



The Ohio Commission on
Minority Health

Celebrates 32 Years of Service

“April is Minority Health Month”

APRIL 2019
MINORITY HEALTH MONTH
CALENDAR OF EVENTS

A 30-Day Wellness Campaign



Good Health
Begins With You! ®

“APRIL IS MINORITY HEALTH MONTH”

MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio’s minority and non-minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

In 2000, MHM became a national celebration. In 2005, the National Association of State Offices of Minority Health was created with a vision to provide leadership in transforming the health of racial and ethnic minority communities, tribal organizations, and nations. In April, we will join our fellow State Offices of Minority Health in lifting up wellness and good health.

Today, the celebration has grown to over 90 events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.

We applaud our many partners for their continued commitment to improving the health status of communities across Ohio.

This month long wellness campaign focuses on health promotion and disease prevention among minority populations.

All events are free and open to the public.

March 7, 2019

Official State of Ohio Kick-Off and Health Expo

9:00am - 2:00pm
Expo will feature grantee displays, sponsor booths, health information, free health screenings, exercise demonstrations, and healthy food samples will be available. Former Senator Tavares is our keynote speaker and she will address health equity and health disparities in Ohio.

Vern Riffe Center
77 S. HIGH ST., 3RD & 5TH FLOORS
COLUMBUS, OH 43215
614-466-4000

Sponsored By:
Ohio Commission on Minority Health
(614) 466-4000

April 3, 2019

Autism Advocacy Workshop and Basketball Camp

6:00pm-7:30pm
Workshop to promote autism awareness and learn about tactical practices and strategies for managing Autism. This event is free and open to the public and there will be a basketball camp for children.

BRIGGS HIGH SCHOOL
2555 BRIGGS RD.
COLUMBUS, OH 43223
(614) 975-5582

Sponsored By:
Emerging Autism Solutions
(614) 975-5582

April 3, 2019

Gus Johnson Community Foundation Health Fair

7:00pm-9:00pm
A health fair with free screenings and the ability to speak to a doctor and review the results with participants. A healthy cooking demonstration with a discussion regarding healthy cooking and eating will also be a part of the health fair.

GUS JOHNSON
COMMUNITY CENTER
1015 S. HAWKINS AVE.
AKRON, OH 44320
(330) 606-3888

Sponsored By:
Gus Johnson Community Foundation
(330) 606-3888

April 3, 2019

Cooking Matters Session One: Let's Get Cooking

10:00am - 12:00pm
"Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthy meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM
211 N. CHAMPION AVE.
COLUMBUS, OH 43203
(614) 972-7821

Sponsored By:
Urban Strategies Inc.
(614) 817-1276

April 4, 2019

Equity Leadership: From Action to Application— How to Get It Done

8:00am-12:00pm
This health equity symposium will focus on leading equity efforts and the intersection between equity, health and leadership. The event will be interactive and will include keynote and panel discussions. The event will also offer blood pressure and blood sugar screenings, along with information about breast, lung, colorectal cancer, diabetes, and kidney disease.

CLEVELAND STATE UNIVERSITY
FENN TOWER
1983 E. 24TH STREET
CLEVELAND, OH 44115
(216) 687-2000

Sponsored By:
Cleveland Department of Public Health
(216) 664-3052



April 5, 2019

Ross County Community Action Minority Health Fair

10:00am-2:00pm
Ross County Community Action will host a Health Fair. Services will be provided by local health care facilities as well as local social service agencies. All participants will be able to enter to win a Fitbit door prize provided by Ross County Community Action Agency.

CARVER COMMUNITY CENTER
165 W. 4TH ST.
CHILLICOTHE, OH 45601
(740) 773-4242

Sponsored By:
Ross County Community Action Agency
(740) 702-7222 ext. 123

April 5, 2019

Cooking Demonstration

4:00pm– 6:00pm
A cooking demonstration will be provided to the community along with nutrition education information and community partners will provide additional interactive activities for the whole family that promote a healthy lifestyle.

MASID ABU BAKR
591 INDUSTRIAL MILE RD.
COLUMBUS, OH 43228
(614) 272-9994

Sponsored By:
Franklin County Public Health
(614) 525-6668

April 6, 2019

German Village Walking Club Presents: AAWALK Training Session

7:30am-11:30am
Participants will walk 5k in preparation for the AAWALK 5k. A health assessment will be taken at the beginning of the event.

SCHILLER PARK
1069 JAEGER ST.
COLUMBUS, OH 43206
(614) 645-3156

Sponsored By:
African American Male Wellness Initiative
(614) 648-9720

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 6, 2019

Su Casa Hispanic Center Community Health Fair

12:00pm-4:00pm
Attend the Su Casa Hispanic Center Community Health Fair and learn how to make the best decisions for your health! Workshops, fitness demonstrations, free health and wellness screenings will be provided. Fun, healthy activities for kids and free and open to the public.

ST. JULIE BILLART PARIS CHURCH
224 DAYTON ST.
HAMILTON, OH 45011
(937) 238-2523

Sponsored By:
Catholic Charities Southwestern Ohio
(513) 672-3727

April 6, 2019

Minority Health Kickoff Event 2019

9:00am-1:00pm
A one day community health education event in partnership with the Westside Community Health Advisory Committee, CareSource, CPH LGBTQ, OSU, DADDs, Lifeline of Ohio, Nationwide Children's Hospital and Office of Minority Health at Columbus Public Health.

COLUMBUS PUBLIC HEALTH AUDITORIUM
240 PARSONS AVE.
COLUMBUS, OH 43215
(614) 645-7335

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

April 6, 2019

V.I.O.L.E.T. Seminar—Healthy Eating

10:00am-12:00pm
A two-hour interactive workshop focused on healthy eating habits including eating choices outside of the home and tips on preparing healthier meals in the home. A registered dietician will lead participants in the preparation of a food demonstration of healthy snacks and meals.

MIFFLIN MIDDLE SCHOOL
3000 AGLER RD.
COLUMBUS, OH 43219
(614) 365-5474

Sponsored By:
Delta Foundation of Greater Columbus
(614) 325-9417 / (614) 893-2862

April 6, 2019

2019 Greater Dayton Minority Health Month Kick-Off

10:00am-1:00pm
A community education forum featuring the film "Hidden Figures" with a facilitated dialogue, free health screenings, health information, and community partner participation.

NEON THEATRE
130 E. FIFTH ST.
DAYTON, OH 45402
(937) 225-4962

Sponsored By:
Public Health-Dayton &
Montgomery County
(937) 225-4962

April 6, 2019

Mental Health First Aid Workshop

9:00am-5:00pm
The eight hour Mental Health First Aid program is built upon evidence-based curriculum from the National Behavioral Council. The content will remain the same but the discussion and examples will be tailored toward Asian American Pacific Islander (AAPI) communities and cultures.

