

Subway® ingrediente si Alergeni

Informatiile ingredientelor sunt bazate pe cele mai recente informatii distribuite de către producatorii produselor alimentare.

Cu toate ca incercam sa mentinem lista actualizata, ingredientele pot varia in functie de sezon, schimbari in reteta sau folosirea produselor furnizate de catre alti producatori. Vă rugăm să rețineți că instalațiile de fabricare a alimentelor pot prelucra alți alergeni care nu sunt enumerați în declarațiile de mai jos ale ingredientelor; aceste instalații iau multe măsuri pentru a elimina contaminarea încrucișată cu acești alergeni.

ATENȚIE: Ingredientele se pot contamina între ele în timpul preparării sandwich-urilor, acest aspect nefiind menționat în acest document. Va rog sa comunicati Sandwich Artist-ului daca suferiti de diferite alergii.

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PAINE si LIPII

PAINE ITALIANA (ALBA) Faina de grau , apa, drojdie, zahar, gluten, agent de coacere (emulgator (E472e; E481), agent de eliberare E516, faina de soia , dextroza, stabilizator (E412), agent de tratare a fainii E300, enzime (alpha-amilaza, xilanaza), grasime vegetala, sare.	Alergeni: gluten (grau), soia . Nota: paine produsa din coca congelata.
PAINE NEAGRA Faina de grau , apa, drojdie, zahar, gluten, tarate de grau , agent de coacere (emulgator (E472e, E481), agent de eliberare (E516), faina de soia , dextroza, stabilizator (E412), agent de tratatate a fainii (E300), enzime (alpha-amilaza, xilanaza), extract din malt de orz , grasime vegetala, sare.	Alergeni: gluten (grau, orz), soia . Nota: paine produsa din coca congelata
PAINE CU OREGANO SI BRANZA Paine Italiana (alba) Topping cu oregano si parmesan.	Alergeni: gluten (grau), soia, lapte/lactoza . Nota: paine produsa din coca congelata
PAINE CU ROZMARIN SI SARE DE MARE Paine Italiana (alba) (faina de grau , apa, drojdie, zahar, gluten, agent de coacere (emulgator (E472e; E481), agent de eliberare (E516), faina de soia , dextroza, stabilizator (E412), agent de tartare a fainii (E300), enzime (alpha-amilaza, xilanaza)), grăsime vegetala, sare), topping de rozmarin si sare de mare, ulei din seminte de rapita).	Alergeni: gluten (grau), soia . Nota: paine produsa din coca congelata.
PAINE NEAGRA CU SEMINTE Paine Neagra (faina de grau , apa, drojdie, zahara, gluten, tarate de grau , agent de coacere (emulgator (E472e; E481), agent de eliberare (E516), faina de soia , dextroza, stabilizator (E412), agent de tartare a fainii (E300), enzime (alpha-amilaza, xilanaza)), extract din malt de orz , grasime vegetala, sare. Topping cu seminte (floare soarelui (40%), seminte de dovleac (30%), seminte de in aurii (15%), seminte de in maro (15%).	Alergeni: gluten (grau, orz), soia , poate contine urme de nuci si susan datorita procedurii de productie. Nota: paine produsa din coca congelata.
LIPIE CU ROSII SI BUSUIOC 66 % faina de grau , apa, ulei din seminte de rapita, agent de crestere (E500, E450), 0,8% rosii, dextroza, sare, acid (E296), busuioc, condimente, paprika.	Alergeni: gluten (grau)
LIPIE CU SPANAC 66 % faina de grau , apa, ulei din seminte de rapita, agent de crestere (E500, E450), 1,7 % spanac, dextroza, acid (E296), sare.	Alergeni: gluten (grau)

<p>PAINE FARA GLUTEN Apa, faina de orez, amidon de tapioca, amidon de porumb, ulei din seminte de rapita, drojdie, umectant (E422), pudra de psilium , zahar, proteina din fasole, stabilizator (E464, E415), sare, faina de hrisca.</p>	<p>Alergeni: niciunul</p>
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PASARE, PORC, VITA, PESTE, OUA

<p>BUCATI DE PUI Piept de pui, dextroza, sare, 1.3% amidon de cartofi, regulator de aciditate (E500).</p>	<p>Alergeni: niciunul Nota: Produs din 105g de piept de pui per 100g din produs finit.</p>
<p>PUI TERIYAKI Bucati de pui [piept de pui, dextroza, sare, 1.3% amidon de cartofi, regulator de aciditate (E500)], glazura de teriyaki [sos de soia (apa, boabe de soia, sare, faina de grau), apa, piure de rosii, otet, sirop de glucoza-fructoza, amidon modificat de porumb, ceapa, zahar, ierburi, paprika, sare, seminte de susan, sirop de zahar caramelizat, condimente, agent de ingrosare E410, substanta conservanta E202 si E211].</p>	<p>Alergeni: soia, gluten (grau), susan In timp ce s-au depus toate eforturile pentru a indeparta toate oasele, unele pot ramane.</p>
<p>PUI BBQ Bucati de pui [piept de pui, dextroza, sare, 1.3% amidon de cartofi, regulator de aciditate (E500)], sos Hickory BBQ [apa, zahar, melasa de trestie, pasta de rosii, otet din malt (orz maltrat), otet spirt, 5% miere pentru brutarie, amidon de porumb modificat, sare, condimente (paprika, chimen, piper rosu), 0.3% apa afumata, piure de usturoi, condimente (pudra de extract de drojdie, maltodextrina, sare, faine de orez, pudra de ceapa), oregano, ulei de cuisoare].</p>	<p>Alergeni: gluten (orz)</p>
<p>PUI TIKKA Carne de pui, 4.5% condimentare [condimente (chimen, coriandru, ardei iute, schinduf, ardei rosu), faine de grau, maltodextrina, pudra de usturoi, colorant (E160c), extract de coriandru], 2% pudra de iaurt (lapte degresat, culturi), piure de tomate, sare, lactoza (lapte), stabilizator (E450, E451), 0.15% proteina din lapte, suc concentrat de lamaie.</p>	<p>Alergeni: gluten (grau), lapte/lactoza Nota: Produs cu 106g de piept de pui per 100g din produs finit. In timp ce s-a facut tot posibilul de a scoate toate oasele, unele pot ramane.</p>
<p>PUI MANGO TIKKA Pui Tikka [Carne de pui, 4.5% condimentare [condimente: (chimen, coriandru, ardei iute, schinduf, ardei rosu), faina de grau, maltodextrina, pudra de usturoi, zahar, aroma naturala de curcuma, pudra de ceapa, colorant (E160c), extract de coriandru], 2% pudra de iaurt (lapte degresat, culture), piure de rosii, sare, lactoza (lapte), stabilizatori (E450, E451), 0.15% proteina din lapte, suc concentrat de lamaie), maioneza lite (apa, ulei de rapita 35%, otet 10% aciditate, sirop din glucoza-fructoza, amidon de porumb modificat, sare, galbenus de ou, agent de aciditate (E270), agent de ingrosare (E415), boabe de mustar, condiment, sos de mango (mango 46%, zahar, apa, amidon de porumb modificat, sare, seminte, colorant (extract din paprika), seminte de chimion, mix mirodeni (coriandru, cassia, ghimbir, nucsoara, fenicul, ardei, seminte de fenicul, gardamon macinat, cuisoare macinate).</p>	<p>Alergeni: gluten (grau), lapte/lactoza, ou, mustar Nota: preparat din 106 gr de pui per 100 gr produs finit. In timp ce s-a facut tot posibilul de a scoate toate oasele, unele pot ramane.</p>

