



Foo Fighters launch their own one-day rock school

Foo Fighters are launching their own rock school in the UK - for one day only. Dave Grohl and co have announced 'Rocksteady: Just PLAY Foo Fighters', a free live music education experience, which will enable young budding musicians to learn how to play parts of the 'Learn to Fly' hitmakers' hits in just half an hour. The event will take place on February 16 at Rocksteady Music School venues in Birmingham, Bristol, Leeds, Manchester, Northampton, Nottingham, Portsmouth, Guildford, Kingston and Romford. Anyone aged five to 16, of all capabilities, can take part. On top of experiencing what it's like to play in a rock band, the kids will be entered into a prize draw to win exclusive merchandise including t-shirts, vinyl albums and signed drumsticks by the band. Rocksteady's CEO, Scott Monks said: "If you can help a young person feel like a rockstar for a day you can inspire them into a lifelong love of making music and you can't get much more inspirational than the Foo's! "One of the exciting things about this event is that it is for everyone, regardless of ability. If you've ever dreamed of playing in a band or trying a new instrument, make sure you come along and get involved - it's going to be an unforgettable day for everyone." The experience is based on Dave's two-part documentary 'PLAY', featuring a 23-minute composition inspired by his kids. The 50-year-old rocker teamed up with his 'Sound

City' and 'Sonic Highways' collaborator, Mark Monroe, on the project last August, to celebrate the rewards and challenges faced with learning to play a musical instrument. The former Nirvana drummer - who has daughters Violet, 12, Harper, nine, and four-year-old Ophelia with wife Jordyn Blum - explained: "Watching my kids start to play music and learn to sing or play drums, it brings me back to the time when I was their age listening to albums, learning from listening ... and when I take my kids to the place where they take their lessons, I see these rooms full of children that are really pushing themselves to figure this out. "And even now, as a 49-year-old man, I'm still trying to figure it out ... it's not something that you ever truly master. "You're always chasing the next challenge, and you're always trying to find a way to improve on what you've learned." The first part of the film discussed the art of playing an instrument and featured behind the scenes footage of the recording and shooting of the performance. The 'Monkey Wrench' hitmaker's 23-minute "one-man-band" titular instrumental is then played, with Grohl playing all seven instruments on the track, kicking off with the drums, guitar, bass, keyboards, and so on. Each was recorded for 23 minutes per instrument and if Dave felt he had made a mistake, he would begin the recording again.

REDKNAPP WORKING ON COMEBACK ALBUM

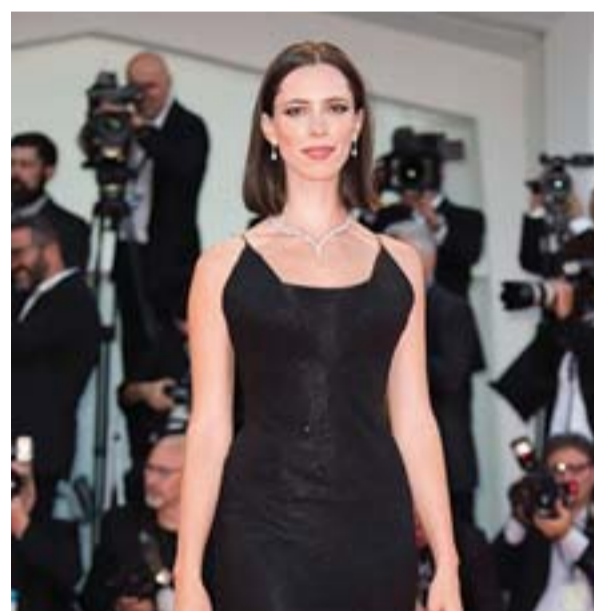
Louise Redknapp is working on her first solo album in 19 years. The former Eternal star took to her Instagram profile recently to invite fans to join her mailing list to keep tabs on the progress of her first record since 2000's 'Elbow Beach'. Alongside the clip, she wrote: "Don't forget to swipe up if you want to join my new mailing list and find out more about the new album." The 44-year-old star found fame in the 90s alongside sisters Vernie and Easter Bennett and Kelle Bryan in the R&B quartet and the group had a string of hits including 'Stay', 'Oh Baby L...' and 'Just A Step From Heaven' and a UK number two album with 'Always & Forever' as a four-piece. Louise left in Eternal in 1995 to launch a successful solo career, releasing three studio albums, 1996's 'Naked', 1997's 'Woman In Me' and 'Elbow Beach'. Louise - who inked a record deal with Warner/Chappell UK last year - also took to her Instagram Stories to host a mini Q&A with her fans about the album, and she revealed her dream duet would be Sam Smith. She said: "I would have to say Sam Smith because he's just got such an amazing voice and I love his album." The '2 Faced' hitmaker also said she'd jump at the chance to collaborate with Kylie Minogue. She said: "So if I could do a duet with Kylie, it would be a dream come true, I am like proper fangirling over Kylie, I love her." Though Louise hasn't released a record since 2000, she has had a number of compilations, with the last being 2002's 'Finest Moments'. In 2003, the former 'Strictly Come Dancing' star released the charity double A-side single 'Pandora's Kiss/Don't Give Up', which charted at number five in the UK, and raised money for the



