

Health and Safety Fair April 26 ••• Naval Aviation Schools Command (NASC) will host the 2013 Health and Safety Fair onboard Naval Air Station Pensacola (NASP) at the Naval Air Technical Training Center (NATTC) Aviation Support Equipment Hangar, Bldg. 3460 (Mega Building) from 9 a.m. to 1 p.m. April 26. Approximately 30 organizations will be presenting information and displays on a wide array of health and safety topics as well as health screenings and demonstrations for participants. Among these organizations are the American Red Cross, Mothers Against Drunk Driving, Sacred Heart Hospital and Gulf Power. For more information, contact the NASC safety officer at 452-4577.



Vol. 77, No. 16

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April 19, 2013

April 26 run to raise awareness for Sexual Assault Awareness and Prevention Month

By Alex Sharp PAO Intern

Naval Air Station Pensacola (NASP) will host "The Amazing SAPR Race," a themed run for Sexual Assault Awareness and Prevention Month (SAAPM) April 26.

The run, for military personnel, will begin at 7 a.m. at Bldg. 3460, near the northwest entrance.

Prior to the race there will be a "Light up the Night" candle vigil in remembrance of sexual assault victims at 5 a.m. in front of Portside Recreational Center hosted by Coalition of Sailors Against Destructive Decisions (CSADD). Way stations

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SAPR-Fleet complete; GMT going forward

By Ed Barker NETC PAO

As Sexual Assault Awareness and Prevention Month (SAAPM) kicked-off, the recent Navy-wide Sexual Assault and Prevention – Fleet (SAPR-F) training for E6 and below Sailors recorded a 97 percent completion rate by early April, highlighting the Navy's continued focus on this critical issue.

"Overall performance by commands in completing the SAPR-F training was superb," said Vice Adm. Scott Van Buskirk, Chief of Naval Personnel. "While we still



have some remaining Sailors to train, from the top down, our Navy has embraced the need to take a stand against this crime and take care of our shipmates. Helping

our Sailors understand that they have not only the power, but the responsibility to step in and prevent assaults is a major step forward."

Following on the heels of the Navy's SAPR-F training, April's Sexual Assault Awareness and Prevention

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Naval Hospital Pensacola's new satellite pharmacy is under construction. The new satellite pharmacy will be located next to the Naval Air Station Pensacola Commissary and is scheduled to be open by the end of the summer.

NHP satellite pharmacy to open this summer

Story, photo by MC1 James Stenberg NHP Assistant PAO

Eggs? Milk? Butter? Rx?

A shopping list that includes prescriptions will soon become a reality for many of the TRICARE beneficiaries in the Pensacola area. Naval Hospital Pensacola (NHP) is projected to open a new satellite pharmacy next to the Naval Air Station Pensacola Commissary by the end of the June. Having the new satellite pharmacy located near the commissary on West Highway 98 will provide beneficiaries a convenient option for prescription pick-ups and refill.

"The satellite pharmacy will provide an additional point of service for patients to get their prescriptions," said Lt. Briana Reed, assistant department head, NHP Pharmacy. "It will also serve as an additional site for refills, and the patients

will have the option to utilize a drivethrough window for pick-ups as well."

An estimated 150-200 patients with prescriptions from an outside civilian provider visit NHP's pharmacy each day, according to Lt. Kenneth Jenkins, department head, NHP Pharmacy. The new pharmacy will provide individuals with an alternate and convenient place to get their prescriptions.

During peak hours, traffic at NHP's pharmacy can get rather high. Having a satellite pharmacy will lessen the traffic through NHP while also allowing more beneficiaries to be served overall.

"Being able to serve more people at any one time should provide a more quality experience for the patients," said Jenkins

Beneficiaries will also be able to call in refills through the automated system

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Lt. Col. Alen G. Leitschuh and Sgt. Charles Restifo of the 350th Civil Affairs Command pull a wounded Soldier off the battlefield during the Combat Lifesaver Course at NASP Corry Station March 5. Photo by Spc. Marsha Wood

350th CACOM Soldiers train to meet the needs of wounded

Story, photo by Spc. Marsha Wood 350th CACOM UPAR

Nonmedical Soldiers cannot always depend on combat medics to provide care to wounded Soldiers, which is why Soldiers of 350th Civil Affairs Command (CACOM) attended a four-day Combat Lifesaver Course conducted by medics of Tactical Element Incorporated, a Floridabased tactical consulting and training organization, March 4-7.