<p>PIEPT DE CURCAN Piept de curcan 87%, apă, sare, stabilizatori (E407, E450, E451), antioxidant (E326), dextroză, piper alb, colorant (E150a).</p>	<p>Alergeni: niciunul</p>
<p>SUNCA DE PORC Pulpa de porc 88.5%, sare, dextroza, amidon de porumb modificat, stabilizator (E407, E450, E451), afumatura, antioxidant (E301), conservant (E250).</p>	<p>Alergeni: niciunul</p>
<p>PEPPERONI Carne (carne de porc, vită), grăsime de porc, sare, condimente (condimente, dextroză, sirop de glucoză, sare, antioxidant (E301, E300), aromatizant, extracte (paprika, piper, ceai de iasomie), aromă de fum), extract de rozmarin, culoare (E160c), cultură, conservant (E250).</p>	<p>Alergeni: mustar Nota: produs din 112 gr carne de porc si vita per 100 gr produs finit.</p>
<p>SALAMI Carne (carne de porc, vită), grăsime de porc, sare, condimente [dextroză, condimente (piper alb, ghimbir), maltodextrină, aroma de fum, sare, antioxidanți (E301, E300), păstârnac, aromatizare naturală, usturoi, lovage, ceapă, extract de piper negru], extract de rozmarin, cultură, conservant (E250).</p>	<p>Alergeni: niciunul Nota: produs din 112 gr carne de vita si porc per 100 gr produs finit.</p>
<p>BACON Burta de porc, sare, zahar, sirop de arțar 2.2%, aroma de afumătura, emulgator (E451), conservant (E250).</p>	<p>Alergeni: niciunul Produs din 212 gr de burta de porc cruda per 100 gr produs gatit.</p>
<p>COASTE DE PORC Carne de porc 86.1%, apa, inulina, fibra de mazare, sare, dextroza, stabilizator (E450), antioxidant (E300, E392), acid (E330), arome.</p>	<p>Alergeni: niciunul</p>
<p>VITA MARUNTITA 69% vita maruntita (vita, condiment, (sirop de glucoza uscata, amidon modificat de porumb, dextroza, trestie de zahar, pudra de rosii, extract de malt de orz prajit, proteina din soia, regulator de aciditate E330, usturoi, arome naturale (orz), ceapa, piper negru), dextroza, sare , stabilizator (E450, E451), 15% ceapa alba maruntita, 9.5% ardei verde, 6.5% condiment(apa, sirop de glucoza, dextroza, trestie de zahar, pudra de rosii), extract de malt de orz prajit, mirodenii(piper negru, usturoi, ceapa), regulator de aciditate (E330), arome naturale (orz).</p>	<p>Alergeni: soia, gluten (orz) Nota: produs din 129 gr de carne de vita per 100 gr produs finit.</p>
<p>BURGER VITA Carne vita 81%, grasime de vita, soia texturata, maltodextrina, concentrate de soia, sare, amidon, pudra de ceapa, arome, extract din condiment, regulator de aciditate (E330), extract din usturoi, pudra de usturoi, stabilizator (E450,E451), antioxidant (E301).</p>	<p>Alergeni: soia</p>
<p>TON CU MAIONEZA Ton: ton, apa, sare. Maioneza Lite: apa, ulei de seminte de rapita 35%, otet 10% aciditate, sirop din glucoza-fructoza, sare, galbenus de ou, agent de aciditate (E270), agent de ingrosare (E451), seminte de mustar, mirodenii.</p>	<p>Alergeni: ou, mustar, peste</p>
<p>OUA POSATE Ou, ulei de rapita.</p>	<p>Alergeni: ou</p>

BRANZETURI

<p>CASCAVAL FELIAT (BRANZA AMERICANA PROCESATA) Branza (64%), apa, unt, proteina din lapte, sare emulsificata (E331), pudra de lapte degresat, pudra de zer, arome naturale de branza, conservant (E200), lecitina din floarea soarelui.</p>	Alergeni: lapte /lactoza
<p>CREMA DE BRANZA Crema de branza, sare, unt din lapte, praf de lapte de unt, cheag microbial E410 si E412</p>	Alergeni: lapte /lactoza
<p>TOPPING BRANZA RASA Lapte (100% lapte de vaca), sare, cheag, conservant liozima (din oua de pui).</p>	Alergeni: lapte /lactoza, ou
<p>EMMENTALER STIL FELII Lapte de vaca pasteurizat, sare, culturi starter, cheag microbial.</p>	Alergeni: lapte /lactoza
<p>MIX DE BRANZA RASA CU MOZZARELLA SI CHEDDAR 74% Mozzarella [(lapte de vacă, sare, cultură de acid lactic, coșă (microbiană)], 24% cheddar roșu (lapte de vacă, sare, cultură starter, cheag, colorant natural E160B), 2% amidon de cartofi.</p>	Alergeni: lapte /lactoza
<p>BRANZA FETA Lapte de oaie pasteurizat, lapte de capra pasteurizat, sare, cheag non-animalic</p>	Alergeni: lapte /lactoza
<p>MIX DE BRANZA SI CEAPA Brânză rasă Mozzarella și cheddar [74% Mozzarella [(lapte de vacă, sare, cultură de acid lactic, cheag (microbian)], 24% cheddar roșu (lapte de vacă, sare, cultură de început, colorant natural E160B), 2% amidon de cartofi], ceapă roșie, ardei verde, maioneză lite [Apa, ulei din semințe de rapiță (35%), oțet spirit (10% acid), sirop de glucoză-fructoză, amidon de porumb modificat, sare, gălbenuș de ou, agent de acidifiere E 270, îngroșare agent E 415, semințe de muștar, condimente].</p>	Alergeni: lapte /lactoza, ou , mustar

