

**LAKWOOD HIGH SCHOOL  
COUGAR NEWS – JANUARY 2019**

**MESSAGE FROM THE PRINCIPAL**

Hello **Lakewood Cougar** Families:

Here we are, January 2019! We are so excited to see all of our students now that break is over.

Some important dates for January to be aware of:

- January 21-No School, Martin Luther King Jr. Day
- January 28-No School, Semester break
- No Late Start Wednesdays the weeks of January 21 and January 28.

Also, if you have not had a chance to submit your Technology Opt-In form through Skyward, please do so before January 4, 2019. If the form is not submitted, your child's account will be locked and they will not be able to access technology at school. This will include access to any computers and any online testing that will occur. PLEASE fill out the form online. If you need any help with this, you can contact the main office and any of our secretaries will be happy to assist you.

Just three more weeks before the semester is over...Let's finish strong!

Jeanette Grisham

## IMPORTANT DATES TO REMEMBER

Jan. 21 MLK Jr.—No School  
Jan. 28 Semester Break—No School  
Feb. 15 Snow Make Up—No School  
Feb. 18 President’s Day—No School  
March 5 District Choir Concert  
April 1-5 Spring Break—No School  
May 24 Snow Make-up Day—No School  
May 27 Memorial Day—No School  
June 14 Last Day of School

**Beginning January 3rd ALL students will be required to have a signed Online Digital Resources Student Permission Form in order to use any technology at our schools.**

WHO? This will affect ALL Lakewood students.

WHAT? If you would like your students to have access to the technology including computer use, they will need to have a signed Online Digital Resources Student Permission Form.

WHEN? Signed forms must be on file prior to January 3rd, 2019 after January 3rd your child will be denied access until a signed form is on file.

WHERE? Online permission slips are available now via Family Access. Contact your child's school office if you need assistance with your login or password

WHY? Federal Children's Internet Protection Act (CIPA) and The Student User Privacy Educational Rights (SUPER) Act (Chapter 28A.604 RCW)

LAKEWOOD SCHOOL DISTRICT

### **2019-20 Highly Capable Program**

The Lakewood School District is now accepting referrals for students in first grade through high school to be assessed for the 2019-2020 Highly Capable Program.

Referrals are accepted from teachers, parents, and community members. Please visit our Lakewood School District website to learn more about the HiCap Program and get a referral packet.

## STUDENT SERVICES

The counseling department is here to serve you. Please

Call us if you would like to make an appointment:

(360) 652-4501

Karrie Harrop, Sec/Registrar	x8111
Calista Ham, (A-K)	x8108
Heidi Klippert, (L-Z)	x8107
Christina Garber, Psychologist	x8106
Melanie Irish, Career Center	x8109

## ATTENTION SENIORS

JANUARY IS CRUNCH TIME! However, there is still time to:

- Apply to **Colleges**
- Apply for **Financial Aid FAFSA** if you haven't yet
- **Visit** universities or colleges you are interested in attending
- Apply for **Scholarships**
  - Local Scholarship Portfolios are due March 15 by noon
  - NO late portfolios will be accepted
- Write **personal essays** or statements for applications
- Request **transcripts** from Mrs. Harrop
- Ask for **Letters of Recommendation** from teachers, counselors, or employers
  - Ask in advance
  - Use Personal Data Form (get form from counseling or career center)
  - Allow two weeks for the recommendation
  - Thank the person for writing it
- Take the **ACT** or **SAT**
- **Meet** with your counselor or Mrs. Irish in the Career Center
- **Study** for finals at the end of January

## REGISTRATION FOR 2019-2020

Counselors will be presenting registration information in classrooms in February. It is never too early to start planning for the future. If you have any questions, please feel free to call your student's counselor.

## SNO-ISLE TECH SKILLS CENTER

Sno-Isle TECH will be hosting its annual hands-on Open House for prospective students on February 7, 2019. Sessions will involve interactive curriculum stations where you can get a true feel for "a day in the life" of each program. Check out [Sno-Isle Tech](#) ahead of time so that you can come prepared to experience four programs of your choice.

## SENIOR TIMELINE - CLASS OF 2019

### January 2019

- January 7 Running Start Winter Quarter at EvCC and SVC begins. Consult with your counselor when choosing Running Start classes, as not all classes are acceptable substitutions for LHS requirements.
- January 29 2<sup>nd</sup> Semester STARTS
- January 31 Washington State University deadline

### February 2019

- February 25-28 Current Running Start students: Registration opens for Spring Quarter Running Start classes. Please meet with your counselor to make sure you are meeting graduation requirements.
- Scholarship Opportunities. Continue to check and apply for scholarships.

### March 2019

- Continue planning for your career, college program, military training, etc. Visit the Counseling and Career Centers for assistance and guidance.
- TBD Final day to turn in senior and baby pictures for graduation slide show
- March 22 Local Scholarship Notebooks due by NOON to Career Center. NO EXCEPTIONS!

April 2019

- April 8 Spring Quarter begins at EvCC.

