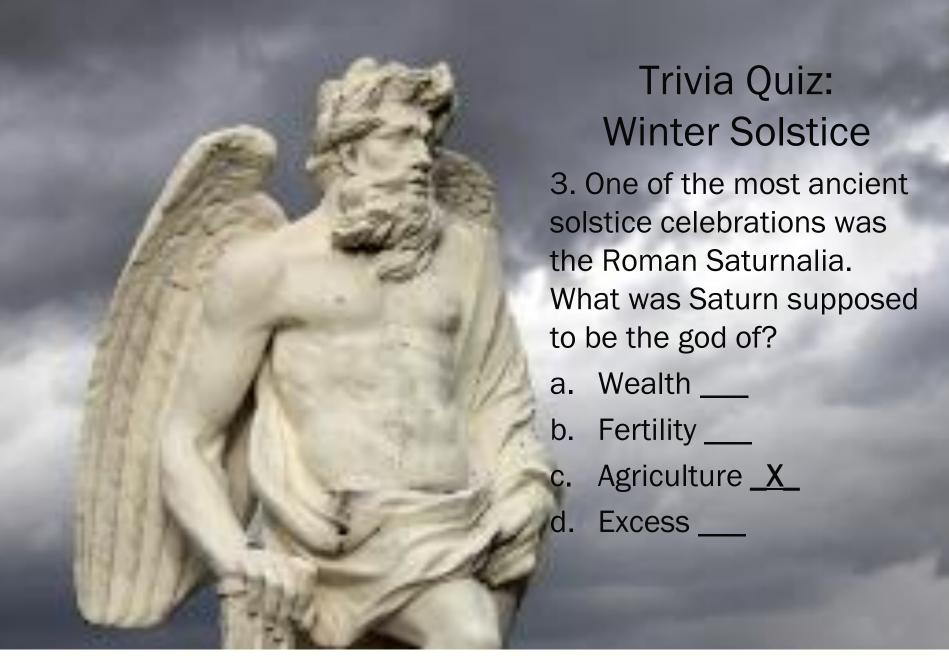
False \_

**Trivia quiz: Winter Solstice** 2. Virtually every culture throughout history has noted the winter solstice with some sort of ceremony, but the word "solstice" comes from Latin and means "The sun will rise again."

True False X

It means "The sun stands still."





4. Yule comes from the Norse word for wheel; the log marked the cyclical death of one harvest season and the coming rebirth of the new. The lighting of a fire symbolized the returning of the sun, warmth and daylight.

True

False \_

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True X

False \_

Trivia quiz: Winter Solstice
5. Holly, associated with Druid, Celtic and Roman traditions, symbolizes:
a. Fertility and eternal life \_\_\_\_\_
b. Goodwill and happiness \_\_\_\_\_
c. Only a. \_\_\_\_\_
d. Both a. and b. \_\_\_\_\_

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- 6. Evergreen wreaths symbolize:
- a. Victory wreaths were once given to winners of competitions \_\_\_\_
- b. Eternity (no beginning or end) \_
- c. The circle of life \_\_\_\_\_
- d. Strength through trials
- e. All of the above \_\_\_\_

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7. Mistletoe is associated with Frigga, the Norse goddess of love and marriage, whose son was killed by an arrow poisoned with mistletoe. Her tears brought him back to life, and Frigga ever after changed it to a symbol of peace and love, promising a kiss to all who passed under it.

True \_\_\_\_ False \_\_

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True <u>X</u> False \_

8. Icicles and tinsel on Christmas trees were both originally meant to symbolize the sun's rays or a reflection of light.

False

True \_

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True \_\_\_\_\_

False X

8. Icicles and tinsel on Christmas trees were both originally meant to symbolize the sun's rays or a reflection of light.

Even though they reflect light, they symbolized rain, or the water essential to any form of life.

9. The trees themselves symbolized the world, with their branches supporting the sun, moon and stars, which is why they were decorated with lights.

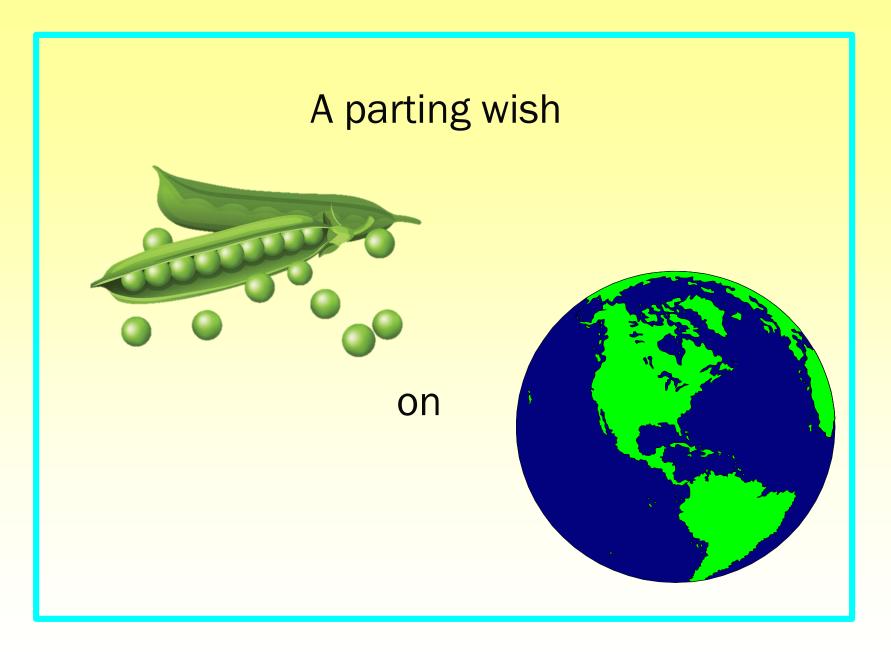
True \_\_\_\_ False \_\_\_\_

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True X False \_\_\_\_

## Did you know?

Feasting at the solstice was a natural occurrence, because animals tended to be slaughtered then out of fear that they would not survive the winter. It was the one time each year many people had fresh meat. By now December overindulging is probably in our genes. Don't fight it.





I hope this slide show excerpt has helped you make new connections in your brain and delightful connections sharing it with others.



For more information or more slide shows, contact Kathy Laurenhue at Kathy@WiserNow.com And please review www.WiserNow.com and www.CreatingDelight.com.