# In-Room Dining Menu

3	Breakfast
4	Westin Weekend Breakfast Menu
5	Eat Well Menu for Kids
6	All-Day Dining
9	Late-Night Dining
11	Sleep Well Menu
12	Alcoholic Beverages
14	Hotel Venues

# Energize with SuperFoodsRx<sup>TM</sup> dishes made with ingredients packed with nutrients to power your day. SuperFoodsRx

#### **APPLES**

Polyphenols, flavonoids and vitamin C

#### AVOCADOS

High in fiber, folate, potassium, vitamin E and magnesium

#### BEANS

Low-fat source of protein, fiber, B vitamins, iron, folate and magnesium

#### BLUEBERRIES

Packed with exceptionally high levels of antioxidant phytonutrients

#### **BROCCOLI**

Generous amounts of fiber, vitamins B6, C and E, and a healthy portion of vitamin K

#### CINNAMON

One of the oldest known spices, long used in traditional medicine

# DARK CHOCOLATE

Provides antioxidant flavonols

# **DRIED SUPER FRUITS**

Concentrated source of health-promoting nutrients

### **EXTRA-VIRGIN OLIVE OIL**

Great source of vitamin E

#### **GARLIC**

Nutrient rich, including vitamins B6 and C, phosphorous, zinc and selenium

# **HONEY**

Antioxidant activity stems from peptides, organic acids and enzymes

# **KIWIS**

Offers vitamin C, folate, potassium and fiber, and is a low-calorie source of vitamin E

#### LOW-FAT YOGURT

Includes live, active cultures, protein, calcium and B vitamins

#### OATS

Low in calories, high in fiber, protein, magnesium, potassium, zinc and copper

#### ONIONS

Rich dietary source of flavonoids and phytonutrients

#### ORANGES

A potent source of vitamin C and rich in flavonoids

#### **POMEGRANATES**

Abundant in potassium, vitamin C, polyphenols and vitamin B6

### **PUMPKIN**

Low in calories and extremely high in fiber, vitamins C and E and carotenoids

# SOY

Great source of vitamins, minerals, plant protein and soluble fiber

### **SPINACH**

Contains iron, antioxidants, vitamin K, coenzyme Q10 and omega-3 fatty acids

# TEA

Brimming with antioxidants and important vitamins and minerals

### **TOMATOES**

Supply fiber and are a rich source of the antioxidant lycopene

#### TURKEY

One of the leanest meat protein sources, also contains vitamins B6 and B12, and zinc

#### **WALNUTS**

Provide fiber, protein, B vitamins, magnesium and antioxidant vitamin E

# WILD SALMON

High in protein, and one of the richest sources of omega-3 fatty acids



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.



# Breakfast

Available from 6AM to 11AM.\* Dial Service Express®.

\*Extended breakfast hours available Saturdays and Sundays until 3PM.

# Entrées

#### **BUTTERMILK PANCAKES** 22.00

Choice of traditional buttermilk, strawberries, blueberries or banana, served with 100% Vermont maple syrup and butter

#### **BELGIAN STYLE WAFFLE** 22.00

Seasonal berries, served with 100% Vermont maple syrup and butter

#### THE WESTIN CONTINENTAL 28.00

Choice of orange, grapefruit or apple juice; fresh fruit plate, choice of pastry served with butter and fruit preserves and freshly brewed coffee or tea

#### AMERICAN BREAKFAST 33.00

Two farm fresh eggs with choice of sausage links, hardwood smoked bacon, smoked ham or chicken sausage and Yukon gold home fried potatoes, pastry basket or toast, served with orange, grapefruit or apple juice and freshly brewed coffee or tea

# Eggs, Omelets + Breakfast **Specialties**

# **EGG WHITE BREAKFAST TOSTADA** 25.00

Black bean corn salsa, guacamole superson

#### CREATE-YOUR-OWN 3 EGG OMELET 26.00

Pastry basket or toast and your choice of three: smoked ham, bell peppers, onions, scallions, spinach, mushrooms, hardwood smoked bacon or cheddar cheese

# TWO FARM FRESH EGGS, ANY STYLE 24.00

Choice of hardwood smoked bacon, smoked ham, breakfast sausage links or chicken sausage, served with Yukon gold home fried potatoes and toast

# PETITE GRILLED BEEF TENDERLOIN &

EGGS, ANY STYLE 35.00

Beef tenderloin, two eggs, served with Yukon gold home fried potatoes

### **BROCCOLI SPINACH FRITTATA** 26.00

Fingerling potatoes, oven roasted tomatoes www.



