

## 2020 National Observances



## 1onthly

20

Daily

January

Cervical Health Awareness Month National Birth Defects Prevention Month

**February** 

American Heart Month
National Cancer Prevention Month

National Children's Dental Health Month

March

National Kidney Month National Nutrition Month

**April** 

National Alcohol Awareness Month National Child Abuse Prevention Month Stress Awareness Month 7 National Wear Red Day

9-15 National Cardiac Rehabilitation Week

1-18 National Sleep Awareness Week

2-6 National School Breakfast Week

22 World Water Day

24 American Diabetes Alert Day

6-12 National Public Health Week

7 World Health Day

9 National Alcohol Screening Day

22 Earth Day

26-5/3 National Infant Immunization Week

(continued)









## Daily

Monthly			Daily	
May	Asthma and Allergy Awareness Month	1-7	National Physical Education and Sports Week	
	Better Sleep Month	6	Project ACES Day (All Children Exercise	
	Healthy Vision Month	•	Simultaneously)	
	National High Blood Pressure Education Month	10-16	Women's Health Week	
	National Melanoma/Skin Cancer Awareness Month	11–17	Bike to Work Week	
	National Mental Health Month	27	National Senior Health and Fitness Day	
	National Osteoporosis Month	31	World No Tobacco Day	
	National Physical Fitness and Sports Month	•		
	National Stroke Awareness Month			
luno	Men's Health Month	10-16	National Men's Health Week	
June	National Great Outdoors Month	13		
	National Safety Month	27		
	National safety Month	21	National Tity Testing Day	
July	UV Safety Month	12-18	Every Body Deserves a Massage Week	
	Obliber 2 For Health and Orfor March		Marilal Bassacks and in a Marila	
August	Children's Eye Health and Safety Month	1-/	World Breastfeeding Week	
	National Breastfeeding Month	•		
	National Immunization Awareness Month			
September	Fruits & Veggies – More Matters Month	1-7	National Childhood Injury Prevention Week	
oop to moon	Healthy Aging Month	6-12	Suicide Prevention Week	
	National Cholesterol Education Awareness Month	30	National Women's Health and Fitness Day	
	National Food Safety Education Month			
	Prostate Health & Prostate Cancer Awareness Month			
October	Alzheimer's Association Memory Walk	1	International Day of Older Persons	
Octobel	American Heart Walk	4-10	National Mental IllnessAwareness Week	
	Children's Health Month	5	Child Health Day	
	Healthy Babies Month		World Mental Health Day	
	Health Literacy Month	18-24	•	
	Healthy Lung Month	18-24	National Healthcare Quality Week	
	National Breast Cancer Awareness Month	•	National Health Education Week	
	National Dental Hygiene Month	•	World Osteoporosis Day	
	National Depression and Mental Health Screening Month	•		
	Talk about Your Medicines Month			
November	American Diabetes Month	1_10/21	Tie One on for Safety Campaign	
November	Diabetic Eye Disease Month	•	World Kindness Day	
	Lung Cancer Awareness Month	•	World Diabetes Day	
	National Alzheimer's Disease Awareness Month	19	Great American Smokeout	
		•		
	National Healthy Skin Month	26	National Family Health History Day	
December	International AIDS Awareness Month	1	World AIDS Day	
	National Drunk and Drugged Driving Prevention Month	6-12	National Handwashing Awareness Week	
	Safe Toys and Gifts Month	6-12	National Influenza Vaccination Week	
	•	10	Human Rights Day	