General Certificate of Education (Advanced Level) Grades 12-13



BIOLOGY SYLLABUS

(Implemented from 2017)



Department of Science National Institute of Education Sri Lanka www.nie.lk

INTRODUCTION

Biology as the scientific study of living organisms is essential for all individuals to co-exist successfully with biotic and abiotic environment.

Study of Biology is important in a number of aspects;

- 1. To have a broad view of concepts, principles and theories related to organisms
- 2. To seek solutions and alternatives for the current issues faced by mankind such as HIV pandemic, cancers, reduced agricultural production, environmental degradation etc
- 3. To develop awareness to foster values related to nature and to conserve environment.

The Biology syllabus for G.C.E. (A/L) has been developed with the intention of developing personal skills, interpersonal skills and thinking skills of the target student populations. This syllabus is in par with international syllabi of this subject at this level.

Revision of the Biology syllabus has been done taking in to consideration the requirements of students who enter tertiary level education as well as the majority which follow other carrier paths. Apart from that, the enhanced knowledge of biological principles and their applications are beneficial in day to day life pursuits and the needs of the society.



1.1 National goals

- 1. Based on the concept of respecting human values and understanding the differences between the Sri Lankan multi-cultural society, building up the nation and confirming the identity of Sri Lanka by promoting national integrity, national unity, national coherence and peace.
- 2. While responding to the challenges of the dynamic world, identifying and conserving the national heritage.
- 3. Creating an environment which comprises the conventions of social justice and democratic life to promote the characteristics of respecting human rights, being aware of the responsibilities, concerning each other with affectionate relationships.
- 4. Promoting a sustainable life style based on the people's mental and physical wellbeing and the concept of human values.
- 5. Promoting positive feelings needed for a balanced personality with the qualities of creative skills, initiative, critical thinking and being responsible.
- 6. Developing the human resources, needed for the progress of the wellbeing of an individual, the nation as well as the economic growth of Sri Lanka, through education.
- 7. Preparing the people for the changes that occur in a rapidly changing world by adapting to it and controlling them; developing abilities and potentialities of people to face the complex and unexpected occasions.
- 8. Sustaining the skills and attitudes based on justice, equality, mutual respect which is essential to achieve a respectable place in the international community.

National Education Commission Report (2003).

1.2 Basic Competencies

The competencies promoted through the education mentioned below help to achieve the above mentioned National Goals.

i. Competencies in Communication

This first set of competencies is made up of four subsets - Literacy, Numeracy, Graphics and Information Communication skills:

Literacy: Listening, carefully speaking clearly, and reading for comprehension, writing clearly and accurately.

Numeracy: Using numbers to count, calculate, code and to measure, matter, space and time.

Graphics: Making sense of line and form, expressing and recording essential data, instructions and ideas

with line, form, colour, two and three-dimensional configurations, graphic symbols and icons.

ICT Competencies: Knowledge on computers, and the ability to use the information communication skills at

learning or work as well as in private life.

ii. Competencies relating to personality development

Generic skills such as creativity, divergent thinking, initiative, decision making, problem-solving, critical and analytical thinking, team work, inter-personal relationships, discovering and exploring

- Values such as integrity, tolerance and respect for human dignity.

- Cognition

iii. Competencies relating to the environment

This is the second set of competencies related to the Social, Biological and Physical Environments.

Social Environment: Awareness, sensitivity and skills linked to being a member of society, social relationship, personal conduct, general and legal

conventions, rights, responsibilities, duties and obligations.

Biological Environment: Awareness, sensitivity and skills linked to the living world, man and the ecosystem, the trees, forests, seas, water, air and life

- plant, animal and human life.

Physical Environment: Awareness, sensitivity and skills relating to space, energy, fuel, matter, materials and their links with human living, food,

clothing, shelter, health, comfort, respiration, sleep, relaxation, rest, waste and excretion, media of communication and

transport.

Included here are the skills in using tools to shape and for materials for living and learning.

iv. Competencies relating to preparation for the world of work

Employment related skills to maximize their potential and to enhance their capacity to contribute to economic development; to discover their vocational interests and aptitudes; to choose a job that suits their abilities and to engage in a rewarding and sustainable livelihood.

v. Competencies relating to religion and ethics

- Develop competencies pertaining to managing environmental resources intelligently by understanding the potential of such resources.
- Develop competencies related to the usage of scientific knowledge to lead a physically and mentally healthy life.
- Develop competencies pertaining to becoming a successful individual who will contribute to the development of the nation in collaboration, engage in further studies and undertake challenging job prospects in the future.
- Develop competencies related to understanding the scientific basis of the natural phenomena and the universe.
- · Use appropriate technology to maintain efficiency and effectiveness at an optimum level in utilizing energy and force.

2.0 Aims of the syllabus

At the end of this course students will be able to;

- 1. develop an interest and desire to expand and deepen the knowledge in the field of Biology
- 2. understand the concepts, phenomena, principals and processes in Biology through collaborative learning practices
- 3. adjudicate our place in nature; understand our interactions and impact upon the natural and social environment
- 4. develop the ability to plan investigative processes and to solve problems in the field of Biology.
- 5. develop a sense of belonging to the environment and identify the country's natural habitats, together with a positive attitude towards fauna and flora, in order to foster responsibility and involvement in preserving and protecting nature and the quality of the environment.
- 6. develop sensitivity to current practical problems of everyday life
- 7. develop an awareness of good habits for maintaining hygiene, health and quality of life

List of topics and allocated number of periods

	Торіс	Number of 1
Unit 01	Introduction to Biology	05
Unit 02	Chemical & cellular basis of life	85
Unit 03	Evolution and diversity of organisms	61
Unit 04	Plant form and function	77
Unit 05	Animal form and function	193
Unit 06	Genetics	22
Unit 07	Molecular Biology & Recombinant DNA Technol	logy 42
Unit 08	Environmental Biology	41
Unit 09	Microbiology	50
Unit 10	Applied Biology Total	24 600

Grade	Term	Competency Levels
	First Term	From 1.1.1 to 3.2.3 (16 Competency Levels)
Grade 12	Second Term	From 3.2.4 to 4.5.1 (17 Competency Levels)
	Third Term	From 5.1.1 to 5.5.3 (12 Competency Levels)
	First Term	From 5.6.1 to 6.1.5 (23 Competency Levels)
Grade 13	Second Term	From 7.1.1 to 8.5.1 (14 Competency Levels)
	Third Term	From 9.1.1 to 10.1.5 (12 Competency Levels)

Competency	Competency level	Content	Learning outcomes	Number of periods
1.0 Conducts investigations from a biological perspective.	1.1.1 Elaborates on the nature, scope and importance of biology with reference to challenges faced by the mankind 1.1.2 Reviews the nature and the organizational patterns of the living world	 Scope and importance of biology Issues pertaining to biology Understanding biological diversity Understanding the human body and its functions Understanding plant life Management of natural resources and environment Sustainable food production Understanding of diseases and causes Addressing some legal and ethical Diversity of organisms – size, shape, form, habitat Characteristics of organisms Order and organization Metabolism Growth and development 	 describe the nature, scope and importance of biology discuss the issues and challenges faced by mankind with reference to biology discuss how challenges are overcome using new technologies appreciate the study of biology as a multidisciplinary subject discuss the wide range in shapes, sizes, forms and habitats of living organisms elaborate characteristics of living organisms construct the hierarchical levels of organization with suitable 	02 03
		Irritability and coordinationAdaptationReproductionHeredity and evolution	examples • justify the cell as the basic structural and functional unit of life	

	 Hierarchical levels of organization of living things Molecules Organelles Cells Tissues Organs Organs Organism Population Community Ecosystem Biosphere Cell as the basic structural and functional unit of life 	appreciate all kinds of living organisms and their interactions	03
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Competency	Competency level	Content	Learning outcomes	Number of periods
2.1.0 Investigates the chemical basis of life.	2.1.1 Inquires into the elemental composition of living organims	Elemental composition of living matter	 list the elements present in organisms. state the most abundant elements in organisms 	02
	2.1.2 Investigates the physical and chemical properties of water important for life	Importance of water for life Importance of physical and chemical properties of water for life	 describe physical and chemical properties of water which are important for life. relate the physical and chemical properties of water to its functions performed in living systems explain the importance of water for life. appreciate the unique properties of water for existence of life 	04
	2.1.3 Examines the chemical nature and functions of main organic compounds of organisms	Structure and function of the four main types of organic compounds found in organisms; Carbohydrates, lipids, proteins, and nucleic acids	 describe the basic chemical nature of four main types of organic compounds found in organisms elaborate on the functions of four major types of organic compounds with relevant examples 	09