# Breads + Pastries

Served with butter and fruit preserves

Danish pastries, croissants and freshly baked muffins 14.00

Whole wheat, white, multi grain, toasted bagel & cream cheese or English muffin 9.00

# Side Orders

Hardwood smoked bacon, Virginia ham, chicken sausage or country pork sausage link 10.00

Yukon gold home fried potatoes 10.00

Fresh berry bowl 10.00 someway

Yogurt 12.00 Choose from low-fat fruit, berry or Greek

# Westin Family Menu

# FAMILY CONTINENTAL BREAKFAST PACKAGE 48.00 Serves 4 guests

# CHOICE OF 4 PIECES OF THE FOLLOWING:

Bagel, croissant, muffin or danish with butter and fruit preserves

# OPTIONS ALSO INCLUDE:

4 Pieces of whole fruit 4 Individual boxes of cereal Small pot of coffee Small carafe of orange juice

A delivery charge of \$8.00, plus 18% gratuity and sales tax, will be added. All prices in U.S. dollars.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

# Breakfast

Available from 6AM to 11AM.\* Dial Service Express®.

\*Extended breakfast hours available Saturdays and Sundays until 3PM.

# Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

Apple, spinach, lemon, parsley 10.00 species

Celery, cucumber, lime, coconut water 10.00 \*\*\*

Beet, apple, lemon, ginger 10.00 Super 10.00

Yogurt, cherry, blueberry, banana smoothie 10.00

# Fruits, Juices + Yogurts

# BERRY, LOW-FAT GREEK YOGURT & GRANOLA PARFAIT 17.00

Granola, flaxseed, yogurt, berries week

#### MARKET FRESH FRUIT & BERRIES 17.00

A bountiful selection of the season's best Super Super

# ASSORTED JUICES 8.00

Orange, grapefruit, apple, cranberry, tomato or pineapple

# Cereals

# STEEL-CUT OATMEAL WITH BANANA 15.00

Sliced banana, pecans, honey drizzle 🐭 🛶

Raisin Bran, Corn Flakes, Smart Start, Frosted Flakes, Frosted Mini-Wheats, Special K, Granola 12.00

Cereal with strawberries or bananas 14.00

# Coffee + Tea

# FRESHLY BREWED STARBUCKS® BLEND COFFEE, REGULAR OR DECAFFEINATED

Small Pot (3 cups) 8.00

Large Pot (6 cups) 12.00

Espresso 7.00

Double Espresso 10.00

Cappuccino 8.00

# **ASSORTED TAZO TEAS** 8.00

awake, earl grey, chai, chamomile (decaf), mint (decaf)

# HOT CHOCOLATE

Regular 8.00

Large 12.00

MILK 6.00

Skim, regular, soy, almond

# Westin Weekend Breakfast Menu

Weekends last longer at Westin hotels, with extended breakfast hours.\* Whether you sleep in and slow down or jump-start your day with a WestinWORKOUT, you can dine at your own pace.

# ORANGE-APPLE-POMEGRANATE SMOOTHIE 14.00

Blended with banana, strawberries and silken tofu

#### **DELUXE CONTINENTAL** 28.00

Assorted pastries, toast or bagel, bowl of fresh fruit and berries, served with juice, coffee or tea

# **BROCCOLI SPINACH FRITTATA** 25.00

Fingerling potatoes, oven roasted tomatoes

# **BUTTERMILK PANCAKES** 22.00

Choice of traditional buttermilk, strawberries, blueberries or banana, served with 100% Vermont maple syrup and butter

# **YOGURT** 12.00

Choose from low-fat fruit, berry or Greek Super Super



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

# Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy.