Tickled Pink campaign for Breast Cancer Care. 'Don't Give Up' was released as a single available only in Asda supermarkets. Meanwhile 2019 didn't get off to a great start for Louise, as she was rushed to hospital after suffering a nasty fall, which left her with deep gashes on her chin and a fractured wrist. This meant she had to temporarily take time off from playing Violet Newstead in Dolly Parton's West End musical '9 to 5'. However, she is now back to herself and working hard at her new music.

Larson became a powerful woman on Captain Marvel

Brie Larson believes her fitness training for 'Captain Marvel' broke boundaries of what it means to be a woman. The 29-year-old actress endured nine months of intense exercise for her role as Carol Danvers - a former US Air Force fighter pilot who turns into one of the galaxy's mightiest heroes - in the upcoming Marvel Cinematic Universe movie and she eventually got to a point where she was able to lift over 225 pounds and hip-thrust over 400 pounds. Despite her physical transformation, the 'Room' actress insisted that the film "is not really going to look very different" because of her new found strength, although she felt it was "meaningful" for a woman to be muscular and able to "own [her] body". In an interview with InStyle, she said: "The movie is not really going to look any different with the fact that I can actually lift 225 pounds. It doesn't matter to anyone else, but it did to me. Breaking that boundary of what it means for a woman to be muscular and strong and own your body and use it as a tool, that felt meaningful." The '21 Jump Street' actress went on to explain that she accepted the titular role was because of her character's own sense of humanity and ability to "atone" for her mistakes. She said: "She didn't apologize for herself, I felt like that was a really valuable trait because she is incredibly flawed and makes a lot of mistakes?...and has to ask to atone for them, and that is super valuable. She's not ever shrinking herself down." Brie added that the opportunity to play the first female superhero to have a stand-alone film in the Marvel Cinematic Universe was the perfect way to incorporate activism into her work. She said: "The movie was the biggest and best opportunity I could have ever asked for; it was, like, my superpower. "This could be my form of activism: doing a film that can play all over the world and be in more places than I can be physically."



Rebecca Hall to star in horror The Night House

Rebecca Hall is set to star in independent horror 'The Night House'. The 36-year-old actress will lead the cast of the new film helmed by 'The Ritual' director David Bruckner and produced by David S. Goyer, best known for penning 'The Dark Knight' trilogy, and Keith Levine for their Phantom Four production company. The film, written by Ben Collins and Luke Piotrowski, will center on a widow who begins to uncover her recently deceased husband's disturbing secrets and is scheduled to shoot in May. Anton is launching the project at this week's European Film Market (EFM) in Berlin while their EVP Acquisitions & Co-Productions John Zois will oversee the project. Rebecca is now in production on Warner Bros' monster blockbuster 'Godzilla vs. Kong' which is slated for a May 2020 release and she is soon set to begin work on 'Passing', a film which she adapted from Nella Larsen's 1920s Harlem Renaissance novel that, and is making her directorial debut on. The star's credits include 'Teen Spirit', 'The Gift' and 'Holmes and Watson' where she appears alongside comedy duo Will Ferrell and John C. Reilly and previously admitted that starring in the movie is the realization of a long-held ambition. Rebecca explained: "I'm a big believer in trying to do a lot of different genres and different types of things as an actor. "I think it makes you stronger as an actor. I have really, for a long time, wanted to do some quite extreme comedy, not just more like drama-comedy." — Bang Showbiz