Carbohydrates Monosaccharides, disaccharides and polysaccharides Functions of carbohydrates Lipids Fats and oils, phospholipid and other lipids Functions of lipids Proteins Amino acids and peptide bonds, Primary, secondary, tertiary and quaternary structures of proteins Properties of proteins Properties of proteins Nucleic acids Nucleic acids Nucleosides, nucleotides and polynucleotides and polynucleotides along with appropriate examples Ribonucleotides Ribonucleotides Structure of DNA-double helical structure Main functions of DNA	 state functions of ATP,NAD ,FAD and NADP conduct laboratory tests to identify the reducing sugars, non reducing sugars, starch, proteins and lipids. appreciate that protein, carbohydrates, lipids and nucleic acids form the chemical basis of life
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2.2.0 Examines cell as the basic functioning unit of life	2.2.1Elaborates on the contribution of microscopes to the expansion of knowledge on cells and cellular organization.	 Structure of RNA and main functions Nucleotides found in other molecules (ATP,NAD,NADP,FAD) and their major role Simple laboratory tests for the identification of reducing and non-reducing sugars, starch, proteins and lipids Microscopes as tools in biology Properties of microscopes Magnification Resolution power Types of microscope Electron microscope SEM TEM Parts and functions of light microscope to observe specimens 	 compare significant features of the electron microscope and light microscope explain magnification and resolution explain main features of transmission and scanning electron microscopes identify cellular and sub cellular componenets using light microscope and electron micrographs develop the skill for handling light microscope efficiently use the light microscope properly to observe specimens value the contribution of 	07

2.2.2 Describes the historical background of cell and analyses the structure and functions of the sub cellular units. Historical background of cell Cell theory Organization of cells Prokaryotic Eukaryotic. Structure of a typical plant cell animal cell Structure and functions of organelles and sub cellular components Plasma membrane Cytoplasm Nucleus Ribosomes Endoplasmic reticulum (Rot Smooth) Golgi bodies Lysosomes Peroxisomes and glyoxysor Mitochondria Chloroplasts Cytoskeleton (microfilamen microtubules and intermedia filaments) Vacuoles Flagella and cilia	scientists towards cell theory explain the cell theory explain the difference between eukaryotic and prokaryotic cells compare the structural differences between plant and animal cells. describe the structure and function of organelles and sub cellular components of cells. describe extra cellular components explain the need and significance of cellular communications state components of cell communication use electron micrographs to identify cellular organelles and sub cellular components of a cell use electron micrographs to differentiate eukaryotic and prokaryotic cellular organization appreciate division of labour and compartmentalization within a cell
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		Centriole		
		Extra cellular components		
		Cell wall		
		Cell junctions		
		Extracellular matrix of animal cells		
		Need and significance of cell		
		communication	7	
		Components involved in cell		
		communication		
		• Receptors located on cell membranes		
		or intracellular receptors		
		• Response		
		Use of electron micrographs to		
		understand the structure of cellular		
		components		
2.3.0 Investigates the	2.3.1 Describe the cell cycle and	Cell cycle	• elaborate on the phases and main	
importance of	the process of cell division	Chromosomes	events of cell cycle.	09
cell cycle and	\	Mitosis	• describe the basic structure of	
cell division.		Behaviour of chromosomes and other	eukaryotic chromosome	
		parts of a cell during mitosis	• discuss the main events that occur	
		 Significance of mitosis. 	in each phase.	
	, () y	Meiosis	• describe the stages in mitosis and	
		Behaviour of chromosomes and other	meiosis with reference to chromosomal behavior	
		parts of a cell during meiosis	• describe the significance of	
		Significance of meiosis	synaptonemal complex and	
		Galls, tumours and cancers	kinetochore	

		Identification of different stages of mitosis and meiosis using microscopic slides	 compare and contrasts mitosis and meiosis state the significance of mitosis and meiosis use prepared slides to identify different stages of mitosis and meiosis under light microscope. state rapid and uncontrolled mitotic cell division results in formation of galls, tumors and cancers 	
2.4.0 Investigates energy relationships in metabolic processes of organisms.	2.4.1 Analyses the energy relationships in metabolic processes.	Metabolism Need of energy for living systems. Anabolic and catabolic reactions, structure of ATP Importance of ATP as an energy carrier	 explain metabolism highlight the need of energy for living systems explain catabolic and anabolic reactions with examples discuss the structure and the importance of ATP as an universal energy currency unit list the cellular processes involving energy appreciate the role of ATP as an universal energy currency 	02

2.4.2 Investigates the role of	• Engrance	• define engrunes	
2.4.2 Investigates the role of enzymes in regulating metabolic reactions.	 Enzymes General characteristics of enzymes Mechanism of enzymatic reaction Induced fit mechanism Cofactors Co enzymes Inorganic ions Factors affecting enzymatic reactions pH Temperature Substrate concentration Enzyme concentration Inhibitors-competitive, non competitive Laboratory experiment to demonstrate enzyme activity and to determine effect of temperature on rate of enzymatic reaction (starchamylase) 	 define enzymes explain the general characteristics of enzymes and their role describe the importance of cofactors for enzymatic activities describe the mechanism of enzyme activity by using suitable diagrams explain how pH, temperature, substrate concentration, enzyme concentration and inhibitors (competitive and non competitive) affect the rate of enzyme activity conduct laboratory experiments to show how temperature affects the rate of enzyme reaction using starch – amylase system appreciate the role of enzymes in metabolic reactions 	10
2.4.3 Examines photosynthesis as an	Importance of photosynthesis	 define photosynthesis discuss the global and biological	12

 Pigments and photosystems Light dyndri reaction of photosynthesis Capturing energy from sun light Photolysis of water Symthesis of NADPH and ATP Calvin cycle (C₃ pathway) Carbox Qatation—function of RUBP carboxylase. Reduction Reduction of PGA and synthesis of carbohydrates. Regeneration of RUBP Photorespiration in C₁ plants Capathway ophotosynthesis Significance of C₄ pathway Anatomical differences between C₃ and C₄ plant taeves Blackman's principle of factors affecting photosynthesis Limiting factors affecting photosynthesis Carbon dioxide Light Light describe the light dependent reaction of photosynthesis describe the Calvin cycle of photosynthesis describe the Calvin cycle of photosynthesis describe the C₁ pathway of photosynthesis cexplain C₂ pathway of photorespiration of C₃ plants correlate limiting factors of photosynthesis with the productivity/efficiency of plants in different environmental conditions describe the C₁ pathway of photosynthesis cexplain C₂ pathway of photosynthesis with the productivity/efficiency of plants in different environmental conditions describe the Calvin cycle of photosynthesis cexplain C₂ pathway of photosynthesis with the productivity/efficiency of plants in different environmental conditions describe the Calvin cycle of photosynthesis cexplain C₂ pathway of photosynthesis correlate limiting factors of photosynthesis with the productivity/efficiency of plants in different environmental conditions describe the C₁ pathway of photosynthesis correlate limiting factors of photosynthesis in different environmental conditions describe the C₁ pathway of photosynthesis with the productivity/efficiency of plants in different environmental conditions disciple the C₁ pathway o

	 Temperature Determination of rate of photosynthesis by amount of O2 released using Audus apparatus (at different CO2 concentrations and light intensities) Microscopic observation of a cross sections of C3 and C4 leaves with special reference to adaptations for photosynthesis. 	appreciate the universal role of photosynthesis.	
2.4.4Examines cellular respiration as a process of obtaining energy	 Cellular respiration Importance of cellular respiration Aerobic and anaerobic processes Aerobic respiration-process of glucose oxidation Glycolysis Pyruate oxidation and Citric acid cycle (Kreb`s cycle) Electron transport chain Anaerobic respiration Ethanol fermentation and Lactic acid fermentation Use of lipids (fats and oils) and proteins in respiration 	 define cellular respiration highlight cellular respiration as the process of supplying energy for all cellular activities. describe the location, major events and end products of aerobic respiration. describe the location, major events and end products of anaerobic respiration differentiate aerobic and anaerobic respiration calculate efficiency of anaerobic and aerobic respiration list out the significance of cellular respiration. 	12

Respiratory quotient	• relate the substrate with	
Determination of rate of respiration	respiratory quotient	
and respiratory quotient using	determine the rate of respiration	
germinating seeds	and respiratory quotient using	
	germinating seeds	
	appreciate the significance of	
	respiration for all organisms	
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Unit 3-Evolution and diversity of organisms

(61 periods)

Competency	Competency level	Content	Learning outcomes	Number of periods
3.1.0 Explores evolution of life	3.1.1 Uses the theories of origin of life and natural selection to analyze the process of evolution of life	 Origin of life on earth Evolution of biological diversity Theories of evolution Theory of Lamarck Darwin – Wallace theory Theory of natural selection Neo-Darwinism 	 describe the conditions on earth before life describe the theories on origin of life explain the process of evolution of biological diversity state four eras of geological time scale explain theory of Lamarck and theory of natural selection relate theory of Neo-Darwinism to natural selection 	07
3.2.0 Explores the diversity of organisms	3.2.1 Constructs hierarchy of taxa on scientific basis	 Identification of organisms, classification and nomenclature Methods of natural & artificial classification History of classification Hierarchy of taxa from domains to species Biological definition of species Criteria used in Species identification Binomial nomenclature 	 use classification and nomenclature to identify organisms distinguish between natural and artificial classification methodologies. describe history of systems of classification define Species state advantages of classification of organisms use and construct a 	12

