



SCRIPTURE  
MASTERY

**1 Nephi 3:7**

I will go and do.

**Context**

The Lord commanded Nephi and his brothers to return to Jerusalem to get the brass plates.

**Doctrine or Principle**

The Lord prepares a way for us to keep His commandments.

**Application**

What has the Lord commanded you to do that some might consider to be difficult? How did He prepare a way for you to accomplish it?



SCRIPTURE  
MASTERY

**2 Nephi 2:25**

Adam fell that men might be.

**Context**

Lehi taught his sons about the necessity of the Fall and its consequences.

**Doctrine or Principle**

The Fall was a necessary part of Heavenly Father's plan and allowed for our mortal existence.

**Application**

How does knowing about the Fall and mortality help you better understand your purpose in life?



SCRIPTURE  
MASTERY

**2 Nephi 2:27**

We are free to choose.

**Context**

Lehi taught his sons about the role of agency in the plan of salvation.

**Doctrine or Principle**

We are free to follow Jesus Christ, which leads to liberty and eternal life, or the devil, which leads to captivity and death.

**Application**

Think of a time you chose to obey a commandment. How do you feel that your obedience has or will lead to greater freedom?



SCRIPTURE  
MASTERY

**2 Nephi 9:28–29**

Learning is good if we follow God's counsel.

**Context**

Jacob contrasted the greatness of Heavenly Father's plan of salvation and the cunning plan of the devil.

**Doctrine or Principle**

The learned often take pride in their own wisdom and set aside the counsel of God. To obtain knowledge is good if we continue to obey God.

**Application**

How does obedience to the counsel of God help you keep a proper perspective concerning the wisdom of the world?



SCRIPTURE  
MASTERY

**2 Nephi 25:23, 26**

By grace we are saved.

**Context**

Nephi explained some of the reasons why it is only through Jesus Christ that a person can be saved.

**Doctrine or Principle**

Through Jesus Christ, we can receive a remission of sins and be saved by grace after doing all we can do.

**Application**

What personal feelings and testimony would you share with a person who questioned whether Latter-day Saints believe in Jesus Christ?



SCRIPTURE  
MASTERY

**2 Nephi 28:7–9**

We cannot justify any sin.

**Context**

The prophet Nephi taught his people of the great wickedness that would abound in the latter days.

**Doctrine or Principle**

In the last days, many will teach false, vain, and foolish doctrines.

**Application**

How can you recognize the foolish doctrines of the world?



SCRIPTURE  
MASTERY

**2 Nephi 31:19–20**

Endure to the end.

**Context**

Near the end of his ministry, Nephi wrote that all people must follow Jesus Christ's example to inherit eternal life.

**Doctrine or Principle**

After we exercise faith, repent of our sins, are baptized, and receive the gift of the Holy Ghost, we must press forward in righteousness and endure to the end to receive eternal life.

**Application**

What counsel would you give a newly baptized member of the Church? What are you doing to "press forward with a steadfastness in Christ"?



SCRIPTURE  
MASTERY

**2 Nephi 32:3**

Feast on the words of Christ.

**Context**

Near the end of his ministry, Nephi wrote what all people must do to understand and live the doctrine of Jesus Christ.

**Doctrine or Principle**

If we study the words of Christ and of His inspired servants, we will receive the direction we need to make correct choices.

**Application**

How have the words of Christ helped you know what to do? What will you do to "feast" on the words of Christ?



SCRIPTURE  
MASTERY

**2 Nephi 32:8–9**

Ye must pray always.

**Context**

Near the end of his ministry, Nephi wrote what all people must do to understand and live the doctrine of Jesus Christ.

**Doctrine or Principle**

The Spirit teaches us to pray.

**Application**

How can you remember to pray night and day? How can you seek the influence of the Holy Ghost in your prayers?



SCRIPTURE  
MASTERY

**Mosiah 2:17**

Serving others serves God.

**Context**

King Benjamin addressed his people, preparing them to take upon themselves the name of Jesus Christ.

**Doctrine or Principle**

When we serve our fellow beings, we serve God.

