Resources and Services Directory for Head Injury and Other Conditions

Section 11: Community and Disability Related Services (Respite Care, 2-1-1, Community Action)

 $1000~\text{NE}~10^{\text{TH}}\,\text{ST}.~\text{OKC},~\text{OK}~73117$ TEL 405.271-3430~or~800.522.0204~(OK only) FAX 405.271.2799~WEB~http://ips.health.ok.gov



Independent Living Centers (Nonprofit organizations)

(Contact information subject to change)

Purpose. Independent living centers (ILCs) provide programs and services to help people with disabilities have a more independent life style. Each center maintains a demonstration lab and loan library of assistive technology devices available to consumers and professionals. The devices may be used for a trial period to determine if they are appropriate, or be borrowed by people in the process of purchasing who need a device during an interim period. Individuals with brain injury often participate in their programs to enhance daily living skills.

Ability Resources

823 S. Detroit Avenue, Suite 110 Tulsa, OK 74120

Tel: 918/592-1235 800/722-0886

Progressive Independence

121 North Porter Avenue Norman, OK 73071 Tel: 405/321-3203

800/801-3203

Wichita Independent Living Center

60 N.W. Sheridan, Suite 1 Lawton, OK 73505 Tel: 800-755-1458

Oklahomans for Independent Living

601 E. Carl Albert Parkway McAlester, OK 74501 Tel: 918/426-6220

Dynamic Independence

4100 S.E. Adams, Suite D-103 Bartlesville, OK 74006 Tel: 800/559-0567 V/TDD

Sandra Beasley Independent Living Center

705 S. Oakwood Rd., Suite B1 Enid, OK 73703

Tel: 580/237-8508

Oklahoma Respite Resource Network (ORRN)

Mission and Purpose. To provide temporary relief for families or caregivers who are caring for other family members or friends of all ages who are chronically ill or have life-altering physical, mental or developmental disabilities. ORRN is a partnership of public and private agencies working to improve support for families and caregivers.

Respite ranges from a few hours a week or more depending on the families' needs and resources, and can take place in the family's or friend's home, child care center, adult day care services, nursing care facility, or in camps or other recreational programs. The Oklahoma Voucher Program provides funding to purchase respite care in a setting of the family's choice. Caregivers with an annual income of less than \$60,000 may be eligible to receive vouchers for respite care. Information is available and application is made through the OASIS office (1-888/771-4550 or 405/271-4550), or writing OASIS/ORRN, P.O. Box 26901, Oklahoma City, OK 73190. Website: http://oasis.ouhsc.edu

2-1-1 Information System

Purpose. The number 2-1-1 is a free number that connects people with important community services ranging from accessing physical and mental health resources, human service agencies, and disaster-related information. These agencies include:

- Basic human needs resources (food banks, rent and utility assistance);
- Physical and mental health services (health insurance programs, medical information, support groups, counseling);
- Employment supports (financial assistance, job training, transportation, education);
- Support for older Americans and persons with disabilities (respite care, home health, transportation, adult day care); and
- Support for children, youth and families (child care, after school programs, mentoring, tutoring, protective services.

The number may be dialed from any phone in 36 Oklahoma counties and will be answered at all times. If calling from a rotary dial telephone or large phone system such as PBX, access 2-1-1 services through the 10-digit telephone numbers listed below. In counties where 2-1-1 is not available, residents should contact the Red Cross or local management officials for assistance.

- Tulsa 2-1-1 Helpline 918/836-4357: Creek, Okmulgee, Osage, Rogers, Tulsa, Wagoner
- Heartline 2-1-1, Central Oklahoma 405/286-4057: Canadian, Cleveland, Grady, Kingfisher, Lincoln, Logan, McClain, Oklahoma, Pottawatomie
- 2-1-1 of Southeastern Oklahoma 580/332-0558:
 Atoka, Bryan, Choctaw, Coal, Garvin, Haskell, Hughes, Jefferson, Johnston, Latimer,
 LeFlore, Love, Marshall, McCurtain, Murray, Pontotoc, Pushmataha, Seminole, Stephens
 For assistance in Comanche County, call Helpline 580/355-7575.

Funding for 2-1-1 operates in local communities with support from private and public sources. Counties are developing funding partnerships with local and state government, business community, United Way and charitable foundations.

Community Action Agencies

Community Action Agencies in Oklahoma provide numerous services to the people in their locality. The "Rx for Oklahoma" Prescription Drug Program is one important service for all people in Oklahoma, including those with limitations and disabilities.

Rx for Oklahoma Prescription Assistance Program.

A statewide program initiative for Oklahomans who are uninsured, underinsured, medically indigent, low income or have high prescription co-pays; they may receive eligible prescriptions from drug manufacturer sponsored prescription assistance. The Oklahoma Department of Commerce is a major sponsor. It is not a program for short term or emergency medications. Program hours are normally from 8:00 a.m.-5:00 p.m. or 8:30 a.m.-5:30 p.m.

