

*Our Firm*  
**FOUNDATION**

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*The Immutable Law of God • Christ Our Righteousness • The Seventh-day Sabbath  
The Three Angels' Messages • The Non-Immortality of the Soul • The Sanctuary*

# Children in the Garden

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The Master's Touch | The Judgment-Hour Message  
Health Gem: Extreme Focus  
Counsels from EGW: Living Faith**



# Editorial

Clark Floyd

Recently a young evangelist from Brazil spoke at our church, the Walnut Seventh-day Adventist Church. He referred to Seventh-day Adventists who had left the Seventh-day Adventist Church because they didn't believe in Ellen White's ministry in the Church. He then went on to make a comparison between John the Baptist and Ellen White. I would like to share in this editorial some of the comparisons made. It will become clear that John the Baptist was a messenger making a people ready for Jesus' first advent, while Ellen White is a messenger making a people ready for Jesus' second advent.

John the Baptist was called at the end of the 70 week or 490 year time period "to prepare the way of the Lord." (Matt. 3:3 and Isa. 40:3) John had very strong warnings to give to the people to encourage them to get their lives prepared so that they would be safe to be saved—"And now also the axe is laid unto the root of the trees: therefore every tree which

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*Be ready to give an answer when people ask you about Ellen White.*

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bringeth not forth good fruit is hewn down, and cast into the fire." Matt. 3:10. God desired His people to be ready for His first coming.

Ellen White was called at the end of the 2300 year prophecy (time period) to help prepare God's people for His second coming. He wants His people to be safe to be saved so that "affliction shall not rise up the second time." Nahum 1:9.

In the Desire of Ages at page 220, we read about John the Baptist, "he was sent to herald the Saviour's advent, and to call upon the people to prepare for His coming."

In an article that I prepared for the magazine several years ago, I pointed out that for every time period in the Bible, God had a proclaiming prophet at the beginning of that time period to tell of the time period, and a gathering prophet at the end of the time period to gather God's people for the event of that time period—God's purpose in it.

Ellen White has not only given God's people the conflict series to help us better understand the Bible, but she has given us counsel in other areas of our lives including, but not limited to, diet for better health, encouragement to move to the country in these last days because of the things coming upon the earth, Counsels to Writers and Editors, Testimonies to the Church, Testimonies to Ministers, and other books to help us be totally prepared for Christ's second coming. Are we reading them?

In Malachi, the last book of the Old Testament, chapter 3, verse 1, we read, "Behold, I will send my messenger, and he shall prepare the way before me: and the Lord, whom ye seek, shall suddenly come to his temple, even the messenger of the covenant, whom ye delight in: behold, he shall come, saith the Lord of hosts."

In Luke 7:27 and 28, John the Baptist is identified as that messenger. And in verse 30, we see that John the Baptist was rejected by some. In Luke 1:16 and 17, we read of John, "And many of the children of Israel shall he turn to the Lord their God...to make ready a people prepared for the

Lord." But John does not claim to be a prophet; he was much more than a prophet. See Luke 7:26.

And in John 10:41 and 42, it says: "And many resorted unto John the Baptist, and said, John did no miracle: but all things that John spoke of the man (Christ) were true." John came as a witness to bear witness of Christ that men through him might believe. Jesus was the true light, but John was the lesser light pointing to the greater light.

Ellen White in 1 Selected Messages in pages 32 through 36 says that she never claimed to be a prophet, but was the Lord's messenger. "Your work, He, Jesus, instructed me, is to bear My word." "My work has covered so many lines that I cannot call myself other than a messenger, sent to bear a message from the Lord to His people, and to take up work in any line that He points out."

She repeats herself and says "My work includes much more than this name signifies. I regard myself as a messenger, entrusted by the Lord with messages for His people."

I would encourage our readers to read for themselves Selected Messages, volume 1, pages 32 through 36, and volume 2, pages 53 and 54. Be ready to give an answer when people ask you about Ellen White.



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## Our Mission:

It is the mission of Hope International and the editors of *Our Firm Foundation* to clearly present Christ and His truth. The days remaining for this world are few, and we must work quickly. We must boldly proclaim the historic truths of Adventism that place us on so firm a foundation in the midst of this troubled world. —Editor

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## About Hope International:

We are a lay ministry founded, supported, and operated by Seventh-day Adventists to assist God's Church in the proclamation of the Everlasting Gospel in every way that is consistent with the principles of God as revealed in Inspiration.

## Invitation to Writers

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**A key to the abbreviations for Ellen White's material used in each magazine can be found at [www.whiteestate.org](http://www.whiteestate.org)**



# Children in the Garden

Brothers and Sisters,  
this composite of Spirit  
of Prophecy statements  
concerning the value of  
children learning life-lessons  
in gardening is an appeal.  
It is an appeal to follow the  
counsels we were given over  
100 years ago to move our  
families out of the cities to  
rural areas. Our world is  
changing rapidly; our time is  
running out. —Editors





## Give practical lessons in agriculture

Of the almost innumerable lessons taught in the varied processes of growth, some of the most precious are conveyed in the Saviour's parable of the growing seed. It has lessons for old and young. . . .

The germination of the seed represents the beginning of spiritual life, and the development of the plant is a figure of the development of character. . . . As parents and teachers try to teach these lessons, the work should be made practical. Let the children themselves prepare the soil and sow the seed. As they work, the parent or teacher can explain the garden of the heart, with the good or bad seed sown there, and that as the garden must be prepared for the natural seed, so the heart must be prepared for the seed of truth. . . . No one settles upon a raw piece of land with the expectation that it will at once yield a harvest. Diligent, persevering labor must be put forth in the preparation of the soil, the sowing of the seed, and the culture of the crop. So it must be in the spiritual sowing.

## Wrona habits seen as weeds

If possible, the home should be out of the city, where the children can have ground to cultivate. Let them each have a piece of ground of their own; and as you teach them how to make a garden, how to prepare the soil for seed, and the importance of keeping all the weeds pulled out, teach them also how important it is to keep unsightly, injurious practices out of the life. Teach them to keep down wrong habits as they keep down the weeds in their gardens. It will take time to teach these lessons, but it will pay, greatly pay. AH 145,146.

## Other lessons from nature-Object lessons

Teach the children to see Christ in nature. Take them out into the open

air, under the noble trees, into the garden; and in all the wonderful works of creation teach them to see an expression of His love. Teach them that He made the laws which govern all living things, that He has made laws for us, and that these laws are for our happiness and joy. Do not weary them with long prayers and tedious exhortations, but through nature's object lessons teach them obedience to the law of God. CG 534.

## The refuse of country places

Let parents understand that the training of their children is an



important work in the saving of souls. In country places abundant useful exercise will be found in doing those things that need to be done, and which will give physical health by developing nerve and muscle. Out of the cities is my message for the education of our children.

God gave to our first parents the means of true education when He instructed them to till the soil and care for their Garden home. After sin came in, through disobedience to the Lord's requirements, the work to be done



in cultivating the ground was greatly multiplied, for the earth, because of the curse, brought forth weeds and thistles. But the employment itself was not given because of sin. The great Master Himself blessed the work of tilling the soil. CL 13.

## Health reform

Every family should have a plat of ground for cultivation and for beauty. Parents, a flower garden will be a blessing to your children. They would have better health in working





value of money and how to economize. It is possible for the children, besides raising money for missionary purposes, to be able to help in buying their own clothes, and they should be encouraged to do this. AH 388.

### **The first eight or ten years**

Children should not be long confined within doors, nor should they be required to apply themselves closely to study until a good foundation has been laid for physical development. For the first eight or ten years of a



a portion of each day upon the shrubs and flowers... Your children need active exercise in order to be healthful and happy. HR, March 1, 1871.

### **Encourage children to earn their own money**

Many a child who lives out of the city can have a little plot of land where he can learn to garden. He can be taught to make this a means of securing money to give to the cause of God. Both boys and girls can engage in this work; and it will, if they are rightly instructed, teach them the



child's life the field or garden is the best schoolroom, the mother the best teacher, nature the best lesson book. Even when the child is old enough to attend school, his health should be regarded as of greater importance than a knowledge of books. He should be surrounded with the conditions most favorable to both physical and mental growth. CG 300.

### **Spring has come**

We can all take pleasure in beholding the many beautiful varieties of opening buds, and blossoming

flowers, of every description and hue, which our Heavenly Father has created for the happiness and benefit of his children.

It is God's design that we should love the beautiful in nature. He made a garden for our first parents, and there planted with his own divine hand the trees for usefulness and ornament, and the beautiful vines bearing fruit, and the lovely flowers of every variety and color. This was for the pleasure and happiness of man. If parents would more closely follow the example of their Creator in this respect, I believe they would have less trouble in bringing up their children to usefulness and happiness. If parents would encourage their children to love the beauties of nature, they would throw about them a safeguard to preserve them from iniquity prevailing among the youth. HR, March 1, 1871.

### **Serious times are before us**

There is great need for families to get out of the cities into the country, that the truth may be carried into the byways as well as the highways of the earth. Much depends upon laying our plans according to the word of the Lord and with persevering energy carrying them out. More depends upon consecrated activity and perseverance than upon genius and book learning. All the talents and ability given to human agents, if unused, are of little value.

A return to simpler methods will be appreciated by the children and youth. Work in the garden and field will be an agreeable change from the wearisome routine of abstract lessons, to which their young minds should never be confined. To the nervous child, who finds lessons from books exhausting and hard to remember, it will be especially valuable. There is health and happiness for him in the study of nature; and the impressions made will not fade out of his mind, for they will be associated with objects that are continually before his eyes. 6T 178,179.





# Nothing Between

Nothing between, Lord, nothing between,  
Let us thy glory see;  
Draw my soul close to thee,  
Then speak in love to me,  
Nothing Between.

Nothing between, Lord, nothing between,  
Let not earth's din and noise  
Stifle thy still small voice;  
In it let me rejoice,  
Nothing Between.

Nothing between, Lord, nothing between,  
Nothing of earthly care,  
Nothing of tear or prayer,  
No robe that self may wear,  
Nothing Between.

Nothing between, Lord, nothing between,  
Unbelief disappear,  
Vanish each doubt and fear,  
Fading when thou art near,  
Nothing Between.