PRODUSE VEGETALE

<p>CHIFTELUTA DE SOIA PICANTA CU LEGUME LA GRATAR Legume 43% (ceapă roșie, ardei roșu, ardei dulce verde, morcov, spanac, porumb, varză albă, mazăre, ardei iute verde), proteine vegetale (soia, gluten de grâu) apă, ulei de floarea soarelui, orez, piure (piure de ghimbir, piure de usturoi), amidon (cartof, grâu), aromă (țelină), coriandru, îngroșător (metil celuloză), condimente, dextroză, sare.</p>	Alergeni: soia , gluten (grau) , telina
<p>CHIFTELUTA DE SFECLA SI FASOLE 46.3%* sfecla, 14.9%* mix de sfecla (proteina de soia, fibra de bambus, amidon modificat, otet, pudra de suc de sfecla, arome naturale), 12.2% blend de sfecla [quinoa, merisoare uscate (merisoare, zahar, ulei de floarea soarelui), pudra de sfecla, arome naturale, mirodenii (paprika, chimen, piper negru, coriandru, scortisoara, nucsoara, cardamon, cuiisoare)], gluten de grau, apa, 4.3% fasole neagra (apa, salt), ceapa prajita, amidon de tapioca, sare.</p>	Alergeni: soia , gluten (grau)

FELII DE ARDEI JALAPENO Jalapeño, apa, otet, sare, sorbat de potasiu (conservant E202), clorida de calciu (E509), metabisulfid de sodiu (E223).	Alergeni: sulfati
CASTRAVETI MURATI Castraveciori, apa, otet, sare, agent de întărire (Clorura de calciu), conservant (Sorbit de potasiu), colorant (Curcumina), aroma naturala.	Alergeni: niciunul
ROSII COAPTE SUNBLUSH® Roșii prunisoare semi-uscate (93%), ulei de canola, sare, oregano, usturoi.	Alergeni: niciunul
MASLINE Măsline negre feliate, apa, sare, gluconat feroz.	Alergeni: niciunul
ROSII Rosii taiate subtire.	Alergeni: niciunul
CASTRAVETE Castravete taiat subtire.	Alergeni: niciunul
CEAPA Ceapa rosie taiata subtire.	Alergeni: niciunul
SALATA Salata Iceberg taiata mare.	Alergeni: niciunul
ARDEI TRI-COLOR Ardei rosu, galben si verde taiat subtire.	Alergeni: niciunul
SPANAC Spanac.	Alergeni: niciunul
PORUMB DULCE Porumb dulce (100%).	Alergeni: niciunul
GUACAMOLE Hass avocados (91%), otet distilat, apa, ardei iuti, ceapa dehidratata, sare, usturoi granulat.	Alergeni: niciunul
CRISPERS Cartofi (90%), aluat (amidon modificat, făină de orez, dextrină, fibră de mazăre, extract de curcuma, stabilizator (gumă de xantan), culoare (extract de boia), proteină de mazăre, ulei de floarea-soarelui (4%), sare.	Alergeni: niciunul

SOSURI SI TOPPING-URI

MIERE SI SOS HICKORY BBQ Sirop de glucoză-fructoză, piure de roșii, oțet de malț de orz (conține gluten), melasă, 5% miere, oțet alcool, amidon de porumb modificat, sare, condimente, sirop de zahăr caramel, agent de îngroșare (E415), sare afumată hickory, aroma naturala, apă afumată.	Alergeni: gluten (orz)
CHIPOTLE SOUTHWEST Ulei de rapita, apa, sirop de glucoza-fructoza, otet, galbenus de ou , sare, ceapa, ardei iute 0.7%, mustar , amidon de porum modificat, extract de drojdie, agent de acidifiere (acid lactic), agent de ingrosare E415, condiment, ierburi, extract de paprika si ardei iute, aroma de afumatura.	Alergeni: ou, mustar
MAIONEZA SLABA Apa, ulei de rapita(35%), otet (10% acid), sirop de glucoza-fructoza, amidon de porumb modificat, sare, galbenus de ou , agent acidificare E270, agent de ingrosare E415, seminte de mustar , mirodenii.	Alergeni: ou, mustar

<p>KETCHUP DE ROSII 75% piure de rosii, sirop glucoza-fructoza, otet, amidon modificat, sare, acid lactic, mirodenii.</p>	Alergeni: niciunul
<p>MUSTAR CU MIERE SI SEMINTE DE MUSTAR Apa, sirop de glucoză-fructoză, muștar (apă, semințe de muștar, oțet alcool, sare, condimente), ulei de rapiță, miere, oțet spirit, muștar dijon (apă, semințe de muștar, oțet spirit, sare, condimente), semințe de muștar integral, amidon de porumb modificat, sare, ceapă uscată, concentrat de suc de lămâie, semințe de muștar, acid (e270), agent de ingrosare (e415), sirop de zahăr caramelizat.</p>	Alergeni: mustar
<p>SWEET ONION (CEAPA DULCE) Apa, zahăr, oțet balsamic (oțet de vin, must de struguri concentrat), oțet alcool, amidon de porumb modificat, concentrat de suc de mere, oțet de vin alb, sare, aromă de ceapă naturală, ceapă uscată, făină de muștar, semințe de mac, semințe de ardei uscat, rapiță ulei, concentrat de suc de ceapă, piper negru, agent de îngroșare (E415), apă afumată.</p>	Alergeni: mustar
<p>SOS CAESAR Ulei de rapita, apa, otet, branza rasa (4%), lapte de unt, amidon de porumb modificat, sare, branza (1.5%), usturoi, galbenus de ou, arome naturale, suc concentrat de lamaie, mirodenii, sos soia (apa, boabe de soia, faina de grau, sare), agent de acidifiere, acid lactic, agent de ingrosare (E415).</p>	Alergeni: lapta/lactoza, ou, soia, gluten (grau)
<p>SOS TERIYAKI Sos de soia (apa, boabe de soia, sare, faina de grau), apa, piure de rosii, otet, sirop glucoza-fructoza, amidon din porumb modificat, ceapa, zahar, ierburi, paprika, sare, seminte de susan, sirop indulcit de caramel, mirodenii, agent de ingrosare (E410), conservanti (E202 si E211).</p>	Allergens: soya, gluten (wheat), susan
<p>SOS VEGAN DE USTUROI Ulei de rapiță, apă, oțet alb, sirop de glucoză-fructoză, 6,5% usturoi, sare, amidon de porumb modificat cu ceară, ierburi, 0,5% extract de usturoi, agent de ingrosare (E415), acid (E270).</p>	Alergeni: niciunul
<p>SOS PICANT HOT CHILLI Piure de Jalapeño rosu (ardei Jalapeño rosii, otet, sare), piure de ardei rosu (ardei rosu, sare, regulator de aciditate: acid acetic), apa, otet.</p>	Alergeni: niciunul
<p>ULEI DE MASLINE Ulei de masline.</p>	Alergeni: niciunul
<p>MANGO CHUTNEY Mango (46%), zahar, apa, amidon din porumb modificat, sare, piure de usturoi, regulator de aciditate (acid acetic), seminte de ceapa neagra, culoare (extract de paprika), seminte de chimen, condimente asortate (coriandru, cassia, ghimbir, nucsoara, chimen dulce, cuisoare, cardamom), schinduf, piper negru, seminte de chimen dulce, cardamom, cuisoare.</p>	Alergeni: niciunul
<p>VINAIGRETTE Ulei din seminte de rapita , apa, otet, zahar, ulei de masline, 5% mustar Dijon (apa, seminte de mustar, otet, sare), sare, piper negru, stabilizatori (guma xantan, guma guar).</p>	Alergeni: mustar

