

GERMAN CANCER BREAKTHROUGH

**Your Guide to Top German
Alternative Clinics**

**Germany's cancer doctors
lead the world — and Americans
“in the know” go there to get well!**

By Andrew Scholberg

German Cancer Breakthrough

Your Guide to Top German Alternative Clinics

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By reading this special report you are demonstrating an interest in maintaining good and vigorous health.

This report suggests ways you can do that, but – as with anything in medicine – there are no guarantees.

You must check with private, professional medical advisors to assess whether the suggestions in this report are appropriate for you. And please note, the contents of this report may be considered controversial by the medical community at large.

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Every reader who wishes to begin any dietary, drug, exercise or other lifestyle changes intended to treat a specific disease or health condition should first get the advice of a qualified health care professional.

No alternative OR mainstream cancer treatment can boast a one hundred percent record of success. Far from it. There is ALWAYS some risk involved in any cancer treatment. The author, editors, and publishers of this report are not responsible for any adverse effects or results from the use of any of the suggestions, preparations or procedures described in this report. As with any medical treatment, results of the treatments described in this report will vary from one person to another.

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The author reports here the results of a vast array of treatments and research as well as the personal experiences of individual patients, healthcare professionals and caregivers. In most cases the author was not present himself to witness the events described but relied in good faith on the accounts of the people who were.

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Chapter One

Germany may offer the world's best cancer cure

As the late best-selling author, physician, and medical maverick Dr. Robert Atkins, M.D., once said:

“There is not one, but many cures for cancer available. But they are all being systematically suppressed by the American Cancer Society, the National Cancer Institute, and the major oncology centers. They have too much of an interest in the status quo.”

Well, there you have it. Cures for cancer are available, but you don't know about them because too much money is at stake for those who want to keep the status quo. They want you to submit to the old-fashioned, harsh and obsolete cancer treatment methods.

It's a shame that effective cancer cures are so hard to find in America. But there's no conspiracy to suppress these cancer cures in Germany. German doctors routinely use these cures to help “terminal” cancer patients get rid of their cancer – including American patients who fly to Germany for treatment.

We Americans pride ourselves on being Number One. After all, we're the last remaining world superpower. We have the world's richest economy. We win the most gold medals at the Olympics. We have the only space program that has actually put men on the moon, not just once but six times.

And we have the world-famous Mayo Clinic and other top-notch medical centers. Many would say we have the best health care *in the world*.

Why, then, are so many Americans from all walks of life – from movie stars to people who can't afford health insurance – going to Germany

for cancer treatment and for other medical care?

Before I answer that question, let me give you the names of some celebrities who've benefited from German therapies:

- Ronald Reagan
- Liz Taylor
- Cher
- Suzanne Somers
- Roy of “Siegfried and Roy”
- Jack Cassidy (the bass player from the Jefferson Airplane rock group)
- George Hamilton
- Red Buttons and his wife Alicia

You've probably seen the late comedian and actor Red Buttons in many movies over the years: “The Poseidon Adventure,” “The Longest Day,” “Alice in Wonderland,” etc. When Red's wife Alicia was diagnosed with cancer in 1972, her American doctors gave her terrible news. She had an advanced case of one of the most dreaded cancers: oral pharyngeal cancer.

“Hopeless” patient lives 29 more years

Surgery for this kind of cancer can leave the patient with a disfigured face. For example, the famous film critic Roger Ebert came down with oral cancer, and his American doctors performed drastic surgery on him. Sadly, the surgery has left him severely disfigured.

The doctors told Alicia Buttons that her cancer was hopeless and terminal. They said, “With luck, you might be able to live a year.”

But Red and his wife didn't take that American doctor's death sentence as the gospel truth. Instead, Red took his wife to Germany for mild, gentle alternative treatments that are non-toxic. And she lived for 29 more years.

I'm sure you heard about what happened to Roy Horn of "Siegfried and Roy" on October 3, 2003. Apparently Roy stumbled or had some kind of seizure on stage. The white tiger, which loved Roy as his master, tried to come to his master's aid. And so the tiger picked Roy up by the neck as a mother cat picks up her kittens.

But people don't have the same kind of loose skin in the back of the neck that all cats do. So this bite caused severe damage.

Many people believed Roy's career was over. He was making hardly any improvement in American hospitals. So in June, 2005, he went to a clinic in Germany for alternative treatments. By May, 2007, Roy was testing out his new Mercedes at Little Bavaria. He announced to the public, "Look at me now – I am back, better than ever."

Following the devastating tiger attack, who would have ever thought that Roy would be back "better than ever" – in his own words?

Suzanne Somers chooses little-known German therapy

In 2001, actress Suzanne Somers got breast cancer at age 54, and she had surgery and radiation. Her American doctors strongly recommended that she follow up these treatments with chemo. They were aghast when Suzanne said no to their chemo and instead used mistletoe injections – a German therapy. The German therapy was successful.

All the top cancer doctors in Germany use mistletoe therapy to boost their patients' immune systems.

J. Lo helped her aunt whip cancer in Germany

When Jennifer Lopez's aunt was losing her battle against ovarian cancer in a New York hospital, J. Lo paid for her treatment at one of Germany's finest cancer clinics. The aunt thanked J. Lo for helping her get "the best treatment possible" and described her experience at the clinic as "enlightening."

The treatments the aunt received in Germany were mild and healing. They weren't grueling and harsh like the American-style treatments that cause side effects such as baldness, nausea and violent retching, and loss of skin color.

And the popular singer Cher of "Sonny & Cher" fame regularly goes to a German clinic for health tune-ups.

The brazen hypocrisy of the American cancer establishment

Let me tell you something you may find odd. Executives at organizations such as the American Cancer Society and agencies such as the U.S. Food and Drug Administration (FDA) strongly recommend that *you* undergo the traditional American treatment when *you* get cancer. So you'd think they'd practice what they preach when *they* get cancer, right?

Well, you're in for a surprise.

Back in 1987 a man named Jeff Harsh, who was working on a video documentary, interviewed one of Germany's top cancer physicians, Dr. Hans Nieper, M.D. (1928-1998). Dr. Nieper helped his patients get rid of cancer by using alternative methods the FDA forbids in America. One of Dr. Nieper's forbidden methods was the natural substance called laetrile, which is derived from apricot seeds.

In the interview, Dr. Nieper said, "President Reagan is a very nice man," having treated him for cancer in July of 1983.

Dr. Neiper added, “You wouldn’t believe how many FDA officials or relatives or acquaintances of FDA officials come to see me as patients in Hanover. You wouldn’t believe this – or directors of the American Medical Association (AMA), or American Cancer Society (ACS), or the presidents of orthodox cancer institutes. That’s the fact.”

Well, there you have it. The wealthy executives who run the ACS, the FDA, and the AMA beat the drum for American-style cancer treatments that they recommend for *you* and your loved ones. But when *they* get cancer, well, that’s different: many of them head for Germany.

But it’s not just the rich and famous who go to Germany for medical treatment. You’ll be shocked at how affordable the German clinics are compared to the sky-high prices American hospitals charge. Even some Americans who can’t afford medical insurance find they can afford *German* medical treatment.

Why do Americans from all walks of life go to Germany for medical treatment? Well, there are at least three reasons:

Reason Number One: American doctors say, “Nothing more can be done” – but German doctors offer a ray of hope

Probably the most common reason so many American cancer patients choose Germany is because their American doctors have told them, “Nothing more can be done. You have no hope. You have only three months to live.”

American doctors are dead wrong to tell their patients, “Nothing more can be done.” Instead, they should say, “We don’t know of anything more that can be done.” Doctors in Germany know more than a dozen other therapies that can be done. And the good news is that these German therapies are effective and non-toxic. What’s more, they’re amazingly inexpensive by comparison to American treatments.

Here’s a partial list of some of the best therapies that patients can use:

- Hyperthermia
- Insulin potentiation therapy (IPT)
- Mistletoe therapy
- Fever therapy
- Vitamin C and selenium by IV drip
- Ozone therapy
- Oxygen therapy
- Magnetic-field therapy
- Homeopathic therapy
- Detoxification therapy
- Colonic hydrotherapy
- Enzyme therapy
- Nutritional support
- Counseling
- Spiritual support

German doctors have found that a combination of these therapies can work – even when some other doctor has written off the patient as “hopeless.” And the many American patients who’ve gotten rid of their cancer in Germany will attest to that.

In stark contrast to the repressive situation in the USA, all these advanced therapies have the approval of Germany’s health ministry, and the German government has licensed the clinics.

In this book, I will describe the German therapies as best I can. But I’m a layman, not a doctor, and so my ability to describe the technical aspects of the treatments is limited. If you’re looking for scholarly, technical explanations, I’ll give you some references you can look up in medical libraries or on the Internet.

Unfortunately, the typical American doctor only learns one approach to cancer treatment in medical school: the “cut-burn-poison” approach. The American method of treating cancer focuses on surgery, radiation, and chemotherapy while ignoring natural therapies.

Let me be crystal clear about this: American doctors are not evil. They're not deliberately concealing vital information from their cancer patients. Most American doctors just don't know about alternative therapies. They apply what they learned in medical school. They assume that what they learned about cancer in medical school is all there is to know about it.

Wrong!

Patients shouldn't die from their *treatments!*

Tragically, American medicine has an abysmal record in treating cancer. Despite what you hear about progress and "new discoveries," American cancer treatment today isn't much different than the cut-burn-poison treatments of 50 years ago. And the worst part of these treatments is that they're often as hard on the patient as they are on the cancer. Yes, the radiation and chemo sometimes kill off the cancer cells, but the same radiation and chemo often destroys the patient's immune system, causing his or her death.

American doctors might triumphantly declare, "We killed the cancer!" But what does that matter if the patient died from the toxic treatments?

Fortunately, the word is starting to reach many Americans that German doctors have achieved a real breakthrough in cancer treatment.

Should anyone be surprised that the Germans are arguably the finest cancer doctors in the world?

Let's face it: The Germans are noted for spectacular achievements. It was German rocket scientists in Russia who launched Sputnik, which inaugurated the space age. It was German rocket scientists in America who were essential to putting men on the moon.

Germans have made countless scientific and technical breakthroughs. Here are just a few:

- In 1714 Daniel Gabriel Fahrenheit invented the mercury thermometer.
- In 1885 Karl Benz (of Mercedes-Benz fame) built the first practical car run by internal combustion, and Gottlieb Daimler invented his landmark gasoline engine.
- Rudolf Diesel invented the engine named for him
- In 1899 Felix Hoffman was the first to synthesize a medically useful form of aspirin. Bayer, a German company, manufactured Hoffman's new product.
- In 1916 Albert Einstein announced his general theory of relativity

Today the Germans make some of the world's finest cars and the finest optical products. In fact, Germany is still a top exporter of high-quality manufactured products while the United States, sadly, has slipped behind.

Is it any wonder that in cancer treatment, German doctors leave most American cancer doctors in the dust?

Reason Number Two: It costs \$850,000 to *die* of cancer in America!

Surprisingly, the second reason Americans go to Germany for cancer treatment is because some people can't afford the American cancer treatments. It can easily cost \$850,000 to die of cancer in the USA. By contrast, an American cancer patient can go to Germany for a three-week course of treatment for the price of a Honda Accord.

What if someone can't afford health insurance? How could he or she possibly afford a six-figure medical bill? Who has hundreds of thousands of dollars just sitting in their bank account? Not many.

We met Franko, a patient from Key West, Florida, who had no health insurance and therefore was at a Bavarian cancer clinic for treatment. He also happens to prefer the mild

but effective German-style cancer treatments.

Franko believes the cost of his cancer treatment in Germany is worth it. He told us, “Is your life worth a new Honda?”

Reason Number Three: Kinder, gentler, more effective cancer treatments

The third reason Americans go to Germany for cancer treatment is because they prefer the mild but effective treatments available there. The German cancer doctors I interviewed avoid surgery and radiation. And *if* they give any chemotherapy, it’s a fraction of the dose American doctors give.

In this book I’m going to take you on a virtual tour of the most outstanding cancer treatment centers in Germany and Switzerland. You’ll learn all about the German-style cancer treatments, and you’ll meet some of the most brilliant minds in medicine: doctors who routinely save the lives of cancer patients whom American doctors have declared “hopeless” and “terminal.”

You’ll also meet American patients as well as some English-speaking foreign patients. Each of them has a unique story, and I’m eager to tell you these stories.

We visited one clinic in Munich that we can’t recommend for Americans because the personnel in that clinic don’t speak English fluently. The Munich clinic is set up for the local cancer patients. Americans and others who don’t speak German would feel out of place in that clinic.

One of the things that surprised us is that none of the clinics looked or smelled like a hospital. Rather, the atmosphere was cheerful, friendly, and warm. The German clinics seemed more like hotels or bed & breakfasts. Patients wear their own clothes at the German clinics – not those flimsy hospital gowns that leave your backside exposed.

We found out “Bad” is good!

On my most recent tour of the cancer clinics in German-speaking lands, I was accompanied by my publisher, Lee Euler, and another long-time colleague, Ric McConnell. We started our tour in the Frankfurt area, where we visited outstanding clinics in Bad Mergentheim, Nidda, and Bad Bergzabern. Then we visited a wonderful new clinic in Germany’s fabled Black Forest.

Before visiting the clinics near Munich, we visited two of Switzerland’s top clinics. In the Munich area we found excellent clinics in the Bavarian Alps in Bad Aibling and Brannenburg.

You may be wondering why some of these towns begin with the word “Bad.” It doesn’t mean that these towns are “bad.” On the contrary; they’re wonderful. The German word “Bad” (pronounced “Bod”) means bath. In other words, these are spa towns. Each town has mineralized springs that are said to be healing and curative. Health seekers have sought out these springs for centuries – going back to Roman times.

I’ll tell you what you need to know about each clinic – treatments, costs, and practical considerations – as well as the contact information.

You can benefit from German therapies in the comfort of your home

Perhaps the most important chapter in this book is the one entitled “Cancer Dilemma: Do you swat mosquitoes or drain the swamp?” In other words, do you just treat the symptoms of cancer, or do you get at the root of the problem so it doesn’t come back?

Let’s say you’ve gone to one of the German clinics we recommend, and you’ve gotten rid of your cancer. You’ve come home cancer free. Now what?

Although I'm not a doctor, I've visited over two dozen of the top alternative cancer clinics in the United States, Mexico, Germany, and Switzerland. I've interviewed the doctors at these clinics. I've interviewed their patients. In short, I've seen what works and what doesn't when it comes to cancer.

To put the odds in your favor, you need to make permanent lifestyle changes. You don't want to spend the rest of your life returning to doctors each time cancer returns. That's like "swatting mosquitoes." Rather, the goal is to get rid of cancer *for good*. And to accomplish that goal, you have to "drain the swamp." That requires permanent changes in your life.

Dietary changes are especially important. The typical American diet, which is high in both sugar and red meat, will likely cause the cancer to return with a vengeance. I'll describe an eating plan you can use for the rest of your life that's tasty and nourishing but unfriendly and unwelcoming toward cancer.

If excess stress has caused or contributed to your cancer, you need to learn how to manage the stress so it doesn't tear down your immune system.

A regular program of detoxification is essential, too. All the German clinics we visited understand the importance of colonic hydrotherapy, something you can do in the privacy of your home. Or if you prefer, you can pay for the services of a professional colonic hydrotherapist here in America.

And you don't have to go to Germany to get magnetic field treatment, which wakes up your immune system and tells it to get busy. You can own the very same sophisticated magnetic field machine the German cancer clinics use. It costs about as much as a 15-year-old car with high miles.

The German cancer clinics put their patients on the magnetic-field therapy machine *every day* for 15 minutes because it's such an effective immune system booster. Why should this amazing therapy stop when you come home

from Germany? It doesn't have to.

We recommend, however, that you seek the advice of a competent medical authority before using magnetic field therapy or any of the other therapies mentioned in this book.

Intravenous vitamin C therapy can also continue at home, and I'll tell you how to find a doctor willing to give you this therapy. A man from Oklahoma who got rid of a nasty form of brain cancer in Germany over nine years ago gets IV vitamin C therapy once a month right here in America. If this therapy has helped him keep cancer at bay, it could help you, too.

After all, the goal isn't just to get rid of cancer but to keep it away *for good*.

Chapter Two

Hufeland Klinik in Bad Mergentheim

“There’s some kind of energy in this place that’s extremely healing,” raved one satisfied patient

Part I: The 2007 visit

The world-famous Hufeland Klinik is located in the charming city of Bad Mergentheim, which is known for its historic cityscape, the healing waters of its naturally mineralized springs, and its enchanting views of the surrounding countryside.

The first thing that hits you when you walk into the Hufeland Klinik is that it doesn’t look or smell at all like a hospital. Rather, the atmosphere is warm and welcoming. In a typical month, the clinic treats two American patients. Last year, patients came from 34 countries, including Poland, Saudi Arabia, Malaysia, and many more. And unlike some clinics, Hufeland accepts children as patients.

A different approach to both disease and healing

Let me summarize the *German* approach to healing cancer. It’s really the *patient* who turns his cancer around because healing is a mysterious power that comes from *within* the patient. The Hufeland Klinik offers some of the most effective therapies known to man, but the patient must awaken his or her inner healing powers so the therapies will really kick in and wipe the cancer out.

The doctor serves as the patient’s guide and companion, walking side-by-side with the patient toward better health. This approach is the polar opposite of what American patients are used to. To turn cancer around, it’s necessary to engage the patient’s psychological, mental,

and spiritual resources. And that’s why this clinic applies the breakthrough counseling techniques of the great American pioneer, O. Carl Simonton, M.D. Ironically, Germany’s finest doctors have latched onto Dr. Simonton’s life-saving techniques, while American doctors largely ignore them.

In fact, I interviewed the late Dr. Simonton by phone from his home and included a chapter about him in my new book *Cancer Breakthrough USA! A Guide to Outstanding Alternative Clinics*. You can get more information about this book from the website www.cancerbreakthroughusa.com.

The doctors at Hufeland believe patients set themselves up for cancer by having a lot of stress and eating a poor diet. Conversely, the way to get rid of cancer is to reduce stress by learning how to manage it, and to eat nutritious organic food along with effective nutritional supplements. The Hufeland Klinik makes sure each patient is educated about nutrition and stress management.

How counseling awakens the patient’s inner healing forces

If cancer is the problem, patients must be helped to realize that they have more resources at their disposal than “the problem” has. If you can picture the problem on one end of a teeter-totter, then the patient must see that his own resources at the other end outweigh the problem.

That was the philosophy of the medical pioneer who founded the Hufeland Klinik in 1985, the late Dr. Wolfgang Woepfel. This is how he expressed his view of cancer:

“The tumor is only the late-stage symptom of cancer, which is from the beginning a systemic disease caused by the impaired working of the body’s own defense and repair mechanisms. Cancer is not merely the disorder of one organ but is an expression of a comprehensive disorder of the whole person in his or her unity of body and soul. Traditional European naturopathy, empirical medicine, and conventional scientific medicine can be selectively used in a unique way that rebuilds people instead of destroying them.”

Columbia University researchers are impressed with Hufeland’s cancer success stories

American cancer researchers generally frown on alternative, complementary, and integrative treatments for cancer. But researchers from Columbia University in New York City examined several success stories from Hufeland and admitted that “Hufeland treatment merits further study.”

This study was published in *Integrative Cancer Therapies*, Vol. 4, No. 2, 2005, pages 156-167. This study also appears online on Hufeland’s website: www.hufeland.com. Click on the British flag icon in the lower left to see the English-language web pages.

Indeed, Hufeland has an impressive record for helping patients beat “terminal” and “hopeless” cases of cancer. I’ll describe some of these real-life cases in a moment, but first I want to say something about Bad Mergentheim.

The “healing energy” in Bad Mergentheim

Here’s how one patient described the healing energy of Bad Mergentheim:

“You know, there’s something about this town. I don’t know if you’ve noticed it. I don’t know what it is. But I felt it immediately here. I always feel good when I’m here. Always. There’s a good sort of healing energy. That’s a good way to describe it. You should go out in that spa park across the street. There’s some kind of energy in this place that’s extremely healing.

“There are three different springs in the park. Each one has a different name. One of them is the Wilhelm Spring. I combine water from two of the springs. You can buy a cup for 25 cents or else bring your own cup and get the mineralized spring water for free. Every day I go in to get my water and drink it.”

The healing waters of the Bad Mergentheim springs

Hufeland doesn’t have to plug its patients into the spa park across the street. They plug themselves into it. Some of them go dancing in the park during the outdoor concerts. And just about all of them avail themselves of the healing waters of the *quelle*, which means “spring” in German.

Spa towns feature naturally mineralized waters that people who seek healing can soak in or drink. The water in each *quelle* boasts its own unique mineral composition.

According to Hufeland’s doctors, it’s more beneficial to drink the spring water than to soak in it because drinking it gives patients the full benefit of the minerals. One doctor told me that the Wilhelmquelle “is particularly beneficial for the bowels. If you have a glass of Wilhelm’s every morning, no bowels can resist it.”

In other words, don’t drink from the Wilhelmquelle unless you have ready access to a restroom. Ric and I would have sampled the

water from Wilhelm's spring except that we had to drive to our next destination. The water from the heavily mineralized Wilhelmquelle has an off-taste, but Hufeland's patients find the health benefits well worth it.

The ingenious therapy that had a devastating effect on Barbara's metastasized breast cancer

A lady named Barbara from Northern Germany had a lumpectomy for her breast cancer. She received chemotherapy till 1998. When cancer reappeared in her other breast she underwent another lumpectomy. By December, 2005, her cancer had metastasized.

In March, 2006, she went to the Hufeland Klinik, which attacked the cancer from several angles. One of the most effective therapies in her case was Insulin Potentiation Therapy (IPT), which defeated Barbara's cancer with virtually no side effects.

Here's how IPT works: Cancer cells can hide from the immune system, and they're sometimes unaffected by chemotherapy drugs. But they *love* sugar. They need it. They crave it. They thrive on it.

Step One in IPT is to starve the cancer cells of sugar by lowering the patient's blood sugar level with insulin.

Step Two takes place when the cancer cells are *really* hungry for sugar. That's when the doctor gives the cancer cells some sugar, along with a *low* dose of chemotherapy. This clever technique "tricks" the cancer cells into letting their guard down. They eagerly slurp up the sugar right along with the chemo.

The result of IPT is that the *cancer cells* get poisoned, *not* the patient. This is vastly different from the typical American high-dose approach to chemo, which sometimes poisons cancer cells and always poisons the patient.

Barbara had received two cycles of IPT treatments along with antioxidant and enzyme

therapy and other therapies. Her treatment was successful.

How Helmut's attitude helped him whip stage four colon cancer with metastasis to the liver

One of the Hufeland patients accepted for the Columbia University study is Helmut, a German who was born in 1943. In June, 1994, he was diagnosed with colon cancer that had metastasized to the liver. His liver cancer was inoperable. This kind of cancer is a virtual death sentence in America. Doctors cut out half of his colon, but they couldn't remove the cancer cells that had spread to his liver.

Helmut had "Stage 4" cancer. In other words, he was at the end of his rope. From 1994 to 1995 he had suffered through nine cycles of 5FU, one of the most poisonous chemotherapy drugs known to man.

As a last resort, Helmut sought treatment at Hufeland and was admitted in May, 1995. By September, his liver metastases were completely gone. He's remained in complete remission. To say this is remarkable would be an understatement.

Hufeland attributes this success not just to their treatments but also to Helmut's psychological attitude. The patient's attitude is of paramount importance: the right attitude leads toward healing, and the wrong attitude leads toward death.

Surprisingly, Helmut accepted the possibility that his cancer could cause his death. Helmut examined his life and said, "Well, maybe I'll make it to the age of 52 in a couple of months. My family is O.K. My house is paid for. If I die from this cancer, things will be O.K. If my life is over, it's over."

Your common sense might tell you that's the wrong attitude. You might think cancer patients should deny the possibility of death and struggle hard to fight against it. Not so!

In other words, it would be a mistake for a patient to say, "I'll never accept this cancer! I'll fight the cancer in every way no matter what, etc." That's the wrong attitude.

Helmut's serene acceptance of the *possibility* that the cancer could kill him was exactly the right attitude. That's because this attitude of *acceptance* enabled Helmut to relax enough to assess his inner resources and focus on health and healing.

But some patients carry the attitude of acceptance *too* far. For example, some patients say, "I'm grateful for my cancer because so many things have changed and I've learned a lot about myself and my loved ones and my attitude toward things." A patient with this attitude should *stop* being grateful for the cancer because the goal is to get rid of it!

Be careful what you focus on, because what you focus on tends to grow. If you focus all of your attention on cancer, you're likely to get more stress and more cancer. If you focus instead on health and healing, you're likely to get more health and healing.

The dreadful damage of traditional cancer treatments

Because Hufeland's doctors usually see cancer patients after they've gone through conventional treatments, they're well aware of the side effects.

The main side effect of surgery is scar tissue, which can sometimes cause problems. The side effects from the narcotics used to control pain after surgery can last for a year or more. High-dose chemotherapy damages the body and diminishes its power to heal itself for 18 months to two years or longer. Too much chemo can leave the patient with "chemo brain" -- a permanent form of dementia.

One of Hufeland's doctors told me, "After conventional radiation treatment, the body can never recover. You always have side effects, but not visible side effects. The patient can't *feel* the

radiation, so conventional doctors cavalierly say, 'Radiation treatment was tolerated very well by the patient.' But what about later? The white blood cell count goes down *for life!* Not much can be done to undo that damage."

Manfred *should* have died from his inoperable metastasized kidney cancer

Manfred, a 62-year-old German, was diagnosed with right-side kidney cancer in November, 2003. Alarmingly, 14 months later an MRI showed that his cancer had metastasized widely. Doctors determined that surgery couldn't help him.

In desperation, his doctors started him on the harsh, toxic chemo drug 5FU. But the cancer spread even farther, invading the liver and other organs. Because the chemo wasn't working, he stopped taking it.

As a last resort, Manfred came to Hufeland in July, 2005, for alternative and complementary therapies. By November, 2005, he was in partial remission. By April, 2006, he was in complete remission, as an MRI scan confirmed.

A year later Manfred, who *should* have been long since dead according to the expectations of his conventional doctors, went back to Hufeland for a follow-up visit. He continues to do well.

The gravely ill businessman who *couldn't* die before finishing his task!

A gravely ill insurance executive came to Hufeland in desperation, explaining that he *couldn't* die because he hadn't yet finished his task.

The man's health situation was *beyond bad*. His skin was pure yellow. His liver function was zero! Even Hufeland's doctors didn't think they could keep him going for more than a couple of weeks.

