



# PSYCHOLOGY

Learning Solutions from Cengage

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## MINDTAP MOBILE APP

 **MINDTAP**  
From Cengage

The MindTap Mobile App was built according to extensive research with students to determine how mobile access could benefit them and includes:



Flashcards



Quizzes

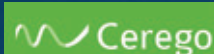


Notifications

**Download MindTap Mobile from the App store.**

And now your students can download the additional MindTap Mastery Training Mobile App by Cerego for psychology - the best way to learn Psychology concepts faster and remember them longer!

- Mastery Training tells your students when to study and when to review.
- Study progress automatically syncs with the student's MindTap account.

 Cerego

**Download Cerego** – The Essential Memory Management Tool from the App store

# INTRODUCTORY PSYCHOLOGY

NEW EDITION AVAILABLE WITH MINDTAP

## Discovering Psychology

The Science of the Mind

3rd Edition

John Cacioppo, University of Chicago  
Laura Freberg, California Polytechnic State University,  
San Luis Obispo

© 2019 | 784pp | 9781337561815



In *Discovering Psychology*, the authors present a cohesive understanding of the field, highlighting connections within psychology as well as between psychology and other disciplines. Through smart and engaging writing, illuminating visuals, and sound science, students will discover that the field of psychology is larger, more diverse, more exciting, and more relevant than they may have realized. With this text, your students will improve their critical thinking skills, gain an understanding of research, and get a glimpse of the current state of science about the mind.

NEW EDITION AVAILABLE WITH MINDTAP

## Introduction to Psychology

Gateways to Mind and Behavior

15th Edition

Dennis Coon, Brock University  
John O. Mitterer, Brock University  
Tanya S. Martini, Brock University

© 2019 | 736pp | 9781337565691



Welcome to the world of psychology--and a journey through the gateways to mind and behavior. This text integrates a proven system for reflective learning: Survey, Question, Read, Reflect, Review and Recite. By following these steps for efficient studying, students master psychology's concepts and explore its diversity of topics that are relevant to today's world. Active learning tools are interspersed with examples and anecdotes in a conversational style, along with coverage of the field's newest research findings.

AVAILABLE WITH MINDTAP

## Psychology

Foundations and Frontiers

10th Edition

Douglas A. Bernstein, University of South Florida

© 2016 | 864pp | 9781305114302



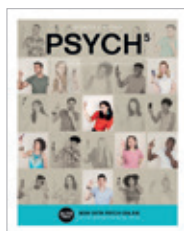
Focusing on active learning, this book presents important findings from established and current research, emphasizes the many ways psychological theory and research results are being applied to benefit human welfare, and integrates extensive pedagogy. The integrated pedagogical system helps students master the material by supporting the elements of the PQ4R (Preview, Question, Read, Recite, Review, and Reflect) study system. Features designed to promote efficient learning include 'Try This' activities that illustrate psychological phenomena by encouraging students to learn by doing, 'Thinking Critically' sections that apply a five-question approach to various topics, and 'Focus on Research' sections that help students think objectively about research questions and results.

## PSYCH5

5th Edition

Spencer A. Rathus, New York University, School of  
Continuing and Professional Studies

© 2016 | 448pp | 9781305662704



*PSYCH5* offers full coverage of course concepts through unique resources and features that mirror the natural study habits of students. *PSYCH5* combines an easy-reference, paperback textbook with chapter review cards, and a groundbreaking online product that enables students to study how and when they want - including on their smartphones.

NEW EDITION AVAILABLE WITH APLIA

## Psychology

Themes and Variations

3rd South African Edition

Wayne Weiten, University of Nevada, Las Vegas  
Edited by Junaid Hassim, University of Pretoria

© 2018 | 9781473748583



*Psychology: Themes and Variations* is a truly South African version of the landmark text by Wayne Weiten. It addresses complex topics and a range of approaches to provide a comprehensive but accessible introduction to the field, supported by a wealth of South African examples, context and research. This third South African edition is available with Aplia, an online learning solution that significantly improves student outcomes with thought-provoking questions and engaging activities designed to illustrate key concepts.

