



**The Ohio Commission on**  
**Minority Health**

**Celebrates 32 Years of Service**

***“April is Minority Health Month”***

APRIL 2019  
MINORITY HEALTH MONTH  
CALENDAR OF EVENTS

A 30-Day Wellness Campaign



**Good Health**  
**Begins With You! ®**

# “APRIL IS MINORITY HEALTH MONTH”

## MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio’s minority and non-minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

In 2000, MHM became a national celebration. In 2005, the National Association of State Offices of Minority Health was created with a vision to provide leadership in transforming the health of racial and ethnic minority communities, tribal organizations, and nations. In April, we will join our fellow State Offices of Minority Health in lifting up wellness and good health.

Today, the celebration has grown to over 90 events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.

We applaud our many partners for their continued commitment to improving the health status of communities across Ohio.

This month long wellness campaign focuses on health promotion and disease prevention among minority populations.

**All events are free and open to the public.**

**March 7, 2019**

**Official State of Ohio Kick-Off and Health Expo**

9:00am - 2:00pm  
Expo will feature grantee displays, sponsor booths, health information, free health screenings, exercise demonstrations, and healthy food samples will be available. Former Senator Tavares is our keynote speaker and she will address health equity and health disparities in Ohio.

Vern Riffe Center  
77 S. HIGH ST., 3RD & 5TH FLOORS  
COLUMBUS, OH 43215  
614-466-4000

**Sponsored By:**  
Ohio Commission on Minority Health  
(614) 466-4000

**April 3, 2019**

**Autism Advocacy Workshop and Basketball Camp**

6:00pm-7:30pm  
Workshop to promote autism awareness and learn about tactical practices and strategies for managing Autism. This event is free and open to the public and there will be a basketball camp for children.

BRIGGS HIGH SCHOOL  
2555 BRIGGS RD.  
COLUMBUS, OH 43223  
(614) 975-5582

**Sponsored By:**  
Emerging Autism Solutions  
(614) 975-5582

**April 3, 2019**

**Gus Johnson Community Foundation Health Fair**

7:00pm-9:00pm  
A health fair with free screenings and the ability to speak to a doctor and review the results with participants. A healthy cooking demonstration with a discussion regarding healthy cooking and eating will also be a part of the health fair.

GUS JOHNSON  
COMMUNITY CENTER  
1015 S. HAWKINS AVE.  
AKRON, OH 44320  
(330) 606-3888

**Sponsored By:**  
Gus Johnson Community Foundation  
(330) 606-3888

**April 3, 2019**

**Cooking Matters Session One: Let's Get Cooking**

10:00am - 12:00pm  
"Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthy meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM  
211 N. CHAMPION AVE.  
COLUMBUS, OH 43203  
(614) 972-7821

**Sponsored By:**  
Urban Strategies Inc.  
(614) 817-1276

**April 4, 2019**

**Equity Leadership: From Action to Application— How to Get It Done**

8:00am-12:00pm  
This health equity symposium will focus on leading equity efforts and the intersection between equity, health and leadership. The event will be interactive and will include keynote and panel discussions. The event will also offer blood pressure and blood sugar screenings, along with information about breast, lung, colorectal cancer, diabetes, and kidney disease.

CLEVELAND STATE UNIVERSITY  
FENN TOWER  
1983 E. 24TH STREET  
CLEVELAND, OH 44115  
(216) 687-2000

**Sponsored By:**  
Cleveland Department of Public Health  
(216) 664-3052



**April 5, 2019**

**Ross County Community Action Minority Health Fair**

10:00am-2:00pm  
Ross County Community Action will host a Health Fair. Services will be provided by local health care facilities as well as local social service agencies. All participants will be able to enter to win a Fitbit door prize provided by Ross County Community Action Agency.

CARVER COMMUNITY CENTER  
165 W. 4TH ST.  
CHILLICOTHE, OH 45601  
(740) 773-4242

**Sponsored By:**  
Ross County Community Action Agency  
(740) 702-7222 ext. 123

**April 5, 2019**

**Cooking Demonstration**

4:00pm– 6:00pm  
A cooking demonstration will be provided to the community along with nutrition education information and community partners will provide additional interactive activities for the whole family that promote a healthy lifestyle.

MASID ABU BAKR  
591 INDUSTRIAL MILE RD.  
COLUMBUS, OH 43228  
(614) 272-9994

**Sponsored By:**  
Franklin County Public Health  
(614) 525-6668

**April 6, 2019**

**German Village Walking Club Presents: AAWALK Training Session**

7:30am-11:30am  
Participants will walk 5k in preparation for the AAWALK 5k. A health assessment will be taken at the beginning of the event.

SCHILLER PARK  
1069 JAEGER ST.  
COLUMBUS, OH 43206  
(614) 645-3156

**Sponsored By:**  
African American Male Wellness Initiative  
(614) 648-9720

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.



**April 6, 2019**

**Su Casa Hispanic Center Community Health Fair**

12:00pm-4:00pm  
Attend the Su Casa Hispanic Center Community Health Fair and learn how to make the best decisions for your health! Workshops, fitness demonstrations, free health and wellness screenings will be provided. Fun, healthy activities for kids and free and open to the public.

ST. JULIE BILLART PARIS CHURCH  
224 DAYTON ST.  
HAMILTON, OH 45011  
(937) 238-2523

**Sponsored By:**  
Catholic Charities Southwestern Ohio  
(513) 672-3727

**April 6, 2019**

**Minority Health Kickoff Event 2019**

9:00am-1:00pm  
A one day community health education event in partnership with the Westside Community Health Advisory Committee, CareSource, CPH LGBTQ, OSU, DADDs, Lifeline of Ohio, Nationwide Children's Hospital and Office of Minority Health at Columbus Public Health.

COLUMBUS PUBLIC HEALTH AUDITORIUM  
240 PARSONS AVE.  
COLUMBUS, OH 43215  
(614) 645-7335

**Sponsored By:**  
Office of Minority Health at Columbus Public Health  
(614) 645-7335

**April 6, 2019**

**V.I.O.L.E.T. Seminar—Healthy Eating**

10:00am-12:00pm  
A two-hour interactive workshop focused on healthy eating habits including eating choices outside of the home and tips on preparing healthier meals in the home. A registered dietician will lead participants in the preparation of a food demonstration of healthy snacks and meals.

MIFFLIN MIDDLE SCHOOL  
3000 AGLER RD.  
COLUMBUS, OH 43219  
(614) 365-5474

**Sponsored By:**  
Delta Foundation of Greater Columbus  
(614) 325-9417 / (614) 893-2862

**April 6, 2019**

**2019 Greater Dayton Minority Health Month Kick-Off**

10:00am-1:00pm  
A community education forum featuring the film "Hidden Figures" with a facilitated dialogue, free health screenings, health information, and community partner participation.

NEON THEATRE  
130 E. FIFTH ST.  
DAYTON, OH 45402  
(937) 225-4962

**Sponsored By:**  
Public Health-Dayton &  
Montgomery County  
(937) 225-4962

**April 6, 2019**

**Mental Health First Aid Workshop**

9:00am-5:00pm  
The eight hour Mental Health First Aid program is built upon evidence-based curriculum from the National Behavioral Council. The content will remain the same but the discussion and examples will be tailored toward Asian American Pacific Islander (AAPI) communities and cultures.