SOS STICKY SWEET CHILLI Zahar, apa, otet, sirop de glucoza, sambal (piper, sare, stabilizator [E270], conservant [E202]), amidon de porumb modificat, piure de usturoi, sare, piure de paprika, granule de ardei, granule de usturoi, conservant (E202), ardei iute.	Alergeni: niciunul
OREGANO Oregano uscat.	Alergeni: niciunul
CEAPA CROCANTA Ceapa (70%), ulei din palmier/seminte de rapita, faina de grau , sare.	Alergeni: gluten (grau)
FULGI DE CHILLI Fulgi de ardei rosu.	Alergeni: niciunul
SARE DE MARE Sare de mare.	Alergeni: niciunul
MIX BOABE DE PIPER 65% piper negru, 35% piper verde.	Alergeni: niciunul
ROZMARIN SI SARE DE MARE Rozmarin, sare de mare, ulei de seminte de rapita.	Alergeni: niciunul
MULTI-SEMINTA Seminte de floarea soarelui (40%), seminte de dovleac (30%), seminte de in aurii (15%), seminte de in maro (15%).	Alergeni: poate contine urme de nuci si susan , din cauza metodelor de fabricare.

FURSECURI SI DULCIURI

FURSEC CU FULGI DE CIOCOLATA Faina de grau , 23% fulgi de ciocolata [zahar, cacao, unt de cacao, emulgator (lecitina de soia), aroma naturala (vanilie)], zahar, margarina [grasime de palmier, unt , apa, sare, ulei din seminte de rapita, emulgator (mono-și digliceride ale acizilor grași), aroma naturala (unt , lapte), acid (acid citric), culoare (beta caroten)], ou intreg pasteurizat (din ou de gama libera), grasime de palmier, melasa, agent de crestere (bicarbonat de sodiu), aroma (vanilie), sare.	Alergeni: lapte , gluten (grau) , ou , soia , poate contine urme de nuci
FURSEC CU BUCATI DE CIOCOLATA Faine de grau , zahar, 16% bucati de ciocolata [zahar, cacao, unt de cacao, dextroza, emulgator (lecitina de soia), aroma naturala (vanilie)], grasime de palmier, ou intreg pasteurizat (de la gaini cu raza libera), sirop de zahar inversat, melasa, apa, pudra de zer dulce , agent de crestere (bicarbonat de sodiu), sare, aroma (vanilie).	Alergeni: lapte , gluten (grau) , ou , soia , poate contine urme de nuci
FURSEC DE CACAO SI FULGI CIOCOLATA Zahar, faina de grau , margarina [grasime de palmier, apa, sare, ulei din seminte de rapita, emulgator (mono-și digliceride ale acizilor grași), aroma naturala (unt , lapte), acid (acid citric), culoare (beta caroten)], 12% chipsuri de patiserie albe [zahar, grasime de sambure de palmier, pudra de lapte degresat, emulgator (lecitina de soia), aroma naturala (vanilie)], 7% ciocolata [zahar, cacao, unt de cacao, emulgator (lecitina de soia), aroma naturala (vanilie)], ou intreg pasteurizat (de la gaini cu raza libera), 3,6% pulbere de cacao redusa cu grasime, unt , melasa, aroma (vanilie), agent de crestere (bicarbonat de sodiu), sare.	Alergeni: lapte , gluten (grau) , ou , soia , poate contine urme de nuci

<p>FURSEC CU CIOCOLATA SI NUCI DE MACADAMIA Faine de grau, zahar, margarina [grasime palmier, unt, apa, sare, ulei din seminte de rapita, emulgator (mono-și digliceride ale acizilor grași), aroma naturala (unt, lapte), acid (acid citric), culoare (beta caroten)], 15% chipsuri de patiserie albe [zahar, grasime de sambure de palmier, pudra de lapte degresat, emulgator (lecitina de soia), aroma naturala (vanilie)], 6% nuci de macadamia, ou intreg pasteurizat (de la gaini cu raza libera), melasa, agent de crestere (bicarbonat de sodiu), aroma (vanilie), sare.</p>	<p>Alergeni: gluten (grau), lapte/lactoza, ou, soia, nuci de macadamia</p>
<p>FURSEC DE CIOCOLATA CU BOMBOANE CURCUBEU Faine de grau, zahar, grasime de palmier, 9% ciocolata (zahar, cacao, unt de cacao, emulgator (lecitina de soia), aroma naturala), 9% cipsuri de cofetarie acoperite (sirop de zahar uscat, zahar, unt de cacao, cacao, pudra de lapte integral, amidon de orez, agent de glazura (guma arabica, serlac, ceara de carnauba, ceara de albine), culoare (curcumina, sfecla rosie, beta careoten), emulgator (lecitina de soia), extract de vanilie, ou intreg pasteurizat (de la gaini cu raza libera), melasa, apa, agent de crestere (bicarbonat de sodiu), pudra de zer dulce, aroma naturala, sare de masa.</p>	<p>Alergeni: gluten (grau), ou, lapte/lactoza, soia, poate contine urme de nuci</p>
<p>FURSEC CU OVAZ SI STAFIDE Zahar, faine de grau, ulei de palmier, 15% stafide, 13% fulgi de ovaz, oua pasteurizate de gama libera, apa, sare, praf de zer dulce, agent de crestere (bicarbonat de sodiu), sirop de zahar de trestie, sirop de sfecla de zahar, sirop de zahar inversat, scorțișoară, colorant din extracte din plante (dovleac, mar).</p>	<p>Alergeni: gluten (grau, ovaz), ou, lapte/lactoza, poate contine urme de nuci</p>
<p>FURSEC CU BRANZA SI ZMEURA Făină de grâu, zahăr, margarină (ulei de palmier, apă, ulei de rapiță, emulsifiant (mono-și digliceride ale acizilor grași), acid (acid citric), culoare (caroten)), chipsuri de cofetărie albe 16% (zahăr, grăsimi de sâmbure de palmier, lapte praf degresat, sirop de glucoză uscată, inulină, emulsifiant (lecitină de soia), aromatizare naturală cu vanilie), ou pasteurizat crescut la sol, bucăți de zmeură (dextroză, grăsimi de palmier, făină de porumb, pudră de zmeură, acid (acid citric), aromă naturală, pudră de sfeclă roșie), pulbere de brânză 2% cremă, sirop invertit de zahăr, agent de creștere (carbonat de sodiu hidrogen), aromatizant, sare de masă, aroma naturală de unt, colorant din extract de plante si fructe (dovleac, măr).</p>	<p>Alergeni: gluten (grau), lapte/lactoza, ou, soia, poate contine urme de nuci</p>
<p>FURSEC CU COCOS SI FULGI DE CIOCOLATA Faina de grau, zahar, ulei de palmier, 16% lapte cu bucati de ciocolata (zahar, unt de cacao, lapte praf, cacao, emulgator (lecitina din soia), arome naturale), 8% fulgi de cocos, oua, sirop de zahar, apa, arome naturale, agent de crestere (bicarbonate de sodiu), sare.</p>	<p>Alergeni: lapte/lactoza, gluten (grau), oua, soia, poate contine urme de nuci</p>