RARDIN FAMILY PRACTICE
2231 NORTH HIGH ST.
ROOM 100
COLUMBUS, OH 43201
(513) 767-5183

Sponsored By:
Ohio Asian American Health Coalition
(513) 767-5183

April 6, 2019

Healthy Choir Showcase

3:00pm-6:00pm
Choir showcase to raise awareness about important health issues and disparities that impact minority communities. The topics and issues that will be discussed are infant mortality and chronic diseases along with methods of prevention.

BUCHTEL COMMUNITY LEARNING CENTER
1040 COPLEY RD.
AKRON, OH 44320
(330) 761-7945

Sponsored By:
Summit County Combined General Health District
(330) 926-5764

April 6, 2019

5th Annual "Stop the Violence" 5K Walk/Run

11:00am-2:00pm
The purpose of this event is to continue to address the issue of violence in our city and to raise awareness of violent crimes as a minority health disparity. The 2019 5K Walk/Run will feature a Sidewalk Health Fair and an Outdoor Community Health Luncheon.

STEBENVILLE MUNICIPAL BUILDING
115 SOUTH 3RD ST.
STEBENVILLE, OH 43952
(740) 282-8010

Sponsored By:
Urban Mission Ministries
(740) 282-8010 or (740) 283-6000

April 6, 2019

5th Annual Citywide Baby Shower & Health Fair

12:00pm-3:00pm
The health fair will offer free BMI, Bone, Blood Pressure, lead screenings for children and low impact aerobics. A number of agencies will provide information on services available to support expectant moms.

EUGENIA C. ATKINSON
RECREATIONAL CENTER
801 OTIS ST.
YOUNGSTOWN, OH 44510
(330) 747-3299

Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8249

April 7, 2019

Salaam Cleveland Health and Wellness

11:00am-3:00pm
Information on the effects of substance abuse/smoking, how and where one can get help. This will include vision screens and instruction to promote good vision will be provided along with dental examinations and instructions for good oral hygiene. Callisthenic exercise instruction to promote physical activity will be provided.

BEIT HANINA SOCIAL CLUB
10301 LORAIN RD.
CLEVELAND, OH 44111
(216) 941-3599

Sponsored By:
Salaam Cleveland
(614) 989-6834

Good Health Begins With You!®

April 8, 2019

Healthy Body and Mind: Staying Drug and Violence Free

4:00pm-5:30pm
Community for New Direction will facilitate an event to educate 11-18 year old youth on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION
993 E. MAIN ST.
COLUMBUS, OH 43205
(614) 272-1464

Sponsored By:
Community for New Direction
(614) 272-1464

April 9, 2019

Depression, Stress, and Heart Disease

6:30pm-8:30pm
This workshop will examine the correlation between depression and heart disease and how new research can assist those battling depression and to take the necessary steps to reduce risks of heart disease.

ABUNDANT SEASONS ANOINTED MINISTRIES INTERNATIONAL
643 TROY ST.
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770



Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 9, 2019

Success After 6: Healthy Habits for Students and Families

3:00pm-6:00pm
United Way of Youngstown and the Mahoning Valley will host a fun and interactive family engagement event for Williamson Elementary students, families, and community. A licensed dietician will demonstrate to parents how to prepare a healthy meal for families and educate families on proper nutrition guidelines. Food samples will be shared with recipes and informational handouts.

WILLIAMSON ELEMENTARY
58 WILLIAMSON AVE.
YOUNGSTOWN, OH 44507
(330) 746-8494

Sponsored By:
United Way of Youngstown and the Mahoning Valley
(330) 746-8494

April 10, 2019

Success After 6: Healthy Habits for Students and Families

3:00pm-6:00pm
United Way of Youngstown and the Mahoning Valley will host a fun and interactive family engagement event for Williamson Elementary students, families, and community. A licensed dietician will demonstrate to parents how to prepare a healthy meal for families and educate families on proper nutrition guidelines. Food samples will be shared with recipes and informational handouts.

WILLIAMSON ELEMENTARY
58 WILLIAMSON AVE.
YOUNGSTOWN, OH 44507
(330) 746-8494

Sponsored By:
United Way of Youngstown and the Mahoning Valley
(330) 746-8494

April 10, 2019

Autism Advocacy Workshop/Basketball Camp

6:00pm-7:30pm
Workshop to promote autism awareness and learn about tactical practices and strategies for managing Autism. This event is free and open to the public and there will be a basketball camp for children.

BRIGGS HIGH SCHOOL
2555 BRIGGS RD.
COLUMBUS, OH 43223
(614) 975-5582

Sponsored By:
Emerging Autism Solutions
(614) 975-5582

April 10, 2019

Stress Busting: Eating for Calm and Meditative Tai Chi for Stress Relief

6:00pm-8:00pm
A health education session featuring a 1 hour cooking demonstration focusing on eating foods for calm, while used with a 1 hour meditative tai chi class for movement and as a mechanism for coping with stressful life events.

MT. ZION BAPTIST CHURCH- GLENDALE
40 CORAL AVE.
CINCINNATI, OH 45246
(513) 771-9135

Sponsored By:
The Waldrop Health and Youth Ministry
(513) 771-9135

April 10, 2019

Cooking Matters Session Two: Choosing Fruits, Vegetables, and Whole Grains

10:00am-12:00pm
"Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM
211 N. CHAMPION AVE.
COLUMBUS, OH 43203
(614) 972-7821

Sponsored By:
Urban Strategies, Inc.
(614) 817-1276

April 10, 2019

Gus Johnson Community Center Foundation Health Fair

7:00pm-9:00pm

A health fair with free screenings and the ability to speak to a doctor to review the results. A health cooking demonstration and a discussion regarding health cooking and eating will also take place.

GUS JOHNSON
COMMUNITY FOUNDATION
1015 S. HAWKINS AVE.
AKRON, OH 44320
(330) 606-3888

Sponsored By:
Gus Johnson Community Foundation
(330) 606-3888

April 10, 2019

Teen C.O.R.E. (Create Opportunities for Recreation and Healthy Eating)

5:00pm-8:00pm

All Central Ohio 8th-12th graders are invited to a fun hip hop and fitness class with renowned instructor, Mike Nicholson. No dance experience necessary, this is for everyone!

YOUTH TO YOUTH BUILDING
1420 FIELDS AVENUE
COLUMBUS, OH 43211
(614) 224-4506

Sponsored By:
CompDrug
(614) 586-7963

April 11, 2019

Office of Minority Health Workshops and Forums

Start: 8:00 am—11:00 am

The Office of Minority Health at Columbus Public Health workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

COLUMBUS PUBLIC HEALTH
240 PARSONS AVE.
COLUMBUS, OH 43215
(614) 645-7335

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 11, 2019

Outdoor Rx for Minority Health

10:00am-3:00pm

This bus tour of the Summit Metro Parks will stop at an indoor lodge for a demonstration of healthy park activities like walking, hiking, stress-relief, intergenerational fun, and fitness tracking.