AVAILABLE WITH MINDTAP

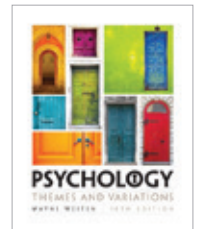
## Psychology

Themes and Variations

10th Edition

Wayne Weiten, University of Nevada, Las Vegas

© 2017 | 736pp | 9781305498204



*Psychology* offers a superb thematic organization together with practical applications and examples that help students see beyond research to big-picture concepts. Often described as a challenging book that is easy to learn from, the book surveys psychology's broad range of content with three aims: to illuminate the process of research and its relationship to application, to show both the unity and diversity of psychology's subject matter, and to help students master the basic concepts and principles of psychology.

AVAILABLE WITH MINDTAP

## Introduction to Psychology

11th Edition

James W. Kalat, North Carolina State University

© 2017 | 608pp | 9781305271555



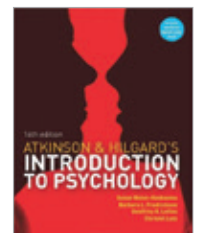
Jim Kalat's *Introduction to Psychology* takes an 'evaluate the evidence' approach that features a friendly writing style, hands-on 'Try It Yourself' activities, and helpful visuals to invite students to engage in the experience of learning psychology. The modular organization breaks each chapter into meaningful 'chunks' for structuring learning and 'What's the Evidence' coverage reviews real studies, encouraging students to ask questions like, 'Does the evidence really support the conclusion?' The Eleventh Edition draws on the latest research and literature to teach students how to separate the plausible from the scientifically demonstrable in the psychology classroom and beyond it.

## Atkinson & Hilgard's Introduction to Psychology

16th Edition

Susan Nolen-Hoeksema, Yale University,  
Barbara L. Fredrickson, University of Michigan,  
Geoffrey R. Loftus, University of Washington  
Christel Lutz, University College Utrecht

© 2016 | 816pp | 9781408089026



Now in its sixteenth edition, this introductory psychology text covers all of the major developments, theories and ideas with an engaging student-centered approach and an international focus. Extensive pedagogical features to aid learning and encourage critical thinking include 'Seeing Both Sides' essays which feature experts exploring key topics from different perspectives.

# DEVELOPMENTAL PSYCHOLOGY

NEW EDITION AVAILABLE WITH MINDTAP

## Human Development

A Life-Span View

8th Edition

Robert V. Kail, Purdue University  
John C. Cavanaugh, University of West Florida

© 2019 | 720pp | 9781337554831

Filled with real-life examples that aid understanding, *Human Development* has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. The efficient organization (chronological, but with a few chapters on key topical issues) allows this text to be briefer than many other texts for the same course, providing a complete, succinct guide to developmental psychology. Students will gain the foundations in important theories and research that enable them to become an educated interpreter of developmental information in their future careers. In addition, basic and applied research along with controversial topics and emergent trends demonstrate connections between the laboratory and life.



NEW EDITION AVAILABLE WITH MINDTAP

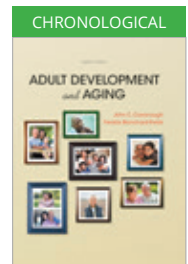
## Adult Development and Aging

8th Edition

John C. Cavanaugh, Consortium of Universities  
of the Washington Metropolitan Area  
Fredda Blanchard-Fields, Georgia Institute of  
Technology

© 2019 | 496pp | 9781337559089

Written within a bio-psychosocial framework, *Adult Development and Aging* covers the specific age-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application alongside a focus on "positive aging" and the gains and losses people experience across adulthood that sets the book apart.



