



**LIST OF PRESCRIPTION DRUGS WITH OVER-THE-COUNTER ALTERNATIVES**

More than ever, many prescription drugs have over-the-counter (OTC) alternatives that are available without a prescription. Although an OTC alternative drug may contain different active ingredients than a prescription drug, it can often be used to treat the same condition. Below are lists of prescription drugs used to treat heartburn and allergies. Beside each list, you'll see alternative OTC drugs for each condition.

**Under the HealthCare 80 Option:**

If you purchase a prescription version of any of these OTC drugs (even if it's a formulary brand or generic version), you'll pay the non-formulary brand coinsurance, subject to your plan's minimums and maximums.

**Ask your doctor if one of these OTC alternatives might be right for you.**

<b>Prescription heartburn drugs</b>	<b>Alternative OTC heartburn drugs</b>
<i>AcipHex</i> ® (generic: rabeprazole) <i>Dexilant</i> ™ <i>Nexium</i> ® <i>Prevacid</i> ® (generic: lansoprazole) <i>Prevacid SoluTab</i> ® <i>Prilosec</i> ® (generic: omeprazole) <i>Protonix</i> ® (generic: pantoprazole) <i>Zegerid</i> ® (generic: omeprazole/sodium bicarbonate) <i>Axid</i> ® (generic: nizatidine) <i>Pepcid</i> ® (generic: famotidine) <i>Tagamet</i> ® (generic: cimetidine) <i>Zantac</i> ® (generic: ranitidine)	<i>Nexium OTC</i> <i>Prevacid OTC</i> ® (generic: lansoprazole) <i>Prilosec OTC</i> ® (generic: omeprazole) <i>Zegerid OTC</i> ™ (generic: omeprazole/sodium bicarbonate) <i>Axid</i> ® AR (generic: nizatidine) <i>Pepcid</i> ® AC (generic: famotidine) <i>Tagamet HB 200</i> ® (generic: cimetidine) <i>Zantac 75</i> ® (generic: ranitidine) <i>Zantac 150</i> ® (generic: ranitidine)
<b>Prescription allergy drugs (non-sedating antihistamines)</b>	<b>Alternative OTC allergy drugs (non-sedating antihistamines)</b>
<i>Allegra</i> ® (generic: fexofenadine) <i>Clarinex</i> ® (generic: desloratadine) <i>Clarinex-D</i> ® <i>Clarinex</i> ® <i>Reditabs</i> ® <i>Xyzal</i> ® (generic: levocetirizine)	<i>Alavert</i> ® (generic: loratadine) <i>Alavert</i> ® Allergy & Sinus D (generic: loratadine/pseudoephedrine) <i>Allegra</i> ® (generic: fexofenadine) <i>Allegra</i> ® D (generic: fexofenadine/pseudoephedrine) <i>Claritin</i> ® (generic: loratadine) <i>Claritin-D</i> ® (generic: loratadine/pseudoephedrine) <i>Zyrtec</i> ® (generic: cetirizine) <i>Zyrtec-D</i> ® (generic: cetirizine/pseudoephedrine)

For more information, please see your medical plan Summary Plan Description (SPD) or speak with an Express Scripts customer service representative at 1.800.792.9596.

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