RARDIN FAMILY PRACTICE  
2231 NORTH HIGH ST.  
ROOM 100  
COLUMBUS, OH 43201  
(513) 767-5183

**Sponsored By:**  
Ohio Asian American Health Coalition  
(513) 767-5183

**April 6, 2019**

**Healthy Choir Showcase**

3:00pm-6:00pm  
Choir showcase to raise awareness about important health issues and disparities that impact minority communities. The topics and issues that will be discussed are infant mortality and chronic diseases along with methods of prevention.

BUCHTEL COMMUNITY LEARNING CENTER  
1040 COPLEY RD.  
AKRON, OH 44320  
(330) 761-7945

**Sponsored By:**  
Summit County Combined General Health District  
(330) 926-5764

**April 6, 2019**

**5th Annual "Stop the Violence" 5K Walk/Run**

11:00am-2:00pm  
The purpose of this event is to continue to address the issue of violence in our city and to raise awareness of violent crimes as a minority health disparity. The 2019 5K Walk/Run will feature a Sidewalk Health Fair and an Outdoor Community Health Luncheon.

STEBENVILLE MUNICIPAL BUILDING  
115 SOUTH 3RD ST.  
STEBENVILLE, OH 43952  
(740) 282-8010

**Sponsored By:**  
Urban Mission Ministries  
(740) 282-8010 or (740) 283-6000

**April 6, 2019**

**5th Annual Citywide Baby Shower & Health Fair**

12:00pm-3:00pm  
The health fair will offer free BMI, Bone, Blood Pressure, lead screenings for children and low impact aerobics. A number of agencies will provide information on services available to support expectant moms.

EUGENIA C. ATKINSON  
RECREATIONAL CENTER  
801 OTIS ST.  
YOUNGSTOWN, OH 44510  
(330) 747-3299

**Sponsored By:**  
Youngstown Local Office on Minority Health  
(330) 742-8249

**April 7, 2019**

**Salaam Cleveland Health and Wellness**

11:00am-3:00pm  
Information on the effects of substance abuse/smoking, how and where one can get help. This will include vision screens and instruction to promote good vision will be provided along with dental examinations and instructions for good oral hygiene. Callisthenic exercise instruction to promote physical activity will be provided.

BEIT HANINA SOCIAL CLUB  
10301 LORAIN RD.  
CLEVELAND, OH 44111  
(216) 941-3599

**Sponsored By:**  
Salaam Cleveland  
(614) 989-6834

**Good Health Begins With You!®**

**April 8, 2019**

**Healthy Body and Mind: Staying Drug and Violence Free**

4:00pm-5:30pm  
Community for New Direction will facilitate an event to educate 11-18 year old youth on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION  
993 E. MAIN ST.  
COLUMBUS, OH 43205  
(614) 272-1464

**Sponsored By:**  
Community for New Direction  
(614) 272-1464

**April 9, 2019**

**Depression, Stress, and Heart Disease**

6:30pm-8:30pm  
This workshop will examine the correlation between depression and heart disease and how new research can assist those battling depression and to take the necessary steps to reduce risks of heart disease.

ABUNDANT SEASONS ANOINTED MINISTRIES INTERNATIONAL  
643 TROY ST.  
DAYTON, OH 45404  
(937) 275-3770

**Sponsored By:**  
American Fitness Health & Wellness Institute  
(937) 275-3770



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**April 9, 2019**

**Success After 6: Healthy Habits for Students and Families**

3:00pm-6:00pm  
United Way of Youngstown and the Mahoning Valley will host a fun and interactive family engagement event for Williamson Elementary students, families, and community. A licensed dietician will demonstrate to parents how to prepare a healthy meal for families and educate families on proper nutrition guidelines. Food samples will be shared with recipes and informational handouts.

WILLIAMSON ELEMENTARY  
58 WILLIAMSON AVE.  
YOUNGSTOWN, OH 44507  
(330) 746-8494

**Sponsored By:**  
United Way of Youngstown and the Mahoning Valley  
(330) 746-8494

**April 10, 2019**

**Success After 6: Healthy Habits for Students and Families**

3:00pm-6:00pm  
United Way of Youngstown and the Mahoning Valley will host a fun and interactive family engagement event for Williamson Elementary students, families, and community. A licensed dietician will demonstrate to parents how to prepare a healthy meal for families and educate families on proper nutrition guidelines. Food samples will be shared with recipes and informational handouts.

WILLIAMSON ELEMENTARY  
58 WILLIAMSON AVE.  
YOUNGSTOWN, OH 44507  
(330) 746-8494

**Sponsored By:**  
United Way of Youngstown and the Mahoning Valley  
(330) 746-8494

**April 10, 2019**

**Autism Advocacy Workshop/Basketball Camp**

6:00pm-7:30pm  
Workshop to promote autism awareness and learn about tactical practices and strategies for managing Autism. This event is free and open to the public and there will be a basketball camp for children.

BRIGGS HIGH SCHOOL  
2555 BRIGGS RD.  
COLUMBUS, OH 43223  
(614) 975-5582

**Sponsored By:**  
Emerging Autism Solutions  
(614) 975-5582

**April 10, 2019**

**Stress Busting: Eating for Calm and Meditative Tai Chi for Stress Relief**

6:00pm-8:00pm  
A health education session featuring a 1 hour cooking demonstration focusing on eating foods for calm, while used with a 1 hour meditative tai chi class for movement and as a mechanism for coping with stressful life events.

MT. ZION BAPTIST CHURCH- GLENDALE  
40 CORAL AVE.  
CINCINNATI, OH 45246  
(513) 771-9135

**Sponsored By:**  
The Waldrop Health and Youth Ministry  
(513) 771-9135

**April 10, 2019**

**Cooking Matters Session Two: Choosing Fruits, Vegetables, and Whole Grains**

10:00am-12:00pm  
"Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM  
211 N. CHAMPION AVE.  
COLUMBUS, OH 43203  
(614) 972-7821

**Sponsored By:**  
Urban Strategies, Inc.  
(614) 817-1276



**April 10, 2019**

**Gus Johnson Community Center Foundation Health Fair**

7:00pm-9:00pm

A health fair with free screenings and the ability to speak to a doctor to review the results. A health cooking demonstration and a discussion regarding health cooking and eating will also take place.

GUS JOHNSON  
COMMUNITY FOUNDATION  
1015 S. HAWKINS AVE.  
AKRON, OH 44320  
(330) 606-3888

**Sponsored By:**  
Gus Johnson Community Foundation  
(330) 606-3888

**April 10, 2019**

**Teen C.O.R.E. (Create Opportunities for Recreation and Healthy Eating)**

5:00pm-8:00pm

All Central Ohio 8th-12th graders are invited to a fun hip hop and fitness class with renowned instructor, Mike Nicholson. No dance experience necessary, this is for everyone!

YOUTH TO YOUTH BUILDING  
1420 FIELDS AVENUE  
COLUMBUS, OH 43211  
(614) 224-4506

**Sponsored By:**  
CompDrug  
(614) 586-7963

**April 11, 2019**

**Office of Minority Health Workshops and Forums**

Start: 8:00 am—11:00 am

The Office of Minority Health at Columbus Public Health workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

COLUMBUS PUBLIC HEALTH  
240 PARSONS AVE.  
COLUMBUS, OH 43215  
(614) 645-7335

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**April 11, 2019**

**Outdoor Rx for Minority Health**

10:00am-3:00pm

This bus tour of the Summit Metro Parks will stop at an indoor lodge for a demonstration of healthy park activities like walking, hiking, stress-relief, intergenerational fun, and fitness tracking.