—Unknown





# Our Ebenezers

By Joe Olson

This story starts with the ark of God returning from the Philistines. They have decided they don't want it. They were practically destroyed for having it in their midst. They sent it back to Israel. It came into an Israelite town and the Jews in that town made a really bad decision. They thought they would look into the ark, just out of curiosity. It didn't work out well for them... "And he smote the men of Bethshemesh, because they had looked into the ark of the LORD, even he smote of the people fifty thousand and threescore and ten men: and the people lamented, because the LORD had smitten many of the people with a great slaughter." 1 Sam. 6:19. 50,070 men! Now they, like the Philistines before them, do not want the ark of God in their town. So, they call up some Jews from a neighboring town to come and get it. "And they sent messengers to the inhabitants of Kirjathjearim, saying, The Philistines have brought again the ark of the LORD; come ye down, and fetch it up to you." 1 Sam. 6:21.

## **The ark was a symbol of their relationship and contract with God**

Let's read the story together... This is found in 1 Samuel 7:1 - "And the men of Kirjathjearim came, and fetched up the ark of the LORD, and brought it into the house of Abinadab in the hill, and sanctified Eleazar his son to keep the ark of the LORD." These men have an entirely different attitude about the ark than the men from

Bethshemesh. They want the blessing of God. This was not about having the sacred chest and getting to look inside. The ark was a representation of God's presence and they **wanted** His presence among them. This was a symbol of their relationship and contract with God. Inside were the Ten Commandments that the Israelites promised to keep and God promised to bless them. This box was a reminder of Whom they served and loved.

And this box... the ark of God, was with these people in Kirjathjearim for a long time. "And it came to pass, while the ark abode in Kirjathjearim, that the time was long; for it was twenty years: and all the house of Israel lamented after the LORD." 1 Sam. 7:2. After twenty years, not just the





inhabitants of Kirjathjearim wanted the ark, but all Israel desired it. Actually, what they wanted was their relationship back with the Lord, and this ark was a symbol of it. The verse says they "... lamented after the LORD." It wasn't the box they wanted... but what the box represented. They wanted their God back in their lives. They wanted to be His people again. They wanted His love, His guidance, and His care and protection.

### **God sometimes allows things to happen that will make us want Him again**

See, they were still under the Philistine boot of authority. They were powerless to free themselves from their enemies. But they knew Who *could* free them. And so they turned to the only One who could help. And they wanted the symbol of God's presence back in their lives. You see, God wants us to want Him. If we want Him, then everything in our lives has meaning and we will live forever. But when we don't want Him, things go very badly for us. And God has never wanted things to go badly for us. So, what does He do? Well, He has to bring things to pass that will make us want Him again. He allows the Philistines to rule over us for a while. He will allow circumstances to arise that will cause us to return unto Him so He can bless us again. Those circumstances might be anything from a serious sickness to slavery. It could be a catastrophic event with a child, or the loss of a job or a fire that destroys everything we have. He removes His protective hand and lets events transpire so that we will come back to Him. In Israel's day, God used the Egyptians, the Amelekites, the Philistines, the Babylonians and whomever else to try and get His people's attention.

Remember, without God, we are lost... we are eternally lost. We are His children and He wants us all to be saved. If it was your children, and you had the power to save them eternally in the abodes of bliss, how far would you go? What lengths would you take to keep them with you and save them forever? Are there any courses you would not pursue to save them? Of course not. You love your children and would do anything, absolutely anything to save them.



And this is what God is doing. This is what God was doing with the Israelites. And after many years of oppression by the Philistines, they want to return to God... they "lamented after Him." God's plan was working... praise the Lord! "And Samuel spake unto all the house of Israel, saying, If ye do return unto the LORD with all your hearts, then put away the strange gods and Ashtaroth from among you, and prepare your hearts unto the LORD, and serve him only: and he will deliver you out of the hand of the Philistines." 1 Sam. 7:3. Samuel points out the clear path back to their God. Put away the things you allow to come between you and your God. If you want to come back to Him, if you want to return, then make a complete break from what keeps you from Him.

### **If you allow something or someone to come before God, you lose His protection and blessings**

In the Israelites' day, they had actual stone and wooden and metal gods that they followed. Maybe instead of saying that they "followed" them, it would be better to say they put them "before" their true God. Those things... those gods... those images, whatever they might be, were more important to them than God Almighty. They put them "before" the one true God. And they had specific direction about that... As a matter of fact, it was His very first command... "Thou shalt have no other gods before me." Ex. 20:3. "Nothing can be more important to you than Me." "If your allegiance to Me flags or fails, and you allow something or someone to come *before* Me, then you lose my protection and blessing."

So Samuel tells the people, "If you are serious, then get these things you have allowed to come before your God, away from you." "Get them out of your lives." "Get them away, way away, from you." These things are plagues to us... they are anchors, dragging us down. If we could see them, (these things that we allow to come before God), for what they are, we would cast them from us immediately. If







we actually took a heavy chain and wrapped it around us, then we would have no problem understanding when God says to cast it from us. We would see it, and them, as the anchors they are.

But the devil masks these chains so that we don't recognize them for what they are. The chain looks like a great job, but you have to break the Sabbath to have it. The chain looks like a really beautiful woman, or handsome man, but is not a Christian or a Sabbath-keeper. The chain looks like sports or TV or food or laziness or pride or whatever else the devil can make it look like. But if they come before God, they are all chains! And when the chains we put on ourselves get heavy enough, we cry out to God for help to remove these chains. When it gets bad enough, then we see them for what they are and we want help to escape them. Unfortunately, we generally need things to get really bad for us before we will open our eyes. For whatever reason, we seem to have to suffer in order to see the truth.

### **Do your chains actually look like chains to you?**

The Israelites were suffering under Philistine oppression. At least 20 years of it! Isn't it amazing how long it takes us sometimes before we actually will admit we are in chains? Well... let's not use *ourselves* as the examples... let's use others. After all, we can see other people's problems so much easier than our own. How many of you have looked at other people, whether they are friends, family, co-workers, children, parents... whatever, and thought, "What is the matter with them?" Have you not looked at someone else's situation and thought, "It is so obvious what the problem is." But they can't see it, can they? Or... they refuse to see it. We can see it so clearly. We know just what they should do. *What is the matter with them?* Well, the chains just don't look like chains to them. And *our* chains just don't look like chains to us either. At least, not until the oppression gets bad enough. Not until we are suffering and dragging and drowning in our chains do we finally see what they are.

The Jews see it now. The Jews want to come back. And Samuel, ever the faithful prophet and teacher promises them that if they will serve God only and put nothing before Him, then He will save them. Can you imagine that kind of love? We reject Him for 10, 20, 30 or 70 years, and as soon as we want to come back, He welcomes us with open arms! As soon as we cry to Him and ask Him back to the forefront of our lives, He is right there. Hallelujah! "Then the children of Israel did put away Baalim and Ashtaroth, and served the LORD only." 1 Sam. 7:4. This is all that God is waiting for. This is all He wants from us. And the reason He wants this from us is so He can bless us! God does not want us to serve Him for Him... He wants us to serve Him for *us*! I cannot stress that enough. What God asks of us and commands us to do, or not to do something, it is for *us*!

The Jews are getting this now and they turn away from their "chains" and want to follow God only. And when Samuel sees this, he says... "And Samuel said, Gather all Israel to Mizpeh, and I will pray for you unto the LORD." 1 Sam. 7:5. Samuel wants them all together so that there will be no question who agreed to what. This needs to be a public confession and a public conversion. We have publicly shown to everyone that other things used to be more important than God. Now we need to publicly show everyone that God is most important to us now. This is a very important part of rededication and commitment. And so the Israelites gathered... "And they gathered together to Mizpeh, and drew water, and poured it out before the LORD, and fasted on that day, and said there, We have sinned against the LORD. And Samuel judged the children of Israel in Mizpeh." 1 Sam. 7:6. We have to admit and confess where we have allowed other things to come before our God.

### **We have to admit that we have chains**

Again, this is not for God... He already knows too well. We need to do it for ourselves! We need to have our eyes opened and see those chains! And we have to admit that





they were and **are** chains! We need to do this for ourselves, but we need to do it for others as well. You see, everyone that knows us has watched us deny that our chains were chains. We certainly have to admit the truth to ourselves, but we need to admit it to others who have been around us and know what we have done. We need to do this for them! By seeing us admit to our chains will help them admit to theirs! We help each other by acknowledging that we were blind and now we see. The truth always sets us free... it is healing.

“Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” James 5:16. We need to admit our faults. Please note I did not say to **reveal** your faults. We need to admit to them, because everyone else already knows your faults. We are the ones who have not seen them, or at least, not admitted to them. James says this is a healing process. And the Israelites got together publicly and confessed and admitted to their guilt.

So... now what? We have turned away from our other gods. We have admitted they were chains. We have publicly confessed our faults. And Samuel has said that if we did this, God would deliver us. So, what happened? “And when the Philistines heard that the children of Israel were gathered together to Mizpeh, the lords of the Philistines went up against Israel. And when the children of Israel heard it, they were afraid of the Philistines.” 1 Sam. 7:7.

### **We all need our Ebenezers**

*What?* We just gave our hearts to the Lord! Now everything is supposed to be okay. Now God will deliver us... right? But the Philistines are coming to attack and kill us now! This is a very important lesson here and we dare not miss it. Don't think just because you have given your heart to the Lord, that the enemy is simply going to walk away. The devil has just lost the battle and God has you back. Satan is now enraged. And he will try to make you as miserable and scared as he can and will try to get you to pull the plug. And you might be tempted to think that this



should not be happening to you now. After all, we gave our hearts to the Lord so this very thing would **not** happen. We are tired of being oppressed. We are tired of losing. We are tired of never, ever getting ahead and always dealing with one problem after another. So, why is the Lord allowing these Philistines to come after us? Why, after this glorious time of repentance and confession and re-commitment to the Lord, is this happening?

Because we need an Ebenezer. We all need our Ebenezers. And God is going to give them to us. “And the children of Israel said to Samuel, Cease not to cry unto the LORD our God for us, that he will save us out of the hand of the Philistines.” 1 Sam. 7:8. This is beautiful here. This is a fantastic verse in the scripture. You see, the Israelites turned back to God. And as soon as there is a problem, rather than turning to leaders, or armies or back to their other gods... they turned to God Almighty. They are looking to their Lord to help them. How many times have we had problems and we go to every other source for help, until we are exhausted? Then, finally, we turn to God for help. The Jews have learned... *go to God first*. Their first instinct now was to turn to their Lord. They have committed their lives to Him and He will be their Protector.

