Choice Thousand

October 2015

Ancient Harvest Organic Gluten Free Pasta



Follow Your Heart Grapeseed Oil Vegenaise



Tofurky Italian Sausage

\$429

14 oz



Dr. Bronner's Organic Virgin Coconut Oil

\$769

14 0



So Delicious Organic Unsweetened Coconut Milk

\$199

32 oz



Lightlife Organic Smoky Tempeh Strips

\$369

6.07



Traditional Medicinals Organic Roasted

Dandelion Root Tea

\$399

16 ct



Nature's Path Organic Mesa Sunrise Flakes Eco-Pac

\$6²⁹

26.4 oz



Lundberg Family Farms Rice Chips

\$239

6 07



Mary's Gone Crackers

Organic Crackers

\$379



Did you know...

Scarecrows have been around since farms and birds existed, but the ones with which we are most familiar came from German immigrants in the 1800s and were called Bootzamon, later known as the Bogeyman?



WHAT DOES THE BUTTERFLY MEAN?

The best way to know you are avoiding GMOs is to look for the Non-GMO Project Verified seal. When you reach for the Butterfly, you know independent, third-party verification ensures your food has followed industry best practices for GMO avoidance, including the testing of all major high-risk ingredients.

The Non-GMO Project is a non-profit organization committed to preserving and building the non-GMO food supply, educating consumers, and providing verified non-GMO choices.

Find out more at: www.nongmoproject.org

GoMacro Organic Macrobar

\$1⁹⁹

2-2.5 oz



Late July Organic Multigrain Snack Chips

2/\$5



Nutiva Organic Coconut Manna

\$**8**¹⁹

15 oz



Angie's
BoomChickaPop
Popcorn

\$269

3-7 oz



Annie's Homegrown

Organic Fruit Snacks

\$3⁴⁹

4 oz



Nature's Path Organic Envirokidz Cereal

\$3²⁹

10-14 oz



Larabar
Original Fruit &
Nut Bar

4/\$5

1.42-1.8 oz



KeVita

Organic Master Brew Kombucha

\$269

15.2 oz



Guayaki Organic Traditional

Yerba Mate Tea Bags

\$469

25 ct



The Ginger People

Gin Gins Ginger Candy

\$169

3 oz



ProBar Meal Replacement Bar

\$2¹⁹



SeaSnax

Organic Roasted Seaweed Snack

99¢



Erewhon Organic Crispy Brown Rice Cereal

Crofter's Organic Just Fruit Spread



Proudly supporting your right to know what's in your food.

USDA

Since we began 26 years ago families have trusted Crofter's as the brand of choice for organic, nutritious fruit spreads with great taste.

Our longstanding commitment to organic means every jar of Crofter's is free of GMO's and protects the health of our planet through sustainable agriculture, just as mother nature intended.

As an early supporter of the Non-GMO Project and the basic right for you to know what is in your food we proudly display



Silk Almondmilk

Wholesome!

Blue Agave



R.W. Knudsen Simply Nutritious Morning Blend





Numi Organic **Jasmine** Green Tea



GoodBelly Organic Probiotic Fruit Drink



Food Should Taste Good

Tortilla Chips



Purely Elizabeth

Ancient Grain Granola



Wonderfully Raw

Organic Coco-Roons



Muir Glen Organic Tomatoes

\$2²⁹

28 oz



Hilary's Eat Well

Organic Veggie Burger

\$279

6/10



Woodstock Organic Ketchup

\$2⁷⁹

20 oz



Explore Asian
Organic Black
Bean Spaghetti

\$2⁷⁹

7.05 oz



Wildwood Organic SprouTofu Baked Tofu

\$3¹⁹

5.5-6 oz



Alexia

Organic Yukon Select Fries

\$319

15 02



R.W. Knudsen Organic Tomato Juice

\$279

32 oz



Beanfields
Bean & Rice
Chips

\$749

6 oz



Crown Prince Natural Skinless & Boneless

Sardines in Olive Oil

\$249

3.75 oz







R.W. Knudsen Family® takes great pride in offering innovative products that are made with high-quality ingredients and is proud to be an official participant in the Non-GMO Project.