REACH COMMUNITY CENTER AT SUMMIT LAKE  
390 WEST CROSIER ST.  
AKRON, OH 44301  
(330) 865-8065

**Sponsored By:**  
Summit Metro Parks Foundation  
(330) 865-8065

**April 11, 2019**

**Minority Health Month Conference**

8:30am-3:30pm

This conference looks at barriers that prevent members of minority populations from receiving appropriate health services. Participants will learn strategies to assist clients in seeking and maintaining healthy lifestyle choices.

TABERNACLE BAPTIST CHURCH  
707 TABERNACLE BLVD.  
YOUNGSTOWN, OH 44510  
(330) 747-9624

**Sponsored By:**  
Youngstown Local Office on Minority Health  
(330) 742-8294

**April 12, 2019**

**Healthy Body and Mind: Staying Drug and Violence Free**

4:30pm-6:00pm

Community for New Direction will facilitate an event that will educate 11 to 18 year old youth on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION  
993 E. MAIN ST.  
COLUMBUS, OH 43205  
(614) 272-1464

**Sponsored By:**  
Community for New Direction  
(614) 272-1464



**April 12, 2019**

**Heart Healthy Eats for the Valley**

5:30pm-7:30pm

Free cooking demonstration with participant based instruction to create flavorful meals to reduce the risks of heart attack and strokes. Participants will be provided with fresh produce and recipes to take home.

ONE HEALTH OHIO COMMUNITY MEDICAL AND DENTAL CENTER  
726 WICK AVE.  
YOUNGSTOWN, OH 44505  
(330) 747-9551

**Sponsored By:**  
Hope Community Services  
(330) 261-6104  
Health  
(440) 322-6308

**April 12, 2019**

**Lorain County Minority Health Month Screenings**

8:30am-11:00am

The Elyria YWCA is hosting a Health Fair in honor of Minority Health Month. The public is welcome to come for resources and free blood pressure checks. Free fasting bloodwork will be available for attendees that pre-register by calling (440) 322-6367.

Elyria YWCA  
318 West Avenue  
Elyria, Ohio 44035  
(440) 322-6308

**Sponsored By:**  
Lorain County Public

**April 12, 2019**

**Dance for Life Workshop**

6:00pm-9:00pm

This workshop is designed to engage participants in various dance styles as a form of exercise. Participants will enjoy an evening of dancing and health related discussions. The featured health discussion for the 2019 workshop will be centered around financial health.

MARTIN LUTHER KING RECREATIONAL CENTER  
905 MARKET STREET  
STEBENVILLE, OH 43952  
(740) 283-6000 EXT. 4000 OR (740) 282-8010

**Sponsored By:**  
Urban Mission Ministries  
(740) 282-8010 ext. 210

**April 13, 2019**

**Fun, Food, and Fitness for Kids**

12:00pm-2:30pm

A free interactive program for children designed to encourage physical exercise and healthy eating to promote lifelong wellness. Meet our hometown fitness champion Eric Jordan and learn some new moves, and explore "colorful" eating.

NEHEMIAH PARTNERS CENTER  
1215 CAMPBELL ST.  
SANDUSKY, OH 44870  
(419) 609-9181

**Sponsored By:**  
Erie County Health Department  
(419) 626-5623 ext. 172

**April 13, 2019**

**“Catch the Health Wave”**

10:30am-2:30pm  
 “Catch the Health Wave” Health Fair will include screenings for blood pressure, cholesterol, glucose, vision, BMI, and Alzheimer. A cooking demonstration along with exercise demonstration by a personal trainer will occur. There will be a jump rope and hula hoop youth competition and information regarding heart attacks, strokes, and smoking cessation.

WILLIAM E. SANDERS FAMILY LIFE CENTER  
 3949 LEE RD.  
 CLEVELAND, OH 44128  
 (216) 751-2688

**Sponsored By:**  
 William E. Sanders Family Life Center  
 (216) 751-2688

**April 13, 2019**

**German Village Walking Club Presents:  
 AAWALK Training Session**

7:30am-11:30am  
 Participants will walk 5k in preparation for the AAWALK 5k. A health assessment will be taken at the beginning of the event.

SCHILLER PARK  
 1069 JAEGER ST.  
 COLUMBUS, OH 43206  
 (614) 645-3156

**Sponsored By:**  
 African American Male Wellness Initiative  
 (614) 648-9720

**April 13, 2019**

**Keeping Active Inflatable Challenge**

11:00am-3:00pm  
 Movement in a carnival type setting with a 68' inflatable obstacle course and other interactive stations. The children will answer healthy eating and fitness questions for tickets to play various games and a survey will be required to get a snack ticket.

FIRM FOUNDATION CHURCH  
 241 JEFFERSON ST.  
 RAVENNA, OH 44266  
 (330) 297-5933

**Sponsored By:**  
 Community Outreach Positive Alternative Training (COPAT)  
 (330) 327-6554

**Good  
 Health  
 Begins  
 With  
 You!®**

**April 13, 2019**

**Prairie Township Produce Market with Cooking Demonstration**

9:30am-11:30am  
 The monthly free produce market will include a cooking demonstration using common items at the market along with nutrition education and community partners will provide additional interactive activities for the whole family that promote a healthy lifestyle.

PRAIRIE TOWNSHIP FIRE DEPARTMENT  
 123 INAH AVE.  
 COLUMBUS, OH 43228  
 (614) 878-4571

**Sponsored By:**  
 Franklin County Public Health  
 (614) 525-6668

**April 13, 2019**

**Minority Health Kickoff**

9:00am-3:00pm  
 The Toledo Local Office on Minority Health will present a Minority Health Month Kickoff and the event is open to all ages and will have various community serving organizations available. The general public, community agencies and institutions, political leaders, influential citizens, and the media are all invited to participate. Services included: screenings for both youth and adults such as vision, blood pressure, cholesterol, blood sugar, and lead will be provided free of charge. The event will include a Youth Summit as well as a Community Wide Baby Shower.

SCOTT HIGH SCHOOL  
 2400 COLLINGWOOD BLVD.  
 TOLEDO, OH 43620  
 (419) 213-4095

**Sponsored By:**  
 Lucas County Regional Health District  
 (419) 213-4095

**April 13, 2019**

**V.I.O.L.E.T. Seminar—Self Esteem and Healthy Eating**

10:00am-12:00pm  
 A health education session as well as fitness activity to help young ladies learn ways to take care of themselves and how low self-esteem impacts the eating choices we make. The program will focus on what young ladies can do to take charge of their health and reasons to not jump on the latest eating fad in order to fit in.

MIFFLIN MIDDLE SCHOOL  
 3000 AGLER ROAD  
 COLUMBUS, OH 43219  
 (614) 365-5474

**Sponsored By:**  
 Delta Foundation of Greater Ohio  
 (614) 325-9417 or (614) 893-2862

**April 13, 2019**

**2019 Spring Health Fair**

12:00pm-3:00pm  
 The health fair will offer free screenings including glucose, cholesterol, blood resources, mammograms, prostate, vision, hearing, BMI, and more. We will have community resources and information available.

PRICE HILL RECREATION CENTER  
 959 HAWTHORNE AVE.  
 CINCINNATI, OH 45205  
 (513) 557-7249

**Sponsored By:**  
 Santa Maria Community Services, Inc.  
 (513) 557-7207

**April 13, 2019**

**Hoop for Coop Youth Health Summit**

11:00am-3:00pm  
 The Office of Minority Health in collaboration with the Hoop for Coop Cardiovascular Health Initiative will host a Healthy Youth (middle and high school) skills camp and summit to increase awareness of cardiovascular health, obesity, nutrition and prevention.