\*Extended breakfast hours available Saturdays and Sundays until 3PM.

# Breakfast

Available from 6AM to 11AM. Dial Service Express®.

**OMELET** 14.00

Ham, cheddar, and broccoli omelet, served with fruit

YOGURT & GRANOLA 10.00 Super Super

**WAFFLE** 13.00

Served with peanut butter mousse and diced banana relish

**BLUEBERRY & BANANA LOLLIPOP** 

PANCAKES 14.00

Banana & blueberries cooked into pancakes, served with low-fat yogurt, fruit salad and syrup

# Lunch or Dinner

Available from 11AM to 11PM.

#### SALMON & SOBA NOODLES 18.00

Asian-style baked salmon with fresh ginger, carrots, red peppers, onions, sesame seeds

# **CHICKEN NOODLE SOUP** 9.00

Fresh garden vegetables and thin whole wheat pasta

# **CHICKEN QUESADILLA** 13.00

Served with black beans, rice and pico de gallo

### **HUMMUS WRAP** 12.00

Whole wheat wrap served with lettuce, red bell pepper and cucumber

# SPAGHETTI TURKEY BOLOGNESE 15.00

Whole wheat spaghetti with turkey tomato sauce

### **TUNA MELT** 14.00

Tuna salad on whole wheat slider with melted low-fat cheddar cheese, served with carrots and celery sticks

# Dessert

APPLE "DONUTS" 8.00

Apple rings topped with peanut butter and granola \*\*\*\*

STRAWBERRIES & CREAM IN A CHOCOLATE BOWL 8.00

HÄAGEN-DAZS ICE CREAM CUP 7.00

Vanilla, chocolate or strawberry

# **Drinks**

STRAWBERRY YOGURT MILKSHAKE 9.00

Strawberries with low-fat vanilla Greek yogurt

FRUIT SMOOTHIE 9.00

Strawberries, blueberries and bananas blended with orange juice and honey

HERSHEY'S CHOCOLATE MILK 6.00

A delivery charge of \$8.00, plus 18% gratuity and sales tax, will be added. All prices in U.S. dollars.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

# All-Day Dining

Available from 11AM to 11PM.\* Dial Service Express®.

# Starters

# CHILLED SMOKED JALAPEÑO-RUBBED SALMON TACO 18.00

Flour tortilla, cucumber apple relish see la see la



# SKILLET-SEARED POTSTICKERS 16.00

Asian vegetable gyoza, soy and sweet chili sauces

# GOLDEN FRIED CHICKEN TENDERLOINS 17.00

Honey mustard sauce

# SLOW SIMMERED HOMEMADE CHICKEN

NOODLE SOUP 14.00

# **BRAISED SHORT RIB SLIDER** 19.00

Crispy onions, beer cured pickles

SMALL CAFSAR SALAD 13 00

# New York Sides

#### RANCH DUSTED POTATO CHIPS 9.00

French onion sour cream dip

#### NYC WARM PRETZEL NUGGETS 14.00

White cheddar cheese dipping sauce

**GOLDEN FRENCH FRIES** 11.00

# Salads

# CALIFORNIA COBB SALAD 25.00

Grilled chicken, fresh tomatoes, blue cheese, avocado, egg, hardwood smoked bacon, lemon vinaigrette

# SPINACH FRISÉE QUINOA SALAD 22.00

Crumbled goat cheese, dried cherries, walnuts, lemon vinaigrette species

# **HEARTS OF ROMAN CAESAR** 18.00

Shaved parmesan, crunchy croutons

With grilled shrimp 28.00

With grilled chicken 24.00

# Sandwiches + Wraps

All sandwiches and wraps are served with choice of french fries, house salad or multi grain chips.

