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### **Verbs of movement**

Look at the verbs of movement in your dictionary: why not try the *Longman Active Study Dictionary*?

#### A Look at the words in the box. Copy the words in the correct lists.

pick up	put down	lift	carry	hold	stretch	bend	squat
kneel	hop	skip	jump	lean	crouch	drag	push
pull	drop	climb	fall	jog	walk	march	sit
crawl	tiptoe	run	throw	kick	hit	punch	catch

Movements with	hands and arms
ca*ch	
p***h	
hi*	
*hr*w	
dr*p	
p**k up	
pu* d*wn	
ca**y	
h*ld	
lif*	

Movements wi	th the legs and feet
squa*	
**eel	
h*p	
sk**	
j**p	
j*g	
w**k	
mar**	
*ip**e	

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r**	

Movements	with the whole body
s*re*ch	
b**d	
le**	
d**g	
**sh	
pu**	
****b	
f*II	
si*	
c***I	

#### B Now use verbs from the box in these sentences.

1.	I'll the ball and you it. (thr**   ca***)
2.	I want to like a soldier. (ma***)
3.	your glass and drink the milk. (pi** **)
4.	This cupboard is very heavy. You and I'll (p**h   p**l)
5.	You can the baby. Don't him! (h**d   dr**)
6.	up and make yourself very tall. (s**e**)
7.	up the tree and get the apples. Be careful! Don't! (****b   **ll)
8.	Don't in the school corridors ! (**n   ***k)
9.	I can't my bag. It's so heavy. I can't even it. (c***y   l**t )
10	.My baby brother can't but he can very fast! (w*l*   c***l)