The man explained, "I need to pass on the knowledge of how to run my family business to my daughter, and that's going to take six months. I've *got* to keep going for six months. Can you help me?" Without promising anything, Hufeland's doctors agreed to try some therapies.

The patient had such a strong mental attitude about the need to keep going for the sake of his family that he was able to complete his task. His heart was full of love for his family, and that was his motivation. This abiding love brought much healing energy into his life.

He met his goal of passing on to his daughter all the knowledge she needed to run the family business. And then shortly after the six-month grace period, he died in peace at home with his family, surrounded by their love.

Should this case be counted as a failure because the man died of his disease? Some would say yes. But Hufeland considers it a success because the clinic helped the man reach his goal. No one can deny that the man had a peaceful death.

One of Hufeland's doctors told me, "If we see death as a fault or a failure, then no doctor can be successful. Everybody has to die sometime."

Children get rid of brain cancer at Hufeland

Some of Hufeland's most impressive successes are with brain cancer, which conventional doctors usually consider a death sentence. Three young boys got rid of their brain cancer at Hufeland.

One of these boys was just a year old. His parents brought him to Hufeland after other doctors had given him conventional treatment. He has been stable since 2002, according to a CAT scan.

Today all three of these young former brain cancer patients are healthy. Conventional doctors have a tendency to think "that's impossible" or "it's luck," or "it's a mistake." But

no one can deny that these three boys had brain cancer. The proof is undeniable. And so is the proof of their recovery.

One of my personal friends is the father of a child who beat cancer with the help of the Hufeland clinic. My friend is from England, and his name is Kevin Wright. His son's recovery from neuroblastoma, one of the deadliest of the cancers that strike children, is so extraordinary that the Cancer Control Society invited him to give a speech at its 2007 annual convention in Universal City, California.

Kevin believes the Hufeland Klinik is a top-notch cancer clinic for children. And his struggle to save his son's life has made him perhaps the most passionate and effective advocate in the world for children who have cancer. Kevin has described in meticulous detail how he fought his son's cancer from *every possible angle* – and won.

Conventional doctors don't grasp what cancer truly is

Cancer is never a "local" problem. In other words, doctors shouldn't fall for the trap of thinking that breast cancer is confined to the breast, or that prostate cancer is confined to the prostate.

Rather, cancer is a systemic disease involving the patient's mind, body, and spirit.

Conventional cancer treatment is so often unsuccessful because it fails to take into account the systemic nature of the disease. Doctors can cut, burn, or poison cancer out of a prostate or breast, but lo and behold, the cancer tends to sneak back. To get rid of the disease for good, you have to address the cause and heal the whole person, including the psychological and spiritual aspects of the patient.

To get rid of cancer, it's necessary to change the environment in which cancer thrives. Here's a good analogy. If there are cockroaches creeping around in a kitchen, they'll scurry away when someone flips on the light switch.

The therapies at Hufeland aim to turn the “light switch” on within the patient’s body so that cancer cells don’t want to live in it.

Hufeland offers this useful tip to anyone with cancer: biopsy and surgery go together. If you’re not going to consent to surgery, you shouldn’t have a biopsy. That’s because biopsies can spread cancer cells. Also, if you don’t want more chemo, you don’t need a CAT scan.

Amazingly effective procedures and treatments at the Hufeland Klinik

The treatment program at Hufeland begins with detoxification, especially through nutrition. That’s because a healthful diet helps move toxins *out* of the body, whereas an unhealthy diet *adds* to the body’s toxic load. The Hufeland eating plan for cancer patients isn’t *strictly* vegetarian but is mostly so, with a heavy emphasis on vegetables and fruits. The grains in the diet are *whole* grains.

The Hufeland strategy is to *alkalize* the body because an alkaline environment is unfriendly to cancer cells. Cancer loves an acidic body. The right nutrition – a diet that emphasizes fruits and vegetables – helps to alkalize the body.

Obviously, it makes no sense for patients to be vegetarian at Hufeland for three weeks and then to go back to their old eating habits. A *permanent* lifestyle change is needed. The patient shouldn’t go on a “diet” but should follow a healthful and flavorful eating plan for life.

To further support nutrition, Hufeland patients undergo infusions of intravenous antioxidant therapy with vitamin C, selenium, B-complex and homeopathic remedies. The antioxidants quench the free radicals that would otherwise run loose in the body, causing it to break down.

It’s worth pointing out that the room where patients get their IV infusions has a charming view of the surrounding countryside. So do

other rooms in the clinic.

Because cancer hates oxygen, an essential part of the Hufeland program is supplemental oxygen therapy as well as ozone therapy.

Patients at Hufeland take enzyme therapy to relieve inflammation. The Germans, who pioneered enzyme therapy, have discovered that enzymes eat away the protein wall behind which cancer cells hide from the immune system. This permits the immune system cells to identify and kill the cancer cells.

To support bowel health, Hufeland patients undergo colonic hydrotherapy. This is an essential part of detoxification. The colon of the typical American or European is a toxic mess from eating too much processed food and junk food and not enough fiber. And when the colon is a toxic mess, the entire body gets poisoned to some degree.

For a cancer patient, job one is to clean the colon. There’s no faster or more effective way to flush toxins out of the colon than colonic hydrotherapy. It’s mind boggling that something so obvious and important as this is ignored in practically all American cancer hospitals.

German doctors use an *American* discovery to defeat cancer!

One of Hufeland’s most effective treatments is the “fever push.”

Ironically, it was an American doctor, Peter Busch, M.D., who in 1868 discovered by accident that fever can cure cancer. One of his patients was a 43-year-old woman with a severe case of sarcoma of the face. He observed that her cancer went away after she suffered a 105 degree Fahrenheit fever from a strep infection. A fever – whether caused by an illness or artificially induced – has a devastating effect on some forms of cancer.

Yet few American doctors today even know about this remarkable treatment that causes no side effects! Why does fever therapy work? It’s simple: cancer can’t take the heat! Fever therapy

has a direct effect on cancer cells.

Fortunately this bit of medical wisdom hasn't been forgotten. All of the German clinics we visited used either active fever therapy (in which the fever is induced by an injection) or hyperthermia (in which the body's core temperature is raised by an artificial device) or both.

Hufeland uses *both* methods of raising the patient's body temperature.

After the doctor induces an active fever reaction by injection, the patient will feel as if he has an infection for a brief time. After two hours the patient shivers and feels a little achy. But because it's not a *real* infection, the fever and its symptoms vanish after a few hours, having severely damaged the cancer cells. This therapy also strengthens the immune system. It's like taking the immune system to the gym for a workout. Hufeland has vast experience with this therapy, which appropriate patients receive once a week.

The second kind of therapy that raises the body's temperature is called hyperthermia, in which a device applies heat to the patient. Hyperthermia can be administered either locally or over the whole body.

In local hyperthermia, a device is placed over the specific area of the body to be heated. For example, the doctor applies the hyperthermia device to the breast of a breast cancer patient to heat up the area. This kind of hyperthermia can take place every other day.

Whole-body hyperthermia is altogether different. The patient, wrapped in towels, lies naked on a hyperthermia bed. The patient's body temperature is gradually raised to about 105 degrees Fahrenheit and kept at that temperature for about two hours. It's possible to go a little higher – up to 107 degrees, which is called “extreme hyperthermia.” Unlike local hyperthermia, whole-body hyperthermia can't be done more than once a week.

Throughout the procedure, the patient is

carefully monitored. A good machine for whole-body hyperthermia costs well over a quarter of a million dollars. It's a complicated machine that requires knowledge and skill to run.

Available *only* in Germany

In Germany, local hyperthermia is done with radio frequencies (short waves), which penetrate deep into the body – 18 centimeters or about 7 inches. This kind of hyperthermia is available only in Germany, which is one reason why cancer patients from all over the world come to Germany.

Clinics in some countries offer local hyperthermia using microwaves, which only penetrate the body about five centimeters – approximately two inches. This is far less effective than the deeper penetrating radio frequencies that German doctors use. Hyperthermia with radio frequency waves is not yet available in the United States. Indeed, *any* kind of hyperthermia is difficult to find in America.

The miracle from space-age technology: Magnetic-field therapy

Hufeland, like almost all of the other German clinics we visited, uses magnetic-field therapy as an important part of the treatment plan. This therapy, which was actually discovered by space scientists for the benefit of astronauts, is much simpler to use than whole-body hyperthermia. It can take place *every* day. The patient simply lies down on a special kind of mat, and when the switch is turned on, a strong magnetic field surrounds the patient while the patient relaxes.

Magnetic-field therapy lasts less than an hour, and it gives patients many benefits: It promotes circulation, boosts the oxygenation of cells, and stimulates energy. Hufeland has studies that prove magnetic-field therapy promotes bone growth, too. People today suffer from a deficit in terms of the natural magnetic

field because of all the electromagnetic chaos in our modern society. Magnetic-field therapy is the solution.

Because magnetic-field therapy promotes circulation and oxygenation, patients have reported improvement with a variety of conditions, including:

- Arthritis
- High blood pressure
- Diabetes
- Stress
- Thyroid conditions
- Skin problems
- Asthma
- Ulcers
- A.D.H.D.
- M.S.
- Cancer

Patients find magnetic-field therapy soothing and relaxing, and they look forward to it every day.

The cornerstone of Hufeland's counseling program is art therapy. Patients paint with watercolors or model with clay. Even patients with no artistic background discover hidden artistic talents. They enjoy creating the artworks and discussing them with the counselor.

Art therapy relaxes the patients and helps them open up to the counselor. In turn, the counselor helps them reframe their thinking. The counselor helps them see that their inner resources are stronger than cancer.

Patients at Hufeland also enjoy "light therapy" plus music therapy. In a private room, the patient chooses a color and sits in a vibrating massage chair while being bathed in the light of that color and listening to music. Light therapy isn't one of the main therapies at Hufeland, but patients find it relaxing and enjoyable.

Patients tap into spiritual power in Hufeland's chapel

Besides psychological counseling using the Simonton method, most of the German cancer clinics have a chapel. Hufeland is no exception. No matter what the patient's religious beliefs may be, the clinic encourages him or her to be at peace spiritually and to make a connection with the Creator.

Hufeland is unique among the German cancer clinics in that it has a Catholic chapel with the Blessed Sacrament reserved in the tabernacle. Patients of all faiths use this chapel to pray and meditate according to their beliefs and practices. Hufeland bought the building from a Catholic organization that stipulated that the Catholic chapel must be maintained and that the head doctor must be a Catholic.

Hufeland warmly welcomes patients of all faiths and cultures from all over the world.

Cost of treatment at the Hufeland Klinik

The Hufeland Klinik's weekly charge of 4,500 euros includes just about everything:

- Hufeland's medical services
- Chemo or mistletoe if needed
- Room and board for the patient and the patient's companion
- Free shuttle service to and from Frankfurt International Airport

Hufeland recommends a stay of four to six weeks. The cost of four weeks is 17,500 euros, and the cost of six weeks is 25,500 (slightly less than the 4,500 weekly rate). A follow-up visit is recommended after six months.

How to find an open-minded American doctor for follow-up care

If you go to Germany for cancer treatment, it's a good idea to find an open-minded American doctor who can give you follow-up care, including a monthly infusion of vitamin C by IV for health maintenance. Finding a good doctor in America is especially important for patients who can't afford to make repeat follow-up trips to Germany.

But how do you find such an American doctor who's open to alternatives and who can give you the maintenance treatments to keep cancer from sneaking back?

Probably the easiest way to find a cooperative American physician is to visit the website of the American College for Advancement in Medicine (ACAM): www.acamnet.org.

You just enter your ZIP code, and you'll get a list describing the ACAM doctors in your area.

How to get to the Hufeland Klinik

The nearest major airport is Frankfurt, which is a two-hour drive from Bad Mergentheim. Hufeland will pick you up for free from the airport.

You may want to rent a car to visit some of the interesting towns nearby, such as Rothenburg, Bayreuth, and Baden-Baden. If you rent a car, stay out of the fast lane, where speed demons routinely drive well over 100 miles per hour! You'll have no problem in the middle lane.

Rothenburg is the best-preserved medieval walled city in Germany. Its building codes, the strictest in Germany, prevent any modernization. It remains frozen in the 15th century.

Bayreuth, with its annual music festival, is the town made famous by Richard Wagner, the greatest operatic genius of all time. The music festival of Bayreuth is a lasting legacy of "Mad" King Ludwig, who rescued Wagner from financial ruin and the prospect of debtors'

prison. (If King Ludwig was indeed "mad," perhaps the world needs more of his kind of insanity.)

And Baden-Baden – the most famous spa town of all – is justly renowned for its historic baths, massages, and saunas. It's about three hours by car from Hufeland.

For extra support Hufeland encourages the patient to bring a spouse or another family member or friend.

After visiting Hufeland, I agree with the patient who said there's something about the "healing energy" in Bad Mergentheim, a charming and historic town.

Part II: The 2010 visit

When I re-visited Hufeland in 2010, I met the late Dr. Woepfel's two lovely young daughters, Sonja and Angelika. Angelika and her mother, Frau Gabriele Woepfel, run the clinic. Sonja works as the clinic's pharmacist.

Frau Woepfel was away during my visit, but Sonja and Angelika gave me an update on the clinic. I was delighted to hear that Helmut, the long-term cancer survivor described in Part I of this chapter, was at the clinic for a follow-up visit, and I'll describe my interview with him in a moment.

I learned a few new things about Hufeland that I had apparently missed during my first visit. The clinic focuses like a laser beam on detoxification. In fact, the first three weeks of treatment are primarily devoted to detoxification.

One of the devices used in detox is a form of water therapy known as the "permanent shower." The patient takes this warm shower in a horizontal position while the shower device goes back and forth horizontally for an hour and a half. I had never heard of this, and I don't recall it from my previous visit. Sonja and Angelika said it helps the patient detoxify through the skin.

Hufeland applies the health discoveries of the legendary 19th century German priest, Fr. Sebastian Kneipp, who cured himself of "incurable" tuberculosis through water therapy alone. The spa park across the street from the clinic has a shallow Kneipp pool that anybody can use to get a refreshing foot bath to improve the circulation of the blood.

The clinic, which has a staff of 60, can normally accommodate 47 patients. At the time of the 2010 visit the clinic could only handle 35 patients because one of the clinic's four doctors had left. Eight nurses work the day shift, and

another eight nurses work the night shift. The staff members are experienced. Most of them have been at Hufeland for a long time.

I asked Sonja and Angelika about the clinic's advice on what cancer patients should eat. They recommend a vegetarian eating plan that includes dairy. One of the dairy products they serve is quark, which is quite similar to cottage cheese. I was pleased to hear that they recommend quark mixed with flax oil, which you may be familiar with as the Budwig protocol for cancer treatment.

The Budwig diet is perhaps the most effective anti-cancer diet known to man. Americans who want to follow the Budwig protocol can use cottage cheese as a substitute for quark.

Sugar is *verboten*

Sonja and Angelika told me that sugar is *verboten* (forbidden). Refined sugar feeds cancer. Cancer patients should eat lots of fresh, organic vegetables.

Hufeland's dining room is a pleasant place indeed. Looking out the window you can see the impressive twin towers of a historic church -- the *Schloss Kirche* -- in other words, the "castle church." Another pleasant room is the spacious area where patients get their IV therapy. Because of the floor-to-ceiling mirrors, everyone gets a window view, no matter which way the patient is facing. One of the windows overlooks the picturesque *Schwarzwald Haus* (Black Forest House).

Sonja and Angelika told me about Viola, a German woman born in 1951. In 1996 Viola got breast cancer on her left side. It was an aggressive, nasty tumor. Conventional doctors gave her three cycles of chemo, which seemed to solve the problem. But the cancer came back ten years later.

When Viola came to Hufeland, her tumor was large, ugly, and smelly. She was in a great deal of pain, but surgery couldn't be done. During her four weeks of treatment at Hufeland she got immuno-biological therapy in combination with low-dose chemo. I saw photographic proof of her dramatic improvement after the four weeks of therapy. She was able to have surgery after that, and she has been in complete remission ever since then.

My interview with long-term survivor Helmut

Helmut, the long-term cancer survivor mentioned in Part I of this chapter, doesn't speak English. I was able to interview him through an interpreter. He was a porcelain painter, and he may have gotten his cancer from the toxic substances in his work environment. His cancer was just about hopeless. His stage four cancer had metastasized to his liver, which conventional doctors consider a virtual death sentence.

In desperation, he came to Hufeland in May of 1995 and stayed for six weeks of treatment. By September there was no sign of cancer. He was in complete remission and remains so to this very day.

I asked Helmut, "What's your secret for keeping cancer from coming back?" He replied that he returns to the clinic once a year for intensive immuno-biological therapy. At home, he continues the therapy in cooperation with his family doctor. He follows the recommended eating plan. He doesn't eat a lot of meat. He eats lots of fruits and vegetables and avoids refined sugar. And exercises faithfully. He's active. At the age of 67 he still plays soccer. And he enjoys riding a bicycle around Bad Mergentheim. (Hufeland provides bicycles for the patients.)

I asked him, "How is the treatment at Hufeland?" He replied that it isn't painful or stressful. He had absolutely no energy when he first came to the clinic, and he said his quality of life is a lot better when he follows the program. "It's not a miracle. You can support the healing

processes in the body," he said.

Helmut said he only tried the Wilhelmquelle one time, and that was it! Apparently, he couldn't stand the terrible taste. When I visited the spa park, I wanted to fill my water bottle with water from the Wilhelmquelle to drink it at a later time, but the building in which the spring is located wasn't yet open.

Sonja and Angelika, along with their mother, are dedicated to maintaining the vision and high standards of Hufeland's legendary founder, Dr. Wolfgang Woeppel.

Patient feedback about Hufeland

I sent out an e-mail to everyone who bought the first edition of *German Cancer Breakthrough*, requesting feedback -- positive or negative -- from customers who actually went to one of the clinics I recommended. Six customers gave me feedback about Hufeland. They were all positive.

For example, Kris from Orlando, Florida, wrote, "Wonderful choice for me!" And David from England wrote, "We think the Hufeland clinic is excellent."

Chuck from Arizona sent a dramatic testimonial. He wrote, "I had brain surgery on September 29th for removal of a malignant tumor, which turned out to be glioblastoma multiforme stage 4. I was starting to go downhill and I had trouble forming words, lost my sense of taste, had headaches, couldn't stay awake and my balance was iffy. After the first week at Hufeland my energy came back and all the other symptoms disappeared. I have been home now for two weeks and I am feeling fine. My friends and family say I don't look any different than I ever did and I'm actually back to work."

The kind of brain cancer Chuck had, glioblastoma multiforme, is considered the deadliest, most aggressive brain cancer. This cancer would have pulled him under quickly without the German therapies he got at Hufeland.

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Chapter Three

Dr. Alexander Herzog's Fachklinik in Bad Salzhausen (Nidda, near Frankfurt)

Part I: The 2007 visit

We met Dr. Alexander Herzog at Universal City in Southern California a month before we toured his clinic in Germany. Dr. Herzog was in Universal City at the invitation of the Cancer Control Society to address its annual convention.

Dr. Herzog's talk was brilliant and articulate. He explained how he applies the most effective alternative and conventional therapies to get the best result for the cancer patient. He highlighted mistletoe therapy and hyperthermia combined with a low dose of chemotherapy. He presented difficult cases of "terminal" cancers that he'd reversed with these therapies, thus proving the therapies' effectiveness.

At the end of his speech, the audience erupted into enthusiastic applause.

Medicine in America would take a giant step forward if every American cancer doctor could hear Dr. Herzog's life-saving, hopeful message. He's a walking encyclopedia of knowledge about the most effective cancer treatments, which have no side effects.

We arrived at Dr. Herzog's clinic late in the evening and stayed in one of the rooms there. He was out of town, but we expected to meet with him when he returned the next day.

Dr. Herzog's "Fachklinik" means "Specialty Hospital" in German. At 25 beds, it's a smaller in-patient clinic than the clinic I profiled in the previous chapter. The room we stayed in was clean and comfortable. Each patient gets a lot of

attention because there are four doctors and 11 nurses. At the time of our visit there were 15 in-patients at the clinic.

Patients come to the Fachklinik from all over the world: Russia, Cameroon, Hungary, Canada, Greece, the USA, South America, the Middle East, and elsewhere.

The clinic's chef prepared us an excellent breakfast, which we enjoyed in the cheerful, friendly atmosphere of the cafeteria. Some English-speaking people were seated at the table next to ours. We introduced ourselves and learned they were part of a family from Canada whose little boy was there for cancer treatment. Without hesitation they gave Dr. Herzog's clinic the thumbs up.

It's worth noting that Dr. Herzog's clinic accepts children; some clinics don't.

We also talked to a man of Dutch ancestry from South Africa who was well pleased with his treatment at the Fachklinik.

The clinic is in a beautiful setting, surrounded by wooded hills, open fields, and meadows. It's a hiker's paradise.

During the morning we checked out Bad Salzhausen's spa park, just a half-block down the street from the clinic. The park features a functioning antique waterwheel, a band shell with a seating area for outdoor concerts, walking paths, and several springs. We sampled the water from two of the springs.

The water from the Lithiumquelle had a surprisingly strong, heavily mineralized taste that's hard to describe. It wasn't disgusting, just heavy and thick. But it's not what you're expecting when you take a sip from a drinking fountain.

The water from the Södergrundquelle next to the band shell, on the other hand, had a distinctly salty taste. A plaque next to each fountain lists the specific mineral content.

Because time ran short, we weren't able to personally visit the actual spa facilities (the pool, etc.) at Bad Salzhausen, even though they are located just a stone's throw from Dr. Herzog's clinic.

By the way, Bad Salzhausen isn't listed on road maps. The name of the city is Nidda, and Bad Salzhausen is simply a spa park near Nidda. There are several other clinics in Bad Salzhausen besides Dr. Herzog's Fachklinik, but Dr. Herzog's is the only cancer clinic.

When Dr. Herzog got back to the clinic, he first had to attend to his patients. We set a time to meet him after lunch.

Scientific proof is important, says Dr. Herzog

Dr. Herzog personally escorted us through his clinic. He told us, "Scientific research is important because you have to prove that what you're doing has a benefit for the patient. If you're not able to prove it, everybody will doubt it."

He meticulously assembled his proof – which consisted of case studies – and presented it to the 23rd annual meeting of the European Society for Hyperthermic Oncology, an organization that focuses on treating cancer through hyperthermia. He gave his speech on May 27, 2006.

The Fachklinik handles the full range of cancers except cases of acute leukemia, which require special treatments. Dr. Herzog can give an appropriate referral to patients with acute

leukemia. Dr. Herzog wants the patient to have the *best possible care*, and he'll refer the patient elsewhere if he feels another clinic can do a better job.

Dr. Herzog told us, "Sometimes I tell a prospective patient, 'The best isn't here. Go there.' It's important that doctors cooperate."

Dr. Herzog is a grand master of hyperthermia.

There are three kinds of whole-body hyperthermia:

- Moderate hyperthermia, in which the patient's core temperature is raised to 101-103 degrees Fahrenheit for two hours, which simulates a natural fever.
- Systemic hyperthermia, which raises the core temperature to 105 degrees F.
- Extreme hyperthermia, which goes up to 107 degrees F.

But Dr. Herzog is one of the few physicians in the world with the equipment, training, and experience to use all three kinds of hyperthermia. For many patients Dr. Herzog uses a low dose of chemotherapy when the patient's body temperature reaches the desired plateau. He says that's when cancer cells are most sensitive to the chemo.

But for some patients, Dr. Herzog uses whole-body hyperthermia without any chemotherapy.

Dr. Herzog told us it's not a simple matter to operate the machine. You have to know what you're doing. His experience is vast: 2,500 treatments of whole-body hyperthermia.

During whole-body hyperthermia, the patient's vital signs are closely monitored. Dr. Herzog says that the patient loses five kilograms of weight through perspiration during hyperthermia. That's 11 pounds! And that's why it's necessary to give the patient five liters of fluid (about 11 pints – a pint weighs a pound) through an IV drip during the hyperthermia. It's essential to keep the patient hydrated because

the kidneys must be working (able to flush) for chemo to work.

Harsh side effects? “Absolutely not!”

I asked Dr. Herzog, “Are there any harsh side effects to the hyperthermia or chemotherapy?”

Without hesitation, he replied, “No. Absolutely not.” And I wish every American cancer doctor could hear what Dr. Herzog told me next:

“Our principle is that the treatment itself shouldn’t harm the patient more than the disease already does. That means if the patient has more problems after the treatment, we’re doing something wrong. That’s important. We want to have success in terms of killing the cancer cells but we don’t want to kill the patient with the treatment. It doesn’t make any sense to have ‘success’ with the treatment that results in a dead patient. Some doctors literally treat patients to death.”

It’s refreshing to hear such wisdom and common sense.

The machine Dr. Herzog uses for the three different types of whole-body hyperthermia is the very same model used at the university hospitals in Munich and Berlin. It’s incredibly sophisticated, with a price tag of about 200,000 euros (almost \$300,000 at this writing).

Dr. Herzog says, “During hyperthermia the patient gets the medication while sleeping. He doesn’t feel the treatment or the chemo, which is administered through an IV drip. He sleeps, and by the time he wakes up the treatment is over.”

To kill the cancer cells with hyperthermia and low-dose chemo, Dr. Herzog explained, “we have to strengthen the immune system.” He accomplishes that through a variety of therapies such as mistletoe, thymus peptides, vitamin C by IV, magnetic-field therapy, ozone therapy, and oxygen therapy.

He also administers fever therapy by injection.

Dr. Herzog demonstrates his magnetic-field therapy machine

When Dr. Herzog showed me his magnetic-field machine, he turned it on and pointed out that you can’t *see* that anything is happening. But he placed a couple of small metallic objects in the palm of my hand and told me to put it into the magnetic field. The metallic objects began to shake and vibrate, proving beyond a doubt that his machine produced a strong magnetic energy field.

Dr. Herzog said that magnetic-field therapy increases circulation and supports healing processes of all kinds. He added that studies from the University of Heidelberg prove that fractures and other kinds of injury heal faster with magnetic-field therapy.

Many patients buy their own magnetic-field therapy device and use it in the privacy of their home to boost their immune system, improve their circulation, promote better oxygenation throughout their bodies, and get more pep.

Why Dr. Herzog’s clinic is safe from dangerous hospital “bugs”

Dr. Herzog is justifiably proud of his clinic. It doesn’t have the look or smell of a clinic, and this is important for improving the patient’s outlook. Some people actually vomit when they think of going to a hospital, because of bad experiences they’ve had.

