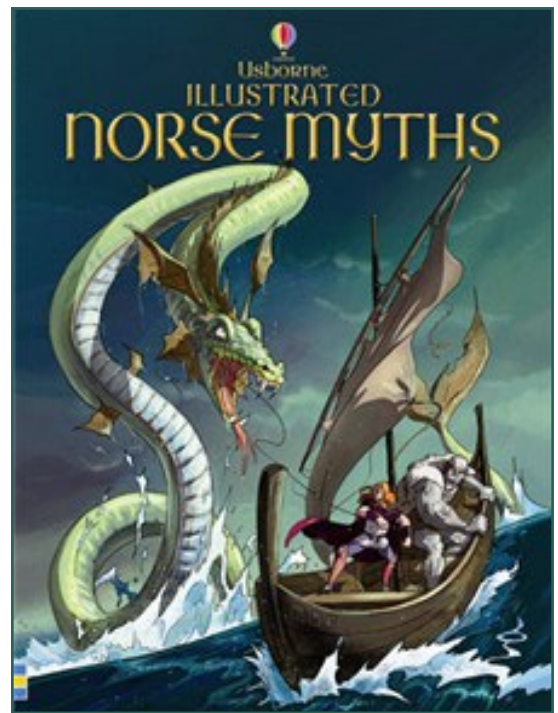


Norse Myths pronunciation guide

Tales of Norse gods and heroes have been passed down in many countries for more than a thousand years. The way many of the names are spelled and pronounced today varies in each country. Here you can see how to pronounce these names in a British English style. For some names, there is a common alternative that roughly matches the Icelandic pronunciation.

Aegir	Eye-ear	Grani	Grah-nee
Aesir	Eye-sear	Greip	Grape
Alfheim	Alf-haym	Grer	G'rare
Andvari	And'vaa-ri	Grid	rhymes with hid
Asgard	Ass-guard	Grimhild	Grim-hill'd
Ask	Ass-k	Gudrun	Goo-droon
Audumla	Ow-doom-lar	Gullfaxi	Gool-fax-ee
Balder	Bal (as in balance) - durr	Gullinbursti	Goo-lin-burst-ee
Bergelmir	Berg-ell-mere	Gullveig	Gool-vague
Berling	Bear-ling	Gungnir	Goong-near
Bestla	Bes-tla	Gunnar	Gun-arr
Bifrost	Bye-frost or Bee-frost	Hati	Hat-ee
Bor	Bore	Heimdall	Haym-dahl
Brisingamen	Bree-sing-arm-en	Hel	rhymes with bell
Brokk	Brock	Hermod	Her-modd
Brynhild	Broon-hill-d	Hod	rhymes with odd
Buri	Boo (as in book) - ree	Honir	Her-near
Dag	rhymes with bag	Hreidmar	H'ray-d-marr
Draupnir	Drope-near	Hrungnir	H-roong-near
Dvalin	D'vaa-lin	Hugi	Hoo-ye
Eitri	Ay-tree	Hymir	Hay-mere
Elli	rhymes with belly	Hyrrokkin	Hay-roe-keen
Embla	Em-bler	Idunn	I (as in idiot) - dunn
Fafnir	Faff-near	Ivaldi	or I (as in idiot) - thoon
Fenris	Fenn-riss		Ee-val-dee
Fimbulwinter	Fimm-bull-vinter	Jormungand	Your-moon-gand
Frey	rhymes with play	Jotunheim	Your-turn-haym
Freya	rhymes with player	Lif	Leaf
Frigg	rhymes with dig	Lifthrasir	Leaf-thrass-ear
Geirrod	Gay-rod	Logi	Lor-gee
Gjalp	Gee-yalp	Loki	Low-key or Lock-ee
Gldsheim	Glds-haym	Magni	Mag-nee
Gram	Garm	Midgard	Midd-gard or Mith-gard

Mimir	Mee-mere
Mjollnir	Mee-oll-near
Modi	Mor-dee
Mundulfari	Moon-dall-far-ee
Muspelheim	Moo-spell-haym
Nanna	rhymes with banner
Nidavellir	Nith-a-vell-ear
Nidhogg	Nee-thog
Nifelheim	Niff-el-haym
Njord	Nigh-ord
Nott	rhymes with hot
Odin	Oh-din or O-thin
Ragnarok	Rag-na-rock
Ran	rhymes with can
Ratatosk	Rat-at-osk
Regin	Ray-gin or Ray-in
Sif	rhymes with biff
Sigurd	Sig-urd
Skoll	rhymes with toll
Skrymir	Skray-mere
Sleipnir	Slayp-near
Snorri Sturluson	Snor-ee Ster-loo-son
Surt	rhymes with dirt
Thialfi	Thee-alf-ee
Thiazi	Thee-a-see
Thor	Thore or Torr
Thrym	Thrimm
Tyr	Tire or Tee-ya
Urd	Oord
Utgard	Oot-guard
Utgardaloki	Outh-guard-a-lock-ee
Valhalla	Varl-hah-lah
Vali	Var-lee
Valkyrie	Vall-ki-ree or Varl-koo-ree
Vanaheim	Varna-haym
Vanir	Var-near
Ve	Vay
Vidar	Vee-dar
Vili	Vi-lee
Yggdrasil	Eeg-drass-ill
Ymir	Ee-mere



This pronunciation guide shows you how to say the names in the *Usborne Illustrated Norse Myths*.
www.usborne.com