BUCHTEL COMMUNITY LEARNING CENTER  
 1040 COPLEY RD.  
 AKRON, OH 44320  
 (330) 761-7945

**Sponsored By:**  
 Summit County Combined General Health District  
 (330) 926-5764

**April 14, 2019**

**Healthy Sunday**

1:00pm-3:00pm  
 A health fair with free screenings and the ability for participants to speak to a doctor to review screening results. Provision of a healthy cooking demonstration and a discussion regarding healthy cooking and eating.

UNION BAPTIST CHURCH  
 413 CORNELIA AVE. N.E.  
 CANTON, OH 44704  
 (330) 454-7450

**Sponsored By:**  
 Union Baptist Church  
 (330) 701-1551





**April 14, 2019**

**La Feria de La Salud**

10:00am-3:00pm  
Specialists from Toledo Lucas County Health Department and Mercy Hospital will conduct free blood pressure, blood sugar, cholesterol, and HIV screening and counseling.

SAINT PETER AND PAUL CHURCH  
783 SAINT CLAIR ST.  
TOLEDO, OH 43609  
(419) 241-5822

**Sponsored By:**  
Nuestra Gente Community Projects, Inc.  
(419) 283-0581

**April 16, 2019**

**How to Improve Nutritious Food Access in Low-Income Communities**

8:30am-10:00am  
This session will discuss why access to healthy foods is a significant barrier to healthy behaviors among individuals in low-income communities. Participants will gain resources for chronic kidney patients.

KIDNEY FOUNDATION OF OHIO, INC.  
2831 PROSPECT AVE.  
CLEVELAND, OHIO 44115  
(216) 771-2700

**Sponsored By:**  
Kidney Foundation of Ohio, Inc.  
(216) 771-2700

**April 16, 2019**

**"Cardio, Carbs, Calories, and Curves"**

6:30pm-8:30pm  
Embrace Your Shape! Burn fat through cardio. Learn how that the right carbs will improve and your life. Learn about the "six chains" of carbohydrates. These four topics can help you create more "flex" appeal and "curvaceous" better body image.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE  
643 TROY ST., SUITE A  
DAYTON, OH 45404  
(937) 275-3770

**Sponsored By:**  
American Fitness Health & Wellness Institute  
(937) 275-3770

**April 16, 2019**

**Cooking Matters Session Three: Healthy Starts at Home**

10:00am-12:00pm  
"Cooking Matters" works to address issues of diet related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM  
211 N. CHAMPION AVE.  
COLUMBUS, OH 43203  
(614) 972-7821

**Sponsored By:**  
Urban Strategies Inc.  
(614) 817-1276

**April 17, 2019**

**Heart Healthy Eats for the Valley**

5:30pm-7:30pm  
Free cooking demonstration with participant based instruction to create flavorful meals to reduce the risk of heart attacks and strokes. Participants will be provided with fresh produce and recipes to take home.

ONE HEALTH OHIO COMMUNITY MEDICAL AND DENTAL CENTER  
726 WICK AVE.  
YOUNGSTOWN, OH 44505  
(330) 747-9551

**Sponsored By:**  
Hope Community Services  
(330) 261-6104

**April 17, 2019**

**Stress Busting: Eating for Calm and Meditative Tai Chi for Stress Relief**

6:00pm-8:00pm  
A health education session featuring a 1 hour cooking demonstration focusing on eating foods for calm, fused with a 1 hour meditative tai chi class for movement and as a mechanism for coping with stressful life events.

MT. ZION BAPTIST CHURCH- GLENDALE  
40 CORAL AVE.  
CINCINNATI, OH 45246  
(513) 771-9135

**Sponsored By:**  
The Waldrop Health and Youth Ministry  
(513) 771-9135

**Good Health Begins With You!®**

**April 17, 2019  
Teen C.O.R.E.**

5:00pm-8:00pm  
All Central Ohio 8th-12th graders are invited to a fun hip hop and fitness class with renowned instructor, Mike Nicholson. No dance experience necessary, this is for everyone!

YOUTH TO YOUTH BUILDING  
1420 FIELDS AVENUE  
COLUMBUS, OH 43211  
(614) 224-4506

**Sponsored By:**  
CompDrug  
(614) 586-7963

**April 18, 2019**

**Outdoor Rx for Minority Health**

10:00am-3:00pm  
This bus tour of the Summit Metro Parks will stop at an indoor lodge for a demonstration of healthy park activities like walking, hiking, stress-relief, intergenerational fun and fitness tracking.

REACH COMMUNITY CENTER AT SUMMIT LAKE  
390 WEST CROSIER ST.  
AKRON, OH 44301  
(330) 865-8065

**Sponsored By:**  
Summit Metro Parks Foundation  
(330) 865-8065 ext. 314

**April 18, 2019**

**Keep It Moving Sandusky!**

4:00pm-6:30pm  
Get physical with hometown fitness guru Eric Jordan. Short on time? Short on space? Here's what you can do to improve your health. Also, try out good-for-you food fixes using items from the OHgo food pantry which will be open from 5:30pm-6:30pm.

ORLANDO PACE PARK  
1130 WAMAJO DR.  
SANDUSKY, OH 44870  
(419) 626-5623 EXT. 172

**Sponsored By:**  
Erie County Health Department  
(419) 626-5623 ext. 172

**April 18, 2019**

**Lorain County Minority Health Month Screenings**

8:30am-11:00am  
We Care We Share Pantry in Lorain is hosting free health screenings in honor of Minority Health Month. Open to the public and free with resources and blood pressure checks. Free fasting blood work is available to attendees that pre-register by calling (440) 322-6367.

WE CARE WE SHARE  
188 E. 31ST ST.  
LORAIN, OHIO 44055  
(440) 714-2690

**Sponsored By:**  
Lorain County Public Health  
(440) 322-6367



**April 19, 2019**

**Life Saving / Life Giving Fair**

2:00pm-6:00pm  
An event focused on initiatives of saving the lives of our fellow brothers and sisters. A Blood Donor drive will be the focus event hosted by the American Red Cross. Vendors will be on-site to discuss organ and tissue donation, kidney disease, and sickle cell disease.

FIRST AME ZION CHURCH  
873 BRYDEN RD.  
COLUMBUS, OH 43205  
(614) 252-2184

**Sponsored By:**  
First AME Zion Church  
(614) 323-2196

**April 19, 2019**

**Cooking Matters Session Four: The Power of Planning**

10:00am-12:00pm  
"Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM  
211 N. CHAMPION AVE.  
COLUMBUS, OH 43203  
(614) 972-7821

**Sponsored By:**  
Urban Strategies Inc.  
(614) 817-1276

**April 20, 2019**

**Charisma Community Connection Health Fair**

9:30am-12:00pm  
A healthy cooking demonstration by a licensed dietician, free health screenings, and vendors, as well as a speaker regarding community health and wellness services.

MOUNTAIN OF THE LORD FELLOWSHIP CHURCH  
1477 COPLEY RD.  
AKRON, OH 44320  
(330) 873-9793

**Sponsored By:**  
Charisma Community Connection  
(330) 873-9793



**April 20, 2019**

**Introduction to Mental Health First Aid**

12:30pm-1:30pm  
The interactive workshop on Advocacy for Mental Health will cover important topics such as the promotion of good mental health and identifying and intervening in more serious mental health situations. The Mental Health First Aid training will allow participants to develop the skills needed.

