

## Cystic Fibrosis Foundation – Northern New England Chapter

# 2020 SPECIAL EVENTS

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Executive Director: Lisa O'Connor

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## Great Strides

### GREAT STRIDES CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. *For more information:* [visit greatstrides.cff.org](http://visit.greatstrides.cff.org)

### 2020 Great Strides Walks are going virtual!

The health and well-being of our supporters is our highest priority and with that in mind, all 2020 Great Strides events will now happen virtually.

**This does NOT mean we are taking 2020 off - CF has not stopped, and neither will we!**

**Let's continue the fight by challenging ourselves between July 17th and September 19th. That's 65 days to dedicate yourself to fighting CF! We will then celebrate together virtually on Saturday, September 19th.**

In honor of the 65th anniversary of the CF Foundation, consider walking 6.5 miles, reading 6.5 books, swimming 65 laps, or raising 65 donations of \$65! Be creative and set a challenge which your friends and family will be inspired to sponsor you to complete!

### Virtual Great Strides Celebration: Join Us Saturday, September 19th!

Our Great Strides Celebration will feature special guests, milestones, messages from our Great Strides Teams, and more! On Saturday, September 19th at 9 AM, simply click the following link to view the Celebration! RSVP not required. <https://bluejeans.com/110942531>

## Special Events



### Taste for a Cure ~Virtual~ October 1, 2020

Join us for our virtual Taste for a Cure event! We will host a 65 hour-65 item auction which will be wrapped up in the closing ceremony on October 1st. The auction starts at 7pm on Monday, September 28th and it will close out (except for Bid for a Cure) at 12:00pm on Thursday, October 1st.

<https://events.cff.org/tasteforacurenh>



### Swing for CF



Join us in posting a short video performing your best golf shot on social media, and challenging your friends and family to participate as well!

Just be sure to incorporate a golf ball and the message to help us find a cure for CF! [www.events.cff.org/swingforcfnh](http://www.events.cff.org/swingforcfnh)

Stay tuned for further details on our Facebook Live event @CFFNE on October 25<sup>th</sup> – complete with video contest judging by @TeamSweeney and @RayBourque!

**WHEN:** Challenge runs from September 16<sup>th</sup>-October 16<sup>th</sup>



# Special Events



## *Three Day Stampede Bristol, Vermont*

Due to COVID-19 this event has been cancelled for 2020

**JOIN US IN 2021 FOR THE 30TH ANNIVERSARY!**

For more information contact:

David or Bonita at 802-453-4305 or 802-453-3952

Email: [shawna@vermonthoneylights.com](mailto:shawna@vermonthoneylights.com)



# CF Foundation Programs



A CF Foundation Grampion is a grandperson who is passionate about helping those with cystic fibrosis (CF) live their best life. They are the ultimate champions for not only their grandchild but others' grandchildren.

Grampions **CORE**:

What are the key components of the Grampions experience? *Community, Outreach, Relationships and Education.*

Community - Grampions support each other in their "CF Journeys" and in their Efforts to support the mission of the Cystic Fibrosis Foundation.

Outreach - Grampions work together to increase awareness of cystic fibrosis and the CF Foundation's mission in their communities, including policy-makers.

Relationships - Grampions foster relationships among their group, their local CF Foundation Chapter

Education - Grampions have access to learning opportunities about CF and related issues as well as resources that may benefit their loved ones and other information on a wide range of topics.

The Northern New England chapter will be holding a Virtual Grampions event on Monday September 28th. To register for the event please email [no-new-eng@cff.org](mailto:no-new-eng@cff.org)

# Become a Tomorrow's Leader



*Be an Advocate*

*Be a Volunteer*

*Be a Supporter*

What we do: Throughout the year, the TLC will host events and other engagement and networking opportunities to help support the mission of the CFF. The extent of your involvement is up to you. TLC members can attend all or some of the events or programs. Members can also take a leadership role within the group, helping to plan and coordinate events and networking opportunities.

## Upcoming Virtual Events:

Fall Cooking Session, Tuesday, September 29th at 4:30pm.  
RSVP by Friday, September 25th to [no-new-eng@cff.org](mailto:no-new-eng@cff.org) to receive a link to this event!

Pumpkin Carving, Tuesday, October 27th at 4:30pm.

Trivia Night, Tuesday, December 8th at 4:30pm.

Who we are: Our Tomorrow's Leaders Council (TLC) Consists of dedicated and energetic young professionals who are committed to Supporting the Mission of the Cystic Fibrosis Foundation.

For further information, contact the Northern New England Chapter at: [no-new-eng@cff.org](mailto:no-new-eng@cff.org)

# CF Foundation Compass



Contact CF Foundation Compass today  
Tell them your issue  
They will help you find a solution.

844-COMPASS (844.266.7277)  
Compass@cff.org  
[CFF.org/compass](http://CFF.org/compass)



## 2020 Virtual Events

**BreatheCon: Sept. 25-26 For people with CF To register: [cff.org/VirtualEvents](http://cff.org/VirtualEvents)**

The Northern New England Chapter will be hosting a night of virtual gatherings for the CF Community to engage around shared experiences or challenges. These groups will meet virtually once a month and include three sub-groups including Grampions\*, CF Foundation Cares\*\*, and CF Fighters\*\*\* where you will be able to learn, collaborate or just listen to peers that have shared experiences. RSVP to [no-new-eng@cff.org](mailto:no-new-eng@cff.org) with which group you are interested in!

**October 19th, 7-8pm - Virtual Community Outreach Northern New England**

**November 10th, 7-8pm - Virtual Community Outreach Northern New England**

**December 8th, 7-8pm - Virtual Community Outreach Northern New England**

\*A Grampion is a grandperson who is passionate about helping those with CF live their best life. They are the ultimate champions for not only their grandchild but others' grandchildren. \*\*CF Foundation Cares is a sub-group for family members and friends of someone living with CF. \*\*\*CF Fighters is for those with CF that are 18 or older.

## The Importance of CF Advocacy

Federal and state governments play a vital role in CF research, drug development, and the ability of people with CF to access the care and therapies they need. You have the power to inspire action and help shape public policy. Learn how you can help make a difference.

### SIGN UP FOR ADVOCACY ALERTS

By texting **FIGHTCF** to **52886**, you can stay in the loop with the Foundation and how we're fighting for people with CF. You'll receive periodic communication about upcoming legislation, how to contact Congress, and how you can get involved.

## Individual Giving

### Annual Fund

Your gift of support to the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund development of new therapies, and help all people with cystic fibrosis live longer, healthier lives.

[fightcf.cff.org/nne-anf](http://fightcf.cff.org/nne-anf)

**65 ROSES® CLUB**  
CYSTIC FIBROSIS FOUNDATION

**Join the Club.**  
Help make CF stand for Cure Found.

There is an easy way for you to show your commitment to advancing the mission of the Cystic Fibrosis Foundation. The **65 Roses® Club** is a group of CF Foundation donors who provide consistent support each and every month. These monthly donors are united by their commitment to a common mission: helping to make CF stand for Cure Found. Their steadfast support provides a steady, reliable stream of revenue that enables the Foundation to accelerate innovative research and advance care and advocacy for all those living with CF. [www.cff.org/Give-Monthly](http://www.cff.org/Give-Monthly)