
NEWS AND KUDOS

Department of Health Promotion, Education, and Behavior

Please join us as we congratulate HPEB students and faculty on their accomplishments and recognitions.

Message from the Chair

The past month I've been thinking a lot about roles. It started with the Valentine's Day card my 7-year-old son gave to my husband and me last month. He wrote: "Dad, I love you because you play football with me and you cook for me. Mom, I love you because you make me hot chocolate and you cook with me." [Notice how he writes that I cook *with him* since I still need those cooking lessons.]

And now, people in countries all over the world are having to re-examine their roles as we face a global pandemic with COVID-19. I may seem calm and I do try to tell a good joke now and then, but I've had some anxious moments over the past week or so. We're going to be working from home? My son is going to have school at home? My elderly relatives in Canada still think they're going to fly to Florida in April? Aaah!

In our lives, we all wear multiple hats and have oodles of responsibilities. I started writing a bit about this in an earlier blog about [work-life harmony](#). People rely on us (whether they live near or far) and we rely on others (whether they live near or far). When I introduce myself to others, I typically start with, "*I'm proud mom of Dylan Dojc.*" And if you know me, you know I am super proud and not shy to talk about my son. I don't consider myself to be a particularly stellar parent, I just do what I know and a lot of times it feels like I'm being reactive which is often the case when you have an energetic and precocious child. When it comes to my job, that seems more second nature to me. [What would be the work version of the phrase *Motherly Instinct? Jobily Instinct?!*] There may be days when we are reactive but we figure out what needs to be done with the outstanding people with whom we work. [I also have incredibly supportive mentors and feel very fortunate that this is the case!]

Perhaps I feel more comfortable at work at times because I've been at the university for longer than I've been a parent. Or perhaps it's because my role as a parent has helped me with problem-solving in my role at the university. Shall we go with the latter? Okay, so back to roles. Do we define ourselves by our roles? I guess so. Probably. My roles all contribute to my outlook on life and my interactions, behaviors and desire to help people, but there is not one role I have for which I can say, "That's my role so that's me." I don't think any of us need to do that. Before I started in my role as a department chair, I read a book called, "*On Becoming a Woman Leader*" by Susan R. Madsen (2008). I still refer to two of the tables in that book every so often – one on the multiple roles of influential individuals and one on competencies developed outside of work that contribute greatly to the job, such as learning patience, understanding other people's perspectives, and learning to think and communicate during difficult situations.

And so here we are in a difficult time. Right now amidst COVID-19, many of you are juggling multiple roles while trying to stay health and safe. You may be a graduate student moving to online learning and an online dissertation defense, a teaching or research assistant figuring out how you will work remotely, and perhaps a caregiver for parents, children, friends, and community members. It is overwhelming. Take some time to think about how your various roles link together. Will some roles help with others? Are there some for which you can ask for some support or advice from your peers or your faculty advisor or department leadership? Despite the uncertainty right now, I am finding comfort in thinking about my various roles and how they provide me with some structure as I navigate through the day. I am also realizing that I can't fulfill all of my roles all the time – and I'm okay with that. You should be too.

I will continue to think about my work, service, and personal roles and responsibilities. I know for certain I will not end up being a super chef. But if you ever want to get together and continue the discussion about roles, I can make us a mean hot chocolate. (We may need to meet through Zoom or BlackBoard Collaborate for a while but we can make it happen!)

Take good care, Daniela Friedman

Congratulations Are In Order

Dr. Charis Davidson, HPEB alum, has accepted a position as assistant professor in the Health Science Program, Department of Natural Sciences, School of Health and Natural Sciences, at Mercy College in New York. She will be teaching in the new health promotion concentration.

