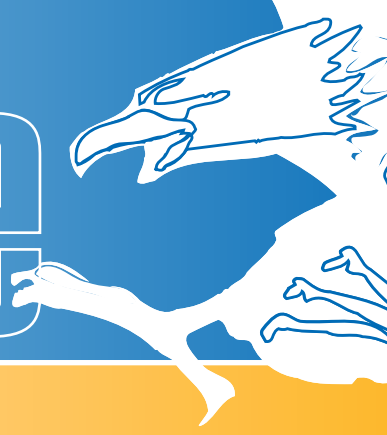


# Sandburg

# pride



CARL SANDBURG HIGH SCHOOL NEWSLETTER • OCTOBER 2019

## National Merit Recognition

Maxwell Farley and Kiera Fullick were named as Semifinalists in the 2020 National Merit Scholarship Program. About 1.6 million students in some 22,000 high schools enter the National Merit Scholarship competition annually when they take the PSAT/NMSQT which measures critical reading ability, mathematics problem solving, and writing ability. Semifinalists are the highest-scoring entrants in each state and represent the top 0.5% of the state's seniors. These two seniors now have the opportunity to continue in the competition for Merit Scholarships to be awarded next Spring.

Kiera Fullick earned the highest possible ACT composite score of 36. Only around two-tenths of 1% of all test takers earn the top

score. Among US high school graduates in the class of 2019 just 3,741 out of more than 1.9 million students who took the ACT earned a composite score of 36.

Ximena Castillo, Stephanie Gaspardo, Jayme Gross, Mary Madden, Ahmed Mahdi, Alexander Miller, William O'Quinn, Zoe Schultz, Thomas Stogin, Maggie Tripp, Nessa Trombetta, Colin Zeffass were named Commended Students in the 2020 National Merit Scholarship Program. Commended Students are recognized for the exceptional academic promise demonstrated by their outstanding performance on the qualifying test used for program entry.



Maxwell Farley and Kiera Fullick



**1st Row L to R:** Jayme Gross, Ximena Castillo, Mary Madden, Stephanie Gaspardo, Zoe Schultz, Maggie Tripp **2nd Row:** Thomas Stogin, Colin Zeffass, Ahmed Mahdi, Nessa Trombetta, Alexander Miller **Not Pictured:** William O'Quinn

# 2019-2020 School Calendar

## Dates to Remember

### October

- 9 Picture re-takes during all Lunch Periods
- 14 Columbus Day - No School
- 15 Parent/Teacher Conference (no student attendance)
- 16 PSAT Testing (Juniors)
- 26 8th Grade Testing
- 29 NHS Induction, 7:00 PM

### November

- 7 Fall Band Concert, 7:00 PM
- 7 Veterans' Day Luncheon
- 23-24 Fall Craft Fair
- 27 No School
- 28 Thanksgiving Day - No School
- 29 No School

### December

- 5-6-7 Orchesis, 7:00 PM
- 19-21 Final Exams (Semester 1)
- 20 Winter Break Begins

### January



## CONSOLIDATED HIGH SCHOOL DISTRICT 230

Mr. Anthony J. Serratore, President  
 Mrs. Melissa Gracias, Vice-President  
 Mrs. Susan Dalton, Secretary  
 Mr. Michael Hardek, Board Member  
 Mrs. Kate Murphy-Peterson, Board Member  
 Mr. David O'Connor, Board Member  
 Mr. Patrick O'Sullivan, Board Member

Dr. James M. Gay, Superintendent  
 Jennifer Tyrrell, Principal

Sandburg Pride is published by the Consolidated High School District 230 School Board.  
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## MESSAGE FROM THE PRINCIPAL

Greetings, Eagle Families and Friends,

We are off to a strong start at Sandburg! It is a new year, but we bring continued commitment to student voice and leadership in order to inform the **Sandburg Experience** for all our students! We are really proud of the opportunities that we create for students to have a voice in all that we do at Sandburg! I enjoy the time that I spend with our student leadership and advisory groups. Each student advisory committee is represented by multiple individuals from each grade level. The student advisors help us take a look at practices and traditions, ask us questions about things that impact their experience, and make recommendations to us about all things Sandburg. The communication and relationship between Sandburg administration and student advisories gives us the opportunity to successfully advance our school improvement goals and make the Sandburg Experience Elite Daily for our students.

I have spent a bit of time with the **Student Council Executive Board** in the early part of this year. This group was responsible for all things homecoming and it is with great pride that I share that this group of leaders under the direction of sponsors Fred Poronto and Meghan Schacht, did an outstanding job of planning and facilitating a phenomenal and spirited week! Student participation and spirit was high all week, and the week culminated with over 1,800 students attending the "Mission Homecoming" spy-themed dance! Associate Principal Derrick Smith, Assistant Principal Greg Gardner and myself will be meeting with the Executive Board on a monthly basis. We look forward to working with this group as they not only organize major events for our school, but also as they bring specific concerns forward to administration as elected representatives of the student body.

