

## DEFINING YOUR WHY & FIRST GOALS

Take a moment to consider WHY you decided to join our mission. Our **OPTA**VIA Community is stronger because you are here and we want to help you create your best life possible!

Why did you decide to become an **OPTA**VIA Coach?

How will being an OPTAVIA Coach help you create a better life?

Who or what will be impacted most positively through your coaching?

What does your BEST life look like?



## YOUR FIRST GOALS

What will success look like in 3 months?

What will success look like in 6 months?

What will success look like one year from now?

We encourage you to work with your Business Coach/Mentor support team throughout this process. Our Community is here to support you every step of the way. Questions? Check out OPTAVIA ANSWERS, call 1.888.OPTAVIA, or fill out the Contact Us form on your OPTAVIA personalized website!