

47 Great Paleo Drinks Recipes

<https://paleoflourish.com/50-great-paleo-drinks-recipes>

This list contains the links to the recipes on the internet. We cannot write out the full recipes because they're not all our own recipes. We've indicated ingredients that each recipe contains so you know before clicking on the link if it'll work for you.

Paleo Drink Recipes - Coffees and Cocoas

[Healthy Pumpkin Coconut Latte](#)

This Paleo latte is perfect for the holiday season with its use of thick pumpkin puree and delicious wintry spices like vanilla, cinnamon and nutmeg. Maple syrup acts as a sweetener and the way Kristen makes a shredded coconut rim around the cup makes an amazing presentation!

[Peppermint Drinking Chocolate](#)

This cocoa recipe sets itself apart because it uses almond milk (most of the others use coconut milk which, drinking an entire glass, seems a little heavy for me). I personally love all things peppermint but if it's not to your liking you can use the other ingredients as a base and customize it with another extract or flavor enhancer!

Our Paleo Coffee Recipes

Here are some great Paleo coffee recipes from our own site!

[Paleo Pumpkin Spice Latte](#)

[The Ultimate Paleo Coffee](#)

More Great Paleo Coffee and Hot Cocoas

[1. Holiday Lattes](#)

[2. Japanese Coffee Jelly Drink](#)

[3. Paleo Hot Chocolate](#)

Paleo Drink Recipes - Hot and Iced Teas

[Cranberry Spice Tea](#)

This tea is AMAZING! The base is Rooibos, a popular red tea from South Africa – if you've never tried it, I highly recommend you do. Then, frozen cherries and goji berries are used to add some natural sweetness and tang. Cinnamon, lemon and ginger round out the healing properties of this amazing tea blend and a bit of honey is used as a sweetener but I might try it plain first as I usually like herbal and fruit teas just as they are. Instructions are provided for both stovetop and slow cooker preparation.

[Iced Green Tea Mojito](#)

This 'mocktail' is not only refreshing and tasty, but is also touted as a great digestive aid and liver detox. Kelly breaks down the nutritional aspects and health benefits of each of the ingredients and also includes some links to find her favorite brands of green tea to use for the recipe.

Our Paleo Tea Recipes

[Ginger Basil Tea](#)

[Apple Tea](#)

[Coconut Masala Chai Tea](#)

More Great Paleo Hot Tea and Iced Tea Recipes

[1. Kim's "Cold and Flu" Tea](#)

[2. Honey Citrus Tea Concentrate](#)

[3. Fresh Ginger Mint Iced Tea](#)

Paleo Drink Recipes - Infused Waters and Spritzers

[Sparkling Watermelon Cooler](#)

This spritzzy infusion can be made to have more of a slushy texture if you opt to crush the ice. It sounds delicious even without the added sweetener, so try it first without and if you want it sweeter, remember to keep it Paleo with honey or maple syrup!

[Homemade Sparkling Ginger-Peach Spritzer](#)

The honey and ginger remind me of a yummy herbal tea, but this is even better! It's a sparkly peach drink with a dash of lime as well. Perfect for when peaches get back in season (how I miss them!).

[Grapefruit Cucumber Parsley Vitamin water](#)

If you've been swept up in the Vitamin Water craze, you need to check out this amazing homemade recipe! It is packed with vitamins and has amazing cleansing properties; not to mention that it is the perfect refresher for a hot day (or just a tired afternoon).

Our Paleo Infused Waters and Spritzers Recipes

[Zingy Salted Lime Soda](#)

[Cucumber Lime Water](#)

[Soda with Cucumber Basil Ice Cubes](#)

More Paleo Infused Waters and Spritzers Recipes

[1. Coconut Water Kefir](#)

[2. Orange & Vanilla Infused Water](#)

[3. Strawberry Spritzer](#)

[4. Cantaloupe Mint Agua Fresca](#)

Top Paleo Juices and Juice Blends

[Prickly Pear Limeade](#)

I love this prickly pear because it was one of the first false cognates I learned when I studied Spanish. We learned that tuna is "atún" and "tuna" in Spanish really means this prickly pear! But I digress... If you can get your hands on this yummy and exotic cactus fruit, try this great limeade recipe (which I recommend testing first without the sweetener to see if it's sweet enough for you.) Just don't call it a tuna limeade! Ha!

Paleo Drink Recipes - Juices and Juice Blends

[1. Easy Detox Mocktail](#)

[2. Simple Tomato Juice](#)

[3. Oahu Frappe \(“Pineapple Slush”\)](#)

[4. Skin Smoothing Carrot Apple Ginger Juice](#)

[5. Red Raspberry Rhubarb Limeade](#)

[6. Cranberry Apple Detox Juice](#)

[7. Red Roots Detox and Orange Anti-Inflammatory Juices](#)

Paleo Drink Recipes - Smoothies

Our Paleo Smoothie Recipes

[Refreshing Cucumber Celery Lime Smoothie](#)

[Paleo Coconut Water Green Smoothie Recipe](#)

[Almond Butter Chocolate Shake](#)

[Greek Yogurt Raspberry Paleo Smoothie \(Contains Dairy - Primal Only\)](#)

[Chocolate Avocado Paleo Smoothie](#)

More Delicious Paleo Smoothies and Milkshakes

[1. Drink Your Greens Smoothie](#)

[2. Creamy Orange Julius \(Dairy-Free, Gluten-Free\)](#)

[3. Kiwi + Matcha Green Smoothie](#)

[4. Kanji \(Indian Probiotic Drink\)](#)

[5. Green Pina Colada Smoothie](#)

[6. Salted Chocolate Smoothie](#)

7. Super Green Apple Juice

8. Carrot Cake Shake

9. Chocolate Bacon Smoothie