**Application**

What specific things can you do for those around you that the Savior would do if He were here?

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23 For we labor diligently to write, to <sup>a</sup>persuade our children, and also our brethren, to believe in Christ, and to be reconciled to God; for we know that it is by <sup>b</sup>grace that we are saved, after all we can <sup>c</sup>do.

26 And we <sup>a</sup>talk of Christ, we rejoice in Christ, we preach of Christ, we <sup>b</sup>prophecy of Christ, and we write according to our prophecies, that our <sup>c</sup>children may know to what source they may look for a <sup>d</sup>remission of their sins.

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28 O that cunning <sup>a</sup>plan of the evil one! O the <sup>b</sup>vainness, and the frailties, and the <sup>c</sup>foolishness of men! When they are <sup>d</sup>learned they think they are <sup>e</sup>wise, and they <sup>f</sup>hearken not unto the <sup>g</sup>counsel of God, for they set it aside, supposing they know of themselves, wherefore, their <sup>h</sup>wisdom is foolishness and it profiteth them not. And they shall perish.

29 But to be <sup>a</sup>learned is good if they <sup>b</sup>hearken unto the <sup>c</sup>counsels of God.

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27 Wherefore, men are <sup>a</sup>free according to the <sup>b</sup>flesh; and <sup>c</sup>all things are <sup>d</sup>given them which are expedient unto man. And they are free to <sup>e</sup>choose <sup>f</sup>liberty and eternal <sup>g</sup>life, through the great Mediator of all men, or to choose captivity and death, according to the captivity and power of the devil; for he seeketh that all men might be <sup>h</sup>miserable like unto himself.

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25 <sup>a</sup>Adam <sup>b</sup>fell that men might be; and men <sup>c</sup>are, that they might have <sup>d</sup>joy.

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7 And it came to pass that I, Nephi, said unto my father: I <sup>a</sup>will go and do the things which the Lord hath commanded, for I know that the Lord giveth no <sup>b</sup>commandments unto the children of men, save he shall <sup>c</sup>prepare a way for them that they may accomplish the thing which he commandeth them.

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17 And behold, I tell you these things that ye may learn <sup>a</sup>wisdom; that ye may learn that when ye are in the <sup>b</sup>service of your <sup>c</sup>fellow beings ye are only in the service of your God.

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8 And now, my beloved brethren, I perceive that ye ponder still in your hearts; and it grieveth me that I must speak concerning this thing. For if ye would hearken unto the <sup>a</sup>Spirit which teacheth a man to <sup>b</sup>pray ye would know that ye must <sup>c</sup>pray; for the <sup>d</sup>evil spirit teacheth not a man to pray, but teacheth him that he must not pray.

9 But behold, I say unto you that ye must <sup>a</sup>pray always, and not faint; that ye must not perform any thing unto the Lord save in the first place ye shall <sup>b</sup>pray unto the Father in the <sup>c</sup>name of Christ, that he will <sup>d</sup>consecrate thy performance unto thee, that thy performance may be for the <sup>e</sup>welfare of thy soul.

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3 <sup>a</sup>Angels speak by the power of the Holy Ghost; wherefore, they speak the words of Christ. Wherefore, I said unto you, <sup>b</sup>feast upon the <sup>c</sup>words of Christ; for behold, the words of Christ will <sup>d</sup>tell you all things what ye should do.

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19 And now, my beloved brethren, after ye have gotten into this strait and narrow <sup>a</sup>path, I would ask if all is <sup>b</sup>done? Behold, I say unto you, Nay; for ye have not come thus far save it were by the word of Christ with unshaken <sup>c</sup>faith in him, <sup>d</sup>relying wholly upon the merits of him who is mighty to <sup>e</sup>save.

20 Wherefore, ye must press forward with a <sup>a</sup>steadfastness in Christ, having a perfect brightness of <sup>b</sup>hope, and a <sup>c</sup>love of God and of all men. Wherefore, if ye shall press forward, feasting upon the word of Christ, and <sup>d</sup>endure to the end, behold, thus saith the Father: Ye shall have <sup>e</sup>eternal life.

