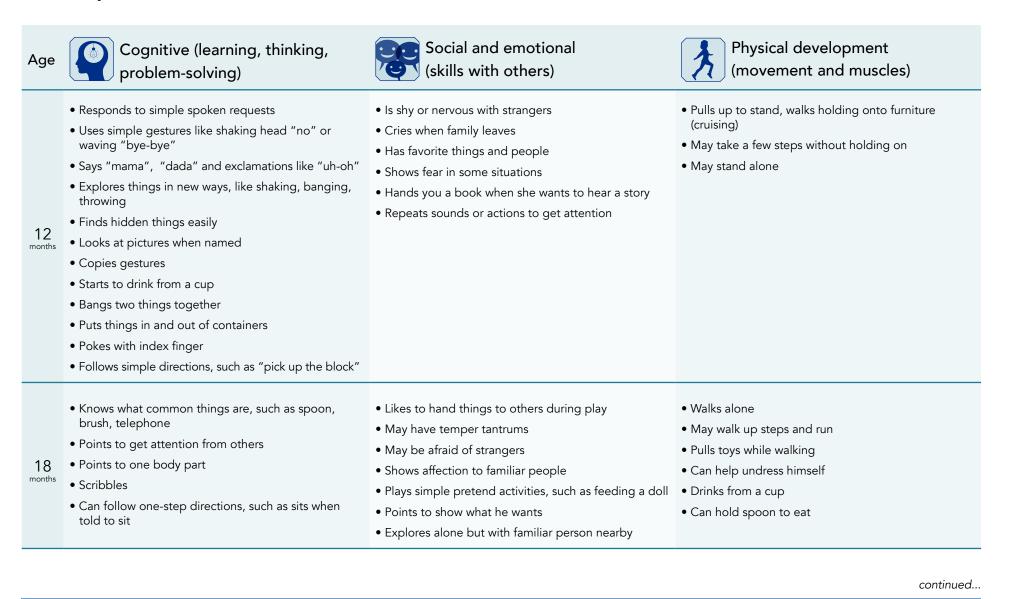




New Staff Orientation – Get Started, Lesson Six

Developmental Milestones for Toddlers







New Staff Orientation – Get Started, Lesson Six

Age	Cognitive (learning, thinking, problem-solving)	Social and emotional (skills with others)	Physical development (movement and muscles)
2 years	 Points to things or pictures when named Points to eyes, ears, nose when asked Says sentences with 2 to 4 words Begins to sort shapes and colors Completes sentences and rhymes in familiar books Plays simple pretend games Builds towers of 4 or more blocks Follows two-step directions, such as pick up the paper and put it on the table 	 Plays beside other children more than with them Gets excited when with other children Shows more independence Shows more defiant behavior (doing what she has been told not to) 	 Stands on tiptoes Kicks a ball forward Begins to run Walks up and down stairs while holding on Climbs without help Throws ball overhead Makes or copies straight lines and circles Bends over without falling Opens cabinets, drawers, and boxes Shows interest in toilet learning
3 years	 Plays make-believe with dolls, animals, and people Can put together a puzzle with 3 or 4 pieces Turns book pages one at a time Builds towers of 6 or more blocks Can work with buttons, levers, and moving parts Plays pretend with dolls, animals, and people Understands meaning of "two" 	 Enjoys helping with simple chores Takes turns during play Shows concern for crying friend Likes to play alone or near other children Will play with another child for a short time Understands the idea of "mine," "his," and "hers" Shows wide range of emotions 	 Can dress himself with help Can feed herself using a small spoon and fork Can stand, balance, and hop on one foot Jumps with both feet Can pedal a tricycle Walks up and down stairs, one foot on each step Uses toilet (some help may be needed)

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Supported by funds from the Office of Child Development and Early Learning, jointly overseen by the Departments of Human Services and Education.

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