With confidence, Dr. Herzog told us he has no hospital “bugs” such as staph and strep – the kind of bugs that spread so easily in conventional hospitals. Dr. Herzog said, “This isn’t a problem at the Fachklinik because we have no septic surgical theater.” Therefore, without an operating room, there’s no source of bad bugs at the clinic.

And even if someone were to bring a bad bug in from outside, it wouldn’t be able to spread. That’s because there’s no centralized ventilation or ductwork to spread the bugs.

As we continued our tour, Dr. Herzog showed us the art room. Like other clinics, the Fachlinik uses art therapy. Dr. Herzog said, "Patients develop artistic skills here. Many of them have never done anything like that before. They build something, make a sculpture, paint. It helps to avoid stress. It helps to do something *completely different*."

And then he took us to the clinic's chapel, which contains a crucifix, Eastern Orthodox icons, and the Holy Bible.

In addition to the chapel, the clinic provides patients with a meditation room. Dr. Herzog says the clinic's counselor helps the patient develop strategies against fear and for solving conflicts and stress.

Dr. Herzog's clinic is literally fit for royalty!

Dr. Herzog proudly showed us a picture of Princess Haja of Jordan at the clinic. He said, "She came to support us." Apparently Princess Haja is a fan of the Fachlinik and an admirer of Dr. Herzog.

One of the things patients like about the clinic is the spacious exercise room, which has all kinds of exercise equipment, including a tread mill, weights (dumbbells and barbells), a chin-up bar, an exercise ball, juggling pins, a rebounder, and a punching bag.

The punching bag can help patients blow off steam, releasing anger and stress. The rebounder is one of those circular mini-trampolines about three feet in diameter. Ten minutes of jumping on the rebounder effectively flushes the body's lymphatic system, a key part of the immune system. Unlike the circulatory system, the lymphatic system lacks a pump to move the lymphatic fluid.

The lymphatic system is normally flushed through exercise, but a good lymphatic massage can also do the job. And that's why patients at the Fachlinik receive lymphatic massage.

The clinic also provides foot reflexology

(therapeutic massage of the feet) as well as acupuncture, acupressure, therapeutic baths (hydrotherapy), and homeopathy.

Colonic hydrotherapy is another key therapy. One thing is for sure: A gunked-up colon must be thoroughly cleansed to assist the healing process for cancer patients. This normally requires a series of colonic hydrotherapy sessions. One colonic might not be enough.

Health benefits of the local spa

Dr. Herzog pointed out that swimming is available for patients who want to swim: the spa is just a stone's throw away from the clinic. Many patients like to swim, and it's good exercise. But Dr. Herzog says it's far better to *drink* the heavily mineralized waters, because the penetration of minerals through the skin is negligible.

I asked Dr. Herzog about the health benefits of drinking the mineral water. He replied, "It's a question of belief. There are some healing effects, but they've never been studied. People have reported for years that the waters have healing effects."

Dr. Herzog told us about a special place in the spa park – a place we had missed – in which water runs down a wall, creating a kind of humid air that's good to breathe.

Dr. Herzog's cancer success stories meet the gold standard of proof

When we asked Dr. Herzog to tell us some success stories of patients who'd come to his clinic with "terminal" cancers, without hesitation he reached for his thick scrapbook of success stories. And he pointed out that some of his cases are published in medical journals, which are the gold standard of proof.

As he'd told us at the beginning of the interview, "Unless you prove what you're saying, no one will believe you."

57-year-old golfer and marathon runner beats colon and lung cancer

Opening his enormous scrapbook, Dr. Herzog told us about Karl, a 57-year-old pilot, who suffered from colon cancer with metastasis to the lung. He had gone through conventional treatment and was coughing blood – a really bad sign. He'd run marathons and enjoyed golf, but cancer brought his running and golfing to a screeching halt.

Dr. Herzog's treatment included whole-body hyperthermia with a low dose of the 5FU chemotherapy drug. Three months later the metastasis was almost gone, and Karl could run 10 miles per day and play golf. He especially enjoys golfing at his home in Florida.

The British lady who could've suffocated to death

Turning to another page in his scrapbook, Dr. Herzog told us about Andrea, a 44-year-old British lady, who had sarcoma of the right leg with metastasis to the lung. This was a big problem because she could have died from not being able to get enough air. With a tumor in her leg and with her breathing difficulties, she could no longer walk.

Andrea came to the Fachklinik in 2003. Her disease was complicated and require skillful treatment. Dr. Herzog consulted other colleagues, including Professor Thomas Vogl of the University of Frankfurt, in order to put together the best possible treatment plan for her.

Along with his other therapies, Dr. Herzog used a low dose of chemotherapy, which he fed directly into the tumor through a catheter along with local hyperthermia directly applied to the tumor. To solve the metastasis to the lung, he gave Andrea extreme whole body hyperthermia with low-dose chemo.

This resourceful treatment plan caused the lung metastasis and the tumor to go away. Today Andrea can breathe freely. She's still cancer free.

How 45-year-old Vida beat a big tumor in her lungs

Flipping to another page in his scrapbook, Dr. Herzog told us the story of Vida, a 45-year-old British lady, who came to Dr. Herzog's clinic in 1999 with a large tumor in her lungs. This form of cancer is particularly dangerous. She underwent Dr. Herzog's treatments, including whole-body hyperthermia. After six weeks the tumor was gone, and she's still free of disease.

Dr. Herzog told us, "It's rare for lung cancer to completely heal. I can't promise that to patients, but sometimes it happens."

Woman with facial cancer had drastic surgery, but cancer came back

Turning another page, Dr. Herzog told us about "Mrs. E.," a 41-year-old German woman, with a large tumor in her cheek. She had undergone surgery that removed half of her jaw, followed by good cosmetic reconstructive surgery. But the tumor came back.

In desperation, this lady came to the Fachklinik in 2006. Her treatment plan included local hyperthermia with a low dose of 5FU chemo. Dr. Herzog split the hyperthermia in a way he calls "chronomodulated treatment overnight." That means he gave the treatment between 2:00 a.m. and 6:00 a.m. Dr. Herzog told us, "Between 2:00 a.m. and 6:00 a.m. you have less side effects. During the night, the normal cells would rather sleep but the tumor cells are active."

The treatment was effective, and today "Mrs. E." is still in remission.

65-year-old man beats lymphoma with *no* chemo

Our time with Dr. Herzog was up, but he told us one more story. In 2004 a 65-year-old German, "Mr. L.," came to the clinic with lymphoma. Because the lymphoma was pressing

on his bladder, he had to urinate frequently. Dr. Herzog tried to persuade him to use some low-dose chemo, but he refused. He didn't want *any* chemo.

And so Dr. Herzog built a treatment plan with *no* chemo. The treatments, which included homeopathy and local hyperthermia, solved the problem. The lymphoma completely went away, and today Mr. L. is fine.

Certainly Dr. Herzog was born to be a physician. He told us that when he was 12 years old he knew he wanted to be a doctor.

Cost of treatment at Dr. Herzog's Fachklinik

Treatment at the Fachklinik costs about 6,000 euros per week, including hyperthermia, and the average stay is two to three weeks. Dr. Herzog emphasizes that cancer is a chronic disease that requires permanent lifestyle changes as well as long-term care and follow up.

Patients normally come with a friend or relative, and the clinic charges a modest fee of 46 euros (about USD\$64) a day for room and board for the relative.

How to get to the Fachklinik

Getting to the Fachklinik is a piece of cake. You just fly into Frankfurt, and the clinic will send someone to pick you up free of charge. It's that simple!

But if you want to explore the surrounding area, you may choose to rent a car.

You should be aware, however, that it was almost impossible for us to find the clinic when we arrived at Bad Salzhausen at 10:30 p.m. Our GPS navigation system (which the Germans call a "navvie") got us to Bad Salzhausen just fine. But then it misdirected us to a horse ranch down the street from the clinic.

Confused, we backed up from the horse ranch and drove around for about a half-hour looking for the clinic and almost gave up in frustration. The clinic has no sign at the main

road. Providentially, we noticed the clinic's sign up the driveway from the main road and breathed a sigh of relief. Undoubtedly it's 100 times easier to find the clinic in broad daylight.

If time had permitted, I would have availed myself of the pools, saunas, and a good, soothing massage at the Therme (the spa complex) across the street.

As I mentioned earlier, at 25 beds Dr. Herzog's clinic is small. With four doctors and 11 nurses, each patient gets *plenty* of attention. English-speaking patients are common.

If you rent a car, you'll easily be able to make day trips to such exciting and enjoyable places as Rothenburg (Germany's best-preserved walled city) and Bayreuth (famous for its Wagner music festival).

Yet another advantage: Dr. Herzog is one of the few physicians we met who uses extreme whole-body hyperthermia. And with his vast experience, the patient can be assured of safety.

Part II: The 2010 visit

When I revisited Dr. Herzog's Fachklinik in 2010, I found two significant improvements:

1. To get on the Internet, patients used to have to share one computer in a common area. Now, patients who bring their own laptops can access wireless Internet throughout the building.

2. For the patient's comfort, relaxation, and pleasure, Dr. Herzog has created two garden patios, one of which has a fish pond. There are so many flowers that two gardeners are necessary to maintain the gardens. One patio is warm in the morning and shaded in the afternoon, and the other is the opposite. So during the warmer months, the patients always have a pleasant place to relax and listen to the birds chirping outside.

I also learned some additional facts during the 2010 visit:

- Dr. Herzog is a scholar of languages. One day he had patients from England, Spain, France, Germany, and Greece. As he made his rounds visiting each patient, he spoke English, Spanish, French, German, and Greek!
- The spa park across the street has *seven* springs, not just two. Each of the seven springs originates from a different level under the ground, and each one has a different taste and mineral content. Dr. Herzog said, "Some of them taste bad. The sulphur one smells. But they're all beneficial to drink."
- For the comfort and convenience of the patient, Dr. Herzog can install a port system for access to the bloodstream. That way, it's not necessary to poke around to find a vein.
- In ozone therapy, Dr. Herzog takes out 200 milliliters of blood, mixes the blood with

ozone gas, shakes the blood, and returns it to the body.

- To meet the spiritual needs of the patients, a Catholic priest and a Protestant minister visit the clinic once a week.
- Previously I reported that Dr. Herzog has done over 2,500 hyperthermia treatments. That number is now over 3,000.
- Dr. Herzog's whole-body hyperthermia machine requires an astounding 3,000 gallons of water for one treatment. (Fortunately, water is plentiful in Germany.) The water filters the irradiation to create a *mild* heat, which doesn't seem hot at all, just warm. But this warmth penetrates *deeply*. The heat goes through the skin and heats up the blood until the patient's body core reaches the desired temperature -- even as high as 107 degrees Fahrenheit in extreme hyperthermia.
- Dr. Herzog uses a lab in Heidelberg for chemo sensitivity testing to find out which treatments may work and which ones definitely won't work. The tests help him match the patient's cancer cells to the chemotherapeutic drug most likely to be effective against that type of cell.
- Dr. Herzog gives a lung function test to measure lung capacity. Dr. Herzog encourages those patients who are able to give their lungs a workout in the exercise room or outside in the fresh air.
- One of Dr. Herzog's former cancer patients, who discovered a latent artistic talent in the clinic's art room, is now selling her paintings at exhibitions.
- The Fachklinik sponsors a local cycling team. Dr. Herzog proudly told me that his team is winning championships.

More success stories

When I sat down with Dr. Herzog, he opened up his scrapbook and told me some new case studies.

In 2007 a lady was diagnosed with breast cancer. She had a lump on the left side, which she treated with homeopathy and the "black salve." The treatments didn't work. In December of 2008 she came to Dr. Herzog in desperation. The tumor smelled, and it looked horrible. Dr. Herzog gave her low-dose chemo with hyperthermia and other treatments. Within three months, the tumor was gone. She never had surgery at all.

A Canadian lady had a lump in her right breast in 2005. The tumor was large. Her favorite hobby was dancing, but osteoarthritis had destroyed her hips. In addition to Dr. Herzog's anti-cancer therapies, his cooperating surgeon gave her some surgery, and she got hip replacements. She went back on the dancing floor at the age of 76.

In 2007, a Canadian stewardess got a lump in her left breast. She shunned conventional therapy and tried some alternative treatments in Canada. But the tumor got worse. It turned into a disaster. Dr. Herzog helped her get rid of the cancer with hyperthermia and low-dose chemo. She suffered no hair loss or other side effects.

What patients say about Dr. Herzog's Fachklinik

I sent out an e-mail to everyone who bought the first edition of *German Cancer Breakthrough*, requesting feedback -- positive or negative -- from customers who actually went to one of the clinics I recommended. Ten customers gave me feedback about Dr. Herzog -- all of them positive.

For example, Dr. Arnaldo Velloso da Costa has a nutritional practice in Brazil. After reading *German Cancer Breakthrough*, he started referring his cancer patients to Germany. Dr. da Costa wrote, "I found a very good assistance at the Fachklinik directed by Dr. Alexander Herzog. I had five successful cases treated there."

Louise from Canada wrote, "The staff, Dr. Herzog and his doctors, nurses etc. were all wonderful and couldn't do enough for you. It was as enjoyable an experience as one could have, given the circumstances."

Peter from Australia: "Your book has saved the life of one of my close friends. She had renal cancer with metastasis everywhere and was given only three months to live."

Neil, an American with homes in New Hampshire and Florida, wrote: "I narrowed my search down to three clinics but ended up choosing the Herzog clinic because of the direct communication I had with Dr. Herzog himself and the very practical treatment protocol he had designed for my particular situation. I couldn't be happier with the choice.

"The staff is highly professional with a personal touch. Dr. Herzog makes a point of visiting personally on a daily basis. This is one of the advantages of being in a small clinic.

"One of the surprises is that I have had to go back for follow-up treatment so many times. I have since found this is typical of most patients. Anyone going to the German clinics has to be prepared for the cost of so many visits and the hassle of airline travel. In my opinion it is worth the effort. We have been surprised to find that Blue Cross/Blue Shield has reimbursed us for about 50% of the cost of the hospital treatments."

What if you can't afford multiple trips for follow-up care?

Neil's last comment concerns me because many people can't afford to make multiple trips to Germany. Those who can only afford to make one or two trips can do a couple of things to keep their cancer from sneaking back. (1) Read, re-read, and apply the ideas in the chapter "Cancer dilemma: Do you swat mosquitoes or drain the swamp?" Making the necessary lifestyle changes can keep the odds tipped in your favor. (2) One long-term brain cancer survivor who got rid of his cancer in Germany

gets a vitamin C IV treatment every month in America. Nothing succeeds like success, and this is an affordable maintenance therapy that's worth considering.

To get maintenance therapies like vitamin C by IV in America, you'll need an open-minded physician. You can find one near you through the American College for Advancement in Medicine (ACAM). Simply log onto ACAM's website and enter your ZIP code. The website is www.acamnet.org.

American patient questions a German tradition

After ordering *German Cancer Breakthrough*, Tom from Tennessee went to Dr. Herzog's clinic for treatment. Here's what Tom wrote to me about his experience: "Dr. Herzog is a wonderful person, caring and compassionate, and he appears very knowledgeable about oncology and hyperthermia. His treatment worked."

But Tom questioned some of the food choices available in the dining room. He said, "It's odd that they have cake and coffee every afternoon at a cancer clinic, but it's a German tradition. The food is good but not what you'd expect from an 'alternative' doctor - pork, beef, cheese, sweets, etc. They did have a juicer that all of us used every day."

Tom is right in saying that cake and coffee in the afternoon is a German tradition -- much like 4:00 tea in England. And Dr. Herzog's clinic isn't the only alternative cancer clinic that observes this tradition.

Here's my "take" on that tradition. Eating a piece of cake at the clinic in the afternoon is a "mixed bag." On one hand, sugar feeds cancer, which is obviously bad. On the other hand, having a piece of cake can lift the patient's spirit, which is a good thing. Observing this German tradition at the clinic isn't going to kill a patient. But, it's a wise idea for the cancer patient to avoid refined sugar as a *permanent lifestyle change* at home. Why? Because at

home, the cancer patient will no longer be getting hyperthermia and the other specialized therapies that wipe out cancer cells by the millions.

Eating cake at home will only invite the cancer to come back. To minimize the chances that cancer will come back, it's best to avoid sugar and red meat, eat lots of fresh, organic vegetables, and incorporate the Budwig protocol into your eating plan. Our colleague Bill Henderson has written a Special Report that includes detailed instructions about how to do the Budwig protocol (flax oil mixed with cottage cheese). See the website <http://curecancerathome.com/A/>. Flax oil is quite expensive, but Bill's Special Report includes information about how cancer patients can get their flax oil at cost from a reputable manufacturer.

Here's what Dr. Herzog told me about diet, "We offer food adapted to the needs of cancer patients. Fresh, organic produce. Fruits and vegetables. We have a juicing machine, and patients press their own fresh juice. It's important to get fruits and vegetables. With pancreatic cancer, the patient can't digest the ideal anti-cancer diet because the stomach and bowels don't work right. They need special foods adapted to their limitations."

Because of Dr. Herzog's credentials, experience, track record, and positive feedback from his patients, I continue to recommend his clinic.

**Contact information for Dr. Herzog's
Fachklinik:**

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e-mail: info@fachklinikdrherzog.de

Phone: 011-49-6043-983-0

Fax: 011-49-6043-983-194

For additional advice:

You can get personal advice about Dr. Herzog's Fachklinik from the Veramedica Institute in Munich. Without the help of the Veramedica Institute, it would have been difficult or impossible to write this book. Since 1987 the Veramedica Institute has helped about 2,000 cancer patients from all over the world but mainly from America. The Veramedica Institute also founded several cancer clinics.

If you call the Veramedica Institute for advice, keep in mind that Germany is six time zones later than New York and nine time zones later than California. Therefore, it's best to call in the morning hours, U.S. time.

Contact information for Veramedica:

Tel: 011-49-89-64-76-92

Fax: 011-49-89-64-22-859

e-mail: veramedica@aol.com

Chapter Four

BioMed Klinik in Bad Bergzabern

Part I: The 2007 visit

The BioMed Klinik is located amidst vineyards in Germany's charming and picturesque wine region. It's about five miles from the French border and not far from Strasbourg, one of the most romantic cities in Europe.

You'll find the BioMed Klinik in the small town of Bad Bergzabern, famed for its historic cityscape. Bad Bergzabern also has a spa with naturally mineralized waters. Nearby is the ultimate spa town, Baden-Baden. It also has a local winery that produces excellent wines, both white and red, for local consumption only.

Patients come to BioMed from all over the world. Most of the foreign cancer patients have been told their cancer was "hopeless" and "terminal." Doctors back home have told them, "Nothing more can be done." But BioMed doctors tell them, "We'll try." And BioMed's impressive results prove that those conventional doctors are often wrong.

BioMed is a large in-patient clinic. Its two buildings hold an impressive 135 beds. At this writing not many Americans come to the clinic, perhaps because not many people in America are aware of it. But it has an impeccable reputation for professionalism and an impressive record of success.

For example, the American whistle-blower and health advocate Dr. Ralph Moss highly recommends this clinic. A few Americans have come to BioMed for treatment as a result of his endorsement.

Five-year-old boy with brain cancer *enjoys* his treatments!

When we visited, there was only one English-speaking patient, Michala from Greece. She was glad to let us interview her.

Michala wasn't at the clinic for herself. Rather, she was there for a follow-up visit with her 5-year-old son, Socrates. Her cheerful little boy had been diagnosed a year-and-a-half ago with perhaps the deadliest form of brain cancer, glioblastoma multiforme.

Conventional doctors consider this kind of brain cancer a death sentence, and the conventional treatments for children are harsh. The cancer (or the conventional treatment) usually kills children in a year.

Because Socrates has survived a year and a half, he has already enjoyed a six-month bonus. And best of all, says Michala, he enjoys an outstanding quality of life because there are no side effects to BioMed's treatments.

Visualize how a child with brain cancer would react when his parents bring him back to a conventional hospital for another round of conventional treatment. Recalling the misery caused by the previous round, the child would be kicking and screaming in terror.

But it's nothing like that at BioMed!

Little Socrates wasn't one bit afraid to re-enter BioMed for the follow-up visit. Michala said that he thinks it's sort of like they're staying

in a hotel on vacation. And in between the treatments Michala takes Socrates out for fun side-trips, just as if they were on vacation.

Michala knows from personal experience what children with brain cancer suffer in hospital cancer wards in Athens. The high toxicity of the treatments makes them lose their hair and their color. It's heartbreaking that conventional doctors subject so many children to this kind of misery.

In Greece, when Socrates first came down with brain cancer, his parents followed the doctors' advice and plugged him into conventional treatment. And so he underwent surgery, radiation, and chemo for three months.

When the tumor came back, a doctor advised them: "Go home. Don't take any therapy." The doctor just gave up and recommended that the parents do the same. But they didn't take that death sentence as the last word.

Instead, they looked for an alternative. Other doctors said, "There's nothing we can do." Mom and Dad kept looking.

Some people in Greece recommended BioMed because of its impressive track record of treating tough and stubborn brain cancers.

When Michala contacted BioMed, they didn't say no, though they normally don't accept children. They said, "We'll try." Michala told us, "BioMed is a very good choice."

Though Michala said it's not easy to deal with the stress of having a child with brain cancer, she added, "When we're here we go to the Schwarzwald (the Black Forest). We go to the lake. We meet other people. Staying at the typical cancer hospital is like staying in a prison. That's not the way it is here. This is a good way of life. This is a good benefit."

Effective cancer treatments don't have to be pure hell

Indeed, BioMed, like all the other clinics we visited, doesn't look or smell at all like a

hospital. And the cancer treatments are mild, not harsh.

We watched little Socrates playing happily on the floor with his toys. He was as cheerful as any other boy his age. It's *disgraceful* that so many hospitals in the USA needlessly put children with cancer through *pure hell*. When will this cruel medical insanity in America end?

At first, BioMed's Medical Director told Michala that he didn't want to give Socrates any chemotherapy. Later he recommended *some* chemo, but only a low dose. It hasn't caused the boy any problems.

Michala said they were in BioMed when her son's fifth birthday rolled around. The secretaries, nurses, and other staff members gave him presents. They held a big party with a lot of balloons and a big cake. He had a wonderful birthday.

As Michala explained, "Here at BioMed it's as if everyone has given us a big hug. Everybody treats Socrates with love. Greek people are loud, and Germans are quiet. But nobody complains about us. The staff is always helpful. Socrates is a good friend of the ladies who clean the room. Every morning they bring him a toy and play games with him.

BioMed's head psychologist Erika told us, "Socrates is at the point where psychotherapy can really make the difference between life and death. Socrates enjoys living. For a cancer patient, that's important. If life isn't fun, some cancer patients just give up."

Psychology is an integral part of BioMed's treatment plan.

Mild treatments – no harsh side effects

BioMed is the largest hyperthermia center in Europe. Like the other German cancer clinics we visited, BioMed often uses hyperthermia in conjunction with low-dose chemo. Patients suffer no harsh side effects from this mild form of treatment. It's even mild enough for a child –

as in the case of Socrates.

Two staff members, receptionist Marit Ehnert and head psychologist Erika Haese, gave us a tour. These two lovely ladies, both of whom speak fluent English, were happy to sit down for an interview.

We asked Marit and Erika to tell us about some patients who'd gotten rid of "terminal" cancer. They obliged.

Former bone cancer patient zips around Europe on a motorcycle

In 1995, a 55-year-old German named Georg (pronounced "Gayorg") came to BioMed as a last resort for his metastasized bone cancer. He had cancer from head to toe. He could barely walk. He went through BioMed's treatment plan, which includes hyperthermia, detoxification, and mistletoe.

Now – twelve years later -- he's going on a motorbike tour throughout Europe. He keeps in touch with the staff at BioMed, who saved his life.

Stomach cancer patient gives up on chemo

In 1994 Dieter, a 42-year-old man from the Frankfurt area, came to BioMed with stomach cancer that had spread to his liver, spleen, and entire abdomen. In Heidelberg he had received chemotherapy, but the chemo had no effect whatsoever on the cancer. His doctors didn't expect him to live.

At BioMed Dieter received a special kind of chemo in low dose along with whole-body hyperthermia. Fourteen years later, he's still doing fine.

Patient from Spain gets rid of metastasized prostate cancer

Conventional doctors could do nothing for Friedrich, a 60-year-old prostate cancer patient living in Spain. His cancer had metastasized

and was running amok throughout his body. He came to BioMed and underwent two cycles of hyperthermia with low-dose chemo. Today he remains cancer-free.

The treatment plan at BioMed includes these therapies:

- A healthful low-meat diet emphasizing fruits and vegetables and discouraging sugar
- Detoxification, including colonic hydrotherapy
- Magnetic-field therapy
- Oxygen therapy
- Ozone therapy
- Hyperthermia (which the receptionist Marit called "fever therapy")
- Dendritic cells
- Psychological counseling and relaxation exercises
- Therapeutic massage
- Qigong (pronounced chee gong) exercises that relieve pain
- Mistletoe therapy
- Insulin potentiation therapy (IPT)
- Infrared therapy for skin metastasis
- Light therapy
- Art therapy
- Music therapy

When I asked Marit about "fever therapy" at BioMed, she told me it meant hyperthermia. Apparently BioMed doesn't use injections to induce fevers.

After touring BioMed, Marit suggested we visit the local winery, which we did. We chatted with Stefan Hitziger, the young man who owns the winery. He proudly offered us samples of his wines – both red and white. He doesn't produce enough wine to sell it outside his local market. I bought a bottle of his Gewürztraminer, a delightful white wine – a bargain at five euros – about \$7.

Marit also recommended that we try a dish called “saumagen” at a local restaurant. This regional specialty is a favorite of the German statesman Helmut Kohl. Again, we followed her advice to the letter when we went to one of the local restaurants in the historic district. The tasty vegetable and pork dish included a generous mound of sauerkraut.

Patients avail themselves of the healing waters of Bad Bergzabern

Bad Bergzabern is a spa town that’s famous for mineralized waters that are said to have medicinal value. Patients may, if they like, take advantage of the local “Therme,” the complex of therapeutic baths that includes hot pools, cold pools, saunas, and therapeutic massage.

Dr. Hager published his proof in scientific journals

If you’re interested in investigating scientific proof of the effectiveness of BioMed’s therapies, you can read the late Dr. Dieter Hager’s article “Deep Hyperthermia with Radiofrequencies in Liver Metastases,” which was published in the scholarly journal *Anticancer Research* 19: 3403-3408 (1999).

In this study, 80 patients were treated for colorectal cancer with liver metastases. They were given hyperthermia and low-dose chemo. The study found that the average survival time was “twice as high as expected” – compared to patients treated with chemotherapy alone.