"The purpose of the Combat Lifesaver Course is to provide non-medical

Soldiers the skill sets to save lives by focusing on the three preventable causes of death on the battlefield," said Don Heath, director of Operations and Training, for Tactical Element. "Bleeding from extremity wounds and applying a tourniquet; tension pneumothorax, which is when pressure increases in the chest cavity progressively reducing the Soldier's ability to breath and inserting a large needle into the chest cavity to relieve the pressure, and managing an unconscious casualty's airway by inserting a nasopharyngeal airway

and placing the casualty into a recovery position.

"When we get Soldiers to focus on these three critical tasks; the number of lives being saved increases dramatically," Heath said.

To be successful in saving a life on the battle-field, Soldiers went through several exercises on how to provide care under fire, tactical field care and tactical evacuation care. Care under fire is described as being under hostile fire and very limited as to the care one can provide. Tactical

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NAS Pensacola Earth Day recycling drive April 29-May 3

By Joelle O'Daniel-Lopez NavFac SE NASP PWD

Earth Day, celebrated April 22, is a day to inspire awareness and appreciation for our environment. But you can celebrate Earth Day every day by being an excellent environmental steward in your day-to-day decisions at NAS Pensacola. Besides environmental compliance, base personnel should be cognizant of energy conservation, recy-

cling and pollution prevention as beneficial to our mission.

In honor of Earth Day,
NASP's recycling department is having a recycle
drive April 29-May 3. The
NAS Recycling Center is the collection point for the following items

from your office and home: computer batteries, car batteries, old appliances, all metal products, tires and rims, all

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Need to sell some stuff?

Here's the best and cheapest way to clean out the garage. \$9 for the first ten words and fifty cents for each additional word. Over 25,000 people see the Gosport every week. Go online to www.gosportpensacola.com or call 433-1166 ext. 24 to place your ad today!

Advancement exam reviews seek motivated chiefs

By Ens. Jacqueline Wengler **NETC PAO**

Active-duty Navy chief petty officers (E7-E9) can have a positive effect on the next generation of Sailors by participating in the 2013 Advancement Examination Readiness Reviews (AERR), announced in Naval Administrative Message (NavAdMin) 095-13, released April 12.

This latest AERR NavAdMin details the schedule for panels held during the months of April through September at the Naval Education and **Training** Professional Development and Technology Center (NETPDTC) at Saufley Field. Depending on

the number of ratings covered, AERR panels are one to two weeks in length and held throughout the year. Contributors serve as fleet subject matter experts (FSMEs) for their respective

ratings to review and validate E4-E7 advancement exams and the associated banks of questions. Participants will receive temporary additional duty (TAD) orders from their parent command, paid for by NETPDTC.

"We leverage the experience of FSMEs from schoolhouses and learning centers, as well as chiefs from a variety of platforms

and sea commands at each AERR," said Stephanie Cannon, enlisted exam team leader at the Navy Advancement Center. "Each chief selected to participate in an AERR will tell you

> that what we do is very challenging work, but also will explain how rewarding it is to be a part of the process that helps the Navy advance the most qualified Sailors."

AGC(AW/SW) Justin Coryell, leading chief petty officer for the Training Management division at the Naval Meteorology and Oceanography Development Professional

Center in Gulfport, Miss., recently participated in his third aerographer's mate (AG) AERR.

"After taking many advancement exams during my career, I wanted to help update them to better benefit my Sailors," said Coryell. "I have no doubt that this experience has given me a sense of appreciation for the exams and the amount of work put into them."

Nominations to attend an AERR must be endorsed by the chief petty officer's commanding officer or officer in charge, as well as the command master chief, senior chief or chief of the boat, before submission to NET-PDTC. NETPDTC will coordinate with respective rating learn-

ing centers and community sponsors to select the best nominees. Selections of FSMEs for the AERRs are normally made 45 days prior to each panel, and selectees will be notified by NETPDTC via e-mail.