NEW EDITION AVAILABLE WITH MINDTAP

## Development Through Life

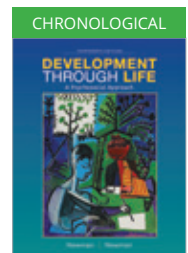
A Psychosocial Approach

13th Edition

Barbara M. Newman, University of Rhode Island  
Philip R. Newman, University of Rhode Island

© 2018 | 800pp | 9781337098144

This text uses a life-stage approach to present development across the life span, drawing on the psychosocial theory of Erik Erikson to provide a conceptual framework. The authors address physical, intellectual, social, and emotional growth in 11 life stages, from the prenatal period through elderhood, focusing on the idea that development results from the interdependence of individuals and their environments at every stage, and placing special emphasis on how optimal development may be fostered throughout life. They also provide many cases that show students how research and theories can be applied to contemporary issues, the diversity of experiences that are possible at a certain period of life, and how people cope with challenges they face at various points in life.



AVAILABLE WITH MINDTAP

## Essentials of Human Development

A Life-Span View

2nd Edition

Robert V. Kail, Purdue University  
John C. Cavanaugh, University of West Florida

© 2017 | 576pp | 9781305504585

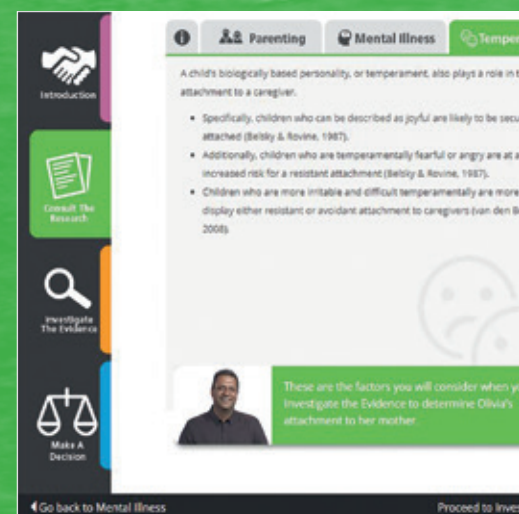
*Essentials of Human Development* focuses on the essential, defining features of modern research and theory in human development using a chronological approach to cover key topics and emphasizing the biopsychosocial framework.



# MINDTAP WITH INVESTIGATE DEVELOPMENT

All Developmental Psychology titles are available with MindTap featuring **Investigate Development**. Investigate Development is a case-based simulation tool that puts students in real-life roles where they observe, evaluate and make decisions about human development.

With evidence and significant findings from relevant research as well as the patient's life, students are given the opportunity to fully interact with cases and make informed decisions.



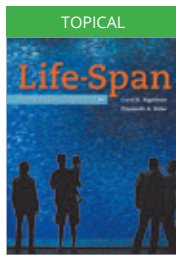
NEW EDITION AVAILABLE WITH MINDTAP

## Life-Span Human Development

9th Edition

Carol K. Sigelman, The George Washington University  
Elizabeth A. Rider, Elizabethtown College

© 2018 | 768pp | 9781337100731



Known for its clear, straightforward writing style, grounding in current research, and well-chosen visuals and examples, Sigelman and Rider's text combines a topical organization at the chapter level and an age/stage organization within each chapter. Each chapter focuses on a domain of development such as physical growth, cognition, or personality and traces developmental trends and influences in that domain from infancy to old age. This edition includes new research on biological and sociocultural influences on life-span development and offers new media resources that help students engage more actively with the content.

AVAILABLE WITH MINDTAP

## Childhood and Adolescence

Voyages in Development

6th Edition

Spencer A. Rathus, The College of New Jersey

© 2016 | 688pp | 9781305861862



Spencer A. Rathus provides a hands-on approach in this chronologically organized title to support you in helping students understand the link between developmental theories and research as well as their application to everyday life.

