



DEFINING YOUR WHY & FIRST GOALS

Take a moment to consider WHY you decided to join our mission. Our **OPTAVIA** Community is stronger because you are here and we want to help you create your best life possible!

Why did you decide to become an **OPTAVIA** Coach?

How will being an **OPTAVIA** Coach help you create a better life?

Who or what will be impacted most positively through your coaching?

What does your BEST life look like?

YOUR FIRST GOALS

What will success look like in 3 months?

What will success look like in 6 months?

What will success look like one year from now?