	Use of dichotomous key	dichotomous key
	- Cite of dichotomous key	identify taxonomic levels used
	Present system of classification and its	in classification of organisms
	basis	name organisms according to
	 Domains 	binominal nomenclature.
	Bacteria	use specific characteristics of
	Archaea	organisms to classify them in to
		three domains
	• Eukarya	describe the differences of three
	kingdoms of Domain Eukarya	domains
	• Protista	state examples of each domain
	• Plantae	
	• Fungi	explain the basic characteristics
	 Animalia 	of kingdoms of Eukarya
	A Y	appreciate natural diversity of
	Y	organisms on earth and the need
		for classifying them
3.2.2 Explores the diversity of	Domain - Bacteria	differentiate between bacteria and Cyanobacteria.
organisms within	Characteristic features of Bacteria	explain the characteristic features
Domain Bacteria	and Cyanobacteria	of bacteria and cyanobacteria 05
Bonaun Bucteriu	Observe and distinguish between	observe and distinguish bacteria
	Bacteria and Cyanobacteria	and Cyanobacteria under light
	under light microscope	microscope
	• Use of electron micrographs to	• recognize the importance of
	study morphological features of	bacteria and Cyanobacteria to the
	Bacteria and Cyanobacteria	ecosystems

3.2.3 Explores the diversity of organisms within the kingdom Protista.	 Key morphological characteristics of kingdom Protista giving suitable examples. Euglena. Paramecium. Amoeba. Ulva. Gelidium. Sargassum. Diatoms Observation of morphological features of typical organisms of the above phyla using suitable examples 	 state key characteristics of kingdom Protista giving suitable examples observe and identify characteristic features of typical organisms recognize the importance of Protista in ecosystems 	06
3.2.4Explores the diversity of organisms within the kingdom Plantae	 Kingdom – Plantae Evolutionary relationship among major groups of plants Characteristic features of the following phyla and groups referring to the given examples Non vascular Phylum – Hepatophyta Phylum – Bryophyta Phylum – Anthocerophyta Vascular seedless plants Phylum – Lycophyta Phylum – Lycophyta Phylum – Pterophyta 	 state characteristic features of non vascular, vascular, vascular seedless and vascular seedless and vascular seedless and vascular seedless and vascular seedled plants show evolutionary relationships among major groups of plants classify flowering plants as Monocots and Dicots using characteristic features. observe morphological features of typical organisms of the given phyla and groups appreciate the importance of members of kingdom Plantae in 	08

	 Vascular, seed plants Phylum-Cycadophyta Phylum-Gnetophyta Phylum – Coniferophyta Phylum – Anthophyta Monocots Dicots Observation of morphological features of typical organisms of the above phyla and groups using suitable examples 	ecosystems.	
3.2.5 Explores the diversity of organisms within the kingdom Fungi.	 Kingdom-Fungi Characteristic features of the following phyla using given examples Phylum-Chytridiomycota Phylum-Zygomycota Phylum-Ascomycota Phylum-Basidiomycota Observation of key characteristic features of typical organisms of the above phyla using suitable examples 	 elaborate the characteristic features of kingdom Fungi. classify organisms in kingdom Fungi into phyla using their vegetative and reproductive patterns. observe and identify key characteristic features of typical organisms of the given phyla recognize the role of fungi in ecosystems 	06

3.2.6 Explores the diversity of organisms within the kingdom Animalia	 Kingdom-Animalia Evolutionary relationships among major groups of animals Characteristic features of the following phyla (Details of feeding, osmo regulation, excretion, nervous & hormonal regulations, respiration, reproduction) Cnidaria Platyhelminthes Rotifera Nematoda Annelida Arthropoda Mollusca Echinodermata Cephalochordata Chordata Observation of morphological features of each phyla using typical organisms of the above phyla 	 elaborate the characteristic features of kingdom Animalia. explains evolutionary relationships of major phyla classify organisms in kingdom Animalia into phyla using characteristic features. observe characteristic features of typical organisms of the given phyla appreciate the diversity of invertebrates. recognize the importance of members of kingdom Animalia to the ecosystem 	09
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	3.2.7 Uses the characteristic features to study organisms belonging tophylum Chordata	 Characteristic features of classes of phylum Chordata Chondrichthyes Osteichthyes Amphibia Reptilia Aves Mammalia Observation of characteristic features of typical organisms of the above classes using suitable examples 	 identify organisms belonging major classes of phylum Chordata construct dichotomous keys to identify given examples observe characteristic features of typical organisms of the given classes appreciate the diversity of major classes of phylum Chordata 	08
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Unit 4 – Plant form and function (80 Periods)

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Competency	Competency Level	Content	Learning outcomes	No. of
				Periods
4.1.0 Explores	4.1.1 Examines different types of tissues and relates	 Meristems, their locations and role in plant growth 	explain characteristic features of meristematic cells	08
structure, growth and	the structure of plant tissues to their functions	Apical meristems	 describe the regions of shoot apex and root apex explain the role of each meristem and their locations 	
development of		Lateral meristemsIntercalary meristems	• describe how differentiation of tissues takes place at	
plants		Three basic types of tissue systems of	growing regions	
		plants • Dermal tissues	 distinguish three types of tissue systems in plants discuss the role and functions of each tissue	
		EpidermisGuard cells	 identify special characters of cell types of each tissue 	
		• Trichomes	by using light microscope	
		Root hairsGround tissues	 appreciate that plant tissues and their differentiations are evolved to perform respective functions 	
		Parenchyma	efficiently	
		CollenchymaSclerenchyma		
		• Vascular tissues		
		XylemPhloem		
		rinoem		

	4.1.2 Examines the changes taking place in the growth and development process of a plant	 Primary structure of monocotyledonous and dicotyledonous stems Primary structure of monocotyledonous and dicotyledonous roots Secondary growth in plants Formation of wood, growth rings, heart wood and sapwood, hard wood and soft wood Study of cross sections of primary stem and primary root of a Monocot and a Dicot Microscopic and macroscopic examination of secondary structure of Dicotyledonous wood using transverse sections distinguish between primary and secondary growth illustrate the histological structure of primary ster and roots of Monocotyledonous and Dicotyledonous stems and roots takes place describe how secondary growth of Dicotyledonous stems and roots takes place describe the structure as seen in a cross section of Dicotyledonous stem after secondary growth appreciate the importance of secondary growth for existence of perennial plants differentiate heart wood and soft wood differentiate hard wood and soft wood 	ms ous s a
4.2.0 Examines resource acquisition and transport in vascular plants	4.2.1 Investigates the shoot architecture and light capture	 Structure and functional adaptations of leaf for efficient photosynthesis Shoot and leaf architecture facilitate light capture for photosynthesis The length of stems and their branching patterns Leaf size and structures The arrangement of leaves on a stemphyllotaxy describe the various adaptations seen in pla maximize capturing of light define the leaf area index carry out experiments to observe cross section mesophytic dicot leaf with special references. 	ion of

	Leaf area indexLeaf orientation	adaptations for photosynthesis	
4.2.2 Investigates the process of gaseous exchange in plants	 Leaves of plants as the main surface for gaseous exchange Anatomy of typical dicot and monocot leaves Typical structure of stomata Mechanisms of action of opening and closing of stomata Factors affecting stomatal action 	monocot and dicot leaf relate the structure of stomata to its function	04

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4.2.3 Investigates the concepts of acquisition of water and minerals	 Concepts of water potential, solute potential of solutions, cell and soil Pathway of entry of water into root cells Transport of water within the root Entering of water into vascular tissue Travelling of water up to aerial parts of the plant Cohesion-adhesion theory and mass flow Mechanisms of mineral absorption into root Determination of solute potential of epidermal peels of <i>Rhoeo</i> Determination of water potential of petioles of <i>Colocasia</i> / potatostrips 	 explain the need for transport of materials in plants describe the pathway of water and mineral movement through and between the cells of the plant body elaborate on the concepts and principles underlying transport of water and minerals in plants explain absorption and radial transport of minerals and water in a plant relates the root anatomy with absorption and transport of water and minerals explain the upward movement of water & minerals in a plant appreciate roots as a main route of water and mineral acquisition to a plant 	

4.2.5 Investigates the process involved in transport of materials in plants	 basic characteristics of phloem transport Materials transport through phloem Mechanisms of phloem transport Phloem loading, mass flow and phloem unloading Pressure flow hypothesis 	 state the materials transported through phloem describe the mechanism of phloem translocation relate the structure of the phloem tissue to its function appreciate the process of phloem translocation 	04
4.2.6 Investigates the processes of water loss in plants	 Transpiration Routes of transpiration Factors affecting transpiration rate Root pressure and guttation Determination of rates of transpiration from leaves and shoots using photometer 	 describe the routes of transpiration list the factors affecting transpiration rate and discuss how those factors effect transpiration describe guttation elaborate on how root pressure develops in plants and its effects on guttation compare transpiration and guttation conduct experiments to determine solute potential and water potential of cells using <i>Rhoeo</i>, potato tubers and petioles of <i>Colocasia</i> respectively design and conduct experiments to determine the rates of transpiration from leaves & shoots under different environmental conditions appreciate the routes of transpiration in plants 	04

4.3.0 Explores the diversity of nutritional processes in plants	4.3.1 Investigates the modes of nutrition of plants	 Nutrition and its importance for plants Autotrophic nutrition Photoautotrophic Symbiosis Mutualism Parasitism Commensalism Insectivorous plants 	 explain the importance of nutrition for life describe with examples the special modes of nutrition in organisms appreciate that plant nutrition often involves relationships with other organisms 	08
	4.3.2 Investigates nutritional requirement for the optimal growth of plants	 Form of absorption, functions and deficiency symptoms Essential elements in plants Macronutrients Micronutrients 	 define the terms of essential elements, macronutrients and micronutrients state the relative abundance of them in plant describe the functions and deficiency symptoms of macro and micro nutrients in plants 	06
4.4.0 Inquires into reproductive process in plants	4.4.1 Uses the trends in life cycles, to relate the adaptations of plants for a terrestrial life	 Sexual reproduction of terrestrial plants Alternation of generations in plants Haploid and diploid generations Gametophytes and sporophytes Diversity in the life cycles of terrestrial plants. Pogonatum Nephrolepis 	 explain alternation of generation explain that in the evolution of land plants, gametophytic generation gradually reduced and the sporophytic generation became dominant as adaptation to land habit 	10