Mr. Gardner facilitates two student advisories at Sandburg, **Co-Curricular Advisory** and **Superfanz!** In a recent meeting with the Co-Curricular Advisory, we talked about our students' use of different social media platforms to consume Sandburg information. As a result of the conversation, we have increased our use of Sandburg's Instagram account and I have also started to post on my new Instagram account - **jtprincipal**. It has been really fun spending time with our new group of Class of 2020 Superfanz! Under the direction of Mr. Gardner, our Superfanz meet at least twice a month to organize themes, Freshman Spirit Training, and school spirit activities. This advisory group brings passion and energy to all it does and has an emphasis on connecting all students to Sandburg in an inclusive fashion. The Superfanz leadership group contributes to the positive and spirited culture at Sandburg.

Our **Superintendent's Advisory** met with me, Dr. Gay, our Superintendent, John Connolly, Chief Technology Officer, and Director of Communication, Mrs. Erdey in September. Dr. Gay talked with our students about our district's "What's your Story" theme and told our students that he wants to learn more about their passions and spend time with them as they explore their passions - a true focus on developing relationships with the students that he works with on a monthly basis!

Approximately 100 students participate on the advisory committees, some of which have been described above. We believe strongly that the advisory committee experience is a great opportunity for administration to hear about the student experience first hand while giving our students voice within our school. We look forward to our continued work with all student advisory committees. We are also in the process of developing another student advisory in support of continued development of cultural competency, dignity, kindness, and inclusion at Sandburg!

I hope to see you at Parent-Teacher Conferences on Tuesday, October 15th from noon to 7pm!

Go Eagles!  
 Jennifer Tyrrell  
 Principal

# Sandburg Pride Survey

In High School District 230's ongoing efforts to assess the effectiveness of its communication efforts in order to best serve our community, we appreciate you taking this brief survey. We hope you will share your thoughts honestly to assist us in improving communication efforts.

*Thank you!*

<http://bit.ly/SandburgPrideSurvey>



## Parent-Teacher Conferences

Tuesday,  
October 15  
12 p.m. – 7 p.m.

Parent Teacher Conferences are scheduled to be held on Tuesday, October 15, 2019, from 12:00 p.m. to 7:00 p.m. This is a great opportunity to discuss with teachers how your student is performing within courses and to discuss opportunities for intervention or enrichment. Additionally, guidance counselors will also be available for scheduled conferences.

We will use Skyward Family Access to schedule appointments for these conferences. The Teacher Conference link will be available in Skyward Family Access from 8:00 a.m. on Monday, October 7th until 12:00 p.m. on Monday, October 14th. If you are unable to access a computer, please call 708-671-3101 for assistance on Monday, October 7th from 8:00 a.m. - 3:00 p.m. or Tuesday, October 8th from 8:00 a.m. - 3:00 p.m. Phone assistance is available on these two dates only.

Step-by-step instructions will be emailed to you as well as posted on the school's website.

## STUDENTS GET REAL-LIFE WORK EXPERIENCE IN GRAPHIC ARTS

Have you seen the awesome new designs for staff, student and maintenance IDs? They have a fun comic-book feel which is exactly the mood Sandburg grad Emma Woods was hoping to create. The Deans' Office requested a design, so Emma worked with her Graphic Arts teacher, Mr. Vasich, along with the company Lifetouch to create the new design. After being inspired and excited about her experiences in Graphic Arts 1, 2 and 3, Emma is currently attending Western Michigan University and pursuing her degree in Art Education.

This year's IDs are just one example of the many projects Graphic Arts students are "hired" to complete for the school. Last year, students designed senior seminar t-shirts and promotional materials after multiple meetings and feedback from school administrators.

They also had the opportunity to create school promotional fliers for parent nights, golf tournaments, travel posters, Say Something Week, Composers' Forum, and Swimming with Santa. Graphic Arts students also used their talents outside of the school to create graphics for a webzine with the company Street Level, Urban Gateways Youth Media Arts Center.

Through their experiences, Graphic Arts students learn that when they receive their job from the school

or outside company, they need to first create images and materials and then follow up with their clients to receive feedback before they complete the final product. Going through this creative process helps students learn firsthand how the lessons in Graphic Arts translate directly into workplace skills and experiences. All these opportunities are a perfect way for students to gain valuable insight into future career paths before making college or career choices.



## Colleges Visiting Sandburg

The Guidance Department will be hosting a variety of college and university visits to Sandburg students all throughout the school year. This is a wonderful opportunity for students to meet admissions counselors and ask questions directly related to admission and life as a student on campus. To preview who is scheduled to visit Sandburg, click on the "College Representative Visit Calendar" located on the Guidance Department webpage. You can also follow us on Twitter & Instagram, @CS\_Guidance, for college and career related updates, announcements and reminders..