REACH COMMUNITY CENTER AT SUMMIT LAKE
390 WEST CROSIER ST.
AKRON, OH 44301
(330) 865-8065

Sponsored By:
Summit Metro Parks Foundation
(330) 865-8065

April 11, 2019

Minority Health Month Conference

8:30am-3:30pm

This conference looks at barriers that prevent members of minority populations from receiving appropriate health services. Participants will learn strategies to assist clients in seeking and maintaining healthy lifestyle choices.

TABERNACLE BAPTIST CHURCH
707 TABERNACLE BLVD.
YOUNGSTOWN, OH 44510
(330) 747-9624

Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8294

April 12, 2019

Healthy Body and Mind: Staying Drug and Violence Free

4:30pm-6:00pm

Community for New Direction will facilitate an event that will educate 11 to 18 year old youth on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION
993 E. MAIN ST.
COLUMBUS, OH 43205
(614) 272-1464

Sponsored By:
Community for New Direction
(614) 272-1464



April 12, 2019

Heart Healthy Eats for the Valley

5:30pm-7:30pm

Free cooking demonstration with participant based instruction to create flavorful meals to reduce the risks of heart attack and strokes. Participants will be provided with fresh produce and recipes to take home.

ONE HEALTH OHIO COMMUNITY MEDICAL AND DENTAL CENTER
726 WICK AVE.
YOUNGSTOWN, OH 44505
(330) 747-9551

Sponsored By:
Hope Community Services
(330) 261-6104
Health
(440) 322-6308

April 12, 2019

Lorain County Minority Health Month Screenings

8:30am-11:00am

The Elyria YWCA is hosting a Health Fair in honor of Minority Health Month. The public is welcome to come for resources and free blood pressure checks. Free fasting bloodwork will be available for attendees that pre-register by calling (440) 322-6367.

Elyria YWCA
318 West Avenue
Elyria, Ohio 44035
(440) 322-6308

Sponsored By:
Lorain County Public

April 12, 2019

Dance for Life Workshop

6:00pm-9:00pm

This workshop is designed to engage participants in various dance styles as a form of exercise. Participants will enjoy an evening of dancing and health related discussions. The featured health discussion for the 2019 workshop will be centered around financial health.

MARTIN LUTHER KING RECREATIONAL CENTER
905 MARKET STREET
STEBENVILLE, OH 43952
(740) 283-6000 EXT. 4000 OR (740) 282-8010

Sponsored By:
Urban Mission Ministries
(740) 282-8010 ext. 210

April 13, 2019

Fun, Food, and Fitness for Kids

12:00pm-2:30pm

A free interactive program for children designed to encourage physical exercise and healthy eating to promote lifelong wellness. Meet our hometown fitness champion Eric Jordan and learn some new moves, and explore "colorful" eating.

NEHEMIAH PARTNERS CENTER
1215 CAMPBELL ST.
SANDUSKY, OH 44870
(419) 609-9181

Sponsored By:
Erie County Health Department
(419) 626-5623 ext. 172

April 13, 2019

“Catch the Health Wave”

10:30am-2:30pm
 “Catch the Health Wave” Health Fair will include screenings for blood pressure, cholesterol, glucose, vision, BMI, and Alzheimer. A cooking demonstration along with exercise demonstration by a personal trainer will occur. There will be a jump rope and hula hoop youth competition and information regarding heart attacks, strokes, and smoking cessation.

WILLIAM E. SANDERS FAMILY LIFE CENTER
 3949 LEE RD.
 CLEVELAND, OH 44128
 (216) 751-2688

Sponsored By:
 William E. Sanders Family Life Center
 (216) 751-2688

April 13, 2019

German Village Walking Club Presents: AAWALK Training Session

7:30am-11:30am
 Participants will walk 5k in preparation for the AAWALK 5k. A health assessment will be taken at the beginning of the event.

SCHILLER PARK
 1069 JAEGER ST.
 COLUMBUS, OH 43206
 (614) 645-3156

Sponsored By:
 African American Male Wellness Initiative
 (614) 648-9720

April 13, 2019

Keeping Active Inflatable Challenge

11:00am-3:00pm
 Movement in a carnival type setting with a 68' inflatable obstacle course and other interactive stations. The children will answer healthy eating and fitness questions for tickets to play various games and a survey will be required to get a snack ticket.

FIRM FOUNDATION CHURCH
 241 JEFFERSON ST.
 RAVENNA, OH 44266
 (330) 297-5933

Sponsored By:
 Community Outreach Positive Alternative Training (COPAT)
 (330) 327-6554

Good Health Begins With You!®

April 13, 2019

Prairie Township Produce Market with Cooking Demonstration

9:30am-11:30am
 The monthly free produce market will include a cooking demonstration using common items at the market along with nutrition education and community partners will provide additional interactive activities for the whole family that promote a healthy lifestyle.

PRAIRIE TOWNSHIP FIRE DEPARTMENT
 123 INAH AVE.
 COLUMBUS, OH 43228
 (614) 878-4571

Sponsored By:
 Franklin County Public Health
 (614) 525-6668

April 13, 2019

Minority Health Kickoff

9:00am-3:00pm
 The Toledo Local Office on Minority Health will present a Minority Health Month Kickoff and the event is open to all ages and will have various community serving organizations available. The general public, community agencies and institutions, political leaders, influential citizens, and the media are all invited to participate. Services included: screenings for both youth and adults such as vision, blood pressure, cholesterol, blood sugar, and lead will be provided free of charge. The event will include a Youth Summit as well as a Community Wide Baby Shower.

SCOTT HIGH SCHOOL
 2400 COLLINGWOOD BLVD.
 TOLEDO, OH 43620
 (419) 213-4095

Sponsored By:
 Lucas County Regional Health District
 (419) 213-4095

April 13, 2019

V.I.O.L.E.T. Seminar—Self Esteem and Healthy Eating

10:00am-12:00pm
 A health education session as well as fitness activity to help young ladies learn ways to take care of themselves and how low self-esteem impacts the eating choices we make. The program will focus on what young ladies can do to take charge of their health and reasons to not jump on the latest eating fad in order to fit in.

MIFFLIN MIDDLE SCHOOL
 3000 AGLER ROAD
 COLUMBUS, OH 43219
 (614) 365-5474

Sponsored By:
 Delta Foundation of Greater Ohio
 (614) 325-9417 or (614) 893-2862

April 13, 2019

2019 Spring Health Fair

12:00pm-3:00pm
 The health fair will offer free screenings including glucose, cholesterol, blood resources, mammograms, prostate, vision, hearing, BMI, and more. We will have community resources and information available.