BAUTURI SI SIROPURI

<p>ESPRESSO / AMERICANO Apa, boabe de cafea.</p>	<p>Alergeni: niciunul</p>
<p>CEAI Apa, ceai.</p>	<p>Alergeni: niciunul</p>

CAPPUCCINO / CAFÉ LATTE / FLAT WHITE / ICE COFFEE Apa, lapte , boabe de cafea.	Alergeni: lapte /lactoza
LATTE AROMAT Apa, lapte , boabe de cafea, sirop (ingredientele depind de aroma siropului).	Alergeni: lapte /lactoza
CIOCOLATA CALDA Lapte , praf de bautura cu ciocolata.	Alergeni: lapte /lactoza
POST-MIX DRINKS/ BAUTURI DOZATOR Sirop, apa.	Alergeni: niciunul
SIROP MONIN MIGDALE Zahar, apa, arome, emulgatori: E414, E413. Contine sirop de migdale amarui.	Alergeni: nuci-migdale
SIROP MONIN CAMEL Zahar, apa, arome, acid: acid citric, colorant: E150a.	Alergeni: niciunul
SYRUP MONIN COCOS Zahar, apă, aromatizant, agent emulsifiant: gumă de salcâm. Contine extract de nucă de cocos.	Alergeni: niciunul

Subway® Ingredients & Allergens

Ingredient information is based on the most current information supplied by food manufacturers.

Although every effort is made to keep this list current, ingredients may vary slightly due to season, changes in formula or use of alternate food suppliers. Please note that food manufacturing facilities may process other allergens not listed in below ingredient statements; these facilities take many steps to eliminate cross contamination with these allergens.

ALERT: Individual food items may come in contact with one another during food preparation and is not reflected on this document. Please notify the sandwich artist if you have a food allergy.

Updated October 2020, Czech Republic

BREADS & WRAPS

<p>ITALIAN (WHITE) BREAD Wheat flour, water, yeast, sugar, gluten, baking agent (emulsifiers E472e; E481, releasing agent E516, soya flour, dextrose, stabilizer E412, flour treatment agent E300, enzymes (alpha-amylase, xylanase)), vegetable fat, salt.</p>	<p>Allergens: gluten (wheat), soya Note: Bread produced from deep frozen dough.</p>
<p>WHEAT BREAD Wheat flour, water, yeast, sugar, gluten, wheat bran, baking agent (emulsifiers E472e; E481, releasing agent E516, soya flour, dextrose, stabilizer E412, flour treatment agent E300, enzymes (alpha-amylase, xylanase)), barley malt extract, vegetable fat, salt.</p>	<p>Allergens: gluten (wheat, barley), soya Note: Bread produced from deep frozen dough.</p>
<p>HARD CHEESE & OREGANO BREAD Italian (White) Bread Oregano, Parmesan style cheese topping.</p>	<p>Allergens: gluten (wheat), soya, milk/lactose Note: Bread produced from deep frozen dough.</p>
<p>ROSEMARY & SEA SALT BREAD Italian (White) Bread [wheat flour, water, yeast, sugar, gluten, baking agent (emulsifiers E472e; E481, releasing agent E516, soya flour, dextrose, stabilizer E412, flour treatment agent E300, enzymes (alpha-amylase, xylanase)), vegetable fat, salt], rosemary and sea salt topping [rosemary, sea salt, rapeseed oil].</p>	<p>Allergens: gluten (wheat), soya Note: Bread produced from deep frozen dough.</p>
<p>MULTI-SEED WHEAT BREAD Wheat bread [wheat flour, water, yeast, sugar, gluten, wheat bran, baking agent (emulsifiers E472e; E481, releasing agent E516, soya flour, dextrose, stabilizer E412, flour treatment agent E300, enzymes (alpha-amylase, xylanase)), barley malt extract, vegetable fat, salt], multi-seed topping [sunflower seeds (40%), pumpkin seeds (30%), golden linseed (15%), brown linseed (15%)].</p>	<p>Allergens: gluten (wheat, barley), soya, may contain traces of nuts and sesame, due to manufacturing methods Note: Bread produced from deep frozen dough.</p>
<p>TOMATO WRAP WITH BASIL 66 % wheat flour, water, rapeseed oil, raising agents (E500, E450), 0,8% tomatoes, dextrose, salt, acid (E296), basil, spices, paprika.</p>	<p>Allergens: gluten (wheat)</p>
<p>SPINACH WRAP 66 % wheat flour, water, rapeseed oil, raising agents (E500, E450), 1,7 % spinach, dextrose, acid (E296), salt.</p>	<p>Allergens: gluten (wheat)</p>
<p>GLUTEN FREE BREAD Water, rice flour, tapioca starch, maize starch, rapeseed oil, yeast, humectant (E422), psyllium husk powder, sugar, pea protein, stabilizers (E464, E415), salt, buckwheat flour.</p>	<p>Allergens: none</p>