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7 Yea, and there shall be many which shall say: <sup>a</sup>Eat, drink, and be merry, for tomorrow we die; and it shall be well with us.

8 And there shall also be many which shall say: <sup>a</sup>Eat, drink, and be <sup>b</sup>merry; nevertheless, fear God—he will <sup>c</sup>justify in committing a little <sup>d</sup>sin; yea, <sup>e</sup>lie a little, take the advantage of one because of his words, dig a <sup>f</sup>pit for thy neighbor; there is <sup>g</sup>no harm in this; and do all these things, for tomorrow we die; and if it so be that we are guilty, God will beat us with a few stripes, and at last we shall be saved in the kingdom of God.

9 Yea, and there shall be many which shall teach after this manner, <sup>a</sup>false and vain and <sup>b</sup>foolish <sup>c</sup>doctrines, and shall be puffed up in their hearts, and shall seek deep to hide their counsels from the Lord; and their works shall be in the dark.



SCRIPTURE  
M A S T E R Y

**Mosiah 3:19**

Natural man is God's enemy.

**Context**

King Benjamin addressed his people, preparing them to take upon themselves the name of Jesus Christ.

**Doctrine or Principle**

We overcome the natural man by yielding to the Holy Spirit and becoming a Saint through the Atonement of Jesus Christ.

**Application**

What does it mean to "yield to the enticings of the Holy Spirit"? What are some of the promptings the Holy Ghost has been giving you?



SCRIPTURE  
M A S T E R Y

**Mosiah 4:30**

Watch your thoughts, words, and deeds.

**Context**

King Benjamin addressed his people, preparing them to take upon themselves the name of Jesus Christ.

**Doctrine or Principle**

We will be judged and held accountable for our thoughts, words, and deeds.

**Application**

What are some specific actions you have taken to maintain clean and virtuous thoughts, words, and actions throughout the day?



SCRIPTURE  
M A S T E R Y

**Alma 7:11–13**

Jesus Christ overcame sin and death.

**Context**

Alma prophesied to the people of Gideon that the Savior would come into the world and that they must prepare themselves.

**Doctrine or Principle**

Jesus Christ took upon himself the pains, sicknesses, and infirmities of His people; He delivered mankind from death and provided a way to overcome sin.

**Application**

When have you felt the healing power of the Atonement? Write in your journal or share with a friend your testimony of the Atonement's healing power.



SCRIPTURE  
M A S T E R Y

**Alma 32:21**

Faith is not a perfect knowledge.

**Context**

Alma taught the humble among the Zoramites regarding worship and faith.

**Doctrine or Principle**

Faith requires a person to believe things that are true but that may not be seen.

**Application**

How would you explain to a friend how something that cannot be seen can still be true?



SCRIPTURE  
M A S T E R Y

**Alma 37:35**

Learn in thy youth to keep the commandments.

**Context**

Alma counseled Helaman to prepare him for leadership responsibilities.

**Doctrine or Principle**

It is wise to learn in our youth to keep God's commandments.

**Application**

What experiences have you had that have strengthened your desire to obey the commandments?



SCRIPTURE  
M A S T E R Y

**Alma 39:9**

Go no more after the lust of your eyes.

**Context**

Alma corrected the behavior of Corianton, who had committed serious sins.

**Doctrine or Principle**

Those who give in to lust and immorality cannot be saved in the kingdom of God unless they repent.

**Application**

What do you do to overcome lustful thoughts and forsake your sins?



SCRIPTURE  
M A S T E R Y

**Alma 41:10**

Wickedness never was happiness.

**Context**

Alma taught his son Corianton about the eternal consequences of wickedness and righteousness.

**Doctrine or Principle**

Sin cannot bring lasting happiness.

**Application**

How has your happiness increased by following the example and teachings of Jesus Christ?



SCRIPTURE  
M A S T E R Y

**Helaman 5:12**

Build your foundation on Christ.

**Context**

Nephi and Lehi recalled the counsel of their father Helaman and devoted themselves to preaching to the wicked Nephites.

**Doctrine or Principle**

Only by basing our lives on Jesus Christ can we withstand Satan's temptations.