PRICE HILL RECREATION CENTER
 959 HAWTHORNE AVE.
 CINCINNATI, OH 45205
 (513) 557-7249

Sponsored By:
 Santa Maria Community Services, Inc.
 (513) 557-7207

April 13, 2019

Hoop for Coop Youth Health Summit

11:00am-3:00pm
 The Office of Minority Health in collaboration with the Hoop for Coop Cardiovascular Health Initiative will host a Healthy Youth (middle and high school) skills camp and summit to increase awareness of cardiovascular health, obesity, nutrition and prevention.

BUCHTEL COMMUNITY LEARNING CENTER
 1040 COPLEY RD.
 AKRON, OH 44320
 (330) 761-7945

Sponsored By:
 Summit County Combined General Health District
 (330) 926-5764

April 14, 2019

Healthy Sunday

1:00pm-3:00pm
 A health fair with free screenings and the ability for participants to speak to a doctor to review screening results. Provision of a healthy cooking demonstration and a discussion regarding healthy cooking and eating.

UNION BAPTIST CHURCH
 413 CORNELIA AVE. N.E.
 CANTON, OH 44704
 (330) 454-7450

Sponsored By:
 Union Baptist Church
 (330) 701-1551



April 14, 2019

La Feria de La Salud

10:00am-3:00pm
Specialists from Toledo Lucas County Health Department and Mercy Hospital will conduct free blood pressure, blood sugar, cholesterol, and HIV screening and counseling.

SAINT PETER AND PAUL CHURCH
783 SAINT CLAIR ST.
TOLEDO, OH 43609
(419) 241-5822

Sponsored By:
Nuestra Gente Community Projects, Inc.
(419) 283-0581

April 16, 2019

How to Improve Nutritious Food Access in Low-Income Communities

8:30am-10:00am
This session will discuss why access to healthy foods is a significant barrier to healthy behaviors among individuals in low-income communities. Participants will gain resources for chronic kidney patients.

KIDNEY FOUNDATION OF OHIO, INC.
2831 PROSPECT AVE.
CLEVELAND, OHIO 44115
(216) 771-2700

Sponsored By:
Kidney Foundation of Ohio, Inc.
(216) 771-2700

April 16, 2019

"Cardio, Carbs, Calories, and Curves"

6:30pm-8:30pm
Embrace Your Shape! Burn fat through cardio. Learn how that the right carbs will improve and your life. Learn about the "six chains" of carbohydrates. These four topics can help you create more "flex" appeal and "curvaceous" better body image.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST., SUITE A
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 16, 2019

Cooking Matters Session Three: Healthy Starts at Home

10:00am-12:00pm
"Cooking Matters" works to address issues of diet related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM
211 N. CHAMPION AVE.
COLUMBUS, OH 43203
(614) 972-7821

Sponsored By:
Urban Strategies Inc.
(614) 817-1276

April 17, 2019

Heart Healthy Eats for the Valley

5:30pm-7:30pm
Free cooking demonstration with participant based instruction to create flavorful meals to reduce the risk of heart attacks and strokes. Participants will be provided with fresh produce and recipes to take home.

ONE HEALTH OHIO COMMUNITY MEDICAL AND DENTAL CENTER
726 WICK AVE.
YOUNGSTOWN, OH 44505
(330) 747-9551

Sponsored By:
Hope Community Services
(330) 261-6104

April 17, 2019

Stress Busting: Eating for Calm and Meditative Tai Chi for Stress Relief

6:00pm-8:00pm
A health education session featuring a 1 hour cooking demonstration focusing on eating foods for calm, fused with a 1 hour meditative tai chi class for movement and as a mechanism for coping with stressful life events.

MT. ZION BAPTIST CHURCH- GLENDALE
40 CORAL AVE.
CINCINNATI, OH 45246
(513) 771-9135

Sponsored By:
The Waldrop Health and Youth Ministry
(513) 771-9135

Good Health Begins With You!®

April 17, 2019

Teen C.O.R.E.

5:00pm-8:00pm
All Central Ohio 8th-12th graders are invited to a fun hip hop and fitness class with renowned instructor, Mike Nicholson. No dance experience necessary. This is for everyone!

YOUTH TO YOUTH BUILDING
1420 FIELDS AVENUE
COLUMBUS, OH 43211
(614) 224-4506

Sponsored By:
CompDrug
(614) 586-7963

April 18, 2019

Outdoor Rx for Minority Health

10:00am-3:00pm
This bus tour of the Summit Metro Parks will stop at an indoor lodge for a demonstration of healthy park activities like walking, hiking, stress-relief, intergenerational fun and fitness tracking.

REACH COMMUNITY CENTER AT SUMMIT LAKE
390 WEST CROSIER ST.
AKRON, OH 44301
(330) 865-8065

Sponsored By:
Summit Metro Parks Foundation
(330) 865-8065 ext. 314

April 18, 2019

Keep It Moving Sandusky!

4:00pm-6:30pm
Get physical with hometown fitness guru Eric Jordan. Short on time? Short on space? Here's what you can do to improve your health. Also, try out good-for-you food fixes using items from the OHgo food pantry which will be open from 5:30pm-6:30pm.

ORLANDO PACE PARK
1130 WAMAJO DR.
SANDUSKY, OH 44870
(419) 626-5623 EXT. 172

Sponsored By:
Erie County Health Department
(419) 626-5623 ext. 172

April 18, 2019

Lorain County Minority Health Month Screenings

8:30am-11:00am
We Care We Share Pantry in Lorain is hosting free health screenings in honor of Minority Health Month. Open to the public and free with resources and blood pressure checks. Free fasting blood work is available to attendees that pre-register by calling (440) 322-6367.

WE CARE WE SHARE
188 E. 31ST ST.
LORAIN, OHIO 44055
(440) 714-2690

Sponsored By:
Lorain County Public Health
(440) 322-6367

April 19, 2019

Life Saving / Life Giving Fair

12:00pm-6:00pm
An event focused on initiatives of saving the lives of our fellow brothers and sisters. A Blood Donor drive will be the focus event hosted by the American Red Cross. Vendors will be on-site to discuss organ and tissue donation, kidney disease, and sickle cell disease.

FAITH MINISTRIES
2747 AGLER RD
COLUMBUS, OH 43224
614-418-0641

Sponsored By:
First AME Zion Church
(614) 323-2196

April 19, 2019

Cooking Matters Session Four: The Power of Planning

10:00am-12:00pm
"Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER PLACE COMMUNITY ROOM
211 N. CHAMPION AVE.
COLUMBUS, OH 43203
(614) 972-7821

Sponsored By:
Urban Strategies Inc.
(614) 817-1276

April 20, 2019

Charisma Community Connection Health Fair

9:30am-12:00pm
A healthy cooking demonstration by a licensed dietician, free health screenings, and vendors, as well as a speaker regarding community health and wellness services.

MOUNTAIN OF THE LORD FELLOWSHIP CHURCH
1477 COPLEY RD.
AKRON, OH 44320
(330) 873-9793

Sponsored By:
Charisma Community Connection
(330) 873-9793



April 20, 2019

Introduction to Mental Health First Aid

12:30pm-1:30pm
The interactive workshop on Advocacy for Mental Health will cover important topics such as the promotion of good mental health and identifying and intervening in more serious mental health situations. The Mental Health First Aid training will allow participants to develop the skills needed.