RARDIN FAMILY PRACTICE  
2231 N. HIGH ST.  
ROOM 100  
COLUMBUS, OH 43201  
(513) 767-5183

**Sponsored By:**  
Ohio Asian American Health Coalition  
(513) 767-5183

**April 20, 2019**

**Community Health Fair**

12:00pm-5:00pm  
Health education presentation, free health screenings, and community partner tables featuring community resources and health service information.

DAKOTA CENTER  
33 BARNETT ST.  
DAYTON, OH 45402  
(937) 225-4962

**Sponsored By:**  
Public Health– Dayton and Montgomery County  
(937) 225-4962

**April 21, 2019**

**La Feria de La Salud**

10:00am-2:00pm  
Specialists from Toledo-Lucas County Health Department and Mercy Hospital will conduct free blood pressure, blood sugar, cholesterol, and HIV screenings and counseling.

IMMACULATE CONCEPTION CHURCH  
439 EASTERN AVE  
TOLEDO, OH 43609  
(419) 243-1829

**Sponsored By:**  
Nuestra Gente Community Projects, Inc.  
(419) 283-0581

**April 22, 2019**

**Fitness and Nutrition on the Go!**

6:00pm-8:00pm  
Adults will have a food set-up station for hands-on meal preparation and healthy food alternatives. A yoga instructor will lead a physical fitness workshop and explain how yoga can improve health.

CHAGRIN FALLS COMMUNITY CENTER  
GELLEIN GYMNASIUM  
7060 WOODLAND AVE.  
CHAGRIN FALLS, OH 44023  
(440) 247-6030

**Sponsored By:**  
Family and Community Services  
(440) 247-6030

**April 23, 2019**

**Metro Minority Health Fair**

9:00am-2:00pm  
The Summit County Local Office of Minority Health will host a health and resource fair at the Metro Transit station downtown. Resources such as mental health, addiction and other needed social services will be present to provide information and resources to the community.

METRO TRANSIT STATION  
631 S. BROADWAY ST.  
AKRON, OH 44311  
(330) 926-5764

**Sponsored By:**  
Summit County Combined General Health District  
(330) 926-5764

**April 23, 2019**

**Do's and Don'ts of Herbs and Dietary Supplements**

6:30pm-8:30pm  
Attendees will learn about various herbs that can be dangerous when mixing medicines prescribed by a physician with over-the-counter herbs, vitamins, and aspirin. Learn the benefits that could save a life.

AMERICAN FITNESS HEALTH AND WELLNESS INSTITUTE  
643 TROY ST.  
SUITE A  
DAYTON, OH 45404  
(937) 275-3770

**Sponsored By:**  
American Fitness Health and Wellness Institute  
(937) 275-3770

**April 24, 2019**

**Cooking Matters Session Five: Shopping Smart**

10:00am-12:00pm  
 "Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER COMMUNITY PLACE  
 COMMUNITY ROOM  
 211 N. CHAMPION AVE.  
 COLUMBUS, OH 43203  
 (614) 972-7821

**Sponsored By:**  
 Urban Strategies, Inc.  
 (614) 817-1276

**April 25, 2019**

**African American Male Wellness Initiative Presents: Cooking with Dads**

6:00pm-8:00pm  
 Fathers and their kids will be exposed to methods of creating healthy meals, an instructional meal prep session with a celebrity chef, and father/kid team cook-off and food demonstrations.

COSI  
 333 W. BROAD ST.  
 COLUMBUS, OH 43215  
 (614) 648-9720

**Sponsored By:**  
 African American Male Wellness Initiative  
 (614) 648-9720

**April 25, 2019**

**Minority Health Pastor's Luncheon "Mission Possible"**

11:00am-1:30pm  
 The Toledo Office of Minority Health Pastor's Luncheon "Mission Possible" will feature presentations for the Faith Based Community geared towards providing education and awareness for healthy lifestyles in the Toledo/Lucas County neighborhoods. The luncheon will frame itself around current issues impacting our community such as infant mortality, substance abuse, lead, along with other health and social issues impacting the community.

UNITED WAY OF GREATER TOLEDO  
 424 JACKSON ST.  
 TOLEDO, OH 43604  
 (419) 213-4095

**Sponsored By:**  
 Lucas County Regional Health District  
 (419) 213-4095

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

**April 25, 2019**

**Children's Health Awareness Day**

12:00pm-2:30pm  
 The event will include educational activities focused on health and wellness along with disease prevention. Interactive activities will be in place for children to learn about hand washing, oral care, nutrition and more.

HOLY FAMILY SCHOOL  
 3001 PRICE AVE.  
 CINCINNATI, OH 45205  
 (513) 557-2700

**Sponsored By:**  
 Santa Maria Community Services, Inc.  
 (513) 557-7207

**April 25, 2019**

**Middlewest Region Chi Eta Phi Sorority Inc. Opening Conference on "Stepping Up to the Challenges of Health Disparities"**

7:00pm-9:00pm  
 MWR Conference Opening highlights Chi Eta Phi's motto "Service for Humanity", a networking event community forum. Humanitarian award to local recipient and reception which is free and open to the public.

NATIONWIDE HOTEL AND CONFERENCE CENTER  
 100 GREEN MEADOWS DRIVE SOUTH  
 LEWIS CENTER, OH 43035  
 (614) 880-4300

**Sponsored By:**  
 Gamma Eta Chapter, Chi Eta Phi Sorority, Inc.  
 (614) 596-8969 / (614) 783-8817

**April 25, 2019**

**Songs of the Trumpet: The Donald Malloy Story**

Showtime: 1:30pm  
 Songs of the Trumpet: The Donald Malloy Story is a play based on the life of Donald Malloy, nationally acclaimed producer, recording artist, and jazz trumpeter. Before and after each production information will be disseminated on domestic violence, cancer, prenatal care, diabetes, cardiovascular disease, infant mortality, and substance abuse.

SHAKER HEIGHTS HIGH SCHOOL  
 15911 ALDERSYDE DR.  
 SHAKER HEIGHTS, OH 44120  
 (216) 295-4200

**Sponsored By:**  
 Cleveland Treatment Center  
 (216) 861-4246



**April 26, 2019**

**Women's Mammogram Screening and Health Fair**

9:30am-2:30pm  
 The Minority Health Month Committee will partner with the North East Ohio Breast and Cervical Cancer Project and local women's health agencies to provide minority women 30 and up mammogram screenings and an education health fair for minority women 18 and up.

FIRST WESTMINSTER PRESBYTERIAN CHURCH  
 235 NORTH 4TH ST.  
 STEUBENVILLE OH, 43952  
 (740) 282-4591 / (740) 282-8010

**Sponsored BY:**  
 Urban Mission Ministries  
 (740) 282-8010 ext. 210

**April 26, 2019**

**Healthy Teens, Healthy Tomorrow: Teen Summit**

9:00am-1:00pm  
 An educational summit for minority teens on organ donation and healthy lifestyle choices through sessions covering nutrition, wellness, body and kidney health, and organ/tissue donation and transplantation.

WARRENSVILLE HEIGHTS FAMILY YMCA  
 4433 NORTHFIELD RD.  
 CLEVELAND, OH 44128  
 (216) 771-2700

**Sponsored By:**  
 Kidney Foundation of Ohio, Inc.  
 (216) 771-2700

**April 26, 2019**

**Eating Well to Live Well**

4:00pm-8:00pm  
 This health education and food demonstration session will provide an overview of the relationship between nutrition and chronic disease and will provide information on identifying healthier food choices. Local data on chronic disease in Cleveland including obesity, heart disease, cancer, and stroke will be available. The event will feature local health vendors including the American Cancer Society, the American Heart and Stroke Association, and will provide weight, blood pressure and BMI screenings.