Dr. Hager also published an article titled “Intraperitoneal hyperthermic perfusion chemotherapy (IPHC) for patients with chemotherapy-resistant peritoneal disseminated ovarian cancer.” This study, which involved 36 patients, found that IPHC is associated with a marked prolongation of survival and improvement in quality of life. The reference can be found in the *International Journal of Gynecologic Cancer* 2001;11 (Suppl. 1): 57-63.

In addition, Dr. Hager published scholarly

articles about such things as hyperthermia and glioblastoma brain cancer in the German scholarly journal *Deutsche Zeitschrift für Onkologie*, but I’m not aware that they have been translated into English.

How to get to the BioMed Klinik

Americans who want to go to BioMed for treatment first need to send the facts about their case to the clinic. This information is usually sent over the Internet. One of the English-speaking doctors then looks over the records and makes a recommendation.

The patient then makes the flight arrangements. Patients can fly into Frankfurt or Stuttgart.

Patients and their companions usually rent a car and drive to the clinic. That’s because most patients like to explore the surrounding area. France is just five miles away, and the historic French city of Strasbourg with its charming blend of French and German culture is just a short drive away.

Marit told us that in Strasbourg you can buy a card for 6 euros that gives you admission to all of Strasbourg’s 14 museums. And she said Strasbourg at Christmastime is simply a must – a dazzling fairyland for people of all ages.

If the patient can’t rent a car or prefers not to, other ways to get to the clinic are available. The clinic can provide details.

One advantage of staying at BioMed is its proximity to France. If you love France, look no further! BioMed is also near the famous Schwarzwald (Black Forest).

Though my colleagues and I didn’t have time to visit the local Therme (the pool and sauna complex), we heard good things about it. We definitely consider it an advantage to have such a facility close to the clinic. Bad Bergzabern is beautiful and captivating.

Some patients prefer a small, intimate clinic; others prefer a larger clinic. BioMed is quite large (135 beds).

Part II: The 2010 visit

When I re-visited BioMed in 2010, I was happy to hear that little Socrates, the young brain cancer patient I had first met three years earlier when he was five, is still doing fine. According to the prediction of his conventional doctors in Greece, he should have died in 2007. But BioMed proved that prediction wrong.

I had already met BioMed's new medical director, Friedrich Migeod, M.D., three years earlier when he was on the staff of the Pro Life Klinik in Igls/Innsbruck, Austria. Before that, he was at St. Georg working under Friedrich Douwes, M.D. Dr. Migeod certainly has a lot of experience.

The most amazing thing I learned during my 2010 interview with Dr. Migeod is that he's perhaps the only doctor in the world who's curing liver cancer with a simple, quick, effective procedure called the "hot needle."

Liver cancer patients need the "hot needle"

Dr. Migeod believes liver cancer doesn't need surgery. It needs the "hot needle." He started using the "hot needle" 10 years ago at St. Georg. He was the only one who could do it, and he cured over 300 liver cancer patients at that clinic, including patients who had metastasis to the liver. He has done about 100 "hot needle" cures at BioMed.

Here's how the "hot needle" works. Dr. Migeod gives the patient a local anesthetic in the liver area. The patient lies on the left side, so no bleeding can occur. Under ultrasound control, the doctor puts in a special needle right into the middle of the metastasis. Then he heats up the tip of the needle about as much as a lamp, using a mild electric current. The tip of the needle gets hot -- 70 degrees, 80 degrees, 90 degrees Celsius -- and hot water comes out of the tip of

the needle. The cancer cells simply can't take the heat and die by the millions.

Dr. Migeod told me, "On the ultrasound screen during this procedure, you see a cloud around the area of the needle. When the cloud reaches the boundary of the metastasis, then you know the heat has reached the outer boundary, so you heat up just a little more to be sure you have everything." The procedure lasts about an hour or less, and the patient normally has no pain because the liver has no nerves. Then the doctor removes the needle, and the patient lies on his left side for three or four hours.

The results of this simple procedure are the equivalent of major liver surgery! Dr. Migeod told me, "It works if the metastases aren't too large or too many." If he's the only doctor in the world who's using the "hot needle," he needs to teach some other doctors how to do it.

Another thing I learned from Dr. Migeod is that BioMed is one of the clinics that uses hyperthermic perfusion therapy for peritoneal cancer and also for bladder cancer.

Here's how that therapy works. The peritoneum is the membrane that forms the lining of the abdominal cavity. In hyperthermic perfusion therapy, the doctor uses a dialysis machine to infuse a liquid that's heated to 48 degrees Celsius (118 degrees Fahrenheit) into the peritoneal cavity. One hundred to 200 milliliters of this heated liquid, which can contain chemo, is pumped in and out of the cavity for an hour or two with a local anesthetic. During the procedure the patient relaxes on a bed with a doctor and nurse nearby. The patient feels no burning or discomfort. It's an easy treatment.

Bladder cancer patients can also benefit from hyperthermic perfusion therapy, in which

the heated liquid is pumped in and out of the bladder.

One of BioMed's specialties is brain cancer, including glioblastoma multiforme, which is the most dangerous, deadly, aggressive form of brain cancer. Dr. Dieter Hager, BioMed's previous medical director, developed a combination therapy for brain cancer that Dr. Migeod explained at a medical conference in America in 2009. He presented statistical proof that you can improve the survival of brain cancer patients by adding local hyperthermia and frankincense.

Natural "chemo" for brain cancer

Frankincense has a good effect on brain tumors because it blocks cells that want to duplicate. Dr. Migeod told me, "This has been investigated and verified scientifically. It's like a natural chemo with no side effects." BioMed prefers African frankincense. Brain cancer patients swallow 12 frankincense capsules a day.

BioMed also uses vitamins D and A for brain cancers. Socrates used these therapies to beat his glioblastoma multiforme.

For adult brain cancer patients, BioMed prescribes thalidomide. It's non-toxic, and the only side effect is that it makes the patient sleepy, so it should only be taken in the evening. Thalidomide is one of the three methods BioMed uses to shut down the blood vessels that feed the tumor. (The other two methods are hyperthermia and quercetin, a plant-extract supplement.) Thalidomide can help beat the toughest brain cancers, but it must not be taken by pregnant women or women who may become pregnant.

Because time was short, I didn't have time to visit the local spa park, but Dr. Migeod said it's definitely a benefit to the patients. There's a Kneipp wading pool course in the park — a row of five or six shallow pools. The Kneipp water therapy helps train the blood vessels, which improves circulation. Some patients make a tour of the pools in the morning. The spa park is only about 300 yards from the clinic. It's a large park

— about a mile long. If a patient doesn't feel like walking back up to the clinic from the park, a driver can pick the patient up.

Dr. Migeod said it's possible to do a Kneipp water therapy at home in the shower — alternating between hot and cold water. Another way is to use two buckets of water — one hot and the other cold — and take a foot bath, alternating between the two buckets. If you end the therapy with cold water, it can make you naturally sleepy and improve your sleep.

Cost of treatment at BioMed

The cost of treatment varies, depending on how long you stay and what kind of treatments you get. Normally, patients spend two weeks at the clinic. Sometimes one week is enough if the case isn't complicated. One week at the clinic will cost about 3,000 to 4,000 euros; two weeks, 6,000 to 8,000. Local hyperthermia is an extra 220 euros. Whole body hyperthermia is an extra 600 euros plus the cost of chemo, if prescribed. But the chemo is given in low dose, which helps keep the cost down. Everything else, including room and board, is included in the basic price.

There's a nominal charge for companions who want to stay at the clinic. Or they can stay at a local bed & breakfast.

Treatment starts on the first day, and treatments are every day except Sunday. The treatment schedule is intensive. Each patient gets an e-mail describing the treatment plan.

Patients are happy to have wireless Internet, a feature that was installed in 2008.

Patient feedback about BioMed

I sent out an e-mail to everyone who bought the first edition of *German Cancer Breakthrough*, requesting feedback -- positive or negative -- from customers who actually went to one of the clinics I recommended. Two customers gave me feedback about BioMed.

One of these customers was Bryce from Canada. Bryce and his father personally toured

four of the clinics featured in my book before selecting BioMed. Bryce wrote, "We were very impressed with BioMed and felt that the staff and standard of treatment were of very high calibre. We chose this clinic for my mom."

Bryce's father, Allan, wrote, "I consider BioMed a quality medical facility with great integrity." I agree with that assessment.

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Chapter Five

Dr. Ursula Jacob's Privatklinik in the Black Forest

The doctor to the stars welcomes everyone at her new clinic

Dr. Ursula Jacob, M.D., has treated quite a few movie stars and celebrities over the years, but most of her patients are just ordinary people like you and me. A native of Germany, she got her medical degree in Budapest, Hungary -- an incredible achievement, considering that the Hungarian language is almost impossible for a foreigner to learn. She's also fluent in English.

Dr. Jacob has a compassionate, gentle approach with her patients and tailors the treatments specifically to their needs. Patients come to Dr. Jacob from all parts of the world to receive care.

When I visited Dr. Jacob at her new Privatklinik in Germany's fabled Black Forest, she introduced me to a young patient she had rescued from the brink of the grave. I personally interviewed this man to get his story -- a story so extraordinary it's almost unbelievable.

Oliver spends \$350,000 in America, calls it a waste of money

Oliver, who's English, told me that before he discovered the German cancer breakthrough, he went to one of America's elite cancer hospitals: M.D. Anderson in Houston. I asked Oliver how much his M.D. Anderson bill was. He replied, "\$350,000." I asked, "What did you get for it?" He replied, "Absolutely nothing!"

For about one tenth of \$350,000 you can go to Germany and be treated by Germany's finest cancer doctors.

When I interviewed Oliver in October of

2010, he was 38 years old. His cancer nightmare began in 1997 when he was 25. By the time he was diagnosed, he was full of cancer. In England, he had 12 cycles of chemo, and his cancer seemed to be gone. When it came back, he had radiation, which caused such a bad reaction that it had to be stopped.

Running out of treatment options, he needed a stem cell treatment. He didn't think England was the best place to have stem cell treatment and decided to go to M.D. Anderson in Houston. M.D. Anderson is one of America's top cancer hospitals for conventional therapy, and it also offers some alternative treatments, such as stem cell therapy.

When he arrived at M.D. Anderson he was in such bad shape that they put him on a round of "rescue" chemo. But none of the standard "rescue" chemos worked, so they put him on a non-standard rescue therapy used for lung cancer. Then they gave him stem cell transplants. The stem cells were autologous (self-donated). Oliver spent 10 months at M.D. Anderson, and then he went to Australia to recuperate.

Within six months the cancer returned under his arm. He had radiation in Australia, and the cancer came back again nine months later. His Australian doctors said, "There's nothing we can do for you here. Go back to M.D. Anderson." He did. But M.D. Anderson referred him to a New York facility for antibody therapy. He went there and had the therapy, but it didn't work.

Oliver went back to England, where his doctors put him on chemo, to which he had become resistant. His lymph node kept growing

and was gradually strangling him.

“Whatever you do, just get yourself to Germany!”

In desperation, Oliver put up a website about his struggle against cancer. A young lady from Australia, Clare Mason, saw his website. Clare was a cancer patient of Dr. Jacob and was getting good results. Clare told him, “Whatever you do, just get yourself to Germany!” Having run out of options, Oliver took her advice. He was rapidly going downhill and was in danger of dying.

When Dr. Jacob first saw his medical records, his condition was so dire she didn’t know if she should take him. She told me, “He was in really, really bad shape. He had a big lymphoma on his liver, he had turned yellow, and he had lost a lot of weight and muscle mass.” In other words, he had one foot in the grave and his other foot on a banana peel. His case seemed just about hopeless.

Dr. Jacob couldn’t promise a miracle. She never lies to patients or promises more than she can deliver. She told Oliver’s family his case was difficult and the outlook uncertain at best. But she agreed to try to help him.

Oliver first saw Dr. Jacob in the middle of 2001 when she was on the staff of the Leonardis Klinik in southern Germany. He arrived in a wheelchair and struggled to breathe because of the tumor that was strangling him. Dr. Jacob tested him for sensitivity to see which therapies would be the most effective for him, gave him proper treatments, and relieved his acute symptoms including his shortness of breath.

Dr. Jacob saw what M.D. Anderson had missed!

When Dr. Jacob looked at his medical history, she noticed some gaps in the protocols he’d been following. Her molecular diagnostics caught what the previous doctors had missed: Oliver had CD-20 positive Hodgkins disease.

Having correctly diagnosed the cancer, she developed a new treatment strategy that helped Oliver build up his bone marrow that had become severely deficient.

Within two weeks, Oliver’s bone marrow grew back completely so he could get the specific low-dose chemo needed to kill his cancer. Together with hyperthermia and other therapies, his cancer shrank quickly. He got local hyperthermia because he couldn’t handle whole-body hyperthermia.

The shocking facts about “chemo brain”

Since 2008, he has been cancer free! Since Oliver was sitting right in front of me and looked perfectly healthy, it was hard to believe he had been so near death.

But he does have lingering health problems because of the harsh conventional treatments he got before discovering German therapies.

Problem one: Oliver told me he now has “chemo brain.” Even though he’s a young man, he now has the brain of an 80-year-old because of all the high-dose chemo. “Chemo brain” is a form of dementia that impairs short-term memory, and that’s one reason why Dr. Jacob doesn’t favor high-dose chemo. She has different strategies and therapies that are less toxic.

Problem two: Oliver now has practically no immune system, and he can easily get infections. To strengthen his immune system Dr. Jacob gives him doses of colostrum and also immunoglobulin therapy, which he takes under the skin. Colostrum supplements are readily available at American supplement stores and are excellent for both treating AND preventing disease.

Oliver befriends a movie star

During one of Oliver’s follow-up visits, he met movie star Farrah Fawcett, who was also a cancer patient at the Leonardis Klinik. Oliver and Farrah became good friends.

What I'm going to say about Farrah's case is based on public information. Therefore, it doesn't violate the principle of medical confidentiality.

As you know, Farrah lost her courageous battle against cancer. But you may not know the real reasons for her death.

Three key factors contributed to Farrah's death:

- Farrah's addiction to sugar (Coca-Cola)
- Stress from Farrah's son's drug conviction and incarceration
- Farrah's decision to revert to high-dose chemo, a toxic treatment, when she returned to America

In addition to managing stress, it's especially important that cancer patients follow an anti-cancer eating plan. The keystone of that plan is to avoid refined sugar because *sugar feeds cancer*. Unfortunately, Farrah had a weakness for Coca-Cola, which is jam-packed with sugar.

On June 1, 2007, Farrah received a specialized treatment at the University of Frankfurt, after which she took a five-hour van ride back to Dr. Jacob's clinic. Significantly, on the drive back, Farrah insisted on stopping at a fast-food joint where she wolfed down a gigantic burger and drank a Coke, her favorite beverage, according to the diary of Farrah's best friend Alana Stewart, who accompanied Farrah on the van ride.

Even in the midst of her cancer treatments in Germany she couldn't stop drinking Coca-Cola. Each 12-ounce Coke contains an astounding *10 cubes of sugar*! And sugar is cancer's favorite food.

Let me add in passing that "Diet Coke" and other "diet" drinks typically contain aspartame (Nutrasweet), which turns into formaldehyde when it reaches body temperature. Formaldehyde is what morticians use to embalm dead bodies. For that reason, "diet" drinks are

not recommended as a healthy alternative to sugared drinks. The FDA never should have approved aspartame for human consumption.

Even though Farrah failed to beat her cancer, did she benefit from the German therapies? Definitely. These therapies extended her life and gave her a better quality of life. But, as Oliver told me, "You have to stick with it for the full duration. The patient has to be on the same page with the doctor. Otherwise it's a waste of time and money. And then you lose."

These treatments can help beat even tough, stubborn cancers

Here's a list of some of the key treatments Dr. Jacob can provide on-site:

- Hyperthermia, both local and whole body, with or without low-dose chemo
- Immune-boosting therapy
- Naturopathic treatments
- Psycho-oncology
- Anti-cancer eating plans with fresh vegetables and fruits
- Chemo-sensitivity testing
- Vitamin C and other vital antioxidants by IV
- Regenerative treatments
- Homeopathy
- Anti-viral treatments
- Individual preventive therapy based on gene analysis
- Dendritic cell vaccines and other vaccines
- Acupuncture and physiotherapy
- Magnetic therapy

Patients get magnetic therapy while luxuriating in the Cleopatra Bath -- a specialized therapeutic bathtub that includes both kinds of magnetism: pulsed field and permanent field magnetism. Magnetic therapy boosts the immune system. The manufacturer of the Cleopatra Bath claims that magnetic therapy without water helps 70 percent of patients, but

magnetic therapy with water helps 85 percent.

Dr. Jacob's clinic has a staff of 40 people to take care of a maximum of 17 inpatients. One of the doctors on staff is an Australian, Greg Schwarz, M.D. He left Australia because of the lack of medical freedom there.

Another staff member is Sicco Schwenzfeger, a physiotherapist and lymphologist. He excels at bone setting and lymph drainage therapies. He also studied traditional Chinese medicine and acupuncture.

Lymphatic movement is essential for detoxification

Sicco Schwenzfeger knows exactly how to give patients a lymphatic massage for maximum detoxification. And he also has an even rarer skill. He's one of the few specialists who knows how to help women who have tough, fibrosis scar tissue following a breast implant -- a common problem. He can permanently soften the breast in just 20 minutes with a specific kind of massage. The benefit of softening the breasts, besides comfort, is that a woman with soft breasts can check herself for breast cancer. Schwenzfeger said that if women find breast cancer on their own, they have an excellent chance of beating the cancer.

Patients are tested to determine what substances will be effective against the tumor. The physiotherapist said he has a high degree of confidence in the tests. He told me, "We looked for a lab with *impeccable* accuracy until we found one that we trust. We have specialists all around -- a network of cooperating doctors that Dr. Jacob has built up for years. We have a joint specialist in Austria, a lab in Greece, Dr. Vogl at the University of Frankfurt, a surgeon close to Munich, and specialists in Berlin. We also work with doctors in New York, Los Angeles, and Australia."

Here's a list of some of the treatments Dr. Jacob's network of cooperating doctors can provide:

- Surgery or radiation, if needed
- Venous port implantations
- Embolization, which shuts off a tumor's blood supply
- Perfusion therapy, which introduces chemo directly into the tumor
- Laser therapy
- Cyberknife

Dr. Jacob said she can't treat acute leukemia on-site because special equipment plus a blood bank are needed for that. But she can treat chronic leukemia, Hodgkins, and non-Hodgkins. She can treat a wide variety of cancers, such as ovarian, melanoma, and pancreatic cancer, even with metastasis to the liver and lymph nodes.

Siegfried & Roy, Cher, and other celebrity patients

Over the years Dr. Jacob has treated celebrity patients who can't be named without violating medical confidentiality. The names of some of the celebrities, however, have appeared in the press or on the Internet and, therefore can be named. Celebrity patients who went to the Leonardis Klinik, where Dr. Jacob worked, include Siegfried & Roy, Cher, Ryan O'Neil, George Hamilton, and others.

The Leonardis Klinik closed after the unfortunate passing of its founder, Albert Scheller, M.D. After his death, Dr. Jacob fulfilled her dream to found her own Privatklinik in the Black Forest, about 40 miles from where she grew up.

Let me say a few words about the Black Forest because I had never been there before, and it wasn't at all what I expected. Of course, I knew in advance that the Black Forest isn't black, just as Kentucky bluegrass isn't blue. As someone who grew up in the Midwest, I expected the Black Forest to be something like the woods of Minnesota and Wisconsin. What I found was quite different.

The Black Forest is no ordinary forest. It's in a spectacular, mountainous region of Germany. We had to make quite a few hairpin turns to get there, and it was certainly worth the effort. The Black Forest is oxygen pure. Also, it's bucolic. When you're in the Black Forest you can expect to hear cowbells as the cows graze in the meadows.

Patients go for a walk in the Barefoot Park

Like all of Germany's top cancer doctors, Dr. Jacob encourages her patients to get exercise, if at all possible. For patients who are able to walk, the Black Forest's famous Barefoot Park is just 100 yards from the clinic. During the warmer months, patients can take off their shoes and walk through this park, which features a variety of textures to stimulate the soles of the feet: wood, stone, lawn, water, and so on.

The soles of the feet have acupuncture points that correspond to the various organs of the body, and a walk in the Barefoot Park stimulates these points. It takes about an hour to walk through the Barefoot Park, and I certainly would have done so if time had permitted.

Patients who can handle more vigorous exercise can go for a mountain hike or a bicycle ride. The clinic provides three bicycles that patients are free to use. Nature is the therapist. During the colder months, patients can exercise in the clinic's gleaming new gym.

What Dr. Jacob's new Privatlinik is like

Having visited the now-closed Leonardis Klinik, I believe Dr. Jacob's new Privatlinik meets or exceeds the standards she helped set at Leonardis. After finding a suitable building, she completely gutted it and had it remodeled to her specifications.

The patient rooms are spacious. There are eight double rooms (to accommodate the patient's companion) and eight single

rooms. There is also one suite, which is more impressive than any hotel suite I've ever seen. The floors are hardwood. The bathrooms are enormous. Everything is incredibly clean. And each inpatient room has a balcony with a view. Outpatients can stay in one of the apartments next to the clinic. Wireless Internet is also available to everyone.

The Privatlinik is a comfortable, sociable place -- not at all like a hospital. It's easy for patients to make friends. During the warmer months, patients can get sunshine and fresh breezes in the spacious outdoor patio.

How to get to Dr. Jacob's Privatlinik

The closest airport is Stuttgart, and a driver will pick you up there. You can easily get a connecting flight to Stuttgart from major airports such as Frankfurt or Munich.

The cost of being treated at the Privatlinik depends on what treatments are needed. Every case is different. The basic day rate for outpatient treatment is 445 euros. This includes the standard services such as medical evaluation, psychological counseling, nursing services, basic oral medication, and meals during the time of treatment. There are extra charges for other services like lab work, extra medications, infusions, prescribed therapies, and treatments.

For inpatients, a single room is 580 euros per day. A double room is 650 euros per day. And the extra charge for a patient's companion is 125 euros per day.

When you visit Dr. Jacob's website, be sure to click the "English" link right away. At first I missed that link because I was looking for an icon of the British flag, which wasn't there. The staff members are fluent in English and can easily accommodate English-speaking patients.

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Chapter Six

Aesculap Klinik in Brunnen, Switzerland

Traditional and complementary medicine meet by Lake Lucerne

Some American doctors suggest a strategy of “watchful waiting” for prostate cancer patients. One of Switzerland’s top cancer doctors, Marcus Schuermann, M.D., *totally disagrees*. When someone has lived with cancer for five or 10 years, the cancer may escape, resulting in bone metastasis. Instead of ignoring the cancer, Dr. Schuermann says it’s better to deal with it and solve the problem.

Dr. Schuermann is the head of the oncology department of Aesculap Klinik (pronounced eskoo-lopp clinic), which is located on Switzerland’s alpine Lake Lucerne -- a pristine, blue-green body of water fed from glacial melt. This gigantic lake is surrounded by snowcapped mountains. Dr. Schuermann pointed out one of the peaks above the lake that he had climbed. It was a five-hour climb, but he said the view from the top was worth the effort!

In my opinion, just going for a walk by the lakeshore and breathing the fresh mountain air would probably do more good for cancer patients than just about any chemo drug on the market.

Everyone who stays at Aesculap is guaranteed to have a room with a spectacular view because all 40 patient rooms are on the top two floors.

The Aesculap Klinik, named after the ancient Greek god of medicine, is a large facility that treats a wide variety of chronic illnesses, not just cancer. The cancer treatment center within Aesculap is small. There are three cancer doctors and three nurses on staff, and they treat about 300 cancer patients a year. These patients

come from all over Germany, Switzerland, Croatia, France, Australia, and a few from America.

The cancer treatment at Aesculap is always individualized. If a treatment isn’t working, Dr. Schuermann says that’s a clear signal to stop the treatment and try something else.

Dr. Schuermann is a well-informed, open-minded doctor who leans toward conventional medicine while using a remarkable array of natural and holistic therapies. He uses “integrative oncology.” He may be just the right cancer doctor for patients who want conventional cancer treatments in combination with natural therapies.

Chemo without the harsh side effects

As a conventionally trained oncologist, Dr. Schuermann uses the tools of classical (conventional) oncology -- surgery, radiation, and chemo -- depending on the case. He integrates classical oncology with hyperthermia, detoxification, nutrition, immune-boosting therapies, oxygenation, exercise, and other therapies.

In some cases, Dr. Schuermann says chemo may be a good idea to reduce the tumor burden. But he gives the chemo in a way that avoids the devastating, unpleasant side-effects of American-style chemo: hair-loss, vomiting, and a devastated immune system. To avoid these unwanted side-effects, he doesn’t prescribe chemo for three weeks. Instead, he prescribes

fractionated chemo, given just one day a week.

In other cases -- melanoma, for example -- Dr. Schuermann says chemo does no good at all. Using chemo in these cases would only help the drug companies get rich while ruining the patient's quality of life and hastening his death.

The cheap drug that works *better* than chemo for prostate cancer

Here's another example. When a man has stage four prostate cancer, Dr. Schuermann says no surgery, radiation, or local therapy is effective. In such cases he uses a combination of classical and holistic therapies including temporary use of a hormone-suppressing medication. He also uses an inexpensive drug he says works much better than chemo: Sitosterol, a synthetic estrogen compound.

Aesculap's on-site pharmacy has been making Sitosterol since May of 2008, and 190 patients have used it so far, with impressive results.

An Australian man took a 12-month supply of Sitosterol with him when he went back home. He had locally advanced prostate cancer, and he's still doing well after two years.

A 70-year-old German man with stage-four prostate cancer was also suffering from bone pain. He chose to use Sitosterol instead of chemo, and his pain went away. When he went off Sitosterol, his PSA started to climb, so he went back on it in 2009. His PSA dropped steeply after just three weeks. He would probably still be alive today if he hadn't had such a weak heart: he died in the summer of 2010 of a diseased heart valve.

Of the 300 cancer patients Dr. Schuermann sees every year, most suffer from cancer of the breast or prostate. He also sees some patients with colorectal, ovarian, pancreatic, stomach, and brain cancer.

Cancer patients at Aesculap can get moderate whole body hyperthermia, which takes four hours: one hour to reach the desired

core temperature, two hours at the temperature plateau, and one hour to come back down to a normal temperature.

