

# Dual Diagnosis Conference 2019

*Expanding Capacity: Reaching Further*

August 21 & 22, 2019 • Altoona, PA

Jointly presented by the Office of Developmental Programs (ODP) and the Office of Mental Health & Substance Abuse Services (OMHSAS) and supported by the Money Follows the Person (MFP) grant funded by the Centers for Medicare and Medicaid Services.

*Join us at a statewide conference focused on building capacity to support the complex needs of individuals in the community.*

**WHERE & WHEN:** The conference will be held on Wednesday, August 21 and Thursday, August 22, 2019 at the Blair County Convention Center, 1 Convention Center Drive, Altoona, PA. A limited number of rooms are available at the Courtyard Marriott Altoona, at a discounted rate of \$104.00/night. Reservation and hotel contact information will be provided in your registration confirmation email.

**REGISTRATION:** Online registration is now open and will remain available until Friday, August 9, 2019.

**All attendees must pre-register to attend the conference. There are two steps to complete the registration process.**

- **Step #1:** Visit [Pennsylvania's 2019 Dual Diagnosis Conference](#) to begin registration on the MyODP website.
  - You will need an account on MyODP in order to register for the conference.
- **Step #2:** Payment is made on an external site. Additional information about registration can be found beginning on page 5.

***Seating is limited. Registration will be accepted on a first come, first serve basis.***

**CONFERENCE FEE:** The registration fee is **\$100.00**. Registration fee includes lunch, break snacks and all materials. You will be able to pay for your conference registration online using a credit card or you may pay by company/agency check. Personal checks are not accepted.

## **KEYNOTE AND PLENARY SPEAKERS:**

**Gina Calhoun** is the Program Director for the Doors to Wellbeing, National Consumer Technical Assistance Center. Gina is a consumer/peer with extensive experience delivering training services to certified peer specialists (CPS); supervisors of CPS; and to peers learning to incorporate community inclusion, recovery, and WRAP® into their lives. Gina draws on her own unique lived experience being institutionalized at the Harrisburg State Hospital for several years before escaping to live on the streets. After her recovery, Gina played an instrumental role in closing Harrisburg State Hospital. Gina served as a Recovery & Community Integration Educator for the Pennsylvania Office of Mental Health and Substance Abuse Services (OMHSAS) from 2008-2011. From 2006-2008, she held the position of CPS Coordinator/ Trainer for the Institute for Recovery & Community Integration in Philadelphia, PA. In that role, Gina was one of the principal trainers for the very first CPS training sessions conducted in Pennsylvania. In 2012, Gina was awarded the Timothy J. Coakley Behavioral Health Leadership Award. This national award honors consumer and family leaders in the behavioral health field whose work is characterized by the highest degree of integrity and creativity.

**Julie P. Gentile, M.D.** is a Professor and Chair at Wright State University Department of Psychiatry and the Project Director for Ohio's Coordinating Center of Excellence in Mental Illness/Intellectual Disability and for Ohio's Telepsychiatry Project for Intellectual Disability, serving over 1,400 patients with intellectual disability from 75 counties utilizing telemedicine. Dr. Gentile has evaluated over 4,000 patients with IDD since 2000 and has been awarded more than \$7 million for her statewide grant funded projects. She is the recipient of the American Psychiatric Association's Menolascino Award for Excellence in Psychiatric Services for Individuals with Intellectual Disability and the National Menolascino Award from the National Association for the Dually Diagnosed.

**Angela Moreland, Ph.D.** is an Assistant Professor at the National Crime Victims Research and Treatment Center at the Medical University of South Carolina. Dr. Moreland's research interests focus on primary and secondary prevention of child abuse and risk factors for maltreatment among high risk parents of young children (i.e., substance use, teen pregnancy); as well as dissemination and implementation of evidence-based practice for victims of interpersonal violence and their families. Dr. Moreland also examines the link between victimization and high-risk behaviors, such as substance use and delinquency, among children and adolescents. Currently, her primary projects focus on prevention of maltreatment, as well as other negative consequences, among substance-using parents; as well as several projects focused on dissemination and implementation of evidence-based trauma-focused treatments.

