



Durable Medical Equipment, Orthotics, Medical Supplies and Repairs/Replacements

Guideline Number: CDG.009.24 Effective Date: March 1, 2022

Instructions for Use

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Community Plan Policy

<u>Durable Medical Equipment, Orthotics, Medical</u>
 <u>Supplies and Repairs/ Replacements</u>

Medicare Advantage Coverage Summary

<u>Durable Medical Equipment (DME), Prosthetics,</u>
 <u>Corrective Appliances/Orthotics (Non-Foot Orthotics)</u>
 <u>and Medical Supplies Grid</u>

Related Commercial Policies

- Airway Clearance Devices
- Attended Polysomnography for Evaluation of Sleep Disorders
- Beds and Mattresses
- Cochlear Implants
- Continuous Glucose Monitoring and Insulin Delivery for Managing Diabetes
- Electrical and Ultrasound Bone Growth Stimulators
- <u>Electrical Stimulation for the Treatment of Pain and</u>
 Muscle Rehabilitation
- Hearing Aids and Devices Including Wearable, Bone-Anchored and Semi-Implantable
- Home Traction Therapy
- Manual Wheelchairs
- Mechanical Stretching Devices
- Motorized Spinal Traction
- Obstructive and Central Sleep Apnea Treatment
- Omnibus Codes
- Patient Lifts
- Plagiocephaly and Craniosynostosis Treatment
- Pediatric Gait Trainers, Standing Systems, and Walkers
- Pneumatic Compression Devices
- Power Mobility Devices
- Preventive Care Services
- Supply Policy
- Speech Generating Devices
- Transcutaneous Electrical Nerve/Joint Stimulators
- Wheelchair Options and Accessories
- Wheelchair Seating

Coverage Rationale

Indications for Coverage

Durable Medical Equipment (DME) is a Covered Health Care Service when the member has a DME benefit, the equipment is ordered by a physician to treat an injury or sickness (illness) and the equipment is not otherwise excluded in the member benefit plan document.

DME must be:

- Not consumable or disposable except as needed for the effective use of covered DME;
- Not of use to a person in the absences of a disease or disability;
- Ordered or provided by a physician for outpatient use primarily in a home setting; and
- Used for medical purposes

Breast Pumps

Breast pumps may be covered under the preventive care services benefit. Refer to the Coverage Determination Guideline titled Preventive Care Services for breast pump coverage indications.

Contact Lenses & Scieral Bandages (Shells)

Contact lenses or scleral shells that are used to treat an injury or disease (e.g., corneal abrasion, keratoconus or severe dry eye) are not considered DME and may be covered as a therapeutic service. In these situations, contact lenses and scleral shells are not subject to a plan's contact lens exclusion.

Cranial Remolding Orthosis

Cranial molding helmets (cranial remolding orthosis, billed with S1040) are excluded except when they meet medical criteria. For all indications, refer to the Medical Policy titled <u>Plagiocephaly and Craniosynostosis Treatment</u>.

Note: A protective helmet (HCPCS code A8000–A8004) is not a cranial remolding device. It is considered a safety device worn to prevent injury to the head rather than a device needed for active treatment; see Coverage Limitations and Exclusions.

Enteral Pumps

Enteral pumps are covered as DME. Refer to the Coverage Determination Guideline titled <u>Enteral Nutrition</u> for information regarding formula.

Implanted Devices

Any device, appliance, pump, machine, stimulator, or monitor that is fully implanted into the body is not covered as DME. (If covered, the device is covered as part of the surgical service.)

Note: Cochlear Implant Benefit Clarification: The external components (i.e., speech processor, microphone, and transmitter coil) are considered under the DME benefit, and the implantable components are considered under the medical-surgical benefit. The member specific benefit plan document must be referenced to determine if there are DME benefits for repair or replacement of external components.

Insulin Pumps

Insulin pumps, disposable and durable are covered. For state specific information on mandated coverage of diabetes supplies, check state mandates. Refer to the Medical Policy titled <u>Continuous Glucose Monitoring and Insulin Delivery for Managing Diabetes</u>.

Lymphedema Stockings for the Arm

Post-mastectomy lymphedema stockings for the arm are covered on an unlimited basis as to number of items and dollar amounts covered consistent with the requirements of the <u>Women's Health and Cancer Rights Act (WHCRA) of 1998</u>.