## College Bound Senior Checklist

Be sure to ask your senior student about their individual Senior Meeting with their counselor. Points of interest include:

- View the list of colleges -- are they appropriate for your academic and personal needs?
- Complete college admissions applications
- Send your transcripts via Parchment ([www.parchment.com](http://www.parchment.com))
- Watch the deadlines! All application materials must be submitted to your counselor two weeks prior to the deadline!
- Visit college campuses
- Sign up to meet with any college representatives visiting Sandburg

## Ordering Transcripts

**After** submitting your college applications, go to [www.parchment.com](http://www.parchment.com) to send your official transcripts. Be sure to check out the Guidance YouTube Video for a short tutorial on how to use the Parchment website. NOTE: Counselors will submit all transcripts for students using the "Common Application."

## PSAT/NMSQT

To begin preparing our junior students for the mandated Spring SAT exam, we will administer a PSAT/NMSQT on Wednesday, October 16, 2019. The test provides the opportunity to become familiar with the testing format, but also serves another purpose as the National Merit Scholarship Qualifying Test. Students who say "yes" to the Student Search Service when they fill out their answer sheet will be screened for the National Merit Scholarship Program, which uses these test results to designate students as Commended, Semifinalists, and

Finalists in the fall of their senior year in high school.

The October administration of the PSAT/NMSQT to all juniors will begin at 8:00am on Wednesday, October 16th. Test components include: Reading, Writing/ Language and Math. The testing times and topics are closely aligned to the Spring SAT and scores earned are predictive of future SAT scores. More information about this test can be found on the College Board PSAT/NMSQT website.

## Career and College Information Available Online

The Guidance Department offers a web-based resource to assist students with Career and college Information on the web. Students often feel great stress when adults ask them, "What do you want to be?" In the ever-changing job market with over 100,000 careers to choose from, making this decision is a challenge.

**Career Cruising** is an excellent online resource for both college and career research. Career Cruising includes career

matching tools, detailed occupation profiles, and a national database of colleges and university. It is user friendly and easy to access at: <http://www.careercruising.com>, Username = district230, Password = careers.

This site can be accessed from home via the Internet or from the Sandburg school network. If students need help using these programs or have questions, they should see their guidance counselor.

## College and Career Center Canvas Page

All Sandburg students have received an invitation to join the College and Career Resource Center Canvas page. This is a great resource that the Guidance Department utilizes to share information as

it relates to college and career planning. For more information about this resource, please have your student login to the Canvas account or contact your student's guidance counselor.

## College Bound Athletes

If you wish to participate in college sports in Division I or II, you need to qualify academically by taking the right "High School Core Courses" (English, Math, Science, Social Studies, and Foreign Language), earn above average grades, and do well on your ACT or SAT college entrance exam. You can learn how to qualify and when to register with the NCAA Eligibility Center by going to [www.eligibilitycenter.org](http://www.eligibilitycenter.org).

The NAIA Eligibility Center website is [www.playnaia.org](http://www.playnaia.org). Be certain to discuss your intent to play sports with your coach and with your guidance counselor. You will need to send your official high school transcript to the Eligibility Center when you register. **Choose College Code 9999 to have your scores sent to the NCAA.**

## Class of 2024 Placement Testing

Incoming freshmen students who will be attending Carl Sandburg High School next fall should mark their calendar for the PSAT 8/9 exam on **Saturday, October 26, 2019**. Specific drop off and pick up procedures will be mailed home in October to District 135 families. If you live within

the Sandburg boundaries and your student attends a private school you must call to register to take the test. Please call Mrs. Kristi McFarland at 708/671-3121. More information about the PSAT 8/9 exam can be found at <https://collegereadiness.collegeboard.org/psat-8-9>.



## Financial Aid Updates

Federal financial aid dates have changed. The FAFSA form will be available for completion beginning on October 1, 2019 at [www.fafsa.gov](http://www.fafsa.gov). Parents of seniors are encouraged to complete the form soon after it becomes available. Parents and students are required to use their tax information from 2018 while completing the form.

Sandburg Guidance Department will be hosting two events for parents that would like assistance with financial aid planning and preparation:

### **FAFSA Completion Seminar (For Parents)** **Monday, November 18, 2019 -- 7:00pm in the Media Center**

A representative from the Illinois Student Assistance Commission will be available to assist parents in completing the FAFSA in Sandburg's Media Center. Please call Mr. Moran at 708/671-3144 to reserve a spot.

*Parents should bring the following items to this seminar:*

- Social Security Numbers (parents & student)
- Records of Income (ie. Income tax return 2018, Child support payments)
- Information about assets (savings, investments stocks, college savings plans)
- Drivers License number (parents & student)
- Dates of Birth (parents & student)
- Month and year of Marriage, separation, divorce etc.
- FSA ID (apply at least 3 days in advance at [www.fafsa.ed.gov](http://www.fafsa.ed.gov))
- List of colleges in which the student is applying

### **FAFSA Completion Seminar (For Parents & Students)** **Wednesday, October 23 & Wednesday, November 20** **ALL Lunch Periods in the College and Career Center**

A representative from the Illinois Student Assistance Commission will be available during all lunch periods to help students with their FAFSA Completion. No sign-up is required for this workshop. Students should plan on attending during their lunch period. Parents are welcome to join their student in this workshop.

