

30 Minute Dinners: One Whole Month of Quick & Easy Weeknight Meals for Busy Moms

Do you often find yourself pulling something store-bought from the freezer to feed your family at the end of a busy day, or even calling for takeout? It's just one of the side effects of being a busy mom!

But we know in our hearts that home cooked is better (and cheaper) so today I've collected up 30 different 30 minute dinners to help you out. That's one whole month's worth of delicious, quick and easy meals that are perfect for weeknight dinners, and you can cook all of them in less time than it takes for the takeout boy to deliver that pizza!

30 minute dinner recipes make great weeknight meals

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1. Broccoli Cheese Soup in 30 Minutes

"A comforting bowl of homemade soup made in 30 minutes. It is possible! This Broccoli Cheese Soup is an easy, one-pot vegetarian meal that is gluten free too!" – [Wonky Wonderful](#)

2. One Pot Cheesy Chicken Pasta

"Why do I love this One Pot Cheesy Chicken Pasta? Let's see, it's one pot, it's cheesy, it's pasta, it's ready in 30 minutes and it's delicious!" – [Call Me PmC](#)

3. Impossibly Easy Cheeseburger Pie

"Impossibly Easy Cheeseburger Pie is a wonderful one dish recipe! You can prepare this dish in as little as 30 minutes if you prepare the ground beef ahead of time. I like to brown ground beef and flash freeze for dinner recipes like this." – [Stockpiling Moms](#)

4. 30 Minute Apricot Curry Pork Chops

"Dinner....the hardest meal to plan. Even though everyone is at work or school all day it seems that dinner time is the busiest time of the day. That is why I created this 30 Minute Apricot Curry Pork Chops dinner." – [Lady Behind the Curtain](#)

5. 30-Minute Bistro Chicken #WeekdaySupper

"When it comes to weeknight meals, I can be incredibly lazy. I just don't have the time or energy to cook anything too involved. That's why recipes like this 30-minute Bistro Chicken are some of my favorites. It's so easy to make and – since everything cooks in the same pot – it's easy to clean up." – [Healthy Delicious](#)

6. 30-Minute Jambalaya Recipe

"You can use just about any ingredients you have on hand to make this dish. In the past, I've used ham, bacon, and even pork. This time around I'm using chicken, shrimp and hot links since this is what was leftover from our family BBQ yesterday." – [The Classy Chapter](#)

7. 30 Minute Meal with Alexia Foods

“Getting dinner on the table during the week can be a challenge. With premium Alexia frozen sides it is easy to get a meal like this Buffalo Chicken Sandwich and onion rings on the table in 30 minutes or less.” – [Flour on My Face](#)

8. 30 Minute Chicken and Chorizo Paella

“Since I love Pam’s version so much, I used the recipe from her book Perfect One Dish Dinners as a starting off point for my own. The result was exactly what I was looking for, and it couldn’t have been easier (or cheaper!) to make. Since this summer, paella has become a weeknight staple in my house – and, for once, we’re both happy with it.” – [Healthy Delicious](#)

9. Spaghetti with Tomato Cream Sauce

“Jazz up those boring spaghetti nights with this super easy, no-fuss cream sauce made completely from scratch!” – [Damn Delicious](#)



One whole month of delicious
30 MINUTE DINNER RECIPES



10. Shredded Chicken Tacos with Strawberry Salsa

“These Shredded Chicken Tacos are paired with goat cheese and a balsamic strawberry salsa for a quick and easy meal that is healthy, unique and delicious!” – [Food Faith Fitness](#)

11. 30-Minute Sriracha Chicken and Broccoli Lo Mein

“Spicy, saucy, and full of flavor – this Sriracha Chicken and Broccoli Lo Mein is a million times tastier than any take-out you’ve ever had! An incredibly easy and satisfying 30-minute meal!” – [Baker by Nature](#)

12. Easy Baked Chicken Chimichangas

“Dinner can be prepared in a matter of minutes with these incredibly delicious and simple baked chicken chimichangas. Made with just 7 ingredients, they’re sure to become a family favorite.” – [Natural Chow](#)

13. The Two Bite Club: Kielbasa, Pepper, Onion and Potato Hash

“Keilbasa, Pepper, Onion and Potato Hash is an easy to make, healthy and delicious meal that comes together in just 15 minutes, featuring tons of fresh veggies and lean turkey kielbasa.” – [The Two Bite Club](#)

