

- Start the following drops when you return home
- Multiple medications can be used back to back in any sequence as long as you wait 5 minutes between drops. It is helpful to bring your drops with you to each appointment.

YOUR EYE DROPS:

VIGAMOX (tan top) - Fill Prescription and bring with you



**1 drop in the operated eye:
4 times per day for one week, then you may stop.**

PREFORTE (white or pink top)



**1 drop in the operated eye:
4 times per day for one week;
3 times per day for one week;
2 times per day for one week;
1 time a day for one week, then you may stop.**

DICLOFENAC (grey or white top)



**1 drop in the operated eye:
4 times per day until gone, then you may stop**



SOLOMON
E Y E A S S O C I A T E S

P H Y S I C I A N S & S U R G E O N S

INSTRUCTIONS AFTER CATARACT SURGERY

Your surgery was performed using a small incision under Topical (eye drop) anesthesia. Because of this, your operated eye does not need to be bandaged, though it is wise to wear some extra protection for the first week: use the plastic shield provided, your regular eyeglasses, or sunglasses. The prescription in your old eyeglasses is probably no longer correct, so the vision may not be optimal, but this is not harmful. You may read and watch TV as much as you like, although the vision may be pink and blurry from the operated eye at first.

You may have anything to eat or drink today that you normally have and you should resume your normal medications. Because of the mild sedative, you may feel like napping. The physical restrictions are minimal. There is no problem with bending or stooping, but lifting very heavy objects or straining should be avoided, nothing heavier than a phone book for the first week after surgery. Light exercise is fine. Once the eye dressing is removed, you may shower and wash your face and hair, taking care to avoid dirty water in the eye and avoid direct pressure to the eye.

Normal symptoms the first few days after surgery:

- Watering or a scratchy, sandy sensation (you may use artificial tears for this)
- Sensitivity to bright light (sunglasses are optional)
- Redness of the eye
- Blurred or “red” vision in the beginning
- A different sized pupil in the operated eye for a day or so
- Somewhat blurred vision while the eye heals from surgery
- Slight aching of the eye (**Tylenol, Motrin, or Aspirin** can be taken as tolerated)

Abnormal symptoms for which you should call us:

- Severe pain not relieved by Motrin or Tylenol; or
- Sudden drop in vision call us.
- **Call (240) 603-6874 FOR EMERGENCIES** ask for Dr. Solomon

New glasses, if necessary, will usually be prescribed at your 3rd postoperative visit. You may find that over the counter reading glasses (usually around +2.50 depending on how far away you need to view things) are necessary.

You should always call us if you have problems with your eyes that you are not sure are normal in the weeks to months following your eye surgery. Symptoms such as persistent deep pain of the eye or persistent blurred vision should prompt a call to our office.

YOUR POST OPERATIVE APPOINTMENT WILL BE: NEXT DAY AFTER SURGERY

Bowie Office

14999 Health Center Dr – SUITE 108

Bowie MD 20716

Phone: 301-464-1885

OR

Greenbelt Office

7500 Hanover Pkwy – SUITE 101B

Greenbelt, MD 20770

Phone 301-982-4565

SEE REVERSE SIDE FOR YOUR EYE DROP INSTRUCTIONS