# SEARED AHI TUNA WRAP 25.00

Edamame hummus, avocado, whole wheat tortilla Super

# **GLAZED BBQ CHICKEN & 5 SPOKE CHEDDAR** CHEESE WRAP 32.00

Corn, black beans, Texas style sauce, lettuce, whole wheat tortilla

# TIMES SQUARE CHEESEBURGER 26.00

Certified Angus ground beef, provolone cheese, crispy onions, limestone lettuce and steakhouse rémoulade, sesame bun

### MARKET FRESH WRAP 23.00

Spinach, roasted portobello, asparagus, red pepper, tomato, soft mozzarella, arugula and basil pesto, whole wheat tortilla Super

### TURKEY BLT 24.00

All-natural turkey, hardwood smoked bacon, lemon mayonnaise, 7 grain bread Super Super



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost

# All-Day Dining

Available from 11AM to 11PM.\* Dial Service Express®.

# Entrées

#### FLASH FIRED NEW YORK STYLE PIZZA

Traditional 24.00

Pepperoni 25.00

BBQ Chicken 25.00

# WHOLE WHEAT SPAGHETTI POMODORO 28.00

Tomato sauce, broccoli, asparagus, basil Super la Super l

### **ZINFANDEL BRAISED SHORT RIBS** 39.00

Root vegetable purée, asparagus, roasted carrots

#### **CENTER CUT FILET MIGNON** 49.00

Grilled 8oz filet, herbed Yukon gold potatoes, Brussels sprouts, fried onion, pomegranate balsamic sauce

### BBQ GLAZED FAROE ISLANDS SALMON 35.00

Crispy fingerling potatoes, roasted tomatoes, corn, black beans

# **BROWN RICE BUTTERNUT SQUASH RISOTTO** 26.00

Kale, parmesan cheese super

# **ROASTED CHICKEN BREAST** 32.00

White beans, kale weeks

# EGG WHITE BREAKFAST TOSTADA 25.00

Black bean corn salsa, guacamole Super Corn



# All-Day Dining

Available from 11AM to 11PM.\* Dial Service Express®.

# Desserts

CHOCOLATE BOURBON CAKE 14.00

Chantilly cream, fresh berries, raspberry coulis

NEW YORK CHEESECAKE 13.00

Raspberry coulis

COCONUT RICE PUDDING 14.00

70% dark chocolate cup, walnuts, plums super and super super and super super and super and super and super and super and super and super super and super and super and super s

SEASONAL FRUITS & BERRIES IN CHERRY HONEY ESSENCE 13.00

Greek yogurt, basil, almonds

MELT ICE CREAM COOKIE SANDWICH 14.00

Please choose from:

Chocolate walnut cookie and vanilla ice cream

Chocolate cookie and chocolate rum ice cream

Red velvet cookie and cream cheese ice cream

**BOWL OF MIXED WHOLE SEASONAL** 

FRUIT 13.00 Super

# Westin Family Menu

ALL DAY FAMILY MEAL PACKAGE 105.00

Serves 4 guests

Option 1: 2 Large pizzas (plain or pepperoni)

Option 2: Platter of chicken fingers and french fries

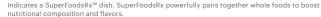
# ALL OPTIONS ALSO INCLUDE:

Choice of: Caesar salad or house salad

4 Pieces of chocolate cake

4 Soft drinks







# Late-Night Dining

Available from 11PM to 6AM.\* Dial Service Express®.

# **Appetizers**

**SKILLET-SEARED POTSTICKERS** 16.00 Asian vegetable gyoza, soy and sweet chili sauces

**GOLDEN FRIED CHICKEN TENDERLOINS** 17.00 Honey mustard sauce

SLOW SIMMERED HOMEMADE CHICKEN NOODLE SOUP 14.00

# New York Snacks

**RANCH DUSTED POTATO CHIPS** 10.00 French onion sour cream dip

**NYC WARM PRETZEL NUGGETS** 14.00 White cheddar cheese dipping sauce

**GOLDEN FRENCH FRIES** 11.00

# Cereals

Raisin Bran, Corn Flakes, Smart Start, Frosted Flakes, Frosted Mini-Wheats, Special K, Granola 12.00

# Sandwiches, Salads + Wraps

All sandwiches and wraps are served with choice of french fries, house salad or multi grain chips