	SelaginellaCycas		
	 Angiosperms (flowering plants) Basic features of the life cycles of above plants Reduction of the gametophyte and complexity of sporophyte in order to adapt for terrestrial life. (details of reproductive structures are not required) 		
4.4.2 Examines structures and functions associated with sexual reproduction in flowering plants	 Sexual reproduction in flowering plants Structure and functions of the flower Pollination and fertilization Significance of cross pollination Embryo, development of fruits and seeds Parthenocarpy and parthenogenesis seed dormancy Physiological changes happening at the initiation of seed germination 	 elaborate the structure and function of a flower describe pollination and fertilization in flowering plants describe the significance of cross pollination state the significance of development of seeds and fruits explain parthenocarpy and parthenogenesis with examples describe the significance of seed dormancy state the major physiological changes occurring in seed germination appreciate the diversification of plants for the existence of all other forms of life on land 	08

4.5.0 Explores plant responses to internal and external signals	4.5.1 Inquires into types of movement in plants in response to different stimuli	 Different types of movements in plants Turgor movements Tropic movements Phototropic, geotropic, and thigmotropic movements Function of auxins in tropic movements. Tactic movements Nastic movements Thigmonasticism Nyctinasticism 	 explain four basic types of movements in plants state examples for each type of movement compare nastic and tropic responses appreciate the contribution of plant movements for the survival of plants in their environment 	02
	4.5.2 Investigates the role of plant growth substances/re gulators/horm ones in	 Compounds that contribute to the growth and development of plants Auxins Gibberellins Cytokinin 	 explain general characteristics of plant growth substances/ regulators state major types of plant growth substances state the functions of auxins, cytokinins, gibberellins, abscisic acid, ethylene and jasmonic 	04

response to different stimuli	 Abscisic acid Ethylene Jasmonic acid Agricultural uses of the above plant growth substances 	 acid in plant life state agricultural uses of plant growth substances 	
4.5.3 Investigates response of plants to some biotic and abiotic stresses	 Abiotc stress Al and Fe ³⁺ toxicity Salinity Biotic stress Pests Pathogens Herbivore attacks Major groups of secondary metabolites (Cyanogenic glucoside, terpenoid, alkaloid and phenolics) of plants important for responding to above stresses 	abiotic stress • state secondary metabolites found in plants responsible for plant defense • appreciate secondary metabolites have medicinal and economical value	03

Unit 5- Animal form and function (193 periods)

Competency	Competency level	Content	Learning outcomes	Number of periods
5.1.0 Explores structure, growth and development of animals	5.1.1 Relates the structure of animal tissues to their functions	 Types of animal tissues, their structure, functions and locations Epithelial tissues Simple (squamous, cuboidal, columnar, pseudo stratified) Compound -stratified Connective tissues Loose- (Areolar) Dense(fibrous) Adipose Blood Cartilage Bone Muscle tissue (smooth, skeletal, cardiac) Nervous tissue (neurons and neuroglea) Microscopic observation and identification of different types of animal tissues 	 list main types of animal tissues relate the structural features of animal tissues to their function list characters of main types of animal tissues use characters of animal tissues to identify the main types under microscope. compare the different types of animal tissues appreciate that animal tissues are adapted to perform functions in animals 	10

5.2.0 Explores nutrition in animals	5.2.1 Explores heterotrophic nutrition in animals	 Heterotrophic nutrition Holozoic nutrition Symbiosis Main stages in holozoic nutrition Ingestion Digestion Absorption Assimilation Elimination/Egestion Feeding mechanisms of animals Suspension feeders Substrate feeders Fluid feeders Bulk feeders Symbiosis Mutualism Parasitism Commensalism 	 describe heterotrophic nutrition explain stages in holozoic nutrition describe feeding mechanisms of animals describe symbiosis with examples 	05
	5.2.2 Relates the structure of the human digestive system to its functions.	 Structure and functions of the human digestive system Alimentary canal Associated glands Gross morphological and histological structure of liver and pancreas 	 explain the structure of the human digestive system. state the locations of the different organs of the digestive system relate the structure with the functions of each organ in the digestive system describe the gross morphological and histological structure of liver 	13

	1	
	• endocrine regulation of digestion in and pancreas	
	•	ontribution of
	balanced diel	ands in the process of
	Components of food and their functions	
	• Carbohydrates explain the p	rocess of digestion
	explain the c	auses and precautions
	of food felat	ed disorders in the
	Lipids alimentary ca	
	• Vitamins • state the maj	
		ated to digestion and
	Water their function	
	• Fibers • explain bala	nced diet
	Essential Amino acids and essential explain major	r causes and
	fatty acids symptoms of	malnutrition and
	• Sources and deficiency symptoms of obesity	
	vitamins and minerals state essentia	l amino acids and
	Basal metabolic rate and energy budget essential fatty essential fatty essential fatty essential fatty	/ acids
	• describe the	components of food &
	their function	=
	• Obesity	ces & deficiency
	■ Malnutrition	vitamins and
	• Food allergies minerals	
	• Food related disorders in the	lated disorders by
		oper food habits
	appreciate th	e role of dietary tioxidants for healthy
	110.1	ng disorders in
	Study the numan digestive system	
/	using diagrams and models	/uitui

5.3.0 Investigates on circulation and gas exchange of animals	5.3.1 Investigates the organization of circulatory systems in animals	 Need of a circulatory system in animals Main circulatory systems in animals. Open & closed circulatory systems. Single circulation and double circulation. 	 explain the need of a circulatory system for animals compare open and closed circulatory systems using simple diagrams compare single and double circulation. elaborate the features of double circulation. 	03
	5.3.2 Relates the structure of the human circulatory system to its functions.	 Basic plan of vertebrate and mammalian circulatory systems Structure and functions of the human circulatory system. Blood circulatory system and lymphatic system. Structure of blood vessels and lymphatic vessels Structure & function of the heart. Cardiac cycle Electrocardiogram Systolic & diastolic pressure Hypertension and hypotension Coronary circulation and consequences of blockage of coronary arteries. 	 describe basic plan of human circulatory system & lymphatic system. compare the structure of human blood vessels and lymph vessels explain the structure & function of human heart. describe the cardiac cycle. identify the peaks of a typical ECG explain causes of hypertension and hypotension explain systolic & diastolic pressure. describe hypertension & hypotension as conditions leading to cardio vascular disorders briefly describe the coronary 	11

5.3.3 Inquires into the role of blood.	 Respiratory pigments in man. Respiratory pigments of other animals. Transport of respiratory gases and other substances. Blood clotting Grouping of blood ABO grouping Rh factor Study the circulatory system of man using specimens/ models/diagrams 	 circulation & consequences of blockage of coronary arteries. state respiratory pigments in man. state respiratory pigments in other animals. describe the transport of respiratory gases & other substances. draw a flow chart of sequence of blood clotting process describe the ABO grouping based on agglutinogen and agglutinin describe Rh blood factors based on antigen and antibodies explain significance of blood groups in blood transfusion explain the importance of Rh factor in pregnancy 	08
5.3.4 Explores the diversity of respiratory structures in the animal kingdom	 Respiratory surface Respiratory structures of animals Body covering, external gills, internal gills, trachea, book 	 define and state the need of respiratory surfaces in animals describe the characteristics of respiratory surfaces 	02

	lungs ,respiratory tree and lungs • (Detailed structures are not necessary. The students should be able to identify the respiratory structures)	state different respiratory structures of animals	
5.3.5 Relates the structure of the human respiratory system to its functions.	 Gross structure of the human respiratory system Mechanism of ventilation of lungs Respiratory cycle and lung volumes and capacities Exchange of gases between blood and air (external respiration) Exchange of gases between blood and tissues (internal respiration) Dissociation curve of Oxyhemoglobin Regulation of respiration in man Disorders of the human respiratory system. Impacts of smoking on the respiratory system Impacts of dust on the respiratory system Occupational hazards associated with the exposure to particles of silica and asbestos particles Lung cancers 	 explain the gross structure of the human respiratory system. relate the structure with the function of each part of the respiratory system describe the mechanism of ventilation of lungs. explain the respiratory cycle & lung volume. explain the exchange of gases between blood & air and blood & tissue. discuss the dissociation curve of Oxy-hemoglobin describe the regulation of respiration in man. state the changes in lung capacity ,tidal volume during a strenuous exercise state the major disorders of the human respiratory system 	08

		 Tuberculosis Asthma Study of human respiratory system using models/diagrams and observation of effects of exercise on respiratory rate and pulse rate 	measure effects of exercise on respiratory rate and pulse rate	
5.4.0 Explores immunity	5.4.1 Explores types of immunity	 Immunity Innate immunity External defenses Skin Mucous membranes Secretions Internal defenses phagocytic cells antimicrobial proteins inflammatory response natural killer cells Acquired immunity Humoral immunity response Cell-mediated immune response Antigens Antibodies Lymphocytes T-lymphocytes B-lymphocytes 	 explain immunity describe humoral response describe cell mediated response explain types of external immunity explain types of internal immunity explain active immunity with examples explain passive immunity with examples state possible causes for allergies, auto immune diseases and immunodeficiency diseases describe antigens and antibodies describe role of T lymphocytes and B lymphocytes in immunity appreciate the importance of immune system for survival 	08