## Childhood

Voyages in Development

6th Edition

Spencer A. Rathus, The College of New Jersey

© 2016 | 9781305861862

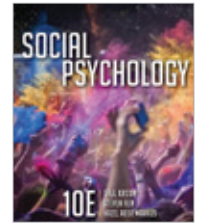
AVAILABLE WITH MINDTAP

## Social Psychology

10th Edition

Saul Kassin, Williams College in Williamstown, Massachusetts

© 2017 | 752pp | 9781305580220



Distinguished by its current-events emphasis, the aim to bring the outside world into the field of social psychology, strong diversity coverage, and engaging connections drawn between social psychology and students' everyday lives, *Social Psychology* remains one of the most scholarly and well-written texts in its field. Integrating classic and contemporary research, the text also includes comprehensive coverage of social cognition and evolutionary psychology, and features authoritative material on social psychology and the law. Coverage of culture and diversity is integrated into every chapter by Hazel Rose Markus, a leader and respected researcher in the study of cultural psychology.

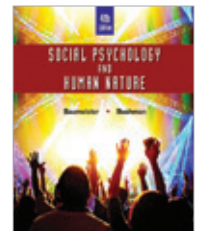
AVAILABLE WITH MINDTAP

## Social Psychology and Human Nature

4th Edition

Roy F. Baumeister, Florida State University  
Brad Bushman, University of Michigan

© 2017 | 832pp | 9781305497917



*Social Psychology and Human Nature* offers a fresh and compelling exploration of the fascinating field of social psychology. It gives students integrated and accessible insight into the ways that nature, the social environment, and culture interact to influence social behaviour. The text's contemporary approach emphasises the role of human nature – viewing people as highly complex, exquisitely designed, and variously inclined cultural animals who respond to myriad situations. With strong visual appeal, an engaging writing style, and the best of classic and current research, *Social Psychology and Human Nature* helps students make sense of the sometimes baffling – but always interesting – diversity of human behaviour.

NEW

## Social Psychology

1st South African Edition

Roy F. Baumeister, Florida State University  
Brad Bushman, University of Michigan  
Contributors: Y. Ally, D. de Sousa, C. Hermann,  
K. Mbatha, A. Nienaber, G. Schwar, K. Shirinda-  
Mthombeni, F. Silinda

© 2018 | 9781473751415



Offering the best of classic and current research in its field, this text gives essential insight to the power of situations, while also emphasising the role of human nature. Its strong visual appeal with local examples means South African students will easily identify with the content. It has an engaging and accessible writing style for second- and third-language speakers and feature boxes that offer fascinating insights into related topics.

MINDTAP  
From Cengage



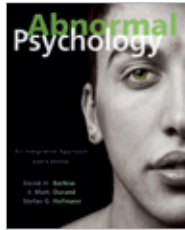
# ABNORMAL PSYCHOLOGY

AVAILABLE WITH MINDTAP

## Abnormal Psychology

An Integrative Approach  
8th Edition

David H. Barlow, Boston University,  
V. Mark Durand, University of South Florida,  
St. Petersburg  
Stefan G. Hofmann, Boston University  
© 2018 | 784pp | 9781305950443



Barlow, Durand, and Hofmann's *Abnormal Psychology* deftly presents an integrative approach to psychopathology – how biological, psychological, and social factors work together to create disorders, rather than single causes. The successful blend of sophisticated research, an accessible writing style, consistent pedagogical elements (including periodic concept checks), integrated case studies and video clips of clients (available in MindTap®) create a current and highly engaging text.

NEW EDITION AVAILABLE WITH MINDTAP

## Essentials of Abnormal Psychology

8th Edition

V. Mark Durand, University of South Florida  
David H. Barlow, Boston University  
Stefan G. Hofmann, Boston University  
© 2019 | 704pp | 9781337619370



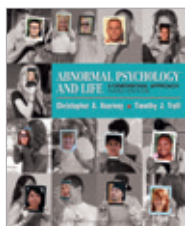
Through Durand, Barlow, and Hofmann's *Essentials of Abnormal Psychology*, students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A conversational writing style, consistent pedagogy, and real case profiles provide a realistic context for the scientific findings. These features show students the real people behind the DSM-5 criteria, the theories, and the research.