Medical Supplies

- Medical Supplies that are used with covered DME are covered when the supply is necessary for the effective use of the item/device (e.g., oxygen tubing or mask, batteries for power wheelchairs and prosthetics, or tubing for a delivery pump).
- Ostomy Supplies are limited to the following:
 - o Irrigation sleeves, bags and ostomy irrigation catheters
 - o Pouches, face plates and belts
 - Skin barriers

Note: Benefits are not available for deodorants, filters, lubricants, tape, appliance cleaners, adhesive, adhesive remover, or other items not listed above (check the member specific benefit plan document for coverage of ostomy supplies).

- Urinary Catheters:
 - o Benefits for Indwelling and Intermittent Urinary Catheters for incontinence or retention.
 - Benefits include related urologic supplies for indwelling catheters limited to:
 - Urinary drainage bag and insertion tray (kit)
 - Anchoring device
 - Irrigation tubing set
 - Documentation should include the number and type of catheters that are needed.

Note:

- Certain plans may exclude coverage for Urinary Catheters (e.g., test, drug, device, or procedure). Refer to the member specific benefit plan document to determine if this exclusion applies.
- For additional supply information, refer to the Coverage Limitations and Exclusions section.

Mobility Devices

- Mobility Devices including manual wheelchairs, electric wheelchairs, transfer chairs, scooters/power-operated vehicles (POV), canes and walkers, are a Covered Health Care Service when Medically Necessary. Check the member specific benefit plan document for coverage.
- Proof of the home evaluation is not required at the time of prior authorization. The on-site home evaluation can be
 performed prior to, or at the time of, delivery of a power Mobility Device. The written report of the home evaluation must be
 available on request post-delivery.

Oral Appliances

Oral appliances for snoring are excluded.

For oral appliances for sleep apnea (HCPCS E0485 and E0486) refer to the Medical Policy titled <u>Obstructive Sleep Apnea</u> Treatment.

- A letter of referral or prescription to the dentist for the appliance must be received from the treating physician; and
- A polysomnography must be completed documenting Obstructive Sleep Apnea

Orthotic Braces

Orthotic braces that stabilize an injured body part and braces to treat curvature of the spine are considered DME (see <u>Coverage Limitations and Exclusions</u>).

Examples of orthotic braces include but are not limited to:

- Ankle Foot Orthotic (AFO)
- Knee orthotics (KO)
- Lumbar-sacral orthotic (LSO)
- Necessary adjustments to shoes to accommodate braces
- Thoracic-lumbar-sacral orthotic (TLSO)

Note: There are specific codes that are defined by HCPCS as orthotics that UnitedHealthcare covers as DME.

Pleurx Bottles and Tubing

Pleurx bottles and tubing are covered as DME.

Repair, Replacement, and Upgrade

Repair, replacement and upgrade of DME is covered when the member has a DME benefit and any of the following:

Repair

The repairs, including the replacement of essential accessories, such as hoses, tubes, mouth pieces, etc., for necessary DME are covered when necessary to make the item/device serviceable.

Replacement

Replacement of DME is for the same or similar type of equipment which is beyond its reasonable useful life span and has become irreparable.

Upgrade

The physician provides documentation that the condition of the member changes (e.g., impaired function necessitates an upgrade to a power wheelchair from a manual one).

General Criteria

- Routine wear on the equipment renders it non-functional and the member still requires the equipment.
 - Vendors/manufacturers are responsible for repairs, replacements, and maintenance for rented equipment and for purchased equipment covered by warranty
 - Coverage includes DME obtained in a physician's office, DME vendor, or any other provider authorized to provide/dispense DME
- Unless otherwise stated, DME has a Reasonable Useful Lifetime (RUL) of 5 years
- Pediatric DME must allow room for growth adjustments to a minimum of 2 inches in seat width and 3 inches of seat depth. Note:
 - Growth method may not mean ordering equipment that it is too large for current needs.
 - A new prescription isn't needed if the needs of the patient are the same.

Equipment Upgrades

- A change in the member's medical condition and equipment needs requires the same documentation as a new request
- Equipment upgrades are equivalent to a new service

Trachea-Esophageal and Voice Aid Prosthetics

Trachea-esophageal prosthetics and voice aid prosthetics are covered as DME.

Ventilators and Respiratory Assist Devices applies for 2 years of age and older

Ventilators are covered to treat neuromuscular diseases, thoracic restrictive diseases, and chronic respiratory failure consequent to chronic obstructive pulmonary disease. Ventilators are not covered when used only to deliver continuous or intermittent positive airway pressure for adults and children 2 years of age and older.