RARDIN FAMILY PRACTICE
2231 N. HIGH ST.
ROOM 100
COLUMBUS, OH 43201
(513) 767-5183

Sponsored By:
Ohio Asian American Health Coalition
(513) 767-5183

April 20, 2019

Community Health Fair

12:00pm-5:00pm
Health education presentation, free health screenings, and community partner tables featuring community resources and health service information.

DAKOTA CENTER
33 BARNETT ST.
DAYTON, OH 45402
(937) 225-4962

Sponsored By:
Public Health– Dayton and Montgomery County
(937) 225-4962

April 21, 2019

La Feria de La Salud

10:00am-2:00pm
Specialists from Toledo-Lucas County Health Department and Mercy Hospital will conduct free blood pressure, blood sugar, cholesterol, and HIV screenings and counseling.

IMMACULATE CONCEPTION CHURCH
439 EASTERN AVE
TOLEDO, OH 43609
(419) 243-1829

Sponsored By:
Nuestra Gente Community Projects, Inc.
(419) 283-0581

April 22, 2019

Fitness and Nutrition on the Go!

6:00pm-8:00pm
Adults will have a food set-up station for hands-on meal preparation and healthy food alternatives. A yoga instructor will lead a physical fitness workshop and explain how yoga can improve health.

CHAGRIN FALLS COMMUNITY CENTER
GELLEIN GYMNASIUM
7060 WOODLAND AVE.
CHAGRIN FALLS, OH 44023
(440) 247-6030

Sponsored By:
Family and Community Services
(440) 247-6030

April 23, 2019

Metro Minority Health Fair

9:00am-2:00pm
The Summit County Local Office of Minority Health will host a health and resource fair at the Metro Transit station downtown. Resources such as mental health, addiction and other needed social services will be present to provide information and resources to the community.

METRO TRANSIT STATION
631 S. BROADWAY ST.
AKRON, OH 44311
(330) 926-5764

Sponsored By:
Summit County Combined General Health District
(330) 926-5764

April 23, 2019

Do's and Don'ts of Herbs and Dietary Supplements

6:30pm-8:30pm
Attendees will learn about various herbs that can be dangerous when mixing medicines prescribed by a physician with over-the-counter herbs, vitamins, and aspirin. Learn the benefits that could save a life.

AMERICAN FITNESS HEALTH AND WELLNESS INSTITUTE
643 TROY ST.
SUITE A
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health and Wellness Institute
(937) 275-3770

April 24, 2019

Cooking Matters Session Five: Shopping Smart

10:00am-12:00pm
 "Cooking Matters" works to address issues of diet-related diseases by providing knowledge and skills to shop and prepare healthful meals on a tight budget.

POINDEXTER COMMUNITY PLACE
 COMMUNITY ROOM
 211 N. CHAMPION AVE.
 COLUMBUS, OH 43203
 (614) 972-7821

Sponsored By:
 Urban Strategies, Inc.
 (614) 817-1276

April 25, 2019

African American Male Wellness Initiative Presents: Cooking with Dads

6:00pm-8:00pm
 Fathers and their kids will be exposed to methods of creating healthy meals, an instructional meal prep session with a celebrity chef, and father/kid team cook-off and food demonstrations.

COSI
 333 W. BROAD ST.
 COLUMBUS, OH 43215
 (614) 648-9720

Sponsored By:
 African American Male Wellness Initiative
 (614) 648-9720

April 25, 2019

Minority Health Pastor's Luncheon "Mission Possible"

11:00am-1:30pm
 The Toledo Office of Minority Health Pastor's Luncheon "Mission Possible" will feature presentations for the Faith Based Community geared towards providing education and awareness for healthy lifestyles in the Toledo/Lucas County neighborhoods. The luncheon will frame itself around current issues impacting our community such as infant mortality, substance abuse, lead, along with other health and social issues impacting the community.

UNITED WAY OF GREATER TOLEDO
 424 JACKSON ST.
 TOLEDO, OH 43604
 (419) 213-4095

Sponsored By:
 Lucas County Regional Health District
 (419) 213-4095

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 25, 2019

Children's Health Awareness Day

12:00pm-2:30pm
 The event will include educational activities focused on health and wellness along with disease prevention. Interactive activities will be in place for children to learn about hand washing, oral care, nutrition and more.

HOLY FAMILY SCHOOL
 3001 PRICE AVE.
 CINCINNATI, OH 45205
 (513) 557-2700

Sponsored By:
 Santa Maria Community Services, Inc.
 (513) 557-7207

April 25, 2019

Middlewest Region Chi Eta Phi Sorority Inc. Opening Conference on "Stepping Up to the Challenges of Health Disparities"

7:00pm-9:00pm
 MWR Conference Opening highlights Chi Eta Phi's motto "Service for Humanity", a networking event community forum. Humanitarian award to local recipient and reception which is free and open to the public.

NATIONWIDE HOTEL AND CONFERENCE CENTER
 100 GREEN MEADOWS DRIVE SOUTH
 LEWIS CENTER, OH 43035
 (614) 880-4300

Sponsored By:
 Gamma Eta Chapter, Chi Eta Phi Sorority, Inc.
 (614) 596-8969 / (614) 783-8817

April 25, 2019

Songs of the Trumpet: The Donald Malloy Story

Showtime: 1:30pm
 Songs of the Trumpet: The Donald Malloy Story is a play based on the life of Donald Malloy, nationally acclaimed producer, recording artist, and jazz trumpeter. Before and after each production information will be disseminated on domestic violence, cancer, prenatal care, diabetes, cardiovascular disease, infant mortality, and substance abuse.

SHAKER HEIGHTS HIGH SCHOOL
 15911 ALDERSYDE DR.
 SHAKER HEIGHTS, OH 44120
 (216) 295-4200

Sponsored By:
 Cleveland Treatment Center
 (216) 861-4246



April 26, 2019

Women's Mammogram Screening and Health Fair

9:30am-2:30pm
 The Minority Health Month Committee will partner with the North East Ohio Breast and Cervical Cancer Project and local women's health agencies to provide minority women 30 and up mammogram screenings and an education health fair for minority women 18 and up.

FIRST WESTMINSTER PRESBYTERIAN CHURCH
 235 NORTH 4TH ST.
 STEUBENVILLE OH, 43952
 (740) 282-4591 / (740) 282-8010

Sponsored BY:
 Urban Mission Ministries
 (740) 282-8010 ext. 210

April 26, 2019

Healthy Teens, Healthy Tomorrow: Teen Summit

9:00am-1:00pm
 An educational summit for minority teens on organ donation and healthy lifestyle choices through sessions covering nutrition, wellness, body and kidney health, and organ/tissue donation and transplantation.

