

Northfield High School Athletics Newsletter

December 19, 2018

Welcome to the Northfield High School Athletics Newsletter! Nighthawk Nation is published bi-monthly during the school year. Welcome aboard!



As Northfield continues to grow, we are working hard to enhance the student and fan experience. This includes social media, the Athletics website, competition updates, and action photos.

Over the next couple of weeks, work will occur on the website, and the goal is to provide a cleaner and more consistent layout and presentation across the board. In addition, the communications team has launched a new Nighthawk Nation Facebook page that will be exclusive to athletics. Please be sure to share pictures and updates with the designated Athletics sub-committee Chair.

The Facebook page will also provide a platform for us to begin recognizing female and male student-athletes of the week, coach spotlights, and video footage from competition. If you have suggestions or expertise in areas to assist with the buildout of the Athletics page, please contact <u>Cierra Campbell</u>.

Please go and "Like" the Nighthawk Nation Athletics Facebook page.

The Athletics sub-committee is up and running and there are currently 15 program representatives. The meeting on Thursday, December 13, was well attended and Northfield Foundation Vice President, Jen Carabetta introduced representatives from Aramark to share options for fundraising at professional sport venues throughout the Denver metro area. More details soon to come. Please see list of Committee members below:

Athletics Sub-Committee Members

Co-Chair, Krista Meikle
Co-Chair, Keith Montoya
Cross Country - Laurie Priddy
Boys Golf - Christine Lamb
Boys Soccer - Stephanie Kiley
Girls Volleyball - Birgit Roesink-Miller
Softball - Jen Lipscomb
POMS - Michelle Burton, Laurie Luth
Boys Basketball - Nicole Parker

Girls Swimming - Marti White

Girls Lacrosse - Laurie Campbell, Regina Motarjeme, Trish Hanson

Boys Lacrosse - Scott Petersen

Girls Golf - Thad Jacobs

Girls and Boys Track - Laurie Priddy

Girls Soccer - Keith Montoya

Girls Tennis - Jennifer Merer

Girls Gymnastics - Krista Meikle

GO NIGHTHAWKS!

Polica Houston

Assistant Principal & Athletic Director Northfield High School

TOGETHER WE SOAR

Polica Houston, Assistant Principal & Athletic Director polica.houston@dpsk12.org

Denver Prep League Basketball Kicks off in January

In the new year, come out to the Nest and support our players at our **HOME** games. See <u>daily sports schedule</u> for more info and check out the schedule below.

Boys & Girls Basketball Weekend





DAY	DATE	TEAM	GAME TIME	OPPONENT
Friday	1/11/2019	GIRLS VARSITY	5:30 PM	FAR NORTHEAST
Friday	1/11/2019	BOYS VARSITY	7:00 PM	FAR NORTHEAST
Saturday	1/12/2019	BOYS C TEAM	9:00 AM	FAR NORTHEAST
Saturday	1/12/2019	BOYS JV	10:30 AM	FAR NORTHEAST
Saturday	1/12/2019	GIRLS JV	12:00 PM	FAR NORTHEAST

Boys Basketball Triple Game Night





DAY	DATE	TEAM	GAME TIME	OPPONENT
Tuesday	1/15/2019	Boys C Team	4:00 pm	Thomas Jefferson
Tuesday	1/15/2019	Boys JV	5:30 pm	Thomas Jefferson
Tuesday	1/15/2019	Varsity	7:00 pm	Thomas Jefferson

Note: Lady Nighthawks will be playing the Spartans AWAY at Thomas Jefferson this date.

TOGETHER WE CELEBRATE



Meet Our Newest Nighthawk

Nighthawk Nation and the Volleyball teams would like to congratulate Coach Schakara on her healthy baby boy born Thanksgiving morning.

Muki Titan Tiscareno November 22, 2018 8 lbs, 9 ounces, 20inches

We are grateful for this new addition and look forward to another little Nighthawk cheering us on!