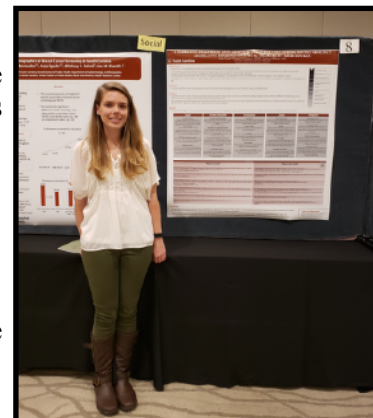
Dr. Mindi Spencer was invited to speak at the Interdisciplinary Summit on the Opioid Crisis: Addressing Racial, Ethnic and Socioeconomic Disparities this March.

Krystal Rampalli, doctoral student, received a 2019-2020 SPARC grant. [Link](#)

Dr. Shan Qiao received the 2020 Breakthrough Star Award. [Link](#)

Yoojin Cho, doctoral student, was named one of the 2020 Breakthrough Graduate Scholars.

Dr. Courtney Monroe received the Ann Johnson Institute for Science, Technology, and Society Faculty Fellow for research mentorship for Magellan research entitled: Instagram Influencers in Physical Activity, Diet, and Weight Control: Exploring Content Quality and Influence among College Students.



Emily Loud, HPEB MPH student, presenting research at the SC Women's Health Forum (collaborators: Victoria Lambert, PhD student, and Dr. Deborah Billings).



Ashley Page alongside Dr. Carrie Draper presented to the Columbia City Council in December on the Columbia Food Policy Committee's Food Equity Subcommittee Policy Recommendations Report.

Shirelle Hallum, doctoral student, was awarded the Butterfoss Community-Based Research Endowed Fellowship.

Dr. Megan Weis, adjunct instructor and HPEB alum, accepted a position as a Research Assistant Professor working with the South Carolina Center for Rural and Primary Healthcare in the University of South Carolina School of Medicine.

Dr. Carrie Draper was selected to serve on the state-wide Healthy Palmetto Leadership Council.

Dr. Shaun Owens, HPEB alum and assistant professor in the College of Social Work, was recognized as one of the 40 under 40 Leaders in Health. [Link](#)

Dr. Brie Turner-McGrievy was recognized as a 2020 Distinguished Undergraduate Research Mentor Award. [Link](#)

Dr. Ed Frongillo and colleague Dr. Jef Leroy's article on child stunting was selected to be in the Advances in Nutrition 10th Anniversary collection. The article was the most cited in the journal's volume 10 for 2019. Advances in Nutrition has an impact factor of 7.2 and is the third ranked journal in nutrition and dietetics. [Link](#)

Funding News

Dr. Katrina Walsemann received \$150,000 in funding from the Alzheimer's Association New to Field Grant.

Dr. Caroline Rudisill received a three-year grant from The Duke Endowment.



HPEB in the News



Dr. Thrasher's student team presented research at the Society of Research for Nicotine and Tobacco's 2020 conference.

Seth Shelby, online MPH student, was featured on the ASPH website as a part of the "I Am Public Health" series. [Link](#)

Dr. Katrina Walsemann was recognized on UofSC's website for her leadership of the collaborative Carolina Consortium on Health, Inequalities and Populations. [Link](#)

Keerthana Kumar, online MPH graduate, was highlighted on the ASPH website for her dedication to Public Health and her pursuit to use her MPH to become a better physician. [Link](#)

Ashley Page, SNAP-Ed Program Coordinator, was quoted in a Post and Courier article about her research into Columbia's food deserts. [Link](#)



A group of MPH students and instructors on their recent PHield trip to Hobcaw Barony.