Visit www.nongmoproject.org for more information about the Non-GMO Project or to view our entire list of verified products to date.



Non-GMO Project is a registered trademark of The Non-GMO Project, Inc. gimMe Organic Seaweed Snacks

\$149

.35 oz



Zevia Zero Calorie Soda

\$4²⁹

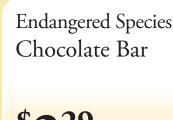
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Health Warrior Chia Bar



One Degree Organics

Organic Cereal



Green Valley Organics Organic Lactose Free Kefir



Organic Valley Organic Feta Cheese





Justin's Nut Butter Organic Peanut Butter Cups

\$139

1 4 07



Food For Life Organic Ezekiel 4:9 English Muffins

\$399

Pacific Foods Organic Chicken Bone Broth

\$3⁹⁹



Harmless Harvest Organic 100% Raw Coconut Water

\$2⁵⁹

8 oz



Udi's Gluten Free

Pizza Crust

\$4⁴⁹



Daiya Dairy Free Shreds

\$3⁴⁹



Cascadian Farm Frozen Potatoes

2/^{\$}5



Rising Moon Organic Ravioli

\$3²⁹

8 oz



Maple Hill Creamery Organic Grass-Fed

Creamline Yogurt

5/\$5



Blake's Chicken Pot Pie Made with Organic BLAKE'S

Vegetables \$429

3 oz



Amy's Cheese Pizza

\$6²⁹

13 oz





THE ONLY CERTIFIED

100% GRASS-FED DAIRY

IN THE NATION

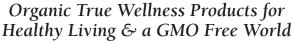




CREATED BY FARMERS, FOR CONSCIOUS CONSUMERS.







Love & Consciousness in Action

- We work with & empower small family farmers in India cultivating regenerative organic farmland.
- We ethically purchase herbs from farmers giving them the respect and dignity they deserve.
- By purchasing ORGANIC INDIA products you are actively participating in our mission to create a healthy & sustainable global environment.



OrganicIndiaUSA.com





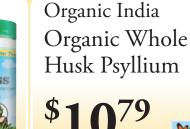


Natural Vitality Natural Calm

\$1499

Amazing Grass Organic Wheat Grass

\$18⁸⁹



Husk Psyllium \$10⁷⁹



Amy & Brian Coconut Water



Lily of the Desert Organic Whole Leaf Aloe Vera Juice

32 oz



Seventh Generation Dish Liquid



Chocolove Chocolate Bar



Glutino Pretzel Twists



Earth Friendly Products Ecos Liquid Laundry Detergent



Discover a Whole New Chapter in Calcium

Bone Strength *Take Care* delivers **whole-food** Calcium, *not* limestone

Most Calcium supplements are derived from limestone rock. Bone Strength *Take Care™* delivers plant-sourced Calcium within the complexities of whole food. Our easy-to-swallow slim tablets offer a slow, steady release for the body's consistent nourishment.* Added Vitamin K2 directs Calcium to bones where you need it.*



The First Vitamin & Supplement Line to be Non-GMO Project Verified

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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NEWCHAPTER.