### **God always hears the cries of His people**

You see, giving our lives to God does not mean we will not have problems anymore. It means we now have Someone we can count on to help us with them. “And Samuel took a sucking lamb, and offered it for a burnt offering wholly unto the LORD: and Samuel cried unto the LORD for Israel; and the LORD heard him.” 1 Sam. 7:9. God always hears the cries of His people... always. Our circumstances may not seem like God is listening... but He is... He always is.

Why are bad things happening to us... especially when we serve the Lord? Because we need our Ebenezers! God knows we have to have our Ebenezers. So, what happened to the Israelites? Did God answer





their prayer? “And as Samuel was offering up the burnt offering, the Philistines drew near to battle against Israel: but the LORD thundered with a great thunder on that day upon the Philistines, and discomfited them; and they were smitten before Israel.” 1 Sam. 7:10. Our enemies are smitten before us! God thundered a great thunder. God “discomfited” the Philistines. The Hebrew word here for discomfited means to “break, consume, crush or destroy.”

### **Your Ebenezer is to be a reminder of God's victory for you**

The Bible says that the Philistines, “came no more” into the coasts of Israel. The Jews were given the victory over their enemies. They chose God and God fought for them. And when God fights for us... we cannot lose. And in that great day of victory, the Israelites had an Ebenezer. “Then Samuel took a stone, and set it between Mizpeh and Shen, and called the name of it Ebenezer, saying, Hitherto hath the LORD helped us.” 1 Sam. 7:12.

The name Ebenezer means “stone of the help”. This “stone” was to be a perpetual reminder of God's victory for us. We need these Ebenezers to remind us of God's special deliverance and blessing. You see, we are a forgetful people. We need to be reminded of God's special providences. We need to have memorials, Ebenezers, reminders, of what God has done for us. A stone, a plaque, a picture, a card, a Book of Remembrance... whatever it takes to remind us of what God does and has done for us, needs to be set up as our Ebenezer.

What has God done for you? What victories has He given to you? How has He blessed in your life? Do you have remembrances of that? Is there anything in your house that someone could look at and ask what it is? And as they ask, you get to recount what your God has done for you.



### **What have been your special blessings?**

Remember what Joshua did? “And Joshua said unto them, Pass over before the ark of the LORD your God into the midst of Jordan, and take ye up every man of you a stone upon his shoulder, according unto the number of the tribes of the children of Israel: That this may be a sign among you, that when your children ask their fathers in time to come, saying, What mean ye by these stones? Then ye shall answer them, That the waters of Jordan were cut off before the ark of the covenant of the LORD; when it passed over Jordan, the waters of Jordan were cut off: and these stones shall be for a memorial unto the children of Israel forever.” Josh. 4:5-7. They had their Ebenezers back then too.

Your memorial could be a marble, a stick, a piece of paper, anything that reminds you of what your God has done for you. Could you imagine putting up a dollar bill on the wall to remind you that since you started returning God's tithe, He has always provided for your bills? Can you imagine the people who would ask you about that dollar bill? Imagine your children seeing it every day. What kind of impact might that make? I pray that each one of us will set up our own Ebenezers for what the Lord has done for us. We need to be reminded... every day. We need to keep ever before us how God has kept us through the years. What have been your special blessings? Make an Ebenezer to remind you.



*Joe Olson serves as the executive director and chairman of the board of Hope International. He also travels as an international speaker.*





## Hope for Health

Are you on your feet all day? Are your legs tired, swollen and painful? Relief is here! Butcher's Broom encourages circulation, and may discourage bulging veins, and ankle swelling. It has been shown to be a blood cleanser and enhance the flow of blood plus MUCH, MUCH MORE!

# Butcher's Broom

### About Butcher's Broom

It may sound like an herb with some rather aggressive action, but in reality Butcher's Broom is a very gentle herb used for several conditions related to our blood and its circulation. Its name arose from much earlier times when butchers would tie the herb's twigs together and use these as brooms to sweep their cutting-boards clean.

Butcher's Broom has the effect of tightening the larger blood vessels as well as the capillaries, and has been found to particularly assist with the condition of bulging veins. It also helps to relieve other symptoms of poor blood circulation such as pain, heaviness, itching, leg swelling, and cramps. It is believed to improve these conditions by promoting healthy microcirculation, capillary flow, and by strengthening connective tissue.

### Remedy for Dark Circles!

Looking for a natural way to reduce those dark, under eye circles? We've got it for you. Butcher's Broom - also known as "knee holly" and "Jew's myrtle" - is a low, evergreen shrub that produces an extract known for its vasoconstrictive abilities. In other words, it constricts blood vessels, helping them to appear less visible and reducing puffiness. In addition, this unique natural ingredient also helps calm inflammation and moisturize skin, providing for a brighter, more youthful look around the eyes. Dark circles are often caused by the reddish-blue blood vessels under the eyes, which become more obvious with age, and also when you're tired or suffering from allergies. The combination of anti-inflammatory and blood-vessel-constricting properties of Butcher's Broom attack both sides of the issue, helping to calm and conceal any unwanted darkness under the eyes.

### How does Butcher's Broom actually work?

- It is believed the chemicals in Butcher's Broom activate receptors which stimulate the release of noradrenaline in our bodies to increase its vascular tone and constrict blood vessels, and that it may improve blood circulation in the legs by thereby preventing blood from "pooling" in the veins.
- It has anti-inflammatory properties which are used in the prevention of artery build up (plaque).
- Butcher's Broom encourages the flow of urine; therefore it is useful for supporting the health of the bladder and kidneys.
- Butcher's Broom has been shown to help with those of you who may experience

fainting and dizziness when you first stand up from a sitting or laying position. Butcher's Broom enhances the blood flow to the legs, hands and brain!

- Another significant benefit of Butcher's Broom is its ability to provide a calming effect on anyone struggling with hormonal imbalance mood swings. It contains flavonoids that increase blood flow to the brain.
- Butcher's Broom may correct system imbalances that inhibit proper function of the bowels. It will tighten the dilated blood vessels that can form from straining to have a bowel movement. This herbal remedy can correct constipation in a short period of time!

### Hope for Health's Butcher's Broom Can Help:

- Strengthen collagen
- Tighten blood vessels
- Improve the flexibility of blood vessel walls
- Speed the recovery time of fractures
- Reduce swelling
- Relieve constipation
- Flush gallstones
- Act as diuretic to increase urine output

### Customer Testimonials:

Butcher's Broom has been a miracle for me. My legs no longer have the heavy feeling and discomfort. I can also FINALLY sleep at night. Butcher's Broom revives your legs!! -B.D.

I take Butcher's Broom twice a day and drink plenty of water, and it really does reduce the swelling in my legs. It even worked on some stubborn spider veins. Its also a great natural diuretic. LOVE IT! -M.J.

### Price:

100 capsules .....\$8.99

### Suggested Adult Dosage:

- Take 2 capsules twice daily with food.

\*These statements have not been evaluated by the FDA.  
This product is not intended to prevent, diagnose, treat, or cure any disease.

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# Triumph of the Reformation

By Mrs. E. G. White



Upon his return from Wartburg, Luther gave his attention to the work of revising his translation of the New Testament, and the gospel was soon after given to the people of Germany in their native tongue. This translation was received with great joy by all who loved the truth; but it was scornfully rejected by those who chose human traditions and the commandments of men.

The priests, who themselves knew little of the Scriptures, were alarmed at the thought that the common people would now be able to discuss with them the precepts of God's word, and that their own ignorance would thus be exposed. Rome summoned all her authority and power to prevent the circulation of the Scriptures; but

decrees, anathemas, and tortures were alike in vain. The more she condemned and prohibited the circulation of the Bible, the greater was the anxiety of the people to know what it really taught. All who could read were eager to study the word



of God for themselves. They carried it about with them, and read and reread, and could not be satisfied until they had committed large portions to memory. Seeing the eagerness with which the New Testament was received, Luther immediately began the translation of the Old, and published it in parts as fast as completed.

**Henry VIII referred to Luther as "a wolf, a poisonous serpent, a limb of the devil"**

About this time there appeared a new foe of the Reformation. Tidings reached Wittenberg that Henry VIII., king of England, had written a book supporting the Romish doctrines, and violently attacking Luther. Henry was one of the most powerful monarchs of Christendom, and he vainly imagined that he could, without difficulty, annihilate the Reformation. He drew no arguments from the Scriptures in support of his position, but cited instead only the authority of the church and the traditions of the Fathers. He also resorted to contempt and ridicule of his "feeble adversary", as he termed Luther, styling him also a wolf, a poisonous serpent, a limb of the devil.





The appearance of this book was hailed with great delight by the partisans of Rome. Its superficial reasoning and harsh denunciations suited well a people who willfully rejected the truths of God's word. It was lauded by princes and prelates, and even by the pope himself, and Henry VIII. was revered as a prodigy of wisdom, even a second Solomon.

Luther read the work with astonishment and contempt. Its falsehood and insulting personalities, as well as its tone of affected contempt, excited his indignation, and the thought that the pope and his partisans had exulted in so weak and superficial a production, inspired him with a determination to silence their boasting.

### **Luther forged ahead, fearing nothing**

Again he took up his pen against the enemies of the truth. He showed that Henry had sustained his doctrines only by the decrees and teachings of men. "As to me," said he, "I do not cease my cry of, 'The gospel, the gospel! Christ, Christ!' and my enemies continue to reply, 'Custom, custom! Ordinances, ordinances! Fathers, Fathers!' St. Paul says, 'Let not your faith stand in the wisdom of men, but in the power of God.' And the apostle, by this thunder-clap from Heaven, at once overturns and disperses, as the mind scatters the dust, all the foolish thoughts of such a one as this Henry."

"To all the decisions of Fathers, of men, of angels, of devils, I oppose," says he, "not the antiquity of custom, not the habits of the many, but the word of the eternal God, the gospel, which they themselves are obliged to admit. It is to this book that I keep; upon it I rest; in it I make my boast; in it I triumph and exult. . . The King of Heaven is on my side; therefore I fear nothing." And with arguments drawn from the word of God did Luther demolish and scatter to the winds all the sophisms of his opposers. It was with the new doctrines and



their advocates as with the Israelites in Egypt,-"the more they were afflicted, the more they multiplied and grew."