FRIENDLY INN SETTELEMENT HOUSE  
 2386 UNWIN RD.  
 CLEVELAND, OH 44104  
 (216) 431-7656

**Sponsored By:**  
 Cleveland Department of Public Health  
 (216) 664-3052



April 26, 2019

**MWR Education Conference: "Stepping Up to the Challenges of Health Disparities"**

8:30am-4:30pm  
 Consecutive one hour workshops addressing specific Minority Health care issues: mentoring, redlining in health care, and human trafficking. One, three hour forum on the opiate crisis in minority communities will also be offered.

NATIONWIDE HOTEL AND CONFERENCE CENTER  
 100 GREEN MEADOWS DRIVE SOUTH  
 LEWIS CENTER, OH 43035  
 (614) 880-4300

**Sponsored By:**  
 Gamma Eta Chapter, Chi Eta Phi Sorority, Inc.  
 (614) 596-8969 / (614) 783-8817

April 26, 2019

**Fitness, Food, and Fun– Addressing Diabetes and Cardiac Disease**

12:00m-2:00pm  
 An interactive, multi-generational health education session featuring an exercise physiologist with facilitated dialogue, age and mobility appropriate exercise methods, free health screenings, fitness kits, community partner participation, and healthy snacks.

MERCY PRIMARY CARE AT ST. PAUL'S SQUARE  
 1459 SUPERIOR AVE. NE  
 CANTON, OH 44705  
 (330) 588-4892

**Sponsored By:**  
 Mercy Medical Center  
 (330) 430-6986

April 26, 2019

**Songs of the Trumpet: The Donald Malloy Story**

Show 1: 6:30pm  
 Show 2: 9:00pm  
 Songs of the Trumpet: The Donald Malloy Story is a play based on the life of Donald Malloy, nationally acclaimed producer, recording artist, and jazz trumpeter. Before and after each production information will be disseminated on domestic violence, cancer, prenatal care, diabetes, cardiovascular disease, infant mortality, and substance abuse.

THE BOP STOP AT THE MUSIC SETTLEMENT  
 2920 DETROIT AVE.  
 CLEVELAND, OH 44113  
 (216) 771-6551

**Sponsored By:**  
 Cleveland Treatment Center  
 (216) 861-4246



# Good Health Begins With You!®

**Note:** The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 26, 2019

**Kids Health Spectacular**

4:00pm-6:00pm  
 The Kids Health Spectacular will be divided into two sections, including a hands-on demonstration by a registered dietician for nutrition and line dancing instruction for fitness.

CHAGRIN FALLS PARK COMMUNITY CENTER  
 GELLEIN GYMNASIUM  
 7060 WOODLAND AVE.  
 CHAGRIN FALLS, OH 44023  
 (440) 247-6030

**Sponsored By:**  
 Family and Community Services  
 (440) 247-6030

April 27, 2019

**Minority Health Month: Men's Health Breakfast**

9:00am-12:00pm  
 This event is designed to encourage healthier eating habits amongst minority males, while addressing various health disparities affecting minority males.

MT. CARMEL COMMUNITY BAPTIST CHURCH  
 708 NORTH 5TH ST.  
 STEUBENVILLE, OH 43952  
 (740) 282-9257 / (740) 282-8010

**Sponsored By:**  
 Urban Mission Ministries  
 (740) 282-8010 ext. 210

April 27, 2019

**Wellness First: Health and Wellness Expo**

10:00am-3:00pm  
 A health and wellness expo in honor of 2019 Minority Health Month. The Health and Wellness Expo will include food demonstrations, family focused exercise activities, and various health vendors to discuss health risks that affect minority communities.

FIRST AME ZION CHURCH  
 873 BRYDEN RD.  
 COLUMBUS, OH 43205  
 (614) 252-2184

**Sponsored By:**  
 First AME Zion Church  
 (614) 557-1739

April 27, 2019

**Greater Cleveland Baby Shower**

1:00pm-4:00pm  
The Greater Cleveland Baby Shower is for mothers and fathers 30 years and younger and infants up to 6 months old, with an emphasis on infant mortality, child safety, Moms First and Fatherhood Initiative. We will give away diapers, wipes, onesies, rattles, and swaddle sleepers. We will raffle off gift baskets and diaper cakes as well.

WILLIAM E. SANDERS FAMILY LIFE CENTER  
3949 LEE RD.  
CLEVELAND, OH 44128  
(216) 751-2688

**Sponsored By:**  
William E. Sanders Family Life Center  
(216) 751-2688

April 27, 2019

**Active Adults– Bowling and Volleyball**

10:00am-2:00pm  
Adults will play volleyball or bowl as a form of exercise. Information will be provided for cardiovascular health, diabetes, and weight control.

KENT LANES/SPIKE CLUB  
2245 STATE RD. 59  
KENT, OH 44240  
(330) 327-6554

**Sponsored By:**  
Community Outreach for Positive Alternative Training (COPAT)  
(330) 327-6554

April 27, 2019

**Stop the Stigma: Substance Abuse Minority Health Community Rally**

12:00pm-3:00pm  
RCCAC will host a rally at the Lincoln Park Metropolitan Housing Authority where local law enforcement, public officials, and community members will be asked to speak. Activities will be provided for youth including a community cookout.

CORNER OF LINCOLN PARK AND 7TH STREET  
CHILLICOTHE, OH 45601  
(740) 775-7881

**Sponsored By:**  
Ross County Community Action Commission, Inc.  
(740) 702-7222 ext. 123

April 27, 2019

**Fitness, Food, and Fun– Addressing Disparities and Cardiac Disease**

1:00pm-3:00pm  
An interactive, multi-generational health education session featuring an exercise physiologist with facilitated dialogue, age and mobility appropriate exercise methods, free health screenings, fitness kits, community partner participation and healthy snacks.

SOUTHEAST COMMUNITY CENTER  
EDWARD "PEEL" COLEMAN COMMUNITY CENTER  
1400 SHERRICK ROAD SE  
CANTON, OH 44707  
(330) 489-3350

**Sponsored By:**  
Mercy Medical Center  
(330) 430-6986

April 27, 2019

**Songs of the Trumpet: The Donald Malloy Story**

Showtime: 2:00pm  
Songs of the Trumpet: The Donald Malloy Story is a play based on the life of Donald Malloy, nationally acclaimed producer, recording artist, and jazz trumpeter. Before and after each production information will be disseminated on domestic violence, cancer, prenatal care, diabetes, cardiovascular disease, infant mortality, and substance abuse.

MALTZ MUSEUM OF JEWISH HERITAGE  
2929 RICHMOND RD  
BEACHWOOD, OH 44122  
(216) 593-0575

**Sponsored By:**  
Cleveland Treatment Center  
(216) 861-4246



April 27, 2019

**Su Casa Hispanic Center Community Health Fair**

12:00pm –4:00pm  
Attend the Su Casa Hispanic Community Health Fair and learn how to make the best decisions for your health! Workshops, fitness demonstrations, free health and wellness screenings will be provided, as well as fun and healthy activities for kids.

