



Lou Ruvo Center for Brain Health

# **Dementia 2019: Managing a Public Health Crisis**

Continuing Education Conference

May 31 - June 1, 2019

Keep Memory Alive Event Center, Las Vegas, NV

[www.ccfcmec.org/Dementia2019](http://www.ccfcmec.org/Dementia2019)



## Target Audience

This course is recommended for primary care providers, neurologists, geriatricians, psychiatrists, internal medicine providers, physician assistants, nurse practitioners, psychologists, social workers, physical therapists and other health care professionals who treat patients with dementia.

## Program Description

This two-day conference will alert regional health care providers and social workers to the challenges faced by the elderly in our communities, particularly when they are afflicted by dementia. Evidence indicates that certain lifestyle factors experienced by the elderly, like depression, isolation and sedentariness can actually exacerbate dementia. Over the past 20 years, scientists have investigated proactive strategies as potential protective influences against cognitive decline and dementia. Social engagement, physical activity, cognitive training, and dietary modification are among the potentially beneficial approaches to mitigate cognitive decline. A delay in onset of dementia by just a few years has the potential to dramatically reduce its prevalence.

## Objectives

Upon completion of this program, the participant will be able to:

- Recognize symptoms of isolation, neglect, depression and abuse among the elderly.
- Identify proactive opportunities for brain health.
- Apply best practices in diagnosing and/or treating persons with dementia.
- Implement methods to preempt dementia complications.

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Cleveland Clinic Lou Ruvo Center for Brain Health at 702.685.7072 at least two weeks prior to the activity.

## Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 9.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

This course has been approved by the State of Nevada Board of Examiners for Social Workers for 9.5 hours of continuing education. Approval Number A-119-17.

This course has been approved by the State of Nevada Physical Therapy Board for 0.94 units of continuing education. Expires July 31, 2020.

This course has been approved by the State of Nevada Board of Examiners for Long Term Care Administrators for 9.5 hours of continuing education. Approval Number 2304.

This course has been submitted to the State of Nevada Board of Psychological Examiners for 9.5 hours of continuing education. Approval is pending.

## Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

*For more information about this activity, contact LeeAnn Mandarino at 702-483-6024*

## Faculty

### Course Director:

#### Dylan Wint, MD

Neurology and Psychiatry  
 NV Energy Foundation Chair for Brain Health Education  
 Director, Education in Neurodegeneration  
 Cleveland Clinic Lou Ruvo Center for Brain Health  
 Las Vegas, NV

### Cleveland Clinic Lou Ruvo Center or Brain Health Las Vegas Faculty

#### Ruth Almen, LCSW

Manager, Social Work

#### Susan Hirsch, MSW

Program Manager, Education

#### Le Hua, MD

Neurology  
 Sheila and Eric Samson Chair for Multiple Sclerosis Research  
 Director, Cleveland Clinic Mellen Program for MS at the  
 Cleveland Clinic Lou Ruvo Center for Brain Health

#### Jason Longhurst, PT, DPT

Board Certified Clinical Specialist in Neurologic Physical  
 Therapy

#### Aaron Ritter, MD

Psychiatry  
 Director, Clinical Trials Program

#### Marwan Sabbagh, MD, FAAN

Neurology  
 Camille and Larry Ruvo Chair for Brain Health  
 Director, Lou Ruvo Center for Brain Health  
 Las Vegas, NV | Cleveland, OH | Weston, FL

### Guest Faculty

#### Charles Bernick, MD, MPH

Professor of Neurology  
 University of Washington School of Medicine

#### Jason Cheng, DO

Psychiatry  
 Alliance Mental Health Specialists and Montevista Hospital

### Planning Committee

#### LeeAnn Mandarin

Conference Organizer  
 Manager, Education in Neurodegeneration  
 Manager, Professional Education Programs  
 Cleveland Clinic Lou Ruvo Center for Brain Health  
 Cleveland Clinic Lou Ruvo Center for Brain Health

## Conference Agenda

### Friday, May 31, 2019

- 3:00 - 3:45 pm Registration | Snacks and Beverages
- 3:45 - 4:00 pm Introduction – Dylan Wint, MD
- 4:00 - 4:50 pm Social Engagement vs. Loneliness and Risk of Dementia – Susan Hirsch, MSW
- 4:50 - 5:00 pm Brief Break
- 5:00 - 5:50 pm Bringing Elder Neglect Into Focus  
*(Provides ethics credit)* – Ruth Almen, LCSW
- 5:50 - 6:00 pm Brief Break
- 6:00 - 6:50 pm Assessing for Depression and Preventing Suicide in Elders *(Provides Suicide Prevention credit)* – Jason Cheng, MD
- 6:50 - 7:00 pm Evaluation, Post-Test and Adjourn
- 7:00 - 8:00 pm Reception

### Saturday, June 01, 2019

- 8:00 - 8:30 am Registration | Continental Breakfast | Exhibits
- 8:30 - 8:45 am Introduction | Pre-test – Dylan Wint, MD
- 8:45 - 9:30 am Cerebral Changes and Neuroplasticity in Aging – Charles Bernick, MD, MPH
- 9:30 - 10:15 am How Exercise Modifies Cerebral Circuitry – Jason Longhurst, PT, DPT
- 10:15 - 10:30 am Break | Exhibits
- 10:30 - 11:15 am Brain Health and the Human Microbiome – Le Hua, MD
- 11:15 - 12:00 pm The Anti-Alzheimer's Diet – Marwan Sabbagh, MD, FAAN
- 12:00 - 1:00 pm Lunch | Exhibits
- 1:00 - 1:45 pm What's New and Coming in Alzheimer Disease – Marwan Sabbagh, MD, FAAN
- 1:45 - 2:30 pm Best Practices for Diagnosing Common Dementias – Dylan Wint, MD
- 2:30 - 3:15 pm Behavioral Syndromes as Heralds of Dementing Disease – Aaron Ritter, MD
- 3:15 - 3:30 pm Break | Exhibits
- 3:30 - 4:15 pm Preempting Dementia Complications: A Multimodal Approach – Dylan Wint, MD
- 4:15 - 4:30 pm Post-test, Evaluations and Adjourn

*\*A five-minute question & answer period is included in speaker's allotted time*

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Cleveland Clinic Lou Ruvo Center for Brain Health

**Register online at [www.ccfcm.org/Dementia2019](http://www.ccfcm.org/Dementia2019)**

Fees	EARLY BIRD REGISTRATION On or before May 10, 2019	REGULAR REGISTRATION After May 10, 2019
Physician	\$105.00	\$125.00
Non-Physician	\$85.00	\$100.00
*Fellows/*Residents/Students	\$80.00	\$95.00

**Registration fee includes:** Online syllabus/program, reception, breakfast, lunch, breaks

\*Letter from program director is required to receive the discounted fee. If letter is not received prior to activity, the full fee will be charged.

## Deadline for Registration & Cancellation

Register at [www.ccfcm.org/Dementia2019](http://www.ccfcm.org/Dementia2019). Preregistrations are accepted online until 8:00 PM (PDT) Tuesday, May 28, 2019. To register after this date, please do so on site. In case of a cancellation, a full refund will be made if cancelled by May 2, 2019. NO REFUNDS WILL BE GIVEN AFTER May 2, 2019. For questions about registration, please call 216.448.8710 or email [cmeregistration@ccf.org](mailto:cmeregistration@ccf.org).

## Event Location:

Keep Memory Alive Event Center  
 Cleveland Clinic Lou Ruvo Center for Brain Health Campus  
 888 W. Bonneville Avenue  
 Las Vegas, NV 89106