### **Luther's writing was eagerly read alike in the city and in the hamlet**

At night the teachers of the village schools would read aloud to little groups gathered at the fireside. With every effort some souls would be convicted of the truth, and, receiving the word with tears of gladness, would in their turn tell the good news to others.

The words of inspiration were verified, "The entrance of thy words giveth light; it giveth understanding unto the simple." The study of the Scriptures was working a mighty change in the minds and hearts of the people, not only reforming the morals, but arousing the intellectual powers to a strength and vigor heretofore unknown. The papal rule had placed upon the people an iron yoke which held them in ignorance and degradation. All their instruction and discipline had been of a character



to encourage a superstitious observance of forms; the prescribed routine of worship was scrupulously maintained, but in all their service the heart and intellect had little part. Yet many of these worshipers possessed dormant powers

that needed only to be awakened and called into action. The preaching of Luther, setting forth the plain truths of God's word, and then the word itself, placed in the hands of the common people, had not only purified and ennobled the spiritual nature, but had imparted a new life to the intellectual powers.

### **The Romish clergy were desperate to save their diminishing congregations**

Persons of all ranks were to be seen with the Bible in their hands, defending the doctrines of the Reformation. The papists who had left the study of the Scriptures to the priests and monks, now called upon them to come forward and refute the new teachings. But ignorant alike of the Scriptures and of the power of God, priests and friars were totally defeated by those whom they had denounced as unlearned and heretical. Unhappily," says a Catholic writer, "Luther had persuaded his followers





that their faith ought only to be founded on the oracles of Holy Writ." Crowds would gather to hear the truth advocated by common men, and even discussed by them with learned and eloquent theologians. The shameful ignorance of these great men was made apparent as their arguments were met by the simple teachings of God's word. Persons of little education, women and laborers, were able to give from the Scriptures the reason of their faith.

The success that attended the Reformation excited the most bitter opposition. As the Romish clergy saw their congregations diminishing, they invoked the aid of the magistrates, and by every means in their power endeavored to bring back their hearers. These efforts were but partially successful. The people were hungering for the bread of life; they had found in the teachings of the Reformation that which supplied the wants of their souls, and they turned away from those who had so long fed them with the worthless husks of superstitious rites and human traditions. Sometimes the people, irritated at the thought that they had so long been deceived by fables, compelled the priests to leave their positions.

**Thousands of believers sealed their faith with their blood, and yet the work went on**

When persecution was kindled against the Reformers, they gave

heed to the words of Christ, "When they persecute you in this city, flee ye into another." The light penetrated everywhere. The fugitives would find somewhere a hospitable door open to them, and there abiding they would preach Christ, sometimes in the church, or, if denied that privilege, in private houses, or in the open air. Wherever they could obtain a hearing was a consecrated temple. The truth, proclaimed with such energy and assurance, spread like fire in the stubble. No effort could stay its progress. In the city of Ingolstadt, where was a university, and where, also, lived one of the most learned opponents of the Reformation, a young weaver read Luther's works to a crowded congregation. In the same city, the university council having decided that a disciple of Melancthon should be compelled to retract, a woman volunteered to defend him, and challenged the doctors to a public disputation. Women and children artisans and soldiers, had a better knowledge of the Scriptures than

learned doctors or surpliced priests.

In vain were both ecclesiastical and civil authorities invoked to crush the heresy. In vain they resorted to imprisonment, torture, fire, and sword. Thousands of believers sealed their faith with their blood, and yet the work went on. Throughout Germany, particularly in the Saxon States, in France and Holland, in Switzerland, in England, and in other countries, the Lord raised up men to present to the benighted minds of the people the light of God's word. Persecution served only to extend the work; and the fanaticism which Satan endeavored to unite with it, resulted in making more clear the contrast between the work of Satan and the work of God.

**The cause of truth was destined to triumph**

God's faithful builders were not toiling alone. Could their eyes have been opened, they would have seen as marked evidence of divine presence and aid as was granted to a prophet of old. When Elisha's servant pointed his master to the hostile army surrounding them and cutting off all chance of escape, the prophet prayed, "Lord, I pray thee, open his eyes, that he may see." And, lo, the mountain was filled with chariots and horses of fire, the army of Heaven stationed to protect the servant of the Lord. Thus did the angels of God guard the workers in the cause of the Reformation. God had commanded his servants to build, and the combined forces of earth and hell were powerless to drive them from the walls. Saith the Lord, "I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day nor night."

ST, November 1, 1883



*Ellen G. White, 1827–1915, received the spiritual gift of prophecy, and the fruits of her life and work accord with the biblical tests of a true messenger of God. To this day, her counsels are an incalculable blessing to God's people around the world.*



# The Master's Touch

In the still air the music lies unheard;  
In the rough marble beauty hides unseen;  
To make the music and the beauty, needs  
The master's touch, the sculptor's chisel keen.

Great Master, touch us with the skillful hand;  
Let not the music that is in us die!  
Great Sculptor, hew and polish us; nor let,  
Hidden and lost, they form within us lie!

Spare not the stroke! do with us as thou wilt!  
Let there be nought unfinished, broken, marred;  
Complete thy purpose, that we may become  
Thy perfect image, thou our God and Lord!

—Bonar



# The Judgment-Hour Message

## The Gospel for Our Day

By W.A. Spicer

The gospel message for this time of the judgment hour is set forth in the vision of Revelation 14: "I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, saying with a loud voice, Fear God, and give glory to Him; for the hour of His judgment is come: and worship Him that made heaven, and earth, and the sea, and the fountains of waters.

"And there followed another angel, saying, Babylon is fallen, is fallen, that great city, because she made all nations drink of the wine of the wrath of her fornication.

"And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God, which he poured out without mixture into the cup of His indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the

presence of the Lamb: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name.

"Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus." Rev. 14:6-12.

When this message has been heralded to all nations, according to prophecy the end will come, for the next scene brought before the prophet's vision was the coming of Christ to reap the harvest of the earth:

"I looked, and behold a white cloud, and upon the cloud one sat like unto the Son of man, having on His head a golden crown, and in His hand a sharp sickle." Verse 14.

### The outline of the message given here reveals certain main features:

#### 1. A Gospel Message

It is not a new or another gospel. There is but one gospel. This message is "the everlasting gospel" in terms that meet the situation in the time of the judgment hour. The advent movement carries the blessed message of full salvation from sin by faith in Jesus Christ.

#### 2. A Solemn Warning

The message is God's final answer to the age-long perversions of His truth. Even the warnings uttered vibrate with the saving grace and winning power of God's love in Christ Jesus our Lord.

In the vision of Daniel 8, the prophet was shown the working of apostasy in the latter times, as it 'cast down the truth to the ground' and 'practiced and prospered.' But in answer to the question, 'How long?' the great prophetic period of the 2300 years was given, at the end of which (in 1844) the judgment work in heaven was to begin. When that work is finished, Christ's glorious appearing will end the reign of sin and error.



And while the closing judgment work is proceeding in heaven, this message of the judgment hour lifts up on earth the standard of truths trodden underfoot, and the Lord utters His last warning against sin and apostasy. It is a terrible word that He speaks—the greatest in all the Scriptures from the mouth of the third angel.

The Lord is in earnest with men in this hour when the judgment, now passing on the dead, must soon also seal the eternal destiny of all living. Hence the message challenges every soul to a decision.

Looking forward to the time when this message should be due, John Wesley wrote:

“Happy are they who make the right use of these divine messages.”

These warnings are part of the “everlasting gospel.” Whoever, therefore, preaches the gospel of Christ in these last days must sound this solemn call.



### 3. A Call to Loyalty to God

“Fear God,” is the call, “Worship Him.” In the preceding vision of the thirteenth chapter, the Lord had shown the prophet the work of an ecclesiastical power, symbolized by a leopard like beast, that was to speak great things, and that was to persecute believers through long centuries, warring against God’s truth and His sanctuary. “All the world wondered after the beast.” The prophet said,

“All that dwell upon the earth shall worship him, whose names are not written in the book of life of the Lamb.” Rev. 13:8.

While worldly influences and the voice of popular religion exalt this ecclesiastical power and give glory to it, the gospel message calls all men to worship God.

“Fear God, and give glory to Him; for the hour of His judgment is come: and worship Him.... If any man worships the beast and his image, and receives his mark, the same shall drink of the wrath of God.”

The issue, it is clear, involves the question of authority. Shall God be recognized as supreme? Or shall this ecclesiastical power, whose rise and work were foretold in the prophecy, be recognized as the great authority?

## The Work of the Papal Power

Any comparison between this leopard beast of Revelation 13 and the “little horn” of the fourth beast of Daniel 7, shows plainly that the same power is represented in each. The same voice is heard “speaking great things,” the same persecuting spirit is shown, the same warfare against God’s truth. It is the Roman Papacy, in its exaltation of human authority above the divine, that “lawless one” of Paul’s prophecy, setting itself forth as God in the temple of God, treading underfoot the word and the law of the Most High as foretold by Daniel: “He shall speak great words against the Most High, and shall wear out the saints of the Most High, and think to change times and laws.” Dan. 7:25.

## The Image to the Papacy

What is this image? Plainly an image to the Papacy must be some religious authority or federation not organically of the Papacy itself, but adopting papal principles and seeking to enforce these principles by civil power, just as the Papacy has ever done, where possible. This development in likeness of the Papacy was shown the prophet in the latter part of the vision of Revelation 13. He saw the image formed, and in vision witnessed its determined efforts to enforce upon men the mark or sign of the Papacy: “He exerciseth all the power of the first beast before him, and causeth the earth and them which dwell therein to worship the first beast, whose deadly wound was healed.... And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: and that no man might buy or sell, save he that had the mark, or the name of the beast.” Rev. 13:12-17.

## The Mark, or Sign, of Papal Authority

The Roman Papacy sets forth the Sunday institution as the mark of the authority of the church to substitute ecclesiastical tradition and custom for the Word of God. Thus Monsignor Segur, in “Plain Talks about the





Protestantism of Today,” says: “The observance of Sunday by Protestants is an homage they pay, in spite of themselves, to the authority of the church.”—Page 213.

