## The Enneagram: An Introduction



open heart project

why? uses / misuses

## Three Aspects to Consider

## Toward, Against, Away

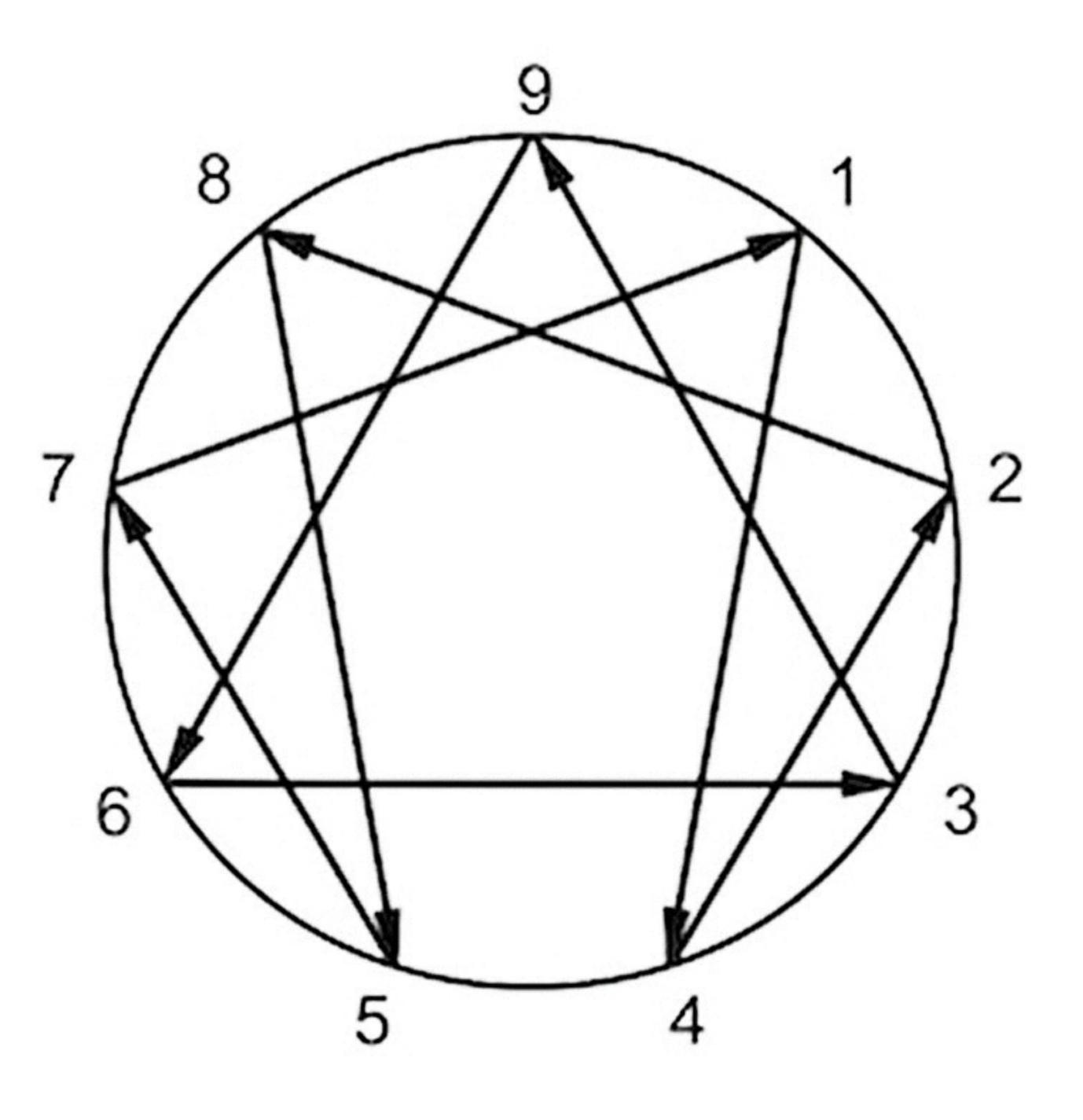








## two. personal style





EMOTIONAL

HAS TO FEEL A CONNECTION SOMEHOW

HYSTERIA/ DEPRESSION

INTUITIVE "I JUST KNEW"

1

ANGER

3 centers of intelligence

2

3 INTELLECTUAL MUST "MAKE SENSE"

ANXIETY/ PARANOIA

## nine people walk into a party/ placement of attention

<pre> rightness/wrongness?</pre>	▶ what
who needs what?	how
who can i impress?	⊳ are v

is the meaning? ·····▶ party! ..... who is in charge? can i get out? ..... wait, what party? we safe?

 description idealization • avoidance talking style

- over/inner/numb • poison / medicine integration/disintegration

- 8. the warrior
- 9. the intermediary
  - 1. the crusader



#### over

### who has the power and how can i get it?

### poison: lust

#### medicine: innocence

#### avoidance: weakness

idealization: i am competent

talking style: "laying trips"



#### numb

### what do others think?

#### poison: sloth

#### medicine: right action

#### avoidance: conflict

#### idealization: i am comfortable

talking style: saga

### 1. the crusader

#### inner

### is this correct or incorrect?

poison: anger

medicine: serenity

avoidance: anger

idealization: i am correct

talking style: preaching

- 2. the lover
- 3. the master of the phenomenal world
  - 4. the poet



#### expresses

#### seeks to connect in all moments

### poison: pride

#### medicine: humility

#### avoidance: own needs

#### idealization: i am needed

talking style: giving advice

## **3.** the master of the phenomenal world

#### numbs

#### appearances are everything

### poison: deceit

medicine: honesty

#### avoidance: failure

idealization: i am successful

talking style: propaganda



#### absorbs

#### where is the darkness?

#### poison: envy

#### medicine: equanimity

#### avoidance: ordinariness

idealization: i am special

talking style: lamentation

6. the advocate/adversary

7. the trickster

5. the wizard



#### absorbs

what can be known?