WARRENSVILLE HEIGHTS FAMILY YMCA
 4433 NORTHFIELD RD.
 CLEVELAND, OH 44128
 (216) 771-2700

Sponsored By:
 Kidney Foundation of Ohio, Inc.
 (216) 771-2700

April 26, 2019

Eating Well to Live Well

4:00pm-8:00pm
 This health education and food demonstration session will provide an overview of the relationship between nutrition and chronic disease and will provide information on identifying healthier food choices. Local data on chronic disease in Cleveland including obesity, heart disease, cancer, and stroke will be available. The event will feature local health vendors including the American Cancer Society, the American Heart and Stroke Association, and will provide weight, blood pressure and BMI screenings.

FRIENDLY INN SETTELEMENT HOUSE
 2386 UNWIN RD.
 CLEVELAND, OH 44104
 (216) 431-7656

Sponsored By:
 Cleveland Department of Public Health
 (216) 664-3052

April 26, 2019

MWR Education Conference: "Stepping Up to the Challenges of Health Disparities"

8:30am-4:30pm
 Consecutive one hour workshops addressing specific Minority Health care issues: mentoring, redlining in health care, and human trafficking. One, three hour forum on the opiate crisis in minority communities will also be offered.

NATIONWIDE HOTEL AND CONFERENCE CENTER
 100 GREEN MEADOWS DRIVE SOUTH
 LEWIS CENTER, OH 43035
 (614) 880-4300

Sponsored By:
 Gamma Eta Chapter, Chi Eta Phi Sorority, Inc.
 (614) 596-8969 / (614) 783-8817

April 26, 2019

Fitness, Food, and Fun– Addressing Diabetes and Cardiac Disease

12:00m-2:00pm
 An interactive, multi-generational health education session featuring an exercise physiologist with facilitated dialogue, age and mobility appropriate exercise methods, free health screenings, fitness kits, community partner participation, and healthy snacks.

MERCY PRIMARY CARE AT ST. PAUL'S SQUARE
 1459 SUPERIOR AVE. NE
 CANTON, OH 44705
 (330) 588-4892

Sponsored By:
 Mercy Medical Center
 (330) 430-6986

April 26, 2019

Songs of the Trumpet: The Donald Malloy Story

Show 1: 6:30pm
 Show 2: 9:00pm
 Songs of the Trumpet: The Donald Malloy Story is a play based on the life of Donald Malloy, nationally acclaimed producer, recording artist, and jazz trumpeter. Before and after each production information will be disseminated on domestic violence, cancer, prenatal care, diabetes, cardiovascular disease, infant mortality, and substance abuse.

THE BOP STOP AT THE MUSIC SETTLEMENT
 2920 DETROIT AVE.
 CLEVELAND, OH 44113
 (216) 771-6551

Sponsored By:
 Cleveland Treatment Center
 (216) 861-4246



Good Health Begins With You!®

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April 26, 2019

Kids Health Spectacular

4:00pm-6:00pm
 The Kids Health Spectacular will be divided into two sections, including a hands-on demonstration by a registered dietician for nutrition and line dancing instruction for fitness.

CHAGRIN FALLS PARK COMMUNITY CENTER
 GELLEIN GYMNASIUM
 7060 WOODLAND AVE.
 CHAGRIN FALLS, OH 44023
 (440) 247-6030

Sponsored By:
 Family and Community Services
 (440) 247-6030

April 27, 2019

Minority Health Month: Men's Health Breakfast

9:00am-12:00pm
 This event is designed to encourage healthier eating habits amongst minority males, while addressing various health disparities affecting minority males.

MT. CARMEL COMMUNITY BAPTIST CHURCH
 708 NORTH 5TH ST.
 STEUBENVILLE, OH 43952
 (740) 282-9257 / (740) 282-8010

Sponsored By:
 Urban Mission Ministries
 (740) 282-8010 ext. 210

April 27, 2019

Wellness First: Health and Wellness Expo

10:00am-3:00pm
 A health and wellness expo in honor of 2019 Minority Health Month. The Health and Wellness Expo will include food demonstrations, family focused exercise activities, and various health vendors to discuss health risks that affect minority communities.

FIRST AME ZION CHURCH
 873 BRYDEN RD.
 COLUMBUS, OH 43205
 (614) 252-2184

Sponsored By:
 First AME Zion Church
 (614) 557-1739

April 27, 2019

Greater Cleveland Baby Shower

1:00pm-4:00pm
The Greater Cleveland Baby Shower is for mothers and fathers 30 years and younger and infants up to 6 months old, with an emphasis on infant mortality, child safety, Moms First and Fatherhood Initiative. We will give away diapers, wipes, onesies, rattles, and swaddle sleepers. We will raffle off gift baskets and diaper cakes as well.

WILLIAM E. SANDERS FAMILY LIFE CENTER
3949 LEE RD.
CLEVELAND, OH 44128
(216) 751-2688

Sponsored By:
William E. Sanders Family Life Center
(216) 751-2688

April 27, 2019

Active Adults– Bowling and Volleyball

10:00am-2:00pm
Adults will play volleyball or bowl as a form of exercise. Information will be provided for cardiovascular health, diabetes, and weight control.

KENT LANES/SPIKE CLUB
2245 STATE RD. 59
KENT, OH 44240
(330) 327-6554

Sponsored By:
Community Outreach for Positive Alternative Training (COPAT)
(330) 327-6554

April 27, 2019

Stop the Stigma: Substance Abuse Minority Health Community Rally

12:00pm-3:00pm
RCCAC will host a rally at the Lincoln Park Metropolitan Housing Authority where local law enforcement, public officials, and community members will be asked to speak. Activities will be provided for youth including a community cookout.

CORNER OF LINCOLN PARK AND 7TH STREET
CHILLICOTHE, OH 45601
(740) 775-7881

Sponsored By:
Ross County Community Action Commission, Inc.
(740) 702-7222 ext. 123

April 27, 2019

Fitness, Food, and Fun: Addressing Disparities and Cardiac Disease

1:00pm-3:00pm
An interactive, multi-generational health education session featuring an exercise physiologist with facilitated dialogue, age and mobility appropriate exercise methods, free health screenings, fitness kits, community partner participation and healthy snacks.

SOUTHEAST COMMUNITY CENTER
EDWARD "PEEL" COLEMAN
COMMUNITY CENTER
1400 SHERRICK ROAD SE
CANTON, OH 44707
(330) 489-3350

Sponsored By:
Mercy Medical Center
(330) 430-6986

April 27, 2019

Songs of the Trumpet: The Donald Malloy Story

Showtime: 2:00pm
Songs of the Trumpet: The Donald Malloy Story is a play based on the life of Donald Malloy, nationally acclaimed producer, recording artist, and jazz trumpeter. Before and after each production information will be disseminated on domestic violence, cancer, prenatal care, diabetes, cardiovascular disease, infant mortality, and substance abuse.