CONFETTI OF FIELD GREENS 25.00 Shaved fennel, green fine herbs, honey champagne vinaigrette

GLAZED BBQ CHICKEN &
5 SPOKE CHEDDAR CHEESE WRAP 32.00
Corn, black beans, Texas style sauce, lettuce, whole wheat tortilla

TIMES SQUARE CHEESEBURGER 26.00 Certified Angus ground beef, provolone cheese, crispy onions, limestone lettuce and steakhouse rémoulade. sesame bun

# CALIFORNIA COBB SALAD WITH LEMON VINAIGRETTE 25.00

Tender grilled chicken, fresh tomatoes, blue cheese, avocado, egg, hardwood smoked bacon

#### TURKEY BLT 24.00

All-natural turkey, hardwood smoked bacon, lemon mayonnaise, 7 grain bread

# Late-Night Dining

Available from 11PM to 6AM.\* Dial Service Express®.

# Entrées

#### FLASH FIRED NEW YORK STYLE PIZZA

Traditional 24.00

Pepperoni 25.00

BBQ Chicken 25.00

WHOLE WHEAT SPAGHETTI POMODORO 28.00

Tomato sauce, broccoli, asparagus, basil sure

EGG WHITE BREAKFAST TOSTADA 25.00

Black bean corn salsa, guacamole www.

# Desserts

CHOCOLATE BOURBON CAKE 14.00

Chantilly cream, fresh berries, raspberry coulis

**NEW YORK CHEESECAKE** 13.00

Raspberry coulis

"MELT" ICE CREAM COOKIE SANDWICH 14.00

Please choose from:

Chocolate walnut cookie and vanilla ice cream

Chocolate cookie and chocolate rum ice cream

Red velvet cookie and cream cheese ice cream

SEASONAL FRUITS & BERRIES IN CHERRY

HONEY ESSENCE 13.00

Greek yogurt, basil, almonds superson

BOWL OF MIXED WHOLE SEASONAL

FRUIT 13.00 Super Re

# Sleep Well Menu



Enjoy these superfoods 1-2 hours before bedtime to enhance your rest and enrich your well-being.

#### **SEARED AHI TUNA AVOCADO WRAP** 24.00

Edamame hummus, avocado, whole wheat tortilla

#### SPINACH FRISÉE QUINOA SALAD 22.00

Crumbled goat cheese, dried cherries, walnuts, lemon vinaigrette

#### **GRILLED TURKEY BURGER** 24.00

On a whole wheat bun, roasted pepper, edamame dip

#### BEDTIME SNACK 12.00

Small bowl of nutty granola with skim milk

# HERBAL TEA 8.00

Unwind and re-center with a cup of naturally caffeine-free herbal tea, featuring a proprietary blend of aromatic herbs designed to promote relaxation and restful sleep

Whether you're adjusting to a new time zone or recovering from your travels, restful sleep is the key to renewal. Recommended by the experts at SuperFoodsRx™, these selections are packed with amino acids, vitamins and minerals that promote sound sleep, including:

#### **TRYPTOPHAN**

Boosts serotonin production and enhances sleepiness

#### MELATONIN

Resets sleep-wake cycles, combating jet lag and improving sleep quality

### THIAMIN

Important B vitamin that helps improve sleep patterns

#### **MAGNESIUM & POTASSIUM**

Electrolytes often lost during travel that help promote sleep and prevent insomnia

