

Disease	Modes of Transmission	Prevention	Comments
Hepatitis C	Blood and body fluids	Standard Precautions	No additional precautions for pregnant HCW.
Herpes Simplex	Contact with lesion	Standard precautions or contact precautions depending upon severity of illness	No additional precautions for pregnant HCW.
HIV	Blood and body fluids	Standard precautions	Report any blood/body fluid exposure immediately according to hospital policy.
Influenza	Respiratory secretions	Droplet precautions Yearly vaccine	Vaccination (safe during pregnancy). Symptomatic pregnant women should be evaluated for antiviral treatment within 48 hours of illness onset.
Parvovirus B19 (Fifth's Disease)	Respiratory secretions (and rarely blood)	Droplet precautions	HCW may request reassignment if pregnant.
Pulmonary or Laryngeal Tuberculosis	Airborne droplet Nuclei	Airborne precautions	Report any unprotected exposure.
Rubella	Respiratory secretions	Droplet precautions Vaccine Contact precautions for congenital rubella	The non-immune HCW should not care for rubella patients until vaccination is complete. The MMR vaccine and its component vaccines should not be given to women known to be pregnant. A HCW may request reassignment to avoid risk of exposure.
Rubeola (Measles)	Respiratory secretions	Airborne precautions Vaccine	The non-immune HCW should not care for rubeola patients until vaccination is complete. The MMR vaccine and its component vaccines should not be given to women known to be pregnant. A HCW may request reassignment to avoid risk of exposure.
Varicella (Chickenpox)	Respiratory secretions and lesion contact	Airborne and contact precautions	The non-immune HCW should not care for varicella patients. A HCW may request reassignment to avoid risk of exposure. Non-immune women of childbearing age should be evaluated for postexposure prophylaxis.
Varicella Zoster, Disseminated or localized in Immuno-compromised patient	Respiratory secretions and lesion contact	Airborne and contact precautions	The non-immune HCW should not care for varicella zoster patients. A HCW may request reassign to avoid risk of exposure. If exposed, non-immune pregnant women should be evaluated for postexposure prophylaxis. The vaccine is contraindicated in pregnancy.
Varicella Zoster (Shingles), localized	Contact with lesions	Standard precautions	The non-immune HCW should not care for varicella patients. A HCW may request reassignment to avoid risk of exposure. If exposed, non-immune pregnant women should be evaluated for postexposure prophylaxis. The vaccine is contraindicated in pregnancy.
Pertussis	Respiratory	Droplet Precautions Vaccination	Pregnant HCW should receive a dose of Tdap during each pregnancy irrespective of prior history of receiving Tdap.

Additional information, please see the following policy [HM-08-028 Teratogens Safe Work Practices](#)

References:

CDC (2021, January 4) *Clinical Questions about COVID-19 Questions and Answers*. Retrieved on January 5, 2021 from: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/faq.html> CDC (1998) *Guideline for infection control in health care personnel, 1998*. Retrieved on January 5, 2021 from: <https://www.cdc.gov/hicpac/pdf/InfectControl98.pdf>

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CDC (2020, November 30). *Recommendations for Obstetric Health Care Providers Related to Use of Antiviral Medications in the Treatment and Prevention of Influenza*. Retrieved on January 5, 2021 from: https://www.cdc.gov/flu/professionals/antivirals/avrec_ob.htm

CDC (2020, December 28). *Pregnancy, Breastfeeding, and Caring for Newborns*. Retrieved on January 5, 2021 from: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html>

NIOSH (2017, April). *Reproductive health and the workplace*. Retrieved on January 5, 2021 from: <https://www.cdc.gov/niosh/topics/repro/healthcaresafetyresources.html>

NIOSH (2019, November). *Reproductive health and the workplace*. Retrieved on January 5, 2021 from: <https://www.cdc.gov/niosh/topics/repro/infectious.html>

<p>Approved by:</p> <p><u>/s/</u> <u>02/22/2021</u> Michael Ellis, MD Chair, Infection Control Committee Date</p> <p><u>/s/</u> <u>02/22/2021</u> Andrew Casabianca, MD Chief of Staff Date</p> <p><u>/s/</u> <u>02/22/2021</u> Michael Ellis, MD Chief Medical Officer Date</p> <p><i>Review/Revision Completed By: Infection Control Committee</i></p>	<p>Review/Revision Date:</p> <p>2/17/86 5/18/87 11/1/88 3/5/90 8/6/90 9/9/91 11/10/93 6/2/97 3/1/99 12/17/01 12/20/04 3/24/2008 2/28/2011 07/01/2014 07/25/2014 6/30/2017 8/11/2020 01/06/2021</p> <hr/> <p>Next Review Date: 01/2024</p>
<p>Policies Superseded by This Policy:</p>	