

Asking Good Processing Questions



Why Try

GoToWebinar Control Panel

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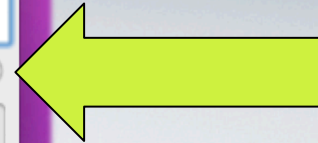
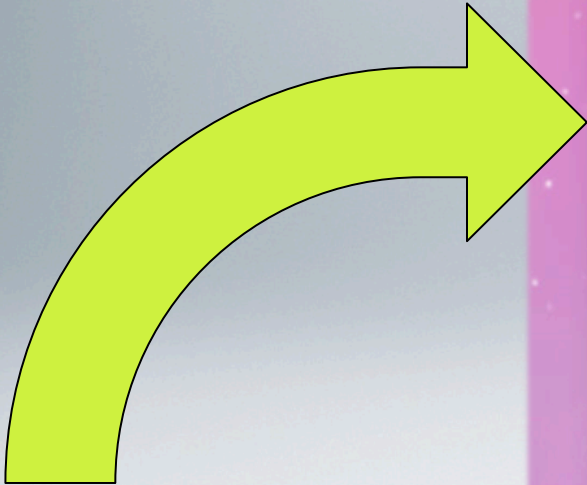
Questions

How do I ask questions?

Send

Webinar ID# 173-657-976

GoToWebinar





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Three Keys to good processing

Preparation

Framing

Facilitating relevant discussion



Prepare

Find your processing questions:

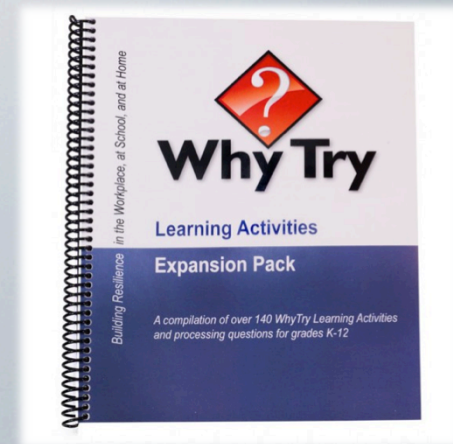
- At the end of each activity
- Use the processing cards

Pick three or four questions:

- Be sure they are relevant to your students life, what they struggle with their realities, their “hot buttons”.
- Be ready to share how it relates to your life

Tip:

- Don't feel like you need to ask all the questions



Frame

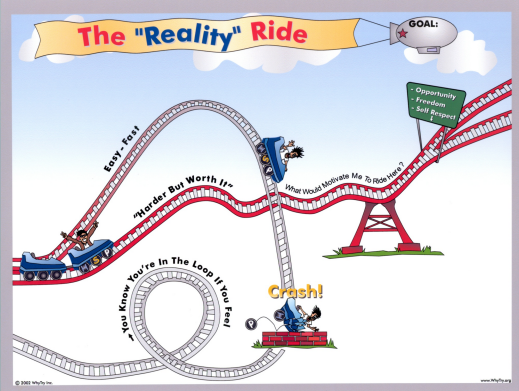
“The way that you introduce a concept or principle can often make or break the way it is received”

Bruce Bushnell

A good frame will answer...

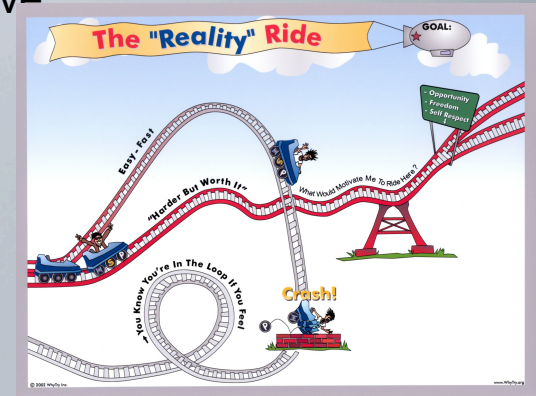
- What is it?
- Why is it important?
- What does it have to do with me?