Boys Varsity Basketball Goes Undefeated in Tournament

After a few close losses at the start of the season, the Boys Varsity Basketball Team has won FIVE in a row, going 3-0 in the Pueblo East Tournament this past weekend. For varsity team info, see <u>MaxPreps</u>.

The Varsity Boys and Lady Nighthawks travel to Thompson Valley in Loveland on

Tuesday 12/18 to kick off the holiday break. Happy Holidays from Coach Ocansey and our Varsity Boys team.

Girls Basketball Gets the W

This past Saturday, girl's basketball had a great team win against Pueblo Central 55-53. This hard fought game came down to a last second shot finishing with a season's best 65% from the free throw line. This allowed the team to gain the lead midway through the 4th quarter. The team showed tremendous effort and attention to detail down the stretch. Congratulations to Coach Jones and the lady Nighthawks!



POMS Squad Fairs Well At State

Coach Stauffacher and the Nighthawk POMS team displayed an amazing performance at State and represented Northfield well at the Denver Coliseum. Look forward to the squad cheering at events in the coming weeks of 2019.

TOGETHER WE MAKE A DIFFERENCE



Eat Wings & Support Northfield

Buffalo Wild Wings, located at 7607 E 36th Ave., has joined Nighthawk Nation with a Home Team advantage Teammate Card Fundraiser. Take your family, your friends, and/or your team out to eat wings and support the Nighthawk Athletics Program.

Show the Teammate card to your server when paying your bill and Buffalo Wild Wings will give back 10% to our school. This fundraiser ends 2/28/19.

DETAILS HERE



Girls Lacrosse Needs Equipment

Coach Gilbride and girls lacrosse team are looking for equipment donations. Any gently used or new sticks or gear, please drop off to the main office. Thank you!



Northfield High "Kegs For A Cause"

It's not too late! Join us for BEER at the Coffee For A Cause END OF YEAR EVENT at Logan House Coffee on Thursday, December 20th 6:30 - 8:30 PM. Each \$25.00 ticket includes a full flight & all proceeds go to benefit Northfield High School.

Enjoy a holiday beer tasting, donated by Mr.B's Wine & Spirits, Cheluna, Station 26, Sazza, and Rolling Smoke BBQ. Each ticket includes a flight of beers, which will feature De Dolle Brouwers' "Stille Nacht" and "Twenty Two" Avery Brewing's 22nd anniversary beer, as well as beers by Cheluna, Station 26, and others to be announced in the days to come.

BUY TICKETS

NEWS YOU CAN USE

Pre Season Practices

Girls Lacrosse

Join Coach Gilbride for preseason practices on Tues & Thur from 3:30-4:45pm on the turf.

Dates are as follows: Jan 8 & 10 Jan 15 & 17 Jan 22 & 24 (OFF) Feb 5 & 7 Feb 12 & 14

Track

Coach Thornton is hosting preseason practices on Mon, Wed & Fri at 3:30 pm at the track. Conditioning in the weight room following practice on Mon & Wed.

Boys Lacrosse

Coach Alex is holding preseason practices on Tues & Thur starting in January.

Email <u>Coach</u> for details on dates, times and location.

Off Season Training

Boys Soccer

Join Coach Keever for indoor soccer (futsal) in the gym. These are drop in, pick up games.

Schedule is as follows: Jan 7 & 14, 8-10pm Jan 28, 8:45-10pm Feb 4, 8:45-10pm Feb 11 & 25, 8-10pm

Girls & Boys Golf

PGA Pro and Assistant Coach, Brad Alston, is running a winter training program at Park Hill Golf Course.

For more details visit www.northfieldgolf.net.
To sign up email Coach

Softball

Off season hitting begins Feb16 and runs through April 27 on Saturday's from 6-8pm at Mile High Softball & Baseball in Aurora. Player cost is \$50 for the winter season. Questions? Contact Coach Wally.