POULTRY, PORK, BEEF, FISH, EGG

<p>CHICKEN STRIPS Chicken breast, dextrose, salt, 1.3% potato starch, acidity regulator (E500).</p>	<p>Allergens: none Note: Made with 105g of chicken breast per 100g of finished product. Whilst every effort has been made to remove all bones, some may remain.</p>
<p>CHICKEN TERIYAKI Chicken strips [chicken breast, dextrose, salt, 1.3% potato starch, acidity regulator (E500)], teriyaki glaze [Soya sauce (water, soya beans, salt, wheat flour), water, tomato puree, spirit vinegar, glucose-fructose syrup, modified waxy maize starch, onions, sugar, herbs, paprika, salt, sesame seed, caramel sugar syrup, spices, thickening agent E410, preservative E202 and E211].</p>	<p>Allergens: soya, gluten (wheat), sesame Whilst every effort has been made to remove all bones, some may remain.</p>
<p>BBQ CHICKEN Chicken strips [chicken breast, dextrose, salt, 1.3% potato starch, acidity regulator (E500)], Hickory BBQ sauce [Water, sugar, cane molasses, tomato paste, malt vinegar (malted barley), spirit vinegar, 5% bakers honey, modified waxy maize starch, salt, spices (paprika, cumin, cayenne pepper), 0.3% smoked water, garlic puree [garlic, acidity regulator (citric acid)], onion powder, savory seasoning (yeast extract powder, maltodextrin, salt, rice flour, onion powder), oregano, clove oil].</p>	<p>Allergens: gluten (barley) Whilst every effort has been made to remove all bones, some may remain.</p>
<p>CHICKEN TIKKA Chicken meat, 4.5% seasoning [spices (cumin, coriander, chilli, fenugreek, cayenne), wheat flour, maltodextrin, garlic powder, sugar, natural turmeric flavoring, onion powder, color (E160c), coriander extract], 2% yoghurt powder (skimmed milk, cultures), tomato puree, salt, lactose (milk), stabilizers (E450, E451), 0.15% milk protein, lemon juice concentrate.</p>	<p>Allergens: gluten (wheat), milk/lactose Note: Made with 106g of chicken per 100g of finished product. Whilst every effort has been made to remove all bones, some may remain.</p>
<p>MANGO CHICKEN TIKKA Chicken Tikka [Chicken meat, 4.5% seasoning [spices (cumin, coriander, chilli, fenugreek, cayenne), wheat flour, maltodextrin, garlic powder, sugar, natural turmeric flavoring, onion powder, color (E160c), coriander extract], 2% yoghurt powder (skimmed milk, cultures), tomato puree, salt, lactose (milk), stabilizers (E450, E451), 0.15% milk protein, lemon juice concentrate], light mayonnaise [water, rape seed oil (35%), spirit vinegar (10% acid), glucose-fructose syrup, modified waxy maize starch, salt, egg yolk, acidification agent: E 270, thickening agent: E 415, mustard seeds, spices], mango chutney [Mango (46%), Sugar, Water, Modified Maize Starch, Salt, Garlic Puree, Acidity Regulator (Acetic Acid), Black Onion Seeds, Color (Paprika Extract), Cumin Seeds, Mixed Spice (Coriander, Cassia, Ginger, Nutmeg, Fennel, Cloves, Cardamom), Fenugreek, Ground Black Pepper, Fennel Seeds, Ground Cardamom, Ground Cloves].</p>	<p>Allergens: gluten (wheat), milk/lactose, egg, mustard Note: Made with 106g of chicken per 100g of finished product. Whilst every effort has been made to remove all bones, some may remain.</p>
<p>TURKEY BREAST 87% turkey breast, water, salt, stabilisers (E407, E450, E451), antioxidant (E326), dextrose, white pepper, color (E150a).</p>	<p>Allergens: none</p>
<p>HAM Pork Rear Leg Meat (88.5%), Water, Salt, Dextrose, Modified Maize Starch, Stabilizers (E407, E450, E451), Smoke Flavoring, Antioxidant (E301), Preservative (E250).</p>	<p>Allergens: none</p>

<p>PEPPERONI Meat (pork, beef), pork fat, salt, seasoning (spices, dextrose, glucose syrup, salt, antioxidant (E301, E300), flavouring, extracts (paprika, pepper, jasmine tea), smoke flavouring), rosemary extract, colour (E160c), culture, preservative (E250).</p>	<p>Allergens: none (None in improved version. Old version contains mustard. In case customer is allergic, we recommend to check ingredients of current stock on the case.) Note: Made with 112g of pork and beef per 100g of finished product.</p>
<p>SALAMI Meat (pork, beef), pork fat, salt, seasoning [dextrose, spices (white pepper, ginger), maltodextrin, flavouring (flavouring, smoke flavouring), salt, antioxidants (E301, E300), parsnip, natural flavouring, garlic, lovage, onion, black pepper extract], rosemary extract, culture, preservative (E250).</p>	<p>Allergens: none Made with 112g of Beef & Pork per 100g of finished product.</p>
<p>COOKED MAPLE STREAKY BACON Pork belly, salt, sugar, 2.2% maple syrup, smoke flavoring, emulsifier (E451), preservative (E250).</p>	<p>Allergens: none Made with 212g of raw pork belly per 100g of cooked product.</p>
<p>PORK RIB PATTY Pork 86.1%, water, inulin, pea fiber, salt, dextrose, stabilizer E450, antioxidant (E300, E392), acid E330, flavor.</p>	<p>Allergens: none</p>
<p>PHILLY STYLE STEAK 69% beef steak strips [beef*, seasoning (dried glucose syrup, modified maize starch, dextrose, cane sugar, tomato powder, roasted barley malt extract, soya protein, acidity regulator (E330), garlic, natural flavorings (barley), onions, black pepper), dextrose, salt, stabilizers (E450, E451)], 15% white diced onions, 9.5% green peppers, 6.5% seasoning [water, glucose syrup, dextrose, cane sugar, tomato powder, roasted barley malt extract, spices (black pepper, garlic, onions), acidity regulator (E330), natural flavorings (barley)].</p>	<p>Allergens: soya, gluten (barley) *Made with 129g of beef meat per 100g of finished product.</p>
<p>BEEF PATTY Beef (81%), Beef Fat, Water, Textured Soya, Maltodextrin, Soya Concentrate, Salt, Starch, Onion Powder, Flavoring (Wheat Maltodextrin, Flavoring, Salt, Smoke Flavoring, Spice Extracts, Acidity Regulator (E330), Garlic Extract), Garlic Powder, Stabilizer (E450, E451), Antioxidant (E301).</p>	<p>Allergens: soya</p>
<p>TUNA WITH MAYONNAISE Tuna: Tuna, water, salt. Light Mayonnaise: Water, rape seed oil (35%), spirit vinegar (10% acid), glucose-fructose syrup, modified waxy maize starch, salt, egg yolk, acidification agent: E 270, thickening agent: E 415, mustard seeds, spices.</p>	<p>Allergens: egg, mustard, fish</p>
<p>FREE RANGE POACHED EGG Hen's eggs, rapeseed oil.</p>	<p>Allergens: egg</p>

CHEESES

<p>PROCESSED AMERICAN CHEESE Cheese (64%), water, butter, milk Protein, emulsifying salt (E331), skim milk powder, whey powder, natural cheese flavoring, preservative (E200), separation aid (sunflower lecithin).</p>	<p>Allergens: milk/lactose</p>
<p>CREAM CHEESE Cream cheese, salt, buttermilk powder, microbial rennet, E410 and E412.</p>	<p>Allergens: milk/lactose</p>

GRATED HARD CHEESE TOPPING Milk (100% cow milk), salt, rennet, preservative lysozyme (from CHICKEN EGG).	Allergens: milk /lactose, egg
EMMENTAL STYLE SLICED CHEESE Pasteurized cow's milk , salt, starter culture, microbial rennet.	Allergens: milk /lactose
MOZZARELA & CHEDDAR GRATED CHEESE 74% Mozzarella [(cow's milk , salt, lactic acid culture, rennet (microbial)], 24 % red cheddar (cow's milk , salt, starter culture, rennet, natural coloring E160B), 2% potato starch.	Allergens: milk /lactose
FETA CHEESE Pasteurized sheep milk , pasteurized goat milk , salt, starter cultures, non-animal rennet.	Allergens: milk /lactose