I asked Dr. Schuermann what kind of dietary recommendations he gives cancer patients. He recommends lots of vegetables and fruit. He doesn't recommend some of the special anti-cancer diets like Budwig, Coy, or Gerson because he says the patient could lose weight on those diets, and that could be a problem. Furthermore, he said that some of the diets, (the Coy diet, for example, which is completely carbohydrate-free) are so strict that it's just about impossible to stay on them for more than a couple of months. Perhaps five percent of patients can do it, he said.

Dr. Schuermann said cancer patients should definitely avoid an excess of sugar and carbs because tumor cells consume large amounts of sugar. When you deprive the tumor cells of fuel, you can get the upper hand against cancer.

Cancer patients at Aesculap go through herbal detoxification therapies to flush toxins out of the liver, kidneys, and muscles. A weekly or twice-weekly infusion of vitamin C by IV detoxifies the muscles. Colonic hydrotherapy is also available to cleanse the colon. In addition, Aesculap has a biological dentistry program that can remove mercury amalgam fillings and replace them with non-toxic fillings.

Like some of the other advanced medical centers in Europe, Aesculap offers water therapy based on the health discoveries of Father Sebastian Kneipp in the 19th century. Taking foot baths that alternate between hot and cold water moves the blood from the extremities to the core even more effectively than exercise. Patients at Aesculap should request this therapy, which improves the circulation of the blood.

New computerized therapy helps stressed patients *relax*

For stress management and relaxation, Aesculap Klinik uses a form of music therapy called HerzMusik (heart music). The patient's

own heartbeat, at relaxation, is converted to musical sounds through a sophisticated computer software program.

Here's how Bernd Orzessek, M.D., one of Switzerland's leading authorities on HerzMusik, explains it: "The data of the heartbeat sequences which we collect during the time of relaxation are analyzed in regard to the musical aspects in it by the means of a specialized software. In the computer, the notes are handed over to all the flutes, violins, harps being transformed into music. You will get an audio CD and you will be able to listen to your heart as often as you like."

Listening to this personalized "heart music" helps put the patient into a relaxed state. This unique therapy is inexpensive: for 150 Swiss francs, a computer converts the sound of your heartbeat into music, and you get a CD of your own HerzMusik. This is an intriguing therapy. If time had allowed, I would have requested a HerzMusik CD based on my heartbeat.

Cancer patients also need to build their lung power

It has been said that deep breathing alone has made many a weak man strong and many a sick man well. Your breath is your power. Breathing brings revitalizing oxygen into the bloodstream, where it travels throughout the body. Yet many cancer patients are in the unfortunate habit of shallow breathing. They're not getting enough oxygen. To compound the problem, they get little or no exercise.

How patients build their lung power

Aesculap offers patients a practical method to build their lung power and establish the healthy habit of deep breathing. It's a method that can be used even by patients who are unable to do much exercise. The method uses an aerobic breathing machine called the SpiroTiger. This electronic device has an air tube connected to a balloon. After inhaling a full breath, the patient exhales the lungful of air into a balloon

against some resistance and then re-breathes it, 30 times a minute, while watching the monitor. Dr. Schuermann says you can inflate your lungs and re-breathe carbon dioxide with the SpiroTiger for quite a few minutes without any problems.

The SpiroTiger, which costs about 1,000 Swiss francs, trains the ribs and the diaphragm to breathe more deeply. And Dr. Schuermann sometimes adds supplemental oxygen to the SpiroTiger. With this training, the patient naturally breathes more deeply without having to think consciously about it. Patients who can engage in vigorous exercise don't need the SpiroTiger because vigorous exercise alone builds the kind of lung power you need for good health.

Patients at Aesculap find the place relaxing. They can stay at the "hotel," which is located at the top of the building. Or they can stay at one of the nearby hotels by the lake. Patients dine in Aesculap's restaurant, which is open to the public. The restaurant offers a mixed cuisine that's influenced by Aruvedic medicine. It's spicy. Dr. Schuermann likes to eat there and recommends it. In fact, my colleagues and I had hoped to enjoy a meal with him at the restaurant, but by the time we got down there, it was closed.

Cost of treatment at Aesculap Klinik

The foreign exchange rate fluctuates -- sometimes drastically. I will give you the costs in Swiss francs, and you can check the newspaper or the Internet to see what the current exchange rate is. Costs, too, can change. So before you make arrangements to receive treatment in Switzerland, you should get a cost estimate for the proposed treatment plan.

The daily cost for inpatient treatment at Aesculap Klinik is 1,600 Swiss francs per day. The outpatient cost is 400 francs less. These costs include low-tech therapies such as colonics and vitamin C by IV. Hyperthermia and chemo are extra.

Each session of local hyperthermia costs 480 francs. Moderate whole body hyperthermia at 39 degrees Celsius costs 500 to 600 francs.

To get to the Aesculap Klinik, fly into the closest major airport, Zurich, which is less than an hour away from Brunnen.

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Chapter Seven

Paracelsus Klinik in Lustmühle, Switzerland

The doctor on the German side of the lake was furious at the cancer doctors on the Swiss side. Unlike the other German doctors we've interviewed, this German doctor was like most American cancer doctors. He believed in only three ways to treat cancer: surgery, radiation, and chemo. He was miffed when one of his patients, 62-year-old Barbara from Germany, refused his recommendation of chemotherapy for her breast cancer.

She just said no to chemo. She wanted to avoid the misery and side effects. But her doctor couldn't handle the rejection. He wasn't used to patients taking their health into their own hands.

When the doctor found out that Barbara was getting alternative treatments at the Paracelsus cancer clinic across the lake in Switzerland, he hit the ceiling. He fired off a letter to the Paracelsus doctors, threatening to sue them for "irresponsible" treatment. That was in 2004.

Despite the threat of legal action for "irresponsible" treatment, the Paracelsus doctors knew they were on the right track. They were confident they could help Barbara get rid of her cancer without harsh conventional treatments.

Barbara went through the three-week treatment program at Paracelsus, an outpatient clinic that's famous for curing cancer with state-of-the-art natural treatments.

Barbara went back to Germany with a solid plan to keep her cancer from sneaking back. She has been cancer free ever since then. She's happy to return to the Swiss clinic for follow-up visits, and she still gets vitamin C treatments by

IV for preventive purposes and to strengthen her health.

Following her astonishing recovery, Barbara had a colonoscopy at a clinic on the German side of the lake. A polyp was removed, but the doctor didn't clamp it right and there was some bleeding. Barbara's surgeon was astounded that she recovered from this slight complication *within just one day*. Her healing process was almost immediate.

And the surgeon was also amazed that she wasn't taking any prescription drugs. Barbara told the surgeon that she was only taking the nutritional supplements that the Paracelsus doctors recommend — no drugs.

Hostile doctor changes his mind about Paracelsus

Even the doctor on the German side of the lake who had earlier threatened Paracelsus with legal action for "irresponsible" treatment has had a change of heart. Every time he sees Barbara, he marvels at how healthy she is. He's now asking Barbara about the natural treatments she got at Paracelsus: "What are they DOING up there?"

"Up there" is literally *up there!* Paracelsus Klinik is perched above the historic Swiss town of St. Gallen in the Swiss Alps on the southern side of a gigantic alpine lake.

To prepare for our visit to Paracelsus, which is named after a great Swiss physician of the Renaissance period, I asked the clinic for advice on where to stay. The clinic's patient coordinator Barbara Bischofberger e-mailed me three recommendations. My colleagues Lee Euler

and Richard McConnell and I decided to stay at the least-expensive of the three, the Pension Alpenheim Bed and Breakfast in Teufen. It was an excellent value.

Our appointment for a tour of Paracelsus was at 10:00 a.m. Our tour guide was the charming young lady I had been in touch with by e-mail, Barbara Bischofberger.

As Barbara walked us through the clinic, she told us about the eating plan for cancer patients that the clinic's director Dr. Thomas Rau, M.D., recommends. It's a largely vegetarian eating plan that's low in carbs. This is the same eating plan that's offered to patients who stay at the nearby hotel. We discovered how delicious this food is when we had lunch later that day with Dr. Rau and some of his associates.

Each cancer patient meets with the clinic's nutritionist, Sonja, because the physicians at Paracelsus believe eating the right foods is crucial to cancer recovery.

Monday through Friday the cancer patients are kept busy with eight or nine different treatments each day. The scheduling is well organized. Therapies start at 7:30 a.m. and go until about 5:00 p.m. The clinic is closed on Saturday and Sunday.

Paracelsus offers an impressive array of treatments including:

- Whole body hyperthermia up to 40 degrees Celsius (104 degrees Fahrenheit)
- Local hyperthermia
- Galvano treatment, a remarkable treatment used extensively in China that painlessly "zaps" cancer cells to death with just the right dose of electrical current
- Insulin potentiation therapy with low-dose chemo
- Live-cell therapy
- Sanum and Isopathic treatment to change the milieu and remove harmful bacteria and parasites
- Mistletoe therapy

- Lactic acid therapy
- Vitamin C infusions
- Infusions to alkalize the body
- Homeopathic infusions
- EDTA infusions (chelation) to detoxify the body
- Liver detoxification
- Colonic hydrotherapy
- Oxygen therapy
- Ozone therapy
- Pulsed magnetic field therapy to boost the immune system and accelerate healing
- Lymphatic massage for detoxification
- Infrared sauna to detoxify the body through the skin
- Thermography, which measures the body's temperature in various spots. Abnormal heat patterns can identify weaknesses in various organs.
- Darkfield microscopy, a diagnostic tool that allows patients to see their own living blood under high magnification. Patients can actually see their blood becoming healthier during their course of treatment, and that encourages them and promotes healing.
- Cardio-sonic treatments to reactivate the parasympathetic nervous system; through this treatment the patient learns how to regulate the heartbeat, relax, and manage stress.
- Acupuncture
- Cupping — a procedure that uses suction to induce microcirculation. Suction cups are placed along the appropriate meridian, along the back usually. This procedure helps detoxification through the skin by increasing blood flow rate within the minor capillaries of the skin.
- Foot reflexology

Some therapies, such as colonic hydrotherapy and cupping, are given twice a week. Other therapies, especially IV infusions,

are given every day, Monday through Friday. Patients take their infusions in one of the infusion rooms such as the Chalet Room or the Quiet Room.

The Quiet Room at Paracelsus is incredible. It's breathtaking. Through huge picture windows we saw cows and sheep grazing in the alpine meadows. We saw flowers everywhere. Though it's called the Quiet Room, it's not *really* quiet because we heard the sound of cowbells from the meadows — a pleasing sound indeed.

To say that Paracelsus is located in a charming part of Switzerland would be an understatement!

Another room that particularly impressed us was the Chalet Room with its knotty pine paneling. Patients find the Chalet Room a wonderful place to relax while they're getting their IV infusion therapy.

You can hear the soothing sound of running water from the fountain on the ground floor of Paracelsus because of the open architecture. A spiral staircase leads to the upper floors.

What's extraordinary about Paracelsus is that it has just about everything you need to cure cancer — even a biological dentistry department — under one roof! Well, two roofs, actually. There are two adjacent buildings: the dental building and the main building. As Barbara gave us a tour, we were amazed at the vast array of cancer treatments offered. Indeed, Dr. Rau later told us that Paracelsus has the widest variety of cancer treatments in Europe.

Here's what Dr. Rau told us:

"I don't say we're the best or the most specialized. But we definitely have the largest spectrum. And this enables us to do cancer treatments in an extremely individual way. We treat the person, not the cancer. Our approach to cancer is that there's a cause. Often there's more than one cause.

How Paracelsus cures cancer nature's way

"Strategy One is that we look for the causes, and the more pieces of the puzzle we can find, the better.

"Strategy Two is that we build up the immune system, which is connected to the intestinal milieu. We build that up intensively. Our comprehensive stool analysis reveals food allergies and the extent to which the intestinal flora (beneficial bacteria) have been destroyed. We change nutrition away from the food allergies so the immune system has more strength to fight the cancer. We provide an individualized, correct eating plan for each patient while they're here.

"T-lymph cells [part of the immune system] are located in the small intestine. But they can be paralyzed by a food allergy. It's like what happened to Germany in World War II. The Germans had most of their soldiers on the Eastern Front in Russia, and the Americans came in on the other Front and won the war. Take away the allergen, and the T-lymph cells are released to work on the cancer front."

It certainly makes sense that an eating plan that avoids food allergies frees up the immune system to vanquish the cancer.

Strategy Three is detoxification, which Dr. Rau said is absolutely essential to cure cancer. At Paracelsus, cancer patients usually get two sessions of colonic hydrotherapy each week. Paracelsus uses a closed system of colonic hydrotherapy. This means that the patient doesn't need to use the toilet after the procedure because water enters the colon through a tube and the waste exits the body through the same tube.

The colonic hydrotherapist massages the patient's abdomen during this painless, cleansing procedure, which lasts about an hour. And the patient can see the waste that has just been removed from the colon pass through the clear plastic tube. The closed system of colonic

hydrotherapy is a clean, odorless, efficient way to get rid of the garbage from the intestinal tract. Following this garbage removal, Paracelsus repopulates the gut with the beneficial bacteria needed for good health. This is called reforestation, which gives the immune system a boost.

Cleansing the colon is only one aspect of detoxification. Getting rid of heavy metals such as mercury is another.

But dental mercury is safe, right? Wrong!

Cancer patients often have a problem with heavy metal toxicity, and Paracelsus uses a variety of therapies to get rid of heavy metals such as mercury. Contrary to what you may have heard from conventional dentists about the “safety” of mercury in dental fillings, it’s a problem.

Dr. Rau told us that dental problems are the root cause of many cancers. That’s why each cancer patient at Paracelsus gets a dental examination that includes a panoramic X-ray. This X-ray is evaluated by a physician and a dentist. In fact, one of the dentists at Paracelsus, Frank Pleus, D.D.S., is also a licensed, practicing M.D. and also an oral surgeon!

Dental fillings containing mercury — often known as amalgam or “silver” fillings — need to be removed and replaced with a biologically compatible filling. Replacing amalgam fillings reduces the body’s toxic load, but it must be done the right way. Otherwise toxic fumes can be released, leaving the patient with even more mercury poisoning. The biological dentists at Paracelsus are experts at safely removing and replacing toxic fillings.

Root canals and other infections of the jawbone are linked to many cancers, according to Dr. Rau. He said that 147 out of 150 breast cancer patients at Paracelsus had root-canal infected teeth on the meridian that includes the breast. But only 35 percent of non-breast cancer patients had root canals on that meridian.

Every cancer patient at Paracelsus sees one of the biological dentists to determine if any dental problems need to be addressed as part of the individualized cancer treatment plan.

The therapy that gave actor Steve McQueen the upper hand over his cancer

Dr. Rau told us about a therapy Paracelsus offers that’s almost impossible to find anywhere else: live cell therapy.

Dr. Rau said, “We’re the only clinic in Switzerland — there’s another one in Germany — that’s allowed to do live-cell therapy. We have specific permission from the state to do it because we can prove that the cells are clean. We use live cells from the liver and thymus of newborn animals. We don’t kill the animals to get their live cells. Rather, we get the liver and thymus from lambs, calves, and piglets that would be killed anyway for their meat at the butcher shop.

“When these animals go to the slaughterhouse, our veterinarian is there to test and verify that the animals are clean. The animals come from free-ranging herds that have been grass-fed for generations. The animals are totally organic. After taking the liver and thymus, we make a preparation out of the healthy, fresh, juvenile cells. You have to break down the cell wall through the osmotic process to get to the inner part, which has healing substances.”

It’s rare to find a cancer clinic that offers live cell therapy. I first heard about this therapy when I interviewed the last surviving doctor from the medical team that treated movie star Steve McQueen for his mesothelioma in Mexico 30 years ago. McQueen’s medical team, which included a doctor flown in from Germany, gave him live cell therapy, and he was actually beating his cancer. McQueen died not from cancer but from a low potassium level and from complications of an elective surgery.

Now back to Paracelsus.

Cancer patients who come to Paracelsus undergo a wide variety of immune-boosting, detoxifying, and anti-cancer therapies over a three week period. During that time, the patient's white blood cells renew themselves totally, according to Dr. Rau.

Dr. Rau said that some patients ask what can be done in addition to chemo and radiation while other patients only want biological (natural) treatment. "I like the second group better," said Dr. Rau. That's because he has more confidence in natural treatments. Dr. Rau sometimes administers low-dose chemo but only when it's absolutely necessary. Because the chemo is low-dose, his patients who receive chemo experience no side effects: no nausea, no vomiting, no hair-loss.

Almost all cancer patients need intensive detoxification, especially those who've had high-dose chemo from a conventional cancer doctor.

Paracelsus empowers patients to take charge of their health

Dr. Rau said, "We once asked our patients what's the most important thing we provided. They said it was that we gave them the means of curing themselves, that we taught them how to integrate themselves into the treatment: how to change their eating plan, their attitude, their thinking."

This answer surprised the Paracelsus doctors. They had expected the patients to say that the treatments were the most important thing.

Dr. Rau told us, "Any cancer doctor who says none of his patients die is a liar. I couldn't say that 90 percent profit from our treatment, but at least 70 to 80 percent get a better quality of life. And many get a much longer lifespan than they were told."

Sadly, many cancer patients wait until they're at Stage Four before going to Paracelsus as a last resort. When a cancer patient reaches Stage Four, conventional cancer doctors typically

tell patients to put their affairs in order because they have just a few months or weeks to live.

Of course, it would be better not to wait until Stage Four to seek alternative treatment. But the doctors at Paracelsus have impressive success stories even with Stage Four patients.

"Hopeless" cancer patient from Brazil beats her cancer

For example, Dr. Rau accepted one such "hopeless" cancer patient from Brazil. "Maria" (not her real name) was about 60 years old when Dr. Rau first saw her. She had ovarian cancer with metastasis to the liver.

Maria had had surgery, chemo, and radiation — all that conventional cancer medicine could offer her — but to no avail. When she came to the clinic, she looked terrible. Her whole abdomen was jam-packed with cancer, and she had such a buildup of fluid in her abdomen that she looked like she was nine months pregnant.

Dr. Rau said his colleagues were shocked that he would admit a patient that had so little hope. "Are you crazy?," they privately asked him. "She's half dead! She'll die!"

But Maria was at Paracelsus, and Dr. Rau felt an obligation to do his best for her. He gave her mistletoe and high-dose ozone directly into the abdominal space, and every other day he gave her low-dose chemo. When Maria left the clinic after six weeks of treatment, she looked good. The excess fluid was all gone.

Six months later Dr. Rau called Maria to see how she was doing. She told him she was busy doing her housework. She said she has no more pain, no more bloating, and a good quality of life. Though it's too early to tell if she's cured for good, no one can deny that Paracelsus changed her life.

Lactic acid therapy: fighting fire with fire

One of the most unusual cancer treatments Paracelsus offers is lactic acid therapy, which neutralizes the lactic acid that enables cancer to hide from the immune system.

Here's how that therapy works. Unlike normal cells, cancer cells create their energy based on glucose fermentation. This anaerobic fermentation produces lactic acid. The lactic acid that surrounds the cancer allows the cancer to hide from the immune system.

Dr. Rau said, "How do we neutralize lactic acid? Right-spin lactic acid neutralizes the cancer cells' left-spin lactic acid, making a neutral molecule. It's a chemical expression."

Dr. Rau used this therapy on a breast cancer patient who had a big tumor infiltrating the muscle. An operation wasn't an option. So Dr. Rau injected lactic acid directly into and around the cancer. He also injected mistletoe and low-dose chemo (about one-twentieth the normal dose). The tumor shrank and shrank until it was completely gone. The patient's conventional doctors couldn't believe the tumor was gone.

Dr. Rau asked us to emphasize that local injections into and around cancer tissue of lactic acid, mistletoe, homeopathic chemotherapy and ozone are a very important form of treatment. He told us, "This treatment is probably one of the most specific and also most locally effective. For example, breast cancer tissue really 'melts' away."

We asked Dr. Rau what he would say to cancer patients who want to use do-it-yourself treatments at home instead of going to a clinic. He said these patients should at least go to a clinic for diagnostics, and then use do-it-yourself treatments at home. He said, "It doesn't matter whether you come here for two weeks or three weeks. You still have to continue doing the program when you return home."

We also sat down for an interview with Dr. Frank Pleus, M.D., D.D.S., O.M.F.S.

Like the other physicians at Paracelsus, Dr. Pleus is an anthroposophical doctor, that is, his practice of medicine is deeply influenced by the theories and discoveries of medical pioneer Dr. Rudolf Steiner.

The profound influence of Rudolf Steiner, the founder of anthroposophical medicine

It was Steiner who first proposed mistletoe treatment for cancer about a hundred years ago. Mistletoe is now a standard treatment for cancer at all of the cancer clinics we visited in Germany and Switzerland. It's well established in medical literature that mistletoe has a powerful, direct anti-cancer effect. It also boosts the immune system.

Another aspect of anthroposophical medicine that Paracelsus uses is therapeutic eurhythm — cardio-sonic treatment — which is a way of teaching patients how to influence their heart rate, manage stress, and relax. Staff therapist Michael Falkner measures the patient's heart rate and breathing with a computer, which generates music. As Dr. Pleus explained, "We call it 'heart-sound' (*herz-klang*)."

This computer-generated "heart-sound" together with breathing exercises reactivates the parasympathetic nervous system, which Dr. Pleus says is totally suppressed in almost every cancer patient. The parasympathetic and sympathetic nervous systems need to be in proper balance for good health.

As you may know, the sympathetic nervous system is the "fight or flight" part of your nervous system — the part that makes you feel stress. By contrast, the parasympathetic nervous system is the "rest and digest" part — the part that regulates your natural processes like digestion and makes you feel relaxed.

Here's another way to look at it. Your sympathetic nervous system is the accelerator, and your parasympathetic nervous system is the brake. As in driving a car, so it is in life: you

need both the accelerator and the brake, which complement each other. But in most cancer patients, the brake is out, and the accelerator is stuck to the floor!

Therapeutic eurhythmmy or counseling can fix that problem. It teaches cancer patients how to slow down, manage their stress, and relax so they can heal. This is crucial because stress-run-loose will rip the immune system to shreds.

The therapeutic eurhythmmatist Michael Falkner is also the staff psychological counselor. It has been statistically proven that counseling benefits cancer patients.

Dr. Pleus emphasized that cancer patients need to change their lives: "They need to change their stress levels. They need to reactivate their parasympathetic nervous system. They need to re-think what they eat. It's necessary to take self-responsibility. We give the patient an individualized protocol they can follow at home."

Dr. Pleus told us about a Stage Four cancer patient, 70-year-old Barbara from Massachusetts, who had cancer in both of her lungs. Her American doctor told her she had only six months to live. But she didn't accept that death sentence. Instead, she went to Paracelsus.

After getting rid of her cancer at Paracelsus, she returned to Massachusetts to follow the program at home. For exercise, she swims regularly and walks three miles a day. She even visited the ruins of Machu Picchu in the high Andes of Peru.

It's too early to know whether Barbara will become a long-term survivor. But a year after she left Paracelsus Dr. Pleus said, "She's doing very well."

Paracelsus has a daughter clinic in the Italian Alps

During our visit we learned that Paracelsus has a daughter clinic in the Italian Alps. We didn't have time to visit that clinic, but it offers practically all of the therapies the Swiss Paracelsus clinic offers.

One advantage of the Italian clinic is that the hotel rooms are located in the clinic. One disadvantage is that the Italian clinic has no biological dentistry department, but that would only be a disadvantage for cancer patients who need dental work.

But please note that the main clinic near St. Gallen, the one we visited, owns its own small hotel nearby called Hotel Sântis, where the patients get the correct cancer diet and can do some additional treatments in the evenings, including pulsed magnetic fields, local hyperthermia and sauna.

How to become a patient at Paracelsus

Paracelsus offers a variety of medical services, including health tune-ups and detox. But most patients go to Paracelsus because they have cancer or another degenerative disease.

To be treated at Paracelsus, patients must give a down payment when they arrive. Every week they get a statement listing the services rendered and their current account balance. Then they make another deposit for their second week to cover anticipated services.

The costs vary a lot depending on what kind of medication is recommended and how much dental work is needed. Dental work at Paracelsus can be expensive, but the clinic has a reputation for doing it right. If no dental work or expensive medications are needed, treatment at Paracelsus costs about 5,000 Swiss francs the first week and about 4,000 Swiss francs the following weeks, if intensive treatments are needed.

At this writing, the exchange rate between the U.S. dollar and the Swiss franc is about one-to-one. But exchange rates can change drastically over time. If you are thinking about going to Paracelsus, you should check the current exchange rate. The clinic can give you information about current costs.

Because Paracelsus is an outpatient clinic

only, it provides no overnight beds. The clinic can advise you about hotel options. Hotel and food costs are not included in the cost for treatments. To get to the clinic you would fly into the nearby Zurich international airport.

Contact information for the main Paracelsus clinic:

Paracelsus Klinik Lustmühle AG

P.O. Box 162
9053 Teufen/AR
Switzerland

Head physician: Dr. Thomas Rau

Websites:

www.dr-rausway.com

www.paracelsus.ch

e-mail: info@paracelsus.ch

Phone: +41 71 335 71 71

Fax: +41 71 335 71 00

Contact information for the daughter clinic in the Italian Alps:

Paracelsus Clinica Al Ronc

CH-6540 Castaneda

Website: www.alronc.ch

e-mail: info@alronc.ch

Phone: +41 91 820 40 40

Fax: +41 91 820 40 41

Chapter Eight

Dr. Frank Daudert's Praxisklinik in Bad Aibling

Part I: The 2007 visit

The charming town of Bad Aibling, on the edge of the Bavarian Alps, is certainly a good place for Dr. Frank Daudert's Praxisklinik for outpatients.

My associate Ric McConnell and I spent quite a bit of time interviewing the clinic's founder and chief physician, Dr. Frank Daudert. He told us a remarkable story about a visit in 2003 from a salesman representing one of the best-known drug companies.

The sales rep pulled open his laptop computer and asked Dr. Daudert, "How many patients do you have?" He entered the information into his laptop. A few minutes later, he gave Dr. Daudert a business proposition: "O.K. If you give every patient a high dose of chemotherapy, after one year you'll get 3.7 million euros back." That's more than \$5,000,000 at today's exchange rate.

Obviously, the drug company was willing to sneak this 3.7 million euros to Dr. Daudert under the table – with no taxes or reporting.

Without hesitation, Dr. Daudert replied, "I don't need your money."

Drug salesman tells Dr. Daudert, "You're from a different planet"

The sales rep shook his head in disbelief, saying, "Every hospital works together with us. You're from a different planet." After he walked out of the clinic, he was *still* shaking his head in disbelief.