### **SCHEDULE AT A GLANCE:**

#### **Wednesday, August 21**

7:30 a.m. – 9:00 a.m.	Registration; Coffee and Continental Breakfast
9:00 a.m. – 9:45 a.m.	Opening Remarks and Welcome
9:45 a.m. – 10:00 a.m.	Break
10:00 a.m. – 12:00 p.m.	Keynote: Julie Gentile, M.D.
12:00 p.m. – 1:15 p.m.	Lunch
1:15 p.m. – 2:45 p.m.	Concurrent Breakout Sessions
2:45 p.m. – 3:00 p.m.	Afternoon Snack Break
3:00 p.m. – 4:30 p.m.	Concurrent Breakout Sessions

#### **Thursday, August 22**

7:30 a.m. – 8:30 a.m.	Coffee and Continental Breakfast
8:30 a.m. – 9:00 a.m.	Announcements/Updates on MFP Initiatives
9:00 a.m. – 12:00 p.m.	Keynote: Gina Calhoun
10:30 a.m. – 10:45 a.m.	Break
12:00 p.m. – 1:15 p.m.	Lunch
1:15 p.m. – 2:45 p.m.	Concurrent Breakout Sessions
2:45 p.m. – 3:00 p.m.	Afternoon Snack Break
3:00 p.m. – 4:30 p.m.	Plenary: Angela Moreland, Ph.D.

## SESSION DESCRIPTIONS:

Wednesday, August 21, 2019

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**9:00 a.m. – 12:00 p.m.**

### **Opening Remarks and Welcome**

Presented by Gregory Cherpes, M.D. – Medical Director, Office of Developmental Programs

Kristin Ahrens – Deputy Secretary, Office of Developmental Programs

Valerie Vicari – Acting Deputy Secretary, Office of Mental Health and Substance Abuse Services

### **Keynote Address: *Practicing Medicine in the Digital World: Ohio's Telepsychiatry Project for Intellectual Disability Reaching 75 Counties***

Presented by Julie P. Gentile, M.D.

Patients with intellectual disabilities may present with aggression toward self or others in clinical settings, and often present to mental health clinics when in fact they have undiagnosed medical conditions. Presenter will utilize clinical vignettes with the chief complaint of aggression and other behavioral presentations, Bio-Psycho-Social-Developmental Formulation, and Trauma Informed Approaches to illustrate diagnostic/ treatment considerations to determine etiology of behavior. Areas of pharmacologic management will be reviewed including updates in the field. Statewide grant-funded programs (including Telepsychiatry) will be presented to reach underserved areas and to solve supply/demand problems.

**1:15 p.m. – 2:45 p.m.**

### **Breakout Sessions ([Attendees select one session to attend](#))**

#### **A1) *The Importance of Data Collection Relevant to Behavior Changes and Medication***

Presented by Nicholas DeMarco, Psy.D., and Katie Croce, Ed.D.

It can be very difficult to identify causes in behavior changes. Having a basic understanding of psychotropic medications, uses, and side effects can help correctly identify medication reactions from other changes in baseline behaviors. In order to know if services, medications, and interventions are effective, data must be collected. In this session you will learn why data collection is important, how to collect data that works for the individual and caregivers, and how to use the data to help people succeed.

#### **A2) *Autism and the Justice System: PA Experiences and Recommendations***

Presented by Paul Turcotte

This session will focus on justice interactions in Pennsylvania, including data from the PA Autism Census and PA Autism Needs Assessment. It will also provide an overview of the justice system and points of intervention for when individuals are involved in the justice system.

#### **A3) *Communication and Collaboration: Supporting Transition Across the Lifespan (How to Get from Here to There)***

Presented by Jarred Ebert, Jessica Lesniewski, Michele O'Toole and Asia Pecora

Transitions are difficult for all of us. For a person with an Intellectual Disability and/or Autism and complex behavioral/mental health needs, this is especially true. In this session four panelists with extensive experience in supporting people with complex behavioral/mental health needs to transition between various settings (home, community, state center, and state hospital) will describe a person's story. Each vignette will highlight an especially complex transition that was successfully navigated, with the individual integrating into his or her new community. The presentations will focus on the unique challenges of that transition and the ways in which the transition team was able to overcome barriers through collaboration and communication. The group will then present on a recent transition in which all panelists were involved. During this portion of the presentation it will become clear that the unique challenges of individual transitions are not really unique at all, but share common threads across systems, communities, and lifespans.

**A4) Creative Strategies for Mental Health Professionals in State Hospitals: It's More Fun than You Think**

Presented by Stacey Keilman and Wanda Mandell, Psy.D.

In this session, participants will have an opportunity to learn about how a new wave of positive energy has been infused into Torrance and Danville State Hospitals with the introduction of creative and fun therapies. Through real-life stories and examples, the presenters will share how-to experiences on what works to successfully support people who receive treatment at the state hospitals. Discussion will include how strategies and skills learned in Torrance and Danville State Hospitals are part of the bridge back to the individual's community.