#### poison: avarice

medicine: omniscience

avoidance: inner disorder

idealization: i am knowledgeable

talking style: treatise

### **6.** the advocate / adversary

#### numbs

where is the threat?

poison: doubt

medicine: trust

avoidance: deviance

idealization: i am loyal

talking style: rules & regulations



#### expresses

#### focused on the possible

#### poison: gluttony

#### medicine: sobriety

#### avoidance: pain

#### idealization: i am fine

talking style: planning

## Four. Instinctual Drives (Subtypes)







# subtypes: the intuitive communicators

the warrior self-preservation: satisfactory survival social: friendship intimate: possession/surrender

> the intermediary self-preservation: appetite social: participation intimate: union

the crusader self-preservation: worry social: non-adaptable intimate: heat

# subtypes: the emotional communicators

the lover self-preservation: me first social: ambition intimate: seduction

the master of the phenomenal world self-preservation: security social: prestige intimate: ideal male/female

the poet self-preservation: reckless social: shame intimate: competition

- self-preservation: castle social: totem intimate: confidence

- the trickster self-preservation: family and friends social: sacrifice intimate: fascination

### the wizard

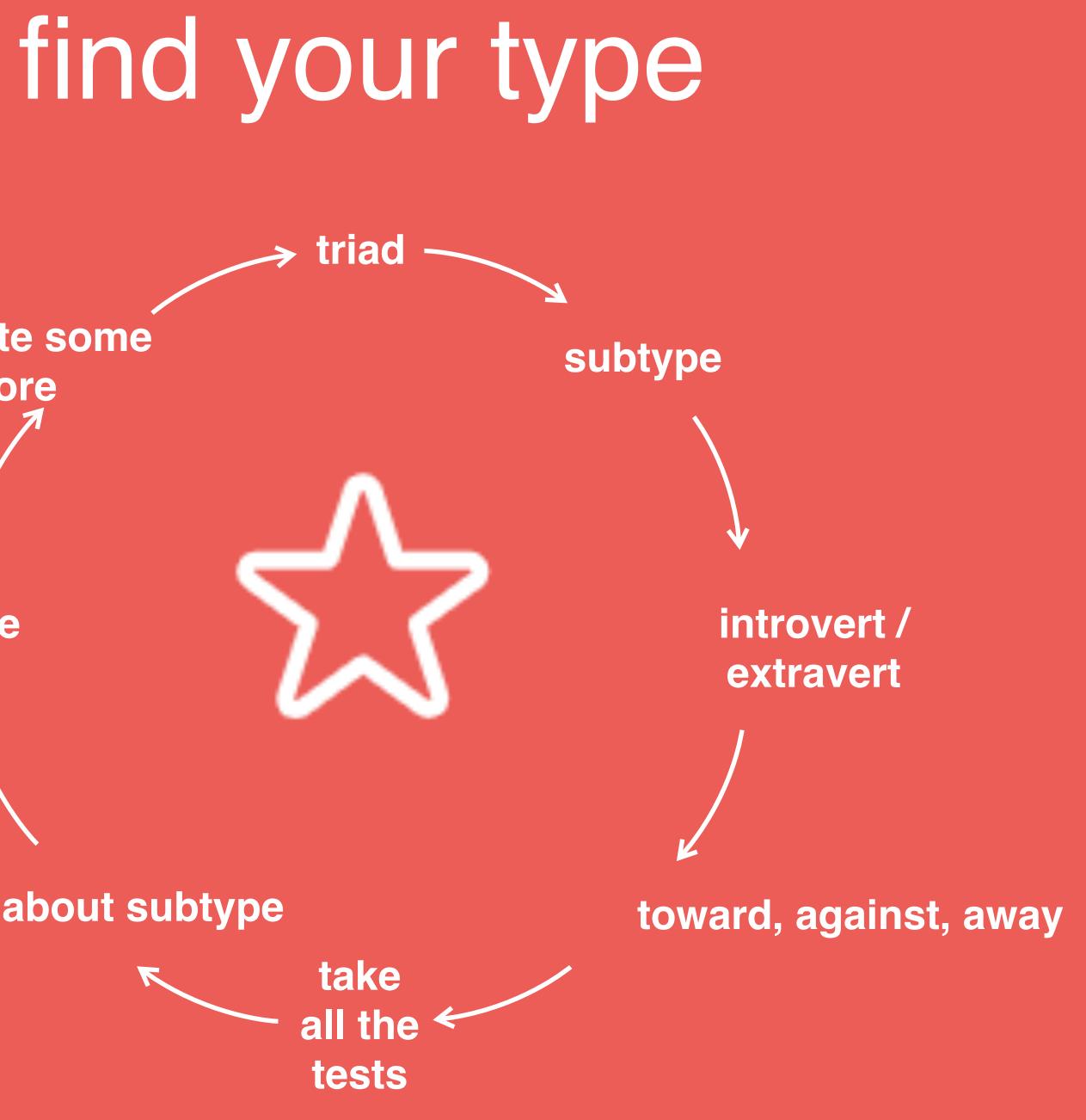
### the advocate/adversary

self-preservation: warm social: duty intimate: strength and beauty

### marinate some more

marinate

#### read about subtype





questions?

homework see youtube clips



## thank you