		 Naturally acquired immunity Active immunity Passive immunity Artificially acquired immunity Active immunity Passive immunity Allergies Auto immune diseases Immunodeficiency diseases 		
5.5.0Explores osmoregulatin and excretion	5.5.1 Examines the relationship between metabolism and excretory substances	 Importance and need of osmoregulation and excretion Excretory products Relationship between metabolism of substrates and their excretory products Nitrogenous excretory products Advantages and disadvantages of excreting different types of nitrogenous end products. Relationship between the nitrogenous end products and living environment 	 explain the process of excretion & its importance. describe the relationship between excretory products & metabolism explain the end products of nitrogenous excretion. compare advantages & disadvantages of excreting different nitrogenous excretory products. state examples for organisms excreting different types of nitrogenous end products 	04
	5.5.2 Investigate the diversity of excretory structures of organisms	 Different excretory structures in animals(Details of fine structure of excretory structures not necessary) Body surface 	 list the different excretory structures in animals giving suitable examples explain the different excretory 	04

	 Contractile vacuoles Flame cells Nephridia Malpigian tubules Green glands/antennal glands Sweat glands Salt glands Study of major types of excretory structures in animals using diagrams and charts 	structures in animals by using simple diagrams	
5.5.3 Investigates the gross functioning of the human urinary system	 Human urinary system Parts of the human urinary system Kidney Location Blood supply Structure Ureters Urinary bladder Urethra (urinary passage) Nephron as the structural and functional unit Process of urine formation Ultrafilteration Selective reabsorption Secretion 	 describe parts of human urinary system and their functions describe the location, blood supply and structure of the kidney explain nephron as the structural and functional unit describe the process of urine formation construct a flow chart on the role of hormones on the functioning of the kidney discuss role of kidney as a main homeoststic organ explain the preventive measures of bladder and kidney stones explain what CKDu is and discuss 	99

		 Role of hormones on the functions of the kidneys ADH Aldosterone Other functions of the kidney (Kidney as a main homeostatic organ) Osmo-regulation Control of blood volume Blood pH regulation Secretion Erythropoietin and Renin Maintenance of blood volume and blood pressure. Disorders related to human urinary system Bladder & kidney stones Chronic kidney disease of unknown etiology (CKDu) Measures of prevention of disorders 	hypothized reasons for its occurrence • appreciate the importance of maintaining well being of urinary system	
5.6.0Investigates the structures & functions involved in nervous coordination	5.6.1 Inquires in to the processes and systems involved in coordination.	 Need for coordination Systems contributing to coordination Nervous system Endocrine system Similarities and differences (in relation to coordination) of the nervous system and the endocrine system 	 discuss the need for coordination. describe the systems contributing to coordination compare the nervous system & the endocrine system. describe different types of nervous organizations among animals 	03

	Organization of nervous systems (Cnidaria, Platyhelminthes, Arthropoda, Echinodermata and Chordata)		
5.6.2 Investigates the gross structure & functions of the human nervous system.	 Organization and main parts of the human nervous system Central nervous system Brain Embryonic origin Meninges Cerebro ventricles and cerebro spinal fluid Main parts of human brain Cerebrum Lobes of cerebral hemisphere Functional areas of cerebral cortex Sensory area Associated area Motor area 	 describe the organization & main parts of the human nervous system. describe the autonomic nervous system & the functions explain the importance of antagonistic effect of sympathetic and parasympathetic nervous system in smooth functioning of human body state the overall function of the nervous system describe major parts of the human brain relate the main parts of the human brain to their functions describe the importance of three major functional areas of cerebral cortex explain organization of the human nervous system using diagrams/ models 	11

	 Brain stem Medulla oblongata Pons varoli Mid brain Cerebellum Thalamus Hypothalamus Spinal cord. Peripheral nervous system Cranial nerves Spinal nerves Autonomic nervous system Sympathetic and parasympathetic nervous systems and their functions Overall function 	appreciate the contribution of major parts of the brain for smooth functioning of human body and maintaining healthy life	
5.6.3 Explores how nerve impulses are generated and transmitted.	 Nerve impulse conduction Resting potential Ion exchange Action potential Synapses Neurotransmitters Reflex arc 	 describe how the nerve impulse is conducted along an axon describe the gross structure of synapses explain mechanism of transmitting a nerve impulse through synapses explain the reflex arc list different types of neurotransmitters and state the 	07

		basic role of each of them	
5.6.4 Explores the injuries and common disorders of the nervous system	 Common disorders of nervous system Schizophrenia Depression Alzheimer ,s disease Parkinson's disease 	explain the reasons for common disorders of the nervous system and how those could be controlled	02
5.6.5 Explores the functions of different sensory structures in human	 Human sensory structures (Receptors) Basic characteristics Types Chemoreceptors Taste receptors Olfactory receptors Thermo receptors Cold - Krauses's end bulbs Warmth-Ruffini bodies Free nerve endings Photo receptors Rods Cones Mechanoreceptors 	 state basic characteristics of the human sensory structures. describe the sensory structures of man using diagrams/ models 	04

5.6.7 Relates the structures of the eye and ear to their	 Touch receptors—Meissner corpuscles, Merkel's discs Pressure receptors Pacinian corpuscles Vibration receptors Most of the touch receptors Pain receptors Special nerve endings. Study of sensory structures of human using diagrams/models/charts Basic structure and functions of the human eye 	describe the basic structure & functioning of the human eye.	08
functions.	 Basic structure and functions of the human ear Study the structures of human eye and ear using diagrams/models/charts 	 state the advantages of binocular vision over monocular vision describe the basic structure & functions of the human ear. identify main components of human eye and ear appreciate the importance of sensory receptors in coordination 	

	5.6.8 Investigates the basic structure and functions of the human skin	 Basic layers of the human skinepidermis, dermis Hairs Glands Receptors Functions of the skin 	 explain the structure and function of the human skin. recognize the different functions of human skin appreciate contribution of human skin in maintaining homeostasis 	03
5.7.0 Explores endocrinal regulation and homeostasis	5.7.1 Analyses the role of human endocrine system	 Human endocrine system Endocrine glands, their locations and functions. Hypothalamus. Pituitary gland Thyroid gland Parathyroid gland Thymus gland Adrenal glands Islets of Langerhans Pineal gland Gonads Feed back mechanism (with relevance to the endocrine system) Negative Positive Diabetes (Type 1 and 2) Hyperthyroidism and hypothyroidism 	 define endocrine glands and hormones describe the human endocrine system with their locations & functions. explain the feedback mechanism and its relevance to the endocrine system discuss reasons for diabetes, hyperthyroidism and how those could be controlled appreciate the contribution of endocrine system in coordination and homeostasis 	07

	5.7.2Investigates how a constant Internal environment is maintained within a range	 Homeostasis Internal & external environment Homeostasis of man Regulation of body temperature Regulation of blood glucose level osmoregulation Feedback mechanism Role of the liver in homeostasis 	 explain homeostasis with respect to the internal & external environment. explain feedback mechanism of homeostasis describe homeostasis of man in regulating body temperature, blood glucose level and osmoregulation explain the role of the liver in homeostasis recognize the importance of homeostasis for the survival of human life 	06
5.8.0 Inquires into the reproductive process in animals	5.8.1 Inquires into different types of reproduction in animals	 Different types of reproduction Asexual, sexual reproduction Asexual reproduction Fission Binary fission Multiple fission Budding Fragmentation Formation of spores (Sporulation) Sexual reproduction Gamete formation Bisexuality and unisexuality Fertilization External & Internal Parthenogenesis 	 list the different types of asexual reproduction with examples. explain bisexuality, unisexuality, parthenogenesis, gametogenesis and fertilization. compare sexual reproduction with asexual reproduction accept that reproduction is an important process to ensure the survival of species 	05

5.8.2 Inquires structure and functions of male reproductive system	 Structure & function of the male reproductive system Scrotal sac Testis (with microscopic anatomy) Seminiferous tubules Leydig cell Sertoli cell Epididymis Vas deferens Ejaculatory duct Urethra and penis Basic structure and function of sperm. Main steps in spermatogenesis Accessory glands related to the male reproductive system Seminal vesicles Prostate glands Cowper's glands Semen Hormonal regulation of spermatogenesis development and 	 list the main structures and their functions of male reproductive system. outline the major steps of spermatogenesis. elaborate the structure and function of sperm state the composition of semen. state the importance of the accessory glands draw a flow chart to elaborate the hormonal regulation of spermatogenesis. identify the main components of male reproductive system using models/diagrams. 	10
	Prostate glandsCowper's glandsSemen		