NEW EDITION AVAILABLE WITH MINDTAP

## Abnormal Psychology and Life

A Dimensional Approach, 3rd Edition

Chris Kearney, University of Nevada, Las Vegas  
Timothy Trull, University of Missouri, Columbia  
© 2018 | 640pp | 9781337098106



Chris Kearney and Tim Trull's *Abnormal Psychology And Life* provides a concise, contemporary, science-based view of psychopathology that emphasizes the individual first. Featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behaviour can be viewed along a continuum. The book also gives students an understanding of the features and epidemiologies, risk factors and prevention, assessment and treatment, and long-term prognosis and associated stigma of mental disorders.

## Abnormal Psychology

An Integrative Approach  
1st South African Edition

David H. Barlow, Boston University  
V. Mark Durand, University of South Florida  
Stefan G. Hofmann, Boston University  
Edited by L. du Plessis and C. Visser  
© 2017 | 784pp | 9781473734432

SOUTH AFRICAN EDITION



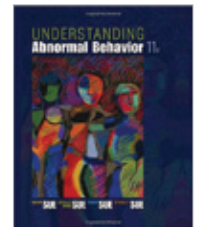
This first South African edition offers students a local version of this well-known text by David Barlow and V. Mark Durand. Balancing biological, psychological, social and cultural approaches, the groundbreaking integrative approach followed is the most modern, scientifically valid method for studying abnormal psychology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces, both global ones and those unique to South Africa and Africa, that contribute to psychopathology.

AVAILABLE WITH MINDTAP

## Understanding Abnormal Behavior

11th Edition

David Sue, Western Washington University  
Derald Wing Sue, Teacher's College, Columbia College  
Stanley Sue, University of California  
Diane M. Sue, Private Practice  
© 2016 | 720pp | 9781305088061



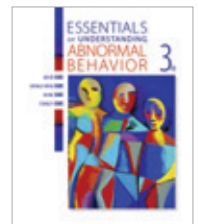
*Understanding Abnormal Behavior* offers balanced and clear coverage of psychopathology theories, research, and clinical implications connecting topics to real-world case studies and current events. Updated to reflect DSM-5, the text explains how four essential factors-biological, psychological, social, and sociocultural-interact to cause mental disorders.

AVAILABLE WITH MINDTAP

## Essentials of Understanding Abnormal Behavior

3rd Edition

David Sue, Western Washington University  
Derald Wing Sue, Teacher's College, Columbia College  
Diane M. Sue, Private Practice  
© 2017 | 576pp | 9781305639997



This brief text offers a balanced, clear introduction to abnormal psychology and features the same sociocultural and engaging style of its parent text in a condensed, reader-friendly format.

# RESEARCH METHODS AND STATISTICS

AVAILABLE WITH MINDTAP

## Statistics for the Behavioral Sciences

10th Edition

Frederick J. Gravetter, State University of New York  
Larry B. Wallnau, State University of New York

© 2017 | 768pp | 9781305504912



This leading introduction to statistics for the behavioral sciences continues to offer straightforward instruction, accuracy and real-world examples. The goals of the book are to teach the methods of statistics and convey the basic principles of objectivity and logic that are essential for science, and valuable in everyday life. The authors help students understand statistical procedures through a conceptual context that explains why the procedures were developed and when they should be used. Students have numerous opportunities to practice statistical techniques through learning checks, examples, step-by-step demonstrations, and problems.

## SPSS Statistics Version 22

A Practical Guide

3rd Edition

Peter Allen, Curtin University of Technology  
Kellie Bennett, University of Western Australia  
Dr Brody Heritage

© 2014 | 328pp | 9780170348973



SPSS is enormously powerful – and challenging to learn. This popular handbook lets students get hands on with the statistical procedures they need. Screenshots, step-by-step guidance and examples with annotated outputs provide an essential practical guide to using SPSS.