AMIS SCHOOL  
1908 SEYMOUR AVE  
CINCINNATI, OH 45237  
(513) 363-1800

**Sponsored By:**  
Catholic Charities of Southwestern Ohio  
(513) 672-3727

April 27, 2019

**Office of Minority Health Workshops and Forums**

Start: 2:00 pm—7:00 pm  
The Office of Minority Health at Columbus Public Health workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

591 Industrial Mile Road  
Columbus, OH 43228  
(614) 645-7355

**Sponsored By:**  
Office of Minority Health at Columbus Public Health  
(614) 645-7335

April 27, 2019

**CARDIOFEST 2019**

7:30am-1:15pm  
A variety of festive cardiovascular activities and fitness screenings will be provided. We will have fitness presenters and health speakers who will discuss wellness issues such as: cancer, obesity, heart disease, blood pressure, HIV/AIDS, diabetes, and family violence.

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL  
643 TROY ST.  
DAYTON, OH 45404  
(937) 275-3770

**Sponsored By:**  
American Fitness Health and Wellness Institute  
(937) 275-3770



**April 27, 2019**

**It's a GIRL Thing; Food, Fitness, and Feeling Healthy**

11:00am-2:00pm  
ABC Diamond Girls will host the 1st Annual It's a GIRL Thing; Food, Fitness, and Feeling Healthy event. This program will provide a platform for girls to build their confidence and leadership skills while learning how to lead healthy, active lifestyles. This program will allow girls to talk about their health outside of school with the support of trusted adult women. Participants will also have the opportunity to participate in a swimming class. Lunch will be provided and resources, handouts, and incentives will be given out.

THE JEWISH COMMUNITY CENTER  
505 GYPSY LANE  
YOUNGSTOWN, OH 44505  
(330) 509-5341

**Sponsored By:**  
ABC Diamond Girls  
(330) 509-5341

**April 28, 2019**

**Stop the Violence Sunday**

1:00pm-3:00pm  
A health fair with free screenings and the ability to speak to a doctor to review those health screenings results will be provided for participants. A healthy cooking demonstration and a discussion regarding violence free initiatives will occur.

UNION BAPTIST CHURCH  
413 CORNELIA AVE. NE  
CANTON, OH 44704  
(330) 454-7450

**Sponsored By:**  
Union Baptist Church  
(330) 701-1551

**April 28, 2019**

**Charisma Community Connection Gospel Health Sunday**

12:00pm-2:00pm  
A healthy cooking demonstration by a licensed dietician, free health screenings, vendors, as well as a speaker regarding community health and wellness services will occur.

MOUNTAIN OF THE LORD FELLOWSHIP CHURCH  
1477 COPLEY RD  
AKRON, OH 44320  
(330) 873-9793

**Sponsored By:**  
Charisma Community Connection  
(330) 873-9793



# Good Health Begins With You!®

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**April 28, 2019**

**It's a GIRL Thing; Food, Fitness, and Feeling Healthy**

11:00am-2:00pm  
ABC Diamond Girls will host the 1st Annual It's a GIRL Thing; Food, Fitness, and Feeling Healthy event. This program will provide a platform for girls to build their confidence and leadership skills while learning how to lead healthy, active lifestyles. This program will allow girls to talk about their health outside of school with the support of trusted adult women. Participants will also have the opportunity to participate in a swimming class. Lunch will be provided and resources, handouts, and incentives will be given out.

THE JEWISH COMMUNITY CENTER  
505 GYPSY LANE  
YOUNGSTOWN, OH 44505  
(330) 509-5341

**Sponsored By:**  
ABC Diamond Girls  
(330) 509-5341

**April 28, 2019**

**Salaam Health and Wellness**

2:00pm-5:00pm  
The event will provide information on diabetes risk factors and nutrition. Informational in detail will be provided on heart attacks and other cardiovascular diseases as well as the benefits of physical activities. Blood Pressure, BMI, and fitness assessments will be provided.

ISLAMIC CENTER OF CLEVELAND  
6055 W 130TH ST  
PARMA, OH 44130  
(614) 989-6834

**Sponsored By:**  
Salaam Cleveland  
(614) 989-6834

**April 30, 2019**

**Men's Free Prostate Screening**

4:30pm-6:30pm  
The Minority Health Month Committee will partner with our local Tony Teramana Cancer Center to provide free prostate screenings for minority men 40 and up. Local urologists will administer physical and digital exams.

TONY TERAMANA CANCER CENTER  
3204 JOHNSON RD  
STEBENVILLE, OH 43952  
(740) 282-8010

To Pre-Register call: (740) 264-8207

**Sponsored By:**  
Urban Mission Ministries  
(740) 282-8010 ext. 210

# LOCAL OFFICES OF MINORITY HEALTH

## **Akron**

Summit County Office of Minority Health  
Summit County Public Health  
1867 West Market St.  
Akron, Ohio 44313

Iriel Hopkins  
Program Director  
330-926-5764

## **Cleveland**

Cleveland Office of Minority Health  
Cleveland Department of Public Health  
75 Erievue Plaza  
Cleveland, Ohio 44114

Frances Mills  
Director  
216-664-4369

## **Columbus**

Columbus Office of Minority Health  
Columbus Public Health  
240 Parsons Ave  
Columbus, Ohio 43215

Ryan E. Johnson  
Director  
614-645-7335

## **Dayton**

Dayton Council on Health Equity  
Public Health-Dayton & Montgomery County  
1320 E. Fifth Street  
Dayton, Ohio 45410

Cheryl C. Scroggins  
Community Coordinator for Health Equity  
937-225-4962

## **Toledo**

Toledo Lucas County Office  
of Minority Health  
Toledo-Lucas County Health Department  
635 North Erie Street  
Toledo, Ohio 43604

Shannon Lands  
Contact Person  
419-213-4100

## **Youngstown**

Youngstown Local Office of Minority Health  
Youngstown City Health District  
9 Front Street, Room 223  
Youngstown, Ohio 44503

Leigh Greene  
Director  
330-743-3333



## **Minority Health *Matters***

Are you interested in Minority Health Issues?

If so join our list serv to receive information re-  
lated to minority health issues.

Join NOW!

Email us at [www.minhealth@mih.ohio.gov](mailto:www.minhealth@mih.ohio.gov)



# *The 2019 Minority Health Month*

## *Statewide Calendar of Events*

*has been made possible*

*through the efforts*

*of our distinguished grantees.*

*We thank you so much.*

ABC Diamond Girls	Hope Community Services
African American Male Wellness Initiative	Kidney Foundation of Ohio, Inc.
American Fitness Health & Wellness Institute	Lorain County Health Department
Catholic Charities of Southwestern Ohio	Mercy Medical Center
Charisma Community Connection	Nuestra Gente Community Projects, Inc.
Cleveland Department of Public Health	Ohio Asian American Health Coalition
Cleveland Treatment Center	Public Health – Dayton & Montgomery County
Columbus Public Health	Ross County Community Action Commission, Inc.
Community for New Direction	Salaam Cleveland
Community Outreach Positive Alternative Training	Santa Maria Community Services
CompDrug	Summit County Metro Parks Foundation
Delta Foundation of Greater Columbus	Summit County Public Health
Emerging Autism Solutions	Toledo-Lucas County Health Department
Erie County Health Department	Union Baptist Church
Family and Community Services	United Way of Youngstown and Mahoning Valley
First AME Zion Church	Urban Mission Ministries
Franklin County Public Health	Urban Strategies Inc.
Gamma Eta Chapter	Waldrop Health and Youth Ministry
Gus Johnson Community Foundation	William E. Sanders Family Life Center
	Youngstown City Health District