To Dr. Daudert it was an easy decision to make. He doesn't give high doses of chemotherapy because that would harm his patients. It would violate the most basic rule of medicine, the ancient motto that says, "First do no harm." High dose chemotherapy definitely causes harm: it poisons and sometimes kills patients.

Dr. Daudert told us, "Now I understand why so many doctors give high dose chemotherapy." It was crystal clear to us, too.

He says the drug company doesn't like his use of "microchemotherapy" – the low-dose approach – because their sales to his clinic are 80 to 90 percent less than they could be.

Dr. Daudert also told us that researchers brazenly falsify many "scientific" studies that put drugs in a positive light. He knows of one such researcher who made 43 falsifications in his studies. He said, "He isn't in prison, but he should be."

Finally, Dr. Daudert made this observation: "Doctors give chemo, chemo, chemo. And patients die, die, die."

When Dr. Daudert administers low-dose chemotherapy in conjunction with hyperthermia, it causes no side effects. Patients don't lose their hair. They feel normal. They can go outside and enjoy the fresh air and the charm of Bavaria. They don't feel sickened, nauseated, and weakened. And he only uses low-dose chemo if testing shows it would help the patient get rid of cancer.

Saving a 55-year-old brain cancer victim from the brink of death

As he walked us through his clinic, Dr. Daudert told us about Edith, a 55-year-old woman from the nearby principality of Liechtenstein, who came to the clinic with her husband. She had a large brain tumor. She was vomiting and couldn't eat. She needed help in the bathroom. She had balance problems and had difficulty walking. She was suffering seizures. And she wasn't in her right mind, having lost her sense of time.

Edith's doctor in Switzerland had been giving her radiation and high doses of chemotherapy. But these highly toxic therapies had no effect whatsoever on her tumor, which kept growing. In desperation, Edith's husband, a helicopter pilot, drove her to Dr. Daudert's clinic.

Dr. Daudert told us that after just one week of treatment, Edith was eating and walking without difficulty. "The tumor has shrunk by 50 percent. I'll show you pictures," he said.

To shrink this tumor, Dr. Daudert used a variety of therapies combining natural medicine and conventional medicine, including immune-system building and hyperthermia.

Probably everybody produces cancer cells, but...

According to Dr. Daudert, every day a normal healthy body might develop, say, over 100 cancer cells. . .

"But your immune system destroys them. It's a good system. If your body has a weak immune system, cancer cells develop a protein coating the killer cells can't see, and they also build an acid wall around it. We destroy the acid wall with high-dose alkaline infusions. And we destroy the cancer cell's protein wall with special enzymes.

"Food is very important. If the patient eats a lot of sugar, the cancer cells are happy. Without sugar, they're unhappy. Eating the right foods

can help patients go from metastasized cancer to a state of health.

"We teach about food, what the patient is supposed to eat. We have relaxation therapy and psychological counseling. We want the patient to know everything about the disease and how to combat it, and everything about the healing process.

How conventional doctors brainwash patients into dying early

"We instruct the patient to think about healing, not about death. When doctors tell cancer patients, 'You're going to die in three months,' they often die within three months – not because of the cancer but because of the negative prediction. If they believe the doctor, they program themselves to die in three months. When a patient first comes to the clinic, our first step is to sit down with the patient for an hour or two and destroy this negative programming and give them *new* programming. If patients think only of dying, it's impossible to help them."

Study proves magnetic-field therapy boosts immune system, increases natural killer cells 20 to 25 percent!

As with almost all of the German cancer clinics we visited, one of the key therapies at Dr. Daudert's clinic is magnetic-field therapy. Dr. Daudert explained that this low-energy, low-frequency device comes from Russian space medicine. As the cosmonauts stayed in space for long periods, they encountered health problems. Being away from the earth's magnetic field impaired the function of their organs.

So Russian scientists developed a magnetic-field device the cosmonauts could use in space. The scientists found that cosmonauts needed to use it three times a day to keep their health on an even keel. With magnetic-field therapy, cosmonauts were able to stay in space for a year

and even longer with no problem.

NASA also uses magnetic-field therapy to keep U.S. astronauts healthy.

Here on earth it's not necessary to use magnetic-field therapy *three* times a day. At Dr. Daudert's clinic, the patients lie down on a special mat for 16 minutes of this therapy once each day.

Magnetic-field therapy supports every organ system in the body and boosts the immune system. It's proven. As Dr. Daudert told us, "Two years ago we did a study. We took blood samples from 200 patients on the first day. Then 100 patients took magnetic-field therapy, and the other 100 didn't. Patients who took the magnetic-field therapy were found to have 20 to 25 percent MORE immune cells, natural killer cells – the cells that can destroy cancer cells."

No wonder the German cancer clinics use this space-age technology as a key part of the treatment plan.

Healing energy in Bad Aibling causes plants to grow "like crazy"

There seems to be an amazing kind of healing energy in Bad Aibling. Dr. Daudert said, "It's crazy. The potted plants here grow at an astounding rate."

One therapy at the clinic that we didn't see at any of the other clinics is a device – a bed – that vibrates the patient not just up and down but also in a three-dimensional way. Dr. Daudert said this device promotes detoxification of poisons, including heavy metals. It cleanses the lymphatic system and benefits the liver and kidneys, too.

During the tour we bumped into the delightful couple from Liechtenstein I told you about earlier: Edith and her husband, the helicopter pilot.

Husband calls wife's brain cancer recovery "Incredible! Unbelievable!"

With unbridled enthusiasm, the husband told us, "I can tell you Edith's brain tumor declined by 50 percent – and that's in three-and-a-half weeks! Incredible! Incredible! Unbelievable! Our doctors in Switzerland would hardly believe it. They asked me, 'What have you done?' I told them, but they said, 'We don't want to discuss this.' And that's a shame. You can see the X-ray pictures. Incredible."

With our own eyes, we saw Edith walking unassisted with no problems whatsoever. And as far as we could tell, she seemed to be in her right mind. Her husband couldn't have been happier with her recovery.

As a token of international friendship, the husband picked up some treats at a local shop and gave them to us. We accepted this thoughtful gift with pleasure.

Dr. Daudert said he's had many successes with patients such as Edith who've come to his clinic with inoperable brain tumors. He's even had success with the deadliest form of brain cancer, glioblastoma multiforme. A 40-year-old German patient came to Dr. Daudert's clinic with stage-four "glio" – as it's called for short. Today he's 45 years old and doing fine.

Dr. Daudert has an insatiable appetite for discovering what works in medicine. He's traveled the world, seeking out "medicine men" to learn about their natural medicines.

How a Siberian medicine man cures cancer with snake venom!

Dr. Daudert told us an amazing story about a medicine man he met in an isolated corner of the Siberian wilderness. This area is so remote there's no physician within a 250-mile radius, so the villagers all depended on the medicine man for their health. A woman came to him with a large, ugly tumor of the breast. He let Dr. Daudert examine his patient. The cancer was

obviously severe.

The woman had no money to take the train to Moscow for treatment in a cancer clinic there. She had only the medicine man to help her. She put her life in his hands.

The medicine man told her, "No problem." And then he left.

His wife told Dr. Daudert, "He's looking for a snake. He needs the venom."

He came back with a poisonous snake, from which he milked the venom. Then he mixed the fresh venom with raw honey and covered the tumor with a poultice made from the venom/honey mixture. Just three days later the tumor had shrunk by 20 percent! The woman was happy. Her pain was gone!

Doctors at the University of Moscow heard about the effectiveness of the medicine man's cancer cure and are now studying snake venom for its medicinal value. While other Russian industries have their share of problems, Dr. Daudert explains that there's no "pharmaceutical mafia" in Russia to hamper, discourage, or discredit such research into natural medicines.

Dr. Daudert runs tests that show that *no* chemotherapy whatsoever will be helpful for some patients. He says, "Doctors are blindly giving chemotherapy to some patients while the cancer cells smile and the patients die."

Colonic hydrotherapy is "very important" for cancer patients

According to Dr. Daudert, colonic hydrotherapy is "very important." Indeed, all the German physicians we interviewed agreed foursquare on the importance of colonic hydrotherapy. A gunked-up gut goes with disease. A clean, efficiently functioning gut goes with health.

Dr. Daudert says colonic hydrotherapy is so important that he teaches the patients how to do it at home and keep up their colonics.

Another important tool at the clinic is the darkfield microscope – an amazing diagnostic tool that magnifies the patient's *living* blood 14,000 times. This microscope enables a trained doctor to see what's *really* going on with the patient's health.

You can find more information about how doctors use the darkfield microscope in cancer treatment in one of my other books, *Cancer Breakthrough USA! A Guide to Alternative Clinics*. (See www.cancerbreakthroughusa.com.)

Positive energy lifts patients' spirits

"Patients must feel the positive energy from everyone on our staff," Dr. Daudert told us. "Everyone is part of the team. If someone notices that a patient is depressed, we give special attention to pull the patient out of it."

Here's how Dr. Daudert described what the cancer patients experience at his clinic:

"Most people stay two to four weeks. The first appointment with the doctor takes a long time because it's necessary to go through the patient's history. We take the patient's blood, analyze it in the lab, and get the results. We create a treatment plan that includes such things as hyperthermia, magnetic-field therapy, colonics, injections, Chinese medicine, and so on."

Dr. Daudert paid a heavy price in the struggle for freedom

When Dr. Daudert was growing up on the Eastern side of the Iron Curtain, he didn't understand why there was a Berlin Wall. His parents weren't Communists, and he belonged to a pro-freedom group in his church. Being part of such a group was dangerous in those days.

In 1982 the Communists infiltrated his church to see who was involved in the freedom movement. The secret police identified him as one of the ringleaders and began spying on him and following him.

Three years later, when he was 24, the Communists arrested and imprisoned him for promoting freedom. He didn't understand why he was behind bars. He'd done nothing wrong.

He knew he needed a Bible. But that seemed like an impossible dream. How can you get a Bible behind bars in a Communist prison? When he asked his atheistic guards for a Bible, they just sneered. But he kept on asking. About a week later, amazingly, one of the guards threw a Bible at him.

Other prisoners asked, "You have a Bible? How did you get it?" He told them, "You have to ask for one."

Though at first he didn't understand why he was behind bars, he soon realized he was there to help other people in the prison. Many, having been raised under atheistic Communism, knew absolutely nothing about God or the Bible. And the idealistic, good-hearted 24-year-old Frank Daudert felt called to teach them.

Dr. Daudert told us, "The Word of God is the biggest power we have. When I had a Bible in prison, I felt the power. I read for other prisoners who had never heard about the Bible." The Communists kept him behind bars for one year – an experience that left an indelible imprint on him.

Perhaps it was the year he spent in a Communist prison that gave him the strength of character to refuse any bribe, no matter how lucrative.

How to get to the Praxisklinik

To get to the clinic you fly to Munich, and the clinic will send a driver to pick you up at the airport. The clinic is only about an hour's drive from Munich.

A big advantage of the Praxisklinik is that it's located in one of Germany's finest spa towns. Bad Aibling's new Therme (spa complex), which is just a 10-minute walk from the Praxisklinik, had just opened when we first visited the town in 2007. Ric and I took full advantage of this new

facility, spending several hours to explore the Therme's amazing complex of pools and saunas. The Therme also offers therapeutic massage, including a whole-body treatment with Bad Aibling's famous mineral-rich mud.

Part II: The 2010 visit

When I revisited Dr. Daudert's clinic in 2010 I met his new colleague, Dr. Adem Günes, M.D. Dr. Günes, an energetic young medical researcher, joined the staff three years ago. When he told me about his work, I was truly astonished. So were my colleagues.

Conventional cancer doctors doubt the effectiveness of complementary treatments. They claim, "You don't have studies. You can't prove what you say." Dr. Günes started a research project to prove them dead wrong, and when I interviewed him, he was near the end of the project. His goal is to make complementary oncology more accepted by conventional doctors.

Dr. Günes chose the top 20 cancers and researched what's known about those cancers. He collected studies from around the world to analyze which herbal or complementary therapies work and which ones don't. He read roughly 1,500 studies on lung cancer alone. Based on that research, he has identified the herbal substances that are definitely effective against lung cancer. He has tested these substances on cancer cells in the clinic's lab and found that they killed the cancer cells. One of these substances, artemesia, is particularly effective against lung cancer.

Dr. Günes told me, "No one can say that hyperthermia is unproved and untested. It should be more accepted. Here at the clinic we have the world's biggest database on herbal and complementary substances -- over 100,000 studies. There aren't more studies than this. We've read and studied and analyzed every study! It was hard work. Two secretaries supported the research. It's a golden treasure. We're testing substance after substance to see what works and what doesn't work in vitro [in a lab culture]."

The secret substance that massacres cancer cells

Then Dr. Günes told me, "There are 50,000 substances in our database. We've found one secret substance that's effective on cancer such as colon, melanoma, prostate, and monocarcinoma. We were shocked. I talked to a biologist and another scientist from a university hospital, and they had never seen anything more effective at killing cancer cells while leaving healthy cells undisturbed. It's not chemo. It's an herb that destroys cancer cells by inducing apoptosis. The next step will be to test it in vivo [on a living organism]."

It makes the hair on Dr. Günes's arm stand up

How does the secret substance work? As Dr. Günes explained, "Apoptosis is programmed cell death. It's one of the most effective methods to stop uncontrolled multiplication. Tumor cells have lost this ability. They multiply and multiply and multiply, causing tumors to grow. The substance activates a special enzyme to activate apoptosis in cancer cells. The substance has no effect on healthy cells. **Even my hairs are standing every time when I discuss this stuff.**"

Dr. Günes had me on the edge of my chair. I asked him what the secret substance is? He said that he will release the name of the substance at the right time. Although he wasn't able to tell me the name, he gave me some hints. He said the plant from which the substance comes is well known in Asia and the Middle East. It has a long history as a remedy for just about every ailment, according to literature a few hundred years old.

Dr. Günes said, "I'm convinced it will work well in vivo. I told my scientists, 'Repeat every test five times, not just three times.' When we started, we told our scientists to find substances

that could *enhance* the chemo effect. After we found such substances, the scientists said, 'We don't need enhancement for chemo. We've found an *alternative* to chemo!' This was new. It wasn't even our goal in the beginning! We couldn't have imagined that there are so many substances that could be so effective."

Regarding the top 20 cancers, I asked Dr. Günes whether he has identified the substances that work for each of these cancers. He replied yes. I asked if there's much difference in the protocol to use for each type of cancer. He said, "Yes. A huge difference!"

The secret substance and some of the other effective substances haven't yet been tested on humans because Dr. Günes said it isn't possible to have clinical trials with human patients. But he observed that some cancer patients don't have a lot of time, and he said, "With little time available, we may be able to use these substances on terminal patients."

I want to be the first person in line to find out what the secret substance is when Dr. Günes reveals its name. When I find out what it is, I'll report it in the next edition of *German Cancer Breakthrough*.

100% success rate for the deadliest brain cancer!

How has the clinic changed in the three years since my first visit? Dr. Günes said, "We have more herbal medicine. The next step will be to combine herbal therapies. We're now more successful. With the last four brain cancer patients, we have a 100 percent success rate. These brain cancers were glioblastoma multiforme. It grows quickly. It needs lots of blood vessels to grow, and we found a way to stop the vessels from growing. That's why we were so successful."

One of the four most recent brain cancer patients is a German who was given a runaround by his medical insurance company. His first request for insurance coverage was denied. After Dr. Daudert's treatments shrank the

tumor, he appealed the denial. The insurance company said, "We need a report from your neurologist." The neurologist compared the "before" and "after" MRIs and had to admit the tumor was smaller, but he said, "I don't think it's because of the therapy at Dr. Daudert's clinic." So the insurance company denied his request again. After he could document even more improvement, he appealed a third time. The neurologist told the insurance company, "The tumor is smaller, and I don't know why." The insurance company finally agreed to pay for the treatment.

Ted Kennedy's disease can be beaten!

Glioblastoma multiforme is considered the deadliest kind of brain cancer. It's the kind that killed Ted Kennedy. Even Kennedy's multimillion dollar fortune couldn't buy him a cure from America's top conventional cancer doctors. It's astonishing that Dr. Daudert was able to cure four out of four of his most recent cases of glioblastoma multiforme brain cancer.

Like some of the top cancer clinics in Germany, Dr. Daudert prescribes Thalidomide to shut off the blood supply to the brain tumor. This drug is apparently safe for adults. The only side effect is sleepiness. But women who are pregnant or who may become pregnant must not take it.

How to determine the best therapies

Dr. Daudert said his clinic has made a vast improvement in its diagnostics. He can do a genetic analysis from circulating tumor cells. He can isolate the circulating tumor cells in the blood to analyze their structure and determine what will be effective in killing the tumor cell.

Dr. Günes said that in all of Europe there are only three clinics that do such a test. Dr. Daudert's clinic is one of them. It's complicated and expensive to do this test, but it's worth it to help the patient avoid unnecessary chemo and

to find the most effective therapies. It's not like a well-known Greek blood test that has the same aim. It's a more specific test, Dr. Günes said.

As Dr. Günes explained, even if cancer patients get rid of the tumor, they almost certainly still have tumor cells circulating in their blood. The ONLY answer is to improve the immune system so that it mops up the remaining tumor cells. Otherwise, the cancer will come back.

To boost the immune system, the clinic uses a product from Japan that contains a substance from rice hulls in combination with the shitake mushroom.

Astronauts need laser blood therapy in space!

In the first edition of *German Cancer Breakthrough* I mentioned how all of the clinics use pulsed magnetic therapy, which was invented to keep astronauts healthy in space.

During my second visit to Dr. Daudert's clinic I found out about another therapy astronauts need to stay healthy in space: laser blood therapy. This therapy is necessary for astronauts in space to keep up their energy. Dr. Daudert uses this same therapy to benefit his cancer patients.

Here's how it works: A catheter is installed in the vein of the arm. Through the catheter, a laser beam reaches the blood. A short time later, the patient typically says something like this: "I feel good. I can't explain it, but I feel better. I have more energy."

Dr. Daudert said, "Our philosophy is, 'If it's helping, it's good.' It works. Patients with wounds that don't heal can benefit from this therapy. A lady who had an operation for colon cancer had a wound that wouldn't heal. After she had the laser therapy, you could see from day to day that the wound was healing. After just one laser treatment, a man who had not been able to stand up from a sitting position for *two years* stood up unconsciously. His wife said, 'Hey,

you have an appointment.' Standing up, he said, 'An appointment?' And then he realized, with astonishment, that he was standing up."

Dr. Daudert knows, from reviewing "before" and "after" photos, that laser blood therapy boosts the immune cells. He says, "I love space medicine!"

Dr. Günes gave me this explanation for why laser blood therapy works so well: "Usually the red blood cells, which are responsible for energy and oxygen supply, are ellipsoid, and they cannot pass through vessels that are narrower than the diameter of the red blood cells. The laser beam directly improves the malleability of the red blood cells, enabling them to pass through even very small vessels and supply bigger areas with oxygen and energy. The laser beam is also able to activate some immune cells directly."

A few months after our visit, Dr. Günes left the clinic to accept a position as a professor of medicine. In addition to his responsibilities as a professor, he advises cancer patients by long distance about their best treatment options.

Dr. Daudert's nutritional recommendations

Dr. Daudert told me that his clinic now recommends the Budwig protocol in combination with the low carb aspects of the Coy diet. For patients who have a sweet tooth, he recommends a sugar substitute that doesn't feed cancer. The name of the product is "Naturally Sweet." It's a natural sugar from a melon, but the human body can't use it, Dr. Daudert explained. I sampled a piece of cake that uses this alternative to sugar, and it certainly tasted like a real dessert.

Another thing that's new at the clinic is its approach to treating patients with whole body hyperthermia. The doctors use "long term" whole body hyperthermia in which the core temperature is heated to a moderate level and held at that plateau for eight hours. The clinic is seeing good results with this approach.

Here are some stories that demonstrate what Dr. Daudert's clinic can accomplish.

16-year-old girl narrowly avoids amputation!

Dr. Daudert told me about a 16-year-old girl from Vienna with bone cancer on her shoulder. Her doctors in Vienna said, "We have to amputate your arm, or you'll die." Her father said no, and looked for an alternative. He brought her to Dr. Daudert's clinic, where she got local hyperthermia and herbs. This therapy shrank the tumor quickly, enabling the doctors in Vienna to remove it surgically without amputating the arm. They were impressed with the results, but they didn't call Dr. Daudert to ask "what did you do" or "how did you shrink that tumor so quickly." They just weren't interested.

Even though the surgery was successful, the oncologist in Vienna told the father, "She needs chemo or she won't see Christmas!" This death prediction frightened the father. He didn't want to lose his precious daughter. In a panic, he called Dr. Daudert for advice. But instead of bringing his daughter back to him, the father knuckled under and put her on chemo. Dr. Daudert said, "We never saw this patient again. We have no idea whether she's alive or dead."

For the third time, what's your name?

Here's a story about a 55-year-old man from Frankfurt who completely baffled his doctors while keeping a HUGE secret from them. Conventional cancer doctors in Frankfurt treated him for a big tumor on his leg. They gave him industrial-strength chemo and radiation, which had no effect on the tumor. His doctors had nothing more to offer, so he went to Dr. Daudert's clinic for hyperthermia, immune-boosting therapies, herbal therapies, and detoxification. These therapies healed him *completely!*

Without telling his conventional doctors in Frankfurt where he had been or what he had

done, he returned to them after six months for a follow-up examination. The cancer was 100 percent *gone*. The doctors compared the "before" and "after" PET scans, and what they were looking at didn't make any sense to them. Three times the doctors asked him, "What's your name? What's your date of birth?" They couldn't believe the two pictures were of the same patient!

The Frankfurt doctors wrote in his record, "We are proud that the chemo finally worked after six months." This is laughable. He never did tell his local doctors about his treatments at Dr. Daudert's clinic because he didn't want any problems. Some doctors get so offended that a patient would seek treatment elsewhere that they drop the patient.

Munich doctor says, "We must amputate your foot"

When a woman from Munich got melanoma of the foot, her local doctor told her, "The cancer is in a difficult area. We have to amputate." The tumor was deep. She was at stage four. Desperate, she went to Dr. Daudert's clinic, looking for a miracle. Three weeks later her cancer was completely gone, but not because of a miracle. The cancer went away because of sound medical treatment, including hyperthermia, immune-boosting therapies, detoxification, and galvano therapy. In galvano therapy, the cancer is "zapped" by a mild, carefully controlled electrical current -- just enough to kill the cancer. Galvano therapy is especially effective on breast cancer.

She comes back to the clinic for follow-up visits every three months for immune-boosting therapies. Dr. Daudert said, "We want to make sure the last cancer cell is killed, and the immune system accomplishes that task."

Opera star lost her lung power

Dr. Daudert told me about an opera star who sang every year at the Wagner festival in Bayreuth, Germany. When her breast cancer

spread to her lungs, she no longer had the lung power to sing through a five-hour Wagner opera. At Dr. Daudert's clinic she got hyperthermia, insulin potentiation therapy (IPT), and other therapies. These therapies saved not only her life but her career, enabling her to return to the stage at the legendary Bayreuth *Festspielhaus*.

Patient feedback about Dr. Daudert

I sent out an e-mail to everyone who bought the first edition of *German Cancer Breakthrough*, requesting feedback -- positive or negative -- from customers who actually went to one of the clinics I recommended. One customer gave me feedback about Dr. Daudert.

Allen from Switzerland wrote, "I had two large, ugly tumors on the side of my face. The big Zurich University hospital first wanted to do a huge operation, then radiation. I refused. [Dr. Daudert's clinic] first used local area hyperthermia, which had some major effect, but the tumors started heavy bleeding, so it was discontinued after four days. Then they switched to a biological [herbal] chemo. I can't spell its name. This really made a huge change, and the tumors are rapidly decreasing in size. Dr. Daudert estimated a 70 percent reduction two weeks ago, and they are even smaller now. It cost a lot more than I thought it would, but the fast results outweigh any niggles. Every non-European I met at the clinic was there because of your book."

Cost of treatment at the Praxisklinik

The cost of treatment at the clinic is similar to what other clinics in Germany charge. It depends on how long a patient stays at the clinic and what kind of treatments are necessary. Three weeks of treatment costs about as much as a new minivan. Before a patient comes to the clinic, the doctor can provide a more accurate estimate of costs along with the treatment plan. Patients and their companions stay at a nearby

bed and breakfast or hotel. Patients can find out about the lodging options from the clinic.

Because of the clinic's impressive results and the positive feedback about Dr. Daudert, I continue to recommend him. If there's another clinic in the world that has done more research into herbal medicine, I'd like to know about it.

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Chapter Nine

St. Georg Klinik in Bad Aibling

Part I: The 2007 visit

My colleague Ric McConnell and I were impressed when the head physician, Dr. Friedrich R. Douwes, warmly encouraged us to interview his patients. It was obvious he had nothing to hide. All of the patients we interviewed admire Dr. Douwes (pronounced “Dowvis”) and recommend St. Georg.

Indeed, the clinic has an impressive track record of success in treating some of the most difficult cancers, including brain cancer. Dr. Douwes’s satisfied patients give him lots of word-of-mouth advertising throughout the world.

If cancer may be compared to a dragon, many people from around the world have slain it at Klinik St. Georg. The iconic St. George is normally shown slaying a dragon, and many such icons are displayed at the clinic, which is located just across the street from one of the town’s baroque-style Catholic churches.

From now on in this chapter, I’ll call the clinic “St. George” because the German spelling (“Georg” – pronounced Gayorg) is unfamiliar to Americans.

Like Bad Mergentheim, Bad Bergzabern, and Bad Salzhausen, the town of Bad Aibling, where this clinic is located, is a spa town. In fact, the town opened a new Therme (pool and sauna complex) in 2007.

The brand-new spa at Bad Aibling is stunning

Richard and I didn’t have the time to take advantage of the spa facilities in any of the other “Bad” towns we had visited. But on both our trips to Germany we spent several hours in Bad Aibling’s new Therme.

On the wall in the entryway of St. George we noticed a world map with pins stuck all over. Each pin signified that a patient had come to St. George from that country or region. Here’s a list: Siberia, Canada, the United States, Central America, South America, England, Spain, Belgium, Sweden, Russia, Kazakhstan, Iran, Arabia, Yemen, Tanzania, Indonesia, and Australia.

When Richard and I first arrived at St. George, Dr. Douwes was ultra busy. We offered to take him out to lunch for an interview, but he was too pressed for time. Not only did he have urgent obligations to attend to at the clinic, but also he couldn’t work late because it was his eight-year-old son’s birthday, and his son was expecting him to be home on time.

