

Hot Deli Sandwich

Build Your Own Sandwich

Select Your Meat, House-Baked Bread, Cheese, and Spread

Outtakes Salads

Freekeh with roasted vegetables

Carrot salad with golden raisins

Strawberry & Asparagus Salad

Caesar salad

Citrus salad

On The Go Salads

M: Berry & Salmon Salad T: Fiesta Chicken Salad

W: Southwest Salad

Th: Chicken Caesar

F: Citrus-Salmon Salad

What's New?

Check Us Out on Instagram & Snapchat

IG: :esricaferedlands

Snap: esricaferedland

Menu for the week of March 16th To March 20th, 2020



Monday	Come By & Check Out Our Happy Hour!!!	
Breakfast Special:		
Today's Soup:	Pasta Fagioli or 3 bean n swiss chard (Vegetarian)	\$1.99-\$2.49
Pizza:	Buffalo chicken or Peppers & Onions Pizza	\$2.99-\$4.88
Vegetarian Entrée:	Stuffed shells with alfredo sauce and Italian side salad	\$7.29
The Fresh Grille:	Beef Gyro with Tzatziki sauce	\$9.0
Hot Entrée:	Teriyaki Beef Bowl with Steamed Rice & Chef's Choice Of Veg	\$9.28
Grills & Greens:	Shrimp Tropical Salad with Pineapple, Red Onion, Red Pepper & Avocado	\$9.28
Tuesday	Join Us For St. Patricks Day & Enjoy Our Fresh Corned Beef	
Breakfast Special:	Bagel Breakfast Sandwich w. Bacon, Egg & Cheese; Tots & 8 oz. Coffee	\$5.99
Today's Soup:	Chicken and Dumpling or Broccoli n' Cheese	\$1.99-\$2.49
Pizza:	Sundried Tomato, Artichoke & Black Olive Pizza	\$2.99-\$4.88
Vegetarian Entrée:	Roasted Vegetable Wrap and Greek Side Salad	\$7.29
The Fresh Grille:	Pastrami Dip w. Choice Of Side & 21 oz. Fountain Beverage	\$9.00
Hot Entrée:	Taco Bar: Burritos, Tacos, or Salad with Chicken, Carnitas or Shrimp	\$6.29/\$7.29
Carvery:	Corned Beef, Cabbage & Red Potatoes, Carved To Order	\$9.28
Wednesday		
Breakfast Special:	Sausage. Peppers & Onion Breakfast Quesadilla w. Egg; Tots & 8 oz. Coffee	\$5.99
Today's Soup:	Beef Chili or Vegetarian Chili (Vegetarian)	\$1.99-\$2.49
	Pepperoni Jalapeno Pizza	
	Green Chile-Cheese Tamales with Cilantro Rice and Garden Salad	
The Fresh Grille:	Patty Melt Choice of Side & 21oz. Beverage	\$9.00
Hot Entrée:	Made-to-Order Pasta & Grain Bar with Your Choice of Ingredients & Sauce	\$6.29
Carvery:	BBQ Babyback Pork Ribs w. Fried Mac n Cheese & Green Beans w. Bacon	\$9.28
Thursday	Its Mongolian BBQ Day!!	
Breakfast Special:	Everything Omelette w. Ground Beef, Mushroom, Tomato & Onion, Tots, 8oz	.Coffee \$5.99
Today's Soup:	Egg Drop or Vegetable soup	\$1.99-\$2.49
Pizza:	Artichoke and Sundried Tomato Pizza	\$2.99–\$4.88
Vegetarian Entrée:	Tortellini & Pesto Sauce with Caesar Salad and Garlic Bread	\$7.29
The Fresh Grille:	Meatball Sandwich on a French Roll w. Choice Of Side & 21 oz. Fountain Be	verage \$9.28
Hot Entrée:	Mongolian Barbeque (Asian Grill)	\$6.99
Carvery:	Tandoori Chicken with Cilantro Lime Rice and Cucumber Salad	\$9.28
Friday	Happy Friday!!	
Breakfast Special:	Chorizo, Egg Cheese & Potato Burrito w. 8 oz. Coffee	\$5.99
Today's Soup:	Clam Chowder or Chef's Choice	
Pizza:	Supreme Pizza	\$2.99–\$4.88
Vegetarian Entrée:	Baked Breaded Tofu with Roasted Cauliflower and Side Salad	\$7.29
The Fresh Grille:	Carnitas Tacos with Guacamole & Choice of Side & 21oz Fountain Beverage	\$9.00
Hot Entrée:	Kung Pao Shrimp with Jasine Rice and Steamed Vegetables	\$9.28

Grills & Greens: Superhealthy Salmon Salad with Couscous, Spinach, Tomato & Red Onion\$9.28

Café Hours: 7 a.m. to 10 a.m. (Breakfast) • 11 a.m. to 2 p.m. (Lunch) • 7 a.m. to 4 p.m. (Starbucks)

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