# COMMISSION LEADERSHIP & STAFF

## Commission Officers:

Deena Chisolm, Ph.D., Chair, Columbus  
Bhagwan Satiani, M.D., MBA, FACS, FACHE, Vice Chair, Columbus  
Joshua Joseph, M.D., Secretary, Columbus

## Commissioners:

Timothy Barreiro J., D.O., FCCP, FACOI, FACP, Youngstown  
Talya Greathouse, M.D., Columbus  
Carla Hicks, RN, Columbus  
Gregory Lam, M.D., FACC, RPVI, Circleville  
Priyanka Vora, Cincinnati  
Mark Watkins, D.O., FACOG, Toledo

## Directors:

Maureen Corcoran, Director, Ohio Department of Medicaid  
Lori Criss, Director, Ohio Mental Health and Addiction Services  
Jeffrey Davis, Director, Ohio Department of Developmental Disabilities  
Paolo DeMaria, Superintendent, Ohio Department of Education  
Kimberly Hall, Director, Ohio Department of Job and Family Services  
Lance Himes, Director, Ohio Department of Health

## Legislators:

State Senator Stephanie Kunze, District 16  
State Senator Cecil Thomas, District 9  
  
State Representative Erika Crawley, District 26  
State Representative J. Todd Smith, District 43

## DEPARTMENT LIAISONS:

Johnnie "Chip" Allen, MPH  
Ohio Department of Health

Traci Bell-Thomas  
Ohio Department of Medicaid

Joseph Hill  
Ohio Department of Mental  
Health and Addiction Services

Jill Jackson, Ph.D.  
Ohio Department of Education

Tiffany Richardson  
Ohio Department of Jobs and  
Family Services

Jeremiah Wagner  
Ohio Department of  
Developmental Disabilities

## COMMISSION STAFF:

Angela C. Dawson, MS, MRC  
Executive Director

Reina Sims, MSA  
Program Manager

Venita O'Bannon  
Senior Financial Analyst

Amy Elbaor, MPA  
Program Specialist

Sandra Owens, AA  
Executive Assistant

## HIGH SCHOOL INTERN:

Ms. Mabinty  
Columbus Alternative High School

## COLLEGE INTERN:

Ms. Anaemy  
Otterbein University





# NATIONAL MINORITY HEALTH MONTH

Active & Healthy | April 2019

**The U.S. Health and Human Services—Office of Minority Health**

**will join their partners in raising awareness about the important role an active lifestyle plays in keeping us healthy.**

**The theme, Active & Healthy, highlights the health benefits from even small amounts of moderate-to-vigorous physical activity throughout the day.**

## **GRANT FUNDING OPPORTUNITY**

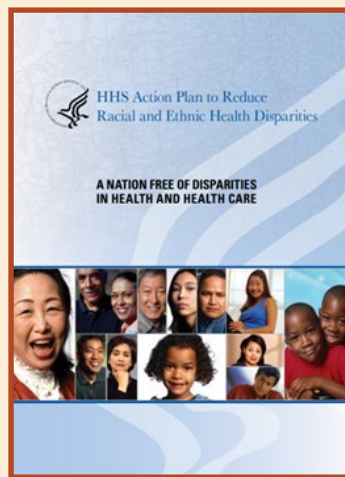
The Ohio Commission on Minority Health announces the availability of the request for Proposals (RFP) for Minority Health Month 2020. The RFP outlining grant requirements and sign-up for technical assistance sessions will be available on our website on June 10, 2019 at [www.mih.ohio.gov](http://www.mih.ohio.gov) or contact the Ohio Commission on Minority Health in person at 77 South High Street, 18th Floor, Columbus, Ohio 43215 or by calling (614) 466-4000.

**The deadline for submission is July 19, 2019.**

**The Commission issues a  
STATEWIDE CALL TO ACTION  
to practice the activities and programs that arose from the:**

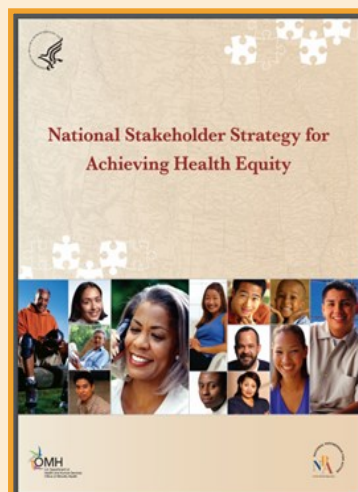
**U. S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
ACTION PLAN TO REDUCE RACIAL & ETHNIC DISPARITIES**

[HTTP://MINORITYHEALTH.HHS.GOV/NPA/FILES/PLANS/HHS/](http://minorityhealth.hhs.gov/npa/files/plans/hhs/)



**The National Stakeholders Strategy for Achieving Health Equity**

<https://minorityhealth.hhs.gov/npa/files/Plans/NSS/CompleteNSS.pdf>



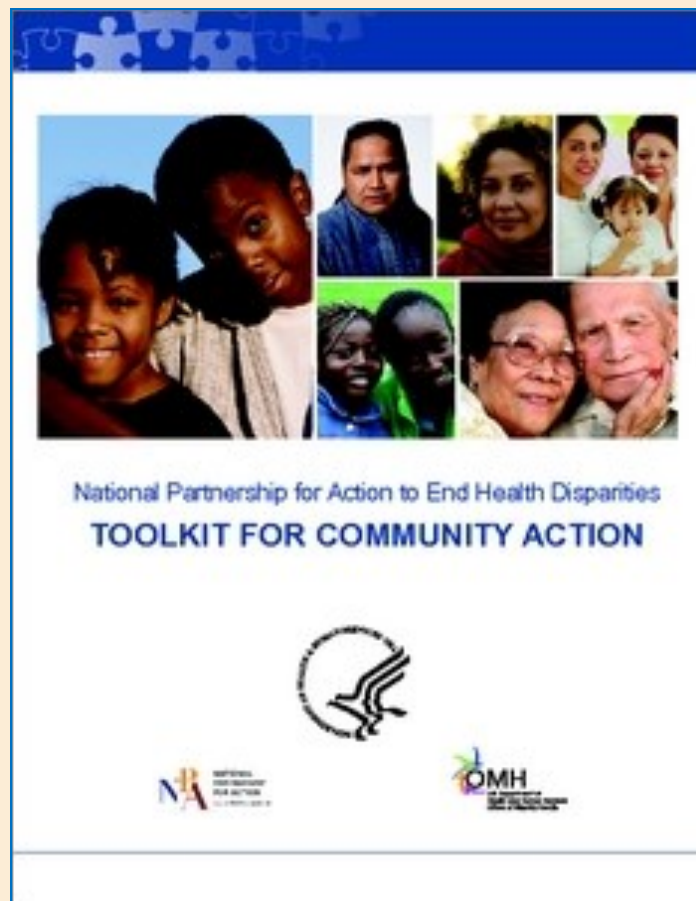


**The Commission issues a  
STATEWIDE CALL TO ACTION**

**to practice the activities and programs that arose from the:**

**National Partnership for Action: Toolkit for Community Action**

[http://minorityhealth.hhs.gov/npa/files/Plans/Toolkit/NPA\\_Toolkit.pdf](http://minorityhealth.hhs.gov/npa/files/Plans/Toolkit/NPA_Toolkit.pdf)



**Good Health Begins With You! ®**

# The Ohio Commission on Minority Health

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Begins With You!®*



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