It was to this change in the Sabbath by tradition, contrary to the plain command of God to keep holy the seventh day, that the famous Council of Trent appealed when it gave Rome’s answer to the Reformation cry of “The Bible and the Bible only.” The council had long debated the ground of its answer. The historian says: “Finally, at the last opening on the eighteenth of January, 1562, their last scruple was set aside, the archbishop of Rheggio made a speech in which he openly declared that tradition stood above Scripture. The authority of the church could not be bound to the authority of the Scriptures, because the church had changed Sabbath into Sunday, not by the command of Christ, but by its own authority. With this, to be sure, the last illusion was destroyed, and it was declared that tradition does not signify antiquity, but continual inspiration.”—Dr. J. H. Holtzman, ‘Canon and Tradition’, page 263.

Ever since this memorable council, the Sunday institution has been held forth as the mark of the power of the church to command religious observances. Thus again, Keenan’s ‘Doctrinal Catechism’ says:

“Question, Have you any other way of proving that the church has power to institute festivals of precept?”

“Answer, Had she not such power, she could not have done that in which all modern religionists agree with her—she could not have substituted the observance of Sunday, the first day of the week, for the observance of Saturday, the seventh day, a change for which there is no Scriptural authority.” Page 174.



### It was all foretold in the prophetic word

The prophecy of Daniel declared that this power would “think” to change the times and laws of the Most High; and the change of the Sabbath commandment is set forth as the mark of the church’s authority above the written law of the Most High.

Most remarkable of all, Protestant organizations are defending the unscriptural observance of the humanly established first-day Sabbath in contradiction to the law of God, which declares that “the seventh day is the Sabbath of the Lord thy God.” And these organizations, in denial of the Protestant principle of religious liberty, are seeking power to enforce Sunday observance by civil law. But this is to make a very image to the Roman Papacy—a church using the power of the state to enforce religious observance.

It was all foretold in the prophetic word. The prophet was shown (Rev. 13:11-17) this likeness or image to the Papacy—ecclesiastical organizations not of the Papacy itself, but following papal principles in this matter—seeking to compel men to receive the mark of the papal apostasy.

Against the workings of both the Papacy and this image to the Papacy, the last message of the “everlasting gospel” lifts its warning cry:

“If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God.”

It is the time of the judgment hour, when God was to lift up the standard of truths long trodden underfoot. In the heavenly sanctuary Christ’s closing judgment work is going forward, preparatory to His coming in consuming glory to end the reign of sin. On earth the Lord is sending the last gospel message to men, warning against sin and error, and calling all men to worship God, and to keep “the commandments of God, and the faith of Jesus.”

### The Sign of Jehovah’s Authority

God also has His sign, or mark, of authority. He bases







His claims to supreme authority upon the fact of His creative power. As Creator, His is the authority and the power.

“The Lord is the true God....He hath made the earth by His power.” Jer. 10:10-12.

And the divinely established memorial of this creative power is the holy Sabbath. The Sabbath is the mark, or sign, of the true God: “Hallow My Sabbaths; and they shall be a sign between Me and you, that ye may know that I am the Lord your God.” Eze. 20:20.

On one side is the mark, or sign, of apostasy from God; on the other the mark, or sign, of loyalty to God. Which mark will men receive, as the issue is pressed upon every soul for decision? On which side shall we stand? Under whose banner shall we be found when the judgment hour closes?

The test that came to Pilate comes anew to men as Christ’s message presses for acceptance. “What shall I do then with Jesus?” asked the Roman governor—and yielded to popular clamor. His fatal decision in the time of testing warns us to decide for Christ and for the word of his salvation now, in this hour of God’s judgment.

The message of Rev. 14:6-14 is going to all the world now. Every year thousands of new voices join in telling it. Printing presses are printing it in many languages. Schools and colleges in every continent are educating thousands of Seventh day Adventist youth, keeping before them, as the highest aim of life, the hastening of the advent message to the world. Sanitariums in many lands, while training medical missionary evangelists, are at the same time ministering to the sick, and teaching the principles of Bible health and temperance. The movement necessarily emphasizes every principle of “the everlasting gospel,” while pressing upon all the solemn issue that loyalty to Christ now means to turn from unscriptural tradition and custom to the commandments of God and the faith of Jesus. However ancient the custom of observing Sunday,

it is but an innovation, setting aside the Word of God, and the example of Jesus Christ. As St. Cyprian said: “Usage without truth is only an antiquated error.” The clear light of Holy Scripture now calls the believer away from the path of error to the way of light.

“The older error is, it is the worse,  
Continuation may provoke a curse  
If the Dark Age obscured our fathers’ sight,  
Must their sons shut their eyes against the light?”  
—Bishop Ken

## Revealed to John on the Isle of Patmos

In times past Christian believers have been unwittingly following the lead of the Papacy in this matter. The Lord holds no man accountable for light that he did not have. Reformation is a progressive work. Of the past we may say with Paul:

“The times of this ignorance God winked at; but now commandeth all men everywhere to repent: because He hath appointed a day, in the which He will judge the world in righteousness.” Acts 17:30, 31.

Now, with this “hour of God’s judgment” already come, the entire covering of papal tradition is to be torn aside, and when Jesus comes in glory, in every land will be found believers having the faith and keeping the commandments of God.

All this was shown to John on the Isle of Patmos—the coming of the judgment hour, the rise of the Advent movement, and the heralding of the last message to the nations.

What John saw in vision nearly two thousand years ago, we see fulfilling before our eyes today. But it is not enough to see it; we must have a part in it, be a part of it.





# Health Gem

## Extreme Focus

This month we would like to direct *your* focus to Extreme Focus, which is a relatively new product we have added to the Hope for Health line of supplements. Hope for Health is always searching for the best products to meet the health needs of you and your family.

### A startling rise in neuro-developmental disorders

In the last few years there has been a remarkable increase in behavior and emotional problems in children, often referred to as neuro-developmental disorders. There has been a 42%



increase in the number of reported cases of neuro-developmental disorders since 2003, according to a CDC-led study published

in the Journal of the American Academy of Child and Adolescent Psychiatry. Today, 6.4 million children between the ages of 4 and 17, or 11% of kids in this age group - have received this diagnosis, according to the study, which is based on a survey of parents. That means 2 million more children have been diagnosed with behavior problems since 2007!

You may have seen headlines in the paper or online proclaiming that these behavior disorders have reached epidemic proportions. You may be experiencing these problems right now in your own home. To clarify, what do we mean by "neuro-developmental disorders"? The following are some of the behavior/symptoms that may accompany these disorders:

- Predominantly inattentive
- Predominantly hyperactive and/or impulsive

- Combination of inattentive and hyperactive-impulsive symptoms
- Being easily distracted, forgetful, and moving from task to task without completing them
- Difficulty maintaining focus, and quickly finding activities boring
- Difficulty organizing and completing tasks
- Losing the things needed to complete tasks
- Daydreaming, not listening even when quiet, being easily confused, and moving slowly
- Fidgeting and squirming
- Running around, playing with everything in sight, and having trouble sitting down
- Talking non-stop and rudely engaging everyone around
- Making inappropriate comments without restraints, acting without regards for consequences, and showing bursts of emotion
- Frequently interrupting other people
- Impatience and difficulty waiting for turns

Not every child that exhibits one or more of these behaviors should automatically be labeled as having a disorder; many, many factors need to be taken in to account. One of those factors is a nutritional deficiency, which is where Hope for Health's product Extreme Focus is able to offer help and hope!

### A diet lacking adequate nutrients can result in overconsumptive malnutrition

Due to our fast-paced, fast food,

snack-filled lifestyles, many children have a phenomenon known as overconsumptive malnutrition, which means they are getting plenty to eat; in fact, often too much, but everything they eat is **lacking** in basic nutrients. Nearly one in two children is deficient in zinc.

Over nine in ten children are lacking magnesium. And nearly one in two children are seriously deficient in vitamin C. These are not children from low-income families; these are average children in your average neighborhood! This may be your child or grandchild! Frankly... this could be you!

What can be done? Taking a good hard look at what you and your children are eating every day is a good place to start. Due to genetic predisposition and variations in environment, diet and exercise, some children and adults are more noticeably affected with neuro-developmental disorders. These disorders may be helped with a return to a proper food regimen and specific supplementation designed to restore the building blocks for brain and neurotransmitter development.

### Supplementation may be necessary to provide neurotransmitters for brain function

The brain runs on vitamins,







minerals, oxygen and blood sugar in combinations that are called neurotransmitters. Under stress and a diet high in simple carbohydrates, the natural brain function uses up the neurotransmitters and can only replace them if the necessary building blocks are present. These building blocks come from fresh fruits and vegetables, essential fats, and high quality protein sources.

If you realize that you or your child rarely eats a vegetable or piece of fruit, you may want to consider making some changes. The key to success is to set attainable goals that the whole family can agree upon. Hope for Health counselors can help you with ideas. We would love to help you improve the health of your family!

Another great place to start is by supplementing your, or your child's, diet with Extreme Focus. Extreme Focus has been uniquely formulated to include the nutrients that provide the jump-start your family's need to begin functioning in a calmer, healthier state!

### Here is proof of one family's success:

"My son is a great kid with lots of energy, but he also had angry outbursts and behavioral problems at school. I was unwilling to put him on any sort of medication but was at my wits' end as to how to help him.

I read a book, which said that kids who were given supplements including doses of magnesium, zinc, and B vitamins had improved behaviors. I could see so much potential in my son, but it seemed he couldn't settle his mind and body down enough to enjoy

friendships with kids his age, finish tasks at home, and get along at school and in social situations. He was impulsive and did things without thinking. He always felt bad about his impulsive reactions after the fact, but it just seemed like he couldn't help himself.

"Tearfully, one evening, unable to sleep, I began searching the web for any kind of information that could help my son. I came upon Extreme Focus at Hope for Health and was so excited with what I read!

"Within 2 weeks of taking Extreme Focus, I saw improvements in his behavior. I couldn't believe it! He was calm, more focused; he did better at school and in social situations. He seemed happier and more confident. I asked the teacher how he was doing and she told us he was doing great! He is calm, happy, and helpful. She enjoys having him in her class!

"Thank you a million times for all the research and effort you put into this product and helping others! It is changing people's lives!"

### Let's take a look now at the blend of nutrients in Extreme Focus that led to this amazing change: **MAGNESIUM**

Research has concluded that children with neuro-developmental disorders have lower magnesium levels than the average child.

Receiving the proper amount of magnesium through supplements has been shown to ease the hyperactive behavior and increase focus and attention.