Additional information, including the latest AERR schedule and application details, can be found in NavAdMin 095-13. Application forms and additional requirements are available on the Navy Advancement Center Web site at: https://wwwa. nko.navy. mil/portal/careermanagement/na vyadvancementcenter.

The AERR point of contact is Peter Pappas at 452-1001, option 3, ext 2203, DSN 922, or e-mail peter.pappas@navy.mil.

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will be posted throughout the route to educate participants on Sexual Assault Prevention and Response (SAPR) training with an assortment of team bonding exercis-

The month of April has been designated as Sexual Assault Awareness and Prevention Month, symbolized with a teal colored ribbon. The purpose of SAAPM is to raise public awareness on sexual abuse through prevention; and to educate the community on how to be vigilant bystanders, to identify and intervene when a situation occurs.

"The Amazing SAPR Race" is sponsored by NASP SAPR organizers. All participants will be entered in to a raffle for prizes, such as: a duty free week, duty freeweekend, duty free day and the highly coveted "jump-pass" for the galley chow line.

Anyone interested in attending this event should contact AEC Chris Jorgensen at NATTC, 452-4971.

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Month serves as another part of the Navy's campaign to stop sexual assault and promote a culture of respect and professionalism in the force. The SAAPM Department of Defense Theme is "We own it....We'll solve it... together."

"This month provides another opportunity to emphasize our ongoing commitment to instill a climate that does not tolerate, condone or ignore sexist behavior, sexual harassment or sexual assault," added Van Buskirk. "We have accomplished a great deal in the past year with our leadership and fleet efforts, but we must remember that SAPR is an ongoing effort by everyone in the chain of command."

The recent SAPR-F training has also been approved to serve as this year's General Military Training (GMT) for sexual assault awareness. Previous documentation of SAPR-F for E6 and below has been rolled over to automatically document completion of the FY13 SAPR GMT Lesson, Sexual Assault Prevention and Response Refresher Training (CPPD-GMT-SAPRRT-1.0). Command E7 and above are encouraged to complete required annual SAPR GMT training during Sexual Assault Awareness and Prevention Month and may use the revised SAPR-F Course Facilitation Guide to meet the FY-13 SAPR GMT requirement vice completing CPPD-GMT-SAPRRT-1.0.

"The revised SAPR-F training is not required for all E-7 and above, but is a convenient and highly encouraged method for them to complete the required SAPR GMT for the fiscal year," said Capt. William Marvel, SAPR Task Force chief of staff. "It serves an additional benefit of exposing them to the SAPR-F training that their E-6 and below personnel received."

Naval Administrative Message (NavAdMin) 075/13 provides additional details and links to turn-key products to facilitate delivery of SAAPM messaging and events. Those products are located on the Navy Personnel Command SAPR website: http://www. sapr.navy.mil.

The revised SAPR-F course facilitation guide for E-7 and above can be downloaded from the SAPR-L/F training web page: http://www. public. navv.mil/ bupers-npc/ support/sapr/pages/training.aspx or from Navy Knowledge Online (select the leadership tab and scroll down the

page to the SAPR training section). Sexual assault prevention is an important element of the readiness area of the 21st Century Sailor and Marine initiative, which builds resiliency to hone the most combat-effective force in the history of the Department of the

World War II Sailors back onboard USS Alabama, address **NASP Sailors** ... At a recent reuinion for veterans of the battleship USS Alabama (BB 60) held onboard the ship at Mobile's Battleship Memorial Park, veterans (left-right) Frank Radulski, Earl Shive and Albert Grimm took the opportunity to speak with Sailors from NAS Pensacola. Sailor volunteers from NASP are active participants in the battleship's ongoing restoration. The group included Blue Angels' personnel as well as Sailors from Naval Aviation Schools Command, Naval Education Training Command, Naval Air Technical Training Center, NASP Corry Station and a large contingent from Naval Hospital Pensacola (NHP). NHP Commanding Officer Capt. Maureen Padden attended the veterans' group dinner was presented with a flag flown over BB 60. Photo by Owen Miller

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field care is when the Soldier and the casualty are not under enemy fire and free to provide care to the casualty to the best of your ability, and tactical evacuation care is the care rendered while the casualty is evacuated to a collection point or medical treatment facility.