Perry to perform Parton tribute at Grammy awards

Katy Perry and Kacey Musgraves are to perform a Dolly Parton tribute at the 2019 Grammy Awards next week. The '9 to 5' hitmaker will take to the stage to perform new music from her album 'Dumplin'', and the bash will also have a special tribute segment that will feature Perry, Musgraves, Little Big Town and Maren Morris singing a medley of the music legend's country hits. Taking to Twitter on Tuesday, Musgraves wrote: "D O L L Y dream come true, fully materialized* (sic)" Dolly - who is an eight-time Grammy Award winner - will receive the 2019 MusiCares Person Of The Year prize at the 61st Annual Grammy Awards. This year's nominees include Cardi B, Camila Cabello, Post Malone and Shawn Mendes, who are also set to perform. Best Album ['Dirty Computer'] and Music Video ['Pynk'] nominee Janelle Mon'è, country stars Musgraves, who has four nods, and Dan + Shay, who received a nomination for Best Country Duo/Group Performance, will also hit the stage at the ceremony, which will be hosted by Alicia Keys. Hip hop superstar Kendrick Lamar is nominated for the most gongs this year, with eight nods to his name, with Drake close behind with seven, and Boi-1da and Brandi received six nominations each. Lady Gaga, Childish Gambino, Maren, newcomer H.E.R. and producer Soumwave all have five nominations along with Cardi.



Bring Me The Horizon add While She Sleeps and more to APE bill

Bring Me The Horizon will be joined by While She Sleeps and Architects at All Points East. The 'medicine' hitmakers are hosting their own line-up at the music extravaganza at Victoria Park in Hackney, London, on May 31, and they've added fellow Sheffield band While She Sleeps, metalcore titans Architects, heavy rockers Employed To Serve and the former Crystal Castles frontwoman Alice Glass to their varied bill. Oli Sykes and co commented: "We are extremely excited to announce the next round of acts on our very special day at all points east festival. Many of the bands are great friends of ours and we can't wait to come together to play at Victoria Park." Sean Long of WSS - who achieved a top 10 album with 'You Are We' in 2017, and will release the follow-up 'SO WHAT?' this March - commented: "The line-up is clearly next level. We can't wait to bring the Sleeps show to Victoria Park and prove we're meant to be there." They join previously announced guests, Run The Jewels, Nothing But Thieves, IDLES, Scarlxrd and Yonaka. Bring Me The Horizon's mainstream success continues as their genre-hopping LP 'amo' - which features a collaboration with pop star Grimes - gave them their first number one in the UK last week. The likes of The Strokes, Chemical Brothers, Christine and the Queens, James Blake and Bon Iver are also set to perform at APE, which runs between May 24 and June 4.

Saara Aalto to pen songs with Faye Tozer

Saara Aalto is set to write songs with Steps star Faye Tozer. The Finnish pop star - who shot to fame after becoming a finalist on 'The X Factor' in 2016 - supported the 'Tragedy' hitmakers on their tour last summer, and now she has revealed she is planning to hit the studio with the 43-year-old star once she is finished with 'Dancing on Ice' after they hit it off at the shows. Saara told The Sun newspaper's Bizarre column: "On the tour we became friends and we are planning to do something together. "She really wanted to write with me so hopefully that can happen in the near future. "We were going to do it during the tour and we were really excited but then 'Strictly' happened for Faye and then 'Dancing On Ice' for me ... so hopefully after that." The 31-year-old singer - who recently released her powerful music video for 'Dance Like Nobody's Watching', which tells the story of a transgender dancer - didn't say whether the material they plan to work on will be for herself or a new Steps record. However, the latter are planning a follow-up to their 2017 comeback LP 'Tears on the Dancefloor' for 2020. Claire Richards - who completes the band along with Ian 'H' Watkins, Lee Latchford-Evans and Lisa Scott-Lee - launched her solo career last year and released her debut solo LP 'My Wildest Dreams' this month, and she said fans will have to wait until next year before they release new music and go on tour again. She said: "Steps are back together and we are going to record a new album this summer. I think it will probably be out in spring 2020, and hopefully there will be a tour next year as well. "It's not easy but we've all got incredible partners and families. "We're not the only people in the world with

children and families, and the kids love it. "While they're at an age they still enjoy it and we're young enough, we're grabbing every opportunity with both hands." As for Saara, she released her first album on Warner Music, 'Wild Wild Wonderland', last year.