**Application**

How has the gospel of Jesus Christ fortified you against temptations? How can you consistently base your choices on the life and teachings of the Savior?



SCRIPTURE  
M A S T E R Y

**3 Nephi 12:48**

Ye should be perfect.

**Context**

Jesus Christ taught the Nephites the higher law and prepared them to be members of God's kingdom.

**Doctrine or Principle**

We are commanded to be like Heavenly Father and Jesus Christ, who are perfect.

**Application**

What can you do right now to become more like Jesus Christ?



SCRIPTURE  
M A S T E R Y

**3 Nephi 18:15, 20–21**

Watch and pray always.

**Context**

Jesus taught the Nephites how to withstand the temptations of the devil.

**Doctrine or Principle**

Through prayer we can be given strength to resist temptation, receive our righteous desires, and be blessed in our families.

**Application**

What can you do to be more consistent in your personal and family prayers?

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35 O, remember, my son, and learn wisdom in thy youth; yea, learn in thy youth to keep the commandments of God.

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21 And now as I said concerning faith—faith is not to have a perfect knowledge of things; therefore if ye have faith ye hope for things which are not seen, which are true.

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11 And he shall go forth, suffering pains and afflictions and temptations of every kind; and this that the word might be fulfilled which saith he will take upon him the pains and the sicknesses of his people.

12 And he will take upon him death, that he may loose the bands of death which bind his people; and he will take upon him their infirmities, that his bowels may be filled with mercy, according to the flesh, that he may know according to the flesh how to succor his people according to their infirmities.

13 Now the Spirit knoweth all things; nevertheless the Son of God suffereth according to the flesh that he might take upon him the sins of his people, that he might blot out their transgressions according to the power of his deliverance; and now behold, this is the testimony which is in me.

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30 But this much I can tell you, that if ye do not watch yourselves, and your thoughts, and your words, and your deeds, and observe the commandments of God, and continue in the faith of what ye have heard concerning the coming of our Lord, even unto the end of your lives, ye must perish. And now, O man, remember, and perish not.

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19 For the natural man is an enemy to God, and has been from the fall of Adam, and will be, forever and ever, unless he yields to the enticings of the Holy Spirit, and putteth off the natural man and becometh a saint through the atonement of Christ the Lord, and becometh as a child, submissive, meek, humble, patient, full of love, willing to submit to all things which the Lord seeth fit to inflict upon him, even as a child doth submit to his father.

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15 Verily, verily, I say unto you, ye must watch and pray always, lest ye be tempted by the devil, and ye be led away captive by him.

20 And whatsoever ye shall ask the Father in my name, which is right, believing that ye shall receive, behold it shall be given unto you.

21 Pray in your families unto the Father, always in my name, that your wives and your children may be blessed.

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48 Therefore I would that ye should be perfect even as I, or your Father who is in heaven is perfect.

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12 And now, my sons, remember, remember that it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation; that when the devil shall send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build they cannot fall.

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10 Do not suppose, because it has been spoken concerning restoration, that ye shall be restored from sin to happiness. Behold, I say unto you, wickedness never was happiness.

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9 Now my son, I would that ye should repent and forsake your sins, and go no more after the lusts of your eyes, but cross yourself in all these things; for except ye do this ye can in nowise inherit the kingdom of God. Oh, remember, and take it upon you, and cross yourself in these things.



SCRIPTURE  
M A S T E R Y

**Ether 12:6**

Witness comes after the trial of faith.

**Context**

Moroni included his own testimony, counsel, and understanding about faith while abridging the prophet Ether's words.

**Doctrine or Principle**

The Lord blesses us with a spiritual confirmation after we have endured in faith.

**Application**

When have you demonstrated faith in Jesus Christ? What blessings did you receive?



SCRIPTURE  
M A S T E R Y

**Ether 12:27**

Weak things become strong.

**Context**

Moroni was concerned about the weakness of his writing. The Lord instructed him about overcoming weakness.

**Doctrine or Principle**

God gives us weakness to humble us. If we humble ourselves, our weakness can be made strong through faith in Jesus Christ.