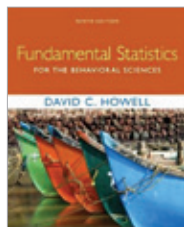
AVAILABLE WITH MINDTAP

## Fundamental Statistics for the Behavioral Sciences

9th Edition

David C. Howell

© 2017 | 9781305652972



*Fundamental Statistics for the Behavioral Sciences* focuses on providing the context of statistics in behavioural research, while emphasizing the importance of looking at data before jumping into a test. This practical approach provides students with an understanding of the logic behind the statistics, so that they understand why and how certain methods are used. The text includes an abundance of real data and research studies that provide a real-life perspective and help students learn and understand concepts. In alignment with current trends in statistics in the behavioural sciences, the text emphasizes effect sizes and meta-analysis, and integrates frequent demonstrations of computer analyses through SPSS and R.

NEW EDITION AVAILABLE WITH MINDTAP

## Research Methods for the Behavioral Sciences

6th Edition

Frederick J. Gravetter, State University of New York  
Lori-Ann B. Forzano, State University of New York

© 2019 | 656pp | 9781337613316



Inviting and conversational, the text leads students through the research process from start to finish -- using a step-by-step approach that emphasizes the decisions researchers make at each stage. Current research examples are chosen to engage students and learning objectives help them to focus on what's important. Chapter after chapter, the authors' "lecture in a book" style delivers clear explanations of topics that make this text easy to read and understand.

AVAILABLE WITH MINDTAP

## Research Methods

The Essential Knowledge Base

2nd Edition

William Trochim, Ph.D., Cornell University

© 2016 | 448pp | 9781133954774



From an expert team in the research methods field, *Research Methods* streamlines and clarifies explanations of fundamental, yet difficult, concepts in a familiar, engaging style. Students learn about the relationship between theory and practice, which helps them become both better researchers and better consumers of research.

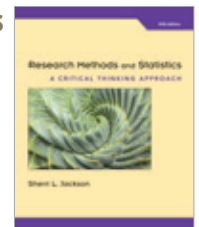
## Research Methods and Statistics

A Critical Thinking Approach

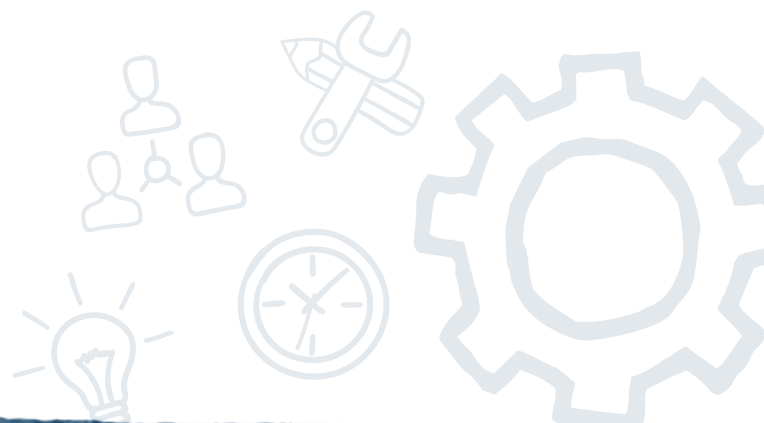
5th Edition

Sherri L. Jackson, Jacksonville University

© 2016 | 528pp | 9781305257795



This combined text successfully illustrates the integration between statistics and research methods by demonstrating the ways to use statistics in analyzing data collected during research. Focusing on the logic of the process and the methodology aspect of research, Jackson incorporates a student-friendly critical-thinking approach and presents examples and exercises to which students can relate.



# COGNITIVE PSYCHOLOGY

**NEW**

## Cognitive Psychology

1st Edition

**E. Bruce Goldstein**, University of Pittsburgh  
**Johanna C. van Hooff**, University of Amsterdam

© 2018 | 512pp | 9781473734524

*Cognitive Psychology* is an excellent introduction to the study of cognition, providing insight into both psychological and physiological aspects of the mind. The text covers key concepts and draws on interesting and relevant research to give students a thorough understanding of the subject.

Written in an engaging and accessible style, students will learn the theory and its practical applications for everyday life through a wealth of examples and illustrations. This first edition has been updated and adapted for the UK, European, South African and Middle Eastern markets, drawing on recent research and relevant examples from these regions to enable students to fully relate to the topics discussed.