For adult or pediatric members, UnitedHealthcare uses the Medicare policy for coverage determinations for home ventilators. Home ventilators are:

- Not covered for non-life-threatening conditions
- Not covered when used as Respiratory Assistance Devices (RAD)

For member's 2 years of age and older, any type of ventilator would not be Medically Necessary for any of the conditions described in the Medicare RAD criteria even though the ventilator may have the capability of operating in a bi-level PAP (E0470, E0471) mode.

- The conditions that qualify for use of a RAD are not life-threatening conditions where interruption of respiratory support would quickly lead to serious harm or death.
- Ventilators, such as Trilogy mechanical ventilators, (E0465, E0466) used for the treatment of conditions described in the
 <u>Medicare RAD criteria</u> that deliver continuous or intermittent positive airway pressure are not Medically Necessary. Bi-level
 PAP devices (E0470, E0471) are considered as Medically Necessary in those clinical scenarios.

Ventilators must not be billed using codes for CPAP (E0601) or bi-level PAP (E0470, E0471, and E0472). The use of CPAP
or bi-level PAP HCPCS codes to bill a ventilator is incorrect coding, even if the ventilator is only being used in CPAP or bilevel mode.

PAP Therapy

Note: For the evaluation of PAP therapy, hypopnea is defined as an abnormal respiratory event lasting at least 10 seconds associated with at least a 30% reduction in airflow and with at least a 3% decrease in oxygen saturation from pre-event baseline or the event is associated with an arousal (AASM Scoring Manual, 2017).

Medical Necessity Plans

In the absence of a related policy or coverage indication from above, UnitedHealthcare uses available criteria from the <u>DME</u> MAC.

DME, related supplies, and orthotics are Medically Necessary when:

- Ordered by a physician; and
- The item(s) meets the plans Medically Necessary definition (refer to the member specific benefit plan document); and
- CMS DME MAC criteria are met (see above link); and
- The item is not otherwise excluded from coverage

Coverage Limitations and Exclusions

When more than one piece of DME can meet the member's functional needs, benefits are available only for the item that meets the minimum specifications for member needs. Examples include but are not limited to:

- Standard electric wheelchair vs. custom wheelchair
- Standard bed vs semi-electric bed vs fully electric or flotation system
 - This limitation is intended to exclude coverage for deluxe or additional components of a DME item which are not necessary to meet the member's minimal specifications to treat an Injury or Sickness.

When the member rents or purchases a piece of DME that exceeds this guideline, the member will be responsible for any cost difference between the piece he/she rents or purchases and the piece we have determined is the most cost-effective.

The following services are excluded from coverage:

- Additional accessories to DME items or devices which are primarily for the comfort or convenience of the member are not covered. Examples include but are not limited to:
 - o Air conditioners
 - Air purifiers and filters
 - o Batteries for non-medical equipment (e.g., flashlights, smoke detectors, telephones, watches, weight scales)
 - o Humidifiers
 - Non-medical mobility devices (e.g., commercial stroller) This exclusion does not apply to pediatric wheelchairs.
 - o Remodeling or modification to home or vehicle to accommodate DME or patient condition (e.g., Ramps, stair lifts and stair glides, wheelchair lifts, bathroom modifications, door modifications)
- Cranial molding helmets and cranial banding except when they meet medical criteria
- Dental braces. Check the member specific benefit plan document and State Mandates
- Devices and computers to assist in communication and speech; however, refer to the <u>Indications for Coverage</u> for information on Speech Generating Devices
- Devices used specifically as safety items or to affect performance in sports-related activities
- Diagnostic or monitoring equipment purchased for home use (e.g., blood pressure monitor, oximeters) unless otherwise described as a Covered Health Care Service (e.g., oximeter use with a ventilator.)"
- Elastic splints, sleeves or bandages, unless part of a Covered Health Care Service (e.g., sleeve used in conjunction with a lymphedema pump or bandages used with complex decongestive therapy)
- Oral appliances for snoring; refer to the <u>Indications for Coverage</u> for oral appliances for sleep apnea
- Orthotic braces that straighten or change the shape of a body part
- Personal Care, Comfort and Convenience items and supplies. Check the member specific benefit plan document for the list of excluded items
- Powered and non-powered exoskeleton devices