To make time for a brief interview, Dr. Douwes skipped his lunch and generously gave us a 15-minute interview. He’s a warm and friendly man, like a favorite grandfather.

In fact, Dr. Douwes is the “grandfather” of German cancer doctors: he taught many of the doctors we interviewed at other clinics, including Dr. Herzog, Dr. Migeod, and Dr. Wehner.

Knowing that his time for the interview was short, I got right to the point and asked Dr. Douwes if he could tell us three or four stories of patients who had come to him with “terminal” cancer who are now well.

Without batting an eye, he replied, “I have more than four. I could give you 400.” He told us that many Americans come to his clinic for cancer treatment: “There are about 10 Americans here now. You can interview them.”

Dr. Douwes proudly showed us his bestselling book *Hope for Prostate Disease: The New Treatment without a Knife*.

Regarding prostate cancer, he said, “There’s no surgery and no biopsy. We can diagnose prostate cancer 100 percent without a biopsy. We can offer treatment without a knife. The patient gets to keep his prostate. We get rid of the cancer through hyperthermia in conjunction with low-dose chemotherapy.”

Dr. Douwes further explained, “Our prostate cancer patients live as long as patients who have surgery but with a better quality of life: No incontinence or impotence! The treatment is tolerated well with little or no side effects. They enjoy a good quality of life. We have many such cases. You can interview some of them.”

Regarding brain cancer, Dr. Douwes said his clinic is very successful: “We at least triple the life expectancy. We lose some patients, but we’ve saved many.”

Nine-year-old Jessika got rid of her brain cancer at St. George

Dr. Douwes wasn’t just whistlin’ Dixie when he told us his clinic was good at getting rid of brain cancer. He told us the story of a nine-year-old girl from Stuttgart named Jessika who came to his clinic in 1999.

Jessika had a huge tumor on the right side of her brain that caused her to be paralyzed on the left side of her body. Today she’s completely free of her cancer. Her mind is normal so she’s able to finish school. Dr. Douwes said it’s delightful

to see Jessika developing into a lovely young woman. Sadly, she still has paralysis on the left side of her body because the cancer inflicted so much damage, but the cancer itself is long gone.

Richard and I interviewed two American patients from Oklahoma who were there because of word-of-mouth advertising from a satisfied patient who had gotten rid of his brain cancer at St. George about five years earlier.

Surprisingly, Dr. Douwes learned oncology in America in the 1970s. That means he learned all about the American cut-burn-poison method of treating cancer.

Dr. Douwes is reluctant to give chemo: “I give it as much as necessary but as little as possible – along with complementary things such as nutrition, orthomolecular therapy (supplements), immune boosting therapy, and hormone balancing.”

Why so many American men are growing breasts!

A big health problem today is that many men have no sex drive, and they’re growing breasts (“man boobs”)! Such men desperately need a hormonal tune-up, and many come to St. George just for the hormone balancing – not for anything having to do with cancer. Dr. Douwes is glad to oblige them with the necessary hormonal tune-up.

Dr. Douwes warmly recommends the local spa. He said, “We have thermal baths here. You can go by foot through the park to the Therme. Our town is also famous for the mud, and you can get a mud treatment at the spa for 15 or 20 euros.” Richard and I took his advice and got ourselves smeared with Bad Aibling mud from head to toe, a remarkably relaxing and rejuvenating treatment.

But patients at St. George don’t have to go to the Therme for a mudpack with Bad Aibling mud. They can get that right at St. George, as well as medical baths and spa treatments such as whole body massages and partial massages.

Our all-too-brief interview with Dr. Douwes ended when he had to take a call. He instructed his staff to provide us with lunch, to give us a tour of St. George, and to arrange for interviews with one or more of the English-speaking patients.

A lovely young lady named Tamara gave us a tour. Her English was superb. During the tour Tamara showed us the rooms where the various therapies take place, including:

- Detoxification procedures, including a foot bath detox
- Electro Dermal Screening (a non-invasive diagnostic technique using acupuncture points)
- Infusion therapy (the IV room)
- Lymphatic massage
- Colonic hydrotherapy
- Magnetic field therapy
- Therapeutic mud treatment
- Relaxation techniques
- Therapeutic salt-water baths
- Far infrared sauna
- Hyperthermia (whole body and local)

She also showed us a patient room, which was quite pleasant, and St. George's chapel.

As with the other clinics, patients can get on the Internet in St. George's spacious and comfortable lounge. In fact, the lounge is where we interviewed three of the English-speaking patients.

The doctor told Debbie: "Get your will in order; you have 3 months"

The first American we interviewed was 37-year-old Debbie, a mother of three from Tulsa, Oklahoma. She told us that five years ago a mole on the back of her leg, which she had had from birth, changed. She had it removed because it had turned into melanoma.

In February of 2007 Debbie noticed a lump

near the scar on her calf and another lump on her right shoulder. Both were melanoma, and she had them removed. Then she started getting new tumors on her chest and breast. She also had tumors on her adrenal gland and on the sacral nerve.

In America she had radiation on the sacral tumor, which she said gave her some pain relief. She also took an oral chemotherapy drug.

Debbie learned about St. George from a cousin whose friend had actually gone there six years earlier for brain cancer. He never underwent any other treatments, and he remains cancer free. Once a month he goes in for an IV vitamin C infusion.

Let me just take a break from Debbie's story to point out something important: Anyone who reads this e-book and as a result goes to Germany to get rid of cancer should remember the last sentence in the previous paragraph: the long-term brain cancer survivor continues receiving an IV vitamin C infusion from an American doctor each month.

You don't just go to Germany and get rid of your cancer in two or three weeks and come home "cured," never having to worry about cancer again. That's not the way it is.

After you get rid of your cancer, you have to commit yourself to an ongoing program of some kind, including permanent lifestyle changes, to keep the cancer from sneaking back. The monthly program of intravenous vitamin C is a smart strategy. The proof is in the pudding. Nothing succeeds like success, and you, too, can be a success story.

Now back to Debbie's story.

At the famous M.D. Anderson cancer hospital in Houston, doctors recommended that Debbie do an aggressive program of chemotherapy. She says, "I didn't want to do that. It wasn't for me." She did 10 radiation treatments, but when they were over she had to decide what she was going to do next.

When she told one doctor she didn't want

to do his chemotherapy program, he washed his hands of her. Debbie says, "He told me to get my will in order and said I had one to three months to live. He wanted me to go home and die."

But Debbie told us, "I have three kids. I need to live!"

She had been at St. George for almost three weeks. When she first arrived, the clinic even sent a driver to pick her up at the airport. She figured she'd probably come back for a follow up visit "in a few months." Thus, there was no question in her mind that the doctor who predicted she had "one to three months to live" was just plain wrong.

St. George has instructed Debbie to eliminate as much sugar as possible and to eat lots of fruits and vegetables. Honey is permitted.

She describes St. George as "wonderful. I'm so impressed. I had no idea what I was coming into. I did read one bad thing online. Someone had had a bad experience at this clinic. But you can have a bad experience anywhere."

Debbie said, "I know my body is very sick inside, but I really believe it's becoming well. The first week was mostly local hyperthermia to the adrenal and sacral area. I did that every day alternating for an hour except for the weekend. I also have magnetic field therapy. This increases oxygen in the cells and promotes healing. I love it because I get a little nap. I do that every day."

A nurse leads relaxation exercises, which Debbie said she had done six times. "I love it. It helps me get focused and concentrate on what I have to do." She said she also does meditation exercises, and "that's what my day consists of."

The first time Debbie had whole body hyperthermia it made her feel "crummy" for a few days. They had told her to expect that. But she told us that when she had it again the previous Monday, "I didn't feel bad."

Debbie told us she had had colonic hydrotherapy twice at St. George and was scheduled for another colonic the next day. She intends to keep up a program of regular

colonics when she gets home as part of her ongoing lifestyle change. (See the bonus report on colonic hydrotherapy, which explains the benefits and what it's like to do it.)

I asked Debbie what she would say to Americans with cancer who might be thinking about going to St. George. She said, "This is one of the best facilities anybody could ever come to. The staff is wonderful. Dr. Douwes and the other physicians are wonderful. They're the best!"

Given just two years to live, Scott is living his bonus years

The next English-speaking patient we interviewed was Scott, an American professor of psychology who has been living in Europe for the last 18 years. His permanent home is in Spain. Scott was at St. George because of a relapse of his cancer.

Scott found out he had cancer exactly four years ago. He was diagnosed in London, and he told us that British doctors put together a conventional treatment plan for him that looked "horrible." They told him, "You've got to start chemo tomorrow!" They were pushing hard, trying to hustle him into their program. He just said no.

He was diagnosed with a rare form of non-Hodgkins lymphoma. Conventional doctors consider it "incurable." The life expectancy of patients with this kind of cancer, according to conventional doctors, is two years. By that yardstick, Dr. Douwes has already helped Scott get two bonus years.

Scott told Dr. Douwes: "Look, I want 20 more years." The doctor replied, "We're working on it."

Word of mouth advertising from two satisfied patients influenced Scott to come to St. George for cancer treatment. He has been through a range of integrative treatments including whole body hyperthermia with low dose chemo. He said, "When I told my conventional folks how much chemo it was, they

said, 'Wow! That's like nothing. Do it. It won't hurt you.'"

His first week of treatment focused on nutrition and boosting the immune system: magnetic field therapy, ozone therapy, oxygen therapy, and a daily infusion alternating between vitamin C and selenium. He got colonic hydrotherapy once a week just before each session of whole body hyperthermia. And in Spain he continues his colonics, a wise practice.

Scott told us that Dr. Douwes has him on lots of nutritional supplements. And he said St. George has a "fabulous" psychologist who's skilled at counseling and gives the patients major support. He said she's a "lovely, talented person."

Regarding Dr. Douwes, Scott told us, "He's brilliant. I love how he pulls out your medical record, and you tell him four things, and he tells you the whole story of your life – past, present, and future – and it makes sense. It blows you away. He's on top of everything. The doctors are all talented, amazing, and bright. The nurses are outstanding."

Dale from a suburb outside of Oklahoma City

We also interviewed Dale and Nancy from a suburb just outside Oklahoma City. They found out about St. George from their son who lived next door to someone who had been a patient there.

Dale and Nancy said the patient was treated at St. George for brain cancer and had been in remission for five years. Debbie had told us a few minutes earlier about a similar case in which the man had been free from brain cancer for six years. Considering that they're all from Oklahoma, they could well be talking about the same patient.

April 4, 2004, was a day Dale will never forget. On that day he found out he had "the big C" – cancer. He had a particularly aggressive form of prostate cancer. Not too surprisingly, a

surgeon recommended surgery. (When the only tool at hand is a hammer, everything tends to look like a nail.) And so he had his prostate cut out.

But Dale's cancer returned at the site of the scar tissue from his surgery.

Dale told us, "I took whole body hyperthermia last Monday [four days ago]. It was a tough day and a tough night, and it was tough for a couple of days after that. Today [Thursday] is the first day I felt pretty good, really. My body's coming back to normal. If that's all you have to do to live a normal life and to extend your life and have a good quality of life, it's worth it."

Regarding the food, Dale said, "The food is healthy. I like McDonald's, so I'll have to learn a different way of living. In a few days I'll get food recommendations to use at home. They don't allow sugar here. Instead, they use some kind of brown sugar but not the kind we have in America. It's more of a health food sugar. The cakes are made with applesauce for sweetener. And salt and pepper are hard to find here. They use sea salt. They stay away from the red meats."

Dale summed up his feeling about St. George saying, "I couldn't say enough nice things about the four doctors. They're very well trained. Very helpful. Very caring. All their staff is, too."

Part II: The 2010 visit

In our second tour of St. George, another lovely staff member, Sandra, gave us a tour of the clinic, which was undergoing renovation.

American doctor recommended \$100,000 chemo drug to Ron

During this tour we met Ron, a late-stage prostate cancer patient from Detroit. His American urologist recommended St. George because he had a prostate cancer patient who went there 12 years ago and was happy with his treatment. After Ron talked to that former cancer patient he decided that going to St. George was the right thing to do.

When Ron was being treated at the University of Michigan Hospital in Ann Arbor, doctors wanted to put him on high dose chemotherapy — a \$100,000 treatment. Ron said no. His doctors tried to plug him into a “trial,” but he told me, “I didn’t want to be the guy who gets the placebo.” He wanted *real* treatment. Again, he said no.

In fact, Ron never underwent any conventional treatment. And that gives him a better chance of beating his cancer because high dose radiation and chemo can devastate the immune system.

In addition to local hyperthermia to the prostate, Ron had done two full-body hyperthermia treatments, and one more was scheduled.

He said, “Full body hyperthermia is a no-brainer because they put you under. All I remember is getting up in my room, and the next day I felt good. I’ve gained 8 pounds since I’ve been here. Food is completely different from what I normally eat, but I always find something I like.”

Although Ron was fully insured for medical treatment in America, he decided to pay for

German treatment out of his own pocket, whether he gets any reimbursement or not. But there’s a good chance you can get your American insurance to pay for all or part of your treatment, as I’ll explain in a moment.

I asked Ron what he would tell Americans about St. George. He said, “The clinic is first class. I’m impressed with the people, the staff, the equipment. Getting to the clinic was quick and easy. They picked me up at the airport. The town’s nice.”

St. George now claims to have the largest hyperthermia center in the world. It has four full-body hyperthermia machines and four local hyperthermia machines. In addition, it has three trans-urethral hyperthermia machines — a *new* therapy for prostate cancer.

St. George also has a remarkable record of treating breast cancer. One of the most effective therapies is Galvano therapy — a therapy developed by an Austrian physician but now used most extensively in China. Galvano therapy uses a carefully monitored dose of direct current to kill the cancer cells.

St. George is one of two clinics we visited that uses a therapy developed to keep Soviet cosmonauts healthy: laser therapy by IV. I don’t know how it works, but according to patients, it improves energy and makes them feel good.

Detoxification: “You have to get the garbage out of your system”

Detoxification is job one, according to Dr. Douwes. He says the typical American cancer patient is constipated and full of toxicity from heavy metals, toxic organic substances, and prescription drugs.

“You have to get the garbage out of your system,” said Dr. Douwes. Detoxification at St. George includes colonic hydrotherapy, coffee

enemas, vitamin C by IV, lymphatic massage, far infrared saunas, chelation, and other therapies.

We met three other doctors at St. George: Dr. Georg Kroiss, Dr. Marian Reichel, and Dr. Gabriele Zabel. All of these doctors impressed us.

Dr. Kroiss spent 10 years at a clinic in Tanzania (until World War I, Tanzania was a German colony called German East Africa) before coming to St. George, where he has been for the last eight years.

Dr. Reichel told us why St. George doesn't recommend cutting out the prostate, as American doctors routinely recommend. Not only can prostate removal cause impotence and incontinence, but there are other complications.

Ancient Chinese medicine regards the prostate as the "fire of life," explained Dr. Reichel. The prostate is the seat of male energy. Dr. Reichel said that when the prostate is removed, aging accelerates. A man's head may sink into his shoulders and he may start to shuffle with a little stoop. Dr. Reichel said he can tell at a glance when a man has had his prostate taken out. We found that remarkable – and a powerful argument for keeping your prostate.

100 percent success rate with new prostate cancer treatment!

In a second interview, conducted by phone, Dr. Douwes told us that he has a 100 percent success rate with his new therapy for prostate cancer that *saves the prostate*. He has used this therapy on 123 prostate cancer patients. The patients got two painless treatments of trans-urethral hyperthermia in addition to other outpatient therapies over a one-week period.

Of the original 123 patients, 85 percent had no more cancer after 10 years. They didn't even have to see a urologist. The other 15 percent needed re-treatment, which was successful. Not one of these 123 patients died of cancer or had any complications related to the therapy. And they kept their prostates.

An American pilot named Jeff Albulet underwent St. George's one-week program for his prostate cancer, which includes two trans-urethral hyperthermia treatments. Here's how he described it:

"The treatment was a breeze. I felt no pain at all. I had a treatment in the morning and played golf in the afternoon. Everyone at the hospital was so caring. The only side effects I have are positive. I no longer have to get up at night, and all my parts are functioning perfectly."

Dr. Douwes strongly believes that there's no need to remove, destroy, or compromise the prostate. Unlike conventional cancer treatments, prostate cancer treatment at St. George doesn't cause impotence or incontinence. He declares, "Local hyperthermia for prostate cancer is the answer!"

Cost of treatment at St. George

Treatment at St. George requires a deposit of 21,000 euros in advance. But another deposit might be required at the end of the second week of treatment. There are extra charges for some of the therapies. Each case is different, and before you go to St. George, you should request an estimate of costs based on the treatment plan the doctor proposes.

For early-stage prostate carcinoma, St. George offers a one-week package for just 6,000 euros. This includes remarkably effective treatments of local hyperthermia to the prostate at 50 degrees Celsius. These treatments kill the cancer, awaken the immune system, improve urination, and leave the prostate unharmed!

The clinic also offers a one-week 4,000 euro package to treat BPH (enlarged prostate) using local hyperthermia. The clinic has found that this treatment gives the best chance of complete recovery.

St. George works with a billing company called American Medical Health Alliance in Houston, Texas, to persuade American health insurance companies to cover the treatments in Germany.

St. George says that American Medical Health Alliance has “a success rate of getting claims paid by your insurance company of 85 to 90 percent.” In other words 85 to 90 percent of insured Americans get some reimbursement from their insurance company while 10 to 15 percent of patients get no reimbursement.

Patients normally come with a friend or relative, and the clinic charges a nominal fee for room and board for the relative.

How to get to St. George

Getting to St. George is simple. You just fly into Munich, and the clinic will send someone to pick you up. That’s it!

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Chapter Ten

Klinik Marinus am Stein in Brannenburg

A surgeon who recommends against cancer surgery?

Part I: The 2007 visit

At the very top of the website of Dr. Axel Weber, M.D., is this historic motto of the entire medical profession: *Primum non nocere!* The English translation for this Latin motto is: First do no harm!

That motto is the guiding principle of Dr. Weber's Klinik Marinus am Stein, which means Marinus in Stone. This motto explains why, even though he's trained as a surgeon, he usually recommends *against* surgery. If surgery would harm the cancer patient, Dr. Weber (pronounced "Vay-ber," which means "Weaver" in German) believes no doctor should do it, period.

Why should a patient have surgery if there's a better way to get rid of cancer?

Dr. Weber's clinic is located amidst the picturesque Bavarian Alps. And you wouldn't believe what a charming village Brannenburg is. To preserve the charm of the village, the municipal building codes are strict.

In 1999, when Dr. Weber bought the "building" that became his clinic, it was a dilapidated shell consisting of four walls. There weren't even any floors. He preserved the original four walls but otherwise rebuilt it from the ground up.

Within just six months the intimate 26-bed clinic was open for business! The clinic has 18 rooms in the main house and eight more in the guesthouse. It looks charming from the outside and beautiful on the inside. Besides patients in residence, the clinic normally has 10 to 15

outpatients who stay at a nearby hotel or bed & breakfast.

Dr. Weber's wife gave us a tour. She is also a physician (an anesthesiologist). And the clinic's third physician is a general practitioner.

Here are some of the therapies the clinic offers:

- Whole-body hyperthermia with low-dose chemo
- Local hyperthermia
- Magnetic-field therapy
- Detoxification procedures including the foot bath detox
- Oxygen therapy
- Ozone therapy
- Mistletoe therapy
- Intravenous vitamin C and selenium
- Foot reflexology
- Electro-dermal screening (a non-invasive diagnostic technique using acupuncture points)
- Acupuncture

When we visited the clinic, it didn't yet have a colonic hydrotherapy machine. But Dr. Weber said they were buying one the next month. By the time you read this, the clinic should have this essential detoxification procedure up and running.

Like the other German cancer clinics, Klinik Marinus recommends that patients eat plenty of fruits and vegetables, cut down on meat, and avoid sugar.

The clinic includes a room where Dr. Weber occasionally performs small surgeries when necessary. He performs no major surgeries or abdominal surgeries.

I personally saw Dr. Axel Weber assisting a patient up some stairs. When would you ever see that in an American hospital?

When we sat down with Dr. Weber for an interview, he told us, "We're a little clinic specializing in cancer treatment. In cancer, the whole body is ill. You can't just cut off a breast and pretend everything's O.K. You must treat the whole patient. That's why we use a combination therapy for the whole body."

Why surgery so often fails to get rid of cancer

As for surgery, he stated, "It's better for the patient to avoid surgery if at all possible. As a surgeon, I usually recommend *against* surgery. Unless you get at the *cause* of the cancer, you'll get metastasis. It's not enough just to get rid of the tumor. You have to get rid of the metastasized cells, and that requires treating the whole body."

Like the other German cancer clinics we visited, Dr. Weber uses a combination of natural medicine and conventional medicine. If the natural treatment isn't enough to do the job, he suggests low-dose chemo.

Without a doubt, Dr. Weber is an expert in hyperthermia, an important part of the whole treatment plan. Ten years ago he founded the Hyperthermia Society of Germany, and he's given 14,000 hyperthermia treatments since then.

Dr. Weber told us, "At our little clinic we have an outstanding relationship with the patients. And this is important." He said there's little or no staff turnover at the clinic. This

stability fosters a close relationship with the patients.

When I asked him to tell us about patients who'd come to him with "terminal" cancer and who had a successful outcome, he reached for his thick scrapbook.

61-year-old lady avoids disfiguring facial surgery

Back in 1995 – five years before he opened his new clinic – a 61-year-old lady came to Dr. Weber with skin cancer (melanoma). Her doctor had recommended drastic surgery that would've horribly disfigured her eye and ear. She was desperate. Her cancer was ugly. It looked bad and even smelled bad.

Dr. Weber recommended against surgery and instead treated her successfully with his other methods. He said, "She lives today – 12 years later."

Turning to another page in his scrapbook, Dr. Weber showed us a shocking photo of an ugly case of breast cancer. In a heartbeat, conventional doctors would have recommended a mastectomy (cutting off the breast), but not Dr. Weber. Without chemo or surgery, he helped this woman (born in 1952) overcome her cancer. As proof, he showed us a photo of her improvement.

Dr. Weber showed us similar photos of breast cancer in a woman born in 1951. Her tumor was large, and it had metastasized. With neither surgery nor radiation, he helped this woman, too, get rid of her cancer. The "before" and "after" photos proved the effectiveness of his methods.

Surgery for prostate cancer? Dr. Weber insists, "Never, never, never, NEVER!"

At Klinik Marinus, Dr. Weber treats many patients with prostate cancer, but never with

surgery: “Never, never, never, NEVER!” When a man’s prostate is surgically removed, he explained, “30 out of 100 will die within 10 years.”

It’s too bad actor Robert De Niro didn’t go to Dr. Weber’s clinic instead of paying an American hospital \$250,000 to have his prostate cut out.

A man born in 1937 came to the clinic when it first opened in 2000. He had severe prostate cancer. His PSA score was off the charts at 5,310. The following week, it was down to 4,300. The week after that it was down to 3,500 – a 2,000-point drop in three weeks. The cancer had metastasized to his bones. Now, though his PSA is still higher than normal, it’s down to 25.

Dr. Weber says the PSA score is “only a number on a piece of paper.”

The clinic also has great success with bladder cancer, liver cancer, blood cancer, Hodgkin’s, and colon carcinoma.

The clinic doesn’t accept children as patients. If you’re looking for a clinic that accepts children, see the chapters about the Hufeland Klinik and Dr. Herzog’s Fachklinik.

Dr. Weber told us he wants to help many more patients, but he doesn’t want a bigger clinic. He believes he can best serve his patients by limiting the number to about 25 at any one time. And he’s eager to accept more English-speaking cancer patients.

A picture is worth a thousand words

Lastly, Dr. Weber gave us a reprint of an article about his clinic from the August/September, 2003, issue of a German health magazine called *Bio*. I can’t read German, but a picture is worth 1,000 words.

On page 42, a series of three photos shows a lady with a grotesque, ugly tumor on her ear lobe and upper jaw. The angry red tumor – bigger than a golf ball – looks like a deformed, mutant vegetable. The second photo shows the tumor virtually gone, though the tissues

look bruised. The third photo shows normal skin coloration. Remarkable! In the USA, this woman probably would have undergone drastic, disfiguring surgery – plus radiation and chemo.

On page 44, a series of four photos shows a woman with a massive, unsightly cancer on her left breast. Each subsequent photo shows improvement, and the last one shows normal skin coloration. A similar series of photos of another former breast cancer patient appears on page 45.

Cost of treatment at Klinik Marinus am Stein

Treatment at Klinik Marinus am Stein costs 340 euros per day (about \$500 at the present exchange rate). This price includes everything except medication for cancer patients. Drugs cost extra.

Patients usually come with a friend or relative, and the clinic charges a nominal fee for room and board for the relative.

How to get to Klinik Marinus am Stein

To get to Klinik Marinus am Stein, simply fly into Munich airport, and someone from the clinic will pick you up and give you door-to-door service free of charge.

If you’re looking for an intimate clinic that gives lots of personal attention, this clinic certainly qualifies.

There are other advantages, too. For example, if you like skiing, you’re only 20 minutes from the lifts. Granted, most cancer patients aren’t going to want to ski, but the loved one or friend who accompanies the patient may want to hit the slopes. And even if you don’t ski, it’s pleasant to be in the Bavarian Alps.

You’re just a five-minute drive from a Therme (spa) at the town of Bad Feilnbach. And the wonderful brand-new Therme at Bad Aibling isn’t much farther down the road.

The clinic offers the use of some bicycles; indeed, cycling in the open air is wonderful exercise – and fun. If it's been a long time since you've ridden a bike, it'll make you feel like a kid again!

If you're there in the summer, you can also swim in the nearby lakes. The water temperature reaches a pleasant 25 degrees Celsius, which is 77 degrees Fahrenheit. The village is charming, and the clinic is right next to a mountain.

Part II: The 2010 visit

In my second visit to the clinic, Dr. Weber told me that quite a few patients had come there as a result of *German Cancer Breakthrough*. He said, "One of them is here from Oklahoma and would be glad to speak to you." I'll describe my interview with him in a moment.

Dr. Weber said that patients came not just from America but also from Australia, Canada, South Africa, Greece, and Romania.

Probably the most amazing thing I learned during this visit was that Dr. Weber uses local hyperthermia through a catheter to treat prostate cancer. This is a simple, effective, inexpensive way to get rid of prostate cancer. It only takes one week, and there are no side effects.

Here's how it works. Dr. Weber inserts a catheter slowly and carefully into the urethra. Because of a local anesthetic, there is no pain. Once inserted, a radio wave from an electrode heats up the prostate from the inside out. The electrode is actually *in* the prostate, right where the cancer is. The electrode reaches a temperature of 50 degrees Celsius and maintains that temperature for two hours. Then the catheter is removed. The patient gets two of these treatments within one week, and then he can go home cancer free.