**3:00 p.m. – 4:30 p.m.**

**Breakout Sessions ([Attendees select one session to attend](#))**

**A5) Using Evidence-Based Practice Supported Employment (EBP SE) to Secure Work for Individuals with Serious Mental Illness**

Presented by Randall Loss

Evidenced Based Practice supported employment (EBP SE) is one of the most beneficial tools to assist an individual with serious mental illness (SMI) in gaining employment. EBP SE is currently used within various OMHSAS supported programs across Pennsylvania. Assisting individuals with SMI in gaining employment is an important component to recovery and independence. This session will explain and review the benefits of EBP SE, identify examples within PA and in other states, and finally, discuss how PA could look to expand use of this model to the benefit of individuals with SMI in obtaining employment.

**A6) Autism and Police Interactions: Keeping Everyone SAFER**

Presented by Kate Hooven

In order for there to be positive interactions between individuals with Autism Spectrum Disorder (ASD) and law enforcement, not only do members of the law enforcement community need to understand how to safely interact with individuals with autism, but, individuals with autism, their families and support staff need to understand how to safely interact with the law enforcement community. Individuals with autism, their families and support staff will learn what it means to break the law and what may happen if a law is broken. They will have a better understanding of what to do and what not to do if stopped by a police officer. Providers and support staff as well as individuals with ASD and their families will discover various resources such as social stories that will help prepare them for an interaction with law enforcement. All attendees will have a better understanding of how they can help individuals with autism PLAN (Prepare, Learn, Advise and Notify) for a positive interaction with law enforcement.

**A7) How Can We Use a Children's Service Integration Framework Across Systems of Care to Better Assist Individuals with Disabilities and their Families?**

Presented by Tiberiu Bodea Crisan, M.D. and Teri Stanley

In 2015, Community Care began developing a consistent, coherent, holistic approach to children's services. This work is the foundation to what we now call Children's Services Integrated Framework or CSIF. This breakout session will provide a brief history of CSIF and an overview of the six principles of this framework. It will include a discussion of the Core Four Clinical Model, which is based on four core competencies and an integration of behavioral, trauma-informed, strength-based, and systemic paradigms. It will offer an overview of the work Community Care has done to apply this framework within various Children's services and invite exploration of its benefit to individuals who are Dually Diagnosed, being served across Mental Health, Behavioral Health, and IDD service systems. Particular focus will be given to the concepts of alliance and partnership, with specific attention to the role of psychiatrists, individuals being served, their families and caregivers.

## **A8) Navigating the Complexities of Meaningful and Functional Communication**

Presented by Amy Alford and Krista Lewis

In a communication-requisite world, we have a responsibility to ensure all people can effectively express wants, and needs in a meaningful and functional way. It is not enough to rely on verbal language, nor is it sustainable to simply 'know' what a person wants or needs. Communication is complicated, but across systems and disciplines, we have learned a variety of methods to understand this topic. This training will explore the definition of communication through multi-disciplinary perspectives, explain why it is important to accurately identify how an individual communicates, and provide tools, resources, and strategies to support individuals with a variety of communication needs.

**Thursday, August 22, 2018**

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**8:30 a.m. – 12:00 p.m.**

### **Announcements and Collaborative Capacity Building Initiative Updates**

Presented by Gregory Cherpes, M.D.

### **Keynote Address: *WRAP: Living a Self-Determined Well Life***

Presented by Gina Calhoun

This interactive presentation will introduce audiences to the evidence-based practice of WRAP® and specifically WRAP® for People with Developmental Distinctions. The Wellness Recovery Action Plan (WRAP®) is a personalized plan and approach born out of and rooted in the principle of self-determination. WRAP® is a wellness and recovery approach that helps people to: 1) decrease and prevent intrusive or troubling feelings and behaviors; 2) increase personal empowerment; 3) improve quality of life; and 4) achieve their own life goals and dreams.

**1:15 p.m. – 2:45 p.m.**

### **Breakout Sessions ([Attendees select one session to attend](#))**

#### **B1) *Six Essential Clinical Competencies for Supporting Adults with IDD and Co-Occurring Mental Illness***

Presented by Tim Barksdale, Psy.D.

Competent Behavior Specialists, Psychologists, Psychiatrists, Therapists, and Direct Support Professionals and other Behavioral Health Professionals are needed in the provision of effective behavior support and mental illness treatment to adults with intellectual and developmental disabilities. This session will identify six essential areas for competent service delivery to enhance and facilitate desirable everyday lives for members of this community.