On the final day a written exam was given, followed by lane exercises, which put Soldiers in simulated combat situations. The Soldiers were tested on the skills they learned in the lecture and how to perform under stress.

NHP from page 1

around 1,000 prescriptions a day, NHP fills 2,000 refill orders a day, both locally and through all of its 10 branch clinics. All refills are

filled centrally at NHP and Southeast United States," are then delivered to the said Jenkins. for pick up at the new site. other branch clinics that are states.

> "On any given day, we have upwards of 3,000 prescriptions that we are filling for beneficiaries all over the

civil affairs specialist, for Headquarters and Headquarters Company, 350th Civil Affairs Command. "It should be standard annual training throughout the Army." The Soldiers of the 350th CACOM graduat-

"I feel that the CLS class is great training and absolutely necessary," said Spc. Joel, Hughes,

ed March 7 as certified lifesavers and are confident in their abilities to keep their fellow Soldier alive. "We at 350th Civil Affairs Command strive to make sure all of our soldiers are trained up to Army standards," said 350th Soldier, Sgt. Charles Restifo, a petroleum specialist.

As the third busiest phar-Aside from processing located throughout five macy in the Navy, NHP has been working hard to make this new satellite a reality. More information will follow as the pharmacy nears completion.

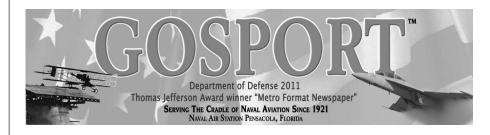
Recycling from page 1

paper products (newspapers, magazines, phone books), cardboard, plastics, and toner cartridges. The Recycling Center, Building 2691, may be accessed from both Taylor and Murray roads and contacted at 452-2028 or 572-6184. Recycle drop-off trailers for everyday items such as cardboard, paper, metal and plastics are located near the NASP back gate; at NASP, across from Pen Air Federal Credit Union; in the parking lot of the Mega Building (Bldg. 3460); and at Corry Station, Bldg. 1079

(east of NEX Mini Store by housing fence).

Performing in an environmentally responsible manner benefits us all as a community by saving money, decreasing wasted resources, protecting the surrounding ecosystem, preserving areas for future use, preventing off-normal events that could disrupt operations, and increasing personal safety and well-being.

To find out more about the NAS Pensacola complex's environmental programs visit our web pages at https://www.cnic. navy.mil/ Pensacola/index.htm.



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Naval Air Station, Pensacola, Fla.: A Bicentennial Defense Community Commanding Officer — Capt. Keith Hoskins Public Affairs Officer — Harry C. White

The Gosport nameplate pays homage to the 100th anniversary of naval aviation in 2011: the Centennial of Naval Aviation, or CONA.

The image on the left side of the nameplate depicts Eugene Ely taking off in a Curtiss pusher bi-plane from the USS Pennsylvania Jan. 18, 1911.

While Ely had taken off from the USS Birmingham two months earlier after his plane had been loaded on the ship, the USS Pennsylvania event was the first time a plane landed on and then took off from a U.S. warship.

The image on the right side is the Navy's most modern fighter aircraft, the F-18 Super

Established in 1921 as the Air Station News, the name Gosport was adopted in 1936. A gosport was a voice tube used by flight instructors in the early days of naval aviation to give instructions and directions to their students. The name "Gosport" was derived from Gosport, England (originally God's Port), where the voice tube was invented.

Gosport is an authorized newspaper published every Friday by Ballinger Publishing,

The Rhodes Building, 41 North Jefferson Street, Suite 402, Pensacola, FL 32504, in the interest of military and civilian personnel and their families aboard the Naval Air Station Pensacola, Saufley Field and Corry Station.

Editorial and news material is compiled by the Public Affairs Office, 150 Hase Road, Ste.-A, NAS Pensacola, FL 32508-1051 All news releases and related materials

should be mailed to that address, e-mailed to scott.hallford@navv.mil. National news sources are American

Forces Press Service (AFPS), Navy News Service (NNS), Air Force News Service (AFNS), News USA and North American Precis Syndicate (NAPS).

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