**Application**

What weakness could you ask God to make strong? How can you humble yourself and have greater faith in Jesus Christ?



SCRIPTURE  
M A S T E R Y

**Moroni 7:41**

Have hope through the Atonement of Christ.

**Context**

Mormon taught during a time of great wickedness how faith, hope, and charity help us become like Jesus Christ.

**Doctrine or Principle**

Our hope should be centered on Jesus Christ and His Atonement because of our faith in Him.

**Application**

How has your hope in the Atonement of Jesus Christ changed your outlook on the future? How can this hope influence the way you live?



SCRIPTURE  
M A S T E R Y

**Moroni 7:45, 47–48**

Charity suffereth long.

**Context**

Mormon taught during a time of great wickedness how faith, hope, and charity help us become like Jesus Christ.

**Doctrine or Principle**

We must have charity to be true followers of Jesus Christ. We should pray to the Father to be filled with this love.

**Application**

Consider the description of charity taught in Moroni 7, and ask your Heavenly Father how you can show that kind of love to family, friends, and others.



SCRIPTURE  
M A S T E R Y

**Moroni 10:4–5**

The Holy Ghost reveals truth.

**Context**

Moroni closed his record with an invitation for all mankind to learn the truth of all things, including the Book of Mormon.

**Doctrine or Principle**

The Holy Ghost will reveal the truth of the Book of Mormon to those who ask God in faith with real intent.

**Application**

Explain to a friend how he or she can come to know the truthfulness of the Book of Mormon, and "the truth of all things."

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4 And when ye shall receive these things, I would exhort you that ye would <sup>a</sup>ask God, the Eternal Father, in the name of Christ, if these things are not <sup>b</sup>true; and if ye shall ask with a <sup>c</sup>sincere heart, with <sup>d</sup>real intent, having <sup>e</sup>faith in Christ, he will <sup>f</sup>manifest the <sup>g</sup>truth of it unto you, by the power of the Holy Ghost.

5 And by the power of the Holy Ghost ye may <sup>a</sup>know the <sup>b</sup>truth of all things.

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45 And <sup>a</sup>charity suffereth long, and is <sup>b</sup>kind, and <sup>c</sup>envieth not, and is not puffed up, seeketh not her own, is not easily <sup>d</sup>provoked, thinketh no evil, and rejoiceth not in iniquity but rejoiceth in the truth, beareth all things, believeth all things, hopeth all things, endureth all things.

47 But <sup>a</sup>charity is the pure <sup>b</sup>love of Christ, and it endureth <sup>c</sup>forever; and whoso is found possessed of it at the last day, it shall be well with him.

48 Wherefore, my beloved brethren, <sup>a</sup>pray unto the Father with all the energy of heart, that ye may be filled with this love, which he hath bestowed upon all who are true <sup>b</sup>followers of his Son, Jesus Christ; that ye may become the sons of God; that when he shall appear we shall <sup>c</sup>be like him, for we shall see him as he is; that we may have this hope; that we may be <sup>d</sup>purified even as he is pure. Amen.

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41 And what is it that ye shall <sup>a</sup>hope for? Behold I say unto you that ye shall have <sup>b</sup>hope through the atonement of Christ and the power of his resurrection, to be raised unto life <sup>c</sup>eternal, and this because of your faith in him according to the promise.

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27 And if men come unto me I will show unto them their <sup>a</sup>weakness. I <sup>b</sup>give unto men weakness that they may be humble; and my <sup>c</sup>grace is sufficient for all men that <sup>d</sup>humble themselves before me; for if they humble themselves before me, and have faith in me, then will I make <sup>e</sup>weak things become strong unto them.

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6 And now, I, Moroni, would speak somewhat concerning these things; I would show unto the world that <sup>a</sup>faith is things which are <sup>b</sup>hoped for and <sup>c</sup>not seen; wherefore, dispute not because ye see not, for ye receive no <sup>d</sup>witness until after the <sup>e</sup>trial of your faith.