*Students/parents should bring the following items to this workshop:*

- Social Security Numbers (parents & student)
- Records of Income (ie. Income tax return 2018, Child support payments)
- Information about assets (savings, investments stocks, college savings plans)
- Drivers License number (parents & student)
- Dates of Birth (parents & student)
- Month and year of Marriage, separation, divorce etc.
- FSA ID (apply at least 3 days in advance at [www.fafsa.ed.gov](http://www.fafsa.ed.gov))
- List of colleges in which the student is applying

### **Financial Planning Night** **Wednesday, November 6, 2019 -- 7:00pm**

Mr. Frank Palmasani will present in the **Performing Arts Center** on "Conquering the Challenges of College Costs." Parents of Freshman through Senior students will benefit from this presentation.

*More information on the Financial Aid process can be found at [www.studentaid.gov](http://www.studentaid.gov), and [www.isac.org](http://www.isac.org).*

## Release of Student Information

From time-to-time, military recruiters and postsecondary educational institutions request the names, telephone numbers and addresses of our high school students. The school must provide this information to the military unless the parent(s)/guardian(s) request that it not be disclosed without their prior written consent. If you do not want military recruiters or institutions of higher learning to be given your secondary school student's name, address and telephone number, please email or send a letter to inform the Director of Guidance, Mrs. Meredith Sheriff ([msheriff@d230.org](mailto:msheriff@d230.org)).

## State Testing

The Illinois State Board of Education and Illinois Legislatures have ruled that the SAT test will be used as a measure for college and career readiness as mandated by school code. In order to best prepare D230 students for the SAT test, the SAT suite of tests designed to measure a student's progress from an initial test in 8th grade to the culminating SAT will be used. On Wednesday, October 16, we will be administering the PSAT/National Merit Scholarship Qualifying test (NMSQT) to all juniors. This is a regularly scheduled day for all students and it is not a late start. Testing will begin promptly at 8:00. In addition, College Board has partnered with Khan Academy to deliver preparation materials. [Khanacademy.org](http://Khanacademy.org) has practice tests, practice sets, and the capability to build a personalized practice progression from PSAT results. Your son and or daughter will be linking their college board account to Khan academy to create this personalized practice in their advisory classes.

## What's on Your Mind...Notes from Sandburg Social Workers

During the month of October, in compliance with AnnMarie's Law, the school social workers and psychologist will provide presentations to all freshmen advisories on the topic of Mental Wellness and Suicide Prevention. Mental Wellness is the ability to cope with challenges and frustrations in a positive manner. The presentation gives students tips on how to improve their mental wellness, such as increasing their activity level, getting plenty of sleep, eating better and challenging their negative thoughts. The Jason Foundation ([www.jasonfoundation.com](http://www.jasonfoundation.com)) is instrumental in providing current information regarding youth suicide prevention. According to this site, each day in our nation, there is an average of over 3,041 attempts by those in grades 9-12. In Illinois alone, suicide is the #1 leading cause of deaths for those aged 10-14 and the third leading cause of death for those ages 15-24. On average, one person dies by suicide in the state of Illinois every 6 hours. (For additional information regarding suicide in the state of Illinois, please visit: <http://www.tmcsea.org/uploads/1/3/9/8/13988756/illinois-facts-2017.pdf>)

The freshmen class is presented with these statistics, the warning signs they may see in themselves and/or their friends, and how to respond. They are provided with resources for both the school and the community. This presentation is intended to raise awareness in regard to suicide prevention. If you have any concerns for your child or your child ever expresses suicide ideation, please seek professional help immediately. If you ever have questions regarding or your child's mental wellness, please contact your child's counselor/social worker. Referral information and community resources are available upon your request.

## Resource Centers

There are several resource centers at Sandburg that are here to help! Each center provides opportunities for students to receive assistance on their coursework and improve their content literacy skills. Students can “drop in” to the resource center of their choice any day of the week during their lunch or study hall period. Each resource center is staffed with teachers and student tutors to assist clients.

### Literacy Lab

The Literacy Lab is located in Room S237 and is designed to help with all issues related to literacy and English class: essay writing, thesis development, annotation strategies, reading comprehension, and presentation practice, to name a few. The Lab is a welcoming, collaborative place that aims to help students out and keep them coming back. In addition to providing daily assistance to students, the Sandburg Literacy Lab offers periodic workshops and special events on a variety of topics, including college essay writing, test preparation, and close reading skills. Our College Essay Boot Camp ran from September 30th – October 4th where students could confer with English teachers and admissions counselors on a draft of their college essay!



### Math

The Math Resource Center (MRC) at Sandburg offers students an opportunity for a quiet place to do math homework, study for an upcoming test, get assistance on understanding new math concepts, or even review the work you have done on previous quizzes or tests. The MRC, in Room C212, is staffed by trained Mu Alpha Theta (our Math Honors society) student tutors and a math teacher during all lunch periods (4, 5, and 6). Students are welcome to simply “drop in” during their lunch or study hall period to receive assistance. The Sandburg Math Resource Center welcomes all students and their Mathematics class needs!