Learn more at newchapter.com

Vega Protein Smoothie

\$13⁹⁹

9.9 oz



Boiron Coldcalm

\$879

60 tal



New Chapter

Bone Strength Take Care

\$4499

20 tab



Nordic Naturals Ultimate Omega

\$21⁹⁹

60 ct



Nutrition Now PB 8® Probiotic Acidophilus For Life™

\$1499

120 ct



MegaFood Blood Builder

\$1159

30 ct



Jarrow Bone-Up

\$16⁹⁹



Natural Factors
Whey Factors

\$19⁹⁹



Garden of Life Perfect Food Alkalizer & Detoxifier

\$29⁹⁹

258 g



EO Everyone Soap

\$**6**⁷⁹

32 oz



Dr. Bronner's Pure-Castile Liquid Soap

\$12⁹⁹

32 oz



Biokleen Liquid Laundry Detergent

\$999

64 oz



Kiss My Face Olive Oil Bar Soap

\$259

8 oz



ShiKai Borage Therapy Dry Skin Lotion

\$899

8 07



Nature's Gate Herbal Daily Cleanse Shampoo

\$559

18 07



Andalou Shampoo

\$6⁵⁹



Aura Cacia Lavender Essential Oil

\$799

5.07



Crystal Body Deodorant Roll-On

\$279

2.25 oz





ANDALOU

n a t u r a l s

FRUIT STEM CELL SCIENCE®



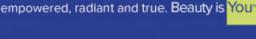


A PATH OF LIGHT Be the difference. Be the light.

At Andalou Naturals we believe that beauty is a choice; it's about how you think, feel and behave. The word Andalou means, a path of light, and when we launched Andalou Naturals it was with the intention to create a sustainable source of revenue for socially responsible people and projects. 100% of the net proceeds from our A Path of Light Hand Creams support women's education, equality and empowerment—worldwide.

We CHAMPION label transparency and as the first 100% Non-GMO Project Verified Personal Care Brand, we take a stand on issues that matter to us. Define beauty one action at a time and feel







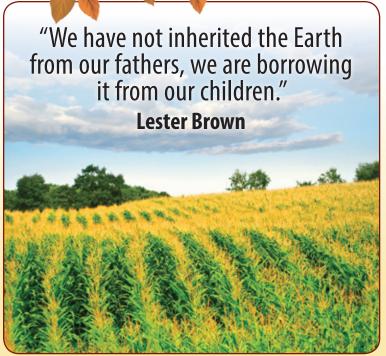








andalou.com beautyisyou.com *Founders Stacey Kelly Egide, CEO and Mark Egide, President





Independent Choice specials are available at members of the Independent Natural Food Retailers Association store locations:

ALABAMA Manna Grocery and Deli 2300 McFarland Blvd East, Tuscaloosa

ARKANSAS

The Truck Patch Natural Market 1602 Hwy 62E, Mountain Home

906 Southwest Dr, Jonesboro

Abby's Health & Nutrition 14374 N Dale Mabry, Tampa

Get Healthy 1254 Broad St South, Brooksville 11083 Spring Hill Dr, Spring Hill

Healthy Living Organic & Natural Market 10671 Boardwalk Loop, Lakewood Ranch

Nassau Health Foods

833 T J Courson Rd, Fernandina Beach

Native Sun Natural Foods Market 11030 Baymeadows Rd, Jacksonville

10000 San Jose Blvd, Jacksonville

Nature's Food Patch 1225 Cleveland St, Clearwater

Peggy's Natural Food Market 5839 SE Federal Hwy, Stuart

Sunshine Natural Foods 4530 St Johns Ave, Jacksonville

Tunie's

5651 Coral Ridge Dr, Coral Springs 7170 Fairway Dr, Palm Beach Gardens 900 N Federal Hwy, Fort Lauderdale

Wild Fields Marketplace 2900 W Bay Dr, Belleair Bluff

GEORGIA **Brighter Day Natural Foods** 1102 Bull St. Savannah

Farmer's Natural Foods 754 E G Miles Pkwy, Hinesville

Ocmulgee Traders

ILLINOIS **Choices Natural Market**

6718 Broadcast Parkway, Loves Park Cornucopia Natural Food &

Fine Cheese 89 Seminary St, Galesburg

Heritage Health Foods 411 W. 183rd St, Country Club Hills

Heritage Natural Foods 1317 6th Ave, Moline

Kankakee Natural Foods 1035 Mullligan Dr, Bradley

Local Foods

112 W Main St, Rockton

1427 W Willow, Chicago **Naturally Organic Grocery**

Polson's Natural Foods 960 Main St, Antioch

Southtown Health Foods 2100 W 95th St, Chicago

Sunrise Health Foods 17650 Torrence Ave, Lansing

3203 Vollmer Rd, Flossmoor

INDIANA **Down to Earth Natural Foods** 14678 S.R. 23 East, Grainger

Georgetown Market 4375 Georgetown Rd, Indianapolis

The Good Earth Natural Food Co 6350 Guilford Ave, Indianapolis

Natural Choices for Healthful Living 1825 Central Ave, Columbus

Nature's Cupboard 57 Indian Boundary Rd, Chesterton 340 Dunes Plaza, Michigan City