**Book of Mormon Reading Chart**

1 Nephi	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
2 Nephi	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29	30	31	32	33
Jacob	1	2	3	4	5	6	7				
Enos	1										
Jarom	1										
Omni	1										
Words of Mormon		1									
Mosiah	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29				
Alma	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29	30	31	32	33
	34	35	36	37	38	39	40	41	42	43	44
	45	46	47	48	49	50	51	52	53	54	55
	56	57	58	59	60	61	62	63			
Helaman	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16						
3 Nephi	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29	30			
4 Nephi	1										
Mormon	1	2	3	4	5	6	7	8	9		
Ether	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15							
Moroni	1	2	3	4	5	6	7	8	9	10	

**Book of Mormon Reading Chart**

1 Nephi	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
2 Nephi	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29	30	31	32	33
Jacob	1	2	3	4	5	6	7				
Enos	1										
Jarom	1										
Omni	1										
Words of Mormon		1									
Mosiah	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29				
Alma	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29	30	31	32	33
	34	35	36	37	38	39	40	41	42	43	44
	45	46	47	48	49	50	51	52	53	54	55
	56	57	58	59	60	61	62	63			
Helaman	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16						
3 Nephi	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21	22
	23	24	25	26	27	28	29	30			
4 Nephi	1										
Mormon	1	2	3	4	5	6	7	8	9		
Ether	1	2	3	4	5	6	7	8	9	10	11
	12	13	14	15							
Moroni	1	2	3	4	5	6	7	8	9	10	

**Daily Scripture Reading Chart**

Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
1	1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9	9	9
10	10	10	10	10	10	10	10	10	10	10	10
11	11	11	11	11	11	11	11	11	11	11	11
12	12	12	12	12	12	12	12	12	12	12	12
13	13	13	13	13	13	13	13	13	13	13	13
14	14	14	14	14	14	14	14	14	14	14	14
15	15	15	15	15	15	15	15	15	15	15	15
16	16	16	16	16	16	16	16	16	16	16	16
17	17	17	17	17	17	17	17	17	17	17	17
18	18	18	18	18	18	18	18	18	18	18	18
19	19	19	19	19	19	19	19	19	19	19	19
20	20	20	20	20	20	20	20	20	20	20	20
21	21	21	21	21	21	21	21	21	21	21	21
22	22	22	22	22	22	22	22	22	22	22	22
23	23	23	23	23	23	23	23	23	23	23	23
24	24	24	24	24	24	24	24	24	24	24	24
25	25	25	25	25	25	25	25	25	25	25	25
26	26	26	26	26	26	26	26	26	26	26	26
27	27	27	27	27	27	27	27	27	27	27	27
28	28	28	28	28	28	28	28	28	28	28	28
29	(29)	29	29	29	29	29	29	29	29	29	29
30		30	30	30	30	30	30	30	30	30	30
31		31		31		31	31		31		31

**Daily Scripture Reading Chart**

Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
1	1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9	9	9
10	10	10	10	10	10	10	10	10	10	10	10
11	11	11	11	11	11	11	11	11	11	11	11
12	12	12	12	12	12	12	12	12	12	12	12
13	13	13	13	13	13	13	13	13	13	13	13
14	14	14	14	14	14	14	14	14	14	14	14
15	15	15	15	15	15	15	15	15	15	15	15
16	16	16	16	16	16	16	16	16	16	16	16
17	17	17	17	17	17	17	17	17	17	17	17
18	18	18	18	18	18	18	18	18	18	18	18
19	19	19	19	19	19	19	19	19	19	19	19
20	20	20	20	20	20	20	20	20	20	20	20
21	21	21	21	21	21	21	21	21	21	21	21
22	22	22	22	22	22	22	22	22	22	22	22
23	23	23	23	23	23	23	23	23	23	23	23
24	24	24	24	24	24	24	24	24	24	24	24
25	25	25	25	25	25	25	25	25	25	25	25
26	26	26	26	26	26	26	26	26	26	26	26
27	27	27	27	27	27	27	27	27	27	27	27
28	28	28	28	28	28	28	28	28	28	28	28
29	(29)	29	29	29	29	29	29	29	29	29	29
30		30	30	30	30	30	30	30	30	30	30
31		31		31		31	31		31		31