MALTZ MUSEUM OF JEWISH HERITAGE
2929 RICHMOND RD
BEACHWOOD, OH 44122
(216) 593-0575

Sponsored By:
Cleveland Treatment Center
(216) 861-4246



April 27, 2019

Su Casa Hispanic Center Community Health Fair

12:00pm –4:00pm
Attend the Su Casa Hispanic Community Health Fair and learn how to make the best decisions for your health! Workshops, fitness demonstrations, free health and wellness screenings will be provided, as well as fun and healthy activities for kids.

AMIS SCHOOL
1908 SEYMOUR AVE
CINCINNATI, OH 45237
(513) 363-1800

Sponsored By:
Catholic Charities of Southwestern Ohio
(513) 672-3727

April 27, 2019

Office of Minority Health Workshops and Forums

Start: 2:00 pm—7:00 pm
The Office of Minority Health at Columbus Public Health workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

591 Industrial Mile Road
Columbus, OH 43228
(614) 645-7355

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

April 27, 2019

CARDIOFEST 2019

7:30am-1:15pm
A variety of festive cardiovascular activities and fitness screenings will be provided. We will have fitness presenters and health speakers who will discuss wellness issues such as: cancer, obesity, heart disease, blood pressure, HIV/AIDS, diabetes, and family violence.

ABUNDANT SEASON ANOINTED
MINISTRIES INTERNATIONAL
643 TROY ST.
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health and Wellness Institute
(937) 275-3770

April 27, 2019

It's a GIRL Thing; Food, Fitness, and Feeling Healthy

11:00am-2:00pm
 ABC Diamond Girls will host the 1st Annual It's a GIRL Thing; Food, Fitness, and Feeling Healthy event. This program will provide a platform for girls to build their confidence and leadership skills while learning how to lead healthy, active lifestyles. This program will allow girls to talk about their health outside of school with the support of trusted adult women. Participants will also have the opportunity to participate in a swimming class. Lunch will be provided and resources, handouts, and incentives will be given out.

THE JEWISH COMMUNITY CENTER
 505 GYPSY LANE
 YOUNGSTOWN, OH 44505
 (330) 509-5341

Sponsored By:
 ABC Diamond Girls
 (330) 509-5341

April 28, 2019

Stop the Violence Sunday

1:00pm-3:00pm
 A health fair with free screenings and the ability to speak to a doctor to review those health screenings results will be provided for participants. A healthy cooking demonstration and a discussion regarding violence free initiatives will occur.

UNION BAPTIST CHURCH
 413 CORNELIA AVE. NE
 CANTON, OH 44704
 (330) 454-7450

Sponsored By:
 Union Baptist Church
 (330) 701-1551

April 28, 2019

Charisma Community Connection Gospel Health Sunday

12:00pm-2:00pm
 A healthy cooking demonstration by a licensed dietician, free health screenings, vendors, as well as a speaker regarding community health and wellness services will occur.

MOUNTAIN OF THE LORD FELLOWSHIP CHURCH
 1477 COPLEY RD
 AKRON, OH 44320
 (330) 873-9793

Sponsored By:
 Charisma Community Connection
 (330) 873-9793



Good Health Begins With You!®

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 28, 2019

It's a GIRL Thing; Food, Fitness, and Feeling Healthy

11:00am-2:00pm
 ABC Diamond Girls will host the 1st Annual It's a GIRL Thing; Food, Fitness, and Feeling Healthy event. This program will provide a platform for girls to build their confidence and leadership skills while learning how to lead healthy, active lifestyles. This program will allow girls to talk about their health outside of school with the support of trusted adult women. Participants will also have the opportunity to participate in a swimming class. Lunch will be provided and resources, handouts, and incentives will be given out.

THE JEWISH COMMUNITY CENTER
 505 GYPSY LANE
 YOUNGSTOWN, OH 44505
 (330) 509-5341

Sponsored By:
 ABC Diamond Girls
 (330) 509-5341

April 28, 2019

Salaam Health and Wellness

2:00pm-5:00pm
 The event will provide information on diabetes risk factors and nutrition. Information in detail will be provided on heart attacks and other cardiovascular diseases as well as the benefits of physical activities. Blood Pressure, BMI, and fitness assessments will be provided.

ISLAMIC CENTER OF CLEVELAND
 6055 W 130TH ST
 PARMA, OH 44130
 (614) 989-6834

Sponsored By:
 Salaam Cleveland
 (614) 989-6834

April 30, 2019

Men's Free Prostate Screening

4:30pm-6:30pm
 The Minority Health Month Committee will partner with our local Tony Teramana Cancer Center to provide free prostate screenings for minority men 40 and up. Local urologists will administer physical and digital exams.

TONY TERAMANA CANCER CENTER
 3204 JOHNSON RD
 STEUBENVILLE, OH 43952
 (740) 282-8010

To Pre-Register call: (740) 264-8207

Sponsored By:
 Urban Mission Ministries
 (740) 282-8010 ext. 210

LOCAL OFFICES OF MINORITY HEALTH

Akron

Summit County Office of Minority Health
Summit County Public Health
1867 West Market Street
Akron, Ohio 44313

Iriel Hopkins
Program Director
330-926-5764

Cleveland

Cleveland Office of Minority Health
Cleveland Department of Public Health
75 Erievue Plaza
Cleveland, Ohio 44114

Frances Mills
Director
216-664-4369

Columbus

Columbus Office of Minority Health
Columbus Public Health
240 Parsons Avenue
Columbus, Ohio 43215

Ryan E. Johnson
Director
614-645-7335

Dayton

Dayton Council on Health Equity
Public Health-Dayton & Montgomery County
1320 E. Fifth Street
Dayton, Ohio 45410

Cheryl C. Scroggins
Community Coordinator for Health Equity
937-225-4962

Toledo

Toledo Lucas County Office
of Minority Health
Toledo-Lucas County Health Department
635 North Erie Street
Toledo, Ohio 43604

Shannon Lands
Contact Person
419-213-4100

Youngstown

Youngstown Local Office of Minority Health
Youngstown City Health District
9 Front Street, Room 223
Youngstown, Ohio 44503

Leigh Greene
Director
330-743-3333



Minority Health *Matters*

Are you interested in minority health issues?

If so, join our listserv to receive information
related to minority health issues.

Join NOW!

Email us at www.minhealth@mih.ohio.gov

The 2019 Minority Health Month

Statewide Calendar of Events

has been made possible

through the efforts

of our distinguished grantees.

We thank you so much.

ABC Diamond Girls

African American Male Wellness Initiative

American Fitness Health & Wellness Institute

Catholic Charities of Southwestern Ohio

Charisma Community Connection

Cleveland Department of Public Health

Cleveland Treatment Center

Columbus Public Health

Community for New Direction

Community Outreach Positive Alternative Training

CompDrug

Delta Foundation of Greater Columbus

Emerging Autism Solutions

Erie County Health Department

Family and Community Services

First AME Zion Church

Franklin County Public Health

Gamma Eta Chapter, Chi Eta Phi, Inc.