### Social Studies

Staffed by Mr. Irvin, Ms. Simpson, and Mr. Drzonek, the Social Studies Resource Center (SSRC) provides students the opportunity to receive support in any of their social studies courses. The SSRC is open to all students during the three lunch periods and they are encouraged to drop in as needed (see schedule below). Students often receive help with social studies literacy skills such as writing argumentative essays and reading primary and secondary sources. Many freshmen and sophomore students work on writing and revising their DBQ essays while juniors in US History often work on their argumentative essays. Students in AP social studies classes also receive help with specific writing tasks and assessment reviews related to their AP class. The SSRC teachers welcome all students and work to support them with whatever academic needs they have. We are excited to continue seeing the progress made by students who come to the SSRC!

- 4th period      N119      Mr. Irvin
- 5th period      N201      Ms. Simpson
- 6th period      N119      Mr. Drzonek



### Science

The Science Resource Center serves students in multiple ways. The student who needs assistance with a scientific concept or particular assignment is welcome to drop in. The students who just want to review the material with peers to enhance their understanding are welcome to drop in. The students who are possibly not on track to pass their science class while certainly welcome to drop in, may be assigned to receive more intense assistance. Peer tutors are available to assist drop-ins while the faculty give more of their attention to the assigned students.



## Student Services Leadership Team

The Guidance Department is thrilled to introduce a new group of students who are leading the way with creating podcasts about college and career topics for the Sandburg community! We are super excited about this new group, and they have already recorded 3 podcasts with the University of Alabama, Arizona State University, and the University of Illinois Urbana-Champaign! Follow them on Twitter @SandburgSst. Podcasts will be posted on the Guidance website under "College Podcast Center."

### Team Members/Roles:

**Chief of Staff:** Ahmed Mahdi

**Executive Producer:** TJ Cosler

**Podcast Production Editor:** Hazim Zain-Edin

**Communications Directors (2):** Kathleen Kimmy & Stephanie Gaspardo

**Lead Podcast Hosts (4):** Leo Serdar, Sean Harlin, Thais Kolganov, Julia Canellis



## Happy Healthy, Almost Stress-Free College Planning & Success: For Parents and Students

with Harlan Cohen Monday, October 28, 2019 at 7:00 pm PAC

The Guidance Department is excited to welcome back Harlan Cohen to present to parents and students! College is a BIG change — it's a dramatic change with new challenges most students and parents never see coming. As a result, millions of students are struggling. New York Times bestselling author of the #1 book on college life, Harlan Cohen (*The Naked Roommate: And 107 Other Issues You Might Run Into in College* and *The Naked Roommate: For Parents Only!*) helps students and parents know what's coming and how to create the best college experience. Harlan exposes and explores the latest facts, stats, and strategies to guide high school and college students as they navigate all the changes ahead. He helps parents and grandparents know how they can be the best partners along the way. Harlan uses his trademark humor, personal anecdotes, and interactive style to engage audiences of all ages.

The poster features a blue background with a white cloud border at the bottom. At the top, it reads 'New York Times Bestselling Author Harlan Cohen presents:'. Below this is a circular portrait of Harlan Cohen. The main title 'HAPPY, HEALTHY, ALMOST STRESS-FREE COLLEGE PLANNING' is written in large, bold, yellow capital letters. To the right of the text is a stylized yellow and red rocket ship launching upwards. At the bottom, it says 'For Parents and Students COLLEGE LAUNCH EVENT' in white capital letters.

**Date:** October 28, 2019

**Time:** 7:00 PM

**Location:** Performing Arts Center

BROUGHT TO YOU BY:  
**College AVE**  
STUDENT LOANS

\*Participating schools do not endorse any third party products or services

## Red Ribbon Week -- October 28-November 1, 2019

Red Ribbon Week is a time for people and communities to unite and take a visible stand against drugs. Show your personal commitment to a drug-free lifestyle through the symbol of the Red Ribbon.

Red Ribbon Week was established as a tribute to a fallen hero, Drug Enforcement Agent Enrique Camarena. Agent Camarena was murdered by drug traffickers in 1985. As a DEA agent, Camarena believed that even one person can make a difference. In honor of Camarena's memory and his battle against illegal drugs, friends and neighbors began wearing red badges of satin. Since then, millions of parents and youth in communities across the country began wearing Red Ribbons as a symbol of their commitment to raise awareness of the destruction caused by drugs in America (National Family Partnership, 2019). By wearing a red ribbon during the last week in October, Americans demonstrate their opposition to drugs (SADD, 2019).

In support of Red Ribbon Week, Carl Sandburg High School will participate in many different fun activities during advisory and lunch hours the week of October 28th – November 1st. Show your support by wearing a Red Ribbon or a red bracelet that can be won at lunch!

Red Ribbon Week is hosted by SADD and the Student Assistance Coordinator.