Website: www.okcommerce.gov/Grants-And-Funding/To-Help-Pay-Prescriptions

How the Program Works:

- 1. Obtain an application from your regional processing center, complete and either mail or bring it to address on top of application.
- 2. When the regional processing center receives the application, the prescribed medications are matched with the appropriate patient assistance form from the pharmaceutical companies (180 forms).
- 3. Specific applications are either mailed to patient or can be picked up for signature and other needed information.
- 4. Patient takes the application to their doctor for signature and prescription slip.
- 5. Patient mails or brings signed application to local office; they check for completeness and send application to the pharmaceutical company.
- 6. If drug maker approves the application, the medicine is received in 4-6 weeks (may be mailed to home, doctor's office or given a drug card to get medicine at a pharmacy. Many companies send 90 days supply of medicine.

A person must have a primary care physician and a copy of the most recent tax return or Social Security statement. Some medications are free; others may cost \$20/\$30.

The Regional Service Providers are:

Region 1. Community Development Support Assoc

2615 E. Randolph, Enid, OK, 73701

Phone: 580/242-6131 or Toll Free: 1-800-723-9428

Region 2. Processing Centers

Great Plains Improvement Foundation CA Development Corporation #2 SE Lee Blvd. Ste 200, PO Box 926 PO Box 989

Lawton, OK 73502

Phone: 580/353-2364; Toll Free: 866/400-0624

Frederick, OK 73542

Phone: 580/335-5588

Washita Valley Community Action Council

205 W. Chickasha Ave

PO Box 747

Chickasha, OK 73023 Phone: 405/224-5831 Southwest Oklahoma CAA 900 S Carver

PO Drawer 1088 Altus, OK 73521

Phone: (580) 482-2720

Region 3. Northeast Oklahoma CAA

856 East Mountain Drive

PO Box 603

Jay, OK 73346

Tel: 918/253-4683

Region 4. KI Bois CAF

200 S.E. A

PO Box 727

Stigler, OK 74462 Tel: 918/967-3325

Toll Free: 1-877/465-1598

Region 5. Community Action Center of OKC & Canadian Counties

319 SW 25th Street OKC, OK 73108 Tel: 405/232-0199

This Regional Area Map depicts the location of Prescription Drug Programs in Oklahoma.



Source: Carina Friedl, Great Plains Improvement Foundation

Medical Equipment

There are many businesses that sell or rent a wide array of medical equipment. The yellow pages of the telephone book are a principal source of these businesses; others are independent living centers, some churches, and people who no longer need wheelchairs, crutches, or other equipment. Many companies will provide used equipment for rent or low cost.

Developmental Disabilities Services Division Group Homes (DDSD OF DHS)

Function: Provides group home services for persons with developmental disabilities or who sustained a traumatic brain injury before age 22 years. Persons' eligibility is determined during the Intake process. (Usually people on SSI are eligible). There are four types of group homes with numbers of residents varying from 4-6 people per home to 40-50. The group homes belong to and are operated by private and some non-profit organizations; clients and families may select the home they want. Traditional group homes are those where residents work in the community. The DDSD group homes and contact numbers are listed below.

Aid for Individual Development, Inc.

2805 N Utah

Oklahoma City, OK Phone: 405/949-2271 FAX: 405/943-0011

APEX

117 S.E. 1st, PO Box 804 Anadarko, OK 73005 Phone: 405/247-7377

ARC Group Homes, Inc.

616 E. 4th

Bartlesville, OK 74003 Phone: 918/336-5928 FAX: 918/337-2778

Carter County Group Homes & Key Apartments

49 Heritage

Ardmore, OK 73401 Phone: 580-657-2047

Center of Family Love

635 W. Texas, PO Box 245 Okarche, OK 73762

Phone: 405/263-4658

Council for Developmental Disabilities

(Able)

303 E. Tonkawa Norman, OK 73069 Phone: 405/329-3922

Delaware County Friendship Homes, Inc.

1111 W. Cherokee, PO Box 720

Jay, OK 74346

Phone: 918/253-6032 FAX: 918/253-4818

Duncan Group Homes, Inc.

PO Box 291 Duncan, OK

Phone: 580/252-8000 FAX: 580/252-3370

Employment & Residential Centers for the Developmentally Disabled

10 E. 9th Street **PO Box 268**

Edmond, OK 73034 Phone: 405/341-7132 Fax: 405/341-0366

Fountain House Group Home, Inc.

403 S. Smith Avenue Vinita, OK 74301 Phone: 918/256-8534

Fax: 918/256-8513

Garvin County Community Living Ctr

1800 Enterprise Blvd. Pauls Valley, OK 73075 Phone: 405/238-3773

Gatesway Foundation, Inc.

1217 E. College Broken Arrow, Ok 74012 Phone 918/259-1404

Great Plains Improvement Foundation. Inc.