- Prescribed or non-prescribed publicly available devices, software applications and/or monitors that can be used for non-medical purposes (e.g., smart phone applications, software applications)
- Replacement of items due to malicious damage, neglect or abuse
- Replacement of lost or stolen items
- Routine periodic maintenance (e.g., testing, cleaning, regulating and checking of equipment) for which the owner or vendor is generally responsible
- The following items and supplies:
 - DME and supplies that are explicitly excluded in the member specific benefit plan document
 - Medical Supplies (except those described above under <u>Indications for Coverage</u>); this includes, but is not limited to bandages, gauze, dressings, cotton balls and alcohol wipes
 - Items and supplies that do not meet the definition of a Covered Health Care Service
 - Ostomy Supplies unless specifically stated as covered; check the member specific benefit plan document and refer to the <u>Indications for Coverage</u>
 - Urinary catheters unless specifically stated as covered. Check the member specific benefit plan document
- The following items are excluded even if prescribed by a physician; refer to the member specific benefit plan document
 - Blood pressure cuff/monitor
 - o Enuresis alarm
 - Non-wearable external defibrillator
 - o Trusses or girdle
 - o Ultrasonic nebulizers
- Upgrade or replacement of DME when the existing equipment is still functional; refer to the <u>Repair, Replacement, and</u> <u>Upgrade</u> section

Definitions

The following definitions may not apply to all plans. Refer to the member specific benefit plan document for applicable definitions.

Behavioral Management Program: Recommended guidelines for behavior management include: direct behavioral observations, systematic assessment of environmental and within-patient variables associated with aberrant behavior, antecedent management to minimize the probability of aberrant behavior, provision of functionally equivalent alternative means of controlling the environment, and differential reinforcement to shape positive behavior and coping strategies while not inadvertently shaping emergent, disruptive sequelae.

Covered Health Care Service(s): Health Care Services, including supplies or Pharmaceutical Products, which we determine to be all of the following:

- Provided for the purpose of preventing, evaluating, diagnosing or treating a Sickness, Injury, Mental Illness, substancerelated and addictive disorders, condition, disease or its symptoms.
- Medically Necessary
- Described as a Covered Health Care Service in the COC under Section 1: Covered Health Care Services and in the Schedule of Benefits
- Not excluded in the COC under Section 2: Exclusions and Limitations

Customized: Items which are uniquely constructed or substantially modified for a specific member according to a physician's description and orders.

Conversely, items that:

- Are measured, assembled, fitted, or adapted in consideration of a patient's body size, weight, disability, period of need, or intended use (i.e., custom fitted items); or
- Have been assembled by a supplier, or ordered from a manufacturer, who makes available customized features,
 modification or components for wheelchairs that are intended for an individual patient's use in accordance with instructions
 from the patient's physician do not meet the definition of customized items. These items are not uniquely constructed or
 substantially modified. The use of customized options or accessories or custom fitting of certain parts does not result in a
 wheelchair or other equipment being considered as customized.

Durable Medical Equipment (DME): Medical Equipment that is all of the following:

- Ordered or provided by a Physician for outpatient use primarily in a home setting
- Used for medical purposes
- Not consumable or disposable except as needed for the effective use of covered DME
- Not of use to a person in the absence of a disease or disability
- Serves a medical purpose for the treatment of a Sickness or injury
- Primarily used within the home

Indwelling Urinary Catheter: A flexible plastic tube (a catheter) inserted into the bladder that remains there to provide continuous urinary drainage.

Injury: Damage to the body, including all related conditions and symptoms.

Intermittent Urinary Catheter: The use of a flexible plastic tube (a catheter) inserted into the bladder to periodically drain the bladder.

Medical Supplies: Expendable items required for care related to a medical illness or dysfunction.

Medically Necessary: Health Care Services that are all of the following as determined by us or our designee.

- In accordance with Generally Accepted Standards of Medical Practice
- Clinically appropriate, in terms of type, frequency, extent, service site and duration, and considered effective for your
 Sickness, Injury, Mental Illness, substance-related and addictive disorders, disease or its symptoms
- Not mainly for your convenience or that of your doctor or other health care provider
- Not more costly than an alternative drug, service(s), service site or supply that is at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of your Sickness, Injury, disease or symptoms

Mental Illness: Those mental health or psychiatric diagnostic categories that are listed in the current edition of the International Classification of Diseases section on Mental and Behavioral Disorders or Diagnostic and Statistical Manual of the American Psychiatric Association. The fact that a condition is listed in the current edition of the International Classification of Diseases section on Mental and Behavioral Disorders, or Diagnostic and Statistical Manual of the American Psychiatric Association does not mean that treatment for the condition is a Covered Health Care Service.