VEGETABLE PRODUCTS

SPICY VEGAN PATTY Vegetable 43% (red onion, red pepper, green sweet pepper, carrot, spinach, corn, white cabbage, peas, green chilli peppers), vegetable protein (soya , wheat gluten) water, sunflower oil, rice, puree (ginger puree, garlic puree), starch (potato, wheat), aroma (celery), coriander, thickener (methyl cellulose), spices, dextrose, salt.	Allergens: soya , gluten (wheat), celery
BEETROOT BEAN PATTY 46.3%* beetroot, 14.9%* beetroot mix (soya protein, bamboo fiber, modified starch, vinegar, beet juice powder, natural flavorings), 12.2%* beetroot blend [quinoa, dried cranberries (cranberries, sugar, sunflower oil), beetroot powder, natural flavoring, spices (paprika, cumin, black pepper, coriander, cinnamon, nutmeg, cardamom, cloves)], wheat gluten, water, 4.3% * black beans (water, dried black turtle beans, salt), fried onions, tapioca starch, salt.	Allergens: soya , gluten (wheat)
JALAPEÑO PEPPER SLICES Jalapeño Peppers, water, vinegar, salt, potassium sorbate (preservative E202), calcium chloride (E509), sodium metabisulfite (E223).	Allergens: sulphates
PICKLES Gherkins, Water, Vinegar, Salt, Firming agent (Calcium Chloride), Preservative (Potassium Sorbate), Color (Curcumin), Natural flavoring.	Allergens: none
SUNBLUSH® TOMATOES HALVES Semi dried baby plum tomatoes (93%), Canola oil, Salt, Garlic Oregano.	Allergens: none
OLIVES Sliced Black Olives, Water, Salt, Ferrous Gluconate.	Allergens: none
TOMATOES Thin cut red tomatoes.	Allergens: none
CUCUMBERS Thin cut cucumber.	Allergens: none
ONIONS Thin cut red onion.	Allergens: none
LETTUCE Thick cut iceberg lettuce.	Allergens: none
TRI-COLOR PEPPERS Thin cut red, yellow and green peppers.	Allergens: none
SPINACH Spinach.	Allergens: none

SWEETCORN (100%) sweetcorn.	Allergens: none
GUACAMOLE Hass avocados (91%), distilled vinegar, water, jalapeño peppers, dehydrated onion, salt, granulated garlic.	Allergens: none
POTATO CRISPERS Potatoes (90%), Batter (Modified Starch, Rice Flour, Dextrin, Pea Fibre, Turmeric Extract, Stabiliser (Xanthan Gum), Colour (Paprika Extract), Pea Protein, Sunflower Oil (4%), Salt.	Allergens: none

SAUCES AND TOPPING

HONEY AND HICKORY BBQ SAUCE Glucose-fructose syrup, tomato puree, barley malt vinegar (contains gluten), molasses, 5% honey, spirit vinegar, modified waxy maize starch, salt, spices, caramel sugar syrup, thickener (E415), 0.02% hickory smoked salt, natural flavouring, smoked water.	Allergens: gluten (barley)
CHIPOTLE SOUTH WEST Rapeseed oil, water, glucose-fructose syrup, spirit vinegar, egg yolk, salt, onions, chipotle chili 0.7%, mustard , modified waxy maize starch, yeast extract, acidification agent lactic acid, thickening agent E 415, spice, herbs, paprika- and chili extract, smoke flavor.	Allergens: egg, mustard
LITE MAYONNAISE Water, rape seed oil (35%), spirit vinegar (10% acid), glucose-fructose syrup, modified waxy maize starch, salt, egg yolk, acidification agent E 270, thickening agent E 415, mustard seeds, spices.	Allergens: egg, mustard
TOMATO KETCHUP 75% tomato puree, glucose-fructose syrup, spirit vinegar, modified starch, salt, acid lactic acid, spices.	Allergens: none
WHOLEGRAIN HONEY MUSTARD Water, glucose-fructose syrup, mustard (water, mustard seeds, spirit vinegar, salt, spices), rapeseed oil, honey, spirit vinegar, dijon mustard (water, mustard seeds, spirit vinegar, salt, spices), wholegrain mustard seeds, modified waxy maize starch, salt, dried onions, lemon juice concentrate, mustard seeds, acid (e270), thickener (e415), caramelised sugar syrup.	Allergens: mustard
SWEET ONION Water, sugar, balsamic vinegar (wine vinegar, concentrated grape must), spirit vinegar, modified waxy maize starch, apple juice concentrate, white wine vinegar, salt, natural onion flavoring, dried onion, mustard flour, poppy seeds, dried paprika, rapeseed oil, onion juice concentrate, black pepper, thickener (E415), smoked water.	Allergens: mustard
CAESAR SAUCE Rapeseed oil, water, spirit vinegar*, glucose-fructose syrup, grated hard cheese (4%), buttermilk , modified waxy maize starch, salt, cheese (1.5%), garlic, egg yolk, natural flavoring, lemon juice concentrate, spices, soya sauce (water, soya beans, wheat flour, salt), acidification agent lactic acid, thickening agent E 415.	Allergens: milk/lactose, egg, soya, gluten (wheat)
TERIYAKI SAUCE	Allergens: soya, gluten (wheat), sesame

Soya sauce (water, soya beans, salt, wheat flour), water, tomato puree, spirit vinegar, glucose-fructose syrup, modified waxy maize starch, onions, sugar, herbs, paprika, salt, sesame seed, caramel sugar syrup, spices, thickening agent E410, preservative E202 and E211.	
GARLIC VEGAN SAUCE Rapeseed oil, water, white vinegar, glucose-fructose syrup, 6,5% garlic, salt, modified waxy maize starch, herbs, 0,5% garlic extract, thickener (E415), acid (E270).	Allergens: none
HOT CHILLI Jalapeño red mash (red Jalapeño peppers, spirit vinegar, salt), cayenne pepper mash (cayenne pepper, salt, acidity regulator: acetic acid), water, spirit vinegar.	Allergens: none
OLIVE OIL Olive oil.	Allergens: none
MANGO CHUTNEY Mango (46%), Sugar, Water, Modified Maize Starch, Salt, Garlic Puree, Acidity Regulator (Acetic Acid), Black Onion Seeds, Color (Paprika Extract), Cumin Seeds, Mixed Spice (Coriander, Cassia, Ginger, Nutmeg, Fennel, Cloves, Cardamom), Fenugreek, Ground Black Pepper, Fennel Seeds, Ground Cardamom, Ground Cloves.	Allergens: none
VINAIGRETTE Rapeseed oil, water, spirit vinegar, sugar, olive oil, 5% Dijon mustard (water, mustard seeds, vinegar, salt), salt, black pepper, stabilizers (xanthan gum, guar gum).	Allergens: mustard
STICKY SWEET CHILLI Sugar, water, vinegar, glucose syrup, sambal (red pepper, salt, stabilizer [E270], preservative [E202]), modified corn starch, mashed garlic, salt, mashed paprika, paprika granulate, garlic granulate, preservative (E202), chillies.	Allergens: none
OREGANO Dried oregano.	Allergens: none
CRISPY ONION Onion (70%), palm/rapeseed oil, wheat flour, salt.	Allergens: gluten (wheat)
CHILLI FLAKES Red chilli flakes.	Allergens: none
SEA SALT Sea salt.	Allergens: none
MIXED PEPPERCORNS 65% black pepper, 35% green pepper.	Allergens: none
ROSEMARY & SEA SALT Rosemary, sea salt, rapeseed oil.	Allergens: none
MULTI-SEED Sunflower seeds (40%), pumpkin seeds (30%), golden linseed (15%), brown linseed (15%).	Allergens: may contain traces of nuts and sesame , due to manufacturing methods.