Nature's Pharm

3500 State Rd 38 East Suite 105, Lafayette 5888 E 82nd St, Indianapolis 8215 US 31 S, Indianapolis

Sunrise Health Foods 1708 East Lincolnway, Valparaiso

Rainbow Blossom 3003 Charlestown Crossing Way, New Albany

Campbell's Nutrition 4040 Ûniversity Ave, Des Moines 2749 100th St, Urbandale

Everybody's Whole Foods Store

Heritage Natural Foods 3875 Elmore Ave, Davenport

KANSAS Kountry Kupboard 15750 SW 150th St, Rose Hill

KENTUCKY Rainbow Blossom

3738 Lexington Rd, Louisville 3608 Springhurst Blvd, Louisville 12232 Shelbyville Rd, Louisville 3046 Bardstown Rd, Louisville

MICHIGAN

Better Health Market 2420 E Stadium, Ann Arbor

42875 Grand River, Novi 10792 Belleville Rd, Belleville 2053 S Telegraph, Bloomfield Hills 1330 N Telegraph Rd, Dearborn 305 N Clipper St, Lansing 19850 Mack Ave, Grosse Pointe Woods 20432 Farmington Rd, Livonia 44427 W Ann Arbor Rd, Plymouth 17606 W 13 Mile Rd, Beverly Hills 33452 Van Dyke, Sterling Heights 17825 Eureka Rd, Southgate 6235 W Saginaw, Lansin 14105 Hall Rd, Shelby Township

Natural Health Center 4610 W Main St, Kalamazoo

MISSOURI

Mama Jean's Natural Market 3503 E Sunshine, Springfield 1727 S Campbell Ave, Springfield 1110 E Republic Rd, Springfield

Natural Health Organic Foods 135 S Broadview St, Cape Girardeau

Nature's Own Health Food Market 4301 Main St, Kansas City

NORTH CAROLINA

The Apple Crate Natural Market 2711 Raeford Rd #110, Fayetteville 5430 Camden Rd #103, Fayetteville

Bare Essentials Natural Market 273 Boone Heights Dr, Boone

Food Matters Market 2310 North Center St. Hickory

Harmony Farms Natural Foods 5653 Creedmoor Rd, Raleigh

Healthy Home Market 1816-G Galleria Blvd, Charlotte 261 Griffith St, Davidson 1330 Central Ave, Charlotte

Lovey's Natural Food Market 1319 Military Cutoff Rd, Wilmington

West Village Market & Deli 771 Haywood Rd, Asheville

OHIO Nature's Food Market 4475 SR 39, Millersburg

OKLAHOMA **Native Roots Market** 131 NE 2nd St, Oklahoma City

PENNSYLVANIA Nature's Way Market 796 Highland Ave, Greenburg

SOUTH CAROLINA **Bay Naturals** 7611 N Kings Hwy, Myrtle Beach 556 Hwy 17 N, North Myrtle Beach

Bert's Market 202 E. Ashley Ave, Folly Beach

Rosewood Market 2803 Rosewood Dr, Columbia

TENNESSEE Grubb's Grocery 4 Jackson Walk Plaza, Jackson

Harvest Grocery

Natural Foods Market 3211 Peoples St, Johnson City

Tree of Life Market of Clarksville

30 Crossland Ave, Clarksville The Turnip Truck

970 Woodland St, Nashville 321 12th Ave S, Nashville 701 Woodland St, Nashville

WEST VIRGINIA **Mother Earth Foods** 1638 19th St, Parkersburg

Wisconsin The Free Market 734 W Wisconsin Ave, Appleton

Good Harvest Market 2205 Silvernail Rd, Pewaukee

Greens N Grains 7821 Hwy 42, Egg Harbor