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# Travel Coverage

What do I do if I need care while traveling?

What routine coverage do I have while I am traveling?

What emergency coverage do I have while I am traveling?

#### What do I do if I need care while traveling?

It doesn't matter where or why you travel. With Anthem Blue Cross and Blue Shield coverage, you can rest assured that if you need emergency or urgent care while out of town, your benefits travel with you. Just remember to pack your Anthem Blue Cross and Blue Shield ID card.

Check your contract or Certificate for instructions. Keep in mind that regardless of the type of coverage, if you are experiencing an emergency, you should call 9-1-1 or go to the nearest hospital to receive care. However, you should call us within 24 hours of going to the hospital, in order for the highest level of benefits can be paid for covered services.

The time period for contacting us may be different, depending on what your contract or Certificate says. The time frames in your contract or Certificate language will apply if in conflict with the time frames listed above.

# Emergency care is defined by your contract or Certificate, but generally means those health care services that are provided in an emergency facility or setting after the onset of an illness or medical condition that manifests itself by symptoms of sufficient severity that without immediate medical attention could be reasonably expected by the prudent lay person, who possesses an average knowledge of health and medicine, to result in:

- placing the Member's physical and or mental health in serious jeopardy;
- · serious impairment to bodily functions; or serious dysfunction of any bodily organ or part.

Urgent care may not be covered to the same extent as emergency care. Urgent care is defined by your contract or Certificate, but typically means services received for an unexpected episode of illness or injury requiring treatment which cannot be postponed, but is not emergency care. Urgent care conditions include, but are not limited to earache, sore throat, fever not higher than 104°. Treatment of an urgent care condition does not require use of an emergency room at a Hospital.

Check your contract or Certificate to see whether urgent care is covered. Typically, urgent care is covered if provided in a non-emergency room setting, by a network provider.

If the service you are receiving is for something other than emergency or urgent care, it may or may not be covered. For example, if you are enrolled through an HMO product, there is no coverage for services rendered outside of the service area unless it is for an emergency or urgent care or approved as a referral. Our other products typically do have some level of benefits for medically necessary care received outside your service area. You may also be covered by the Away From Home Care or Blue Card programs by virtue of being a member of a Blue Cross and Blue Shield plan. Contact <u>Customer Service</u> for more information and for guidelines that apply specifically to you.

Back to Top

# What routine coverage do I have while I am traveling?

Check your contract or Certificate. Typically, if you have HMO coverage, routine care outside of the service area is not generally covered. It typically is covered through our other products, but there may be limitations or special rules that apply. You may also be covered by the Away From Home Care program by virtue of being a member of a Blue Cross and Blue Shield plan. Contact <u>Customer Service</u> for more information and for guidelines that apply specifically to you.

Back to Top

## What emergency coverage do I have while I am traveling?

It doesn't matter where or why you travel. With Anthem Blue Cross and Blue Shield coverage, you can rest assured that if you need emergency or urgent care while out of town, your benefits travel with you. Just remember to pack your Anthem Blue Cross and Blue Shield ID card.

Check your contract or Certificate. However, except for certain products that only pay for inpatient care or specified diseases, emergency care will be covered while traveling to the same extent it would have been covered had the emergency occurred within our service area.

Back to Top

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1 of 1 11/4/2015 9:31 AM