COOKIES & SWEET TREATS

CHOCOLATE CHIP COOKIE DOUGH (CHOCOLATE CHIP COOKIE) Wheat flour, 23% chocolate chip [sugar, cocoa mass, cocoa butter, emulsifier (soya lecithin), natural flavor (vanilla)], sugar, margarine [palm fat, butter , water, salt, rapeseed oil, emulsifier (mono- and diglycerides of fatty acids), natural flavor (butter, milk), acid (citric acid), color (beta carotene)], pasteurized whole egg (from free range-	Allergens: milk , gluten (wheat), egg , soya , may contain traces of nuts
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<p>eggs), palm fat, molasses, raising agent (sodium carbonate), flavoring (vanilla), salt.</p>	
<p>CHOCOLATE CHUNK COOKIE DOUGH (CHOCOLATE CHUNK COOKIE) Wheat flour, sugar, 16% chocolate chunks [sugar, cocoa mass, cocoa butter, dextrose, emulsifier (soya lecithin), natural flavoring (vanilla)], palm fat, pasteurized whole egg (from free-range hens), invert sugar syrup, molasses, water, sweet whey powder, raising agent (sodium carbonate), salt, flavoring (vanilla).</p>	<p>Allergens: milk, gluten (wheat), egg, soya, may contain traces of nuts</p>
<p>DOUBLE CHOCOLATE COOKIE DOUGH (DOUBLE CHOCOLATE COOKIE) Sugar, wheat flour, margarine [palm fat, water, salt, rapeseed oil, emulsifier (mono-and diglycerides of fatty acids), natural flavoring (butter, milk), acid (citric acid), color (beta carotene)], 12% white confectionary chips [sugar, palm kernel fat, skimmed milk powder, emulsifier (soya lecithin), natural flavoring (vanilla)], 7% chocolate [sugar, cocoa mass, cocoa butter, emulsifier (soya lecithin), natural flavoring (vanilla)], pasteurized whole egg (from free-range hens), 3,6% fat reduced cocoa powder, butter, molasses, flavoring (vanilla), raising agent (sodium carbonate), salt.</p>	<p>Allergens: milk, gluten (wheat), egg, soya, may contain traces of nuts</p>
<p>WHITE CHIP MACADEMIA NUT COOKIE DOUGH (MACADAMIA NUT COOKIE) Wheat flour, sugar, margarine [palm fat, butter, water, salt, rapeseed oil, emulsifier (mono-and diglycerides of fatty acids), natural flavoring (butter, milk), acid (citric acid), color (beta carotene)], 15% white confectionary chips [sugar, palm kernel fat, skimmed milk powder, emulsifier (soya lecithin), natural flavoring (vanilla)], 6% macadamia nuts, pasteurized whole egg (from free-range hens), molasses, raising agent (sodium carbonate), flavoring (vanilla), salt.</p>	<p>Allergens: gluten (wheat), milk/lactose, egg, soya, macadamia nuts</p>
<p>CHOCOLATE CHIP WITH RAINBOW CANDIES COOKIE DOUGH (RAINBOW COOKIE) Wheat flour, sugar, palm fat, 9% chocolate (sugar, cocoa mass, cocoa butter, emulsifier (soya lecithin), natural flavor), 9% confectionary chips coated (dried cane sugar syrup, sugar, cocoa butter, cocoa mass, whole milk powder, rice starch, glazing agents (gum arabic, shellac, carnauba wax, beeswax), color (curcumin, beetroot red, beta carotene), emulsifier (soya lecithin), vanilla extract), pasteurized whole egg (from free-range hens), molasses, water, raising agent (sodium bicarbonate), sweet whey powder, natural flavor, table salt.</p>	<p>Allergens: gluten (wheat), egg, milk/lactose, soya, may contain traces of nuts</p>
<p>OATMEAL RAISIN COOKIE DOUGH (OATMEAL & RAISINS COOKIE) Sugar, wheat flour, palm oil, 15% raisins, 13% oat flakes, free range pasteurized egg, water, salt, sweet whey powder, raising agent (sodium hydrogen carbonate), cane sugar drain syrup, sugar beet syrup, invert sugar syrup, cinnamon, coloring plant extracts (pumpkin, apple).</p>	<p>Allergens: gluten (wheat, oat), egg, milk/lactose, may contain traces of nuts</p>
<p>RASPBERRY CHEESE CAKE COOKIE DOUGH (RASPBERRY & CHEESECAKE COOKIE) Wheat flour, sugar, margarine (palm oil, water, rapeseed oil, emulsifier (mono-and diglycerides of fatty acids), acid (citric acid), colour (carotene)), 16% white confectionary</p>	<p>Allergens: milk/lactose, gluten (wheat), egg, soya, may contain traces of nuts</p>

chips (sugar, palm kernel fat, skimmed milk powder, dried glucose syrup, inulin, emulsifier (soya lecithin), natural vanilla flavouring), free range pasteurised egg , raspberry bits (dextrose, palm fat, corn flour, 0.7% raspberry powder, acid (citric acid), natural flavouring, red beet powder), 2% cream cheese powder, invert sugar syrup, raising agent (sodium hydrogen carbonate), flavouring, table salt, natural butter flavouring, colouring fruit and plant extract (pumpkin, apple).	
COCONUT & CHOCOLATE COOKIE Wheat flour, sugar, palm oil, 16% milk chocolate chunks (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier (soya lecithin), natural flavoring), 8% grated coconut, free range eggs , invert sugar syrup, water, natural flavoring, raising agent (sodium hydrogen carbonate), salt.	Allergens: milk /lactose, gluten (wheat), egg , soya , may contain traces of nuts

DRINKS & SIRUPS

ESPRESSO/AMERICANO Water, coffee beans.	Allergens: none
TEA Water, tea.	Allergens: none
CAPPUCCINO/CAFÉ LATTE/ FLAT WHITE/ICE COFFEE Water, milk , coffee beans.	Allergens: milk /lactose
FLAVORED LATTE Water, milk , coffee beans, syrup (ingredients depend on flavor).	Allergens: milk /lactose
HOT CHOCOLATE Milk , chocolate drink powder.	Allergens: milk /lactose
POST-MIX DRINKS Post-mix syrup, water.	Allergens: none
SYRUP MONIN ALMOND Sugar, water, flavoring, emulsifying agent: E414, E413. Contains bitter almond extract.	Allergens: nuts - almonds
SYRUP MONIN CARAMEL Sugar, water, flavoring, acid: citric acid, color: E150a.	Allergens: none
SYRUP MONIN COCONUT Sugar, water, flavouring, emulsifying agent: acacia gum. Contains coconut extract.	Allergens: none