Mobility Device: A manual wheelchair, electric wheelchair, transfer chair or scooter.

Obstructive Sleep Apnea: The American Academy of Sleep Medicine (AASM) defines Obstructive Sleep Apnea as a sleep related breathing disorder that involves a decrease or complete halt in airflow despite an ongoing effort to breathe.

OSA severity is defined as:

- Mild for AHI or RDI ≥ 5 and < 15
- Moderate for AHI or RDI ≥ 15 and ≤ 30
- Severe for AHI or RDI > 30/hr.

Reasonable Useful Lifetime: RUL is the expected minimum lifespan for the item. It starts on the initial date of service and runs for the defined length of time. The default RUL for durable medical equipment is set at 5 years. RUL is also applied to other non-DME items such as orthoses and prostheses. RUL is not applied to supply items.

Sickness: Physical illness, disease or Pregnancy. The term Sickness as used in this Certificate includes Mental Illness or substance-related and addictive disorders, regardless of the cause or origin of the Mental Illness or substance-related and addictive disorder.

Speech Generating Device: Speech Generating Devices are characterized by the following:

- Are of use only by an individual who has severe speech impairment
- May have digitized speech output, using pre-recorded messages, less than or equal to 8 minutes recording time
- May have digitized speech output, using pre-recorded messages, greater than 8 minutes recording time

- May have synthesized speech output, which requires message formulation by spelling and device access by physical contact with the device-direct selection techniques
- May be software that allows a laptop computer, desktop computer or personal digital assistant (PDA) to function as a Speech Generating Device
- May have synthesized speech output, which permits multiple methods of message formulation and multiple methods of device access

Speech Generating Devices are not:

- Devices that are capable of running software for purposes other than for speech generation, e.g., devices that can also run a word processing package, an accounting program, or perform other non-medical function
- Laptop computers, desktop computers, or PDAs which may be programmed to perform the same function as a Speech Generating Device
- Useful to someone without severe speech impairment

Women's Health and Cancer Rights Act of 1998, § 713 (a): "In general - a group health plan, and a health insurance issuer providing health insurance coverage in connection with a group health plan, that provides medical and surgical benefits with respect to a Mastectomy shall provide, in case of a participant or beneficiary who is receiving benefits in connection with a Mastectomy and who elects breast reconstruction in connection with such Mastectomy, coverage for (1) reconstruction of the breast on which the Mastectomy has been performed; (2) surgery and reconstruction of the other breast to produce symmetrical appearance; and (3) prostheses and physical complications all stages of Mastectomy, including lymphedemas in a manner determined in consultation with the attending physician and the patient."

Applicable Codes

UnitedHealthcare has adopted the requirements and intent of the National Correct Coding Initiative. The Centers for Medicare & Medicaid Services (CMS) has contracted with Palmetto to manage Pricing, Data and Coding (PDAC) for Durable Medical Equipment, Prosthetics, Orthotics and Supplies (DMEPOS). This notice is to confirm UnitedHealthcare has established the PDAC as a source for correct coding and coding clarification.

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Guideline History/Revision Information

Date	Summary of Changes
03/01/2022	 Coverage Rationale Coverage Limitations and Exclusions Replaced language indicating "cranial molding helmets and cranial banding are excluded from coverage, except when used to avoid the need for surgery and/or to facilitate a successful surgical outcome" with "cranial molding helmets and cranial banding are excluded from coverage, except when they meet medical criteria" Supporting Information Archived previous policy version CDG.009.23

Instructions for Use

This Coverage Determination Guideline provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this guideline, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Coverage Determination Guideline is provided for informational purposes. It does not constitute medical advice.

This Coverage Determination Guideline may also be applied to Medicare Advantage plans in certain instances. In the absence of a Medicare National Coverage Determination (NCD), Local Coverage Determination (LCD), or other Medicare coverage guidance, CMS allows a Medicare Advantage Organization (MAO) to create its own coverage determinations, using objective evidence-based rationale relying on authoritative evidence (Medicare IOM Pub. No. 100-16, Ch. 4, §90.5).

UnitedHealthcare may also use tools developed by third parties, such as the InterQual criteria, to assist us in administering health benefits. UnitedHealthcare Coverage Determination Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.

For self-funded plans with SPD language other than fully-insured Generic COC language, please refer to the member specific benefit plan document for coverage.