#### **B2) *When Victimization and Disability Intersect: How We Can Understand and Support People with Disabilities Impacted by Violence***

Presented by Shelbi Moonley and Lu Randall

People with disabilities are three to seven times as prone to experience a violent crime, compared to those without a disability (Bureau of Justice Statistics, 2017). Attendees in this session will learn how to recognize the signs of victimization and the importance of early trauma interventions. Participants will review individual, systemic, and cultural barriers that victims with a disability may experience and learn how to utilize trauma-informed practices to overcome these barriers. Risk-reduction strategies will be discussed. Session leaders will share cooperative practices used and recommended to support people with disabilities who have been impacted by violence and crime in a cross systems approach.

### **B3) Diagnosis of Psychiatric Illnesses in Individuals with Intellectual Disability and Autism**

Presented by Mahmood (Mike) Usman, M.D.

Psychiatric illnesses are common in the IDD population, but accurate diagnosis is often difficult. Impairment of language skills and other cognitive limitations may make it hard to apply standard diagnostic criteria. Behavioral problems may be present which are unrelated to a traditional psychiatric diagnosis. In this session, we will discuss the DM-ID-2 and review some key issues surrounding psychiatric diagnosis decision-making with individuals who are dually-diagnosed.

**3:00 p.m. – 4:30 p.m.**

#### **Plenary Session: Trauma-Informed Cognitive Behavioral Therapy: From Research to Practice**

Presented by Angela Moreland, Ph.D.

This session will provide a background on prevalence, risk factors, and consequences of trauma exposure among individuals with developmental disabilities. A description of trauma-informed cognitive behavioral therapy will be provided, including definitions and components of trauma-informed treatment specifically targeting this population. Practical techniques will be provided to assist in prevention, detection, assessment, and treatment of trauma exposure among this high risk population.

#### **ADDITIONAL REGISTRATION INFORMATION:**

**How do I register?** For a printable version of the below information including screen shots [CLICK HERE](#).

- Login or create an account on [www.MyODP.org](http://www.MyODP.org).
- If you need to create an account, go to [www.MyODP.org/login/index.php](http://www.MyODP.org/login/index.php) and follow the instructions on the page. If you need assistance please contact [support@myodp.org](mailto:support@myodp.org).
- Once logged in, navigate to Training > Dual Diagnosis > Dual Diagnosis Conference > 2019 Pennsylvania Dual Diagnosis Conference. Or you can go directly to the course using the following link: [Pennsylvania's 2019 Dual Diagnosis Conference](#).
- Once you enter the course, choose “**Click Here to Register**” in the Registration block. This will take you to an external registration site to make your registration selections and process payment.
- **Please note your registration is not complete until you either pay for your conference registration on a credit card or indicate that you will be mailing a check.**

**Payment Options:** Participants have two options for how to pay for their registration. You may pay online using a credit card or you may pay by company/agency check. Personal checks will not be accepted.

- Checks should be mailed to The Columbus Organization, Attn: 2019 DD Conference, 500 East Swedesford Road, Suite 100, Wayne, PA 19087.
- A copy of the registration confirmation(s) should be included with check payments to ensure payment is applied to the correct registrant.
- A copy of The Columbus Organization’s W9 is available upon request if needed to process agency check payment by contacting Brenda Smith at [basmith@columbusorg.com](mailto:basmith@columbusorg.com).
- **Payment must be received prior to the start of the conference.**

**Cancellation Policy:** The Pennsylvania Department of Human Services reserves the right to cancel or postpone the conference due to any unforeseen circumstances. In the event of a cancellation or postponement, DHS will refund the registration fee but is not responsible for any related costs, charges, or expenses to participants, including cancellations costs incurred by hotels, airlines, or travel agencies. Individual participants must provide written notice of registration cancellation two weeks prior to the conference (subject to a service fee) in order to receive a refund. **If you need to cancel your registration, please email Brenda Smith at [basmith@columbusorg.com](mailto:basmith@columbusorg.com).** No refunds will be granted after August 9, 2019.

**GENERAL TRAINING HOURS:** Certificates of Achievement for general training credit hours will be available on MyODP.org by August 26, 2019. Participants will receive an email notification when certificates are available.

**CONTINUING EDUCATION CREDITS:** Continuing Education Credits are not available for the conference.

**ADA ACCOMMODATIONS:** If an accommodation as addressed by the Americans with Disabilities Act is needed please contact Brenda Smith ([basmith@columbusorg.com](mailto:basmith@columbusorg.com)). Reasonable efforts will be made to meet the need. Requests must be received by July 31, 2019.

**QUESTIONS?** If you have questions about conference content please contact Marlinda Smith at [marlsmith@pa.gov](mailto:marlsmith@pa.gov). Questions related to registration should be directed to Brenda Smith at [basmith@columbusorg.com](mailto:basmith@columbusorg.com) or 610-592-0292.