Framing The Activity



Idea or Concept:

Reality Ride . . . My decisions have consequences



Teacher:

Example Frame: "How much do you think this piece of paper is worth? . . . The paper itself may

Student:

Communicates . . . not be worth more than a few cents but I believe

- Confidence
- Passion and enthusiasm
- Belief in concept
- Preparation and effort

that if you can understand what is on it, **would be worth thousands of dollars to you in the years to come.**

Understands

- Why is this important?
- Why do I need to listen?
- What does this have to do with me?

Teacher has student's attention

Facilitate relevant discussion

“What does this have to do with your life?”

Your job is to make sure the discussion remains relevant

“Where is that point on the visual metaphor?”

“Oh I’m in the flood zone”

“It looks like I’m in the loop”

“I need to get out of the crab pot”

The 4 “F’s” to facilitating relevant discussion

- 1. Facts:** What happened? What did you observe?
- 2. Feelings:** What feelings surfaced and how were they expressed?
- 3. Findings:** How does this relate to the principle taught in the lesson?
- 4. Future:** How does this relate to my life?



Challenges to look out for



The Dominator
The know it all
Mr/Mrs Invisible



Practice

Defense Mechanisms

1 What is a Defense Mechanism?

2 Situation How do you respond (act) when:

-Disrespected	-Mad at parent	-You're hit	-Blamed
-Yelled at	-Embarrassed	-You lose	-Get caught
-Put down	-Make a mistake	-Confronted	-Hurt
-Laughed at	-Feel pressure	-Frustrated	-Angry

3 Four steps to control your D.M.

- 1. Recognize the situation.**
When you are in a pressure situation, these are the signs:
You feel angry, frustrated, nervous.
What outward behaviors can you use to help control the pressure?

- 2. Identify the situations where you can practice Step 1.**
What are the situations you need to practice this?

- 3. Don't let other people choose (or control) how you will respond.**
The signs are: someone is yelling at you, you are physically attacked, or you are put down.
What could happen when you stay in control?
- 4. Select a positive solution.**
What would motivate you to do the "tougher" (harder) thing?

4 Choice
Who chooses the defense?
How do you protect your feelings?

5 Defense
How do you know when you've selected a positive defense mechanism?
"When you are helping, not hurting, yourself and others."

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Processing the Experience:

- Why was it easier to do this activity with the hand that you normally write with?
- Why was it harder when you changed hands?
- Why is change hard? (Discuss muscle memory. We are used to doing what comes naturally.)
- What do we usually do in pressure situations when someone yells, hits, or blames us?
- Why is it hard to do something different?

Resources

Learning Activities expansion pack

Learning Activities processing cards

Hands-on Activities kit

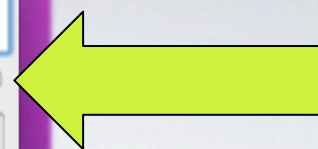
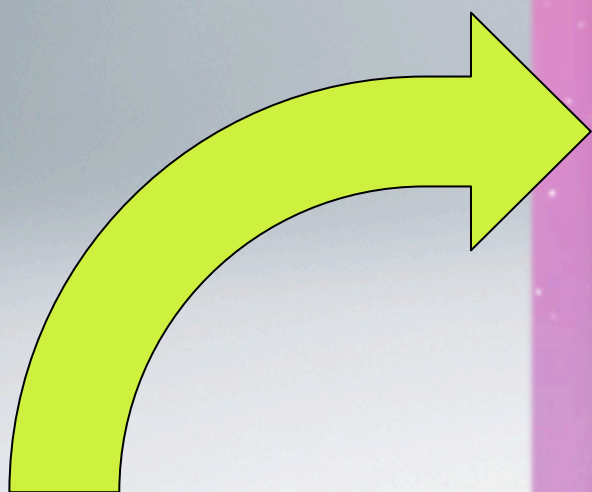
Videos

Music

www.whytry.org/resources

Question and Answer

The screenshot displays the GoToWebinar Control Panel interface. At the top, the title bar reads "GoToWebinar Control Panel". Below this, the "Audio" section is visible, with "Use:" options for "Telephone" and "Mic & Speakers" (the latter is selected). A "MUTED" status is shown with a microphone icon and a volume slider. The "Talking:" section is currently empty. The "Questions" section features a large text input area. The question "How do I ask questions?" is entered into this field. To the right of the input field is a "Send" button. At the bottom of the panel, the "Webinar ID# 173-657-976" and the "GoToWebinar" logo are displayed.



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