



- RAFFLES INTERNATIONAL SCHOOL
  - DUBAI INTERNATIONAL ACADEMY
  - HAMDAN SPORTS COMPLEX
- Term 1 - Swim Squads

SATURDAY (R.I.S)	
*(Fitness class: 9.00 - 10.00AM)	
Level	Timing
Mini	10.00AM - 11.15AM
Junior	10.00AM - 11.30AM
Senior	10.00AM - 12.00PM
Elite	10.00AM - 12.00PM

MONDAY (R.I.S)	
Level	Timing
Mini	6.00PM - 7.15PM
Junior	6.00PM - 7.30PM
Senior	6.00PM - 8.00PM
Elite	6.00PM - 8.00PM

THURSDAY (HAMDAN SPORTS COMPLEX)	
Level	Timing
Mini	5.00PM - 6.15PM
Junior	5.00PM - 6.30PM
Senior	5.00PM - 7.00PM
Elite	5.00PM - 7.00PM

SUNDAY (D.I.A)	
Level	Timing
Mini	5.00PM - 6.15PM
Junior	5.00PM - 6.30PM
Senior	5.00PM - 7.00PM
Elite	5.00PM - 7.00PM

WEDNESDAY (R.I.S)	
*(Stretching class: 5.00 - 6.00PM)	
Level	Timing
Mini	6.00PM - 7.15PM
Junior	6.00PM - 7.30PM
Senior	6.00PM - 8.00PM
Elite	6.00PM - 8.00PM

FRIDAY (R.I.S)	
Level	Timing
Mini	10.30AM - 11.45AM
Junior	10.30AM - 12.00PM
Senior	10.30AM - 12.30PM
Elite	10.30AM - 12.30PM

**NOTES:** - The stretching & fitness classes require Yoga mat, resistance band, sporty outfit & shoes.  
- Classes in Hamdan sports complex & Dubai International Academy will start from September 8th.

TERM START DATE	01-Sep-19
TERM END DATE	14-Dec-19
NUMBER OF WEEKS	15 Weeks

Note that there will be no classes on 1<sup>st</sup> November & 6<sup>th</sup> December

LEVELS	
Mini Squad	Minimum 3 times a week
Junior Squad	Minimum 3 times a week
Senior Squad	Minimum 4 times a week
Elite Squad	Minimum 5 times a week

\*Assessment is required

FEES STRUCTURE (including VAT 5%)	
Mini & Junior Squads	
2 times a week	AED 2,360
3 times a week	AED 2,810
4 times a week	AED 3,150
Senior & Elite Squads	
2 times a week	AED 2,585
3 times a week	AED 2,925
4 times a week	AED 3,260
5 times a week	AED 3,485

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