## Operation Snowball Leadership Retreat — Fall 2019

**We invite students to register for our Operation Snowball Leadership Retreat to be held November 15, 2019 - November 17, 2019 at Camp Duncan in Ingleside, Illinois.** Operation Snowball

is a weekend that focuses on building skills for leadership development. Some of the topics discussed include communication skills, decision making, problem solving, peer pressure, coping with stress, alcohol, tobacco and other drugs (ATOD) information, relationships, positive mental attitude, and a healthy family. All of the above information is presented in large group "general sessions" or in smaller groups called "mini-workshops". After each general session and mini-workshop, participants meet in their "small group" to discuss the information and its implications on their own lives. The same small group meets throughout the weekend, and it is here that many thoughts and feelings are shared. Each small group is co-facilitated by trained teens with adult staff support.



Participants at Snowball will be housed in gender segregated, bunk-style cabins that include heat and carpeting. Six balanced meals will be served beginning with lunch on Friday. All participants will receive workshop materials, a T-shirt, and a group photograph. The cost for the Snowball weekend is \$140.00 (checks should be made payable to District 230 Operation Snowball). HOWEVER, participants have two options for paying the fee. They can pay the full \$140 fee OR participants can opt to fundraise for a portion of the fee. If a student chooses the fundraiser option, they will be responsible for selling a box of Charms Blow Pops (100 count box) and then pay \$100. Snowball applications must be turned in to the Guidance secretary by Friday, November 1st. Due to camp deadlines, no participant refunds can

be granted after November 1st. All students attending this Snowball Leadership Retreat will receive an excused field trip from school on Friday, November 15th (parents need not call to report their child's absence). A Snowball Family Day presentation will be held on Sunday, November 17th at Carl Sandburg High School upon picking your child up from the weekend retreat.

**Students are encouraged to pick up a Snowball registration packet, which contains more details regarding this retreat, in Guidance.**

**If you have any questions, please contact your Snowball Director:**

**Harmoni Vasich**  
 Carl Sandburg Snowball Director  
 708-671-3100 ext. 3283  
 hvasich@d230.org

**Jessica Kaffel**  
 District 230 Snowball Director  
 708-671-4119  
 jkaffel@d230.org



## CARL SANDBURG ATHLETIC BOOSTER CLUB

**\$10 FAMILY MEMBERSHIP FEE**

Family Name \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Father's Name \_\_\_\_\_ Mother's Name \_\_\_\_\_

Address \_\_\_\_\_ e-mail \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

STUDENT (S)

CLASS

SPORT

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I am interested in helping with:** \_\_\_ Sports Representative \_\_\_ Market Days \_\_\_ Phone Calls \_\_\_ Concessions

\_\_\_ Fund Raising \_\_\_ Solicitation for Ads in Winter/Fall Programs \_\_\_ Other ( \_\_\_\_\_ )

**CRAFT FAIR:** \_\_\_ Admissions \_\_\_ Concessions \_\_\_ Publicity \_\_\_ Other ( \_\_\_\_\_ )

## CARL SANDBURG MUSIC BOOSTER CLUB

**\$10 FAMILY MEMBERSHIP FEE**

Name \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_ e-mail \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Student's Name \_\_\_\_\_ Grade (circle): 9 10 11 12

Band / Concert Choir / Orchestra / Chorus / Swing Choir / Jazz Band / Flag Corps

**I am interested in helping with a committee:** \_\_\_ Telephoning \_\_\_ Craft Fair \_\_\_ Publicity \_\_\_ Tours

\_\_\_ Fundraising \_\_\_ Uniforms \_\_\_ Hospitality \_\_\_ Membership

\_\_\_ \$10 Membership paid

## PFSA MEMBERSHIP

**\$10 MEMBERSHIP FEE**

Parent Name(s) \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Email Address \_\_\_\_\_

FIRST NAME

LAST NAME

Student \_\_\_\_\_ Class 20 \_\_\_\_\_

Student \_\_\_\_\_ Class 20 \_\_\_\_\_

Student \_\_\_\_\_ Class 20 \_\_\_\_\_

I would like to volunteer (you will be contacted to confirm availability)

Membership Fee - **\$10**

Please make check payable to:

**PFSA**

## Health Office News

### WHAT YOU CAN DO TO AVOID INFLUENZA

#### AVOID CLOSE CONTACT

Avoid close contact with people who are sick. When you are sick, avoid contact with others to protect them from getting sick.

#### STAY HOME WHEN YOU ARE SICK

Stay home from work, school, or daycare when you are sick. You will help others from catching your illness.

#### COVER YOUR MOUTH AND NOSE

Use a tissue to cover your mouth and nose when coughing or sneezing, it will help to prevent others from getting sick.

#### WASH YOUR HANDS

Washing your hands often will help protect you from germs.

#### AVOID TOUCHING YOUR EYES, NOSE OR MOUTH

Germs are often spread when a person touches things that are contaminated with germs and then you touch your eyes, nose or mouth.

#### Other ways to stay healthy during flu season and all year round:

- ✓ Get plenty of sleep
- ✓ Exercise regularly
- ✓ Manage your stress level
- ✓ Drink plenty of fluids
- ✓ Eat healthful foods

*These guidelines are recommended by the Center for Disease Control and Prevention.*

### MEDICATIONS AT SCHOOL

If your student takes medication at school daily, or on an as needed basis, please remember to send in a new Medication Form. This form needs to be updated each school year for your student to continue receiving his/her medication..