May 2019

- May 16 Senior Presentations to community members
- May TBA Prom
- May 30 Senior Awards Night

June 2018

- June TBD Senior Finals
- June 2 Baccalaureate
- June 5 Senior Check Out
- June 6 Senior Picnic
- June 7 Graduation (pending School Board approval)

## SENIOR CLASS

The 2019 All Night Graduation Party plans are underway. This is a fun-filled, all night, substance free celebration for the 2019 graduates that allows our graduates to safely celebrate this exciting milestone. This event is sponsored by the 2019 graduate parents. To ensure success, fundraising is critical and we need your help!

If you would like to find out more about the 2019 All Night Graduation Party, have fundraising ideas, or just want to see how you can help please join us at our parent meetings, send us an email at [lakewoodseniors2019@yahoo.com](mailto:lakewoodseniors2019@yahoo.com) or find us on Facebook @ Lakewood Senior Parents - Class of 2019.

Get your senior signed up early and save! The fee for the all-night party: \$125 until 3/31/19 then will go up to \$150 for the remainder of the school year.

## LAKWOOD EDUCATION FOUNDATION

The Lakewood Education Foundation is an independent, non-profit organization working with the Lakewood School District to ensure the leadership and resources essential for educational advancement and for preparation of Lakewood students for success now and in the future. The foundation raises funds that will be used for programs, activities, materials, and scholarships.

Lakewood Education Foundation needs you! Please consider attending a meeting. Meetings are held the second Thursday of the month at 4pm in the Career Center at Lakewood High School.

## MESSAGE FROM THE ATHLETIC DIRECTOR

Our Cougar Winter athletes have been off to a great start! Our Girls Basketball team had some nice non-league wins to start off their season of tough competition against our strong conference. The girls hosted their annual Holiday Tournament again this season over the winter break. Our Boys Basketball team has brought speed and skill to the court as they have faced some tough opponents as well. After a strong start to the season, the boys prepared to face some tough schools from eastern Washington at their Holiday Tournament in Yakima. Boys and Girls Wrestling have had a great start to their seasons as well. In their first year as a stand-alone Girls Wrestling program, our Lady Cougars finished third as a team out of a very large field at the Pride of the Lady Lions Tournament in mid-December. The boys headed to the Mount Baker Invitational to start off the winter break. You can catch both wrestling programs at home on the last three Wednesdays of January!

A little flashback to our Fall Sports season – the Northwest Conference (NWC) recognized a group of our athletes for their skills and leadership in their respective sports.

### **Cross Country:**

Alexa Daily (Fr) – 2<sup>nd</sup> Team All NWC

Alex Jensen (Jr) – 2<sup>nd</sup> Team All NWC

Callie Buchanan (Jr) – 2<sup>nd</sup> Team All NWC

### **Football:**

Spencer Neiffer (Sr) – 1<sup>st</sup> Team Linebacker All NWC (Sky Division)

Riley Krueger (Jr) – Honorable Mention Linebacker

Jakobus Seth (Fr) – Honorable Mention Offensive Lineman

Morgan Stacey (Jr) – Honorable Mention Defensive Back

David Golovin (Sr) – 1<sup>st</sup> Team Offensive Lineman All NWC (Sky Division); 1<sup>st</sup> Team Defensive Lineman All NWC (Sky Division)

Jared Taylor (Jr) – 1<sup>st</sup> Team Quarterback All NWC (Sky Division)

Michai Harris (Sr) – 1<sup>st</sup> Team Wide Receiver All NWC (Sky Division)

Sean Phillips (Sr) – 1<sup>st</sup> Team Secondary All NWC (Sky Division); 2<sup>nd</sup> team Wide Receiver All NWC (Combined Sky & Lake Division)

Carson Chrisman (So) – Honorable Mention Wide Receiver

Ian Ware (Sr) – 1<sup>st</sup> Team Punter All NWC (Sky Division)

### **Girls Soccer:**

Cassidy O’Hara (Sr – Missing from photo) – 2<sup>nd</sup> Team Midfield All NWC

Iliana Ramirez (So) – Honorable Mention Forward

### **Volleyball:**

Kristinn Bostrom (Jr) – Honorable Mention Libero

Tehanna Goodall (Sr) – 2<sup>nd</sup> Team All NWC Outside Hitter

Kimmy Epperson (Sr) – Honorable Mention Setter

## ATHLETICS AND ACTIVITIES

Winter Sports have begun! Come check out Boys Basketball, Girls Basketball and Boys and Girls Wrestling

GO COUGS!!

Athletic Event Prices

Adults \$6.00

LHS students FREE

K-5 and senior citizens \$3.00

Middle School with ASB \$3.00 (with an accompanying adult)

Middle School with ASB \$6.00 (without an accompanying adult)

Middle School without ASB \$6.00

Visiting students with ASB \$3.00

## SPORTS SCHEDULES

Want to stay informed about Lakewood High Sports? Where are the games? What time?