Dr. Julianna Jayne, HPEB alum, was featured on the ASPH website to highlight her career in science in the military. [Link](#)

Dissertation and Practicum Presentations

We congratulate the following students who completed milestones in their academic programs during the past three months:

Practicum Presentations:

Kalvin Cobaris: Developing Culturally Appropriate Health Communication Products for Hypertension Prevention through Verbal, Written and Electronic Media for Lower SES Patients in Free Medical Clinics in the Midland {January 2020}

Alyssa Geis: Health at Work: An Employee Needs Assessment Survey for Healthy Hospital Programming {February 2020}

Dissertation Proposal Defenses:

Kimberly Butler Willis: Evaluation of a clinic-based Peer Navigation Program (PNP) for African Americans living with HIV in South Carolina {January 2020}

Maryam S. Alhabas: Food Insecurity Resilience of Refugee Families in the United States: A Qualitative Study {January 2020}

Mohammad Masudur Rahman: Diffusion of Information and Social Norms Linked to Infant and Young Child Feeding Practices in Nepal {January 2020}

Krystal Rampalli: Adolescent Drivers of Food Choice Amidst the Nutrition Transition in Urban Ghana: the Role of Cultural Values, Unhealthy Food and Beverage Marketing, and Body Image Perceptions {February 2020}

Final Dissertation Defense:

Nazratun Nayeem Monalisa: Influences on Parents' Food Shopping for Children's Consumption in South Carolina {March 2020}

Publications and Presentations

Adams SA, **Haynes VE**, **Brandt HM**, **Choi SK**, Young, VM, Eberth JM, Hebert JR, **Friedman DB**. Cervical cancer screening behaviors and proximity to federally qualified health centers in South Carolina. *Cancer Epidemiology* 2020. 65, DOI: 10.106/j.canep.2020.101681.

Draper C, Bruno P, **Younginer N**, DeMarco M, Gutusky L, LeGros T, Foerster S. Connecting Agriculture and Population Health – Demonstrating Success, Building Support and Helping to Reduce Disparities through the Farm Bill and SNAP-Ed. Oral presentation at the annual conference of the Association of SNAP Nutrition Education Administrators (ASNNA), Washington, DC. 2020

Draper C, **Page A**. Addressing Inequities within the Food System through Local Food Policy Councils. Oral presentation at the annual summit of Together SC: Facing Race Together. 2020



Members of the HPEB community enjoyed attending the 2020 BanglaFest at the Russell House



Dr. Rachel Davis and Dr. Andy Kaczynski represented HPEB as guest coaches for the men's basketball team.

Draper C, Whilhelm G. Addressing Food Inequities through the South Carolina SNAP-Ed program. Invited presentation at the annual Chronic Disease Prevention Symposium of the SC Department of Health and Environmental Control, Myrtle Beach, SC. 2020

Draper C, **Younginer N**. The sustainability of policy, system, and environmental change strategies implemented in partnership with the South Carolina SNAP-Ed program and application of findings. Presented on the FNS Southeastern Regional Office SNAP-Ed Best Practices Webinar Series: Implementing and Sustaining PSE. 2020

Eberth JM, Zahnd WE, Adams SA, **Friedman DB**, Wheeler SB, Hebert JR. Mortality-to-incidence ratios by US congressional district: Implications for epidemiologic, dissemination and implementation research, and public health policy. *Preventive Medicine* 2019. 129(Supplement; DOI: 10.1016/j.ypmed.2019.105849).

Hazra N, **Rudisill C**, Jackson SH, Gulliford M.. Cost-effectiveness of anti-hypertensive therapy over the age of 80 years: Cohort study and Markov model, *Value in Health*, 22(12):1362- 1369. 2019

Jayne JM, **Blake CE**, **Frongillo EA**, Liese AD, Cai B, Nelson DA, Kurina LM, Funderburk L. Stressful life changes and their relationship to nutrition-related health outcomes among US Army soldiers. *Journal of Primary Prevention* doi.org/10.1007/s10935-020-00583-3, 2020.

Kim SS, Nguyen PH, Tran LM, Alayon S, Menon P, **Frongillo EA**. Different combination of behavior change interventions and frequency of interpersonal contacts are associated with infant and young child feeding practices in Bangladesh, Ethiopia, and Vietnam. *Current Developments in Nutrition* 4(2):nzz140, doi.org/10.1093/cdn/nzz140, 2019.