5.8.3 Inquires in to structure and functions of female reproductive system.	 GnRH FSH LH Inhibin Testosterone Study of the male reproductive system using models/diagrams Structure & function of the female reproductive system Ovaries (including the microscopic structure) Germinal epithelium Follicles Primary Graffian Corpus luteum Corpus albicans Oogenesis, ovulation and its hormonal regulation Structure & function of an ovum Uterine ducts/ fallopian tubes/ oviducts Uterus Vagina Menstrual cycle and its hormonal regulation (FSH, GnRH, LH, Progesterone, Oestrogen 	 list the structures and functions of female reproductive system. describe the major steps of oogenesis and the hormonal regulation of it. elaborate the structure and function of human ovum. illustrate the hormonal regulation and the structural changes that occur in menstrual cycle. analyze the hormonal fluctuations in blood of women during menstrual cycle and pregnancy period using related graphs or bar charts describe menopause. identify the main components of female reproductive system using models /diagrams. 	10
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	 Menopause Study of the female reproductive system using models /diagrams. 	XS	
Inquires into the processes involved in fertilization up to birth	 Fertilization Cleavage Implantation Foetal membranes ,placenta, and umbilical cord. Pregnancy and its duration Major foetal changes in each trimester Mother's immune tolerance to the embryo Process of parturition Role of the positive feedback mechanism in parturition. Lactation Hormonal and nervous regulation of lactation Composition of breast milk Significance of breast feeding 	 define fertilization explain the development of zygote and implantation describe the structure and functions of fetal membranes ,placenta and umbilical cord. explain pregnancy and its duration. explain major foetal changes during pregnancy explain the process and the positive feedback mechanism of parturition explain regulation of lactation state composition of milk appreciate breast feeding 	05

5 O O Varrings	5.8. 5Develops an awareness on reproductive health.	 Early signs of pregnancy Pregnancy tests Family Planning Birth control methods Female Male Abortions Sexually transmitted infections Gonorrhea Syphilis Genital herpes HIV/AIDS Infertility Modern reproductive technology Hormone therapy Surgery Assisted reproductive technologies In vitro fertilization Intracytoplasmic sperm injection 	 state the early signs of pregnancy. explain the basis of the pregnancy tests. state the concept of family planning and its importance. relate the effects of contraceptive methods on the normal physiological process discuss harmful effects of illegal abortions discuss infertility and assisted reproduction list out the sexually transmitted infections discus how to avoid sexually transmitted infections 	05
5.9.0 Inquires into the types of supporting systems and	5.91 Inquires into the structure and functions of the Skeletal systems and movement of animals.	 Main types of skeletons of animals and their organization Hydrostatic skeleton Gastrovascular cavity Pseudocoelom 	 state the main types of skeletons of animals. describe the organization of hydrostatic skeleton with examples. describe the organization of exoskeleton with examples 	06

movement • Interstitial fluid • describe the organization o	.T
in organisms. • Coelom endoskeleton with example	
existen with its functions	Keletai
CHILIIOUS EXOSKEICIOII	
Calcium carbonate exoskeleton compare exoskeleton, endoskeleton and hydrostate	tio
Bony plates Skeleton	.IC
• Endoskeleton • explain how animals move	
• Plates of Calcium carbonate through water and air	
• Bones appreciate the skeletal systematical expression of the skeletal expression of the skel	em in
• Cartilage relation to survival of organ	
• Common functions of skeleton in their environment	.HOHIO
• Support	
• Movement	
• Protection	
• Functions of the human skeletal system	
• Support	
• Protection	
Movement	
Storage & release of Calcium	
Storage & release of Phosphates	
Production of blood cells	
Movement in land and air	
5.92.Investigates the structure • Organization of the human skeletal • describe the organization of	of the 06
and functions of the system human skeleton.	
axial skeleton of man. • Axial skeleton • list the main parts of the a	xial
• Skull skeleton.	

		 Cranium Vertebral column Four curvatures & main areas Types of vertebrae (Types and number) Intervertebral discs Ribs Sternum Study the gross structure of human skull and vertebral column in relation to functions of various parts using specimens/ models/ diagrams 	 describe significant parts and functions of skull explain curvatures of vertebral column describe the structure of typical vertebra compare different types of vertebrae identify the gross structure of human skull & vertebral column with reference to their functions relate the structure of axial skeleton to maintain upright posture discuss the organization of human axial skeleton to maintain upright posture 	
5	5.9.3. Investigates the structure and functions of the appendicular skeleton of man.	 Appendicular skeleton General structure of appendicular skeleton and its functions General structure of the pectoral girdle in relation to its functions General structure of the pelvic girdle in relation to its functions. Pelvis of the male & female 	 describe the organization of human appendicular skeleton relate the structure of pectoral and pelvic girdles to their functions describe how upper limb is adapted for a range of movements-including grasping and manipulation explain the differences between 	06

	 General structure of the upper limb in relation to wide range of movements General structure of the lower limb in relation to strength, erect body position (posture), bearing of body weight and walking. Arches of foot Disorders and abnormalities Osteoporosis Slipped disc Study of the human pectoral and pelvic girdles and appendicular skeleton using specimens /models/diagrams. 	 male and female pelvises describe how lower limb is adapted for posture, bearing of body weight and walking explain osteoporosis and osteoarthritis list the components of the appendicular skeleton and state the function of each of them identify the importance of correct posture for healthy maintenance of skeletal system 	
5.94 Investigates on the main types of joints and mechanism of skeletal muscle movement	 Main types of joints Ball and socket Hinge Pivot Features of muscle tissue Structure of the sarcomere and basic mechanism of skeletal muscle movement Basic concept of the sliding filament theory 	 describe functioning of main types of joints and their importance state features of muscle tissue explain the structure of the sarcomere & basic mechanism of skeletal muscle movement. explain the basic concepts of the sliding filament theory. appreciate the way muscles are adapted to perform their functions 	





(22 Periods)

Competency	Competency level	Content	Learning outcomes	Number of periods
6. 1.0 Explores the basic principles of genetics for applications	6.1.1Inquires the Scientific basis of Mendel's Experiments	 Mendelian Heredity (Mendelism) Mendel's Experiments Monohybrids Monohybrid test crosses Mendel's first law Dihybrids Dihybrid test crosses Mendel's second law Multiple factor crosses Success of Mendel's experiments 	 explain the terms, F1 and F2 generations, contrasting characters, gene, allele, genotype, phenotype, recessive, dominant, pure breeding, pure line, homozygous, heterozygous, monohybrid, monohybrid test cross, dihybrids, dihybrid test cross, multiple test cross state Mendel's first law and second law. describe mono hybrid cross and dihybrid cross predict ratios of genotypes and phenotypes of multiple factor crosses describe the reasons for the success of Mendel's experiments appreciate that patterns of inheritance could be predicted by using mathematical ratios 	07

6.1.2 Examines the patterns inheritance of Mendel characters in human.		 state common Mendelian characters in human analyze and predict results of Mendelian inheritance in human families by using pedigree charts appreciate that inheritance of Mendelian characters can be predicted by using pedigree charts 	04
6.1.3 Uses concepts and principles to explain genetic patterns that deviate from Mendel' laws.	 Non Mendelian inheritance Incomplete dominance Co dominance Polyallelism Gene interaction Epistasis (dominant and recessive) Polygenic Inheritance Gene linkage Human sex determination Human sex linked characteristics Concept of epigenetics 	 describe non-Mendelian inheritance describe some non-Mendelian inheritance such as incomplete dominance, co-dominance, polyallelism, gene interaction, polygenic inheritance and gene linkage analyze the F2 phenotype ratios with non-Mendelian patterns explain human sex determination state human sex linked characteristics appreciate the way incomplete 	04

6.1.4 Investigates evolution of life by using changes in	 Population genetics Hardy -Weinberg equilibrium 	dominance, co dominance, polyallelism, gene interaction, polygenetic inheritance contribute to variations analyze the sex-linked characteristics in inheritance in human families using pedigree charts Outline the concept of epigenetics explain Hardy-Weinberg equilibrium	04
gene frequencies.		explain how changes in gene frequency leads to evolution	
6.1.5Explore the basic concepts in plant and animal breeding	 Plant and animal breeding Artificial selection In breeding and Out breeding Hybrids Interspecific breeding Polyploidy Mutagenesis Genetic modification 	 explain the importance of plant and animal breeding with examples state some breeding techniques in plants and animals explain the genetic principles of breeding techniques compare advantages and disadvantages of natural and artificial breeding methods appreciate the plant and animal breeding techniques to obtain improved varieties 	03

Unit 7– Molecular	Biology &	Recombinant DNA	A Technology

(42 Periods)

Unit 7– Molecula	r Biology & Recombinant DNA	A Technology		(42 Periods
Competency	Competency Level	Content	Learning outcomes	No. of Periods
7.1.0 Investigate the molecular basis of genetic materials	7.1.1 Examines the structures and functions of genetic materials	Structure of DNA and RNA Architecture of chromosomes Basic characteristics of DNA replication mechanism Overview of DNA repair mechanisms	 explain the basic structure of DNA and RNA molecules explain the properties of DNA describe the architecture of chromosomes distinguish prokaryotic chromosome from eukaryotic chromosome explain the mechanism of DNA replication and its importance distinguish the differences between eukaryotic and prokaryotic replications state the significance of DNA repairing explain the characteristics of DNA as a hereditary molecule of the cell 	06
	7.1.2 Examine genes and how they work	 The nature of genes Chromosomal theory The genetic code and codon Exons, introns and other non-coding areas of chromosomes 	 Explain the basic structure of prokaryotic and eukaryotic genes list their differences explain the relationship of gene 	09