Studies have also shown that children (or adults) with attention difficulties have differences in their metabolism and therefore require

supplements to help alleviate this magnesium deficit.

Magnesium calms the nervous system and helps to transmit messages through it. The proper balance of magnesium in the body can allow for clear thinking and significant improvements in concentration. Magnesium helps calm the mind in many ways, one of which is the role it plays in the production of serotonin, an important neurotransmitter that gives the feeling of calm and well-being. Low levels of serotonin are associated with moodiness and irritability.

Hyperactivity, inattention, aggressive behavior, and sleep problems are also associated with low magnesium levels. Studies have found that low magnesium levels have caused reduced blood flow to the brain! This is a pattern frequently seen in brain scans of people with neuro-developmental disorders.

Magnesium is extremely important, as it is needed for more than 300 biochemical reactions in the body. It is the fourth most prevalent mineral in the human system and is responsible for countless aspects of a healthy body.

Magnesium also plays a role in your body's detoxification processes. Therefore, it is important for helping to prevent damage from environmental chemicals, heavy metals, and other toxins. The body also requires magnesium to keep the immune system functioning properly. Supplementing your child's diet (or the whole family's) with







the magnesium in Extreme Focus can provide the calm you have been missing, as well as provide for the health of the entire body!

Another satisfied customer said: "My son had rage and anger incidents. Since starting to take Extreme Focus he has not had **one** of those incidents. He has not blown up **once** and is even calm about going to school. My husband thinks there is a 100% difference. It takes the stress out of our life. We are so thankful that we found Extreme Focus!"

### The next ingredient in Extreme Focus is: **VITAMIN B6**

Vitamin B6 is known as an anti-stress vitamin because it is believed to enhance the activity of the immune system and improve the body's ability to get through stressful situations. If there is a B6 deficiency the symptoms could be:

- Muscle weakness
- Nervousness
- Irritability
- Moodiness
- Difficulty concentrating
- Short-term memory loss

### The B vitamins help regulate carbohydrate metabolism

The process of conversion of carbohydrates to glucose proceeds naturally at a pace that guarantees that the supply of blood glucose is enough to meet the present energy demands. When children, diagnosed

with behavior issues, ingest large amounts of sugary foods, so many steps of carbohydrate metabolism are skipped and the blood level of glucose rises quickly. This excess energy source can contribute to the hyperactivity and excitability of children. In other words, they might be experiencing a sugar rush. The negative effects of a sugar rush become even **more** pronounced when children are deficient in certain B vitamins.

It is a train wreck in the making. Here is why...Vitamin B6 plays a vital role in the production of neurotransmitters in the brain. These neurotransmitters, such as adrenaline, serotonin, and dopamine allow the



brain cells to communicate with each other. And vitamin B6 also makes it easier for magnesium to enter into brain cells. (We just addressed how

important magnesium is.) So, if you want calmness, if you want the brain cells to communicate with each other, if you want to have the serotonin that provides a feeling of well-being, then you want plenty of B6. Combining magnesium supplementation along with vitamin B6 has proven to be more effective in creating this healthy environment.

A study carried out at The University of Michigan Health System; found that giving vitamin B6 alleviated symptoms better than prescription medication.

Donna, in Rochester, reported: "I love your product! My daughter has been on it for 3 weeks and I have seen a big change in her behavior at school. She is much calmer. Thank you for making a product that is natural

without any side effects!"

### The next ingredient in Extreme Focus is: **VITAMIN C**

You probably know that vitamin C is important for immune health, heart health, and bone health. However, you may not have realized how essential it is for maintaining brain function, or how significantly brain function can be affected without vitamin C.

A recent study conducted at the Vanderbilt University Medical Center, Department of Neuroscience in Nashville, Tennessee and recorded in the Journal of Neurochemistry October, 2012, came up with some interesting observations. They used mice that were genetically engineered to deactivate the genes that normally provide their own vitamin C. Of course, those mice are kept alive and healthy by externally providing them with vitamin C. But for the purposes of this study, they created periods of not providing vitamin C and then reintroducing it.

Before and after each period, blood samples were taken. During each deprivation period, behavioral patterns were observed and noted. Sadness and submissive behavior was noted during the initial absence of vitamin C.

The compulsion for consuming glucose above all other food types was observed. In other words, they wanted more sugary foods and drinks! After depriving the mice of vitamin C for just a second time, blood samples





indicated neurological damage! It was concluded that vitamin C was **essential** for proper neurological health. Vitamin C is one of the most effective and safest nutrients. It is a water-soluble vitamin that the human body cannot make, therefore, it needs to be received through food and other supplements such as Extreme Focus and our Acerola Chews.

### The fourth and final ingredient in Extreme Focus is: **ZINC**

Zinc deficiency can cause symptoms such as hyperactivity, inattentiveness and sleep disturbances. Zinc is involved in the regulation of neurotransmitters, especially dopamine, which is the most important neurotransmitter in neurodevelopmental disorders. Furthermore, studies have shown that zinc can improve information processing, organization and decision-making. Sounds like we could all use some zinc, doesn't it?

Zinc influences the release of melatonin from the pineal gland. Melatonin is involved in the regulation of sleep and the formation of memory. If members of your household are awake and active during the night, this can be very disruptive to every one's sleep patterns; not to mention that the next day everyone is drowsy and cranky. Eliminate this vicious cycle by providing this essential mineral, zinc, in Extreme Focus.

Extreme Focus does contain



some "other ingredients" which are necessary for the tablets to be chewable and able to be absorbed by the body. These ingredients are all vegan and do not contain artificial color, preservatives, gluten, wheat, dairy, corn, soy, yeast, starch, peanuts or fragrance. Sweeteners have been added so that the tablets taste good, allowing you greater success in giving this product to your children! Our experience has shown that children taking Extreme Focus love the taste. They also appreciate the help it offers them and will often remind you if you forget to give them their tablets.

### Another happy family

Steve, in New York, writes: "Thank you for making Extreme Focus available. Our 6-year-old was never diagnosed with anything, but we always knew something was a little off about his behavior. This became much more obvious when he started school this year and couldn't sit still, had a hard time listening to instructions, and couldn't focus on his assignments. Eventually, his teacher recommended special educational help for his inability to write, but we had a suspicion it had more to do with his focusing issues than his fine motor skills.

"It was around this time that we started having him take Extreme Focus. Two months later, his teacher has noticed such an improvement in behavior and handwriting that she agrees that he no longer needs the extra help! We were having the same behavioral problems at home, along with severe tantrums at least once a week. These tantrums have also



disappeared, which has made things so much easier on all of us. He is able to think logically, even when emotionally stressed!

"Again, thank you so much. It is wonderful to have something that helps him without taking away any of his amazing, smart, and funny personality." Isn't this a wonderful testimony to read?

### Extreme Focus provides nutritional help to all ages

The Hope for Health staff is so thankful for the positive results that our customers are having with Extreme Focus. We have a family right in our neighborhood that has also seen a dramatic change in the attitudes of their children. They had

previously struggled with getting dressed, mealtime, or any time that directions were given. Within days of taking Extreme Focus, the children went happily to their rooms to dress for school without struggles or outbursts. You can imagine the relief their mother felt at not having to start every morning with conflict! And the mother was also excited to report that the schoolteacher was writing notes back saying that whatever she is doing, to keep doing it!

The focus of most of this presentation has been geared toward children, but as noted, adults may also take Extreme Focus. The nutritional benefits are the same for anyone from age 4 to 94! We have presented the scientific research that supports the







need for nutritional supplementation and we have given you the personal testimonies of **real** customers. The only thing left is for you to try Extreme Focus yourself – it is only vitamins and minerals – so you really have nothing to lose and everything to gain!

### Notice to Grandparents!

Do you wonder sometimes what you can do to help your children and grandchildren? Are you tired of getting them the same old gifts for birthdays and Christmas? Why not give them something that will actually benefit them? Many parents want this nutrition for their kids, but do not think about it, or have the money. This would be a fantastic way to be a help to them without getting in their “business”. They will appreciate your help and support, for both them **and** the grandchildren!

Before we conclude today’s presentation, we do want to point out other Hope for Health products that you may find beneficial for your children and/or grandchildren. Not all Hope for Health products are appropriate for children, but if you ever have questions regarding our products, please contact our Hope for Health staff.

### Here are several products that are completely safe for the kids!

Hope for Health has several nutrition-packed powders that work well in smoothies or juice. Make a big

batch of smoothies for the whole family.

They can always be frozen and saved for later! Put a fun straw in the glass and include any one or combination of the following:

**Fruitilicious** is like a visit to the farmers market! It has literally a bigger variety of fruits than any of us include in our diets. The berries, in particular, (blackberries, black currants, black raspberries, blueberries, cherries, gogi berries, strawberries and bilberries) can give your family a giant portion of flavonoids that help to keep them healthy and free of illness! Fruitilicious will insure that you receive your daily dose of fruit, and then some! It is the highest-quality, most nutrient-packed fruit blend available!

**Carrot Powder** provides a wide range of important vitamins and minerals including, vitamin A which is excellent for vision health. It is also an excellent source of vitamin C, calcium, and iron—which is another mineral that children often have a deficiency of.

**Broccoli Sprout Powder** is a super food that will support the immune system, the lungs, and more! We are all exposed to some form of air pollution every day—having the lungs protected by the enzymes present in broccoli sprouts will keep the lungs clean and healthy! Broccoli sprouts also have the perfect combination of both vitamin A and vitamin K that keep vitamin D metabolism in balance.

**Beet Powder** is a great way to keep your entire body free of toxins. It provides a WIDE range of important vitamins, minerals and micronutrients including: iron, potassium, calcium, magnesium, vitamins A, C, B1, B2,

B3, B6, copper, phosphorous, sodium, iodine, boron, carbohydrates, protein, and fiber! Your whole family will be bounding out of the house, ready to take on anything that life brings!

**Green Clay** may be taken internally by any age, and it is an essential part of any first aid kit. Taken internally the clay will remove toxins and replenish the body with a pure and rich source of minerals. It can be used externally as a poultice to help with wound care, bug bites, sprains and so much more! – A Free DVD explaining all the miraculous ways that clay may help you is available from Hope for Health. If your children do come down with a

bug, Hope for Health can shorten the length of the illness and provide relief with the following: **Congesta Clear**, **Acerola Chews** (a chewable form of vitamin C), and **Ultra Fighter** to boost the immune system.