#### FOLATE

Helps fight fatigue during the day and promotes sound sleep at night

### SEROTONIN

Promotes relaxation and induces sleepiness

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

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# Alcoholic Beverages

White Wines	glass	half btl	btl	Beer
HOUSE CHARDONNAY	15		55	DOMESTIC 9.00
CHATEAU STE. MICHELLE, CHARDONNAY	17	35	68	Budweiser, Bud Light, Miller Lite, Blue Moon, Samuel Adams Boston Lager
BOLLINI, PINOT GRIGIO	16		62	CRAFT 10.00
SANTA MARGHERITA, PINOT GRIGIO		39	75	Brooklyn Pilsner, Bronx Pale Ale, Original Sin Cider, KelSo Imperial IPA
KIM CRAWFORD,				
SAUVIGNON BLANC	16	30	56	IMPORT 9.00 Heineken, Heineken Light, Corona Extra,
BERINGER, WHITE ZINFANDEL	15		55	Stella Artois
				DRAFT 9.00
Red Wines	glass	half btl	btl	Ask Service Express® about our rotating draft lines
HOUSE CABERNET SAUVIGNON	15		55	
HESS ALLOMI VINEYARDS,				
CABERNET SAUVIGNON		46	75	
BERINGER, MERLOT	16		56	
DUCKHORN, MERLOT		60	115	
GOLDENEYE, PINOT NOIR		70	135	
BOTTEGA VINAIA, PINOT NOIR	17		68	
ALAMOS, MALBEC	16		56	
0 11: 11:				
Sparkling Wines	glass	half btl	btl	
RUFFINO, PROSECCO	14		54	
CHANDON, BRUT	18	36	72	
MOËT & CHANDON IMPERIAL, BRUT		65	125	
VEUVE CLICQUOT, YELLOW LABEL, CHAMPAGNE			160	
DOM PERIGNON, CHAMPAGNE			450	
LOUIS ROEDERER, CRISTAL, CHAMPAGNE			500	

<sup>\*</sup>Responsibility matters. Must be of legal drinking age or older to purchase and/or consume alcohol. Vintages are subject to change; please ask your server when making your selection.

A delivery charge of \$8.00, plus 18% gratuity and sales tax, will be added. All prices in U.S. dollars.

# Alcoholic Beverages

# Vodka

ABSOLUT 175.00
STOLICHNAYA 175.00
STOLICHNAYA ORANGE 175.00
KETEL ONE 200.00
TITO'S 225.00
GREY GOOSE 250.00

# Gin

TANQUERAY 150.00
BOMBAY SAPPHIRE 175.00

# Rum

BACARDÍ SUPERIOR 175.00

CAPTAIN MORGAN ORIGINAL SPICED 150.00

MALIBU COCONUT 130.00

MYERS'S ORIGINAL DARK 130.00

# Tequila

JOSE CUERVO GOLD 175.00
PATRÓN SILVER 250.00
ROCA PATRÓN AÑEJO 300.00

# Scotch

JOHNNIE WALKER RED LABEL 175.00

JOHNNIE WALKER BLACK LABEL 250.00

DEWAR'S 12 YEAR 150.00

GLENFIDDICH 170.00

CHIVAS REGAL 130.00

# Bourbon / Irish Whiskey

JACK DANIEL'S 175.00 KNOB CREEK 150.00 JAMESON IRISH 150.00 MAKER'S MARK 150.00

# Blended Whiskey SEAGRAM'S 7 150.00

CROWN ROYAL 155.00

# Cognac

**HENNESSY V.S.** 200.00 **HENNESSY V.S.O.P.** 250.00

<sup>\*</sup>Responsibility matters. Must be of legal drinking age or older to purchase and/or consume alcohol. Vintages are subject to change; please ask your server when making your selection.

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# Hotel Venues

You will find everything you need at Foundry Kitchen & Bar

# Foundry Kitchen

Start your day with a buffet-style breakfast at Foundry Kitchen. Come join us in a modern setting and enjoy daily seasonal dishes. Energize with fresh fruits, and eat well with a selection of SuperFoodsRx™, which are antioxidant rich and packed with nutrients.

# **BREAKFAST HOURS**

Monday - Sunday 7AM - 11AM

# LOCATION

Mezzanine-level restaurant



# Foundry Bar

Foundry Bar offers creative cocktails and signature fare in a contemporary setting overlooking Eighth Avenue. Stop by for some unique sips and delicious bites.

# **HOURS**

Sunday - Thursday 11:30AM - 12:30AM Kitchen closes at 11PM

Friday - Saturday 11:30AM - 1AM Kitchen closes at 11:30PM

# LOCATION

Lobby level