### Table of Contents

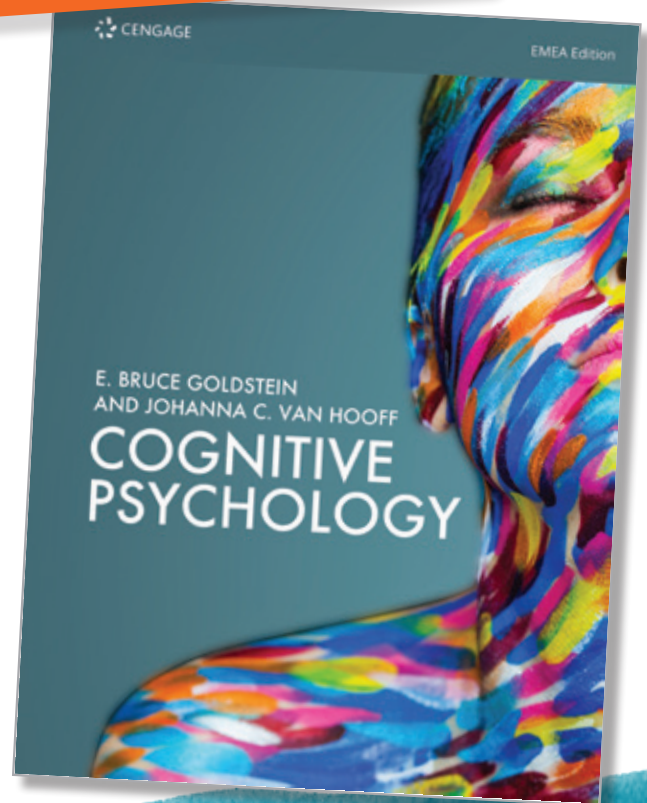
1. Introduction to Cognitive Psychology
2. Cognitive Neuroscience
3. Perception
4. Attention
5. Short-term and Working Memory
6. Long-term Memory: Structure
7. Long-term Memory: Encoding, Retrieval, and Consolidation
8. Everyday Memory and Memory Errors
9. Knowledge
10. Visual Imagery
11. Language
12. Problem Solving
13. Judgement, Reasoning and Decisions

### Instructor Resources:

Companion Website with PowerPoints,  
Instructor's Manual and Test Bank

Available with  **MINDTAP**  
From Cengage

Including access to CogLab 5.0



**“A clear and well-structured textbook that is easy to read. It covers the key areas of cognitive psychology in a scholarly and accessible way.”**

Professor Tim Andrews, University of York, UK

**“Perfect for university students wanting to learn about brain functioning: it provides in-depth coverage of the psychological and physiological bases of human behaviours.”**

Carine Signoret, Senior Lecturer, Linköping University, Sweden



# SENSATION & PERCEPTION

AVAILABLE WITH MINDTAP

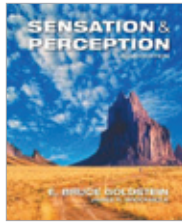
## Sensation & Perception

10th Edition

E. Bruce Goldstein, University of Pittsburgh

© 2017 | 496pp | 9781305580299

E. Bruce Goldstein's *Sensation & Perception* has helped a myriad of students understand the ties between how we sense the world and how the body interprets these senses. A key strength of this text has always been the ability to illustrate concepts through examples and visuals. Dr. Goldstein walks students through an intriguing journey of the senses with both clarity and thoroughness, combining his extensive classroom experience and the most innovative research to create a visual, colourful text.



# BIOLOGICAL PSYCHOLOGY

NEW EDITION AVAILABLE WITH MINDTAP

## Biological Psychology

13th Edition

James W. Kalat, North Carolina State University

© 2019 | 624pp | 9781337408202

Dr James W. Kalat's leading text *Biological Psychology* consistently delivers a high level of scholarship, a clear-writing style with interesting anecdotes and intriguing examples. With all editions, Kalat's focus is on making *Biological Psychology* accessible to students and convincing students of the excitement of the search for biological explanations of behaviour. Updated with new topics, examples and recent research findings--and supported by the interactive learning tools and virtual labs in the MindTap online learning platform--the thirteenth edition speaks to today's students and instructors.