Our naturopathic doctor and all of the Hope for Health staff are ready and willing to answer any product or



health questions you may have.

We are also happy to consult with you regarding your diet and lifestyle changes. Please call 1-828-649-0278.

If you wish to order or would like a free copy of our informative catalog that includes all of the products mentioned in this presentation, as well as all of our Hope for Health products, please call 1-800-468-7884.

Thank you for considering the information in this presentation on the benefits of Extreme Focus from Hope for Health! Take control of your own well-being!

May God bless your efforts to maintain and/or regain your health!





# Hope for Health

**Did you know? A properly functioning immune system destroys up to 10,000 unhealthy cells EVERY DAY! Our C-Blast is formulated with only the finest, purest, whole-food ingredients that will give your immune system a BLAST of power!**

## C-BLAST

### DISCOVER SOME OF THE BENEFITS OF THE 15 EXTRAORDINARY INGREDIENTS IN C-BLAST:

- **Acerola Cherry** - Packed full of vitamin C, this cherry promotes a strong immune system that can fight off infection more efficiently.
- **Camu Camu** - Supports the immune system and helps maintain optimal health; especially under conditions of stress and anxiety, which tend to deplete the immune system.
- **Indian Goose Berry** - With 20 times the Vitamin C of an orange, this little berry packs a punch. Supports a strong immune system, which can fight off infection effectively.
- **Whole Grapefruit** - High in vitamin C and bioflavonoids that boost the immune system and help promote healthy cell growth while inhibiting unhealthy cell replication.
- **Whole Lemon Fruit** - Restores acid-alkali balance. Helps maintain the body's internal "climate" at a pH which supports healthy bacteria instead of the viruses and harmful bacteria which thrive in more acidic environments. Fights infections & purifies the blood.
- **Whole Lime Fruit** - Very high in Vitamin C, lime fruit aids in fever reduction and supports the immune system. It helps maintain respiratory health.
- **Whole Orange Fruit** - Rich in vitamin C, orange fruit helps to boost the immune function. Full of vitamins & minerals that help keep the body healthy & strong.
- **Alfalfa Grass Juice** - Improves vitality and stimulates the immune system. It contains ALL the known vitamins, and a plethora of other key minerals and nutrients.
- **Wheat Grass Juice** - Provides a unique source of nutrition that helps to balance the immune system. It will strengthen deficiencies and reduce overactive systems.
- **Oat Grass Juice** - Strengthens a weak constitution. Packed with nutrients, oat grass juice is full of vitamins and minerals, is very high in protein, and contains all the essential amino acids along with chlorophyll, flavonoids, lecithin, and enzymes.
- **Barley Grass Juice** - Contains immune-boosting properties and protects the body from unhealthy cell formation.

- **Red Grape Juice** - A natural antioxidant and anti-inflammatory, it boosts immunity.
- **Raspberry Juice** - Rich in vitamins A and C, raspberry juice enhances the immune system during the winter season when immunity is down.
- **Blueberry Juice** - Called a "super food," blueberry juice enhances the effectiveness of vitamin C on the immune system and reduces inflammation.
- **Blackberry Juice** - A rich source of Vitamin C, blackberry juice helps to stimulate the immune system and prevent infections.

### YOU COULD BE DEFICIENT IN VITAMIN C IF YOU ARE SUFFERING FROM:

- Muscle and joint pain
- Loose teeth, swollen, sore, or bleeding gums
- Low resistance to illness
- Fragile bones, easy bruising, or difficulty healing
- Exhaustion/weakness/feeling extra tired

### INTERESTING VITAMIN C FACTS:

- People who smoke need on average an additional 35 mg. of vitamin C every day than people who don't smoke.
- Vitamin C aids the body's absorption of iron. Foods such as broccoli and spinach are high in both, and therefore pack a double-health punch!

### BENEFITS OF OUR SPECIAL FORMULA WHOLE FOOD C-BLAST INCLUDE:

- Regulated stress and energy levels
- Strengthened immune system
- Improved skin tone and suppleness
- Support of the gastrointestinal tract
- Enhanced ability to heal and repair wounds
- Improved ability to maintain healthy cholesterol and blood pressure

### To Order Call Today:

**1-800-468-7884 or Visit us on the web at:**

**[www.hopeforhealthusa.com](http://www.hopeforhealthusa.com)**

\*Prices listed do not include shipping and handling or sales tax

\*These statements have not been evaluated by the FDA. This product is not intended to prevent, diagnose, treat, or cure any disease.

### Price:

90 caplets..... \$16.99  
180 caplets..... \$27.99

### Suggested Adult Usage:

- Normal does to increase immune function: 1 caplet with each meal (3 per day).
- To fight current problem: 2-4 caplets every 4 hours until symptoms subside.

**We have many other health products besides these advertised. Please call for a free catalog of all our health care supplements. 1-800-468-7884**



*Combining nature, faith, and love to bring health to the world.*





## Living Faith



Many who are sincerely seeking for holiness of heart and purity of life seem perplexed and discouraged. They are constantly looking to themselves, and lamenting their lack of faith; and because they have no faith, they feel that they cannot claim the blessing of God. These persons mistake feeling for faith. They look above the simplicity of true faith, and thus bring great darkness upon their souls. They should turn the mind from self, to dwell upon the mercy and goodness of God and to recount His promises, and then simply believe that He will fulfill His word.

We are not to trust in our faith, but in the promises of God. When we repent of our past transgressions of His law, and resolve to render obedience in the future, we should believe that God for Christ's sake accepts us, and forgives our sins.

Darkness and discouragement will sometimes come upon the soul, and threaten to overwhelm us; but we should not cast away our confidence. We must keep the eye fixed on Jesus, feeling or no feeling. We should seek to faithfully perform every known duty, and then calmly rest in the promises of God.

### *Do Not Depend on Feeling*

At times a deep sense of our unworthiness will send a thrill of

terror through the soul; but this is no evidence that God has changed toward us, or we toward God. No effort should be made to rein the mind up to a certain intensity of emotion. We may not feel today the peace and joy which we felt yesterday; but we should by faith grasp the hand of Christ, and trust Him as fully in the darkness as in the light.

Satan may whisper, "You are too great a sinner for Christ to save." While you acknowledge that you are indeed sinful and unworthy, you may meet the tempter with the cry, "By virtue of the atonement, I claim Christ as my Saviour. I trust not to my own merits, but to the precious blood of Jesus, which cleanses me. This moment I hang my helpless soul on Christ." The Christian life must be a life of constant, living faith. An unyielding trust, a firm reliance upon Christ, will bring peace and assurance to the soul.

### *Be Not Discouraged*

Be not discouraged because your heart seems hard. Every obstacle, every internal foe, only increases your need of Christ. He came to take away the heart of stone, and give you a heart of flesh. Look to Him for special grace to overcome your peculiar faults. When assailed by temptation, steadfastly resist the evil promptings; say to your soul, "How





can I dishonor my Redeemer? I have given myself to Christ; I cannot do the works of Satan." Cry to the dear Saviour for help to sacrifice every idol, and to put away every darling sin. Let the eye of faith see Jesus standing before the Father's throne, presenting His wounded hands as He pleads for you. Believe that strength comes to you through your precious Saviour.

### *Contemplation of Christ*

By faith look upon the crowns laid up for those who shall overcome; listen to the exultant song of the redeemed, Worthy, worthy is the Lamb that was slain and hast redeemed us to God! Endeavor to regard these scenes as real. Stephen, the first Christian martyr, in his terrible conflict with principalities and powers, and spiritual wickedness in high places, exclaimed, "Behold, I see the heavens opened, and the Son of man standing on the right hand of God." The Saviour of the world was revealed to him as looking down from heaven upon him with the deepest interest; and the glorious light of Christ's countenance shone upon Stephen with such brightness that even his enemies saw his face shine like the face of an angel.

If we would permit our minds to dwell more upon Christ and the heavenly world, we should find a powerful stimulus and support in fighting the battles of the Lord. Pride and love of the world will lose their power as we contemplate the glories of that better land so soon to be our home. Beside the loveliness of Christ, all earthly attractions will seem of little worth.

### *Changing the Habits of Thought*

Let none imagine that without earnest effort on their part they can obtain the assurance of God's love. When the mind has been long permitted to dwell only on earthly things, it is a difficult matter to change the habits of thought. That which the eye sees and the ear hears too often attracts the attention and absorbs the interest.



But if we would enter the city of God, and look upon Jesus in His glory, we must become accustomed to beholding Him with the eye of faith here. The words and the character of Christ should be often the subject of our thoughts and of our conversation; and each day some time should be especially devoted to prayerful meditation upon these sacred themes.

### *Sanctification a Daily Work*

Sanctification is a daily work. Let none deceive themselves with the belief that God will pardon and bless them while they are trampling upon one of His requirements. The willful commission of a known sin silences the witnessing voice of the Spirit, and separates the soul from God. Whatever may be the ecstasies of religious feeling, Jesus cannot abide in the heart that disregards the divine law. God will honor those only who honor Him.

"To whom ye yield yourselves servants to obey, his servants ye are to whom ye obey." If we indulge anger, lust, covetousness, hatred, selfishness, or any other sin, we become servants of sin. "No man can serve two masters." If we serve sin, we cannot serve Christ. The Christian will feel the promptings of sin, for the flesh lusteth against the Spirit; but the Spirit striveth against the flesh, keeping up a constant warfare. Here is where Christ's help is needed. Human weakness becomes united to divine strength, and faith exclaims, "Thanks be to God, which giveth us the victory through our Lord Jesus Christ!"

If we would develop a character which God can accept, we must form correct habits in our religious life. Daily prayer is as essential to growth in grace, and even to spiritual life itself, as is temporal food to physical well-being. We should accustom ourselves to often lift the thoughts to God in prayer. If the mind wanders, we must bring it back; by persevering effort, habit will finally make it easy. We cannot for one moment separate ourselves from Christ with safety. We may have His presence to attend us at every step,







but only by observing the conditions which He has Himself laid down.

### *Make Religion a Business*

Religion must be made the great business of life. Everything else should be held subordinate to this. All our powers of soul, body, and spirit, must be engaged in the Christian warfare. We must look to Christ for strength and grace, and we shall gain the victory as surely as Jesus died for us. . . .