Letter Jackets Update

Jackets were expected to arrive this week and we have yet to receive them. Western Awards and Recognition Representative, Jim Katschke, has agreed to hand deliver the jackets upon receipt over the break.

If you have questions, see contact information below: Jim Katschke 303-699-5691

Email: WesternAwards@comcast.net



Whether you want to stay in shape for your winter sport or want to get your body ready for spring sports, TheDailyNighthawk.com has you covered with workout and smart food tips to balance out "festive" holiday eating.

Having trouble getting to the gym in winter weather conditions? Check out our picks for the best winter boots and clothes.

Finally, check out <u>The Daily Nighthawk's Holiday Spotify Playlist</u> whether you need motivation during your workout, tunes to relax to during your cool down or just some songs to enjoy by the fire (or Yule Log video).

<u>TheDailyNighthawk.com</u> is Northfield's student news website. Bookmark the <u>sports section</u> for the latest on NHS athletics, written by Northfield students and student athletes.

NEWS YOU MAY HAVE MISSED



3 Games. One Epic Night.

Save the date for Tuesday, January 15, for boys basketball first triple game night at HOME against TJ. See you at the nest Nighthawks!

Game Times:

C Team at 4pm / JV at 5:30pm / Varsity at 7pm



Girls Tennis Launches This Spring

Please be sure to share the message near and far that Northfield will be offering Girls Tennis this Spring. We are looking for a great Coach to launch the program. Currently, Mr. Peter Wright has been hosting pre-season hit-arounds for students on Wednesday afternoons, at 3:45 pm.

2018 WINTER SPORTS

For more information on **WINTER SPORTS**, please visit <u>NHS Athletics</u> or reach out the coach directly. GO NIGHTHAWKS!



BOYS BASKETBALL

Head Coach Ezekiel Ocansey ezekiel_ocansey@dpsk12.org



GIRLS BASKETBALL

Head Coach Ernest JonesErnest_jones@dpsk12.org



GIRLS SWIMMING

Head Coach Will Kocher william_kocher@dpsk12.org

NORTHFIELD SPORTS OFFERINGS

http://northfield.dpsk12.org/athletics-activities/team-sports/

SPRING SPORTS

Girls Swimming / Boys Baseball / Girls & Boys Track Girls Golf / Girls Soccer / Girls & Boys Lacrosse











FALL SPORTS

Cross Country / Football / Boys Golf Boys Soccer / Softball / Volleyball













For more information on winter and spring sports, please visit <u>Northfield Athletics</u>.

HELPFUL INFO & QUICK LINKS



Lettering, Awards & PE Waivers

Visit <u>Northfield Athletics</u> for more details on lettering requirements, award guidelines and PE waivers.



CHSAA TRANSFER RULES

For details about the new transfer rules that went into effect on June 1, 2018, please visit <u>TRANSFER</u> RULES.



SAFETY FIRST

The Weather Bug App will inform decisions to postpone/cancel practice based on lightning and the National weather service and local sirens will be used for other conditions. Coaches will follow procedures according to location-specific safety plans and provide communication through the Remind.com App.



NIGHTHAWK ATHLETICS CALENDAR

Please see this link for up-to-date athletics schedules.

Schedule



FAMILY ID

If you still need to register your student for sports, you can do so easily and online through DPS Family ID.

Family ID

NHS Smartphone App

Download the Northfield High School app to receive the most up-to-date news on events, athletics, calendars and more!

Please make sure to allow for push notifications when you install the app.

Download for iPhone **Download** for Android











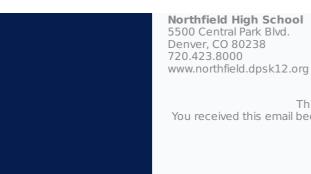








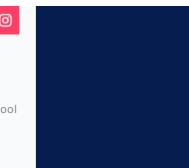












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