### ORLAND TOWNSHIP FLU SHOTS

Orland Township will be offering flu shots to residents on Mondays and Wednesdays during October (except October 14th) and November (ends November 13th) from 3-6 pm.

**No appointment is necessary.**

Please call 403-4222 or visit [www.orlandtownship.org](http://www.orlandtownship.org) for further information.

## Sandburg Anonymous Tip Line Number: (708) 671-3100 x3222

If you have questions, concerns or would like resources please contact Jessica Kaffel at [jkaffel@d230.org](mailto:jkaffel@d230.org) or 708-671-4119, Rm C125 in Guidance.

## Deans' Office

### Student Drop-Off and Pick-Up/Parking

Please observe proper drop-off and pick-up procedures. Student drop-off is located in the north parking lot. Please do not drop students off in the right-of-way on LaGrange Road or 131st

Street. Please do not park in the lots of businesses around campus. For all parking inquiries, contact Mr. Donovan at 708-671-3192

### Campus Safety

Students have been reminded that campus safety is everyone's responsibility. Before school hours, students are to enter through doors E2, W8 or E11. Students should never open any doors to the school for anyone at any time. Students should report unsafe conditions or suspicious people immediately to the Deans' Office. To

leave an anonymous tip, students or their parents can call the CSHS Anonymous Tip Line at 708-671-3100, ext. 3222.

Thanks to our good neighbors at Peace Memorial Church in Palos Park for providing a location for overflow parking during large events at Carl Sandburg High School.

### Cell Phone/Electronic Device Policy

- During school hours, students may use personal devices in the common areas including lunch rooms, Commons, hallways, Media Centers and mezzanines.
- Ear buds are permitted with volume inaudible for others and must be used when listening to music or recordings on cell phones or electronic devices.
- Personal electronic devices must be off and out of sight in classrooms during school hours.
- Over-the-ear headphones, i.e. Beats and Bluetooth speakers; are prohibited.
- Devices must be off and out of sight in locker rooms, washrooms and detention areas.
- At the discretion of the teacher, students may use personal devices in classrooms, Media Centers, and computer labs.

## ATHLETIC BOOSTERS

Welcome to the fall athletic season of 2019. For over 50 years, Carl Sandburg Sports has an ongoing tradition of excellence. The school continues to produce elite athletes who put sportsmanship, teamwork and dedication at the top. The coaches and administrators are very proud of our kids as you should be too. The athlete's hard work and devotion to their team will be seen on and off the field.

The Athletic Booster Club helps supplement the budget of the Athletic Department through fundraising efforts and assist in the purchasing of many accessories, which are not part of the budget. We need your help as volunteers to accomplish this objective. We appreciate the countless hours the parents of Carl Sandburg High School donate to the Booster Club and the kids. Without your help, the task would be impossible.

We have many fundraising opportunities for you to consider, concessions, craft show, helping your respective team sell ad books or assisting your sports rep in our membership drive. Through your efforts, we again can make this a year to remember, in the ongoing tradition of Carl Sandburg High School Athletics.

Whether this fall you are at a boys / girls cross-country meet, watching a girls volleyball game, attending a football game, viewing a soccer game, observing a girls tennis match, cheering alongside our cheerleaders and pom-poms, at a boys / girls golf match, at the pool watching our girls swim, or supporting our trainers, you will know for over 50 years this team(s) are rich in tradition and excellence due to all the hard work of the athlete, coach, administrator and the parents!



# FALL CRAFT SHOW

## November 23 and 24

## MUSIC BOOSTERS

The Marching Eagles are having a great season. If you haven't seen the Marching Eagles Competition Marching Band they still have performances this month: October 20th at Sandwich, and they close the 2019 competition season with a performance at University of Illinois Memorial Stadium on Saturday, October 26th. There will be an Instant Replay Show at Sandburg on Wednesday, October 30, 2018.

Once again Sandburg hosted the Illinois Music Education Association (ILMEA) District 1 Senior auditions on Tuesday October 1, 2018. These auditions bring over a 1,000 music students from more than ninety high schools throughout the Chicagoland area to Sandburg for one day of ILMEA auditions.

All our music programs are in full swing preparing for the Fall Concert season. Please plan on joining our talented music students in the Performing Art Center for evenings of fantastic music. Mark your calendars: Choir Concert on October 22nd and Orchestra Concert on October 24th. All concerts begin at 7:00 pm.

Reminder, there are three requirements to be eligible for the senior and camp scholarships next spring. First, is membership in the Music Boosters, the fee is \$10 per family. Second, is the mandatory World's Finest Chocolate fundraiser. Finally, the third is to volunteer for a music event.