	<u>_</u>	,	
	 Overview of gene expression Role of DNA and RNA and enzymes involved in protein synthesis One-gene/one-polypeptide hypothesis Mechanism of protein synthesis Control of gene expression Fate of proteins (trafficking and degradation) 	 with chromosomes explain the characteristics of genetic code discuss the role of DNA, RNAs and enzymes involved in protein synthesis name the steps found in protein synthesis (process of transcription and translation) explain the role of regulatory proteins in gene expression discuss the negative (repressive) and positive (activator) control of transcription appreciate the value of chromosomal theory Appreciate the central dogma of molecular biology appreciate the trafficking and degradation of proteins within the cell 	
7.1.3 Examine the molecular basis of mutations	 Causes of mutation and Mutagens Types of mutations; Gene mutations Chromosomal mutations Human genetic disorders 	 Explain the term mutation explain the causative factors of mutations state the types of mutations with examples explain the significance of mutation in evolution 	07

7.2.0 Gets updated	7.2.1 Gets updated on tools,	 created by mutations Genetic counseling in solving of some genetic disorders Role of mutations in evolution 	discuss human genetic disorders created by mutations discuss significance of genetic counseling in avoiding some human genetic problems discuss the major steps in DNA	
on gene technology	techniques and methods of gene technology	 DNA manipulation and in vitro experiments Principles of DNA isolation Enzymes reacting with DNA (nucleases, ligases, polymerases) Agarose Gel Electrophoresis DNA probes, hybridization Recombinant DNA technology & cloning of genes Vectors (Bacterial plasmids/ Phage/ yeast artificial) DNA libraries Use of Reverse transcriptase Use of Marker genes DNA delivery systems and methods (Transformation/ Transduction/ Agrobacterium/ Gene guns) 	 discuss the major steps in DNA isolation discuss the role of enzymes used in gene technology explain the principle of agarose gel electrophoresis explain the principle of nucleic acid hybridization and use of probes outline the steps in gene/DNA fragment cloning explain the methods used in gene transfer technology 	

7.2.2 Gets updated on DNA analysis	 Various techniques used in DNA analysis (methods are not expected) Restriction maps DNA sequencing DNA fingerprints PCR 	 explain a restriction map and their applications state the importance of having the information of sequence of a DNA fragment/gene applications of DNA fingerprints explain the steps in a PCR cycle appreciate PCR as an accelerated process of DNA analysis 	07
7.2.3 Updates on the applications of gene technology	 Genetically modified organisms and their uses in; Agriculture Medicine Industry Health, environmental and socio economic concerns of using genetically modified organisms Cartagena protocol, national biosafety framework 	 define a genetically modified (GM) organism explain the use of genetically modified organisms in medicine, agriculture and industry discuss possible socio economic problems concerning the use of GM organisms appreciate the significance of international protocols and bio safety framework in the safety of mankind. appreciate as gene technology as a field of excitements and controversies appreciate the applications of gene technology in different fields 	04

Unit 8-Environmental Biology (44 periods)

Competency	Competency Level	Content	Learning outcomes	No. of
				Periods
8.1.0 Engages in a	8.1.1 Investigates components	Introduction to Environmental Biology:	explain the importance of	02
biological	of an ecosystem	• Importance	studying environmental biology	
analysis on		 Organizational levels of the 	 define levels of organization of 	
relationships		environment	the environment	
between		abiotic and biotic components	• list the major biotic and abiotic	
organisms and			components and state their	
their		,	importance	
environment.			1	0.2
	8.1.2 Investigates major	Structure and function of ecosystems:	• identify relationships among	03
	processes of an	Concept of niche and	abiotic and biotic components	
	ecosystem	habitat	(biotic- biotic, biotic- abiotic	
		• Food webs	components)	
		 biotic interactions 	• construct food chains and food	
		 Material and Energy flow 	webs in a given ecosystem	
			• describe flow of energy and	
			materials	
8.2.0 Explores the	8.2.1 Investigates main	Biomes	• list major terrestrial biomes in	06
heterogeneous	biomes of the world	Main terrestrial biomes of the	the world	
nature of the	33333 33,333 333	world		
biotic		Distribution	describe their distribution in the	
component of		Characteristics	world	
global and		Characteristics	• distinguish different biomes	
local			using their major characteristic	
environment			features	
	7			

8.2.2 Investigates ecosystems • Major ecosystems in Sri Lanka • state different types of	1
	12
cosystems in our Lanku	12
• Forests • list characteristic features of	
Lowland rain forests ecosystems in Sri Lanka	
 Dry monsoon forests identify locations of each type 	of
Montane forests ecosystem.	
• Thorn forests	
• Grasslands • state dominant plant species in	1
• Savanna the given ecosystems	
• Patana • appreciate diversity of	
Inland wetland ecosystems ecosystems in Sri Lanka	
• Rivers and streams	
• Reservoirs	
Marshes and swamps	
• Villus	
Coastal ecosystems	
•Lagoons and estuaries	
• Mangroves	
•Coral reefs	
• Sea shore	
• Sand dunes	
•Sea grass beds	
• Salt marshes	

8.3.0 Explore	8.3. 1 Explores biodiversity	Biodiversity	define biodiversity, ecosystem	
biodiversity	and threats due to	• Defining three levels of biodiversity	diversity, species diversity and	07
as a	human actions	Values of biodiversity Commercial and	genetic diversity.	
component		non commercial goods, environment,	• explain what biodiversity hotspots	
of the		recreational, ethical, services etc with	are	
environment		examples	• describe goods and services	
		Threats to biodiversity and species	provided by biodiversity	
		extinctions	• define the main five ways that	
		Main mechanisms of biodiversity loss	biodiversity is lost giving examples in	
		Different categories of threatened	Sri Lanka: habitat loss and	
		organisms	fragmentation, overexploitation,	
		Biodiversity Hotspots	pollution, introduction of invasive	
		 Following categories with suitable 	alien species, climate change	
		examples from Sri Lanka	• discuss extinction as a natural	
		Endemic species	process, but the rate been greatly	
		 Indigenous species 	increased by human activity	
		 Exotic species 	• define threatened species according	
		Migratory species	to the Red Data Book (only the	
		Relict species	vulnerable, endangered and critically	
		 Flagship species 	endangered and extinct in the wild	
		Keystone species	categories with an example for plant	
		Invasive species	and animal each)	

8.4.0 explores global issues related to environment	8.3.2 Gets updated on the global environmental problems	 Contributory factors and Impacts of Global environmental problems Global warming and climate change Depletion of the Ozone layer Desertification Acid rain 	list major global environmental issues describe the contributory factors for global warming, depletion of the Ozone layer, acid rains, desertification, climatic change and their impacts	06
8.4.0 Explores methods of Biodiversity and environmen- tal conservation	8.4.1 Investigates how biodiversity and environment can be conserved at global and national level	 Two basic ways of biodiversity conservation (In situ and ex- situ conservation) practices with examples Main outcomes of the following international agreements CITES Convention of biological diversity (CBD) Ramsar Convention Marpol convention Montreal protocol Kyoto protocol Basel convention Key National Legislations Fauna and flora protection Ordinance National Environment Act 	describe <i>In-situ</i> and <i>Ex- situ</i> conservation practices with example demonstrate the knowledge and understanding of global agreements and key national legislations, their administration	05

Unit 9-Microbiology (50 periods)

Competency	Competency Level	Content Learning outcomes	No. of
2 0	- •		Periods
9.1.0 Investigate	• 9.1 .1 Explores the	 Definition of micro-organisms describe the nature of microbial world. 	
diversity and	diversity and	• Types of microorganisms • state the taxonomic diversity of	10
handling of micro-	nature of micro-	Bacteria ,Archaea and microorganisms.	
organisms	organisms	Cyanobacteria • describe the morphological, nutritional	
		Unicellular protista Physiological diversity of	
		 Fungi microorganisms. 	
		Other agents studied under	
		microbiology	
		Mollicutes (mycoplasmas and	
		phytoplasmas)	
		• Viruses	
		• viroids	
		• Prions	
		Microscopic nature of micro-	
		organisms in terms of their relative	
		size and units of measurements.	
		Ubiquitous nature of micro-	
		organisms	
		High growth rate of micro-	
		organisms	
		Morphological, nutritional and	
		physiological diversity of	
		microorganisms	
		Nature of virus, viroids and prions	
	7	as disease causing agents	

	9.1.2 explores some basic laboratory techniques in microbiology	 Methods of sterilization Preparation of culture media (NA and PDA) and inoculation with a sample of toddy/yoghurt/root nodule Staining of bacteria found in toddy or yoghurt using a simple stain Methods of sterilization of water, culture media, glassware, heat labile substances and inoculating Needles Use of alcohol and other disinfectants to control microbial populations prepare culture media (NA/ PDA), inoculate with a sample of toddy / yoghurt and stain microorganisms found in toddy / yoghurt/root nodule apply techniques in sterilization of different materials develop the skills of techniques related in handling, observing and controlling microorganisms under laboratory conditions 	
microorganis -ms as	9.2.1 Explores the concepts, principles relevant to infectious diseases	 Microorganisms and diseases The nature, distribution and functions of the normal micro biota living in human body Following terms in relation to infectious diseases Pathogenecity Pathogen Host Parasite Microorganisms and diseases discuss the nature, distribution and role of normal micro biota in human body explain the terms in relation to infectious diseases describe important characteristics of a microorganisms in causing a disease explain virulence factors. discuss degree of virulence on invasiveness and toxigenecity state the role of enzymes and toxins on invasiveness 	09