Ko L, Jang SH, **Friedman DB**, Glanz K, Leeman L, Hannon PA, Shannon J, Cole A, Williams R, Vu T. An application of the Science Impact Framework to the Cancer Prevention and Control Research Network from 2014-2018. *Preventive Medicine* 2019. 129. DOI: 10.1016/j.ypmed.2019.105821.

Mann ES, "When Doctor Knows Best? Usurping Adolescents' Reproductive Autonomy in the Service of Pregnancy Prevention." Sociologists for Women in Society Winter Meeting, San Diego, January 30-February 2, 2020.

March 2020 - Issue #15

Mann ES, “It’s not really their place to tell you”: College women’s perceptions of male partner involvement in contraceptive decision making and use. Eastern Sociological Society Annual Meeting, Philadelphia, PA, February 27-March 1, 2020.

Mann ES, White AL, Beavin C, Dys G. 2020. “Foreign Objects in College Bodies: Young Women’s Feelings about Long-Acting Reversible Contraception.” *Women & Health*. doi:10.1080/03630242.2019.1710891.

Mann ES, Gomez A, White AL, Rogers PL. 2020. “The Importance of Centering Patients’ Experiences in Research on the Provision of Immediate Postpartum Long-Acting Reversible Contraception.” *Contraception* 101(1):63–64. doi:10.1016/j.contraception.2019.09.002.



President Caslen meeting with the Latino/a and Hispanic Faculty Caucus. Dr. Edena Guimaraes in HPEB has served in leadership roles for this group.

Martínez-Jaikel T, **Frongillo EA, Blake CE**, Fram MS, Esquivel-Solís V. Reducing both food insecurity and excess body weight: A cluster-randomized trial. *American Journal of Preventive Medicine* doi.org/10.1016/j.amepre.2019.11.021, 2020

Misyak S, Lim SS, LaFleche M, Bruno P, **Draper C, Younginer N.** Providing Recommendations for Standardized Reporting Through the Analysis of State Impact Reports. Oral presentation at the annual meeting of the Association of SNAP Nutrition Education Administrators (ASNNA), Washington, DC. 2020

Resciniti NV, Tang W, Tabassum M, **Pearson JL, Spencer SM**, Lohman MC, Ehlers DK, Al-Hasan D, Miller MC, Teixeira A, **Friedman DB.** Knowledge evaluation instruments for dementia caregiver education programs: A scoping review. *Geriatrics and Gerontology International*. 2020;1–17. <https://doi.org/10.1111/ggi.13901>

Rohweder C, Wangen M, Black M, Dolinger H, Wolf M, O’Reilly C, **Brandt H**, Leeman J. Understanding quality improvement collaboratives through an implementation science lens. *Preventive Medicine* 2019. 129. DOI: 10.1016/j.ypmed.2019.105859.

Rudisill C, “Are you really ready to reduce your cancer risk? Why knowledge is not enough.” Prevention and Wellness Series for the Community, Cancer Survivors Park, Greenville, SC, February 13, 2020.

Sundstrom B, Smith E, Vyge K, Miletich A, Benigni G, Delay C, **Mann ES**, DeMaria AL. “Moving Oral Contraceptives Over the Counter: Theory-based Formative Research to Design Communication Strategy.” *Journal of Health Communication*. In-Press. 2020

Warren AM, Frongillo EA, Alford S, McDonald E. Taxonomy of seniors’ needs for food and food assistance in the United States. *Qualitative Health Research* doi.org/10.1177/1049732320906143, 2020.

Warren AM, Frongillo EA, Nguyen PH, Menon P. Nutrition intervention using behavioral change communication without additional material inputs increased expenditures on key food groups in Bangladesh.

Contact Us

Please send submissions for News and Kudos to Grace Lewis so that we can share and celebrate your work!

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Soon-to-be HPEB graduates and alumni, please continue to keep in touch with us! Please also ensure your contact information is current with the Arnold School by updating your information here: [Link](#)