Please email [cshsmusicboosters@gmail.com](mailto:cshsmusicboosters@gmail.com) at any time with questions. See you at the Music Booster meeting on Monday, October 21, 2019 at 7:00 pm in Room E113-115

## PFSA

### SPIRIT WEAR

#### REMINDER – NEW SPIRITWEAR

#### LOCATED IN OUR ONLINE SPIRITWEAR

**STORE!** Store will close at the end of October. Make sure you make your holiday purchases now! We will not have another store until early 2020. A special thanks to all the volunteers who helped with the Fall Spirit Wear sales. Whether it was homecoming lunches or Parent-Teacher Conferences..... **THANK YOU!** The donation of your time is truly appreciated and we could not do it without our volunteers! And a **BIG** thank you for all of your purchases. Any questions regarding spirit wear should be emailed to Christy and Janet at [spiritwear@sandburgpfsa.org](mailto:spiritwear@sandburgpfsa.org).

### VOLUNTEERS

Thank you to all our members who ran the Homecoming Coat Check! Thanks for giving up your Saturday night to help the evening run smoothly. Next opportunity will be Turnabout so consider helping us out. More details will be sent closer to the date of the dance.

### MEMBERSHIP

Thank you to the many families who have

joined our organization this year. Your continued support allows us to award senior scholarships and to contribute to a variety of Sandburg clubs and activities. In order for your student to qualify for a Senior Scholarship, your family must become a member of the PFSA every year your son or daughter attends Sandburg. Membership can be paid online by "adding a fee" in Skyward. Annual membership dues are \$10 per family, with a deadline of March 1, 2020. If you are unsure if you have already joined or need a membership form, please email [info@sandburgpfsa.org](mailto:info@sandburgpfsa.org) and we will verify.

### PFSA BOARD MEMBERS:

We are still in need of someone to step up as President and President Elect for two year terms. Please contact Brigid Carey if you are interested! We are always looking for more help so please contact us if interested. Spiritwear chair is also open. Now is a great time to shadow a current member so you can be prepared for next year. We would love to have you. It is both fun and rewarding to be a part of your student's high school experience. Please feel free to share any ideas, questions, or comments directly

with our officers. Their email addresses are: [president@SandburgPFSA.org](mailto:president@SandburgPFSA.org) (Brigid Carey), [treasurer@SandburgPFSA.org](mailto:treasurer@SandburgPFSA.org) (Natalie Dudek), and [secretary@SandburgPFSA.org](mailto:secretary@SandburgPFSA.org) (Janet MacInnis).

### MEETING DATES

Our next meeting will be held on Monday, November 11th at 7:00 pm. Please join us in the Community Room. The remaining 2019-20 Meeting dates are: January 7, March 10, and May 5. We are always looking for input and volunteers so please consider attending. It's a great way to keep up on what's going on at Sandburg. We look forward to seeing you there!

### CONNECT WITH PFSA...

PFSA is sharing happenings from our Sandburg community. "Like" us - Facebook [com/sandburgpfsa](https://www.facebook.com/sandburgpfsa) and "Follow" us on twitter - [@SandburgPFSA](https://twitter.com/SandburgPFSA). If you are a PFSA Member and have not been receiving emails from the PFSA and would like to do so, please email your contact information to [info@sandburgpfsa.org](mailto:info@sandburgpfsa.org). Don't miss out on information, take time to get connected.



# CARL SANDBURG HIGH SCHOOL

13300 S. LaGrange Road  
Orland Park, IL 60462  
(708) 671-3100  
<http://sandburg.d230.org>

PRESORTED  
STANDARD  
U.S. POSTAGE  
PAID  
PERMIT NO. 11  
ORLAND PARK

## WHAT'S AHEAD AT SANDBURG October 2019



### Columbus Day - No School

Monday, October 14th

### Parent Teacher Conferences

Tuesday, October 15th, 12:00 - 7:00 pm

### IMPORTANT DATES

Wednesday, October 16th - PSAT/NMSQT - 8:00 am (No Late Start)

Thursday - Saturday, October 17th - 19th, Fall Play - "26 Pebbles" - 7:00 pm PAC

Monday, October 21st - Mu Alpha Theta Inductions - 7:00 pm PAC

Tuesday, October 22nd - Choir Concert - 7:00 pm PAC

Wednesday, October 23rd - Class of 2024 Open House - 7:00 pm

Thursday, October 24th - Orchestra Concert - 7:00 pm PAC

Tuesday, October 29th - NHS Inductions - 7:00 pm PAC

Friday, October 25th - Sandburg Showcase (8th Grade Visits) - 8:30 am

Wednesday, October 30th - Instant Replay Performance - 7:30 pm Eagle Gym

[Event Calendar Link](#)

### GUIDANCE RESOURCES

FAFSA on the Web Opens - October 1st

Financial Aid Night - Wednesday, November 6th, 7:00 pm PAC

[Guidance Link](#)

### RESOURCES

College Board (AP Testing Info) - [AP College Board](#)

Free College Planning Resource - [Financial Fit Link](#)

### SANDBURG LINKS

[Athletics](#)

[Guidance](#)

[Sandburg Website](#)

[Sandburg Facebook](#)

[Sandburg Twitter](#)

[Event Calendar Link](#)

\*Live links found at [Sandburg.d230.org](http://Sandburg.d230.org)