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the parasite/pathogen	state the portals of entry of pathogens
• Characteristics of the pathogens	into the human body.
• Virulence	recognize the nature of pathogenic
 Virulent factors that increase the 	microorganisms in causing infectious
pathogenicity	diseases
• Dependence of virulence on	explain differences between endotoxins
invasiveness and toxigenicity	and exotoxins
 Role of enzymes and toxins on 	state the scientific name of the selected
invasiveness -Phospolipase,	causal agents
lecithinase ,Hyaluronidase	discuss the ways of prevention of
Toxigenicity	infectious diseases
• Endotoxins	7
• Exotoxins	
Exotoxin producing bacteria and role	
of exotoxins in pathogenecity	
(Cytotoxins, Enterotoxins,	
Neurotoxins)	
 Portals of entry of pathogens into the 	
human body	
Respiratory tract	
 Genito -urinary tract 	
Gastrointestinal tract	
Wounds on skin	
<i>Y</i>	
 <i>C1</i>	<u> </u>

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 Diseases of the important organs (only the following causal agents, symptoms are not required) Skin Chickenpox Rubella Measles Eye Conjunctivitis (bacteria/ virus) Nervous system Bacterial meningitis Tetanus Rabies Cardiovascular system Rheumatic fever Respiratory system Tuberculosis Pneumonia Influenza Digestive system Hepatitis Food poisoning	
CholeraTyphoid	
 Urinary system Leptospirosis Reproductive system 	

		GonorrheaGenital herpesImmune systemAIDS		
	9.2.2Explores the methods of controlling microbial population	 Methods of controlling microbial diseases. Use of disinfectants Use of antiseptics Immunization Curative methods of microbial diseases Antibiotics Other chemotherapeutics 	 describe the role of disinfectants and antiseptics in controlling microbial diseases. differentiate between disinfectants and antiseptics state the role of antibiotics in controlling microbial diseases. appreciate the importance of hygiene practices in day to day life in controlling infectious diseases appreciate the artificial methods of immunization in controlling infectious diseases 	
9.3.0 Investigates the use of micro – organisms	9.3.1 Investigates and explores the use of microorganisms in industry, agriculture	 Use of microorganisms in industry, agriculture and environment Use of microorganisms in commercial products that are 	 explain the advantages of employing microbes in commercial products explain the basic principles of metabolic processes of microorganisms for product 	
in industry, agriculture, Environmen t and contribution	and Environment	 useful for humans Advantages of using microbial processes over chemical processes Basic principles of metabolic processes of microorganisms 	formation • state the industrial applications of microorganisms • distinguish industries based on microbes, microbial products and	

of soil	for product formation processes
micro-	Microorganisms used in industry state the applications of microorganisms
organisms	Applications of microorganisms in in environmental management
for	industry • state the applications of microorganisms
agriculture	Single cell proteins, alcohol and in agriculture
	alcoholic beverages, vinegar, dairy • appreciate the microbial processes over
	products, organic acids, metal chemical processes in industry
	extractions, vitamins, vaccines,
	enzymes, antibiotics, insulin, human
	growth hormones, retting, bio-gas
	production, biofuel, bakery products
	Applications of microorganisms in
	environment
	Bio-remediation, waste treatment
	Applications of microorganisms in
	Agriculture
	Biofertilizers (mycorrhiza phosphate
	solubilization, rhizobium
	inoculation, plant growth
	substances),
	Biopesticides/ bio control agents
	composting
9.3.2 Uses the functions of	• Nature, distribution and roles of soil • describe the nature, distribution and 06
soil micro-	microbes roles of soil microbes.
organisms to	Chemical and Physical environment
maintain soil	of soil as a healthy media for growth microorganisms as decomposers in
health	of microorganisms recycling of minerals
	• Role of microorganisms in cyclic • elaborate the specific role of
/	process of minerals microorganisms in Nitrogen cycle and

		 Mineralization Carbon cycle Nitrogen cycle Soil microbes relevant to plant growth Microbial function in Rhizosphere Interactions of soil microorganisms associated with roots Carbon cycle, mineralization describe the interactions of soil microorganisms relevant to plant growth describe the role of microorganisms in improving of soil quality appreciate the decomposition role in microorganisms 	
9.4. 0 Utilizes the microbiologic al concepts and principles to maintain the quality of water	9.4.1 Uses the microbiological concepts and principles in potable water and waste water management	 Microbiology of potable water, and waste water . Natural sources of drinking water and possible contamination methods. Diseases that are transmitted by water. microbes as indicators of fecal contamination. Steps in water treatment in urban water treatment plant Waste water - domestic and industrial waste water Adverse effects of discharging large amounts of waste water into natural water resources Principles and main steps in treatment of industrial waste water into natural water resources Principles and main steps in treatment of industrial waste water into natural water resources 	06

9.5.0 Explores the impact of microbes on food	9.5.1 Contributes to the prevention of diseases that are caused by spoiled food	 Microorganisms and food Food spoilage by microorganisms Presence of nutritious matter and water in foods help microbial growth Physical, chemical and biological changes taking place in food by the growth of heterotrophic microorganisms External factors affecting food spoilage (temperature, oxygen supply, humidity) Internal factors affecting food spoilage –pH value, moisture content, amount of nutrients, biological structure of food Food borne diseases by bacteria Food borne infections Food intoxication Infections caused by food Typhoid – Salmonella typhi Dysentery –Shigella Cholera – Vibrio cholera Food intoxication by Staphylococcus aureus Intoxication by Clostridium botulinum By Fungi- Aflatoxin-Aspergillus flavus 	
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Unit 10 -Applied Biology (24 periods)

Competency	Competency Level	Content	Learning outcomes	No. of Periods
10.1.0 Uses biological concepts and principles to promote the living standards	10.1.1 Investigates ornamental fish culture systems	 Ornamental fish cultivation Species that are used Maintenance of an aquarium Common diseases Environmental impact of ornamental fish culture 	 identify the importance of aquaculture describe the methods of aquaculture explain general characters of species that could be cultured list species of fish ,prawns and plants used in aquaculture describe the methods of aquaculture develop an interest in preparing an aquarium appreciate the diversity of ornamental fish 	05
	10.1.2 Investigates on opportunities related to horticultural practices	 Nursery management Protected agriculture Tissue culture Floriculture 	 discuss issues in nursery management describe methods of protected agriculture explain tissue culture explain important methods used in floriculture 	05
	10.1.3 Uses biological knowledge and understanding in minimizing damage caused By vector -borne diseases	 Dengue, filaria identification of vector Breeding sites Symptoms of disease Controlling measures 	 describe the methods of transmission of filaria and dengue describe symptoms of infection appreciate the importance of keeping the environment clean to prevent infection 	05

10.1.4 Utilizes the knowledge on food preservation and postharvest losses for successful applications in day to day life	 Food preservation Importance of food preservation Principles of food preservation Postharvest loss Causes for postharvest loss Minimizing postharvest loss(during harvesting, transporting ,storing and domestic processing) 	 explain the concept and importance of food preservation elaborate the principles of methods in preserving food discuss causes for postharvest loss describe methods to minimize postharvest loss 	05
10.1.5 Gets updated in applications of emerging technologies related to biology	 Applications of modern technology in biology Nano biology Stem cell therapy Human Genome project and genomes of other organisms 	 State what nano technology is state the applications of nanotechnology in biology state what stem cells are and list their sources state the outcomes and applications of human genome project state advantages of stem cell therapy and potential uses 	04

4.0 Teaching - Learning Strategies

Global trend in present day education is to introduce competency based curricula which promote collaborative learning through student-centered activities where learning predominates over teaching. It is intended for the students to actively participate in activities which enhance the development of individual, social and mental skills. Emphasis is laid on the following aspects.

- Allow the students to acquire hands on experience.
- Direct students to acquire knowledge and information through reliable sources wherever necessary.

5.0 School policy and programmes

- The teacher has the liberty to follow any suitable teaching learning method to achieve the relevant learning outcomes.
- It is expected that the theoretical components of each unit will be dealt with the relevant practical components, which are given in italics.
- Capacity of students should be enhanced through extra-curricular activities, extensive use of supplementary reading materials and learning teaching aids such as Computer Assisted Learning (CAL) software.
- With a view to extending learning beyond the classroom activities and to highlight the students' special abilities, it is expected to involve students in co-curricular activities such as:
 - setting up school societies or clubs to pursue various aspects of chemistry
 - field trips to places where applications of chemistry can be observed and preparation of reports subsequently
 - organizing school exhibitions and competitions
 - organizing guest lectures on relevant topics by resource persons
 - producing school publications
 - organizing events such as debates, science days, etc.
- School management is responsible in providing services such as lab equipments, computer facilities, etc. and assistance within the school and from outside resources.
- In order to develop school policy and programmes it would be desirable to form a committee comprising relevant teachers and students.
- Most importantly, the school should serve as a role model to be followed by the students.

• School will develop its annual programmes, consisting of a variety of activities for achieving policy goals. In determining the activities to be undertaken during a particular year, the school will need to identify priorities and consider feasibility in relation to time and resource constraints.

6.0 Assessment and Evaluation

Assessment and Evaluation should conform to the standards set by the Department of Examinations. However, school-based assessment should also be part and parcel as it paves way to give direct feedback to learners.