Thoughts Become Things, by Mike Dooley

Mike's a former international tax consultant, turned entrepreneur, turned writer/speaker, who's founded a philosophical Adventurers Club on the Internet that's now home to over 40,000 members from over 130 countries.

He's also the author of 5 books, and the best selling, critically acclaimed audio program, "Infinite Possibilities: The Art of Living Your Dreams". Find out more by going to this link:

Thoughts Become Things

The following is an excerpt from the script of Mike Dooley's audio program, "Infinite Possibilities." You can get signed up at the link above for his short daily "Notes from the Universe". They will make many of your days brighter.

Thoughts Become Things – by Mike Dooley

There's no doubt about it, we're living through some extraordinary times. At this very moment, an international space station is being assembled 240 miles above us, scientists are extracting secrets of life from virtually invisible strands of DNA, and the internet, just a few years ago most of us hadn't even heard of it, yet today, it's enriching all of our lives, either directly or indirectly.

So then, doesn't it blow your mind, that just 500 short years ago, most of world still believed that the earth was flat? And perhaps even more amazing, is that less than 100 short years ago, people the world over, could still be heard saying "if God had wanted us to fly, he'd have given us wings".

Now, you may or may not know this, but human kind has walked the earth for AT LEAST one million years, so, why did it take us so long evolve, to discover these simple basic principles? Principles that have been around a lot longer than we have, and principles, which had they been discovered, could

have profoundly improved all our lives for the better, perhaps hundreds and hundreds of thousands of years ago.

WHY? Why did it take us so long?

Because generally, people didn't think... and specifically, they didn't think for themselves, preferring to exist as herd like creatures... one following the other like lemmings, jumping off a cliff.

But again, why, because what could be easier than thinking? And doesn't every major breakthrough, discovery, or personal revelation only ever lie a thought away? In fact, the next earth shaking invention that changes the course of our civilization DOES NOT lie off in the future, it doesn't lie a billion dollars away, it doesn't lie a person, or a corporation away... it lies just a thought away. A thought away from the thoughts you're thinking this very moment.

Now here's a question that should likely make you squirm a bit, it does me.... "What do you think people one hundred, or five hundred years from today, will laugh at us about?

Unfortunately, I think they'll have a lot to laugh about.

Fortunately however, I'm pretty certain that I know what at least one of those things is.... I believe people will laugh that today, as we embark upon the year 2002, most of us still fail to think for themselves, which means, that right now, beneath our very noses, there lies dozens, probably thousands of undiscovered principals that have been around as long as time. Principles that if discovered, understood and used, could radically, and wonderfully improve all our lives, beyond comprehension.

So what do you think we're missing? What truths do we stare at day in and day out, yet remain blind to? What principals do we stub our toes on, and not even know it? What concepts might we be making a mockery of, right now?

I think I know what at least one of them is... and I think you know it too.

Have you ever heard someone say, "Be careful of what you wish for, because you just might get it?" I bet you have. We all have. And you know what else... I bet you believe it's true, at least to some degree, don't you?

But how, or why could it be true? Have you thought about that? What mysterious principal might be at play here that could turn a wish into reality? So what is it? What's the reason that this might work?

You've also heard about the powers of positive thinking, haven't you? But have you ever stopped to wonder just what powers positive thinking? Something does.

You've heard about the art of visualization too, you've probably even tried it, and maybe, you've got some great stories to tell about its success... but have you ever stopped to wonder how, or why, it works?

Don't these 3 phrases say pretty much the same thing? And why is it that people everywhere believe in them without even questioning HOW, or WHY they might work?

Something's Going On Here. Something Big. REALLY BIG. And I Believe It's A Principle That Can Be Summed Up In 3 Words. Three Short, Life Changing Words, Never To Be Forgotten Words, "THOUGHTS BECOME THINGS!"

That's It. "THOUGHTS BECOME THINGS!" THIS Is The Principle Beneath Those Statements, THIS Is What Turns A Wish Into Reality, It's What Powers Positive Thinking, And It's Why Visualizations Manifest!

"THOUGHTS BECOME THINGS!" is the reason dreams, and nightmares, come true, because the thoughts YOU think, become the things of your life. Not just sometimes, but all of the time, and not just your positive thoughts, but the other ones too.

You see it's an immutable law, as rigid and predictable as gravity itself. In fact, YOU CAN'T EVER TURN IT OFF!

But don't let this scare you, this isn't bad news. It's AWESOME news, because they're YOUR thoughts, and every minute of every day, YOU get to choose just what you'll think. And with this law you can bring virtually anything you can imagine into your life, and it's not just limited to attracting material things.

You can also imagine more love, more joy, and more laughter. You see, thoughts actually have properties, like the properties that belong to any material element. Properties that have so far escaped our scientists, our engineers, even most philosophers, but there is NO ONE who could deny that they exist... right?

Everyone has thoughts, right? I think it's fair to say that the everyone must agree that whatever a thought is, it is. They exist. Period. And from this simple observation, doesn't it make sense that if something exists, that it must have properties? And thoughts, DO.

I'd imagine that thoughts, like material elements, have countless properties, but for now I'll just focus on the property of THOUGHTS BECOMING THINGS. Now, once a thought is thought, it's as if it's instantaneously endowed with a power and a force all its own, and it's as if it's given a single, solitary mission: to reappear in your life within time and space.

If you think thoughts of material things, your thoughts will strive to become those material things, if you think thoughts of events or circumstances, your thoughts will strive to move the players and conditions around in your life, so as to yield those events or circumstances. And if you think thoughts of love, or hate, or of other emotions, again, your thoughts will shift around the conditions of your life so that you can experience those thought-of emotions all over again.

Now here are some of the attributes of this principal that you should be aware of. It doesn't matter what your thoughts are, or whether they serve you or not, or whether they're good or not,

or whether they're fair or not. Thoughts ARE like gravity in that they don't pass judgment, they just do their thing.

Also, when it comes to other people, who have their own thoughts becoming things, you cannot manipulate them with your thoughts, nor can they manipulate you – so when it comes to thinking thoughts about others, try this... take them out of the picture, and instead, visualize the emotions, or consequences, of whatever it is you want.

For instance, if you want to redirect an old "flame" back into your life, don't think of that person, simply imagine the love you want to feel and share. Let your thoughts bring you what you really want in this case, love, not a specific person. Sometimes easier said than done, but look at the alternative... subjecting your happiness to the whims and choices of another. ©Mike Dooley, at

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Roger Yale of "Los Angeles Entertainment Today" had this to say about Mike: "...having been a fan of the 'big boys' like Anthony Robbins, Dr. Wayne Dyer, Earl Nightingale, et al, I came away with the realization that Dooley is the most literate and professorial of them all. Even in casual conversational tones he betrays a dazzling intellect."

Leveraging the Universe and Engaging the Magic!

Mike has just come out with a new CD set titled Leveraging the Universe and Engaging the Magic!

In this new offering – Mike teaches the difference between what one can, should, and must do, versus what one can, should, and must delegate to the an all wise and capable Universe. Our part is the easy part. We need only provide the spark to light the Universe's fire.

We need only to hoist up our sails so that they can be filled with its magical winds. Yet we must take the actions that come to us, so that we become closer and closer to an infinite grace that tirelessly strives to sweep us off our feet, surround us with friends, and create the life we most want.

Leveraging the Universe and Engaging the Magic is about using the gifts of thought, word, and deed to harness this grace. It's about doing the least to get the most. Learn what the "truth" is and then living it. Discover your holy place in creation – as a creator yourself!

It's time to be living the life of your dreams. Find out more at

Engaging the Universe and Leveraging the Magic