Gus Johnson Community Foundation

Hope Community Services

Kidney Foundation of Ohio, Inc.

Lorain County Health Department

Mercy Medical Center, Canton, Ohio

Nuestra Gente Community Projects, Inc.

Ohio Asian American Health Coalition

Public Health – Dayton & Montgomery County

Ross County Community Action Commission, Inc.

Salaam Cleveland

Santa Maria Community Services

Summit County Metro Parks Foundation

Summit County Public Health

Toledo-Lucas County Health Department

Union Baptist Church

United Way of Youngstown and Mahoning Valley

Urban Mission Ministries

Urban Strategies Inc.

Waldrop Health and Youth Ministry

William E. Sanders Family Life Center

Youngstown City Health District

COMMISSION LEADERSHIP & STAFF

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Joshua Joseph, M.D., Secretary, Columbus

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Talya Greathouse, M.D., Columbus
Carla Hicks, RN, Columbus
Gregory Lam, M.D., FACC, RPVI, Circleville
Priyanka Vora, Cincinnati
Mark Watkins, D.O., FACOG, Toledo

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Lori Criss, Director, Ohio Mental Health and Addiction Services
Jeffrey Davis, Director, Ohio Department of Developmental Disabilities
Paolo DeMaria, Superintendent, Ohio Department of Education
Kimberly Hall, Director, Ohio Department of Job and Family Services
Lance Himes, Director, Ohio Department of Health

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State Senator Cecil Thomas, District 9

State Representative Erika Crawley, District 26
State Representative J. Todd Smith, District 43

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Ohio Department of Health

Traci Bell-Thomas
Ohio Department of Medicaid

Joseph Hill
Ohio Department of Mental
Health and Addiction Services

Jill Jackson, Ph.D.
Ohio Department of Education

Tiffany Bryant
Ohio Department of Jobs and
Family Services

Jeremiah Wagner
Ohio Department of
Developmental Disabilities

COMMISSION STAFF:

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Reina Sims, MSA
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Venita O'Bannon
Senior Financial Analyst

Amy Elbaor, MPA
Program Specialist

Sandra Owens, AA
Executive Assistant

HIGH SCHOOL INTERN:

Ms. Mabinty
Columbus Alternative High School

COLLEGE INTERN:

Ms. Anaemy
Otterbein University



NATIONAL MINORITY HEALTH MONTH

Active & Healthy | April 2019

The U.S. Health and Human Services—Office of Minority Health

The theme for the 2019 observance is Active & Healthy, which will allow OMH and minority health advocates throughout the nation to emphasize the health benefits of incorporating even small amounts of moderate-to-vigorous physical activity into our schedules.

Every move counts!

GRANT FUNDING OPPORTUNITY

The Ohio Commission on Minority Health announces the availability of the request for Proposals (RFP) for Minority Health Month 2020.

The RFP outlining grant requirements and registration for technical assistance sessions will be available on our website, www.mih.ohio.gov on June 10, 2019.

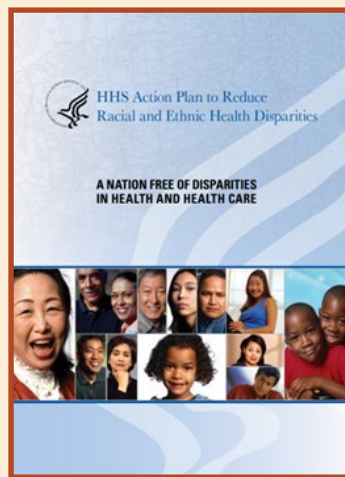
For additional questions contact the Ohio Commission on Minority Health at 77 South High Street, 18th Floor, Columbus, Ohio 43215 (614) 466-4000.

The deadline for submission is July 19, 2019.

**The Commission issues a
STATEWIDE CALL TO ACTION
to practice the activities and programs that arose from the:**

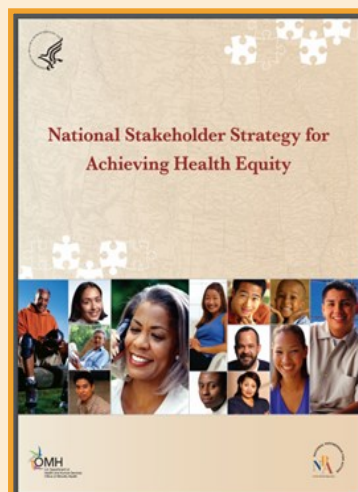
**U. S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
ACTION PLAN TO REDUCE RACIAL & ETHNIC DISPARITIES**

[HTTP://MINORITYHEALTH.HHS.GOV/NPA/FILES/PLANS/HHS/](http://minorityhealth.hhs.gov/npa/files/plans/hhs/)



The National Stakeholders Strategy for Achieving Health Equity

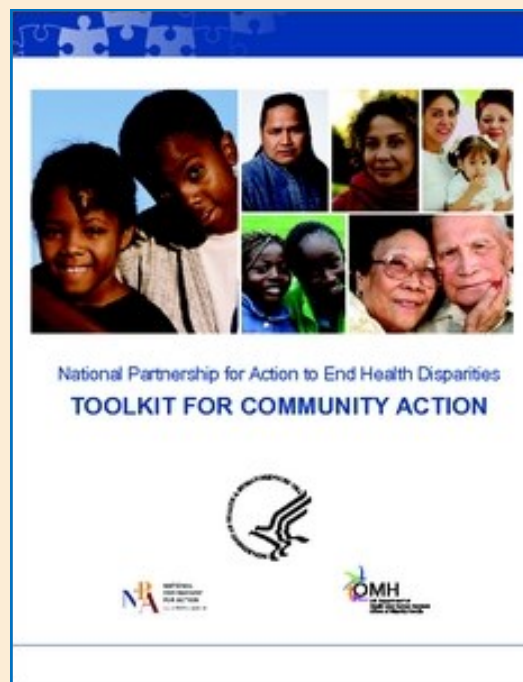
<https://minorityhealth.hhs.gov/npa/files/Plans/NSS/CompleteNSS.pdf>



**The Commission issues a
STATEWIDE CALL TO ACTION
to practice the activities and programs that arose from the:**

National Partnership for Action: Toolkit for Community Action

http://minorityhealth.hhs.gov/npa/files/Plans/Toolkit/NPA_Toolkit.pdf



Good Health Begins With You!®

The Ohio Commission on Minority Health

Good Health Begins With You!®



77 S. High Street, 18th Floor

Columbus, Ohio 43215

Telephone: (614) 466-4000

Fax: (614) 752-9049

Website: www.mih.ohio.gov

Email: minhealth@mih.ohio.gov

Like us on Facebook @ OCMHI987