We must come nearer to the cross of Christ. Penitence at the foot of the cross is the first lesson of peace we have to learn. The love of Jesus—who can comprehend it? Infinitely more tender and self-denying than a mother’s love! If we would know the value of a human soul, we must look in living faith upon the cross, and thus begin the study which shall be the science and the song of the redeemed through all eternity. The value of our time and our talents can be estimated only by the greatness of the ransom paid for our redemption. What ingratitude do we manifest toward God when we rob Him of His own by withholding from Him our affections and our service! Is it too much to give ourselves to Him who has sacrificed all for us? Can we choose the friendship of the world before the immortal honors which Christ proffers,—“to sit with Me in My throne, even as I also overcame, and am set down with My Father in His throne”?

### *Sanctification, a Progressive Experience*

Sanctification is a progressive work. The successive steps are set before us in the words of Peter: “Giving all diligence, add to your faith virtue; and to virtue knowledge; and to knowledge temperance; and to temperance patience; and to patience godliness; and to godliness brotherly kindness; and to brotherly kindness charity. For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ.” “Wherefore the rather, brethren, give diligence to make your calling and election sure; for if ye do these things, ye shall never fall; for so an entrance shall be ministered unto you abundantly into the everlasting kingdom of our Lord and Saviour Jesus Christ.”

Here is a course by which we may be assured that we shall never fall. Those who are thus working upon the plan of addition in obtaining the Christian graces, have the assurance that God will work upon the plan of multiplication in granting them the gifts of His Spirit.

Peter addresses those who have obtained like precious faith: “Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord.” By divine grace, all who will may climb the shining steps from earth to heaven, and at last, “with songs and everlasting joy,” enter through the gates into the city of God.

MYP 111-117



Hope International does not solicit tithes; however, we are a tithe-worthy organization and accept tithes. We use the tithe only for the gospel ministry. Donations designated “Gospel Ministry” will be considered tithe. Our Firm Foundation is offered free on-line each month. Please tell your friends!

#### **SHIPPING, SALES TAX & CURRENCY**

For all products advertised in this publication (unless otherwise noted): • **USA destinations:** \$0.01- \$25.00= \$6.25, \$25.01- \$50.00 = \$9.25, \$50.01- \$100.00 = \$13.50, \$100.01-\$200.00 = \$16.75, \$200.00 or more = FREE!

- **To destinations outside the USA:** Actual shipping rate will be charged. **Sales tax:** North Carolina residents, please add 6.75%. **All money sent must be in US funds, drawn on US banks.**



# News Watch

SHARES WORTHLESS  
Crash!  
assets  
anxiety deepens  
Interest rates  
liquidity  
DEPRESSION FORECAST

## **Time Magazine, June 8, 2015, page 11, Where Gay Marriage Might Become Legal Next.**

“On May 22, Ireland became the 19<sup>th</sup> country to legalize same-sex marriage nationwide and they do so by popular vote. The wide margin of approval, with some 62% voting yes, was all the more striking in a predominantly Catholic nation where homosexuality was illegal until 1993. Here are some countries poised to follow suit:

### **AUSTRALIA**

Labor Party opposition leaders were inspired by the Irish vote to introduce a bill in coming weeks to remove any impediments to same sex marriage.

### **ITALY**

The Democratic Party of Prime Minister Matteo Renzi wants to pass a civil-unions law this summer, as a post Ireland poll showed 51% now in favor of gay marriage.

### **GERMANY**

Opposition parties are pushing the ruling center right alliance for an open vote to expand the country’s civil partnership law passed in 2001.

### **U.S**

The Supreme Court has decided that gay-marriage bans are unconstitutional, and supports gay marriage.”



**End Time Perspective:** Christians are being challenged in regard to their beliefs about the Gay life style, although it is strongly spoken against in God’s Word—law suits are threatened against those that speak out against it. The challenge becomes great—And as long as gays see the approval of a large group of people, they will not seek to change to a higher moral standard through the power of Jesus Christ.

“Our cities are increasing in wickedness, and it is becoming more and more evident that those who remain in them unnecessarily do so at the peril of their soul’s salvation.” CL 9.

“Cities and towns are steeped in sin and moral corruption, yet there are Lots in every Sodom.” 6T 136.



## **National Catholic Reporter, July 9, 2015 Church, labor need to renew their bonds**

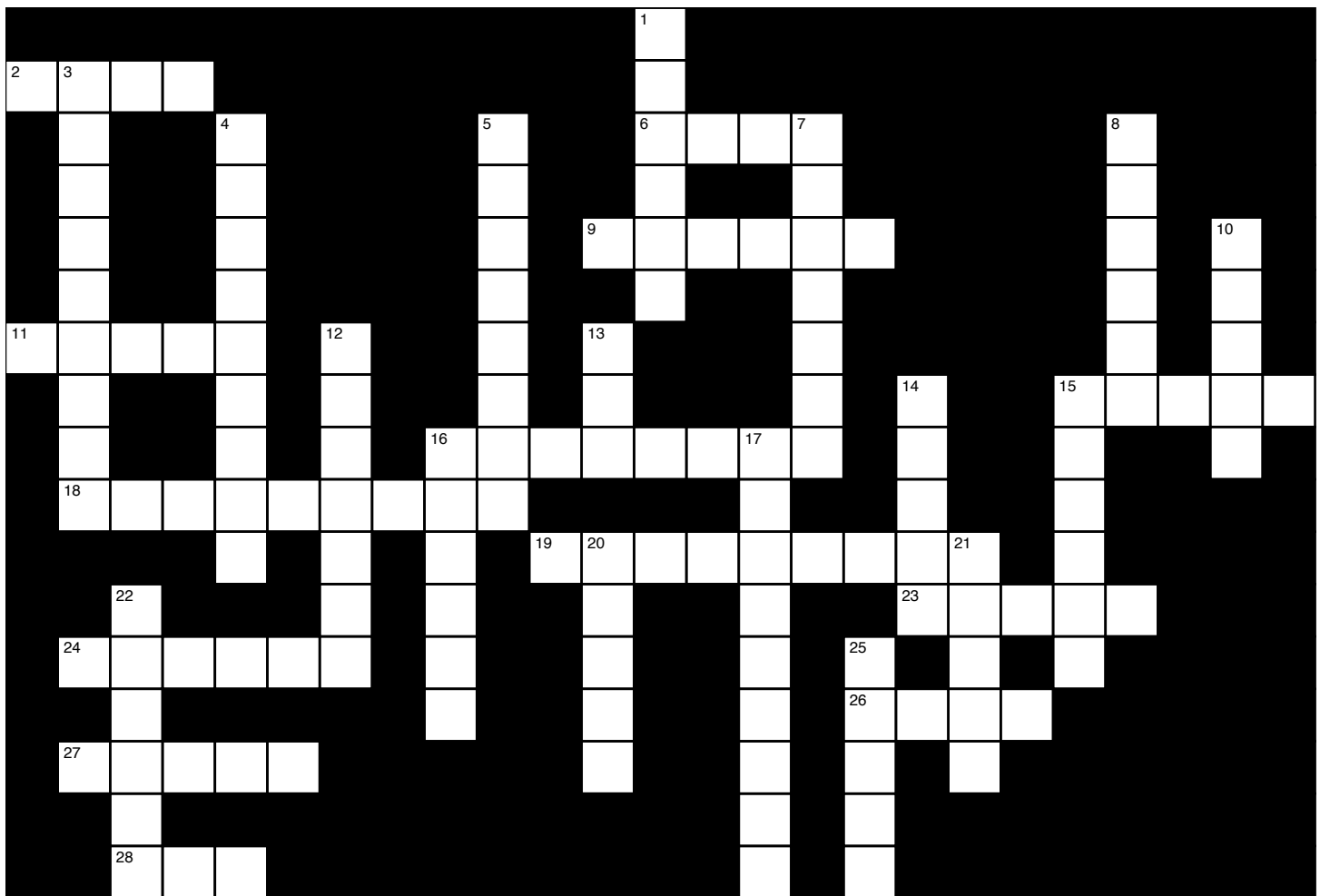
“The wheels of the bureaucracy in Rome, then as now, turned slowly, but in the summer of 1888, the Holy Office decreed that the Knights of Labor could be tolerated... Thus was born a strong, fraternal relationship between the Catholic church and organized labor in the United States...In recent decades, the relationship between church and labor has frayed, not so much because of any conscious decision, but for a variety of reasons. It was a mistake to let the relationship fray, because some of the problems facing both labor and the church are similar or even the same... However, one thing is immediately clear: Come September, when Francis makes his visit to the U.S., there will be plenty of union members lining the streets cheering him on.”  
<http://ncronline.org/news/people/church-labor-need-renew-their-bonds>

**End Time Perspective:** Labor Trouble Ahead - “The trades unions will be one of the agencies that will bring upon this earth a time of trouble such as has not been since the world began.” CL 10.

Brothers and Sisters, I urge you to research this entire article at the link provided.



# Christian Crossword



## ACROSS

2. The third son of Adam
6. The animal's in the Pharaoh's dream
9. Another name of Ahasuerus
11. The wife of Elimelech
15. The father of Joseph
16. Solomon's son who reigned after him
18. Joseph's age when he brought an evil report about his brothers
19. The father of Nehemiah the prophet
23. The prostitute from Jericho who saved the two spies
24. Two sons of Jacob, \_\_\_\_\_ and Levi avenged Dina's rape
26. The king of the Amalekites that Saul spared
27. A curse came upon \_\_\_\_\_ from the angel of the Lord
28. Who was Joshua's father?

## DOWN

1. "Wine is a \_\_\_\_\_"
3. God gave land to Israel that extended from the river of Egypt to the \_\_\_\_\_ river
4. Darius divided the country into 120 \_\_\_\_\_
5. What chapter in Revelation contains the three angels' messages?
7. He raped Dinah, the daughter of Leah
8. The leader of Israel after Moses
10. A king of the Amorites
12. How old was Uzziah the king when he began to reign?
13. How many witnesses are needed to establish a matter?
14. A maid of Sarai, Abraham's wife

15. The message of Zephaniah was given in the days of king \_\_\_\_\_
16. Jacob's first born
17. The king in Esther's day
20. The brother of Nadab
21. The mother of Ishmael
22. Abimelech was the son of which judge?
25. Solomon was buried in the city of \_\_\_\_\_

## Answers from Christian Crossword published in the June 2015 issue of Our Firm Foundation