# PERSONALITY

AVAILABLE WITH MINDTAP

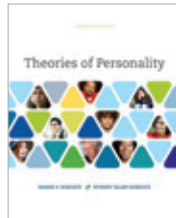
## Theories of Personality

11th Edition

Duane P. Schultz, University of South Florida  
Sydney Ellen Schultz, University of South Florida

© 2017 | 512pp | 9781305652958

Filled with updated research and findings, this textbook is organised by theory to give students a clear and cogent introduction to this dynamic field.



NEW EDITION AVAILABLE WITH MINDTAP

## Discovering Behavioral Neuroscience

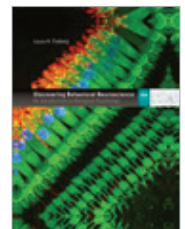
An Introduction to Biological Psychology

4th Edition

Laura A. Freberg, California Polytechnic State University

© 2019 | 672pp | 9781337570930

*Discovering Behavioral Neuroscience, 4th Edition* includes classic concepts, current topics, and cutting-edge research to provide students with a foundational understanding of the structure and function of the nervous system and its relationship to both typical and disordered human behaviour. With a clear writing style, engaging examples and illustrations, it guides students through the most current thinking in behavioural neuroscience with a focus on developing critical thinking skills.



# HUMAN SEXUALITY

NEW EDITION AVAILABLE WITH MINDTAP

## Sexuality Now

Embracing Diversity

6th Edition

Janel L. Carroll, University of Hartford

© 2019 | 672pp | 9781337404990

The fresh and accessible approach of the new sixth edition of *Sexuality Now* teaches students what they need to know about sexuality while exploring health issues, biology and citing current and classic research. Carroll presents the range of sexual orientations and behaviours and takes into account the social, religious, ethnic, racial, and cultural contexts of today's students. The new edition includes even more examples and research on sexual diversity both within and across cultures.



AVAILABLE WITH MINDTAP

## Our Sexuality

13th Edition

Robert Crooks  
Karla Baur

© 2017 | 720pp | 9781305646520

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# LEARNING AND BEHAVIOR

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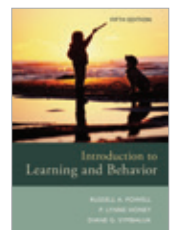
## Introduction to Learning and Behavior

5th Edition

Russell A. Powell, MacEwan University  
P. Lynne Honey, MacEwan University  
Diane G. Symbaluk, MacEwan University

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# CULTURAL PSYCHOLOGY

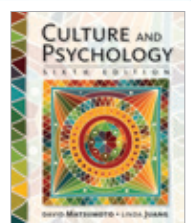
## Culture and Psychology

6th Edition

David Matsumoto, San Francisco State University  
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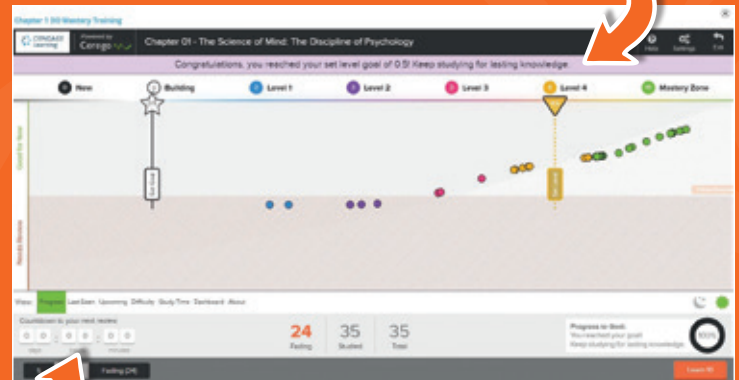
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