Field location? Subscribe to [NWCATHLETICS.COM](http://NWCATHLETICS.COM)

Use the subscribe button (Orange) at the top of schedule tab to the left to sign up for the “up to the moment” notification of schedule changes. With the spring time sports, many events get rained out in Western Washington, and athletic directors need to make cancelations and changes on a daily basis. You can be notified by email and twitter alerts as soon as they happen. All you need to do to sign up is click on the Orange Subscribe Button or Twitter Tab, to be notified. Keep in touch with Cougar sports!!!

## SPRING SPORTS BEGIN FEBRUARY 25<sup>TH</sup>

Baseball, Softball, Girls Tennis, Boys Soccer, Boys and Girls Golf, Boys and Girls Track

LHS Spring Sports: ONLINE Registration,

Are you ready to be a part of LHS sports? Parents please use your Parent Skyward log in and fill out the online athletic registration. All online paperwork and fees and fines must be paid prior to turning out for a sport.

To be eligible for a sport you must:

Complete athletic online registration

Purchase an ASB card

Pay a sports fee \$75.00 once you make the team.

Should you have any questions, email, Kay Throndsen, ASB/Athletics Secretary

[kthrondsen@lwsd.wednet.edu](mailto:kthrondsen@lwsd.wednet.edu) or 360-652-4501 x 5101.

As a reminder, a current sports physical is required to participate. Schedule your appointment with your doctor now to renew your physical before the season starts if you are due. You can also go in to CVS-Rite Aid Pharmacy for an immediate physical if you so choose. Additionally, the Athletic paperwork in Skyward must be completed and an ASB card must be purchased prior to turnouts. (Sounds like some of you may have some homework to do!)

Continue your great work, Cougar Athletes! We are looking forward to what the rest of the Winter season holds for you as well as what you will bring to the Spring season!

Go Cougars!

## CLASSES

### **Advanced Biology**

The Advanced Biology: Forensics students finished their investigation of the simulated murder of Ms. Delgado. The evidence pointed to Mr. Ron Thorvilson. His hair, blood type, and DNA were all crucial bits of evidence that led to his identification as the perpetrator of the crime!!

### **Yearbook Update**

#### **Notifications from Yearbook**

- You can purchase a yearbook online for \$55 by calling the ASB office and asking them to charge it to your account. Do it before prices go up second semester!
- Yearbook is selling a limited amount of advertising space to local businesses. If you know of any local businesses who might be interested, please let us know by emailing [coug.yearbook@gmail.com](mailto:coug.yearbook@gmail.com) so we can get in touch.

Thanks from the Yearbook staff!

## **MUSIC**

### 11th Annual

Lakewood District Choir Festival Concert  
Tuesday, March 5 at 7 PM in the LHS GYM  
Come hear choirs from every school in the  
Lakewood School District a fun night of music!

### 10th Annual Music DINNER, SHOW, AUCTION Fundraiser

Saturday, March 16, 2019 at 5:30 PM  
at Lake Goodwin Community Club  
Sponsored by NLIMBO (Lakewood Music Boosters)  
Donations are being accepted now...  
Please contact Tiffany Dewitt - [dewitts68@hotmail.com](mailto:dewitts68@hotmail.com)  
or Mrs. Katy Trapp - [ktrapp@lwsd.wednet.edu](mailto:ktrapp@lwsd.wednet.edu)  
Tickets will go on sale in mid-January!  
Talk to a LHS Music Student or the 2 contacts above for tickets!

## **Drama**

### ***Footloose* auditions!!!**

Plan to attend ALL 3 dates:

- VOCALS Tuesday Jan. 8, 2:30-4:30 (sign up for a timeslot in LHS room 2414, prepare 16 measures of a song and bring accompaniment or bring sheet music)

- DANCE Wednesday Jan. 9, 2:30-4:30 (attend in good clothes for movement and learn a dance and bond with fellow auditioners)
- CALLBACKS Thursday Jan. 10 2:30-4:30 (plan to attend, but your name will need to appear on the invite list posted outside of LHS room 2414 that morning. Prepare a 1 minute monologue. Also, cold readings from the script)

A mandatory parent meeting will be held on January 17<sup>th</sup> at 5:00pm for the guardians/parents of all cast and crew. We will begin work on the play in January, but rehearsals will officially begin in February. Performances will occur the first 2 weekends in May.

## REMINDERS

Just a reminder to all parents that if your student is absent from school it is important that you excuse the absence. Parents may either call the school or the student may turn in a parent note to the attendance office. This must be done within two days of the absence.

Lakewood School District complies with all federal and state rules and regulations and does not discriminate on the basis of race, religion, creed, color, national origin, sex, sexual orientation (including gender expression or identity), the presence of any sensory, mental or physical disability, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. District programs will be free from sexual harassment. This holds true for all students who are interested in participating in educational programs and/or extracurricular school activities. Board Policy #3210 and associated procedures outline the steps taken to secure an equitable solution to a justifiable complaint. TITLE IX/RCW 28A.640 COMPLIANCE OFFICER, SECTION 504/ADA COORDINATOR, DISTRICT COMPLIANCE OFFICER, Daniel Lee, Director of HR & Administrative Services 17110 16th Dr. NE, Marysville, WA 98271, 360-652-