914 S.W. 3rd St. Lawton, OK 73502 Phone: 580/355-9223

FAX: 580/353-1952

Home of Hope, Inc.

960 W. Hope Ave Vinita, OK 74301 Phone: 918/256-7825

Sequoyah House

804 E. Sequoyah Vinita, OK 74301 Phone: 918/256-8106

Gunter House

524 N. Gunter Vinita, OK 74301 Phone: 918/256-7681 FAX: 918/256-2478

Homelife Association, Inc.

5127 S. Lewis, Suite 2 Tulsa, OK 74105 Phone: 918/745-1114

Kiamichi Opportunities, Inc. (2 Offices

404 S. 18th St. Hugo, OK

Phone: 580/326-7548 FAX: 580/326-7540

308 Elite Street Antlers, OK 74523 Phone: 580/298-5210

KiBois Community Action Foundation (Main Office)

609 E. Peoria Avenue McAlester, OK 74501 Phone: 918/423-3525

200 S.E. A (Admin Office)

Stigler, OK

Phone: 800/299-4479

Logan County Association for Developmentally Disabled Citizens, Inc.

419 E. Industrial Guthrie, OK 73044 Phone: 405/282-8699

McCall's Chapel School, Inc.

13548 County Road 3600

Ada, OK 74820 Phone: 580/436-0373 FAX: 580/436-2151

Meadowbrook Acres Center for Independent Living, Inc.

13016 S. Penn Oklahoma City, OK Phone: 405/692-1000

Mid-Del Group Home, Inc.

1540 Republic Circle Midwest City, OK 73110 Phone: 405/733-3012

Oklahoma Production Center (OPC)

216 W. Avenue Tahlequah, OK74465 Phone: 918/456-1929

Oklahoma's Action Rehabilitation Centers, Inc. (OARC)

PO Box 158

Woodward, OK 73802 Phone: 580/256-9412

Opportunity Center, Inc.

2225 N. Union

Ponca City, OK 74601 Phone: 580/765-6782

Options, Inc.

521 N. Wineblood Checotah, OK 74426 Phone: 918/473-4062 FAX: 918/473-1837

Quality Enterprise of Lawton

414 S.W. Lee Blvd. Lawton, OK 73501 Phone: 580/248-1814

REM Oklahoma Community Services, Inc.

112 East Randolph Enid, OK 73701 Phone: 580/234-8713

Res-Care, Inc.

7508 Melrose Lane Oklahoma City, OK 73127 Phone: 405/787-4950

Sagebrush, Inc.

101 W. Greer Avenue Sayre, OK 73662 Phone: 580/928-5715

Searchlight Center, Inc.

902 S. Park Road Hobart, OK 73651 Phone: 580/726-6635

Springs, Inc.

PO Box 398 Sand Springs, OK 74063 Phone: 918/241-0236 Fax: 918/245-4349

Stillwater Group Homes, Inc.

904 W. 11th Avenue Stillwater, OK 74074 Phone: 405/743-2496

Sunshine Industries, Inc.

420 Park St. Ardmore, OK 73401 Phone: 580/226-1998 FAX: 580/226-1462

**Transitional Living Center

15329 E. 13th Street Tulsa, OK 74108 Phone: 918/438-4257 (Associated with Brookhaven Hospital – psychiatric facility)

Brain Injury Association of Oklahoma and Support Groups

(Contact information subject to change)

Brain Injury Association of Oklahoma

PO Box 88

Hilldale, OK 73743 Phone: 800/444-6443

www.braininjuryoklahoma.org brainhelp@braininjuryoklahoma.org

Support Groups – Meeting Times

Enid/NW Oklahoma TBI Support Group

Third Tuesday 6:30 p.m.

St. Mary's Rehab Care Unit (5 South)

305 S Fifth

Enid, OK 73701

Facilitator: Jeff Chace Phone: 580/548-5080

McAlester Head Injury Support Group

Third Thursday 3:30-5:00 p.m.

Oklahomans for Independent Living

Resource Center

601 E Carl Albert Parkway

McAlester, OK 74501

Contact: Stephen Strickland Phone: 918/426-6220, ext 107 Muskogee Head Injury Support Group

Third Tuesday 6:30 p.m.

Muskogee Regional Rehab Conf. Room 300

Rockefeller Dr.

Muskogee, OK 74403

Contact: Vinnie Payton Hoover

Phone: 918/683-8827

Oklahoma City Support Group

Third Tuesday of month 6:00-8:00 p.m.

Oklahoma City, OK

Contact: Gary Bulmer

Phone: 405/720-7980 or

Rod Davidson

Phone: 405/524-8953

Tulsa Brain Injury Support Group

Fourth Thursday 6:30 p.m.

Comprehensive Community Rehabilitation

Services

7146 S. Braden Ave., Suite 500

Tulsa, OK 74136

Contact: Mary Dobbs

Phone: 918/488-6165