Dr. Weber commented on the German tradition of offering a little cake to the patients in the afternoon -- a tradition that several of Germany's top cancer clinics observe. Referring to his clinic, he said, "We have a home atmosphere. It's a nice house. I want the patients to be happy. The body wants a little cake with sugar. It's not healthy, but it's good for the patient's spirit. I tell patients that when they go home, 'No sugar.'"

He advocates the Budwig anti-cancer diet in the morning: flax oil mixed with quark. (Americans who use the Budwig diet use cottage cheese with the flax oil as a substitute for quark.) The Budwig protocol is an excellent recommendation not only to help get rid of cancer but to keep it away. For those who want to eat the Budwig mixture at home, our colleague Bill Henderson has written a Special Report that includes detailed instructions about how to do it. See the website <http://curecancerathome.com/A/>.

I also learned that Dr. Weber is using laetrile, the powerful anti-cancer substance that Mexico's top cancer clinics use.

After visiting with Dr. Weber, I met the prostate cancer patient from Oklahoma, Mike, who was there with his wife. Here's what Mike said:

"I'm fairly healthy. I don't catch colds. But I got prostate cancer a year and a half ago. My urologist immediately suggested surgery. But the cancer was slow-growing, so surgery didn't make sense to me. I didn't want treatments with complications and side effects, so I opted against doing any conventional treatment.

"I saw an advertisement for *German Cancer Breakthrough*. I ordered it. I read it. I loved what I read. I decided to come to Germany to get what I consider the pre-eminent treatment in the world, which is here. It's our first trip to Germany. I can tell you I love it. I take a walk outside, and it's bucolic. I mean, there are cows up there with the bells on them. The green fields. The Alps. It's truly, truly marvelous. And this is a very healing place. I'm leaving tomorrow. Dr. Weber said I only needed a week of treatment. This is a great clinic, and Dr. Weber is a great doctor."

"My doctors are here"

I asked Mike what his doctor back home is going to say about his treatment in Germany. He replied, "I have my doctors *here*. I'm done with those doctors in America."

I asked Mike, "Could you please describe the trans-urethral hyperthermia treatment of the prostate? Was it comfortable? Uncomfortable?"

Here's how Mike described it: "I've been through it twice this week. It's a two-hour treatment. The only discomfort, and it's minor, is the insertion of the catheter. That's the same approximate discomfort that anyone would have with any catheter. You just lay there, and the doctor puts the catheter in. He adjusts the machine, and heats it up, and then raises the temperature. And they constantly check on you to make sure you're o.k. and give you some water to drink.

"What I did yesterday is I just meditated during the two hours. For healing, for relaxation. And the time goes by quickly when you do something like that. Not a problem. Dr. Weber explains everything to you. I never had a

catheter before, so I didn't know what to expect. But he's so good that you're not apprehensive. And it goes very, very well. After my treatment I actually *feel* different around the prostate. Now it feels like the cancer's gone."

Mike's wife commented, "One thing that surprised Mike is how much they touch him, I mean, physically touch him. Doctors come down here throughout the day just to see how he's feeling, to see if he's having any problems. This caring is just not seen in the states. We just don't have doctors like this. In America, they never ask how you're feeling. And that's what we've noticed from the very beginning is just the warmth, the care, they touch you physically. The nurse walks by and puts her hand on Mike's shoulder. They're not getting all 'gloved up' as if they're scared to touch you. They're not doing that. It's just different."

I asked Mike what he would say to an American cancer patient thinking about going to a German clinic. He replied, "Even though there may be some apprehension, come! Because it's too good. The treatment's too good here. And once you're here, apprehension goes away. You just have to take the plunge and make the leap of faith, and it works."

Mike asked me to autograph his copy of *German Cancer Breakthrough*. I was glad to do so, after which he shook my hand and said, "Thank you for saving my life."

More patient feedback about Dr. Weber's clinic

I sent out an e-mail to everyone who bought the first edition of *German Cancer Breakthrough*, requesting feedback -- positive or negative -- from customers who actually went to one of the clinics I recommended. Five customers gave me feedback about Dr. Weber's clinic. They were all positive.

One of these customers, Dr. Rainer Grundl from Melbourne, Australia, avoided major abdominal surgery for his stage four, advanced colorectal cancer by going to Dr. Weber's clinic.

Dr. Grundl is a practicing homeopath. He wrote, "My wife and I stayed at Dr. Weber's clinic for 15 days. The best decision I ever made. I had local hyperthermia, a number of biological treatments such as ozone therapy by infusions every 2nd day, hyperthermia every day for 1 hour, magnetic field therapy, infusions including selenium, Vit C on alternative days and a number of immune stimulating therapies. In addition, I had localized cryosurgery (using a form of ice) therapies whereby the cancer was directly treated under anaesthesia.

"Dr. Weber and his staff, including his wife, who is also the anesthetist, the nurses and administrative staff were just marvelous individuals. It is their professionalism, together with their considerate attitude, treating patients as individuals -- all of this creates an atmosphere conducive to treatment as well as recovery. It was a delight to be there, almost feeling somewhat sad having to leave there." When Dr. Grundl returned home, tests indicated that no cancer cells were detectable.

The other customers also gave the clinic glowing recommendations such as this:

"I cannot say enough good things about this man and his wife along with their staff."

"The care was second to none. Dr. Weber and his wife are two of the most caring people that I've ever had the pleasure to meet."

"I was very impressed with Dr. Weber's clinic."

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Chapter Eleven

Gisunt Klinik in Zetel

“There are no untreatable patients”

Practically all of the top cancer clinics in Germany are reasonably close to Frankfurt or Munich. But the Gisunt Klinik, founded by Dr. Holgar Wehner, M.D., one of Germany’s top cancer doctors, is located in the far northwestern corner of Germany in the town of Zetel. When you think of Germany, it’s unlikely that the image of a beach will come to mind, but if you stay at the Gisunt Klinik in Zetel, you’ll be able to get your exercise walking the beaches of the North Sea, just five miles away.

Because of time constraints, it wasn’t possible to travel all the way to Zetel to visit this clinic during our most recent trip. Fortunately, Dr. Wehner made the four-hour drive from Zetel to meet me near Frankfurt, where I interviewed him for two hours. In addition to the interview, Dr. Wehner gave me some literature about his clinic to enable me to include a chapter about his Gisunt Klinik in this edition of *German Cancer Breakthrough*.

As you may know, one of the toughest, deadliest, fastest-growing cancers is glioblastoma multiforme. This is the cancer that pulled Senator Ted Kennedy under. In America, it’s considered a death sentence.

Not so in Germany. A desperate 30-year-old German woman, Margaret Krauss, was diagnosed with glioblastoma multiforme brain cancer and needed to beat the disease for the sake of her young daughter. Conventional doctors had already given her surgery and radiation, but to no avail.

In 1999 Margaret came to the Gisunt Klinik as a last resort, and put her life in Dr. Wehner’s

hands. In addition to other therapies, Dr. Wehner gave three sets of 12 hyperthermia treatments. After the third set, she was in complete remission.

Margaret is still alive today and has been cancer-free ever since then -- for over a decade. Her case was so extraordinary that it was featured in a TV documentary. Dr. Wehner has successfully treated two other ladies for glioblastoma multiforme brain cancer as well.

“Give me the power to induce fever, and I’ll cure any disease”

Why is hyperthermia such an effective treatment? It’s a form of heat therapy, which is nothing new. Five centuries before Christ, the father of medicine, Hippocrates, recognized the curative power of fevers. Another ancient Greek, Parmenides, said, “Give me the power to induce a fever, and I will cure any disease.”

That’s why Dr. Wehner’s brochure about hyperthermia says a fever shouldn’t be suppressed as long as it’s not life-threatening. Natural fevers train and strengthen the immune system and should generally be allowed to run their course.

During an “extreme” whole body hyperthermia treatment, the patient gets an artificial fever of 107 degrees Fahrenheit for two hours. The process is carefully monitored while the patient is under general anesthesia. Infrared heat, filtered through water, gently warms the layer of skin that contains blood. The heated blood circulates, and more blood is gently

heated, until the desired core temperature is reached. Dr. Wehner has perfected extreme (very high-temperature) hyperthermia, having successfully performed the procedure on hundreds of patients.

At the Gisunt Klinik, cancer patients can get all forms of hyperthermia:

- Whole body hyperthermia as described above
- Local hyperthermia in which heat penetrates deeply into a specific portion of the body to weaken or kill the tumor
- Transurethral local hyperthermia for prostate cancer, in which a catheter with a special heating device is painlessly inserted through the urethra into the prostate. Once inserted, the heat is applied to the prostate, cooking the cancer to death without harming the healthy tissue or causing discomfort to the patient.
- Intraperitoneal hyperthermia for cancers of the peritoneum. The peritoneal cavity is rinsed with a hyperthermal wash that may contain chemo. In cases of bladder cancer, the bladder can be rinsed with the same hyperthermal wash.

Dr. Wehner is well qualified to apply all of these hyperthermia treatments as shown by the fact that, at this writing, he is president of the German Society of Hyperthermia.

No patient is considered untreatable!

Although no doctor can guarantee a successful outcome, Dr. Wehner is confident that he can help just about any patient. He says, "There are no untreatable patients." Patients who arrive in wheelchairs are often able to *walk* out of the clinic when they go home.

Dr. Wehner started out as a surgeon. He changed to natural medicine to get better results. In 1985 he started using hyperthermia. He became acquainted with Germany's top

cancer doctors, including Dr. Friedrich Douwes, Dr. Friedrich Migeod, and Dr. Alexander Herzog. These collegial doctors are profiled in previous chapters of this special report: Dr. Douwes in the chapter about St. Georg Klinik, Dr. Migeod in the chapter about BioMed Klinik, and Dr. Herzog in the chapter about his Fachklinik.

At the Gisunt Klinik Dr. Wehner treats patients with chronic diseases such as Crohn's disease, fibromyalgia, and so on, but most of his patients are there for cancer treatment.

Patients who seek cancer treatment at Gisunt should plan on a three-week stay. Dr. Wehner says that if a patient can only come for a week, he should "forget it." A week isn't enough time for the necessary treatments including detoxification, immune boosting therapies, oxygen therapy, mistletoe, and hyperthermia with low-dose chemo.

The Gisunt Klinik is small. Its staff of five doctors can take care of 17 patients, and the patients come from all over the world: from countries like America, Australia, Korea, Portugal, Spain, and England. Gisunt has a friendly atmosphere, like a family, and you're likely to meet some interesting people there.

Recreational activities keep cancer patients busy

Gisunt encourages exercise and offers its patients lots of activities. Nordic walking, for example, is quite popular in Europe and is a highly recommended form of exercise. Nordic walking requires ski poles, which support the legs while also working the upper body for a total body workout. Some patients Nordic walk on the nearby beach by the North Sea. Others use their ski poles in the private park/nature reserve that surrounds the Klinik.

Gisunt also has bicycles and tennis rackets available for patients. More adventurous patients can go horseback riding. If you enjoy cultural and artistic events, Gisunt can help you attend local productions. You can even take a boat to one of the beautiful East Frisian islands

or visit the castle town Jever.

These activities are important, because Dr. Wehner believes cancer patients benefit greatly when they're able to be active, to be happy, to smile often, and to manage their stress.

How much does cancer treatment cost at the Gisunt Klinik? Cancer treatment lasting three weeks, including extreme hyperthermia sessions, costs about 10,000 euros per week: 30,000 euros total. Compared to conventional American treatments, 30,000 euros is a bargain. Before committing to treatment at Gisunt, be sure to get an estimated cost of the proposed treatment plan because prices change, and some treatments may cost extra.

How to get to the Gisunt Klinik

The closest airport is Bremen, which is an hour's drive from the Gisunt Klinik. Bremen is a 45 minute flight from Amsterdam. Or you can fly to Frankfurt and take a connecting flight to Bremen. When you arrive in Bremen, a driver from Gisunt will meet you at the airport and drive you to your destination in the comfort of a spacious van.

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Chapter Twelve

Cancer Dilemma:

Do you swat mosquitoes or drain the swamp?

The typical American cancer doctor focuses on the cancer cells like a laser beam. He makes up his mind to get rid of those cancer cells one way or another – “whatever it takes.”

Usually step one is to cut the cancer out of the body. And so if the cancer is operable, the tumor is surgically removed.

But everyone knows that a few cancer cells are left behind in the body after surgery. And so to kill off those cells, step two is to burn the cancer cells out of the body by radiation.

And just to make *triple* sure all those cancer cells are gone, step three is to poison any remaining cancer cells with chemotherapy.

The problem is, cancer usually returns. And when it does, then what? More surgery? More radiation? More chemo?

When cancer patients have received their lifetime quota of radiation, they can't have any more of it – even if the cancer returns. As for chemo, sometimes it has no effect on the tumors. The tumors keep growing as if there's no tomorrow, despite massive doses of the most toxic chemotherapies known to man.

Some chemo drugs are effective against one type of cancer, but not another. And frequently doctors – American doctors, at any rate – are just guessing as to whether they're using the right drug for the type of cancer YOU have. There are sophisticated tests to match the drug to the particular cancer cell, but this is another “alternative” approach that few American doctors use.

Sadly, the American approach to cancer treatment (“cut-burn-poison”) is all too often

a dead end. In other cases it leaves cancer patients disfigured from surgery or sickened or weakened.

If one may compare the cancer cell to another pesky parasite, the mosquito, the American-style cancer treatments are like swatting mosquitoes while ignoring the mosquitoes' breeding ground: the swamp. And that's why it often fails.

Swatting mosquitoes isn't enough. It's necessary to drain the swamp!

Whether you receive conventional cancer treatment, alternative treatment, or a combination, if you want to get rid of cancer *for good* so that it *never* returns, you have to get serious about draining the swamp.

The German cancer specialists recognize that cancer is never a localized problem. In other words, breast cancer isn't simply a disease of the breast, and prostate cancer isn't simply a disease of the prostate. Rather, cancer is a symptom of a systemic disease of the *whole body* – no matter where the tumor may appear.

Something within the body is producing the cancer cells. When people get cancer, it means that their bodies have become the “swamp” (the breeding ground) that allows the “mosquitoes” (cancer cells) to breed, multiply, and spread out of control.

It's necessary to clean up the body's toxic mess

The German cancer doctors I spoke to told me that a cancer patient's body is loaded with toxic wastes and toxic metals.

Typically a cancer patient's colon is clogged with waste, his blood is thick and sludge-like, his lymphatic system is stagnant, his liver – the body's filter – is overloaded with toxins, his gall bladder accumulates stones, his kidneys are weak, and so on. Because the cancer patient's organs are usually functioning inefficiently, toxins come into the body faster than the patient can get rid of them.

That has to be reversed. And it can be!

“Draining the swamp” involves a serious detoxification process. A three-week course of treatment at a German cancer clinic can give you a good start at detoxification, but it's *only* a start. You have to continue the detoxification at home. It's an ongoing, lifelong project.

Cleanse the colon

The German doctors we interviewed recognize the necessity of “draining the swamp.” That's why they *all* recommended colonic hydrotherapy – a low-tech treatment most American doctors ignore or discourage. From what I've learned in visiting dozens of cancer clinics and speaking with many alternative cancer doctors, the colon is the center of the “swamp.”

You can easily do colonic cleansing in the privacy of your home, unless you prefer to pay for the services of a professional colonic hydrotherapist. See the Bonus Report about colonic hydrotherapy for additional details about this essential task.

Change your body from acidic to alkaline

An acidic body welcomes cancer, and cancer cells thrive in an acidic environment. The typical American diet, which is high in meat, high in sugar, and low in fruits and vegetables, contributes to an acidic body.

To change from an acidic body to an alkaline body, you can't eat like the typical American. You must eliminate refined sugar because cancer

cells love sugar. If you're fighting cancer, stop feeding it! Cut the cancer cells off from their favorite food: sugar.

Switch from a high meat diet to one that has little or no meat. Especially avoid red meat. Eat lots of fruits and vegetables – organic if possible.

A fresh lemonade morning tonic, which you can use to start your day, can help change your body from acidic to alkaline. Here's the recipe for a lemonade tonic:

Squeeze the juice out of a lemon and add two tablespoons of *authentic* Grade B maple syrup – or an amount that suits your taste. You can use Grade A maple syrup, but don't use any kind of cheap, sugary, artificial maple syrup. Add about 10 to 12 ounces of water and some ground cayenne pepper, and stir well or shake it in a shaker cup. You can start with a pinch of cayenne and gradually work your way up to a half-teaspoon.

The lemonade tonic has other benefits, too. It digests mucus, increases circulation, and stimulates the body to produce the hydrochloric acid necessary for digestion.

Flush your lymphatic system

Toxins sometimes get stuck in your lymphatic system. Unlike your circulatory system, your lymphatic system doesn't have a pump. There are only two ways to flush your lymphatic system: through exercise or massage.

The easiest way to flush your lymphatic system through exercise is to get one of those mini-trampolines with a bouncing area about a yard in diameter. You can get one of these “rebounders” at sporting goods stores. Ten minutes of bouncing each day will flush your lymphatic system.

Cancer patients who are unable to bounce on a rebounder could get a rebounder chair – which would make it much easier but just as effective. You can get more information about rebounder chairs on the Internet at www.bouncebackfitnesschair.com.

Or you can get a lymphatic massage from a professional massage therapist.

Help your largest organ – your skin – eliminate waste and renew itself

Sweating is good because it helps your body get rid of toxins through your skin, which is your body's largest organ. Taking a hot sauna and finishing it with a cold shower helps do this. See the Bonus Report about water therapy.

But an even more effective sauna is the far infrared sauna, which quickly and easily pulls out toxins from deep within the skin. This kind of sauna can even be installed in your home.

Another technique for assisting your skin is dry skin brushing: using no water, you brush every square inch of your skin with a natural bristle brush every day. Why? Because there are several benefits: it cleans pores, exfoliates the skin, keeps skin toned and soft, aids blood circulation, and helps eliminate toxins. Dry skin brushing also stimulates all of your body's acupuncture points, which helps energize the body.

Listen to what the legendary natural healer Dr. Bernard Jensen said about dry skin brushing:

"I believe skin brushing is one of the finest of all baths. No soap can wash the skin as clean as the new skin you have under the old. You make new skin every 24 hours on the body. The skin will be as clean as the blood is. Skin brushing removes the top layer. This helps to eliminate uric acid crystals, catarrh, and various other acids in the body. The skin should eliminate two pounds of waste acids daily. Keep the skin active."

You'll need two different brushes for dry skin brushing: a body brush with a removable handle and a complexion brush. They are available on the Internet from Bernard Jensen Products in Solana Beach, CA 92075. You can get both brushes (the "Skin Care Combo Pack") for less than \$20 online at www.bernardjensen.com.

Overlooked secret of surviving cancer: Get rid of the false, negative programming in your mind

An often-overlooked part of the "swamp" is the mind. It's necessary to detoxify the mind by getting rid of the false, negative thoughts and fears that feed cancer. Toxic thinking should be replaced with healing thoughts that kick your immune system into high gear.

Most of the German clinics we visited help the patient focus on this very task. And this is something you can also do at home.

Believe it or not, counseling techniques that change the cancer patient's thought patterns have turned around "hopeless" and "terminal" cases of cancer. It's not just a matter of changing from "negative thinking" to "positive thinking" – though that's part of it. More importantly, it's a matter of changing *false* thinking to *true* thinking.

For example, many if not most cancer patients believe cancer is a powerful, almost invincible enemy. But the great American pioneer O. Carl Simonton, M.D., pointed out that the truth is quite different: cancer cells are, in fact, weak, abnormal, and deformed.

The late Dr. Simonton created a groundbreaking method that helps cancer patients visualize their immune systems vanquishing the weak, deformed cancer cells. His approach is validated by published studies and clinical experience.

To learn more about Dr. Simonton's powerful methods, see the website: www.simontoncenter.com. For just \$75 you can order Dr. Simonton's "patient package" from his website. Or you could check out one of his books from your public library and get started with healing thoughts for free.

Other good ways to keep cancer from coming back

It's important to keep your liver, gall bladder, and kidneys working efficiently. You can do that by flushing them once or more a year. Although information about these flushes is available on the Internet, it's much better to find an experienced naturopathic or holistic health practitioner who can guide you in this important area.

A long-term brain cancer survivor from Oklahoma, who got rid of his cancer at a clinic in Germany five years ago, continues to get an intravenous vitamin C infusion every month here in America. Monthly IV infusions of vitamin C seem like a wise idea, and the Oklahoma brain cancer survivor credits them for his continued good health.

German physicians and scientists pioneered enzyme therapy, which all of the German cancer clinics recommend. Enzyme therapy can help prevent cancer from coming back. To get more enzymes, increase your intake of raw fruits and vegetables. You can also get enzyme supplements such as the German product Wobenzym. My publisher offers an excellent introduction to enzyme therapy called *The Missing Ingredient for Good Health*. You can get more information about it at www.digestiveenzymetherapy.com.

Magnetic field therapy is another affordable and beneficial therapy you can use in your home as part of the strategy to keep cancer from coming back. See the Bonus Report on this remarkable therapy, which is used in all but one of the German cancer clinics we toured.

Chapter Thirteen

How to get financing and insurance reimbursement for your cancer treatment in Germany

The cost of cancer treatment in Germany might run about \$35,000, more or less, depending on where you go, how long you stay at the clinic or hospital, and what treatments you get. The cost of getting rid of prostate cancer through transurethral local hyperthermia is less than \$10,000. Certainly the cost is a bargain, compared to the six-figure price tag at American clinics and hospitals – typically \$350,000 to \$1,000,000!

Furthermore, German cancer clinics can also boast an impressive record of success: when American cancer doctors give up on their cancer patients, Germany's top doctors stand ready to use milder, more effective methods to cure the cancer. And they often succeed – even in “hopeless” and “terminal” cases.

Still, it can be tough to scrape together an extra \$35,000 – roughly the price of a new minivan.

One option to consider is financing. A company called Med Loan Finance, based in Kansas, has helped many patients get financing for medical treatment outside the United States. To get an application, you can call their toll-free number or visit their website. You'll find their contact information below.

The best outcome financially, of course, is to get insurance reimbursement for your cancer treatment in Germany. There's no guarantee that you'll get reimbursed. But if you have health insurance, there's a good chance that you can get some or most of your expenses reimbursed. Don't count on being reimbursed, but it's certainly worth filing a claim!

There's a company that will negotiate with your insurance company on your behalf to get you reimbursement. It's called American Medical Health Alliance, and it's based in Houston, Texas. American Medical Health Alliance gets a percentage of the reimbursement as compensation for their services, and that gives them a strong incentive to get you as much reimbursement as possible. The more you get, the more they make. It's a win/win deal.

Contact information:

Med Loan Finance (for financing)

10515 W 148th Terrace
Overland Park, KS 66221

Phone: 800-504-4053

Fax: 800-555-8122

Website: www.MedLoanFinance.com

e-mail: info@medloanfinance.com

American Medical Health Alliance (for insurance reimbursement)

P.O. Box 2065
Houston, TX 77252

Phone: 1-800-785-8765

Fax: 1-281-453-1945

Website: www.amhabilling.com

e-mail: info@amhabilling.com

Endnote

How to find the German clinic that's right for you

When I talk about the “German clinics,” I don’t mean to exclude the fine clinics in Switzerland. Rather, I use the expression “German clinics” in a broad sense to encompass the complementary cancer clinics in *all* German-speaking lands.

People have asked me, “If you had cancer, which clinic would you choose?” That’s a good question. I don’t have cancer, and I hope I never get it. I honestly don’t know which clinic I would choose. All of the clinics and doctors featured in this book impress me. They use an integrative approach -- a combination of natural medicine and conventional medicine. Whether you prefer a clinic that tilts toward the side of natural medicine or a clinic that tilts the other way, you’ll probably find at least one clinic in this book that suits your preference.

The choice of a clinic depends on many factors, including what kind of cancer a patient has and how far advanced it is. If you have cancer, and if you’re considering the possibility of going to a German clinic for treatment, I’m sure you’ll read each chapter in this book carefully. After reading the book, you may well find that one of the clinics chose *you*. In other words, you may feel drawn to a particular clinic. If you find that three clinics stand out as strong choices, of course you’ll have to narrow it down to one.

Perhaps the easiest way to find the German cancer clinic that’s right for you is to seek the advice of an independent medical advisor. The advisor I recommend without hesitation is Dr. Adem Günes, M.D., Ph.D. Dr. Günes was the right-hand-man of Dr. Frank Daudert, and he has vast experience not only as a cancer doctor but

also as a medical researcher. Currently, he is a professor of medicine.

If there is a man who knows more about natural medicine than Dr. Günes, I would like to meet him. He is one of the most brilliant German doctors I have ever met. To find out more about Dr. Günes’s services as an independent medical advisor, log onto his website www.prof-adem.com. You may send Dr. Günes an e-mail at this address: info@prof-adem.com.

A few Americans who get rid of their cancer in Germany can afford to return to Germany again and again for follow-up care, but most cannot. In the new edition of this book, I have included information about how to find a cooperative, open-minded American doctor who can give you the long-term follow-up care you need to keep cancer from coming back.

Be prepared to make permanent lifestyle changes. You should certainly avoid junk food, processed food, and sugar, and you may want to incorporate the German-recommended Budwig protocol in your daily eating plan.

Many people found the first edition of this book helpful, and I got positive customer feedback from readers who actually went to Germany for cancer treatment. If you or a loved one have cancer, my hope and prayer is that you’ll find this book helpful.

If you liked this book...

If you liked this book, perhaps you might like Andrew Scholberg's other books about cancer clinics and alternative treatments.

Adios, Cancer! by Frank Cousineau with Andrew Scholberg is a book about the top alternative cancer clinics in Mexico. For more info, see this website: www.adios-cancer.com

Cancer Breakthrough USA! by Frank Cousineau with Andrew Scholberg is a book about the top alternative cancer clinics in America. For more info, see this website: http://cancerbreakthroughusa.com/cancer_usa.html

How to Cure Almost Any Cancer at Home for \$5.15 a Day by Bill Henderson with Andrew Scholberg describes the six-point Bill Henderson Protocol to whip just about any cancer at home. For more info, see this website: <http://curecancerathome.com/A/>

The 31-Day Home Cancer Cure by Ty Bollinger with Andrew Scholberg. Bill Henderson highly recommends this book, which features perhaps the most effective, easy-to-use home detox program in print. For more info, see this website: <http://NaturalCancerRemedies.com/31D/index.html>