14. Easy Weeknight Dinners, Pan With a Plan

“I’m sharing an easy weeknight dinner, Latin Veracruz Fish Tacos, that your whole family will love and with just 3 easy steps and 10 minutes you’ll be sitting around the table enjoying a delicious meal with your family!” – [Giggles Galore](#)

15. Spicy Chicken Pasta

“This Spicy Chicken Pasta is a simple dinner recipe that the whole family will enjoy!” – [Homemade Interest](#)

16. Winger’s Sticky Fingers

“Now you can make Winger’s famous sticky fingers right at home anytime you get a craving. 3 easy steps will put these saucy baked chicken strips on the table in just 30 minutes!” – [Le Creme de la Crumb](#)

17. 30-Minute Skillet Lasagna

“Savory, cheesy lasagna cooks up in a skillet in 30 minutes in this easy, delicious, stovetop variation!” – [Five Heart Home](#)

18. Chicken Mozzarella Pasta with Sun-Dried Tomatoes Recipe

“I love how rustic this recipe looks — looks like something that everyone would sit around the kitchen table to eat with bread” – [Budget Savvy Diva](#)

19. Easy Dinner Idea: Oven Baked Meatball Sandwiches

“This oven-baked meatball sandwich recipe is a perfect easy dinner idea for busy days. Also great for large groups, game day, or as an on-the-go meal.” – [Home Cooking Memories](#)



30 30 MINUTE DINNERS PERFECT FOR WEEKNIGHTS



“So I am on a bit of a quinoa kick. I think most of the world is. It’s quick, it’s good, it’s hearty and it’s healthy.” – [Half Baked Harvest](#)

21. Cheesy Avocado Quesadillas

“Easy, no-fuss quesadillas that are perfectly crisp and amazingly cheesy. An absolute must for those busy weeknights!” – [Damn Delicious](#)

22. Easy Chicken Stir Fry

“Easy 30 Minute Chicken Stir Fry loaded with vegetables and tossed in a spicy Asian sauce.” – [Chef Savvy](#)

23. Easy Coconut Curry

“I can’t say I’ve ever been to India (though Wes Anderson has me dying to go). Nor can I even say I’ve eaten at that many authentic Indian restaurants. But I have tried a curry or two in my day and I know what I like in one. This recipe is a mix of everything I love about curry all rolled into one pan.” – [Minimalist Baker](#)

24. Simple Tofu Chilaquiles

“This dish only takes 30 minutes to prepare, and is super satisfying with 16 grams of protein per serving. I love it for breakfast, but it would also make the perfect brunch or even weeknight dinner.” – [Minimalist Baker](#)

25. Chipotle Butternut Squash Alfredo

“Sweet, spicy, and tangy, this 30 minutes pasta dish is loaded with flavor and a perfect weeknight meal!” – [Fabtastic Eats](#)

26. Apples and Spinach Pork Chops

“I love the combination of sweet and salty and think pork does awesome in that combo, especially when salty crispy bacon is involved. Yeah? And if you haven’t ever had pork chops with apples, let me tell ya, it’s awesome. They were a match made in foodie heaven!” – [Garnish and Glaze](#)

27. 30-Minute Vegan Alfredo (Vegan + GF) Recipe

“I’ve created an alfredo recipe that’s completely dairy- and gluten free, that’s seriously close to the real thing. Bonus? It only requires 30 minutes and 9 ingredients.” – [Minimalist Baker](#)

28. Creamy Lemon Chicken Piccata

“A quick and easy one pot meal that is on the dinner table in 30 minutes! Tender breaded chicken in a creamy lemon sauce that the entire family will love!” – [The Recipe Critic](#)

29. One Pot Burrito Bowls Recipe

“One pot burrito bowls recipe- we love these easy and delicious burrito bowls. They are made in one pot in 30 minutes ...making clean up a breeze. Perfect for busy week nights!” – [I Heart Naptime](#)

30. Quick and Easy Pizza Dough – Oven-Ready in 20 Minutes!

“This quick and easy pizza dough is perfect when you’re making pizza with kids! From start to finish, it’s ready for the oven in 20 minutes! And it tastes GREAT too!” – [Happy Hooligans](#)

If you loved these quick and easy 30 minute dinners don’t miss our other [kid friendly recipes](#) including our

collection of [baked chicken breast recipes](#) or [chicken enchilada recipes](#) for more great ways to make healthy meals the whole family will enjoy together.

~Clare, currently pinning to [Kid Friendly Recipes](#)

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30 QUICK & EASY WEEKNIGHT MEALS

